

Place	Bib	Surname	Name	Cat	Sex	Race Time	Chip Time	Last km
1	150	Conway	Brendan	Sen	MALE	0:29:05	0:29:05	0:03:25
2	159	Devaney	Anto	Over40	MALE	0:30:51	0:30:50	0:03:37
3	186	Seoighe	Micheal	Sen	MALE	0:31:03	0:31:01	0:03:32
4	21	Gill	Matthew	Sen	MALE	0:31:31	0:31:31	0:03:43
5	51	Costello	Brendan	Sen	MALE	0:31:31	0:31:31	0:03:38
6	155	Prendergast	Tom	Over40	MALE	0:31:36	0:31:34	0:03:34
7	154	Conway	Michael	Sen	MALE	0:31:45	0:31:45	0:03:45
8	105	Staunton	Pat	Over40	MALE	0:32:02	0:32:02	0:03:47
9	130	Walsh	James	Over40	MALE	0:32:15	0:32:15	0:03:43
10	93	Nee	Seamus	Over40	MALE	0:33:02	0:33:02	0:03:58
11	2	Kyne	John	Sen	MALE	0:33:25	0:33:24	0:03:48
12	175	O'Donn	Ciaran	Sen	MALE	0:33:31	0:33:31	0:03:47
13	158	Flynn	Dwayne	Sen	male	0:33:39	0:33:39	0:03:55
14	54	SLATTERY	GERARD	Sen	MALE	0:33:49	0:33:49	0:03:50
15	82	O Hagan	Martin	Sen	MALE	0:33:54	0:33:52	0:03:58
16	35	Malone	James	Over40	MALE	0:34:04	0:34:03	0:03:58
17	135	Hughes	Donal	Over40	MALE	0:34:10	0:34:05	0:03:49
18	78	O'Connor	Fergal	Sen	MALE	0:34:14	0:34:12	0:03:46
19	39	Mc Walter	Adrian	Over40	MALE	0:34:15	0:34:10	0:03:58
20	152	Williams	Ian	Over40	MALE	0:34:17	0:34:13	0:03:52
21	129	Kelly	Seamus	Sen	MALE	0:34:34	0:34:31	0:03:54
22	125	Cuslan	Guilurmo	Over40	MALE	0:34:37	0:34:34	0:03:56
23	184	Naughton	Tom	Sen	MALE	0:34:43	0:34:36	0:03:55
24	99	Kelly	Mike	Over40	MALE	0:35:12	0:35:12	0:04:06
25	57	Green	Danny	Over55	MALE	0:35:38	0:35:33	0:04:17
26	118	Monaghan	Jarlath	Over55	MALE	0:35:48	0:35:45	0:04:21
27	59	Hughes	Imelda	Over40	FEMALE	0:35:50	0:35:46	0:04:13
28	38	Staunton	Mairtin	Sen	MALE	0:35:55	0:35:53	0:04:09
29	63	Rourke	Barry	Sen	MALE	0:36:16	0:36:11	0:04:11
30	165	Kinneavey	Martin	Over40	Male	0:36:22	0:36:19	0:04:31
31	41	Heneghan	Mickey	Over40	MALE	0:36:32	0:36:30	0:04:23
32	132	Conroy	Aaron	Sen	MALE	0:36:41	0:36:32	0:03:46
33	164	Gordan	Pave	Sen	MALE	0:36:44	#N/A	0:04:04
34	180	Duffy	Ciaran	Sen	MALE	0:36:57	0:36:51	0:03:54
35	17	Dee	Michael	Over40	MALE	0:37:08	0:37:03	0:04:10
36	74	Breathnach	Paraic	Over40	MALE	0:37:09	0:37:01	0:04:08
37	94	Omaolrannain	Micheal	Sen	MALE	0:37:12	0:37:09	0:04:10
38	182	Houlihan	Jack	Sen	MALE	0:37:19	0:37:19	0:04:05
39	162	Feeney	Edel	Sen	FEMALE	0:37:20	0:37:20	0:04:22
40	61	Kelly	Thomas	Sen	MALE	0:37:40	0:37:36	0:04:11
41	157	McDonagh	Margaret	Sen	FEMALE	0:37:43	0:37:40	0:04:20
42	167	Coyne	Robert	Sen	MALE	0:37:47	0:37:45	0:04:10
43	133	Burke	John	Over40	MALE	0:37:53	0:37:48	0:04:17
44	66	Mc Donnell	Ann	Sen	FEMALE	0:37:55	0:37:52	0:04:19
45	75	Ronan	Anne	Over40	FEMALE	0:38:09	0:38:07	0:04:27
46	110	Reilly	Pat	Sen	Male	0:39:01	0:38:54	0:04:30
