

Place	Number	Name	Surname	Sex	Lap 1	Lap 2	Race Time	Chip Time
1	119	Turlough	Conway	M	0:17:34	0:17:50	0:35:30	0:35:25
2	345	Hugh	Hunt	M	0:17:36	0:18:19	0:35:55	0:35:55
3	128	Benjamin	Costes	m	0:19:41	0:19:35	0:39:16	0:39:16
4	108	Salvatore	Colella	M	0:19:56	0:20:33	0:40:29	0:40:29
5	767	Robert	Upton	M	0:20:07	0:20:46	0:40:56	0:40:53
6	22	karl	bingham	M	0:20:23	0:20:33	0:40:58	0:40:55
7	153	John	Curtin	M	0:20:09	0:20:47	0:40:59	0:40:56
8	49	Peter	Brigham	M	0:20:57	0:20:21	0:41:20	0:41:18
9	253	Bryan	Flynn	M	0:20:21	0:21:02	0:41:24	0:41:23
10	259	Conor	Furlong	M	0:20:56	0:20:51	0:41:52	0:41:47
11	540	briain	moriarty	M	0:20:32	0:21:21	0:41:53	0:41:53
12	333	Joe	Holt	M	0:20:37	0:21:24	0:42:05	0:42:01
13	1264	Wouter	Desmit	M	0:20:32	0:22:03	0:42:38	0:42:35
14	74	Gavin	Callery	M	0:20:28	0:22:17	0:42:48	0:42:45
15	660	Darragh	Peelo	M	0:21:48	0:21:00	0:42:52	0:42:48
16	54	Alan	Brosnan	M	0:22:03	0:21:21	0:43:29	0:43:24
17	10	Alessandro	Astone	M	0:21:41	0:21:51	0:43:41	0:43:31
18	48	Fergus	Brien	M	0:21:24	0:22:21	0:43:48	0:43:45
19	367	Aurelien	JUSOT	M	0:22:00	0:21:48	0:43:54	0:43:49
20	515	Paul	McKenna	M	0:22:07	0:21:37	0:43:54	0:43:44
21	583	Shane	Nolan	M	0:22:31	0:21:45	0:44:18	0:44:16
22	565	Alan	Murray	M	0:22:16	0:22:01	0:44:22	0:44:18
23	500	Kevin	Mcgeogh	M	0:22:18	0:22:05	0:44:28	0:44:23
24	622	Paraic	O'Dowd	M	0:22:27	0:22:00	0:44:31	0:44:26
25	407	Damien	Lafferty	M	0:22:08	0:22:25	0:44:34	0:44:34
26	68	Patrick	Byrne	M	0:22:35	0:21:52	0:44:40	0:44:27
27	374	Gene	Kearney	M	0:21:58	0:22:41	0:44:47	0:44:39
28	581	Lynne	Nolan	F	0:22:18	0:22:29	0:44:49	0:44:47
29	94	Stephen	Caul	M	0:22:23	0:22:26	0:44:50	0:44:49
30	483	Declan	McCluskey	M	0:22:12	0:22:41	0:44:57	0:44:54
31	535	Deborah	Monaghan	F	0:22:36	0:22:10	0:45:04	0:44:46
32	514	Peter	McKavanagh	M	0:22:42	0:22:19	0:45:04	0:45:01
33	763	Ciaran	Tighe	M	0:22:06	0:23:05	0:45:17	0:45:11
34	70	Niall	Cafferty	M	0:22:12	0:23:02	0:45:25	0:45:14
35	127	Liam	Costello	M	0:22:49	0:22:26	0:45:27	0:45:15
36	774	Gary	Wall	M	0:22:40	0:22:36	0:45:29	0:45:17
37	613	Deirdre	O'Connell	F	0:22:16	0:23:13	0:45:30	0:45:29
38	157	Sebastian	Dabrowski	M	0:22:58	0:22:17	0:45:30	0:45:15
39	664	James	Porter	M	0:22:18	0:23:07	0:45:31	0:45:25
40	322	Jamie	Hendrick	M	0:22:41	0:22:38	0:45:31	0:45:19
41	378	Sean	Keenan	M	0:22:39	0:22:38	0:45:32	0:45:17
42	574	Frank	Newman	M	0:22:02	0:23:25	0:45:37	0:45:27
43	414	Michael	Lawlor	M	0:22:10	0:23:31	0:45:47	0:45:41
44	771	Denis Vickers	Vickers	M	0:23:11	0:22:13	0:45:49	0:45:23
45	36	Vincent	Brady	M	0:23:18	0:22:42	0:46:11	0:46:00
46	287	Simon	Grennan	M	0:23:15	0:23:02	0:46:18	0:46:17

47	77	David	Cannon	M	0:22:22	0:23:53	0:46:26	0:46:14
48	604	Gearoid	O'Murchu	M	0:23:11	0:23:16	0:46:34	0:46:27
49	239	John	Fennelly	M	0:23:16	0:23:09	0:46:34	0:46:24
50	513	Gary	Mcilroy	M	0:22:32	0:23:57	0:46:39	0:46:29
