

Place	Number	Wave	TI Number	Name	Surname	Sex	Cat	Club	Swim	T1	Cycle	T2	Run	Finish
1	165	1	10011424	Kieran	Jackson	Male	20-24				0:49:47	0:00:49	0:18:47	1:07:58
2	139	1	10002664	Alex	Gray	Male	20-24	Wicklow TC		0:14:26	0:36:32	0:00:46	0:19:06	1:10:49
3	280	1	10011945	Paul	Ogle	Male	35-39	Waterford TC			0:52:58	0:00:51	0:19:37	1:12:01
4	161	2	10012483	John	Howlett	Male	40-44	Naas TC	0:12:58	0:01:10	0:37:18	0:00:53	0:20:43	1:13:02
5	222	1	10015961	Michael	Mccarron	Male	35-39		0:14:05	0:01:08	0:37:34	0:01:11	0:19:04	1:13:02
6	187	1	10038997	Tomas	Kenefick	Male	30-34	Cork TC	0:14:20	0:01:13	0:37:53	0:00:56	0:19:22	1:13:44
7	99	1	10002105	Richard	Doyle	Male	40-44	Piranha TC	0:14:50	0:01:03	0:38:17	0:00:51	0:18:46	1:13:47
8	61	1	10002154	Trevor	Conroy	Male	35-39	Wicklow TC	0:16:22	0:01:11	0:37:22	0:00:48	0:18:31	1:14:13
9	2	1	10053611	Martin	Askins	Male	35-39		0:15:53	0:01:17	0:36:56	0:00:52	0:19:28	1:14:27
10	65	1	10000058	Matt	Coughlan	Male	35-39	Piranha TC	0:13:31	0:01:10	0:38:34	0:00:59	0:20:49	1:15:03
11	237	3	10026404	James	Mintern	Male	16-17	Cork TC	0:13:16	0:01:07	0:41:04	0:00:54	0:19:24	1:15:45
12	259	1	10041721	Killian	Nolan	Male	30-34	Piranha TC	0:16:14	0:01:18	0:38:37	0:01:01	0:18:41	1:15:50
13	175	2	10004275	Bernard	Keane	Male	40-44	Waterford TC	0:15:38	0:01:18	0:38:19	0:00:56	0:19:39	1:15:50
14	225	1	10010424	Niall	Mcdonnell	Male	35-39	Piranha TC	0:14:49	0:01:25	0:38:22	0:01:03	0:20:21	1:16:01
15	241	1	10044112	Michael	Monahan	Male	25-29	Naas TC			0:55:46	0:00:59	0:21:43	1:17:03
16	299	1	10026213	Michael	Pearce	Male	30-34		0:15:09	0:01:17	0:38:44	0:01:04	0:21:43	1:17:56
17	278	2	10026906	Eoin	O'Donoghue	Male	40-44		0:13:26	0:01:14	0:39:08	0:01:14	0:22:57	1:17:58
18	5	2	10002677	Peter	Barry	Male	40-44	Waterford TC	0:15:18	0:01:14	0:39:40	0:01:16	0:20:39	1:18:06
19	206	1	10001820	Ray	Loneragan	Male	30-34		0:18:26	0:01:10	0:38:32	0:00:54	0:19:10	1:18:12
20	229	1	10045478	Niall	McVeigh	Male	20-24	Trinity Triathlon Club	0:13:35	0:01:43	0:40:24	0:01:04	0:21:44	1:18:30
21	358	1	10021214	Shane	Walsh	Male	35-39		0:15:39	0:01:23	0:40:26	0:00:59	0:20:55	1:19:23
22	129	1	10000707	Vincent	Galvin	Male	35-39	Pulse Triathlon Club	0:14:40	0:01:26	0:40:51	0:01:05	0:21:45	1:19:47
23	17	2	10001147	Michael	Bowes	Male	45-49	Waterford TC	0:16:55	0:01:16	0:38:36	0:01:15	0:22:06	1:20:07
24	156	3	10003097	Kim	Hickey	Female	35-39	Pulse Triathlon Club	0:14:18	0:01:11	0:41:25	0:01:02	0:22:23	1:20:19
25	276	2	10024387	Owen	O'connor	Male	40-44	Cork TC	0:16:40	0:01:15	0:39:11	0:01:14	0:22:02	1:20:22
26	305	1	10000779	Padraig	Purcell	Male	35-39		0:17:02	0:01:31	0:40:30	0:01:04	0:20:17	1:20:24
27	179	3	10050141	Cormac	Kelly	Male	18-19	Athy TC	0:14:03	0:01:20	0:43:59	0:00:54	0:20:24	1:20:40
28	97	2	10002203	Paul	Doyle	Male	45-49	Naas TC	0:15:09	0:01:20	0:40:12	0:01:12	0:22:54	1:20:46
29	265	1	10029707	Senan	O halloran	Male	30-34		0:16:26	0:01:36	0:41:11	0:00:57	0:20:46	1:20:55
30	313	1	10048955	Stephen	Reville	Male	25-29		0:14:13	0:01:31	0:42:01	0:01:20	0:22:05	1:21:10
31	168	2	10016756	Paul	Joyce	Male	45-49		0:15:36	0:01:11	0:40:38	0:01:21	0:22:28	1:21:14
32	275	1	10011842	Martin	O'Connor	Male	40-44	Activmultisport TC	0:15:52	0:01:32	0:39:18	0:01:23	0:23:11	1:21:17
33	51	2	10000151	Gareth	Coleman	Male	50-54		0:16:27	0:01:20	0:39:28	0:01:18	0:22:58	1:21:31
34	106	2	10038344	Darrell	Evans	Male	45-49	Waterford TC	0:15:08	0:01:55	0:41:17	0:01:32	0:21:42	1:21:34
35	26	1	10033343	Sean	Brennan	Male	20-24	Athy TC	0:14:15	0:01:33	0:43:53	0:01:03	0:21:01	1:21:44
