

Place	Number	Name	Surname	Sex	Distance	5km	Race Time	Chip Time
1	2782	Sean	Brosnan	M	10k	0:18:51	0:37:36	0:37:36
2	3900	James	Kelly	M	10k		0:38:52	0:38:52
3	5600	Shane	Russell	M	10k	0:19:56	0:39:28	0:39:28
4	3832	Tomas	Kavanagh	M	10k		0:39:37	0:39:37
5	4234	Aonghus	Maguire	M	10k		0:40:18	0:40:18
6	3701	Ronan	Hickey	M	10k	0:19:57	0:40:26	0:40:25
7	3270	Adam	Flanagan	M	10k	0:20:28	0:40:45	0:40:42
8	2912	Kevin	Deery	M	10k		0:41:37	0:41:37
9	5675	Myles	Watson	M	10k	0:21:07	0:42:24	0:42:09
10	5641	John	Tarrant	M	10k	0:21:33	0:42:57	0:42:52
11	3520	Gearoid	Grogan	M	10k	0:21:33	0:42:58	0:42:57
12	5649	David	Tuohy	M	10k	0:21:42	0:43:02	0:42:59
13	5660	Stafford	Vigors	M	10k		0:43:05	0:43:03
14	3240	Damien	Flanagan	M	10k	0:21:31	0:43:28	0:43:26
15	3847	Shane	Kearney	M	10k		0:43:35	0:43:35
16	3646	John	Healy	M	10k	0:20:58	0:43:56	0:43:53
17	5162	Maurice	O'Dea	M	10k	0:21:39	0:43:57	0:43:51
18	5323	Crohan	O'Shea	M	10k		0:44:08	0:44:08
19	4461	Brain	McCay	m	10k	0:21:48	0:44:09	0:44:09
20	5586	Anthony	Robineau	M	10k	0:21:59	0:44:24	0:44:17
21	3547	Sam	Harding	M	10k	0:22:00	0:44:25	0:44:18
22	4622	Ann	McPartland	F	10k		0:44:26	0:44:26
23	2886	John	Dalton	M	10k		0:44:28	0:44:25
24	5626	Delia	Smyth	F	10k	0:22:19	0:44:34	0:44:21
25	5487	Neil	Purdy	M	10k	0:22:20	0:44:36	0:44:23
26	2810	David	Byrne	M	10k	0:22:11	0:44:37	0:44:27
27	4661	Roberto	Mei	M	10k	0:22:26	0:44:39	0:44:33
28	5740	No	Name	-	10k	0:22:17	0:44:43	0:44:35
29	2753	Niall	Black	M	10k	0:21:37	0:44:56	0:44:46
30	4607	Craig	Mcmenamin	M	10k	0:22:06	0:44:58	0:44:50
31	5376	Ciaran	O'Sullivan	M	10k	0:21:57	0:45:00	0:44:48
32	3824	Christine	Judd	F	10k		0:45:02	0:43:58
33	5504	Daire	Ralph	M	10k	0:22:27	0:45:18	0:45:00
34	2736	Fabio	Baltieri	M	10k	0:22:09	0:45:32	0:45:24
35	5257	Eamonn	OLoughlin	M	10k	0:21:55	0:45:40	0:45:32
36	2740	Tony	Barry	M	10k	0:22:14	0:45:44	0:45:40
37	2984	Darragh	Donnelly	M	10k		0:45:55	0:45:52
38	3979	Sean	Kinsella	M	10k	0:22:33	0:45:57	0:45:47
39	4286	Michael Og	Manley	M	10k	0:22:41	0:45:58	0:45:54
40	4675	Katie	Moffitt	F	10k	0:22:49	0:46:05	0:46:00
41	2995	Brian	Dowling	M	10k	0:23:09	0:46:11	0:46:09
42	2830	Stephen	Caul	M	10k		0:46:12	0:46:12
43	4887	Frank	Newman	M	10k	0:22:19	0:46:16	0:46:11
44	3533	Les	Hallows	M	10k	0:23:02	0:46:19	0:45:56
