

Place	Number	Name	Surname	Sex	Cat	Swim	T1	Cycle	T2	Run	Finish
1	202	Matthew	Kinkaid	M	18-34	0:18:40	0:01:15	1:01:20	0:01:09	0:42:15	2:04:38
2	129	Sam	Browne	M	35-49	0:24:02	0:02:19	0:59:33	0:01:32	0:43:56	2:11:23
3	91	Jack	Rees	M	18-34	0:20:28	0:01:15	1:03:42	0:00:59	0:47:11	2:13:34
4	168	Paul	Joyce	M	35-49	0:24:11	0:01:29	1:01:49	0:01:02	0:46:04	2:14:36
5	97	Ciaran	Charlton	M	18-34	0:25:20	0:02:55	1:06:00	0:01:12	0:40:13	2:15:40
6	187	Colm	Hanratty	M	50+	0:25:07	0:02:00	1:04:48	0:01:43	0:43:55	2:17:32
7	176	Vanessa	Fenton	F	35-49	0:21:18	0:01:29	1:08:59	0:01:23	0:45:11	2:18:21
8	157	Howard	Whelan	M	35-49	0:28:21	0:02:25	1:03:09	0:01:27	0:45:08	2:20:30
9	121	Conor	McGlynn	M	18-34	0:27:30	0:01:57	1:10:01	0:01:33	0:40:02	2:21:04
10	151	Damien	Killane	M	35-49	0:27:03	0:01:50	1:06:47	0:01:15	0:44:27	2:21:21
11	203	Eddie	Kearns	M	35-49	0:31:37	0:02:06	1:02:05	0:01:48	0:45:07	2:22:43
12	104	Finn	Gormley	M	18-34	0:25:12	0:01:33	1:08:53	0:01:13	0:46:13	2:23:04
13	144	Joe	Masterson	M	35-49	0:27:00	0:01:45	1:10:14	0:01:55	0:42:26	2:23:20
14	120	Jonathan	Madden	M	18-34	0:23:19	0:02:42	1:05:35	0:01:44	0:50:13	2:23:32
15	158	Rynal	Browne	M	35-49	0:24:57	0:01:47	1:06:40	0:01:19	0:48:50	2:23:32
16	100	Aoife	McEvoy	F	35-49	0:28:35	0:01:27	1:05:30	0:01:06	0:47:00	2:23:39
17	140	Don	O'Brien	M	35-49	0:24:29	0:01:55	1:11:36	0:01:47	0:44:19	2:24:05
18	166	Dan	Shanahan	M	35-49	0:26:19	0:01:50	1:09:57	0:01:08	0:45:01	2:24:15
19	207	Eoin	MacSweeney	M	35-49	0:25:00	0:02:15	1:05:13	0:01:20	0:50:45	2:24:32
20	182	Damian	Hand	M	35-49	0:27:41	0:02:38	1:10:30	0:01:59	0:43:01	2:25:50
21	206	Daragh	Caffrey	M	35-49	0:28:47	0:02:27	1:04:35	0:01:30	0:48:39	2:26:00
22	94	Ross	Byrne	M	18-34	0:25:33	0:02:57	1:08:24	0:01:21	0:50:12	2:28:28
23	107	Darren	Rooney	M	35-49	0:29:32	0:01:50	1:07:04	0:01:53	0:48:50	2:29:10
24	92	Dylan	McWalter	M	18-34	0:25:57	0:01:43	1:13:33	0:01:20	0:46:42	2:29:16
25	193	Ciaran	Broderick	M	35-49	0:27:09	0:02:45	1:10:37	0:01:46	0:47:12	2:29:28
26	106	Michael	Rogerson	M	18-34	0:29:30	0:02:11	1:10:44	0:01:23	0:46:07	2:29:55
27	128	Richard	Barber	M	35-49	0:31:00	0:02:49	1:06:42	0:01:55	0:47:41	2:30:07
28	162	Trevor	McWeeney	M	35-49	0:27:03	0:02:48	1:10:57	0:01:40	0:47:51	2:30:18
29	185	Garry	Walsh	M	35-49	0:30:15	0:02:45	1:06:59	0:01:35	0:48:51	2:30:26
30	147	Peter	Keegan	M	35-49	0:32:06	0:01:42	1:10:12	0:00:58	0:46:26	2:31:24
31	133	Daniel	Sheen	M	35-49	0:28:31	0:03:19	1:08:51	0:02:13	0:49:18	2:32:12
32	143	Gavin	Corrigan	M	35-49	0:30:27	0:03:11	1:06:59	0:02:29	0:49:28	2:32:34
33	205	Garrett	Mackey	M	35-49	0:28:09	0:02:25	1:12:53	0:01:38	0:47:29	2:32:35