36	249	3	10004085	Brianne	Mulvihill	Female	35-39	Piranha TC	0:13:36	0:01:42	0:41:32	0:01:11	0:23:45	1:21:45
37	240	2	10052914	Nevin	Molyneaux	Male	40-44		0:15:07	0:01:33	0:43:08	0:01:09	0:20:50	1:21:46
38	111	2	10058069	Tom	Fanning	Male	40-44		0:16:48	0:01:49	0:38:27	0:01:35	0:23:08	1:21:47
39	143	1	10056269	Tristan	Gray	Male	25-29		0:14:43	0:01:09	0:42:01	0:00:57	0:23:08	1:21:58
40	39	2	10012477	Nick	Carroll	Male	40-44		0:16:31	0:01:19	0:39:31	0:01:14	0:23:30	1:22:05
41	79	1	10018681	Robert	Cunningham	Male	30-34	Kilkenny TC	0:16:29	0:01:32	0:41:18	0:01:12	0:21:45	1:22:16
42	11	3	10003757	Marie	Boland	Female	25-29	Belpark TC	0:14:24	0:01:21	0:42:55	0:01:12	0:22:49	1:22:40
43	78	1	10017234	Adrian	Cunningham	Male	35-39	Kilkenny TC	0:16:36	0:01:17	0:40:24	0:01:18	0:23:07	1:22:42
44	253	2	10000342	Phil	Murphy	Male	40-44	Wexford TC	0:15:24	0:01:21	0:42:46	0:01:07	0:22:11	1:22:49
45	34	2	10001517	Paul	Byrne	Male	40-44		0:14:10	0:01:43	0:43:08	0:01:09	0:22:42	1:22:51
46	102	2	10038872	Jarlath	Duffy	Male	40-44		0:16:41	0:01:11	0:41:58	0:01:07	0:22:23	1:23:20
47	315	3	10001418	Niamh	Richardson	Female	50-54	Kilkenny TC	0:14:30	0:01:27	0:44:22	0:01:08	0:22:01	1:23:29
48	25	3	10033344	Michelle	Brennan	Female	20-24	Athy TC	0:12:51	0:01:19	0:44:31	0:01:01	0:24:02	1:23:43
49	176	2	10052850	David	Keaney	Male	45-49	Galway TC	0:17:10	0:01:59	0:41:44	0:01:35	0:21:25	1:23:53
50	166	1	10034307	Christian	Jones	Male	30-34	Pulse Triathlon Club	0:16:17	0:03:05	0:41:39	0:01:20	0:21:38	1:23:58
51	67	1	10028436	Thomas	Cousins	Male	30-34	Wexford TC	0:16:08	0:01:42	0:44:21	0:01:13	0:20:55	1:24:19
52	16	2	10000215	John	Bowes	Male	45-49	Wicklow TC	0:18:14	0:01:39	0:40:54	0:01:08	0:22:26	1:24:21
53	57	1	10014684	Kevin	Condon	Male	35-39		0:17:23	0:01:26	0:42:16	0:00:56	0:22:19	1:24:21
54	126	1	10047012	Ciaran	Foley	Male	25-29		0:14:50	0:01:46	0:44:31	0:01:02	0:22:14	1:24:24
55	319	1	10050418	Brendan	Ryan	Male	35-39	Cobh TC	0:18:25	0:01:53	0:42:56	0:00:59	0:20:58	1:25:10
56	296	3	10018641	Dervla	Owens	Female	35-39	Pulse Triathlon Club	0:16:34	0:01:27	0:42:10	0:01:02	0:24:10	1:25:23
57	188	3	10024306	Cathy	Kenneally	Female	30-34	Cork TC	0:16:51	0:01:19	0:42:39	0:01:14	0:23:23	1:25:26
58	247	3	10029079	Elaine	Mullan	Female	45-49	Waterford TC	0:16:02	0:01:21	0:42:50	0:01:06	0:24:16	1:25:35
59	323	2	10026869	Mike	Ryan	Male	50-54	Racing 795 TC	0:16:40	0:01:44	0:42:32	0:01:17	0:23:30	1:25:43
60	284	3	10058087	Amy	O'Keefe	Female	20-24	Piranha TC	0:13:15	0:01:45	0:44:43	0:01:22	0:24:39	1:25:44
61	146	3	10059855	Maria	Halley	Female	30-34		0:15:36	0:02:38	0:45:28	0:00:55	0:21:09	1:25:46
62	270	2	10036772	Robert	O'Brien	Male	40-44	Athy TC	0:15:41	0:01:50	0:45:45	0:01:10	0:21:22	1:25:48
63	198	2	10013614	John	Kirwan	Male	50-54	Pulse	0:17:53	0:01:51	0:41:12	0:01:33	0:23:52	1:26:20
64	43	2	10001060	Tom	Casey	Male	55-59	Waterford TC	0:17:28	0:01:44	0:43:05	0:01:07	0:22:58	1:26:21
65	292	1	10036309	Will	O'Reilly	Male	35-39	Carrick-on-Suir Triathlon Club	0:18:35	0:01:54	0:42:48	0:01:10	0:22:04	1:26:30
66	83	1	10056094	Luke	Davies	Male	35-39	Belpark TC	0:16:35	0:01:54	0:43:32	0:01:35	0:23:02	1:26:39
67	158	2	10002681	Greg	Holden	Male	45-49	Waterford TC	0:15:51	0:01:24	0:43:43	0:01:23	0:24:22	1:26:43
68	127	2	10034189	Seamus	Foley	Male	40-44	Kilkenny TC	0:16:42	0:03:06	0:41:40	0:01:44	0:23:38	1:26:50
69	267	1	10041789	Eoin	O'brien	Male	35-39	Belpark TC	0:19:39	0:01:26	0:43:38	0:01:12	0:21:06	1:27:02
70	311	1	10003743	Simon	Reddy	Male	35-39		0:15:36	0:02:35	0:46:21	0:01:14	0:21:35	1:27:20
71	125	1	10060404	Sean	Flynn	Male	35-39		0:17:27	0:03:42	0:43:10	0:01:40	0:21:32	1:27:30