47	112	Joyce	Kieran	Sen	MALE	0:39:09	0:39:05	0:04:29
48	119	Staunton	Pat	Over40	MALE	0:39:16	0:39:12	0:04:35
49	65	Naughton	Earnan	Over40	MALE	0:39:49	0:39:45	0:04:26
50	134	Dennings	James	Over40	MALE	0:39:55	0:39:53	0:04:52
51	156	Corcoran	Michael	Over40	MALE	0:40:01	0:39:56	0:04:30
52	107	Clarke	Anne Marie	Sen	FEMALE	0:40:17	0:40:17	0:04:34
53	115	Hughes	John	Over40	MALE	0:40:27	0:40:23	0:04:32
54	189	Donnellan	Pat	Sen	MALE	0:40:41	0:40:36	0:04:30
55	172	Jennings	Emma	Sen	FEMALE	0:40:43	0:40:36	0:04:35
56	113	Naughton	Michael	Sen	MALE	0:40:54	0:40:48	0:04:45

57	149	Conway	Sinead	Sen	FEMALE	0:41:05	0:41:01	0:04:38
58	72	Prendergast	Brendan	Sen	MALE	0:41:05	0:40:58	0:04:30
59	40	Mcwalter	Suzie	Over40	FEMALE	0:41:10	0:41:04	0:04:43
60	108	Maguire	John	Over55	MALE	0:41:28	0:41:21	0:04:40
61	4	Coyne	Anna	Sen	FEMALE	0:41:31	0:41:24	0:04:38
62	136	Conroy	Ruairi	Sen	MALE	0:41:32	0:41:23	0:04:38
63	97	Gibbons	Seamus	Sen	MALE	0:41:40	0:41:39	0:04:32
64	48	Brophy	Joanna	Sen	FEMALE	0:41:42	0:41:39	0:04:59
65	83	Grady	Declan	Sen	MALE	0:41:47	0:41:45	0:04:56
66	121	Mcloughlin	Caroline	Over40	FEMALE	0:41:49	0:41:46	0:04:59
67	109	Corbett	Michelle	Over40	FEMALE	0:42:04	0:41:58	0:04:48
68	50	Lydon	Martin	Over40	MALE	0:42:11	0:42:01	0:04:39
69	138	Hughes	Aine	Sen	FEMALE	0:42:20	0:42:13	0:04:53
70	25	Glynn	Andrew	Sen	MALE	0:42:20	0:42:11	0:04:53
71	69	Molloy	Rosaleen	Over40	FEMALE	0:42:20	0:42:18	0:04:51
72	140	Ganley	Tim	Sen	MALE	0:42:37	0:42:32	0:04:43
73	55	Feerick	Linda	Sen	FEMALE	0:42:42	0:42:37	0:04:31
74	181	Lally	Fiona	Sen	FEMALE	0:42:49	0:42:49	0:04:55
75	58	Gilrane	Fiona	Over40	FEMALE	0:42:51	0:42:46	0:05:13
76	30	Summerville	Carmel	Sen	FEMALE	0:42:53	0:42:49	0:04:53
77	171	Mannion	Michael	Over40	male	0:43:01	0:42:58	0:05:05
78	174	Murphy	Claire	Sen	female	0:43:37	0:43:29	0:04:51
79	120	Murphy	Joseph	Over40	MALE	0:43:39	0:43:30	0:04:52
80	12	O'Connell	Alacoque	Over40	FEMALE	0:43:48	0:43:44	0:04:56
81	183	Burke	Neasa	Sen	FEMALE	0:43:56	0:43:54	0:05:06
82	53	Toner	Kevin	Over40	MALE	0:44:03	0:43:52	0:05:06
83	139	Connell	Mags	Sen	FEMALE	0:44:20	0:44:15	0:04:58
84	27	Gallagher	Louise	Sen	FEMALE	0:44:31	0:44:26	0:04:53
85	142	Jordan	Paul	Over40	MALE	0:44:41	0:44:31	0:05:04
86	173	Nestor	Michelle	Sen	FEMALE	0:44:55	0:44:45	0:05:09
87	73	Moran	Sean	Over40	MALE	0:45:23	0:45:16	0:05:18
88	95	Conway	Sharon	Over40	FEMALE	0:45:24	0:45:20	0:05:19
89	52	Gibbons	Christine	Over40	FEMALE	0:45:53	0:45:52	0:05:22
90	42	Gibbons	Ina	Over55	FEMALE	0:45:55	0:45:55	0:05:22
91	84	Lally	Sinead	Sen	FEMALE	0:46:01	0:45:51	0:05:18
92	24	Lavelle	Ash	Sen	FEMALE	0:46:13	0:46:08	0:05:10