34	152	Cathal	Nugent	M	35-49	0:29:26	0:03:20	1:13:38	0:01:42	0:45:17	2:33:24
35	141	Liam	Walsh	M	35-49	0:30:12	0:01:58	1:31:30	0:03:03	0:28:25	2:35:07
36	124	Colin	Jennings	M	35-49	0:31:20	0:02:39	1:10:56	0:02:20	0:48:04	2:35:19
37	173	Simon	Smith	M	35-49	0:31:12	0:02:24	1:10:15	0:01:37	0:50:15	2:35:44
38	191	Yannick	Chevalier	M	50+	0:31:58	0:03:08	1:12:58	0:02:03	0:45:58	2:36:05
39	165	John	Ryan	M	35-49	0:31:40	0:03:49	1:07:32	0:02:29	0:50:54	2:36:24
40	123	John	Goodall	M	35-49	0:31:45	0:02:11	1:09:15	0:01:37	0:51:58	2:36:46
41	132	Brian	Keane	M	35-49	0:23:30	0:02:20	1:08:56	0:02:43	0:59:43	2:37:12
42	194	Brendan	Naughton	M	50+	0:37:17	0:02:15	1:11:15	0:01:56	0:45:25	2:38:07
43	135	Rochelle	Trappe	F	35-49	0:24:15	0:02:07	1:17:36	0:01:21	0:53:07	2:38:26
44	149	Seamus	Maguire	M	35-49	0:32:11	0:02:43	1:12:52	0:02:22	0:48:28	2:38:36
45	153	Lynette	Costello	F	35-49	0:26:39	0:01:59	1:12:57	0:02:02	0:55:18	2:38:54
46	98	Deborah	Carr	F	35-49	0:31:01	0:02:49	1:11:10	0:01:41	0:52:35	2:39:16
47	96	Ruth	Walsh	F	35-49	0:28:19	0:02:19	1:13:32	0:01:38	0:53:32	2:39:19
48	95	Killian	Roche	M	18-34	0:24:48	0:02:31	1:12:37	0:01:47	0:58:34	2:40:16
49	155	James	Coulter	M	35-49	0:30:21	0:02:35	1:11:16	0:01:22	0:54:46	2:40:20
50	113	Siobhan	Grogan	F	18-34	0:25:00	0:02:53	1:18:25	0:01:38	0:52:26	2:40:22
51	177	Jody	Condon	M	35-49	0:36:10	0:02:18	1:12:14	0:01:39	0:48:13	2:40:34
52	145	Conor	Flynn	M	35-49	0:37:35	0:02:20	1:13:17	0:01:36	0:46:04	2:40:52
53	171	John	Owens	M	35-49	0:45:17	0:02:50	1:07:06	0:01:32	0:44:25	2:41:10
54	102	Kieran	Dowd	M	18-34	0:29:35	0:01:56	1:09:15	0:01:16	1:00:02	2:42:04
55	208	Alan	Thompson	M	35-49	0:35:18	0:02:30	1:08:02	0:01:18	0:55:28	2:42:36
56	181	Stuart	Curtis	M	35-49	0:30:08	0:03:10	1:11:45	0:02:33	0:55:29	2:43:04
57	105	Kevin	Raftery	M	18-34	0:36:08	0:03:00	1:13:06	0:01:32	0:49:22	2:43:08
58	159	Dermot	Hayes	M	35-49	0:32:01	0:01:32	1:07:24	0:01:50	1:01:29	2:44:16
59	99	Mark	Coughlan	M	18-34	0:35:26	0:02:25	1:15:23	0:01:28	0:49:54	2:44:35

60	163	Daniel	Nowell	M	35-49	0:31:09	0:01:54	1:19:22	0:02:10	0:50:41	2:45:15
61	195	Patrick	Diffley	M	50+	0:32:42	0:03:13	1:16:15	0:02:03	0:52:18	2:46:31
62	204	Dermot	Cunningham	M	35-49	0:34:07	0:02:19	1:15:19	0:01:47	0:53:00	2:46:32
63	112	Mark	Gannon	M	18-34	0:37:56	0:03:32	1:15:50	0:01:48	0:47:28	2:46:34
64	170	Christopher	Mc Guane	M	35-49	0:28:35	0:01:52	1:14:19	0:01:58	1:00:23	2:47:07
65	150	Terence	Carr	M	35-49	0:27:46	0:04:12	1:19:16	0:03:31	0:54:08	2:48:53
66	178	Michael	Donoghue	M	35-49	0:33:40	0:02:29	1:09:07	0:02:19	1:02:09	2:49:43
67	138	Slawomir	Koenig	M	35-49	0:31:48	0:01:32	1:17:41	0:01:58	0:57:28	2:50:27