72	86	3	10002080	Gabrielle	Dillon	Female	45-49		0:16:21	0:01:35	0:43:23	0:01:13	0:25:16	1:27:47
73	189	1	10001441	Colm	Kennedy	Male	35-39	Pulse Triathlon Club	0:16:56	0:01:34	0:45:47	0:01:03	0:22:36	1:27:56
74	114	2	10015981	Shane	Farrell	Male	40-44	Pulse Triathlon Club	0:18:20	0:01:43	0:43:31	0:01:15	0:23:11	1:28:00
75	285	2	10001637	Billy	O'Keefe	Male	55-59		0:16:57	0:02:00	0:45:06	0:01:30	0:22:32	1:28:05
76	150	3	10037855	Anne-Marie	Hayes	Female	35-39	Tried & Tested TC	0:16:23	0:01:43	0:47:00	0:01:03	0:21:59	1:28:09
77	181	3	10036175	Ger	Kelly	Female	50-54	Wexford TC	0:15:41	0:01:16	0:46:45	0:01:29	0:23:09	1:28:20
78	92	1	10060424	James	Doran	Male	30-34				1:06:59	0:01:09	0:21:46	1:28:28
79	346	2	10021106	Howard	Triggs	Male	50-54	Kilkenny TC	0:18:21	0:01:58	0:42:25	0:01:23	0:24:23	1:28:30
80	304	2	10000106	Niall	Power	Male	40-44	Piranha TC	0:16:06	0:01:39	0:44:54	0:01:09	0:24:49	1:28:37
81	262	3	10049727	Liam	O Braonain	Male	16-17	Athy TC	0:14:14	0:01:20	0:48:03	0:01:09	0:24:15	1:29:01
82	353	1	10041900	Jim	Walsh	Male	35-39		0:20:58	0:02:18	0:42:28	0:01:24	0:22:03	1:29:11
83	82	2	10002577	John	Darcy	Male	60-64		0:16:14	0:02:10	0:42:03	0:02:00	0:26:47	1:29:15
84	344	3	10034877	Ciara	Tierney	Female	25-29	Tralee Triathlon Club	0:15:15	0:01:38	0:45:30	0:01:32	0:25	

90	90	3	10052849	Fiona	Donovan	Female	35-39	Galway TC	0:14:17	0:01:44	0:49:22	0:01:16	0:23:50	1:30:27
91	294	2	10038908	Eoin	O'riordan	Male	40-44	Tried & Tested TC	0:18:52	0:02:00	0:45:49	0:00:58	0:23:11	1:30:50
92	246	2	10030350	Peter	Mulhall	Male	50-54	Tinahely TC	0:17:21	0:02:35	0:45:17	0:01:49	0:23:59	1:31:01
93	231	3	10015061	Deborah	Meghen	Female	40-44		0:14:51	0:01:42	0:47:40	0:01:14	0:25:38	1:31:05
94	352	2	10013244	Mark	Wallace	Male	45-49	Belpark TC	0:16:30	0:01:57	0:46:51	0:01:37	0:24:13	1:31:09
95	308	1	10044344	Conor	Quinn	Male	30-34		0:19:30	0:02:35	0:44:01	0:01:35	0:23:36	1:31:17
96	9	1	10015027	Keith	Bell	Male	30-34	Belpark TC	0:18:33	0:01:32	0:46:03	0:01:18	0:24:01	1:31:27
97	317	2		Jason	Rosenkowitz	Male	40-44		0:16:23	0:02:03	0:47:13	0:01:25	0:24:28	1:31:32
98	264	3	10039357	Catrina	O donohoe	Female	40-44		0:14:41	0:01:47	0:48:37	0:01:53	0:24:34	1:31:33
99	140	2	10052233	David	Gray	Male	40-44	Wicklow TC	0:19:10	0:02:10	0:43:06	0:01:42	0:25:28	1:31:37
100	151	2	10029112	Niall	Heffernan	Male	40-44	Pulse Triathlon Club	0:16:50	0:01:30	0:47:51	0:01:21	0:24:07	1:31:39
101	159	3	10015463	Fiona	Holland	Female	45-49		0:15:35	0:02:06	0:45:11	0:01:32	0:27:18	1:31:41
102	130	1	10049021	Shane	Gavin	Male	30-34	Piranha TC	0:18:40	0:01:46	0:48:07	0:01:09	0:22:00	1:31:42
103	331	2	10011838	Stephen	Smyth	Male	40-44	3D TC	0:15:47	0:01:59	0:45:43	0:01:41	0:26:33	1:31:44
104	312	3	10031810	Catherine	Redmond	Female	40-44	Cork TC	0:18:46	0:01:42	0:44:14	0:01:14	0:25:49	1:31:46
105	214	1	10057855	Eoin	Maher	Male	35-39		0:21:20	0:01:55	0:44:49	0:01:40	0:22:19	1:32:02
106	257	3	10010978	Susan	Naughton	Female	45-49	Pulse Triathlon Club	0:14:29	0:02:37	0:48:07	0:01:43	0:25:34	1:32:30
107	228	2	10030036	Tony	Mcmahon	Male	45-49		0:25:21	0:02:07	0:41:47	0:01:26	0:22:02	1:32:44
108	40	3	10059228	Nuala	Carroll	Female	20-24		0:13:06	0:02:16	0:50:49	0:01:17	0:25:17	1:32:46
109	138	2	10044640	Eamonn	Grace	Male	50-54	Kilkenny TC	0:20:55	0:01:43	0:44:00	0:01:32	0:24:55	1:33:04
110	337	3	10037594	Sarah	Stapleton	Female	35-39	Pulse Triathlon Club	0:17:58	0:01:17	0:48:48	0:01:29	0:23:40	1:33:12
111	211	2	10034705	Jimmy	Lyons	Male	50-54		0:16:13	0:02:41	0:49:25	0:01:07	0:23:48	1:33:13
112	124	1	10047006	Michael	Flynn	Male	30-34		0:17:28	0:02:07	0:46:26	0:01:05	0:26:19	1:33:25