51	782	David	Warren	M	0:22:49	0:23:48	0:46:40	0:46:37
52	161	Noel	Darcy	M	0:23:02	0:23:28	0:46:42	0:46:31
53	744	Michael	Smith	M	0:22:18	0:24:21	0:46:43	0:46:38
54	63	Michael	Burke	M	0:23:11	0:23:35	0:46:48	0:46:47
55	722	Markus	Schick	M	0:22:44	0:23:59	0:46:49	0:46:43
56	298	Lloyd	Hamilton	M	0:23:13	0:23:40	0:46:55	0:46:53
57	462	Rory	Martin	M	0:23:12	0:23:51	0:47:09	0:47:04
58	644	Claire	O'Reilly	F	0:22:50	0:24:07	0:47:12	0:46:56
59	736	Jason	Sinclair	M	0:24:00	0:23:01	0:47:16	0:47:01
60	162	Kevin	Darrer	M	0:23:16	0:24:24	0:47:44	0:47:40
61	502	Brendan	McGinnity	M	0:22:56	0:24:51	0:47:48	0:47:47
62	542	Roisin	Mossop	F	0:23:09	0:24:37	0:47:49	0:47:45
63	496	Craig	McEvoy	M	0:23:50	0:24:16	0:48:18	0:48:06
64	723	Mark	Scoley	M	0:23:31	0:24:50	0:48:28	0:48:21
65	743	Owen	Smith	M	0:24:13	0:24:07	0:48:35	0:48:20
66	575	Camille	Ni Argain	F	0:23:34	0:24:58	0:48:37	0:48:33
67	512	Rory	McHugh	M	0:23:51	0:24:44	0:48:41	0:48:35
68	809	Miroslav	Zak	M	0:23:35	0:25:01	0:48:46	0:48:36
69	453	Mariano	Mamertino	m	0:24:14	0:24:13	0:48:48	0:48:27
70	678	Mark	Quinn	M	0:24:57	0:23:50	0:48:49	0:48:47
71	23	Darren	Bizzell	M	0:24:41	0:23:58	0:48:50	0:48:38
72	420	Patrick	Leech	m	0:24:21	0:24:20	0:48:51	0:48:41
73	791	Kate	Whelan	F	0:23:37	0:25:12	0:48:53	0:48:49
74	455	Eoin	Manning	M	0:23:58	0:24:51	0:48:54	0:48:49
75	286	Grainne	Grennan	F	0:24:32	0:24:24	0:48:56	0:48:56
76	684	Kevin	Redmond	M	0:24:47	0:24:01	0:49:00	0:48:48
77	479	Deirdre	McCarthy	F	0:23:59	0:24:59	0:49:04	0:48:58
78	808	Eric	Yang	M	0:25:03	0:23:53	0:49:07	0:48:56
79	567	Niamh	Murtagh	F	0:25:00	0:23:04	0:49:11	0:48:04
80	880	Ronan	Cooke	M	0:24:54	0:24:15	0:49:12	0:49:09
81	184	DAN	DONNELLY	M	0:23:58	0:25:15	0:49:14	0:49:13
82	610	James	O'Brien Moran	M	0:24:34	0:24:16	0:49:17	0:48:49
83	93	Paul	Caswell	M	0:24:39	0:24:26	0:49:18	0:49:05
84	46	Jillian	Brett	F	0:24:33	0:24:43	0:49:19	0:49:16
85	460	Sam	Martin	M	0:25:22	0:23:43	0:49:33	0:49:04
86	282	Heather	Gordon	F	0:24:54	0:24:41	0:49:40	0:49:35
87	232	Paul	Fanning	M	0:25:02	0:24:19	0:49:41	0:49:21
88	292	Darren	Gunning	M	0:24:46	0:24:43	0:49:42	0:49:29
89	595	Kevin	O' Driscoll	M	0:24:27	0:25:11	0:49:45	0:49:38
90	523	Joseph	McNamara	M	0:24:16	0:25:18	0:49:46	0:49:35
91	260	Nick	Furlong	M	0:24:51	0:24:46	0:49:47	0:49:37
92	635	Brendan	O'Keeffe	M	0:23:51	0:25:51	0:49:47	0:49:42
93	469	Elaine	Mc Connell	F	0:24:47	0:24:58	0:49:48	0:49:45

94	653	Pat	O'Sullivan	M	0:25:30	0:24:16	0:49:54	0:49:46
95	641	Cormac	O'Neill	M	0:24:13	0:25:34	0:49:54	0:49:47
96	499	Stephanie	McGarry	F	0:26:30	0:22:56	0:50:01	0:49:26
97	47	Patrick	Brett	M	0:25:15	0:24:24	0:50:02	0:49:39
98	375	Ian	Keating	M	0:24:50	0:25:07	0:50:03	0:49:57
99	634	Ann	O'keeffe	F	0:25:06	0:25:00	0:50:08	0:50:06
100	419	Richard	Lee	M	0:25:07	0:24:58	0:50:08	0:50:05
101	648	Garrett	O'Rorke	M	0:25:00	0:24:58	0:50:12	0:49:58
102	675	Leann	Quinn	F	0:25:18	0:24:49	0:50:12	0:50:07
