

Place	Bib	Surname	Name	Sex	Cat	Club	Race Time	Chip Time
1	106	Keron Situk	Freddy	Male	SNR	Raheny Shamrocks	0:19:27	0:19:27
2	141	Birmingham	Daire	MALE	SNR	Raheny Shamrocks	0:20:14	0:20:14
3	79	Lawlor	Stephen	MALE	SNR	St Abbans	0:20:22	0:20:20
4	93	Evans	Tommy	MALE	SNR	Gowran	0:20:34	0:20:34
5	153	Campbell	Paul	MALE	SNR	Newbridge AC	0:20:50	0:20:50
6	94	Moran	Thomas	MALE	SNR	Dunshaughlin	0:20:50	0:20:50
7	107	Devenney	Simon	Male	SNR	Raheny Shamrocks	0:20:57	0:20:57
8	179	Kirwan	Brian	MALE	SNR	SLOT	0:21:12	0:21:12
9	105	roe	Bernard	MALE	SNR	Raheny Shamrocks	0:21:20	0:21:20
10	58	Byrne	Mick	MALE	M50	Sli Cualann	0:21:21	0:21:21
11	152	Archbold	Paul	FEMALE	SNR	Newbridge AC	0:21:23	0:21:23
12	178	Moore	James	MALE	MJ	St Abbans	0:21:24	0:21:23
13	2	Campion	Loughlin	MALE	SNR	Dunboyne	0:21:28	0:21:28
14	92	McElewain	Tommy	MALE	M45	SBR	0:21:30	0:21:30
15	71	Brady	Eoin	MALE	M45	Raheny Shamrocks	0:21:35	0:21:35
16	98	Payne	Tommy	MALE	M55	Tinryland	0:21:38	0:21:38
17	24	Murphy	Larry	MALE	M45	Tinryland	0:21:50	0:21:49
18	111	Deegan	Paul	MALE	M45	Gowran	0:21:57	0:21:56
19	180	Lawler	David	MALE	MJ	St Abbans	0:22:00	0:22:00
20	150	Forde	Ger	MALE	SNR	Rathfarnham	0:22:06	0:22:05
21	108	Foley	Donal	MALE	SNR	Raheny Shamrocks	0:22:28	0:22:28
22	97	Stafford	James	MALE	M50	Slaney Olympic	0:22:40	0:22:39
23	27	McGrath	David	MALE	SNR	na	0:22:52	0:22:51
24	38	O'Sullivan	Maria	FEMALE	SNR	Raheny Shamrocks	0:22:56	0:22:55
25	167	Wlodarczyk	Patricia	FEMALE	SNR	Raheny	0:23:26	0:23:25
26	80	Nolan	James	MALE	SNR	St Abbans	0:23:36	0:23:33
27	100	Baldwin	Peter	MALE	M40	St Abbans	0:23:39	0:23:38
28	54	Bonvarlet	Arnaud	MALE	M40	Tinryland	0:23:49	0:23:48
29	170	Murphy	John	MALE	M40	SBR	0:23:50	0:23:48
30	113	Carthy	Jackie	FEMALE	F40	Kilmore	0:23:56	0:23:55
31	95	O'Sullivan	Mary Ann	FEMALE	SNR	Tinryland	0:24:12	0:24:11
32	146	Corcoran	Trevor	MALE	SNR	SLOT	0:24:28	0:24:26
33	57	Pender	Rock	Male	M45	Bagenalstown	0:24:40	0:24:38
34	72	Kealy	Annette	FEMALE	F45	Raheny Shamrocks	0:24:40	0:24:38
35	192	Fortune	Richard	MALE	M50	DMP	0:24:42	0:24:40
36	209	Kelly	Micheal	Male	SNR	Fit4Life	0:24:47	0:24:44
37	76	O'Neill	Barry	MALE	SNR	ParnellAC	0:25:17	0:25:16
38	134	Murphy	Brendan	Male	SNR	Gowran AC	0:25:22	0:25:20