113	333	3	10056205	Helen	Stafford	Female	35-39	Wexford TC	0:16:33	0:02:37	0:49:10	0:01:08	0:23:58	1:33:26
114	227	3	10004542	Gillian	Mcmahon	Female	45-49	3D TC	0:15:54	0:02:03	0:48:11	0:01:31	0:25:50	1:33:29
115	169	2	10052277	Arnold	Kane	Male	40-44	Athy TC	0:17:39	0:02:44	0:46:35	0:01:14	0:25:22	1:33:34
116	335	2	10012850	Fintan	Stanley	Male	45-49	Waterford TC	0:18:01	0:02:01	0:44:58	0:01:15	0:27:24	1:33:39
117	137	1	10052387	Adam	Goslin	Male	20-24	Piranha TC	0:17:41	0:01:25	0:47:23	0:01:16	0:25:57	1:33:42
118	207	1	10056082	Cian	Long	Male	30-34		0:17:42	0:02:28	0:47:11	0:01:20	0:25:01	1:33:43
119	85	1	10057446	Ken	Dickenson	Male	30-34		0:19:55	0:02:06	0:46:38	0:01:28	0:23:45	1:33:52
120	24	1	10060116	David	Brennan	Male	35-39		0:17:22	0:01:57	0:47:46	0:01:09	0:25:53	1:34:06
121	235	2	10017841	Richard	Mills	Male	40-44	Pulse Triathlon Club	0:16:39	0:01:36	0:47:51	0:01:31	0:26:38	1:34:14
122	89	1	10053376	David	Donnelly	Male	35-39	Tried & Tested TC	0:19:52	0:01:51	0:47:03	0:01:18	0:24:21	1:34:25
123	136	3	10014884	Beata	Golczak	Female	35-39	Pulse Triathlon Club	0:17:40	0:01:54	0:45:07	0:01:21	0:28:24	1:34:26
124	361	1	10058475	Gary	Waters	Male	20-24		0:20:48	0:03:09	0:46:26	0:01:11	0:22:57	1:34:30
125	261	2	10002760	Tommy	Nolan	Male	45-49		0:17:45	0:03:15	0:43:53	0:01:44	0:27:54	1:34:31
126	338	3	10001504	Miriam	Staunton	Female	40-44	Pulse Triathlon Club	0:17:39	0:01:42	0:46:18	0:01:10	0:27:43	1:34:32
127	172	2	10014153	Padraig	Kavanagh	Male	45-49		0:16:38	0:02:28	0:47:31	0:01:35	0:26:23	1:34:34
128	329	3	10029062	Marie	Slattery	Female	40-44	Kilkenny TC	0:18:08	0:01:21	0:47:28	0:01:17	0:26:34	1:34:49
129	135	1	10053099	Luke	Goff	Male	30-34	Wexford TC	0:19:57	0:01:36	0:42:49	0:01:26	0:29:12	1:35:01
130	44	3	10013928	Triona	Casey	Female	40-44	Naas TC	0:17:51	0:02:05	0:47:55	0:01:28	0:25:44	1:35:03
131	100	2	10003006	Thomas	Doyle	Male	45-49	Kilkenny TC	0:18:30	0:02:12	0:47:58	0:01:06	0:25:22	1:35:08
132	266	2	10055520	Andrew	O'Brien	Male	45-49	Wexford TC	0:19:26	0:03:15	0:45:35	0:01:24	0:25:32	1:35:12
133	371	1		Team	Team Babes	Relay	Relay		0:21:35	0:01:36	0:48:20	0:01:13	0:22:53	1:35:37
134	109	1	10058992	Tristan	Fahy	Male	30-34		0:19:03	0:01:57	0:47:07	0:01:55	0:25:37	1:35:38
135	268	2	10028300	James	O'brien	Male	50-54	Waterford TC	0:17:18	0:02:13	0:44:50	0:01:24	0:29:56	1:35:42
136	14	3	10039322	Ciara	Bowe	Female	40-44	Racing 795 TC	0:16:44	0:02:16	0:50:24	0:01:42	0:24:40	1:35:45
137	328	3	10040849	Sarah-jo	Sinnott	Female	30-34		0:16:20	0:02:43	0:51:21	0:01:14	0:24:08	1:35:46
138	220	1	10058347	Fergus	McAuliffe	Male	30-34		0:19:10	0:03:41	0:49:55	0:00:57	0:22:17	1:35:59
139	167	1	10051843	Eoin	Jordan	Male	35-39	Kilkenny TC	0:20:26	0:02:26	0:45:16	0:01:33	0:26:19	1:36:00
140	141	1	10056216	Jason	Gray	Male	30-34		0:19:00	0:02:46	0:47:19	0:01:55	0:25:01	1:36:00
141	325	2	10047195	Martin	Shore	Male	40-44	Wexford TC	0:19:12	0:02:26	0:47:25	0:01:35	0:25:41	1:36:19
142	204	1	10041191	Cian	Lawlor	Male	20-24		0:17:12	0:02:56	0:49:28	0:01:16	0:25:27	1:36:20
143	208	1	10037133	Alan	Loughman	Male	35-39		0:18:51	0:01:57	0:46:22	0:01:13	0:28:01	1:36:24
144	367	1	10060254	Team	Currahee	Relay	Relay		0:20:20	0:01:32	0:45:38	0:02:11	0:26:56	1:36:37
145	351	3	10042641	Deirdre	Wallace	Female	25-29	Cork TC	0:18:35	0:02:09	0:49:39	0:01:30	0:24:51	1:36:44
146	236	2		Donagh	Minihan	Male	40-44		0:18:19	0:02:19	0:49:22	0:01:05	0:25:49	1:36:53
147	131	3	10054466	Elaine	Gibson	Female	40-44		0:17:47	0:02:33	0:49:30	0:01:36	0:25:31	1:36:57
