

Place	Bib	Name	Club	Cat	Race Time	Chip Time
1	142	David McCarthy	West Waterford	Male Senior	0:18:49	0:18:49
2	15	Paddy Hamilton	Annadale Striders	Male Senior	0:19:12	0:19:12
3	34	Sean Hehir	Rathfarnham AC	Male Senior	0:19:16	0:19:16
4	169	Brian Maher	KCH	Male Senior	0:19:44	0:19:44
5	162	Edmund O'Neill	Tinryland	Male Senior	0:20:13	0:20:13
6	189	Simon Ryan	Raheny Shamrock AC	Male Senior	0:20:14	0:20:14
7	21	Brian Leahy	Raheny Shamrock AC	Male Senior	0:20:51	0:20:51
8	176	Paul Fleming	Rathfarnham AC	Male Senior	0:20:54	0:20:54
9	151	Jason Reid	Rathfarnham AC	Male Senior	0:20:56	0:20:56
10	45	Pat Byrne	Tinryland	Male Senior	0:20:59	0:20:59
11	143	Raivis Zakis	West Waterford	Male Senior	0:20:59	0:20:59
12	153	Carl O'Suillivan	Raheny Shamrock AC	Male Senior	0:21:16	0:21:16
13	221	Patrick Roche	Naas	Male Senior	0:21:21	0:21:21
14	154	Kevin Brennan	St Abbans	Male Junior	0:21:23	0:21:23
15	183	Paul Cowhie	Civil Service Harriers	Male 045	0:21:30	0:21:30
16	201	Tommy McElwan	SBR	Male V40	0:21:35	0:21:35
17	195	Eoin Brady	Raheny Shamrock AC	Male V40	0:21:40	0:21:40
18	168	Chris Finn	Portlaoise	Male Junior	0:21:45	0:21:45
19	83	Colin Payne	Tinryland	Male Senior	0:21:46	0:21:46
20	52	Ciaran Aylward	Rathfarnham AC	Male Senior	0:21:47	0:21:47
21	82	Tommy Payne	Tinryland	Male V50	0:21:51	0:21:51
22	106	Noel Marum	Portlaoise	Male V45	0:21:56	0:21:56
23	101	James Griffin	St Abbans	Male Senior	0:22:08	0:22:08
24	12	Mick Byrne	Sli Cualann	Male V50	0:22:15	0:22:15
25	234	Cormac Kelly	St Abbans	Male Junior	0:22:24	0:22:24
26	16	Dylan Keegan	Templeogue Athletics Club	Male Junior	0:22:30	0:22:29
27	174	Ronan Kearns	Rathfarnham AC	Male Senior	0:22:32	0:22:32
28	173	David Sweeney	Civil Service Harriers	Male Senior	0:22:32	0:22:32
29	197	Denis Moynihan	SBR	Male Senior	0:22:39	0:22:39
30	208	Greg Byrne	Rathfarnham AC	Male Senior	0:22:43	0:22:43
31	222	Simon O'Dwyer	Gowran AC	Male V40	0:22:49	0:22:48
32	203	Damien Martin	Raheny Shamrock AC	Male V45	0:22:59	0:22:59
33	194	Annette Kealy	Raheny Shamrock AC	Female Senior	0:23:11	0:23:11
34	85	Brian McManus	North East Runnrs	Male V45	0:23:25	0:23:24
35	239	Patrick Marshall	St Abbans	Male Senior	0:23:34	0:23:30
36	114	Brian Kennedy	N/A	Male Senior	0:23:35	0:23:34
37	133	Francis Gahan	N/A	Male Senior	0:23:40	0:23:40
38	155	Eddie Walsh	Tinryland	Male V50	0:23:52	0:23:52
39	202	Brian Kelly	Raheny Shamrock AC	Male V45	0:23:56	0:23:56
40	47	Brian Searle	Stragglers London	Male V45	0:24:04	0:24:03
41	122	Trevor McCormack	N/A	Male Senior	0:24:09	0:24:08
42	13	John Dillon	Tinryland	Male Senior	0:24:09	0:24:09
43	64	David Devine	Waterford Tri Club	Male Senior	0:24:17	0:24:16
44	181	Lindon Barcoe	Gowran AC	Male Senior	0:24:25	0:24:25
45	112	Kevin Curran	Sportsworld	Male Senior	0:24:25	0:24:25
46	209	Francis Fleming	St Abbans	Male Senior	0:24:29	0:24:28
