

Sligo Try-athlon Results 2010

Place	Bib	Wave	Name	Surname	Gender	AG	Club	Swim	S_Rank	T1	Cycle	C_Rank	T2	Run	R_Rank	Fin
1	78	4	colin	harte	male	25-29		0:06:10	(17)	0:00:45	0:19:10	(1)	0:00:31	0:16:13	(2)	0:42:55
2	71	3	Ethan	Melvin	male	16-19		0:04:44	(6)	0:00:44	0:20:34	(8)	0:00:43	0:16:23	(3)	0:43:15
3	56	3	Ray	Coogan	male	40-44		0:07:16	(33)	0:01:32	0:19:16	(2)	0:00:51	0:16:01	(1)	0:45:05
4	101	4	Sheila	Ryan	female	30-34		0:04:23	(1)	0:00:50	0:21:42	(16)	0:00:18	0:20:00	(14)	0:47:21
5	8	1	Declan	Gallagher	male	25-29		0:07:06	(27)	0:01:03	0:20:25	(7)	0:00:37	0:18:17	(7)	0:47:29
6	34	2	Gerry	McGowan	male	30-34		0:06:30	(20)	0:01:05	0:21:16	(11)	0:00:21	0:19:04	(11)	0:48:23
7	65	3	Jude	Devins	male	35-39		0:07:42	(42)	0:01:17	0:20:55	(9)	0:00:32	0:18:06	(5)	0:48:37
8	16	1	Vincent	Nally	male	25-29		0:09:11	(66)	0:00:31	0:20:23	(6)	0:00:17	0:18:22	(8)	0:48:42
9	98	4	James	Barrett	male	40-44		0:05:03	(8)	0:01:50	0:22:48	(31)	0:00:45	0:18:17	(6)	0:48:49
10	102	4	Leona	Moran	female	25-29		0:04:24	(2)	0:00:46	0:23:02	(32)	0:00:11	0:20:40	(21)	0:49:12
11	80	4	James	Ruane	male	35-39		0:06:30	(21)	0:01:06	0:21:55	(21)	0:00:16	0:19:18	(13)	0:49:13
12	68	3	Dara	McGarty	male	30-34		0:05:44	(12)	0:00:29	0:21:28	(13)	0:00:08	0:21:30	(34)	0:49:27
13	70	3	Diarmuid	Timmins	male	45-49		0:05:54	(15)	0:00:49	0:20:06	(4)	0:00:07	0:22:40	(49)	0:49:44
14	90	4	tom	cullen	male	60-64	nth leirim ac	0:08:29	(59)	0:00:40	0:20:22	(5)	0:00:17	0:20:03	(15)	0:49:59
15	1	1	Craig	Brennan	male	35-39		0:07:53	(45)	0:01:52	0:21:52	(20)	0:00:23	0:18:05	(4)	0:50:05
16	20	1	James	Hardiman	male	40-44		0:08:26	(57)	0:01:09	0:21:05	(10)	0:00:18	0:19:14	(12)	0:50:12
17	87	4	Laura	Spellman	male	25-29		0:04:33	(4)	0:01:27	0:22:34	(28)	0:00:30	0:21:09	(27)	0:50:22
18	3	1	Ashley	Henry	male	25-29	Sligo Triathlon Club									0:50:30
19	58	3	Michael	Gallagher	male	40-44		0:08:30	(60)	0:01:41	0:21:48	(19)	0:00:10	0:18:27	(10)	0:50:46
20	92	4	Dermot	Cunningham	male	40-44	Sligo Triathlon Club	0:05:50	(14)	0:01:43	0:22:28	(26)	0:00:18	0:20:35	(19)	0:51:03
21	79	4	Donal	Kennedy	male	30-34		0:05:20	(9)	0:01:58	0:23:27	(36)	0:00:30	0:20:12	(17)	0:51:34
22	40	2	Padraig	Varley	male	20-24		0:08:09	(49)	0:01:46	0:23:11	(34)	0:00:20	0:18:26	(9)	0:51:59
23	95	4	richard	berkeley	male	40-44		0:06:29	(19)	0:02:19	0:22:25	(25)	0:01:02	0:20:04	(16)	0:52:28
24	27	2	Darren	Kilcoyne	male	25-29		0:06:36	(22)	0:01:31	0:22:31	(27)	0:00:20	0:21:29	(33)	0:52:35
25	39	2	Joey	Bennett	male	35-39		0:07:32	(36)	0:01:37	0:21:26	(12)	0:00:12	0:22:08	(42)	0:53:01
26	62	3	Brendan	Ward	male	30-34	Carranryla Slashers AC	0:07:41	(41)	0:01:42	0:22:23	(24)	0:00:18	0:21:13	(30)	0:53:24
27	86	4	Fidelma	Stafford	female	40-44		0:08:20	(53)	0:00:34	0:23:14	(35)	0:00:22	0:20:49	(25)	0:53:28
28	75	3	christ	spooenberg	male	50-54		0:07:59	(47)	0:00:24	0:21:29	(14)	0:00:18	0:23:09	(53)	0:53:29