148	22	2	10028151	Noel	Brannigan	Male	40-44	Naas TC	0:16:59	0:03:12	0:41:10	0:01:52	0:33:44	1:36:57
149	192	1	10056759	David	Kidd	Male	35-39	Athy TC	0:26:01	0:02:03	0:44:03	0:01:14	0:23:36	1:36:57
150	115	1	10049086	Bernard	Faughnan	Male	30-34	Kilkenny TC	0:23:46	0:02:00	0:46:05	0:01:23	0:24:00	1:37:15
151	273	3	10026156	Deirdre	O'connor	Female	35-39	Pulse Triathlon Club	0:17:12	0:02:09	0:50:19	0:01:14	0:26:29	1:37:22
152	54	1	10033778	Coilin	Collins smyth	Male	25-29		0:21:01	0:02:31	0:49:26	0:01:10	0:23:16	1:37:24
153	230	1	10003604	John	Meagher	Male	35-39		0:20:25	0:02:40	0:47:34	0:01:33	0:25:15	1:37:26
154	33	2	10032863	Niall	Byrne	Male	45-49	Pulse Triathlon Club	0:17:46	0:02:43	0:47:07	0:01:54	0:27:56	1:37:26
155	170	3	10042395	Mrs Anne	Kavanagh	Female	55-59		0:18:10	0:02:22	0:51:28	0:01:19	0:24:17	1:37:35
156	316	1	10059749	Michael	Roche	Male	25-29		0:18:37	0:02:24	0:51:29	0:01:00	0:24:12	1:37:42
157	306	3	10005127	Siobhan	Quain	Female	30-34	Pulse Triathlon Club	0:16:50	0:02:00	0:48:49	0:01:31	0:28:36	1:37:47
158	365	1	10017213	Team	795 Duo	Relay	Relay	Racing 795 TC	0:18:51	0:01:48	0:48:29	0:01:10	0:27:53	1:38:11
159	3	3	10054920	Shelley	Atkins	Female	35-39		0:19:13	0:02:00	0:47:09	0:01:46	0:28:14	1:38:21
160	226	3	10042542	Rita	McGarvey	Female	35-39	Kilkenny TC	0:18:23	0:01:45	0:51:41	0:01:30	0:25:08	1:38:25
161	104	3	10039550	Patricia	Eadie	Female	55-59		0:18:32	0:02:10	0:47:34	0:01:44	0:28:25	1:38:26
162	252	1	10029860	Paul	Murphy	Male	25-29	Wexford TC	0:16:13	0:02:02	0:53:47	0:01:47	0:24:42	1:38:32
163	375	1	10022468	Team	Two and a Half Gingers	Relay	Relay		0:18:14	0:01:25	0:50:46	0:01:20	0:26:59	1:38:44
164	250	3	10023900	Maggie	Murphy	Female	30-34		0:17:34	0:02:25	0:49:35	0:01:24	0:27:47	1:38:45
165	77	2	10059782	Michael	Culleton	Male	40-44		0:20:40	0:02:37	0:48:04	0:01:20	0:26:13	1:38:53
166	185	2	10041606	Tony	Kelly	Male	40-44	Kilkenny TC	0:23:26	0:01:44	0:47:33	0:01:18	0:25:07	1:39:07
167	75	1	10054205	Jamie	Cullen	Male	35-39		0:21:13	0:01:49	0:49:18	0:00:59	0:25:56	1:39:15
168	360	1	10052880	Brian	Walton	Male	35-39	Kilkenny TC	0:26:29	0:01:50	0:46:55	0:01:12	0:22:54	1:39:20
169	6	1	10040301	Gunter	Bayer	Male	35-39	Athy TC	0:20:12	0:02:37	0:47:16	0:01:41	0:27:35	1:39:22
170	245	2	10003276	Pat	Morrissey	Male	55-59	Wexford TC	0:22:28	0:01:59	0:49:18	0:01:18	0:24:37	1:39:39
171	263	3	10043988	Niamh	O brien	Female	25-29	Waterford TC	0:15:36	0:02:27	0:51:02	0:01:09	0:29:26	1:39:40
172	160	3	10048314	Sara	Hosey	Female	25-29	Athy TC	0:16:57	0:02:38	0:51:02	0:01:38	0:27:25	1:39:40
173	23	2	10049432	Peter	Breen	Male	40-44		0:18:33	0:02:04	0:46:51	0:01:48	0:30:30	

179	45	3	10010937	Mairead	Cassery	Female	40-44	3D TC	0:21:21	0:03:53	0:47:06	0:01:54	0:26:39	1:40:54
180	80	1	10032426	Keith	Curley	Male	30-34	Pulse Triathlon Club	0:20:56	0:02:03	0:48:07	0:01:24	0:28:36	1:41:06
181	298	2	10032485	Ken	Palmer	Male	55-59		0:17:06	0:01:57	0:52:26	0:01:33	0:28:05	1:41:07
182	336	2	10058723	David	Stapleton	Male	40-44		0:22:52		0:52:15	0:01:28	0:24:42	1:41:16
183	269	1	10023208	Martin	O'Brien	Male	25-29	Kilkenny TC	0:19:05	0:01:48	0:48:41	0:01:35	0:30:14	1:41:23
184	144	3	10046638	Claire	Guyon	Female	30-34	Waterford TC	0:18:00	0:02:05	0:52:48	0:01:28	0:27:03	1:41:25
185	59	3	10025220	Eithne	Connolly	Female	30-34	Pulse Triathlon Club	0:18:04	0:02:07	0:48:47	0:01:20	0:31:15	1:41:33
186	184	3	10017791	Suzanne	Kelly	Female	40-44	Athy TC	0:18:05	0:01:56	0:50:32	0:01:16	0:29:51	1:41:40
187	327	3	10015505	Carol	Sinnott	Female	35-39		0:18:50	0:02:22	0:49:45	0:01:26	0:29:25	1:41:48
188	205	1	10044354	Justin	Lohan	Male	35-39		0:23:09	0:08:45	0:42:38	0:02:07	0:25:10	1:41:48