103	251	Grace	Flynn	F	0:24:50	0:25:21	0:50:16	0:50:11
104	772	Sheena	Wade	F	0:25:12	0:25:20	0:50:37	0:50:32
105	320	Ed	Heffernan	M	0:25:23	0:25:11	0:50:40	0:50:34
106	98	Ross	Chapman	M	0:24:05	0:26:34	0:50:44	0:50:39
107	145	John	Culleton	M	0:26:01	0:24:49	0:50:55	0:50:50
108	38	Rory	Brazil	M	0:25:44	0:25:07	0:50:56	0:50:52
109	682	Justina	Rasimaite	F	0:25:16	0:25:36	0:50:58	0:50:52
110	7	Paul	Anderson	M	0:24:26	0:26:30	0:51:03	0:50:56
111	279	David	Gilroy	M	0:25:52	0:24:48	0:51:04	0:50:40
112	150	John	Cunningham	M	0:25:22	0:25:37	0:51:05	0:50:59
113	711	Denise	Ryan	F	0:25:19	0:25:40	0:51:06	0:51:00
114	56	Stephen	Bryce	M	0:25:26	0:25:34	0:51:08	0:51:00
115	71	Nick	Cahill	M	0:24:12	0:26:42	0:51:08	0:50:53
116	626	Conor	O'Farrell	M	0:25:18	0:25:39	0:51:11	0:50:57
117	289	Neil	Griffin	M	0:27:53	0:23:16	0:51:11	0:51:09
118	387	Jack	Kennedy	M	0:25:54	0:25:12	0:51:13	0:51:05
119	643	Edmund	O'Regan	M	0:26:30	0:24:14	0:51:18	0:50:44
120	175	rosemary	dineen	F	0:26:08	0:25:00	0:51:19	0:51:08
121	668	Helen	Prendiville	F	0:25:55	0:25:07	0:51:24	0:51:02
122	160	Ciara	Daly	F	0:25:10	0:26:05	0:51:24	0:51:15
123	131	Simon	Cotter	M	0:25:26	0:25:48	0:51:25	0:51:14
124	53	Patrick	Brophyq	M	0:25:44	0:25:33	0:51:31	0:51:17
125	662	Ian	Plunkett	M	0:26:30	0:24:28	0:51:31	0:50:58
126	255	Mark	Foley	M	0:26:05	0:25:17	0:51:36	0:51:22
127	358	Claire	Jones	F	0:25:31	0:25:53	0:51:37	0:51:24
128	388	Niall	Kennedy	M	0:25:14	0:26:17	0:51:37	0:51:31
129	769	Neal	van de Kamer	m	0:26:28	0:24:58	0:51:42	0:51:27
130	1102	Richard	Morton	M	0:28:18	0:23:01	0:51:43	0:51:19
131	364	Christian	Jucan	M	0:26:18	0:25:08	0:51:43	0:51:26
132	657	Attila	Papp	M	0:25:32	0:26:08	0:51:49	0:51:40
133	449	David	Maher	M	0:26:12	0:25:10	0:51:52	0:51:22
134	1267	Conor	Vaughan	M	0:26:02	0:25:36	0:51:54	0:51:39
135	344	Niall	Hughes	M	0:26:06	0:25:35	0:51:56	0:51:41
136	679	Emma	Quinn	F	0:25:37	0:26:11	0:51:57	0:51:48
137	742	Mitchel	Smit	m	0:26:28	0:25:16	0:52:00	0:51:44
138	638	Kamila	Olszewska	F	0:26:03	0:25:36	0:52:00	0:51:40
139	628	Harrison	O'Gorman	M	0:25:34	0:26:14	0:52:00	0:51:48
140	8	Simon	Armstrong	M	0:26:26	0:25:27	0:52:08	0:51:53

141	501	Karen	Mcgeough	F	0:25:32	0:26:31	0:52:10	0:52:03
142	545	Stephen	mulligan	M	0:25:06	0:27:01	0:52:13	0:52:07
143	494	Olivia	McEvoy	F	0:25:44	0:26:21	0:52:21	0:52:05
144	661	Sarah	Phelan	F	0:25:41	0:26:13	0:52:23	0:51:54
145	266	James	Gallagher	m	0:26:07	0:26:12	0:52:24	0:52:20
146	706	Oleg	Rumiantsev	M	0:25:49	0:26:25	0:52:29	0:52:14
147	508	Darren	McGrath	M	0:25:40	0:26:43	0:52:35	0:52:23
148	792	Donal	Whelan	M	0:25:10	0:27:20	0:52:35	0:52:30
149	278	Neil	Geraghty	M	0:26:04	0:26:11	0:52:37	0:52:16
150	491	Laura	McElduff	F	0:26:39	0:25:15	0:52:38	0:51:54
151	107	Jeff	Cogan	m	0:26:29	0:25:38	0:52:39	0:52:07
152	721	Oliver	Ryan	m	0:26:13	0:26:04	0:52:42	0:52:17