45	2772	Eilis	Breen	F	10k	0:23:33	0:46:28	0:46:21
46	3408	Declan	Goulding	M	10k	0:22:58	0:46:28	0:46:09

47	2788	Felix	Browne	M	10k		0:46:29	0:46:25
48	4176	Kieran	Macken	M	10k	0:23:07	0:46:30	0:46:27
49	5303	Derek	Organ	M	10k	0:23:26	0:46:37	0:46:21
50	5671	Simone	Warbrick	F	10k		0:46:46	0:45:43
51	3234	Declan	Flanagan	M	10k	0:22:51	0:46:51	0:46:44
52	4799	Colin	Murphy	M	10k	0:23:18	0:47:01	0:46:56
53	5502	Eoin	Quinlan	M	10k	0:23:15	0:47:05	0:45:38
54	2899	Ronan	Deasy	M	10k	0:23:29	0:47:06	0:46:41
55	3393	Seamus	Gorman	M	10k	0:23:35	0:47:16	0:47:07
56	5695	Slawek	Kozwl	m	10k	0:23:43	0:47:16	0:46:06
57	5282	Eoin	O'Neill	M	10k	0:23:28	0:47:17	0:46:46
58	3654	Maurice	Healy	M	10k	0:23:00	0:47:25	0:47:18
59	3525	Tadhg	Guerin	M	10k	0:23:29	0:47:40	0:47:26
60	3945	David	Keogh	M	10k	0:23:44	0:47:43	0:47:17
61	4423	Richard	Mcadam	M	10k	0:23:21	0:47:47	0:47:42
62	5589	Carl	Roche	M	10k	0:23:09	0:47:48	0:47:31
63	5587	Claire	Roche	F	10k	0:23:21	0:47:48	0:47:43
64	4669	Adam	Mills	M	10k	0:24:09	0:47:48	0:47:10
65	2826	Ken	Casey	M	10k	0:23:56	0:48:22	0:47:33
66	3310	Declan	Furey	m	10k	0:24:13	0:48:24	0:48:10
67	3702	Nigel	Hickey	M	10k	0:23:42	0:48:26	0:48:10
68	5506	Eddie	Regan	M	10k	0:24:38	0:48:30	0:48:16
69	3059	Rob	Earley	M	10k	0:24:16	0:48:34	0:48:07
70	2799	Richie	Butler	M	10k	0:24:19	0:48:36	0:48:03
71	5433	Dereck	Phelan	M	10k	0:24:18	0:48:43	0:48:25
72	3531	Sabrina	Halliwell	F	10k	0:24:26	0:48:44	0:48:36
73	4773	Martina	Murphy	F	10k	0:24:33	0:48:45	0:48:31
74	5510	Declan	Reid	M	10k	0:23:56	0:48:52	0:48:37
75	2801	Joan	Byrne	F	10k	0:24:05	0:48:53	0:48:41
76	2866	David	Coyle	M	10k	0:24:47	0:49:10	0:48:58
77	5648	Cian	Tracey	M	10k	0:24:32	0:49:15	0:49:02
78	3667	Gary	Heathcote	M	10k	0:23:58	0:49:25	0:49:12
79	2882	Lei	Dai	M	10k		0:49:32	0:48:55
80	4068	Sharon	Lenehan	F	10k		0:49:33	0:49:15
81	2779	Evanne	Breslin	F	10k	0:25:11	0:49:35	0:49:01
82	2864	Patrick	Cox	M	10k	0:24:30	0:49:44	0:49:21
83	5690	Ciaran	O Sullivan	m	10k	0:24:38	0:49:46	0:49:34
84	4317	Rory	Martin	M	10k	0:24:00	0:49:47	0:49:39
85	3174	Aoife	Feighery	F	10k	0:24:41	0:49:49	0:49:21
86	5668	James	Walsh	M	10k	0:25:39	0:49:54	0:49:22
87	3492	Mark	Griffin	M	10k	0:25:25	0:49:59	0:49:38
88	5614	Niall	Scully	M	10k	0:25:34	0:50:01	0:49:44
89	3045	Neil	Dundon	M	10k	0:25:21	0:50:02	0:49:34