39	66	Phylan	Matt	MALE	M40	Slaney Olympic	0:25:23	0:25:21
40	140	Dermody	Christian	MALE	SNR	Bagenalstown	0:25:24	0:25:22
41	73	Murphy	JJ	MALE	M65	Tinryland	0:25:31	0:25:29
42	49	Sullivan	Ann	FEMALE	F55	DMP	0:25:36	0:25:34
43	198	Lynch	Stephen	MALE	SNR	N/A	0:25:41	0:25:37
44	211	Seeney	Padraig	MALE	M50	SLOT	0:25:41	0:25:39
45	23	Meudec	Christophe	MALE	M40	na	0:25:49	0:25:46
46	50	Griffith	MÄjire	FEMALE	SNR	St Abbans	0:25:52	0:25:49
47	89	O byrne	Mark	MALE	M40	na	0:25:53	0:25:50
48	172	Holmes	Dean	MALE	MJ	St. Pats	0:25:57	0:25:54
49	122	Cunningham	Adrian	MALE	SNR	Gowran AC	0:26:06	0:26:03
50	171	Moran	Shauna	FEMALE	SNR	Dunshaughlin	0:26:11	0:26:08
51	210	Ryan	Paul	MALE	SNR	N/A	0:26:16	0:26:13
52	189	Ward	David	MALE	MJ	SLOT	0:26:19	0:26:16
53	190	Ward	Laura	FEMALE	FJ	SLOT	0:26:21	0:26:18
54	53	Shannon	Mark	MALE	SNR	Tinryland	0:26:24	0:26:21
55	48	Walsh	Joe	MALE	M45	Portlaoise AC	0:26:27	0:26:23

56	191	Kinsella	Michael	MALE	M40	Menapians	0:26:34	0:26:30
57	164	Ryan	Patrick	MALE	M40	Ballinabranna	0:26:42	0:26:38
58	118	Nolan	Chloe	FEMALE	FJ	SLOT	0:26:47	0:26:46
59	176	Kehoe	Ray	MALE	M40	Fit2Go Bootcamp	0:26:58	0:26:54
60	204	Blanche	PJ	MALE	M45	Tinryland	0:27:01	0:27:00
61	14	Ewing	Harry	MALE	SNR	na	0:27:02	0:26:58
62	135	Ashmore	David	Male	M50	Bagenalstown	0:27:08	0:27:03
63	174	Brady	Paul	MALE	M50	N/A	0:27:14	0:27:09
64	51	Jones	Sheelagh	FEMALE	F55	DSD	0:27:15	0:27:11
65	168	O'Donovan	Brian	MALE	SNR	St Laurence O'Toole	0:27:26	0:27:21
66	129	Ryan	Ciaran	MALE	M40	SLOT	0:28:08	0:28:04
67	34	Morris	Michael	MALE	SNR	SLOT	0:28:09	0:28:04
68	87	Harrison	Kate	FEMALE	SNR	Portlaoise	0:28:12	0:28:07
69	31	Kelly	Francis	MALE	SNR	Fit2Go Bootcamp	0:28:13	0:28:08
70	130	Daly	Donald	MALE	M50	Fit2Go Bootcamp	0:28:14	0:28:09
71	103	Farrell	Shay	MALE	M40	na	0:28:14	0:28:09
72	163	Ryan	William	MALE	SNR	Ballinabranna	0:28:18	0:28:15
73	137	Foley	Fergal	MALE	M40	Bagenalstown	0:28:19	0:28:15
74	199	Behan	John	MALE	M55	Tinryland	0:28:24	0:28:19
75	41	Long	Brid	FEMALE	F40	slot	0:28:34	0:28:30
76	29	Cassidy	John	MALE	M40	Bagenalstown	0:28:46	0:28:41
77	28	Broderick	Sean	MALE	M40	na	0:28:51	0:28:46
78	136	Murphy	Paddy	MALE	SNR	Fit2Go Bootcamp	0:28:56	0:28:51
79	194	Barry	Paul	MALE	SNR	N/A	0:29:18	0:29:12
