

Place	Bib	Name	Surname	Sex	Cat	Run 1	Cycle	Run 2	Total
1	50	John	Mollen	Male	Sen	0:06:49	0:19:45	0:08:31	0:35:05
2	87	Ian	harley	Male	Sen	0:06:58	0:20:15	0:08:40	0:35:53
3	30	Damien	Hanahoe	Male	Sen	0:07:33	0:22:54	0:09:18	0:39:45
4	19	Martin	Donnellan	Male	O50	0:08:31	0:21:27	0:10:32	0:40:29
5	93	Pat	Gavin	Male	Sen	0:07:44	0:24:53	0:08:53	0:41:30
6	83	Eimear	Kelly	female	Sen	0:08:00	0:23:46	0:09:59	0:41:45
7	57	Kevin	O Toole	Male	Sen	0:08:27	0:23:53	0:09:25	0:41:45
8	60	Turlough	Rafferty	Male	Sen	0:09:10	0:23:08	0:10:18	0:42:35
9	88	Anne	Ronan	female	O40	0:08:34	0:24:13	0:10:18	0:43:05
10	13	Sinead	Conway	Female	Sen	0:08:52	0:24:13	0:11:18	0:44:23
11	37	Ciara	Joyce	Female	Sen	0:08:52	0:25:43	0:11:00	0:45:34
12	70	Brendan	Walsh	Male	Sen	0:08:55	0:25:31	0:11:19	0:45:44
13	16	Nicola	Daly	Female	Sen	0:09:17	0:25:09	0:11:40	0:46:07
14	77	Ashleigh	Currid	Female	Jun	0:08:58	0:25:45	0:11:23	0:46:07
15	17	Johanne	Destres-Byrne	Female	Sen	0:09:20	0:26:25	0:10:25	0:46:09
16	89	Miriam	Mc Carney	Female	Sen	0:10:09	0:25:06	0:11:50	0:47:06
17	85	Michael	Moran	Male	O40	0:10:42	0:23:27	0:13:07	0:47:16
18	10	Tatiana	Cikarowova	Female	Sen	0:09:59	0:25:31	0:11:55	0:47:25
19	20	Rosie	Donnellan	Female	Sen	0:10:03	0:25:29	0:12:26	0:47:58
20	86	patricia	Jacques	female	O50	0:10:30	0:25:51	0:11:50	0:48:11
21	69	Karena	Walsh	Female	Sen	0:10:11	0:25:11	0:12:54	0:48:16
22	49	Laura	Meany	Female	Sen	0:10:17	0:26:17	0:12:13	0:48:46
23	36	Shane	Joyce	Male	Sen	0:10:00	0:26:03	0:13:13	0:49:15
24	45	Phyl	Lawlor	Female	O40	0:10:37	0:26:06	0:13:24	0:50:07
25	21	Ber	Durkin	Female	O40	0:10:13	0:27:10	0:12:46	0:50:09
26	58	Trish	O'Malley	Female	Sen	0:09:22	0:29:33	0:11:19	0:50:14
27	72	Coleen	Walsh	Female	Sen	0:10:23	0:27:24	0:12:48	0:50:36
28	74	Sinead	Waters	Female	Sen	0:10:12	0:28:32	0:11:52	0:50:36
29	40	Martin	Kennedy	Male	Sen	0:10:41	0:26:53	0:13:03	0:50:38
30	38	Cathy	Kelly	Female	Sen	0:10:02	0:27:53	0:13:09	0:51:04
31	61	Verona	Ralph	Female	O40	0:10:11	0:29:24	0:12:10	0:51:44
32	23	Andrea	Gallagher	Female	Sen	0:09:46	0:28:42	0:13:36	0:52:03
33	1	Orla	Brickenden	Female	O40	0:10:11	0:30:06	0:11:48	0:52:05
34	91	Eva	Mc intyre	Female	Sen	0:11:07	0:28:43	0:12:20	0:52:10
35	22	Mairead	Finn	Female	Sen	0:10:53	0:28:08	0:13:27	0:52:28
36	92	Manietta	Mc Intyre	Female	Sen	0:11:07	0:28:38	0:13:04	0:52:49
37	63	Aisling	Roche	Female	Sen	0:11:02	0:29:09	0:13:10	0:53:20
38	48	Alan	Meany	Male	Sen	0:10:58	0:29:12	0:13:11	0:53:21
39	41	Sinead	Kenny	Female	Sen	0:10:31	0:28:50	0:14:11	0:53:32