189	212	3	10051000	Aine	Magee	Female	35-39	Pulse Triathlon Club	0:17:57	0:02:26	0:52:17	0:01:00	0:28:09	1:41:49
190	209	3	10037132	Lara	Loughman	Female	35-39	Athy TC	0:18:02	0:02:19	0:50:31	0:01:10	0:29:52	1:41:55
191	21	2	10048065	Conor	Brady	Male	40-44	Wexford TC	0:23:52	0:03:04	0:49:13	0:01:15	0:24:59	1:42:23
192	32	2	10044286	Kieran	Byrne	Male	40-44	Athy TC	0:18:38	0:03:07	0:51:48	0:01:45	0:27:08	1:42:26
193	287	1	10056013	Ronan	O'Keeffe	Male	30-34		0:18:50	0:02:17	0:47:46	0:01:47	0:31:57	1:42:37
194	147	3	10053861	Ruth	Hallisey	Female	30-34		0:15:41	0:02:45	0:54:08	0:01:10	0:28:58	1:42:42
195	197	3	10033184	Caoimhe	Kirwan	Female	20-24	Pulse Triathlon Club	0:19:06	0:01:50	0:51:44	0:01:29	0:28:45	1:42:53
196	357	1	10027435	Michael	Walsh	Male	25-29		0:30:05	0:02:16	0:44:51	0:01:46	0:23:56	1:42:53
197	66	3	10004192	Caitriona	Courtney	Female	30-34	Newry TC	0:21:09	0:02:18	0:48:55	0:01:44	0:29:01	1:43:07
198	369	1	10060151	Team	Hunder-O'Neill	Relay	Relay		0:21:32	0:03:38	0:43:35	0:01:30	0:32:54	1:43:09
199	295	2	10038192	Paul	O'riordan	Male	40-44	Tried & Tested TC	0:16:25	0:02:07	0:48:55	0:02:05	0:33:39	1:43:10
200	98	1	10060148	Philip	Doyle	Male	35-39		0:21:24	0:03:25	0:48:44	0:01:18	0:28:26	1:43:18
201	173	1	10044660	Stephen	Kavanagh	Male	30-34	Pulse Triathlon Club	0:17:46	0:02:56	0:54:11	0:01:54	0:27:11	1:43:57
202	38	1	10053821	Ciaran	Carey	Male	25-29		0:22:23	0:03:31	0:52:48	0:01:48	0:23:54	1:44:25
203	260	3	10022592	Louise	Nolan	Female	35-39	Racing 795 TC	0:18:39	0:02:36	0:54:49	0:02:08	0:26:15	1:44:27
204	291	1	10059176	Martin	O'Neill	Male	35-39		0:25:26	0:02:40	0:49:15	0:01:10	0:25:59	1:44:30
205	217	2	10056639	Dan	Mc Carthy	Male	50-54		0:18:41	0:03:31	0:50:30	0:01:58	0:29:54	1:44:33
206	244	2	10056234	Ronan	Moriarty	Male	40-44		0:23:04	0:03:43	0:49:00	0:02:02	0:26:49	1:44:38
207	4	2	10058070	Paul	Barry	Male	40-44		0:23:46	0:03:57	0:47:38	0:01:48	0:27:35	1:44:44
208	256	3	10020759	Lorraine	Naughton	Female	35-39	Pulse Triathlon Club	0:15:43	0:02:41	0:54:02	0:01:42	0:30:44	1:44:51
209	64	1	10018714	Barry	Coughlan	Male	35-39		0:22:16	0:02:39	0:51:53	0:00:59	0:27:09	1:44:56
210	372	1	10060283	Team	The Girls Team	Relay	Relay		0:31:19	0:02:01	0:38:07	0:01:34	0:32:17	1:45:19
211	332	1	10052780	Pat	Spillane	Male	35-39	Clonmel TC	0:30:44	0:02:24	0:44:13	0:01:27	0:26:41	1:45:28
212	123	1	10060917	Joe	Flynn	Male	35-39		0:33:54	0:03:56	0:42:23	0:02:17	0:23:01	1:45:30
213	155	2	10015902	John	Hickey	Male	50-54	Wexford TC	0:22:16	0:02:10	0:51:15	0:01:27	0:28:33	1:45:42
214	148	2	10039064	Korstaian	Hardam	Male	45-49	Belpark TC	0:20:31	0:03:27	0:48:37	0:02:19	0:31:00	1:45:54
215	343	2	10036664	David	Thompson	Male	40-44	Clonmel TC	0:25:41	0:02:30	0:49:33	0:01:23	0:27:01	1:46:07
216	7	3	10045856	Janet	Beck	Female	40-44	Kilkenny TC	0:18:38	0:02:24	0:53:02	0:01:38	0:30:33	1:46:15
217	154	3	10057442	Jennifer	Hennebry	Female	25-29		0:18:54	0:02:14	0:58:53	0:01:18	0:25:02	1:46:20
218	41	3	10037297	Gillian	Carthy	Female	40-44	Wicklow TC	0:20:10	0:02:33	0:51:37	0:02:14	0:29:46	1:46:20
219	216	1	10055820	Frank	Mc Cabe	Male	35-39		0:28:22	0:03:54	0:47:06	0:01:08	0:25:55	1:46:25
220	55	3		Kate	Collins Smyth	Female	25-29		0:19:36	0:03:00	0:57:26	0:01:06	0:25:28	1:46:35
221	349	3	10046490	Joyce	Varley	Female	40-44	Wexford TC	0:18:17	0:02:29	0:57:53	0:01:39	0:26:17	1:46:35
222	171	3	10014152	Karen	Kavanagh	Female	45-49	Athy TC	0:18:37	0:02:03	0:55:04	0:01:13	0:29:40	1:46:37
223	27	3	10055595	Ailish	Byrne	Female	35-39		0:19:28	0:02:45	0:53:49	0:01:55	0:28:59	1:46:56