80	200	Bowden	lily	FEMALE	F50	ATC	0:29:20	0:29:18
81	144	Dunne	Suzanne	FEMALE	F40	SLOT	0:29:39	0:29:34
82	195	Gaule	Anthony	MALE	SNR	N/A	0:29:49	0:29:43
83	62	Doyle	PJ	MALE	M40	Sli Cualann	0:30:02	0:29:57
84	61	O'Rourke	James	MALE	M55	SLOT	0:30:13	0:30:07
85	165	O'Dwyer	Muiris	MALE	M40	Dublin	0:30:34	0:30:28
86	101	Foley	Karen	FEMALE	F40	St Patricks	0:30:46	0:30:41
87	193	Tobin	Colin	MALE	SNR	Gowran	0:30:58	0:30:50
88	185	Murphy	Aine	FEMALE	F35	N/A	0:31:07	0:31:03
89	169	Seery	Brian	MALE	SNR	na	0:31:09	0:31:03
90	30	Cassidy	Anne	FEMALE	F40	Bagenalstown	0:31:12	0:31:07
91	109	Carey	Richie	MALE	M40	na	0:31:13	0:31:02
92	8	Sweeney	Conor	Male	SNR	Fit2Go Bootcamp	0:31:16	0:31:10
93	90	O Toole	John	MALE	M40	Fit2Go Bootcamp	0:31:18	0:31:12
94	45	Hutton	Brian	MALE	SNR	Fit2Go Bootcamp	0:31:29	0:31:23
95	131	O'Quigley	Peter	MALE	M45	Eyrecourt	0:31:31	0:31:20
96	207	Doyle	Colin	MALE	SNR	N/A	0:31:33	0:31:27
97	96	Morris	Tracey	FEMALE	F35	na	0:31:36	0:31:30
98	147	Geoghegan	Amy	FEMALE	SNR	Castlecomer	0:31:40	0:31:35
99	175	Nichol	Ann	FEMALE	F50	St Abbans	0:31:40	0:31:34
100	120	Wall	David	MALE	M35	SLOT	0:31:42	0:31:36
101	19	Murphy	Myles	MALE	M65	na	0:31:46	0:31:40
102	184	Kinsella	Tommy	Male	M65	N/A	0:31:56	0:31:51
103	77	Feeney	Joany	FEMALE	F40	Ballon/Rathoe	0:32:01	0:31:58
104	117	Corcoran	Alan	MALE	SNR	Fenagh Panthers	0:32:01	0:31:56
105	151	Browne	Fergal	MALE	M40	Tinryland	0:32:03	0:31:56
106	182	Abbey	Billy	Male	M60	Tinryland	0:32:04	0:31:56
107	128	Ryan	Maeve	FEMALE	F40	Fit2Go Bootcamp	0:32:15	0:32:08
108	181	Connick	Peter	MALE	M55	St Pauls	0:32:20	0:32:16
109	99	Horkan	Tremayne	FEMALE	F40	Fit2Go Bootcamp	0:32:23	0:32:17
110	11	Hanbury	Ciara	FEMALE	SNR	na	0:32:25	0:32:19
111	10	Hanbury	Mark	MALE	SNR	na	0:32:26	0:32:20
112	115	Cuddy	Kevin	MALE	M60	Tinryland	0:32:40	0:32:33

113	206	Doyle	Jimmy	MALE	M65	Tinryland	0:32:45	0:32:40
114	75	Wall	Ronan	MALE	SNR	Fit2Go Bootcamp	0:33:09	0:33:02
115	20	Nolan	Monica	FEMALE	F40	Fit2Go Bootcamp	0:33:18	0:33:15
116	173	Fennell	Wayne	MALE	M50	SLOT	0:33:18	0:33:14
117	187	McHugh	John	MALE	M40	ERG	0:33:22	0:33:16
118	205	Healy	Brian	MALE	SNR	N/A	0:33:23	0:33:17
119	208	Byrne	Glencora	FEMALE	SNR	Fit2Go Bootcamp	0:33:24	0:33:16
120	202	Leonard	Mairead	FEMALE	SNR	Fit2Go Bootcamp	0:33:30	0:33:23