153	295	Shane	Hall	M	0:27:02	0:25:17	0:52:52	0:52:18
154	651	Marek	Osikowski	M	0:26:21	0:26:15	0:52:54	0:52:37
155	271	Chris	Garvey	M	0:27:33	0:24:08	0:52:54	0:51:41
156	120	Stephen	Coomey	M	0:25:16	0:27:27	0:52:55	0:52:43
157	759	Paul	Terry	m	0:26:34	0:25:56	0:52:58	0:52:30
158	472	Brian	Mc Namara	M	0:27:23	0:24:52	0:52:58	0:52:16
159	200	brendan	drea	M	0:25:40	0:27:11	0:53:00	0:52:51
160	313	Brian	Healy	M	0:26:04	0:25:48	0:53:02	0:51:52
161	16	Conor	Barron	M	0:25:51	0:26:30	0:53:04	0:52:21
162	106	Muireann	Cody	F	0:25:33	0:27:29	0:53:08	0:53:03
163	526	Gerry	Meaney	M	0:26:10	0:26:57	0:53:11	0:53:07
164	41	Andy	Brennan	M	0:27:03	0:26:03	0:53:16	0:53:06
165	315	Maurice	Healy	M	0:24:51	0:28:19	0:53:24	0:53:10
166	5	Dale	Amond	M	0:26:12	0:27:01	0:53:34	0:53:14
167	498	Che	McGann	F	0:26:23	0:27:09	0:53:49	0:53:32
168	945	James	Gallagher	M	0:28:42	0:23:57	0:53:51	0:52:39
169	100	Angela	Charlton	F	0:27:09	0:25:47	0:53:56	0:52:56
170	616	Chris	O'Connor	M	0:27:20	0:26:13	0:53:59	0:53:33
171	58	Gearoid	Buckley	m	0:26:44	0:26:18	0:53:59	0:53:02
172	354	Jakub	Janiszewski	M	0:27:09	0:26:43	0:54:12	0:53:53
173	757	Kara	Tedford	F	0:27:18	0:26:28	0:54:13	0:53:46
174	517	Noel	McLaughlin	M	0:27:10	0:26:07	0:54:22	0:53:17
175	503	Martina	McGoldrick	F	0:27:21	0:26:55	0:54:31	0:54:16
176	334	Tim	Holtermann	M	0:27:41	0:26:34	0:54:31	0:54:16
177	199	David	Doyle	M	0:26:48	0:27:22	0:54:34	0:54:10
178	366	Inga	Juranaite	F	0:25:53	0:28:46	0:54:46	0:54:39
179	795	David	White	m	0:27:38	0:26:57	0:54:48	0:54:35
180	25	Thomas	Bolger	M	0:28:04	0:26:22	0:54:49	0:54:26
181	339	Gerard	Howard	M	0:27:31	0:27:07	0:54:55	0:54:38
182	117	Gillian	Conway	F	0:27:29	0:27:00	0:54:56	0:54:29
183	667	Aidan	Power	m	0:27:31	0:27:14	0:54:59	0:54:45
184	561	Geraldine	Murray	F	0:26:49	0:28:00	0:55:00	0:54:48
185	718	Senan	Ryan	M	0:29:25	0:25:24	0:55:03	0:54:48
186	264	David	Gallagher	M	0:28:53	0:25:07	0:55:07	0:54:00
187	379	Paul	Kehoe	M	0:27:25	0:27:21	0:55:20	0:54:47

188	247	Patrick	Flanagan	M	0:28:05	0:26:47	0:55:25	0:54:51
189	373	Michael John	Kearney	M	0:27:35	0:27:14	0:55:26	0:54:48
190	392	Vincent	Keogh	M	0:27:53	0:26:58	0:55:28	0:54:51
191	20	Shivansh	Bhandari	M	0:26:44	0:28:16	0:55:35	0:55:00
192	790	Mariosa	Whaley	F	0:28:53	0:25:39	0:55:38	0:54:32
193	301	Darragh	Hanlon	M	0:27:21	0:28:17	0:55:40	0:55:38
194	146	Laura	Cullivan	F	0:29:21	0:25:22	0:55:42	0:54:44
195	19	Angela	Becker	F	0:27:17	0:28:19	0:55:45	0:55:36
196	67	Tony	Byrne	M	0:26:15	0:29:32	0:55:56	0:55:47
197	731	John	Sheridan	M	0:27:32	0:27:36	0:55:56	0:55:08
198	393	Trevor	Kerley	M	0:26:32	0:29:19	0:55:59	0:55:51
199	262	Caroline	Gallagher	F	0:28:52	0:25:59	0:55:59	0:54:51
200	143	Kevin	Cullen	M	0:28:08	0:27:14	0:56:00	0:55:22
201	164	Kevin	De Barra	M	0:27:27	0:28:31	0:56:03	0:55:59
202	164	Liobhan	O'Hora	F	0:28:50	0:26:46	0:56:06	0:55:36
203	329	Brian	Hogan	M	0:28:48	0:26:35	0:56:07	0:55:23