90	3490	Mark	Grennan	M	10k	0:24:56	0:50:04	0:50:02
91	2770	Damien	Brazil	M	10k	0:25:40	0:50:07	0:49:47
92	4548	Darren	McGrath	M	10k	0:25:35	0:50:16	0:49:49
93	5212	Ryan	O'Donnell	M	10k	0:24:31	0:50:23	0:50:04

94	5317	Michael	O'Shea	M	10k	0:24:58	0:50:37	0:50:20
95	2849	John	CONNELLAN	M	10k	0:25:47	0:50:38	0:50:12
96	5480	Cathal	Prendergast	M	10k	0:24:57	0:50:48	0:50:19
97	2789	Laura	Bruen	F	10k		0:51:00	0:50:35
98	3747	Nicolas	Hugues	M	10k	0:25:35	0:51:02	0:50:45
99	4838	Mark	Nally	M	10k	0:25:57	0:51:20	0:51:06
100	5516	Philip	Reynolds	M	10k	0:25:21	0:51:31	0:51:14
101	2748	Leah	Benson	F	10k	0:25:23	0:51:36	0:51:18
102	4160	Kiely-Smith	Lynsey	F	10k	0:24:58	0:51:36	0:51:23
103	2814	Diarmuid	Campion	M	10k	0:25:23	0:51:41	0:51:08
104	5261	Cillian	O'Murchadha	M	10k	0:25:36	0:51:46	0:51:19
105	2774	Elizabeth	Breen	F	10k	0:26:26	0:51:47	0:51:27
106	3136	Bronagh	Farrell	F	10k	0:26:20	0:51:48	0:51:21
107	4805	Carl	Murphy	M	10k	0:25:48	0:51:50	0:51:26
108	4000	Ben	Lambon	M	10k	0:25:23	0:51:51	0:51:35
109	3203	Alan	Finnegan	M	10k	0:25:20	0:51:54	0:51:41
110	3207	John	Finnegan	m	10k	0:25:15	0:51:59	0:51:55
111	5375	Pat	O'Sullivan	M	10k	0:26:09	0:52:00	0:51:33
112	2755	David	Bolger	M	10k	0:25:49	0:52:00	0:51:02
113	5512	Brigid	Reilly	F	10k	0:25:50	0:52:02	0:51:38
114	3534	Enya	Hand	F	10k	0:25:35	0:52:05	0:52:00
115	5670	Robert	Walshe	M	10k	0:26:02	0:52:11	0:51:57
116	5503	Emma	Quinn	F	10k	0:25:13	0:52:11	0:52:09
117	2780	Sean	Brett	M	10k	0:25:49	0:52:16	0:51:53
118	4156	Ronan	Lynch	M	10k	0:26:07	0:52:23	0:51:42
119	4459	Stephen	McCarthy	M	10k	0:26:44	0:52:24	0:52:06
120	2793	JD	Buckley	M	10k	0:25:59	0:52:34	0:52:16
121	4414	Robert	Mc Givern	M	10k	0:25:06	0:52:43	0:50:03
122	5644	Mark	Thomas	M	10k	0:26:34	0:52:50	0:51:55
123	4454	Clíodhna	McCarthy	F	10k	0:25:55	0:52:57	0:52:42
124	5672	Tracey	Ward	F	10k	0:27:04	0:53:10	0:52:35
125	4426	Keeva	McArdle	F	10k	0:25:40	0:53:24	0:52:27
126	4417	Aisling	Mc Gowan	F	10k	0:25:44	0:53:28	0:53:13
127	5174	Michael	O'Brien	M	10k	0:28:39	0:53:29	0:52:53
128	5657	Emma	Veale	F	10k	0:27:18	0:53:37	0:53:07
129	4602	Angela	McLoughlin	F	10k	0:26:14	0:53:43	0:53:37
130	3625	David	Hayes	M	10k	0:27:16	0:53:45	0:53:21
131	3868	Derek	Keegan	M	10k	0:27:16	0:53:45	0:53:21
132	3872	Alan	Keegan	M	10k	0:27:16	0:53:46	0:53:22
