

Place	Bib	Name	Surname	Sex	Cat	Run 1	Cycle	Run 2	Total
1	1	Padraic	Marrey	Male	V40	0:23:29	0:55:57	0:16:58	1:36:24
2	21	Sean	Mc Laughlin	Male	Sen	0:23:04	0:59:05	0:15:55	1:38:03
3	98	Brendan	Conway	Male	Sen	0:23:21	0:58:48	0:16:15	1:38:24
4	91	Noel	Gibbons	Male	V40	0:22:54	0:59:13	0:16:32	1:38:38
5	69	Sean	Flynn	Male	Jun	0:23:14	0:59:04	0:18:11	1:40:29
6	15	John	Lenehan	Male	Sen	0:23:24	1:01:29	0:16:49	1:41:41
7	8	Noel	Brady	Male	V50	0:25:41	0:59:31	0:17:08	1:42:21
8	42	James	Wright	Male	Sen	0:24:56	1:02:52	0:17:18	1:45:06
9	62	Cezary	Lubinski	Male	Sen	0:27:10	0:59:51	0:18:20	1:45:20
10	40	Joe	Hastings	Male	Jun	0:23:53	1:05:46	0:17:05	1:46:44
11	106	Donal	Hughes	Male	Sen	0:25:26	1:04:26	0:17:29	1:47:20
12	9	Gary	Mc Hugh	Male	Sen	0:26:05	1:03:32	0:18:06	1:47:42
13	23	David	Walshe	Male	Sen	0:26:08	1:03:43	0:19:24	1:49:15
14	67	John	Mc Hugh	Male	Sen	0:26:05	1:03:28	0:19:42	1:49:15
15	59	Ray	Mc Namara	Male	Sen	0:24:53	1:07:46	0:16:58	1:49:36
16	6	Seamus	Collins	Male	Sen	0:27:11	1:02:38	0:20:45	1:50:33
17	25	Brendan	Monaghan	Male	V40	0:25:59	1:07:02	0:17:54	1:50:55
18	70	Bill	Coyne	Male	V40	0:27:33	1:05:07	0:18:37	1:51:16
19	16	Ann Marie	Egan	Female	Sen	0:26:14	1:07:05	0:18:01	1:51:19
20	56	Sean	Leonard	Male	Sen	0:26:54	1:07:22	0:17:30	1:51:46
21	32	Paul	Reynolds	Male	V40	0:27:31	1:06:11	0:18:27	1:52:09
22	26	Eamonn	Kennedy	Male	V50	0:27:42	1:06:13	0:18:41	1:52:36
23	101	Guillermo	Cucalou	male	V40	0:26:14	1:10:36	0:17:53	1:54:43
24	88	Adrian	Fahy	Male	V40	0:29:20	1:05:44	0:20:13	1:55:18
25	109	Jonathan	Deane	Male	Sen	0:22:44	1:16:37	0:16:30	1:55:51
26	64	Michelle	Traynor	Female	V40	0:27:12	1:09:32	0:19:37	1:56:21
27	104	John	O'Shea	Male	Sen	0:28:31	1:07:58	0:20:50	1:57:18
28	3	Alan	Thompson.	Male	V40	0:26:47	1:11:51	0:18:46	1:57:23
29	54	Damien	Quinn	Male	Sen	0:26:43	1:12:37	0:18:27	1:57:47
30	111	Sean	Browne	Male	Sen	0:29:00	1:10:48	0:18:21	1:58:08
31	114	Robert	Coyne	Male	Sen	0:29:03	1:09:17	0:22:42	2:01:01
32	81	Alan	Meany	Male	Sen	0:28:38	1:14:16	0:18:26	2:01:20
33	61	SIOBHAN	GALLAGHER	Female	V40	0:26:21	1:16:18	0:18:53	2:01:31
34	92	John	Cawley	Male	Sen	0:30:12	1:11:37	0:20:05	2:01:54
35	77	Sean	Heraty	Male	V40	0:27:49	1:13:29	0:21:30	2:02:47
36	74	Heather	Porter	Female	Sen	0:29:42	1:13:06	0:20:10	2:02:57