47	121	John Murphy	Ballymitty	Male V40	0:24:34	0:24:32
48	141	Jeremiah O'Suillivan	Tinryland	Male V50	0:24:36	0:24:35
49	38	JJ Murphy	Tinryland	Male V60	0:24:39	0:24:39
50	164	Lucy D'Arcy	Sportsworld	Female Senior	0:24:41	0:24:41
51	72	Keith Ryan	N/A	Male Senior	0:24:59	0:24:55
52	180	Roger Middleton	Gowran AC	Male Senior	0:25:05	0:25:04
53	103	Noel Coss	St. Michaels	Male V40	0:25:05	0:25:05
54	40	Ann Sullivan	DMP	Female V50	0:25:14	0:25:14

55	242	Karl O'Neill	Kilcoole	Male Senior	0:25:23	0:25:22
56	111	Darren Amond	Fit2Go Bootcamp	Male V40	0:25:26	0:25:24
57	178	David Farrell	Gowran AC	Male V50	0:25:32	0:25:30
59	124	Teresa Agar	St Abbans	Female Senior	0:25:34	0:25:32
58	252	David kinsella	St Laurence O'Toole	Male Senior	0:25:35	0:25:35
60	17	James McAssey	N/A	Male Senior	0:25:36	0:25:35
61	161	P.J Blanche	Tinryland	Male V45	0:25:38	0:25:38
62	211	Francis Fleming	St Abbans	Male V55	0:25:39	0:25:39
63	93	Joe Dunny	Fit2Go Bootcamp	Male Senior	0:25:51	0:25:50
64	158	Gerry Walsh	Gowran AC	Male Junior	0:26:03	0:26:01
65	185	Stephen Hunter	N/A	Male Senior	0:26:10	0:26:09
66	35	Bill Barry	N/A	Male Senior	0:26:11	0:26:09
67	179	Matt Moore	St Abbans	Male V40	0:26:15	0:26:14
68	147	Joe Curran	St Abbans	Male Senior	0:26:23	0:26:22
69	218	Breda Mulcahy	St Abbans	Senior Female	0:26:25	0:26:23
70	41	Matt Phylan	Slaney Olympic	Male V40	0:26:30	0:26:29
71	39	Peter Murphy	Tinryland	Male V60	0:26:40	0:26:39
72	118	Sheelagh Jones	DSD	Female V50	0:26:45	0:26:45
73	22	Denis Shannon	Tinryland	Male V60	0:26:48	0:26:45
74	156	Patrick Quirke Bolt	Tinryland Gaa	Male Junior	0:26:49	0:26:47
75	11	Eddie Shaw	N/A	Male V45	0:26:50	0:26:46
76	127	Fiach Byrne	Tinryland Gaa	Male Junior	0:26:50	0:26:50
77	130	Cian Lawlor	Tinryland Gaa	Male Junior	0:26:54	0:26:53
78	140	Jim Boland	Sli Cualann	Male V55	0:27:01	0:27:00
79	244	Padraig Sweeny	St Laurence O'Toole	Male V50	0:27:08	0:27:05
80	163	Paul Brady	N/A	Male V45	0:27:10	0:27:08
81	123	Mark Wogan	St Abbans	Male Senior	0:27:17	0:27:14
82	212	John Behan	Tinryland	Female V50	0:27:30	0:27:28
83	186	Padraig Cleary	Fit2Go Bootcamp	Male Senior	0:27:37	0:27:33
84	225	Michael Walsh	Fit2Go Bootcamp	Male Senior	0:27:37	0:27:36
85	220	Thomas Dunne	Ballyroan Abby	Male Senior	0:27:40	0:27:39
86	117	Helen Ingram	Rathfarnham AC	Female V55	0:27:50	0:27:49
87	175	Catherine Walsh	SBR	Female Senior	0:27:53	0:27:51
88	135	Paul Swan	Gathabawn	Male Senior	0:27:59	0:27:56
89	148	P. J Doyle	Sli Cualann	Male V40	0:28:11	0:28:09
90	1	Bobby Byrne	St Laurence O'Toole	Male Senior	0:28:11	0:28:07
91	170	Miriam McCormack	Rathfarnham AC	Female V45	0:28:14	0:28:13
92	250	Ned Cronin	N/A	Male V50	0:28:15	0:28:09
93	25	Joe Walsh	Portlaoise	Male V45	0:28:20	0:28:18
94	159	Sean Scott	Gowran AC	Male Junior	0:28:21	0:28:19