93	13	Dilleen	Deirdre	Sen	FEMALE	0:46:21	0:46:11	0:04:53
94	137	Reilly	Sean	Sen	MALE	0:46:22	0:46:10	0:05:00
95	117	Carey	John	Over40	MALE	0:46:32	0:46:23	0:05:36
96	56	Barrett	Caroline	Sen	FEMALE	0:46:35	0:46:30	0:05:11
97	67	Finnegan	Elaine	Over40	FEMALE	0:46:49	0:46:43	0:05:26
98	131	Coyne	Carina	Sen	FEMALE	0:47:21	0:47:15	0:05:09
99	96	Nic Fhinn	Triona	Sen	FEMALE	0:47:25	0:47:17	0:05:14
100	116	NiMhail	Martha	Sen	FEMALE	0:47:25	0:47:18	0:05:13
101	8	Durkin	Ber	Over40	FEMALE	0:47:50	0:47:40	0:05:29
102	90	Gleeson	Niamh	Sen	FEMALE	0:47:50	0:47:39	0:05:30
103	60	Gilrane	John	Over40	MALE	0:47:52	0:47:41	0:05:29
104	80	Persson	Linda Anna Malin	Sen	FEMALE	0:48:35	0:48:30	0:05:43
105	71	Kennedy	Colleen	Sen	FEMALE	0:49:31	0:49:24	0:05:50
106	143	Fox	Aaron	Sen	MALE	0:49:31	0:49:20	0:05:49
107	19	Murphy	Marie	Sen	FEMALE	0:49:36	0:49:27	0:05:34
108	148	Conway	Niamh	Sen	FEMALE	0:49:55	0:49:47	0:05:10
109	37	Lydon	Cathy	Over40	FEMALE	0:49:58	0:49:52	0:05:31
110	104	Mannion	Lorraine	Sen	FEMALE	0:50:28	0:50:21	0:05:59
111	1	Flannery	Anne	Sen	FEMALE	0:50:47	0:50:39	0:05:16
112	86	Lally	David	Sen	MALE	0:51:26	0:51:16	0:05:41

113	28	Lang	Yvonne	Sen	FEMALE	0:51:27	0:51:20	0:05:25
114	14	Tuohy	Eimear	Sen	FEMALE	0:51:27	0:51:19	0:05:31
115	23	Prendergast	Geraldine	Over40	FEMALE	0:51:59	0:51:48	0:05:42
116	49	Gilligan	Nuala	Over40	FEMALE	0:52:10	0:52:08	0:05:50
117	7	Mc Cartan	Bernice	Sen	FEMALE	0:52:10	0:52:08	0:05:51
118	22	Kelly	Geraldine	Sen	FEMALE	0:52:11	0:52:03	0:05:59
119	195	Heneghan	Brian	Sen	MALE	0:53:37	0:53:26	0:06:14
120	43	Kelly	Culann	Sen	MALE	0:53:39	0:53:31	0:06:09
121	128	Gibbons	Moya	Over40	FEMALE	0:54:18	0:54:07	0:06:32
122	151	Donnellan	Niamh	Sen	FEMALE	0:54:24	0:54:20	0:06:32
123	145	Quinn	Tom	Over40	MALE	0:54:28	0:54:24	0:06:32
124	20	Corley	Emma	Sen	FEMALE	0:54:52	0:54:45	0:06:11
125	10	O Hare	Michelle	Sen	FEMALE	0:54:52	0:54:46	0:05:59
126	179	Gallagher	Claire	Over40	FEMALE	0:55:06	0:54:59	0:05:59
127	170	Lang	Michael	Sen	MALE	0:55:08	0:55:02	0:05:55
128	169	Campbell	Geraldine	Over40	FEMALE	0:55:14	0:54:57	0:05:55
129	166	Kinneavey	Rhona	Over40	FEMALE	0:55:15	0:54:58	0:05:56
130	163	McConnell	Mandy	Sen	FEMALE	0:55:18	0:55:06	0:06:19
131	88	Heneghan	Jackie	Over55	Male	0:55:19	0:55:05	0:06:17
132	176	Kyne	Fiona	Sen	FEMALE	0:55:21	0:55:11	0:06:01
133	36	Pearce	Josephine	Over40	FEMALE	0:55:28	0:55:18	0:05:48
134	45	Mallon	Susan	Over40	FEMALE	0:55:29	0:55:17	0:05:48
135	62	Harness	Bernadette	Over40	FEMALE	0:55:47	0:55:42	0:06:26
136	147	Molloy	Sadie	Sen	FEMALE	0:56:51	0:56:43	0:06:28
137	85	Seery	Wesley	Sen	MALE	0:57:30	0:57:21	0:06:31