121	40	Buggy	Sharon	FEMALE	F40	na	0:33:33	0:33:26
122	143	Hegarty	Gillian	FEMALE	F40	Fit2Go Bootcamp	0:33:36	0:33:29
123	160	FITZGIBBON	MELIOSA	FEMALE	F40	Fit to go Boot Camp	0:34:50	0:34:42
124	121	Aylmer	Nessa	FEMALE	F35	Fit2Go Bootcamp	0:35:02	0:34:54
125	201	Maher	Meave	FEMALE	F35	N/A	0:35:48	0:35:40
126	138	Costello	Eilish	FEMALE	F50	Tinryland	0:36:02	0:35:59
127	32	Mc Garry	Fiona	FEMALE	F40	na	0:36:02	0:35:54
128	12	Dunne	Yvonne	FEMALE	F35	na	0:36:09	0:36:01
129	166	PERKONS	KASPARS	MALE	SNR	KASPARS	0:36:10	0:36:00
130	154	McDonald	Deirdre	FEMALE	F45	Suncroft	0:36:18	0:36:16
131	133	O Brien	Joanne	FEMALE	F40	Fit2Go Bootcamp	0:36:19	0:36:11
132	102	Farrell	Natasha	FEMALE	F35	na	0:36:22	0:36:13
133	59	Connolly	Caroline	FEMALE	F45	na	0:36:30	0:36:20
134	65	Cahill	Eileen	FEMALE	F40	na	0:36:33	0:36:28
135	116	Dunne	Niall	MALE	SNR	Carlow	0:36:34	0:36:25
136	15	Curran	Martina	FEMALE	F35	na	0:36:37	0:36:28
137	119	Whelan	Helen	FEMALE	F35	na	0:36:41	0:36:36
138	126	Casey	Deirdre	FEMALE	F35	Carlow	0:36:52	0:36:46
139	127	Casey	Fiona	FEMALE	F40	Kildare	0:36:52	0:36:44
140	70	Hanley	Sharon	FEMALE	F50	Fit2Go Bootcamp	0:36:53	0:36:44
141	26	FARRELL	ANTHONY	MALE	M40	Tinryland	0:36:59	0:36:50
142	42	Murphy	Colette	FEMALE	F35	Fit2Go Bootcamp	0:37:09	0:37:00
143	145	Nolan	Anita	FEMALE	SNR	na	0:37:10	0:37:01
144	35	Meudec	Tracey	FEMALE	F40	na	0:37:14	0:37:09
145	56	Hutton	Clare	FEMALE	F40	SLOT	0:37:17	0:37:10
146	4	Dermody	Gemma	FEMALE	F35	Fit2Go Bootcamp	0:37:26	0:37:18
147	197	Larkin	Elizabeth	FEMALE	SNR	Ballon/Rathoe	0:37:27	0:37:23
148	64	Dunne	Susan	FEMALE	F35	SLOT	0:37:33	0:37:24
149	81	Doyle	Aaron	MALE	SNR	Tinryland	0:37:36	0:37:29
150	110	Brophy	Tom	MALE	SNR	na	0:37:40	0:37:32
151	25	Doyle	William	MALE	M70	Ballylinan	0:37:45	0:37:40
152	188	Whelan	Haley	FEMALE	F35	Fit2Go Bootcamp	0:37:47	0:37:38
153	69	Byrne	Avril	FEMALE	F35	Fit2Go Bootcamp	0:37:48	0:37:39
154	44	Fennelly	Linda	FEMALE	SNR	Fit2Go Bootcamp	0:37:49	0:37:41
155	125	Farrell	Caoimhe	FEMALE	F35	Fit to Go Bootcamp	0:37:50	0:37:40
156	132	Brophy	Julie	FEMALE	F35	None	0:38:04	0:37:56
157	88	Lacey	Rachel	FEMALE	SNR	Fit2Go Bootcamp	0:38:05	0:37:55
158	104	Gordon	Angela	FEMALE	F45	Gowran	0:38:22	0:38:17