29	100	4	Orla	Blake	female	25-29		0:04:46	(7)	0:01:41	0:24:31	(52)	0:00:20	0:22:05	(40)	0:53:30
30	55	3	Charlie	Hamilton	male	50-54		0:07:25	(34)	0:01:14	0:22:19	(23)	0:00:36	0:22:12	(44)	0:53:58
31	89	4	Brian	Reilly	male	25-29	Rosses Point	0:04:41	(5)	0:00:43	0:23:54	(41)	0:00:13	0:24:35	(61)	0:54:15
32	93	4	Rory	Raftery	male	35-39	Sligo Rugby Club	0:06:18	(8)	0:02:39	0:21:36	(15)	0:01:17	0:22:42	(51)	0:54:40
33	64	3	Robert	Fitzpatrick	male	45-49		0:07:09	(28)	0:01:33	0:22:39	(29)	0:00:49	0:22:25	(45)	0:54:43
34	77	4	Theresa	Kilgannon	female	Elite	Mullaghmore Tri Club	0:05:47	(13)	0:00:54						0:54:44
35	22	1	Ciaran	Coyne	male	25-29		0:08:30	(61)	0:00:38	0:20:05	(3)	0:00:15	0:25:26	(65)	0:54:53
36	46	2	Rosie	Friel	female	35-39		0:07:56	(46)	0:01:36	0:22:39	(30)	0:00:31	0:22:05	(41)	0:55:00
37	52	3	Fiona	Melvin	female	40-44		0:09:28	(68)	0:01:10	0:23:07	(33)	0:00:26	0:20:42	(22)	0:55:01
38	73	3	Anthony	Blake	male	20-24	Sligo Triathlon Club	0:07:15	(32)	0:01:45	0:24:35	(53)	0:00:25	0:21:14	(31)	0:55:22
39	83	4	Geraldine	Gilroy	female	40-44		0:07:27	(35)	0:02:50	0:23:53	(40)	0:00:24	0:21:12	(29)	0:55:55
40	28	2	Paul	Duffy	male	45-49		0:09:32	(69)	0:01:46	0:21:46	(17)	0:01:18	0:21:39	(36)	0:56:10
41	120	1	Vincent	Kenny	male	35-39		0:06:58	(26)	0:02:03	0:24:23	(49)	0:00:24	0:22:49	(52)	0:56:44
42	41	2	clare	mc demott	female	25-29		0:07:39	(40)	0:00:43	0:23:45	(38)	0:00:58	0:23:34	(55)	0:56:49
43	23	1	Michelle	Henry	female	30-34		0:08:32	(63)	0:01:18	0:24:09	(46)	0:00:25	0:22:29	(46)	0:57:01
44	53	3	Imelda	McDaid	female	40-44		0:09:59	(78)	0:00:40	0:24:25	(51)	0:00:32	0:21:19	(32)	0:57:04
45	38	2	Louise	Smith	female	25-29		0:08:43	(64)	0:00:33	0:26:49	(68)	0:00:26	0:20:36	(20)	0:57:07
46	18	1	aidan	glacken	male	45-49		0:08:13	(51)	0:01:25	0:23:56	(42)	0:01:26	0:22:04	(39)	0:57:17
47	47	2	Joe	McCole	male	50-54		0:09:44	(75)	0:00:52	0:21:47	(18)	0:00:33	0:24:19	(57)	0:57:26
48	94	4	Niamh	Fitzpatrick	female	30-34		0:07:12	(30)	0:01:30	0:26:16	(61)	0:00:24	0:22:11	(43)	0:57:42
49	51	3	kelley	kennedy	female	25-29		0:06:53	(24)	0:01:41	0:26:02	(59)	0:00:16	0:22:41	(50)	0:57:43
50	44	2	Finbarr	Filan	male	40-44		0:08:14	(52)	0:00:48	0:23:48	(39)	0:00:27	0:24:24	(59)	0:57:51
51	91	4	Eimear	Macnamara	female	20-24	Cavan Triathlon Club	0:06:57	(25)	0:00:32	0:24:54	(55)	0:00:22	0:25:04	(63)	0:57:58
52	60	3	Nicola	Moffatt	female	35-39		0:09:36	(70)	0:01:03	0:26:28	(63)	0:00:27	0:20:18	(18)	0:58:00
53	118	2	Ray	Lowbridge	male	40-44		0:07:36	(37)	0:02:17	0:25:00	(56)	0:00:31	0:22:39	(48)	0:58:03
54	9	1	Kieran	Tobin	male	50-54	Sligo Triathlon Club	0:09:43	(74)	0:03:06	0:22:02	(22)	0:01:33	0:21:48	(38)	0:58:21
55	43	2	John	o dell	male	40-44		0:11:26	(87)	0:01:12	0:23:30	(37)	0:00:28	0:21:37	(35)	0:58:23
56	2	1	Fiona	Keenan	female	35-39	Boyle	0:10:14	(82)	0:01:08	0:24:09	(45)	0:00:18	0:22:32	(47)	0:58:29