95	200	Riona Ni Mhuireartaigh	St Laurence O'Toole	Female Senior	0:28:21	0:28:19
96	230	Anne Murphy	N/A	Female V35	0:28:23	0:28:20
97	177	Mairead Moore	St Abbans	Female V40	0:28:26	0:28:24
98	145	Marty Kelly	Gowran AC	Male V55	0:28:31	0:28:28
99	8	Claire Mahon	Fit2Go Bootcamp	Female V40	0:28:33	0:28:29
100	245	Louise O'Prea	St Laurence O'Toole	Female Senior	0:28:51	0:28:47
101	171	Aisling Tohill	Rathfarnham AC	Female Senior	0:28:52	0:28:50
102	44	Sean Dillon	Bagenalstown	Male Senior	0:29:01	0:28:56
103	184	David Brady	Raheny Shamrock AC	Male V50	0:29:03	0:29:00
104	23	Mark Shannon	N/A	Male Senior	0:29:06	0:29:04
105	248	Stephen Thomas Lynch	N/A	Male Senior	0:29:11	0:29:08
106	224	Jonathan Farrell	N/A	Male Senior	0:29:12	0:29:07
107	26	Brid Long	St. Laurence O Tooles	Female V40	0:29:14	0:29:11
108	157	Cormac Griffin	N/A	Male Junior	0:29:24	0:29:23
109	190	Billy Abbey	Tinryland	Male V50	0:29:26	0:29:23
110	9	Aoife Townsend	N/A	Female Senior	0:29:28	0:29:24

111	104	Mary Doyle	SBR	Female V35	0:29:36	0:29:34
112	217	Trevor McCarron	N/A	Male Senior	0:29:39	0:29:35
113	165	Daniel Mullins	N/A	Male Senior	0:29:54	0:29:47
114	228	Lily Bowden	N/A	Female V45	0:29:54	0:29:52
115	251	Cormac Mullarkey	N/A	Male V40	0:29:56	0:29:54
116	144	Denis Cormack	Gowran AC	Male V50	0:30:09	0:30:05
117	237	David Ashmore	N/A	Male V50	0:30:19	0:30:16
118	120	Darragh Nerney	Portarlinton	Male Junior	0:30:20	0:30:16
119	108	Mark O'Byrne	N/A	Male V40	0:30:22	0:30:15
120	67	John Cassidy	N/A	Male Senior	0:30:24	0:30:19
121	50	Shay Farrell	N/A	Male V40	0:30:25	0:30:19
122	77	Linda Kavanagh	St Laurence O'Toole	Female Senior	0:30:30	0:30:27
123	42	Suzanne Dunne	St Laurence O'Toole	Female V40	0:30:31	0:30:29
124	166	Joe Purser	St Laurence O'Toole	Male V40	0:30:32	0:30:28
125	99	Michael Lyons	Fit2Go Bootcamp	Male V40	0:30:51	0:30:46
126	206	Patrick Kinsella	St Laurence O'Toole	Male Senior	0:30:53	0:30:46
127	193	David Cassidy	N/A	Male Senior	0:30:57	0:30:51
128	199	Paula O'Byrne	Parnell	Female Senior	0:31:00	0:30:59
129	27	James O' Rourke	St. Laurence O Tooles	Male V 55	0:31:03	0:30:59
130	97	Kevin Cuddy	Tinryland	Male V55	0:31:18	0:31:15
131	70	Peter Baldwin	N/A	Male V40	0:31:31	0:31:31
132	68	Mary Boylan	N/A	Female V35	0:31:31	0:31:31
133	167	Tommy Kinsella	N/A	Male V65	0:31:33	0:31:31
134	226	Ray Kehoe	N/A	Male V40	0:31:34	0:31:28
135	213	Ronan Gallagher	N/A	Male V40	0:31:35	0:31:26
136	33	Paul Ryan	Kilcoole	Male Senior	0:31:56	0:31:51
137	240	Cormac O'Brian	Tinryland	Male Senior	0:31:57	0:31:56
138	28	Fiona Amond	Fit to go Bootcamp	Female V40	0:31:58	0:31:55
139	125	Ross McDonald	N/A	Male Senior	0:32:00	0:31:57
140	215	Jason O'Shea	N/A	Male Senior	0:32:02	0:31:54
141	126	Joanne Murphy	Tullow	Male V35	0:32:05	0:32:03
142	223	Brid Nolan	St Laurence O'Toole	Female V35	0:32:21	0:32:16