204	44	Ailish	Brennan	f	0:29:04	0:26:40	0:56:10	0:55:44
205	244	Charlie	Fitzgerald	m	0:29:01	0:26:42	0:56:12	0:55:43
206	454	Hazel	Manks	F	0:27:22	0:28:34	0:56:17	0:55:56
207	738	Jenali	Skuse	f	0:28:23	0:27:39	0:56:21	0:56:02
208	376	alan	Keegan	M	0:29:03	0:27:13	0:56:22	0:56:15
209	122	Aimee	Cooper	F	0:27:30	0:28:21	0:56:22	0:55:52
210	176	Paul	Dixon	M	0:29:05	0:27:00	0:56:23	0:56:06
211	436	Barry	MacDonald	M	0:29:03	0:27:15	0:56:24	0:56:18
212	304	Gavin	Harper	M	0:28:11	0:28:02	0:56:24	0:56:13
213	248	Micheal	Fleming	M	0:29:11	0:26:33	0:56:25	0:55:43
214	677	Joe	Quinn	M	0:25:10	0:31:11	0:56:26	0:56:21
215	171	Seamus	Devitt	M	0:27:21	0:28:47	0:56:27	0:56:08
216	773	Grainne	Wall	F	0:28:53	0:27:07	0:56:28	0:55:59
217	351	Vicente	Isern	M	0:31:35	0:24:14	0:56:34	0:55:49
218	170	John	Devine	M	0:27:50	0:28:16	0:56:36	0:56:06
219	187	Kevin	Donoghue	M	0:29:28	0:26:26	0:56:44	0:55:55
220	719	Michael	Ryan	M	0:27:03	0:29:35	0:56:45	0:56:37
221	35	ronan	brady	M	0:27:24	0:29:21	0:56:46	0:56:46
222	787	Daniel	Waugh	M	0:29:27	0:26:32	0:56:48	0:55:58
223	807	Ron	Wunderlich	M	0:28:11	0:28:24	0:56:52	0:56:35
224	402	John	Kiernan	M	0:30:25	0:25:43	0:56:55	0:56:07
225	312	Daniel	Hayward	m	0:29:13	0:27:13	0:56:58	0:56:26
226	338	Kerry	Houlihan	F	0:29:17	0:27:24	0:57:01	0:56:41
227	698	Rachel	Robinson	F	0:28:15	0:28:24	0:57:04	0:56:39
228	43	owen	brennan	M	0:28:06	0:28:31	0:57:10	0:56:37
229	174	Philip	Dickinson	M	0:29:00	0:27:36	0:57:11	0:56:36
230	948	Shay	Neary	M	0:29:04	0:27:41	0:57:16	0:56:45
231	490	Pat	McDonald	M	0:27:51	0:29:00	0:57:17	0:56:50
232	383	Joann	Kelly	F	0:28:35	0:28:18	0:57:19	0:56:53
233	756	Ela	Szkamruk	F	0:28:50	0:28:21	0:57:24	0:57:11
234	173	Francesco	Di Bari	M	0:28:49	0:28:21	0:57:25	0:57:10

235	761	Sam	Thomas	M	0:28:52	0:28:26	0:57:25	0:57:18
236	745	Elaine	Smyth	F	0:28:46	0:28:14	0:57:26	0:57:00
237	362	Christopher	Jordan	M	0:28:41	0:28:18	0:57:30	0:56:59
238	674	Dearbhla	Quinn	F	0:29:34	0:27:09	0:57:35	0:56:43
239	202	Kieran	Drennan	M	0:27:55	0:29:35	0:57:39	0:57:30
240	776	Eimeir	Walsh	F	0:28:48	0:28:43	0:57:40	0:57:31
241	689	Ciaran	Reilly	M	0:29:36	0:27:32	0:57:43	0:57:09
242	687	Liz	Reilly	F	0:29:38	0:27:32	0:57:44	0:57:10
243	137	Miguel	Crisostomo	M	0:31:35	0:25:33	0:57:51	0:57:08
244	394	Olivia	Kerrigan	F	0:29:03	0:28:25	0:57:51	0:57:28
245	410	Sarah	Lavan	F	0:29:05	0:28:25	0:57:52	0:57:30
246	177	Una	Dodd	F	0:29:12	0:28:20	0:57:55	0:57:32
247	485	Sharon	Mccoy	F	0:29:13	0:28:20	0:57:55	0:57:33
248	669	David	Purdom	M	0:29:44	0:27:46	0:57:56	0:57:30
249	311	David	Hayes	M	0:29:43	0:28:06	0:57:57	0:57:49
250	396	Kristin	Keveloh	f	0:29:06	0:28:33	0:57:58	0:57:39
251	755	Amanda	Syron	F	0:28:58	0:28:38	0:57:59	0:57:36
252	779	Edel	Walsh	F	0:28:37	0:29:15	0:58:01	0:57:52
253	318	Peter	Heaney	M	0:28:29	0:28:38	0:58:05	0:57:06
254	317	Mark	Heaney	M	0:27:56	0:29:13	0:58:05	0:57:09