37	5	Duncan	Sclare	Male	V50	0:27:45	1:15:03	0:20:41	2:03:29
38	10	Michael	Walsh	Male	Sen	0:27:40	1:15:27	0:20:34	2:03:40
39	7	BrÃ-an	Munnelly	Male	V40	0:28:50	1:14:06	0:20:56	2:03:52
40	17	Greg	Barry	Male	V40	0:29:41	1:14:20	0:20:02	2:04:03
41	58	Vincent	Cosgrove	Male	V40	0:32:03	1:11:48	0:21:43	2:05:34
42	52	Nicola	Forde	Female	Sen	0:30:32	1:15:00	0:20:02	2:05:34
43	75	Don	Regan	Male	Sen	0:31:02	1:14:13	0:20:54	2:06:10
44	72	Colin	Tobin	Male	Sen	0:24:51	1:25:11	0:16:10	2:06:12
45	45	Morgan	O Malley	Male	Sen	0:29:22	1:16:02	0:21:08	2:06:32
46	55	Noel	Mc Gourty	Male	V40	0:31:36	1:11:27	0:24:08	2:07:10
47	60	Declan	Maher	Male	Sen	0:30:48	1:15:45	0:20:40	2:07:13
48	95	Tommie	Gill	Male	Sen	0:30:34	1:15:21	0:22:13	2:08:07
49	53	Monica	Forde	Female	V40	0:30:20	1:17:34	0:20:17	2:08:11
50	35	Kenneth	Moran	Male	Sen	0:31:35	1:16:01	0:20:45	2:08:22
51	33	Ciaran	Commons	Male	Sen	0:29:55	1:19:47	0:18:48	2:08:29
52	66	David	Ingham	Male	V40	0:29:25	1:19:11	0:20:31	2:09:07
53	18	Brendan	Tunney	Male	Sen	0:30:45	1:17:48	0:20:43	2:09:16
54	117	Francis	Kelly	Male	Sen	0:29:11	1:17:54	0:22:13	2:09:19
55	44	noel	Kelly	Male	Sen	0:32:05	1:13:29	0:23:45	2:09:19

56	47	Declan	Clarke	Male	Sen	0:31:43	1:16:48	0:21:19	2:09:50
57	49	Michael	Regan	Male	Sen	0:30:13	1:14:32	0:25:09	2:09:54
58	105	Liam	Cattigan	Male	Sen	0:30:06	1:19:47	0:20:52	2:10:45
59	48	Sinead	Conneally	Female	Sen	0:31:41	1:17:03	0:22:34	2:11:18
60	30	Ciara	Mc Donnell	Female	Sen	0:31:49	1:17:19	0:22:17	2:11:25
61	24	John	Maguire	Male	V50	0:31:39	1:19:05	0:22:51	2:13:35
62	31	Marcella	Mc Donnell	Female	V40	0:32:59	1:17:51	0:22:45	2:13:36
63	13	Lorraine	Cuffe	Female	Sen	0:32:37	1:20:16	0:21:57	2:14:50
64	102	Declan	Grady	Male	Sen	0:30:59	1:19:49	0:24:13	2:15:00
65	27	Glenn	Hyland	Male	Sen	0:32:15	1:19:35	0:23:22	2:15:12
66	76	Mary	Durcan	Female	Sen	0:34:06	1:18:48	0:22:34	2:15:28
67	29	Sean	Moogan	Male	Sen	0:26:18	1:26:04	0:23:32	2:15:54
68	37	Thomas	Burns	Male	Sen	0:31:41	1:21:55	0:22:28	2:16:04
69	28	Andre	Notley	Male	Sen	0:31:44	1:23:38	0:20:46	2:16:08
70	71	Claire	Charlton	Female	V50	0:32:36	1:21:04	0:22:35	2:16:15
71	86	Emer	Rattigan	Female	Sen	0:31:48	1:24:44	0:19:56	2:16:28
72	93	Gerald	Blewitt	male	Sen	0:31:40	1:23:01	0:21:50	2:16:30