143	10	Bernie Shaw	Fit2Go	Female V35	0:32:22	0:32:19
144	198	Sile O'Byrne	Parnell	Female Junior	0:32:37	0:32:35
145	87	Gail Fitzgerald	Fit2Go Bootcamp	Female V35	0:32:41	0:32:37
146	24	Stephen Parkes	N/A	Male Senior	0:32:47	0:32:39
147	247	Laura Brennan`	St Abbans	Female Senior	0:32:49	0:32:44
148	236	Deborah Collier	St Laurence O'Toole	Female Senior	0:32:57	0:32:54
149	136	Mandy Byrne	Fit2Go Bootcamp	Female V50	0:33:08	0:33:05
150	36	Liam Morgan	N/A	Male V40	0:33:09	0:33:05
151	207	Brian O'Rourke	St Laurence O'Toole	Male Senior	0:33:11	0:33:05
152	66	Anne Cassidy	N/A	Female V40	0:33:11	0:33:05
153	37	Noel O Leary	SBR	Male V45	0:33:13	0:33:12
154	100	Kate Gaynor	St. Laurence O Tooles	Female Senior	0:33:16	0:33:08
155	149	Peter Connick	St Pauls	Male V50	0:33:16	0:33:08
156	131	Ciaran Townsend	Tinryland Gaa	Male Junior	0:33:18	0:33:18
157	232	Tommy Keating	Fit2Go Bootcamp	Male Senior	0:33:22	0:33:16
158	102	Rachel Bowe	St. Laurence O Tooles	Female Senior	0:33:26	0:33:18
159	7	Andrea Ellis	Á%oire Á“g	Female Senior	0:33:31	0:33:25
160	20	Maryclare Curry	N/A	Female V40	0:33:31	0:33:25
161	2	David Millar	N/A	Male V45	0:33:33	0:33:25
162	113	Eamon Duggan	Arklow	Male V50	0:33:36	0:33:30
163	146	Eugene Dowdall	N/A	Male V40	0:33:39	0:33:28
164	182	Conor Byrne	St Laurence O'Toole	Male V40	0:33:41	0:33:38
165	188	Eilish Kehoe	SBR	Female V40	0:33:47	0:33:41
166	187	Cathy Maher	SBR	Female V40	0:33:47	0:33:42

167	14	Dermot O' Leary	N/A	Male Senior	0:34:09	0:33:58
168	229	Ivan Tucker	N/A	Male V40	0:34:11	0:34:03
169	238	Terry Cassidy	N/A	Male V40	0:34:13	0:34:04
170	150	Aideen Byrne	Tinryland	Female Senior	0:34:22	0:34:19
171	172	Sharon Buggy	St Abbans	Female V35	0:34:35	0:34:30
172	216	Lavina McCarron	Fit2Go Bootcamp	Female 40	0:34:45	0:34:41
173	98	Amy Doyle	Fit2Go Bootcamp	Female Senior	0:34:46	0:34:40
174	246	Adrian O'Prea	N/A	Male Senior	0:35:17	0:35:06
175	134	Yvonne Dunne	N/A	Female Senior	0:35:41	0:35:32
176	119	Jennifer Amond	Fit2Go Bootcamp	Female V40	0:35:42	0:35:40
177	43	Eilish Costelloe	Tinryland	Female V50	0:35:51	0:35:46
178	107	Sharon O'Byrne	N/A	Female V35	0:35:52	0:35:46
179	241	Wayne Fennell	St Laurence O'Toole	Male Senior	0:36:10	0:36:03
180	231	Willie Doyle	N/A	Male V70	0:36:12	0:36:03
181	80	Siobhan Taylor	N/A	Female V45	0:36:31	0:36:22
182	86	Joany Feeney	Tinryland	Female V40	0:36:35	0:36:26
183	205	Maria Kinsella	St Laurence O'Toole	Female Senior	0:36:40	0:36:33
184	152	Tom O'Suillivan	Raheny Shamrock AC	Male V50	0:36:54	0:36:49
185	94	Karen Condron	Fit2Go Bootcamp	Female Senior	0:37:02	0:36:57
186	139	Joan Byrne	Tinryland	Female V50	0:37:06	0:36:58
187	219	Sean Kelly	St Abbans	Male V50	0:37:37	0:37:33
188	46	Caroline Connolly	N/A	Female V45	0:37:38	0:37:29
189	243	Claire McGuill	N/A	Female Senior	0:37:43	0:37:39
190	249		St Abbans	Male V40	0:37:43	0:37:39