255	760	Katie	Tertell	F	0:29:09	0:28:31	0:58:13	0:57:40
256	563	Margaret	Murray	F	0:28:25	0:29:52	0:58:23	0:58:17
257	300	Marc	Hand	M	0:27:23	0:30:28	0:58:23	0:57:51
258	309	Lizzy	Hayashida	F	0:29:50	0:28:05	0:58:29	0:57:55
259	380	Eimear	Kelly	F	0:30:04	0:27:27	0:58:30	0:57:31
260	323	Dee	Hennessy	F	0:29:45	0:28:43	0:58:38	0:58:27
261	395	Mark	Kershaw	M	0:28:31	0:29:46	0:58:44	0:58:17
262	562	Catherine	Murray	F	0:28:31	0:30:16	0:58:56	0:58:48
263	619	Geoff	O'Donoghue	M	0:29:12	0:29:08	0:59:01	0:58:20
264	397	Jeeshan	Khetrapal	M	0:28:22	0:29:37	0:59:09	0:58:00
265	328	Ronald	Hogan	M	0:28:43	0:29:43	0:59:11	0:58:26
266	804	Fiona	Woods	F	0:29:28	0:29:04	0:59:13	0:58:33
267	34	Carol	Brady	F	0:29:33	0:29:27	0:59:19	0:59:00
268	226	Derek	Fahey	M	0:29:33	0:29:28	0:59:19	0:59:01
269	361	Deirdre	Jordan	F	0:29:28	0:29:16	0:59:24	0:58:43
270	482	peter	mcclung	M	0:29:31	0:29:43	0:59:27	0:59:14
271	702	Tam	rooney	M	0:29:32	0:29:44	0:59:27	0:59:15
272	80	Peter	Carney	M	0:29:33	0:29:12	0:59:29	0:58:46
273	249	Rachael	Flood	F	0:29:14	0:29:45	0:59:33	0:58:59
274	493	Michael	McElroy	M	0:28:28	0:30:38	0:59:38	0:59:06
275	447	Noelle	Maguire	F	0:30:16	0:29:20	0:59:39	0:59:36
276	597	Kate	O Neill	F	0:30:19	0:29:17	0:59:39	0:59:35
277	116	James	Conroy	M	0:29:44	0:29:35	1:00:04	0:59:18
278	594	Ciara	O Donovan	F	0:29:14	0:30:50	1:00:20	1:00:04
279	368	Malgorzata	Kacejko	F	0:30:42	0:29:33	1:00:33	1:00:15
280	435	Helena	Macadam	F	0:31:10	0:28:42	1:00:34	0:59:51
281	693	Ronan	Richardson	M	0:29:54	0:29:38	1:00:36	0:59:32

282	615	Maura	O'Connor	F	0:30:25	0:29:21	1:00:38	0:59:46
283	694	Dave	Richardson	M	0:30:44	0:29:34	1:00:42	1:00:18
284	785	Helen	Watson	F	0:30:43	0:29:35	1:00:43	1:00:19
285	467	Linda	Maye	F	0:31:16	0:28:37	1:00:48	0:59:53
286	141	Anna	Cullen	F	0:31:09	0:29:05	1:00:50	1:00:14
287	275	Serena	Geoghegan	F	0:31:10	0:29:05	1:00:50	1:00:14
288	733	Francis	shier	M	0:29:55	0:30:34	1:01:07	1:00:28
289	238	Annie	Fennelly	F	0:30:39	0:30:27	1:01:15	1:01:06
290	76	Claire	Canavan	F	0:30:49	0:29:51	1:01:15	1:00:40
291	571	Shane	Naughton	M	0:33:00	0:27:25	1:01:18	1:00:26
292	705	Elaine	Rowan	F	0:30:09	0:30:45	1:01:18	1:00:55
293	546	Donncha	Mulvihill	M	0:33:02	0:27:25	1:01:19	1:00:28
294	246	Kate	Flanagan	F	0:31:13	0:29:49	1:01:22	1:01:02
295	408	Nuria	Landaluce	F	0:31:44	0:29:01	1:01:41	1:00:45
296	267	Annmarie	Galvin	F	0:31:56	0:28:55	1:01:43	1:00:51
297	588	Niamh	O beirne	F	0:31:59	0:28:56	1:01:43	1:00:55
298	713	Eva	Ryan	F	0:32:47	0:28:43	1:01:44	1:01:30
299	697	George	Roberts	M	0:29:27	0:31:54	1:02:01	1:01:21
300	359	Mick	jones	M	0:31:47	0:29:31	1:02:02	1:01:18
301	605	Gerard	Oâ€™Rourke	M	0:30:59	0:30:20	1:02:09	1:01:19
302	357	Juan Carlos	Johnson	M	0:30:13	0:31:50	1:02:14	1:02:03
303	608	Bridget	Obrien	F	0:30:55	0:30:30	1:02:19	1:01:25
304	525	Sarah	Meagher	F	0:32:52	0:29:06	1:02:21	1:01:58