133	5037	Ciara	O' Connor	F	10k	0:26:47	0:53:48	0:53:06
134	2732	Nick	Alexander	M	10k	0:25:55	0:53:54	0:53:28
135	4771	Mary-Ruth	Murphy	F	10k	0:26:30	0:53:54	0:53:39
136	3561	Mark	Harwood	M	10k	0:27:33	0:54:02	0:53:13
137	2901	Maria	Deery	F	10k	0:26:33	0:54:05	0:53:38
138	3287	Emer	Foley	F	10k	0:26:51	0:54:06	0:53:42
139	4657	Gerry	Meaney	M	10k	0:26:50	0:54:07	0:53:46
140	5606	Martin	Ryan	M	10k	0:26:40	0:54:08	0:53:48

141	3291	Catriona	Foskin	F	10k	0:27:44	0:54:09	0:53:43
142	3325	Aoibhe	Garrett	F	10k	0:26:18	0:54:13	0:54:09
143	4171	Sam	Lyons	M	10k	0:27:33	0:54:20	0:53:45
144	2791	Cora	Buckley	F	10k		0:54:24	0:54:13
145	5041	Darragh	O Dea	M	10k		0:54:39	0:54:02
146	2839	Ian	Clarke	M	10k	0:27:29	0:54:40	0:54:12
147	4011	Joanna	Langier	F	10k	0:26:55	0:54:41	0:53:44
148	5594	Ian	Rooney	M	10k	0:26:06	0:54:41	0:53:13
149	5310	Garrett	O'Rorke	M	10k		0:54:41	0:54:12
150	5678	Claire	White	F	10k	0:27:15	0:54:46	0:54:01
151	5161	MÃ¡ire	Oâ€™Connell	F	10k	0:27:21	0:54:51	0:54:34
152	5105	Siofra	O Shea	F	10k	0:28:24	0:54:55	0:54:21
153	2871	Michael	Crowley	M	10k	0:28:27	0:54:56	0:54:21
154	2993	Laura	Dowling	F	10k	0:27:40	0:54:58	0:54:27
155	4924	BRID	NI CHINNEIDE	F	10k	0:27:34	0:55:01	0:54:30
156	2852	Declan	Connolly	M	10k	0:27:29	0:55:09	0:55:04
157	2743	Nick	Beggs	M	10k	0:27:00	0:55:11	0:54:16
158	2863	Mark	Cousins	M	10k	0:28:35	0:55:12	0:54:41
159	3336	Tony	Geoghegan	M	10k	0:28:28	0:55:19	0:54:55
160	4103	Clare	Looney	F	10k	0:28:50	0:55:24	0:54:59
161	4059	Darren	Leamy	M	10k	0:28:56	0:55:28	0:55:20
162	2761	Mark	Brabazon	M	10k	0:29:03	0:55:31	0:54:42
163	4131	Tony	Lowry	M	10k	0:27:14	0:55:43	0:54:47
164	5633	Eben	Stewart	M	10k	0:28:10	0:55:47	0:55:05
165	3826	Dermot	Kane	M	10k	0:29:17	0:55:49	0:55:13
166	4538	Dara	McGowan	M	10k	0:29:03	0:55:52	0:55:02
167	5588	Evanna	Roche	F	10k	0:27:39	0:55:55	0:55:35
168	3468	Cathal	Greene	M	10k	0:27:49	0:55:59	0:55:29
169	3579	Niamh	Hayes	F	10k	0:28:17	0:56:08	0:55:42
170	4098	Rosemary	Long	F	10k	0:27:13	0:56:12	0:56:00
171	3530	Ciaran	Haberlin	M	10k	0:27:28	0:56:15	0:55:58
172	2844	Yasmin	Clynes	F	10k	0:27:26	0:56:15	0:55:59
173	3135	Hazel	Fannon	F	10k	0:29:04	0:56:18	0:55:50
174	4080	Yasmina	Lichtinger	F	10k	0:27:44	0:56:18	0:55:52
175	3539	Ciaran	Hanley	M	10k	0:26:47	0:56:20	0:56:03
176	3798	Kate	Johnson	F	10k	0:27:30	0:56:22	0:56:02