138	81	Seery	Trevor	Sen	MALE	0:57:31	0:57:23	0:06:34
139	87	Kelly	Breda	Sen	FEMALE	0:57:32	0:57:25	0:06:34
140	144	Morrin	Breege	Over40	FEMALE	0:58:36	0:58:30	0:06:12
141	79	Callaghan	Aine	Sen	FEMALE	0:58:47	0:58:39	0:06:21
142	16	Derrig	Cathriona	Sen	FEMALE	0:59:04	0:58:56	0:06:17
143	188	McDonald	Geoffrey	Sen	MALE	1:01:06	1:00:57	0:07:26
144	187	Corcoran	Mariosa	Over40	FEMALE	1:01:26	1:01:17	0:07:53
145	77	Gibbons	Marie	Sen	FEMALE	1:01:28	1:01:16	0:07:55
146	141	Jordon	Dearbhla	Sen	FEMALE	1:01:44	1:01:35	0:06:57
147	185	Joyce	Mary Lou	Over40	FEMALE	1:01:51	1:01:43	0:07:06
148	127	O'Malley	Cathy P	Over55	FEMALE	1:02:26	1:02:20	0:07:14
149	126	O'Maille	Padraig	Sen	MALE	1:02:29	1:02:20	0:07:15
150	9	Buckley	Ciara	Sen	FEMALE	1:06:00	1:05:48	0:07:59
151	192	Joyce	Ann	Sen	FEMALE	1:06:19	1:06:10	0:08:06
152	64	Egan	Pattie	Over40	FEMALE	1:06:22	1:06:12	0:08:34
153	114	O'Neil	Catherine	Over40	FEMALE	1:06:23	1:06:13	0:08:33
154	106	Heraty	Aoife	Sen	FEMALE	1:06:29	1:06:17	0:08:38
155	68	Elaine	O'Brien	Sen	FEMALE	1:06:58	1:06:52	0:09:03
156	177	Kyne	Lorna	Sen	FEMALE	1:07:28	1:07:19	0:07:25
157	178	Kyne	Karen	Sen	FEMALE	1:07:29	1:07:19	0:07:24
158	191	Gibbons	Cait	Over40	MALE	1:08:21	1:08:08	0:08:02
159	100	Donovan	Mags	Over40	FEMALE	1:08:22	1:08:08	0:08:05
160	190	Melvin	John	Over55	MALE	1:08:26	1:08:14	0:07:58
161	5	Ryan	Derek	Over40	MALE	1:14:15	1:14:01	0:08:47
162	6	Ryan	Patrick	Sen	MALE	1:14:16	1:14:02	0:08:52
163	70	Heneghan	Jacky	Over40	FEMALE	1:15:47	1:15:33	0:09:00
164	153	Gosson	Sinead	Over55	FEMALE	1:15:49	1:15:35	0:09:00
165	168	Staunton	Ann	Sen	FEMALE	1:15:54	1:15:38	0:09:00
166	91	Prendergast	Bridie	Over55	FEMALE	1:15:57	1:15:40	0:09:01
167	103	Flanagan	Catherine	Over40	FEMALE	1:18:22	1:18:08	0:09:03
168	160	O'Donohue	Siobhan	Sen	FEMALE	1:18:48	1:18:36	0:30:14

169	161	Prenty	Morag	Over40	FEMALE	1:18:49	1:18:36	0:30:13
170	123	O'Connor	Una	Over40	FEMALE	1:18:58	1:18:48	0:08:59
171	122	Curley	Marie	Over55	FEMALE	1:19:00	1:18:52	0:08:58
172	124	Kearns	Miriam	Over55	FEMALE	1:19:02	1:18:53	0:09:00
173	194	Hegary	Michael	Over55	MALE	1:24:00	1:23:48	0:10:17
174	111	Corbett	Sadie	Over55	FEMALE	1:24:00	1:23:45	0:10:13
175	92	O'Broin	Micheal	Over55	Male	1:24:00	1:23:46	0:10:22
176	193	Burke	Ann	Sen	Male	1:24:00	1:23:48	0:10:18
177	196	Hogan	Frances	Sen	Male	1:24:00	1:23:45	0:10:20
178	47	Reeves	Meadhbh	Sen	FEMALE	1:28:28	1:28:10	0:10:14
179	46	Reeves	Mary	Over55	FEMALE	1:28:28	1:28:11	0:10:15
180	32	Heaney	Sean	Over55	MALE	1:28:28	1:28:11	0:10:19
181	102	Cox	Mary Jo	Sen	FEMALE	1:29:16	1:29:01	0:10:33
182	101	Cox	Michael	Over55	MALE	1:36:46	1:36:29	0:10:56