224	116	3	10053100	Gail	Finn	Female	35-39		0:18:34	0:02:28	0:51:07	0:02:08	0:33:02	1:47:19
225	81	1	10044974	Conor	Cusack	Male	30-34	Belpark TC	0:19:24	0:01:47	0:55:46	0:01:25	0:29:34	1:47:56
226	122	1	10023197	Paul	Flood	Male	35-39	Kilkenny TC	0:26:55	0:03:01	0:52:19	0:01:28	0:24:20	1:48:02
227	370	1	10056407	Team	Ta Chatte	Relay	Relay		0:23:06	0:01:29	0:54:41	0:01:26	0:27:29	1:48:11
228	120	3	10060027	Bethary	FitzGibbon	Female	20-24		0:15:58	0:04:15	0:53:21	0:02:23	0:32:25	1:48:22
229	119	3	10060030	Aichlinn	FitzGibbon	Male	18-19		0:14:30	0:05:43	0:53:24	0:02:21	0:32:25	1:48:22
230	50	3	10048767	Caitriona	Coleman	Female	55-59		0:19:03	0:03:10	0:54:35	0:01:28	0:30:23	1:48:39
231	18	3	10031278	Judith	Boylan	Female	35-39	Pulse Triathlon Club	0:19:33	0:02:09	0:57:57	0:01:02	0:28:01	1:48:42
232	1	2	10059569	Conor	Arrigan	Male	40-44		0:26:44	0:03:57	0:51:01	0:01:22	0:25:55	1:48:59
233	224	3	10042835	Sinead	Mccarthy	Female	40-44		0:14:13	0:02:36	0:59:18	0:01:27	0:31:38	1:49:12
234	174	3	10057980	Tina	Kealy	Female	45-49		0:20:24	0:02:36	0:54:12	0:01:12	0:30:49	1:49:13
235	200	3	10013022	Mairead	Lacey	Female	35-39		0:24:12	0:02:22	0:53:07	0:01:41	0:27:52	1:49:14
236	182	3	10055219	Samantha	Kelly	Female	45-49		0:20:22	0:02:34	0:57:21	0:01:29	0:27:33	1:49:18
237	121	2	10013124	John	Flood	Male	40-44		0:17:30	0:04:24	0:53:17	0:03:34	0:31:06	1:49:50
238	341	1	10055741	Noel	Sugrue	Male	35-39	Kilkenny TC	0:27:27	0:01:46	0:54:42	0:01:38	0:24:22	1:49:55
239	190	3	10013108	Emma	Kennedy	Female	35-39	Kilkenny TC	0:27:30	0:02:26	0:54:07	0:01:13	0:24:42	1:49:58
240	283	3	10040611	Catherine	Okeeffe	Female	55-59		0:24:47	0:04:02	0:52:46	0:01:47	0:26:53	1:50:15
241	87	2	10040357	Paul	Dillon	Male	55-59		0:20:54	0:03:19	0:54:11	0:01:52	0:30:14	1:50:30
242	49	1	10059177	Mick	Coady	Male	35-39		0:20:03	0:04:08	0:52:21	0:01:41	0:32:53	1:51:06
243	366	1	10012622	Team	Ballytrent	Relay	Relay	Galway TC	0:18:04	0:02:10	1:00:43	0:02:03	0:28:10	1:51:11
244	96	3	10045241	Pamela	Doyle	Female	30-34	Pulse Triathlon Club	0:19:54	0:02:42	0:52:31	0:02:31	0:33:36	1:51:14
245	101	3	10056116	Dympna	Drought	Female	35-39	Pulse Triathlon Club	0:18:16	0:02:21	0:55:53	0:02:05	0:32:50	1:51:24
246	234	3	10057808	Lisa	Mellon	Female	45-49		0:18:18	0:02:59	0:56:01	0:01:21	0:32:52	1:51:30
247	271	3	10057367	Roisin	O'Brien	Female	30-34		0:14:40	0:02:20	0:55:32	0:01:38	0:37:36	1:51:46
248	76	3	10046802	Ciara	Culleton	Female	30-34	GoTri TC	0:17:55	0:02:50	0:55:24	0:01:45	0:34:14	1:52:07
249	345	3	10056973	Theresa	Tierney	Female	45-49		0:18:22	0:02:44	0:57:57	0:01:13	0:31:55	1:52:10
250	112	3	10002382	Carmel	Farrell	Female	40-44	3D TC	0:16:28	0:02:59	0:55:56	0:04:01	0:32:49	1:52:13
251	180	3	10057857	Fiona	Kelly	Female	25-29		0:17:44	0:02:03	0:54:22	0:02:42	0:35:22	1:52:13
252	53	3	10060085	Orla	Coleman	Female	20-24		0:18:52	0:02:42	0:55:08	0:01:29	0:34:03	1:52:14
253	364	3	10050747	Caitriona	White	Female	45-49	Belpark TC		0:22:14			1:30:01	1:52:15
254	373	1	10060593	Team	the ladies team	Relay	Relay		0:21:22	0:01:49	0:53:27	0:01:24	0:34:27	1:52:27
255	117	2	10058067	Mick	Finn	Male	45-49		0:25:57	0:03:41	0:50:26	0:02:27	0:30:18	1:52:49
256	13	3	10046651	Eimear	Bowden	Female	25-29	Racing 795 TC	0:19:15	0:02:46	0:55:20	0:02:00	0:33:29	1:52:49
257	342	3	10054271	Nuria	Tasies	Female	40-44		0:25:03	0:02:40	0:58:07	0:01:24	0:25:37	1:52:51
258	152	1	10050551	Tadhg	Henderson	Male	35-39	Wexford TC	0:27:54	0:03:51	0:53:04	0:01:35	0:27:15	1:53:38
259	290	2	10021517	Niall	O'muir	Male	55-59	Racing 795 TC	0:32:44	0:02:20	0:47:44	0:02:01	0:28:51	1:53:39