305	291	Neil	Gunning	M	0:29:10	0:32:06	1:02:30	1:01:16
306	190	Nicola	Donohue	F	0:30:54	0:31:26	1:02:33	1:02:20
307	261	Valerie	Gahan	F	0:32:31	0:29:22	1:02:42	1:01:53
308	386	Ciara	Kennedy	F	0:32:32	0:29:22	1:02:42	1:01:54
309	104	Ruth	Clendennen	F	0:30:02	0:32:17	1:02:43	1:02:19
310	576	Sorcha	Ni Chuinneagain	F	0:32:10	0:30:14	1:02:43	1:02:24
311	55	Leah	Browner	F	0:32:27	0:29:38	1:02:48	1:02:05
312	73	Michelle	Callan	F	0:31:53	0:30:14	1:02:49	1:02:07
313	347	Oscar	Hurley	M	0:30:42	0:32:02	1:02:54	1:02:44
314	346	Mairead	Hurley	F	0:30:44	0:32:00	1:02:55	1:02:44
315	217	Michelle	Dunney Bolger	F	0:28:56	0:33:34	1:02:58	1:02:31
316	180	Harriet	Doig	F	0:32:57	0:29:52	1:03:02	1:02:48
317	577	Iseult	Ni Chuinneagain	F	0:32:11	0:30:41	1:03:11	1:02:52
318	102	Aoife	Clarke	F	0:32:24	0:30:28	1:03:22	1:02:52
319	735	Tess	Sinamal	F	0:31:34	0:31:11	1:03:29	1:02:46
320	273	Lorna	Geoghegan	F	0:31:30	0:31:50	1:03:41	1:03:20
321	431	Darragh	Lynch	M	0:35:10	0:28:27	1:03:47	1:03:37
322	425	Rosemary	Long	F	0:30:16	0:31:59	1:03:54	1:02:14
323	316	Paddy	Healy	M	0:30:30	0:33:18	1:03:58	1:03:48
324	399	Lisa	Kiernan	F	0:31:21	0:31:58	1:04:05	1:03:19
325	299	Lara	Hand	F	0:32:37	0:31:00	1:04:17	1:03:37
326	24	Tracey	Blanchfield	F	0:32:10	0:31:33	1:04:18	1:03:42
327	343	Lisa	Hughes	F	0:31:13	0:32:55	1:04:28	1:04:08
328	151	Antoinette	Curley	F	0:31:08	0:32:57	1:04:34	1:04:04

329	138	Ines	Croft	F	0:34:04	0:30:02	1:04:45	1:04:06
330	294	Frances	Hall	F	0:32:17	0:31:52	1:04:51	1:04:08
331	3	Jenni	Ajderian	f	0:31:34	0:32:34	1:04:55	1:04:07
332	553	Trish	Murphy	F	0:31:50	0:32:54	1:05:02	1:04:43
333	600	Helen	O'Callaghan	F	0:31:49	0:32:54	1:05:02	1:04:44
334	111	Jane	Collins	F	0:33:27	0:31:22	1:05:14	1:04:49
335	548	Michelle	Murphy	F	0:33:26	0:31:23	1:05:14	1:04:48
336	9	sophie	ascione	F	0:34:04	0:30:38	1:05:22	1:04:42
337	541	Susannah	Morris	F	0:31:55	0:32:40	1:05:29	1:04:36
338	578	Nora	Ni Loinsigh	F	0:32:19	0:33:03	1:05:30	1:05:21
339	6	Lynn	Anderson	F	0:32:20	0:33:04	1:05:33	1:05:24
340	270	Eoin	Garrigan	M	0:32:20	0:32:47	1:05:38	1:05:07
341	473	Mary	Mc Phillips	F	0:32:45	0:32:29	1:05:42	1:05:14
342	559	Tommy	Murphy	M	0:32:29	0:32:31	1:05:46	1:05:00
343	203	Grace	Driver	F	0:32:30	0:32:31	1:05:47	1:05:01
344	529	Aoife	Merrigan	F	0:31:52	0:33:31	1:05:59	1:05:22
345	348	Alan	Hutchinson	M	0:33:43	0:31:20	1:06:07	1:05:03
346	714	Georgina	Ryan	F	0:34:28	0:31:29	1:06:11	1:05:57
347	181	Anna	Donegan	F	0:33:20	0:33:07	1:07:16	1:06:27
348	183	Neil	Donegan	M	0:33:18	0:33:08	1:07:17	1:06:26
349	133	Sarah	Coughlan	F	0:34:36	0:32:20	1:07:20	1:06:57
350	197	Katrina	Doyle	F	0:34:05	0:32:55	1:07:40	1:07:00
351	405	Niamh	Kirwin	F	0:34:06	0:33:22	1:07:51	1:07:29
352	336	Karen	Houlihan	F	0:31:47	0:35:52	1:07:58	1:07:39
353	225	Duncan	Evans	M	0:33:23	0:33:53	1:08:04	1:07:16
354	85	Helen	Carthy	F	0:34:20	0:32:38	1:08:06	1:06:58