57	97	4	David	Martin	male	40-44		0:07:10	(29)	0:02:18	0:24:22	(48)	0:00:24	0:24:20	(58)	0:58:43
58	7	1	John	carty	male	30-34		0:09:14	(67)	0:01:43	0:24:06	(44)	0:00:38	0:23:17	(54)	0:59:07
59	82	4	Barron	Cawley	male	35-39		0:05:39	(10)	0:01:24	0:24:40	(54)	0:01:09	0:26:33	(72)	0:59:34
60	15	1	james	gaughran	male	25-29		0:09:39	(72)	0:02:01	0:26:29	(64)	0:00:45	0:20:46	(23)	0:59:55
61	24	1	Laurence	Gaughran	male	30-34		0:10:00	(79)	0:01:35	0:26:30	(65)	0:00:46	0:20:47	(24)	0:59:55
62	45	2	guillaume	rabillat	male	45-49		0:10:36	(85)	0:01:23	0:26:25	(62)	0:00:28	0:21:10	(28)	1:00:09
63	32	2	lorine	beirne	female	25-29		0:08:47	(65)	0:00:40	0:24:14	(47)	0:01:09	0:26:06	(69)	1:01:05
64	84	4	Alison	Spratt	female	25-29		0:05:39	(11)	0:01:56	0:29:29	(81)	0:00:23	0:23:40	(56)	1:01:13
65	57	3	Kevin	McMorrow	male	30-34		0:09:46	(76)	0:00:35	0:24:05	(43)	0:00:21	0:26:26	(71)	1:01:22
66	19	1	Carmel	Roberts	female	40-44		0:08:32	(62)	0:01:48	0:29:23	(78)	0:00:21	0:21:41	(37)	1:01:53
67	29	2	Carmel	Regan	female			0:10:14	(83)	0:01:06	0:24:23	(50)	0:01:18	0:24:57	(62)	1:02:04
68	14	1	Dearbhaile	Prior	female	30-34		0:12:00	(89)	0:00:45	0:27:54	(72)	0:00:21	0:21:01	(26)	1:02:08
69	74	3	Lucia	Keane	female	35-39		0:07:45	(44)	0:01:09	0:26:47	(66)	0:00:20	0:26:14	(70)	1:02:25
70	119	2	Pamela	Zarb	female	40-44		0:08:23	(55)	0:01:37	0:26:48	(67)	0:00:28	0:25:27	(66)	1:02:55
71	85	4	Una	Moffatt	female	35-39		0:10:02	(80)	0:00:51	0:27:04	(70)	0:00:42	0:24:29	(60)	1:03:19
72	48	2	David	Smith	male	50-54		0:08:28	(58)	0:00:31	0:25:12	(57)	0:00:26	0:29:22	(82)	1:04:15
73	63	3	Karen Ann	Ward	female	30-34	Carranryla Slashers AC	0:06:38	(23)	0:02:18	0:27:52	(71)	0:00:21	0:27:07	(79)	1:04:26
74	49	2	Collette	Hamilton	female	45-49		0:09:55	(77)	0:01:19	0:26:52	(69)	0:00:34	0:25:57	(68)	1:04:47
75	50	2	LIZ	MARTIN	female	40-44		0:11:33	(88)	0:00:45	0:25:29	(58)	0:00:14	0:27:05	(78)	1:05:19
76	88	4	Marie	Lowe	female	45-49	North Sligo Athletic Club	0:07:37	(39)	0:03:55	0:28:05	(73)	0:00:39	0:25:09	(64)	1:05:34
77	54	3	Pamela	Higgins	female	30-34		0:08:20	(54)	0:00:39	0:29:24	(79)	0:00:20	0:26:53	(75)	1:05:48
78	72	3	pascal	bonnichon	male	45-49		0:07:36	(38)	0:01:04	0:29:29	(80)	0:00:31	0:27:02	(76)	1:05:53
79	96	4	Rhona	McGrath	female	40-44		0:09:39	(73)	0:00:45	0:28:52	(74)	0:00:30	0:26:52	(73)	1:06:51
80	11	1	susan	wall	female	35-39										1:07:20
81	66	3	Avril	Banks	female	20-24		0:10:31	(84)	0:00:41	0:29:11	(76)	0:00:30	0:26:52	(74)	1:07:55

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90	59	3 Patricia	O'Connor	female	30-34		0:09:37	(71)	0:01:13	0:35:12	(86)	0:00:30	0:29:45	(83)	1:16:27
91	6	1 Catriona	Feely	female	30-34	Sligo Triathlon Club	0:10:40	(86)	0:03:28	0:31:30	(83)	0:00:31	0:33:25	(87)	1:19:44
33	2	Kate	Bree	female	50-54	Sligo Triathlon Club	0:06:09	(16)	0:02:16	0:28:57	(75)				DNF
99	4	Brendan	Ruane	male	45-49	Sligo Triathlon Club	0:04:31	(3)	0:00:57	0:37:35	(88)				DNF