260	223	2	10054542	Gareth	McCarthy	Male	55-59		0:19:16	0:02:24	0:56:50	0:01:46	0:34:22	1:54:38
261	52	2	10009920	Michael	Coleman	Male	55-59		0:25:28	0:03:11	0:50:01	0:02:19	0:33:47	1:54:46
262	142	2	10002371	Lastley	Gray	Male	65-69	Wicklow TC	0:17:41	0:06:07	0:52:47	0:03:59	0:34:13	1:54:47
263	218	2	1											

268	300	3	10036045	Audrey	Pender	Female	30-34	Wicklow TC	0:23:05	0:02:56	0:56:04	0:02:42	0:31:44	1:56:31
269	350	2	10051065	Barry	Waldron	Male	45-49	3D TC	0:30:08	0:02:25	0:53:37	0:02:15	0:29:33	1:57:57
270	186	2	10058117	David	Kendellen	Male	45-49	Racing 795 TC	0:30:11	0:03:34	0:50:52	0:02:44	0:31:13	1:58:35
271	73	2	10059821	Ivan	Cuddihy	Male	45-49		0:33:41	0:06:04	0:48:37	0:02:02	0:28:26	1:58:50
272	286	2	10056015	Gerry	O'Keeffe	Male	55-59		0:22:55	0:04:53	0:52:27	0:03:15	0:35:19	1:58:50
273	28	2	10049242	Brian	Byrne	Male	40-44		0:26:26	0:02:59	0:56:10	0:01:37	0:31:57	1:59:10
274	334	3	10053871	Lisa	Stafford	Female	40-44		0:23:23	0:03:12	0:57:16	0:01:29	0:34:49	2:00:09
275	258	3	10027582	Karen	Nolan	Female	35-39	Pulse Triathlon Club	0:20:10	0:03:45	0:57:14	0:02:30	0:36:29	2:00:09
276	110	1	10058819	Michael	Falsey	Male	35-39		0:34:09	0:03:39	0:54:50	0:01:15	0:27:04	2:00:57
277	91	1	10049561	Niall	Donovan	Male	35-39	Tinahely TC	0:27:29	0:03:17	0:56:17	0:01:49	0:32:19	2:01:10
278	374	1	10041386	Team	The Super Sinnots	Relay	Relay		0:24:15	0:01:33	1:00:43	0:01:41	0:33:07	2:01:20
279	72	2	10060239	Bob	Crosbie	Male	50-54		0:37:07	0:04:06	0:50:39	0:02:37	0:27:52	2:02:22
280	46	3	10055174	Georgina	Chapman	Female	40-44		0:22:12	0:03:36	1:03:34	0:01:28	0:31:47	2:02:36
281	194	1	10053824	Martin	Kindregan	Male	30-34		0:34:59	0:02:38	0:54:27	0:01:51	0:29:36	2:03:30
282	281	1	10060040	Killian	O'Hagan	Male	25-29		0:28:21	0:04:22	0:56:14	0:01:33	0:33:16	2:03:45
283	320	3	10055301	Grainne	Ryan	Female	25-29		0:28:10	0:02:43	1:00:26	0:01:05	0:31:23	2:03:47
284	368	1	10060465	Team	Give it socks	Relay	Relay		0:40:41	0:01:32	0:44:33	0:01:14	0:35:53	2:03:52
285	15	1	10046214	Pierce	Bowen	Male	30-34	Wexford TC	0:24:10	0:04:03	1:04:38	0:01:52	0:29:12	2:03:54
286	326	3	10052253	Jennifer	Shorten	Female	35-39	Pulse Triathlon Club	0:25:53	0:03:44	0:59:38	0:03:33	0:33:13	2:06:01
287	363	3	10055372	Sinead	Whelan	Female	40-44		0:22:26	0:04:22	1:06:35	0:01:10	0:31:44	2:06:17
288	88	3	10005298	Mary	Donnellan	Female	30-34		0:21:28	0:03:16	1:03:07	0:02:46	0:36:49	2:07:26
289	94	2	10041295	Declan	Doyle	Male	50-54		0:33:20	0:04:45	0:53:40	0:02:53	0:32:56	2:07:33
290	118	1	10053405	Peter	Finnegan	Male	35-39		0:25:19	0:06:15	0:53:53	0:03:56	0:38:28	2:07:50
291	233	3	10057625	Rebecca	Mellet	Female	35-39		0:13:55	0:05:43	1:10:12	0:01:45	0:36:56	2:08:31
292	196	3	10050540	Aiveen	Kirley	Female	40-44		0:26:50	0:05:24	1:03:39	0:02:50	0:30:41	2:09:22
293	149	3	10044282	Siobhan	Harmon	Female	35-39	Athy TC	0:38:35	0:02:22	0:54:58	0:01:38	0:31:52	2:09:25
294	210	2	10042976	Dave	Lynch	Male	55-59	Athy TC	0:36:36	0:03:51	0:58:22	0:02:12	0:33:35	2:14:35
295	307	3	10042873	Maura	Quigley	Female	60-64		0:25:55	0:06:03	0:59:25	0:02:55	0:44:36	2:18:54
296	248	3	10060476	Scott	Mulligan	Male	16-17		0:35:09	0:04:39	1:06:12	0:01:27	0:34:30	2:21:57
297	93	1	10058886	Denis	Dowd	Male	30-34		0:51:32	0:03:30	0:58:06	0:01:14	0:35:17	2:29:39
298	330	1	10057410	Michael	Smith	Male	30-34		0:46:28	0:04:32	1:04:48	0:01:39	0:44:40	2:42:07
	193	1	10040794	Donncha	Kiely	Male	30-34	Cork TC	0:14:59	0:15:27				DNF
	153	1	10047828	Eoin	Hennebry	Male	30-34	3D TC	0:18:15	0:02:45	0:48:42			DNF
	108	3	10026963	Patrick	Fahy	Male	16-17		0:13:09	0:01:24				DNF