73	39	Kevin	Hastings	Male	V40	0:29:29	1:27:31	0:19:58	2:16:58
74	41	Joe	scanlon	Male	Sen	0:32:22	1:22:48	0:22:28	2:17:38
75	110	Deirdre	Lydon	Female	Sen	0:32:42	1:21:48	0:23:08	2:17:39
76	103	James	Kilroy	Male	Sen	0:31:37	1:24:13	0:22:14	2:18:04
77	112	Graeme	Salter	Male	V50	0:32:05	1:22:34	0:23:40	2:18:19
78	113	Ruth	Lewis	Female	Sen	0:33:42	1:22:54	0:25:25	2:22:02
79	84	Nicola	Tuffy	Female	Sen	0:31:57	1:26:38	0:24:18	2:22:53
80	43	Marian	OBoyle	Female	Sen	0:32:47	1:27:44	0:23:45	2:24:16
81	99	Adrain	Dervin	Male	V50	0:38:58	1:19:55	0:26:56	2:25:48
82	80	Arlene	Tempany	Female	Sen	0:33:44	1:25:51	0:26:19	2:25:54
83	11	Sandra	Mc Donnell	Female	Sen	0:34:57	1:27:26	0:23:32	2:25:56
84	57	Bernard	Mullan	Male	V40	0:34:14	1:27:08	0:24:56	2:26:18
85	12	Avril	Mc Greal	Female	V40	0:32:37	1:31:26	0:22:36	2:26:40
86	96	Dermot	Ruddy	male	V50	0:33:48	1:27:54	0:25:15	2:26:58
87	34	Seamus	Commons	Male	V40	0:34:50	1:24:10	0:28:17	2:27:17
88	4	Aoife	Hamilton	Female	V40	0:37:11	1:25:03	0:26:30	2:28:43
89	79	Jill	Connor	Female	V40	0:36:13	1:26:29	0:26:12	2:28:54
90	36	Patricia	Smyth	Female	Sen	0:36:33	1:26:29	0:27:10	2:30:12
91	94	Gretty	Reilly Blewitt	Female	Sen	0:34:19	1:34:20	0:22:46	2:31:25
92	115	Aisling	Murray	Female	Sen	0:36:14	1:28:40	0:26:32	2:31:26
93	116	Fran	Cooney	Male	Sen	0:33:46	1:29:59	0:27:42	2:31:27
94	2	Amanda	Byrne	Female	Sen	0:38:16	1:24:41	0:29:47	2:32:43
95	14	Anne-Marie	Giblin	Female	Sen	0:35:16	1:33:23	0:24:23	2:33:01
96	100	Bernadette	Burke	Female	V50	0:39:15	1:31:21	0:28:27	2:39:03
97	107	Rebecca	Whelan	Female	Sen	0:35:17	1:37:01	0:28:26	2:40:45
98	108	Fidelama	Carty	Female	V40	0:35:21	1:42:03	0:23:24	2:40:48
99	50	Caroline	Cannon	Female	Sen	0:38:12	1:37:32	0:27:07	2:42:52
100	85	Roisin	Lyons	Female	Sen	0:41:44	1:33:45	0:29:46	2:45:15
101	46	Anita	Moore	Female	Sen	0:37:34	1:40:36	0:29:32	2:47:42
102	63	Josephine	Clarke	Female	Sen	0:37:43	1:42:22	0:30:07	2:50:11
103	22	Cyril	Scahill	Male	V50	0:45:07	1:43:48	0:32:59	3:01:53
104	19	Sylvia	Duffy	Female	Sen	0:45:53	1:41:40	0:34:21	3:01:54
105	87	Jennifer	Blackwell	Female	Sen	0:37:33	1:58:06	0:28:12	3:03:51
106	65	Clare	Mc Loughlin	Female	Sen	0:45:15	1:49:25	0:35:43	3:10:24
107	90	Kevin	Croke	Male	V50	0:43:50	2:14:43	0:36:15	3:34:48
	78	Vinnie	Feeney	Male	Sen	0:24:50			DNF