355	91	Joseph	Casey	M	0:33:41	0:34:24	1:08:45	1:08:06
356	163	Jane	Dawson-Howe	F	0:33:52	0:34:21	1:08:47	1:08:13
357	331	Emma	Holfeld	F	0:27:38	0:31:04	1:08:57	0:58:42
358	390	Nicky	Keogh	F	0:27:40	0:31:04	1:08:57	0:58:44
359	280	Ella	Gleeson	F	0:35:31	0:32:27	1:08:59	1:07:59
360	793	Mary	White	F	0:34:19	0:34:05	1:08:59	1:08:25
361	794	Gary	White	M	0:34:22	0:34:09	1:09:04	1:08:32
362	92	Stephanie	Casler	F	0:34:37	0:34:01	1:09:28	1:08:39
363	750	Kate	Strathern	F	0:35:02	0:34:07	1:09:32	1:09:09
364	103	Brian	Cleary	M	0:34:47	0:33:59	1:09:37	1:08:46
365	12	Julie	Baker	F	0:35:07	0:34:12	1:09:38	1:09:19
366	13	Sarah	Baker	F	0:33:37	0:35:44	1:09:38	1:09:20
367	446	Amanda	Magnier	F	0:34:43	0:34:04	1:09:49	1:08:47
368	62	Aileen	Burke	F	0:34:06	0:35:13	1:09:53	1:09:19
369	762	Breda	Thorn	F	0:34:10	0:35:19	1:10:00	1:09:29
370	640	Nola	O'Neill	F	0:34:08	0:35:21	1:10:02	1:09:29
371	87	Robert	Carthy	M	0:34:58	0:34:09	1:10:18	1:09:07
372	97	Camille	Chapman	F	0:35:41	0:33:57	1:10:45	1:09:38
373	665	Aimee	Powderly	F	0:35:24	0:34:33	1:10:52	1:09:57
374	385	Margaret	Kennedy	F	0:35:02	0:35:13	1:10:52	1:10:15
375	748	Alison	Spillane	F	0:35:18	0:35:12	1:11:07	1:10:30

376	290	Patrick	Grogan	M	0:35:53	0:34:18	1:11:12	1:10:11
377	433	Jenny	Lyons	F	0:35:42	0:34:30	1:11:19	1:10:12
378	61	AIDEEN	BURKE	F	0:35:43	0:34:33	1:11:21	1:10:15
379	194	Philip	Downes	M	0:34:57	0:35:39	1:11:45	1:10:36
380	350	Laura	Isaacs	F	0:36:19	0:34:50	1:12:06	1:11:09
381	352	Freya	Ivory	F	0:35:35	0:35:57	1:12:21	1:11:32
382	569	Geetha	Nair	F	0:34:41	0:37:20	1:12:23	1:12:01
383	32	Blathnaid	Boyle	F	0:36:55	0:34:37	1:12:36	1:11:32
384	302	Maura	Hannon	F	0:34:55	0:37:04	1:12:43	1:11:59
385	466	Gil	Matias	M	0:37:45	0:35:02	1:12:58	1:12:47
386	330	Aoife	Hogge	F	0:36:58	0:35:03	1:13:03	1:12:01
387	724	Grace	Scully	F	0:36:54	0:35:04	1:13:06	1:11:58
388	438	Grace	MacDonald	f	0:35:25	0:36:56	1:13:13	1:12:21
389	788	Leonie	Weekes	F	0:35:56	0:36:39	1:13:16	1:12:34
390	250	THERESE	FLOOD	F	0:35:29	0:38:16	1:14:03	1:13:45
391	211	Maeve	Dunne	F	0:36:19	0:37:46	1:14:40	1:14:05
392	764	Philip	Traynor	M	0:38:28	0:35:09	1:14:42	1:13:38
393	432	Jeremiah	Lyne	M	0:38:29	0:35:14	1:14:45	1:13:43
394	593	Heather	O Donoghue	F	0:38:26	0:35:24	1:14:55	1:13:51
395	465	Ciara	Mathews	F	0:36:25	0:37:31	1:15:08	1:13:56
396	235	Andrea	Feeney	F	0:39:24	0:35:39	1:15:13	1:15:03
397	646	Eimear	O'Riordan	F	0:36:27	0:38:20	1:15:16	1:14:47
398	210	Bernard	Dunleavy	M	0:37:24	0:37:20	1:15:32	1:14:44
399	486	Jemma	McCreech	F	0:37:46	0:38:40	1:16:36	1:16:26
400	531	Sharon	Midwinter	F	0:38:41	0:37:30	1:17:01	1:16:12
401	440	Shauna	Mackin	F	0:39:01	0:37:33	1:17:03	1:16:33
402	564	Ian	Murray	M	0:36:12	0:41:40	1:18:12	1:17:52
403	353	Marsha	Ivory	F	0:38:45	0:38:59	1:18:36	1:17:44
404	297	Sean	Halpin	M	0:35:32	0:42:44	1:18:48	1:18:16
405	658	Roisin	Patel	F	0:38:49	0:40:17	1:19:40	1:19:06