159	139	Shields	John	MALE	M65	Bagenalstown	0:38:23	0:38:16
160	177	Sheill	David	MALE	SNR	N/A	0:38:23	0:38:16
161	196	Whelan	Annette	FEMALE	F50	Ballon/Rathoe	0:38:25	0:38:21
162	67	Maher	Aine	FEMALE	F35	na	0:38:25	0:38:15
163	68	Nolan	Breda	FEMALE	F45	na	0:38:25	0:38:22
164	157	Hutton	Leah	FEMALE	FJ	St Laurence OToole AC	0:38:26	0:38:19
165	112	Byrne	Sharon	FEMALE	SNR	na	0:39:06	0:38:57
166	203	Nolan	Deirdre	FEMALE	F50	Ballon/Rathoe	0:39:24	0:39:14
167	1	Kennedy	Dermot	MALE	M45	na	0:39:29	0:39:19
168	158	Taylor	Aislinn	FEMALE	SNR	na	0:39:32	0:39:22
169	3	Dunny	Aine	FEMALE	SNR	Fit2Go Bootcamp	0:39:36	0:39:26
170	47	Dunny	Joe	MALE	SNR	Fit2Go Bootcamp	0:39:37	0:39:34

171	159	Taylor	Siobh��n	FEMALE	F50	na	0:39:43	0:39:33
172	21	Alcock	Catherine	FEMALE	F45	Fit2Go Bootcamp	0:39:53	0:39:42
173	22	Enright	Ber	FEMALE	F55	Fit2Go Bootcamp	0:39:54	0:39:47
174	124	Farrell	Brian	MALE	M40	na	0:40:10	0:40:02
175	36	Ramsbottom	Clare	FEMALE	F40	Fit2Go Bootcamp	0:40:15	0:40:08
176	60	Connolly	Ryan	MALE	MJ	na	0:40:55	0:40:44
177	33	Doogue	Agnes	FEMALE	F45	Fit2Go Bootcamp	0:41:05	0:40:58
178	91	Brennan	Ann	FEMALE	F60	Tinryland	0:41:16	0:41:10
179	148	Higgins	Avril	FEMALE	F35	Swan	0:41:21	0:41:17
180	114	Gallagher	Sarah	FEMALE	F35	na	0:41:25	0:41:18
181	18	Cassidy	April	FEMALE	SNR	Fit2Go Bootcamp	0:41:35	0:41:27
182	186	Enright	Mags	FEMALE	F35	Fit2Go Bootcamp	0:41:56	0:41:45
183	43	Lawler	Monica	FEMALE	F40	Fit2Go Bootcamp	0:41:57	0:41:46
184	7	Fitzgerald	Fiona	FEMALE	F45	Fit2Go Bootcamp	0:44:41	0:44:31
185	142	Murphy	Rachel	FEMALE	SNR	Fit2Go Bootcamp	0:46:40	0:46:32
186	82	Doyle	Tina	FEMALE	F45	Tinryland	0:46:40	0:46:31
187	161	Dolan	Rachel	FEMALE	F40	Ballon/Rathoe	0:46:49	0:46:46
188	183	O'Donoghue	Tony	Male	M75	Tinryland	0:51:37	0:51:27
189	156	Hutton	Emma	FEMALE	SNR	St Laurence OToole AC	0:52:13	0:52:05
190	9	Nolan	Denise	FEMALE	F40	na	0:52:14	0:52:06
191	155	Hutton	Luise	FEMALE	F40	St Laurence OToole AC	0:53:47	0:53:38
192	162	Lacey	Walter	MALE	M55	Fit 2 Go	0:56:09	0:56:00
193	86	McCreanor	Enid	FEMALE	F50	Tinryland	0:56:09	0:56:01
194	84	Searle	Liz	FEMALE	F45	Tinryland	1:05:34	1:05:25
195	83	Corcoran	Ann	FEMALE	F50	Tinryland	1:05:36	1:05:26
196	85	Searle	Brian	Male	M50	Tinryland	1:05:39	1:05:30