191	78	Cora Byrne	N/A	Female Senior	0:37:44	0:37:38
192	57	Elizabeth Larkin	Tullow	Female V40	0:37:49	0:37:40
193	51	Deirdre Brennan	Fit2Go Bootcamp	Female Senior	0:37:58	0:37:53
194	233	Mary Keating	Fit2Go Bootcamp	Female V40	0:37:59	0:37:52
195	56	Angela Curran	N/A	Female Senior	0:38:01	0:37:53
196	137	Bernie Enright	Fit2Go Bootcamp	Female V50	0:38:23	0:38:20
197	62	Conrad Keane	M.Fit Bootcamp	Male Senior	0:38:53	0:38:46
198	227	David Kelly	N/A	Male Junior	0:39:02	0:38:55
199	31	Laura Gormley	N/A	Female Senior	0:39:06	0:38:58
200	84	Lisa Maher	N/A	Female Senior	0:39:07	0:39:00
201	81	Aislinn Taylor	N/A	Female Senior	0:39:08	0:38:59
202	63	Agnes Doogue	N/A	Female V45	0:39:10	0:39:04
203	74	Leo Gordon	Gowran AC	Male V45	0:39:20	0:39:15
204	138	Mark Lawlor	Tinryland Gaa	Male Junior	0:39:24	0:39:23
205	132	Adam Murphy	Tinryland Gaa	Male Junior	0:39:24	0:39:24
206	55	Nina White	Fit2Go Bootcamp	Female V35	0:39:30	0:39:26
207	109	Julie Brophy	N/A	Female V35	0:39:32	0:39:26
208	191	Dawn Cassidy	N/A	Female Senior	0:39:38	0:39:33
209	76	Tina Doyle	Tinryland	Female V45	0:39:39	0:39:31
210	29	Stephanie Doran	N/A	Female Senior	0:39:40	0:39:32
211	58	Caroline Doran	Castledermot	Female V40	0:39:53	0:39:44
212	79	Anne Nolan	M.Fit Bootcamp	Female Senior	0:40:09	0:40:02
213	95	Tracy Daly	M.Fit Bootcamp	Female V35	0:40:33	0:40:26
214	54	Julie Kavanagh	St Laurence O'Toole	Female V40	0:40:43	0:40:39
215	19	Jenny Bell	N/A	Female V40	0:40:49	0:40:39
216	18	Liam Bell	N/A	Male V40	0:40:49	0:40:39
217	32	Anthony Farrell	N/A	Male Senior	0:40:50	0:40:46
218	116	Maeve Lyons	Fit2Go Bootcamp	Female Senior	0:40:52	0:40:45
219	49	Natasha Farrell	N/A	Female V35	0:42:00	0:41:55
220	210	April Eustace	N/A	Female V35	0:42:00	0:41:50
221	96	Rachel Lacey	N/A	Female Senior	0:42:46	0:42:40
222	59	Annette Guinan	SBR	Female V35	0:43:16	0:43:10

223	110	Frances Slattery	Fit2go Bootcamp	Female Senior	0:44:25	0:44:19
224	192	Lorraine Moore	N/A	Female V35	0:46:37	0:46:33
225	196	Maire Jackman	St Pats Tullow	Female V40	0:46:37	0:46:35
226	3	Caroline Kelly	N/A	Female V35	0:47:12	0:47:09
227	235	Catriona Curran	N/A	Female Senior	0:47:48	0:47:41
228	160	Lewis Whale	Tinryland	Male V50	0:49:47	0:49:44
229	61	Karen Mcgeehan	M.Fit Bootcamp	Female Senior	0:50:50	0:50:44
230	214	Seamus Connolly	Tinrland	Male V50	0:51:16	0:51:07
231	60	Hazel Mooney	M.Fit Bootcamp	Female Senior	0:55:06	0:54:59
232	5	Mary Farrelly	N/A	Female V35	0:55:23	0:55:16
233	6	Maria Fitzpatrick	N/A	Female V35	0:55:24	0:55:17
234	204	Dan Wall	N/A	Male V45	0:55:36	0:55:27
235	75	Ollie Campion	N/A	Male V55	0:55:36	0:55:27
236	90	Erica Farrell	Tinryland	Female	0:57:50	0:57:41
237	92	Jackie Dooley	Tinryland	Female	0:57:51	0:57:42
238	91	Tanya Curran	Tinryland	Female	1:01:55	1:01:46
239	89	Sinead Costello	Tinryland	Female	1:01:55	1:01:46