40	25	Imelda	Gibbons	Female	Sen	0:10:31	0:28:50	0:14:11	0:53:32
41	28	Niamh	Gleeson	Female	Sen	0:11:09	0:28:57	0:13:28	0:53:34
42	24	Nora	Gavin	Female	O40	0:11:48	0:27:54	0:14:00	0:53:42
43	81	Jarlath	o Malley	Male	Sen	0:11:18	0:28:43	0:13:48	0:53:49
44	39	Paul	Kelly	Male	Sen	0:11:24	0:27:27	0:15:17	0:54:07
45	18	Tara	Doherty	Female	Sen	0:11:06	0:30:13	0:13:00	0:54:18
46	11	Colette	Concannon	Female	Sen	0:12:39	0:27:05	0:14:57	0:54:40
47	53	Pauline	Moran	Female	O40	0:11:55	0:29:03	0:14:12	0:55:10
48	32	Tina	Heanue	Female	Sen	0:11:32	0:30:10	0:14:11	0:55:53
49	42	Hilda	Kerins	Female	Sen	0:12:13	0:30:02	0:14:14	0:56:30
50	47	Sara	Mc Ellin	Female	Sen	0:11:41	0:30:51	0:14:03	0:56:35
51	73	Marian	Walshe	Female	Sen	0:11:02	0:31:26	0:14:11	0:56:39
52	52	Nuala	Moore	Female	Sen	0:13:20	0:27:42	0:15:53	0:56:55
53	67	Noreen	Sweeney	Female	O40	0:11:41	0:31:50	0:13:41	0:57:12
54	64	Alison	Ruane	Female	Sen	0:11:50	0:31:06	0:14:44	0:57:40
55	55	Caroline	O Malley	Female	Sen	0:10:17	0:32:34	0:15:21	0:58:12

56	9	Angela	Chambers	Female	Sen	0:11:20	0:32:26	0:14:43	0:58:29
57	35	Tina	Jennings	Female	Sen	0:13:45	0:28:33	0:16:24	0:58:42
58	2	Ann m	Burns	Female	O40	0:09:57	0:34:46	0:14:00	0:58:43
59	66	Bernadette	Smyth	Female	O40	0:12:37	0:30:42	0:15:36	0:58:55
60	90	Siobhan	Sammon	Female	Sen	0:12:19	0:32:22	0:14:54	0:59:35
61	54	Mary	Mortime	Female	O40	0:12:58	0:31:37	0:15:03	0:59:38
62	27	Jackie	Gill	Female	O50	0:11:16	0:34:40	0:13:59	0:59:54
63	68	Lisa	Tunney	Female	Sen	0:12:14	0:31:52	0:16:46	1:00:52
64	15	Denise	Corrigan	Female	Sen	0:13:13	0:31:00	0:16:43	1:00:56
65	84	Ann	Moran	Female	O40	0:14:50	0:29:04	0:18:00	1:01:54
66	14	Stephanie	Corcoran	Female	Sen	0:12:36	0:34:12	0:16:19	1:03:06
67	6	Treasa	Casey	Female	O40	0:12:34	0:35:52	0:14:57	1:03:23
68	76	Louise	Tiernan	Female	Sen	0:13:21	0:33:05	0:17:19	1:03:45
69	4	Maureen	Casey	Female	O40	0:15:10	0:31:04	0:17:35	1:03:49
70	71	Melissa	Walsh	Female	Sen	0:13:42	0:33:40	0:16:57	1:04:19
71	44	Trish	Lane	Female	Sen	0:13:00	0:38:23	0:15:36	1:07:00
72	43	Una	Kirby	Female	O40	0:11:39	0:43:22	0:14:54	1:09:54
73	5	Aine	Casey	Female	Sen	0:15:10	0:40:08	0:14:37	1:09:55
74	33	Siobhan	Heaphy	Female	O40	0:14:15	0:42:36	0:17:35	1:14:27
75	82	Trish	Grealis	Female	O40	0:17:13	0:41:18	0:21:01	1:19:32
76	65	Maureen	Smith	Female	O40	0:14:19	0:44:09	0:21:15	1:19:43
77	80	Tina	Mulchrone	Female	Sen	0:17:11	0:41:02	0:21:57	1:20:11
78	51	Jackie	Monaghan	Female	Sen	0:14:12	0:48:05	0:20:38	1:22:55