68	172	Katarzyna	Skowron	F	35-49	0:32:34	0:03:13	1:21:41	0:01:22	0:51:54	2:50:44
69	126	Rachael	O' Reilly	F	35-49	0:29:48	0:02:10	1:16:47	0:02:12	1:00:38	2:51:34
70	119	Simon	Keegan	M	18-34	0:34:55	0:03:08	1:22:29	0:03:49	0:47:56	2:52:16
71	209	Wesley	Callaghan	M	18-34	0:37:56	0:03:34	1:15:32	0:02:02	0:53:17	2:52:22
72	197	Aisling	Heeran	F	18-34	0:25:28	0:02:52	1:17:56	0:02:34	1:04:49	2:53:41
73	169	Orla	Mc Cluskey	F	35-49	0:34:02	0:03:03	1:20:15	0:02:12	0:54:31	2:54:02
74	190	Julie	Ledwith	F	50+	0:30:09	0:02:57	1:24:21	0:02:18	0:54:49	2:54:34
75	175	Alex	Price	M	35-49	0:33:13	0:03:29	1:18:51	0:01:57	0:57:05	2:54:36
76	200	Niall	Behan	M	18-34	0:32:51	0:03:18	1:16:56	0:01:41	1:01:43	2:56:27
77	179	Rommel	Mesquita	M	35-49	0:24:56	0:02:26	1:35:37	0:01:54	0:51:55	2:56:48
78	161	Ciara	MacCallum	F	35-49	0:30:10	0:02:28	1:23:37	0:02:16	0:58:56	2:57:28
79	148	Stephen	Ledwith	M	35-49	0:35:29	0:03:29	1:14:39	0:04:13	1:00:13	2:58:03
80	109	Sinead	Dowd	F	18-34	0:28:37	0:02:14	1:22:20	0:01:41	1:03:12	2:58:04
81	199	Eric	Mc Cormack	M	18-34	0:33:23	0:03:25	1:33:01	0:02:03	0:47:19	2:59:12
82	134	Yvonne	Slevin	F	35-49	0:44:00	0:03:02	1:15:29	0:01:57	0:55:36	3:00:04
83	127	Marion	Goodall	F	35-49	0:33:06	0:03:27	1:22:45	0:01:58	0:59:31	3:00:47
84	183	Gerard	Holton	M	35-49	0:29:59	0:03:20	1:23:03	0:01:55	1:04:18	3:02:35
85	130	Liam	Diskin	M	35-49	0:46:18	0:02:55	1:24:59	0:01:16	0:47:30	3:02:58
86	189	Dave	Curtis	M	50+	0:35:25	0:02:24	1:22:22	0:02:17	1:02:10	3:04:39
87	103	Brian	Dunning	M	18-34	0:35:41	0:02:02	1:31:58	0:01:41	0:53:35	3:04:57
88	110	Carmel	Lalor	F	18-34	0:36:30	0:03:05	1:27:37	0:01:46	0:56:06	3:05:04
89	125	Siobhan	Fox	F	35-49	0:29:49	0:02:49	1:25:26	0:01:39	1:05:29	3:05:11
90	108	Clara	Conneely	F	18-34	0:35:30	0:03:12	1:32:20	0:01:44	0:59:30	3:12:16
91	137	Patrick	Kavanagh	M	35-49	0:35:47	0:03:14	1:31:01	0:01:49	1:01:12	3:13:03
92	142	Michelle	Browne	F	35-49	0:36:01	0:02:39	1:23:25	0:01:48	1:09:22	3:13:15
93	201	Marcus	O Connor	M	35-49	0:43:41	0:03:20	1:23:52	0:04:03	1:22:03	3:36:59
	156	Christian	Sievers	M	35-49	0:29:22					DNF
	184	Michael	O'Flaherty	M	35-49	0:34:12	0:02:50	1:05:22	0:06:36		DNF
	111	Karine	Fenix	F	18-34	0:47:43	0:04:46				DNF
	116	Danilo	Moraes Barbosa	M	18-34	1:06:40					DNF
	188	Aidan	McIntyre	M	50+						DNF
	146	Geraldine	Gormley	F	35-49	0:32:08	0:02:27	1:33:40	0:02:05		DNF
	122	Claire	Egan	F	18-34	0:41:26	0:03:17	1:42:32	0:01:57		DNF
	186	Stephen	Moore	M	35-49	0:32:12	0:03:09	1:13:23	0:01:58	0:30:37	DNF Run
	101	James	Cuddy	M	18-34		0:53:18	1:17:31	0:01:34	0:45:47	DNF Swim
	117	Diarmuid	O Tuairisg	M	18-34		0:51:31	1:09:54	0:02:24	1:02:18	DNF Swim
	180	Grant	Jacobs	M	35-49						DNF Swim