177	5679	Rob	White	F	10k	0:27:26	0:56:29	0:56:05
178	3056	Ciara	Dunne	F	10k	0:28:45	0:56:34	0:56:14
179	4756	John	Mulvey	M	10k	0:28:36	0:56:35	0:56:09
180	3197	Aileen	Ferguson	F	10k	0:27:46	0:56:45	0:56:32
181	4436	Derek	McCabe	M	10k	0:28:27	0:56:48	0:56:25
182	4693	Sheelagh	Moran	F	10k	0:28:27	0:56:49	0:55:55
183	3741	Jean	Hughes	F	10k	0:28:38	0:56:53	0:56:28
184	3839	Sarah	Keane	F	10k	0:28:32	0:56:56	0:56:31
185	5621	Aidan	Skelly	M	10k	0:32:17	0:56:57	0:56:21
186	3856	John	Keaveney	M	10k	0:28:29	0:56:58	0:56:33
187	2773	Kate	Breen	F	10k	0:27:45	0:56:58	0:56:36

188	2854	Niamh	Conway	F	10k	0:28:19	0:57:12	0:56:48
189	2878	Stuart	Curran	M	10k	0:29:24	0:57:12	0:56:15
190	2980	Jason	Donegan	M	10k	0:29:25	0:57:13	0:56:16
191	4163	Ned	Lyons	M	10k	0:28:03	0:57:14	0:56:50
192	3320	Gregg	Gannon	M	10k	0:27:56	0:57:15	0:56:50
193	3805	Stephen	Johnson	M	10k	0:27:05	0:57:21	0:56:58
194	5175	Ken	O'Byrne	M	10k		0:57:23	0:56:51
195	2847	Stephen	Comiskey	M	10k	0:28:45	0:57:27	0:56:40
196	5661	Steven	Virtue	M	10k	0:28:36	0:57:27	0:57:02
197	3212	Teresa	Fitzgerald	F	10k	0:28:46	0:57:30	0:56:42
198	5666	Ann	Walsh	F	10k	0:29:09	0:57:33	0:57:23
199	4600	Chloe	McKenna	F	10k	0:29:10	0:57:33	0:57:24
200	3984	Mairead	Laing	F	10k	0:29:09	0:57:33	0:57:23
201	4627	Danielle	Mcveigh	F	10k	0:29:12	0:57:34	0:57:10
202	3840	Gabriel	Kearney	M	10k	0:28:10	0:57:37	0:57:00
203	5341	Darragh	O'Shea	m	10k	0:27:23	0:57:40	0:57:36
204	5615	Alena	Seery	F	10k	0:29:07	0:57:48	0:57:25
205	4537	Stella	McGlennon	F	10k	0:28:31	0:57:50	0:57:29
206	2798	Emma	Butler	F	10k	0:29:58	0:57:54	0:57:19
207	4725	Sophie	Morris	F	10k	0:28:38	0:57:57	0:57:33
208	2757	Marie	Bourke	F	10k	0:28:38	0:58:06	0:57:41
209	5642	Hana	Taslerova	F	10k	0:28:51	0:58:10	0:57:50
210	4422	Lisa Marie	McAdam	F	10k	0:28:57	0:58:12	0:58:06
211	5636	Ann Marie	Stokes	F	10k	0:28:36	0:58:12	0:57:42
212	2907	Mary	Deery	F	10k	0:28:03	0:58:14	0:57:45
213	2832	Angela	Charlton	F	10k		0:58:14	0:57:22
214	5669	Fiona	Walshe	F	10k	0:28:36	0:58:20	0:58:06
215	2858	Cecilia	Cordova	F	10k	0:27:45	0:58:20	0:58:16
216	1	Ronan	Canning	M	10k		0:58:25	0:58:25
217	4009	Yvonne	Langebach	F	10k	0:29:12	0:58:26	0:58:03
218	5166	Grainne	Oâ€™Sullivan	F	10k	0:29:10	0:58:27	0:57:36
219	3912	Stephen	Kelly	M	10k	0:29:05	0:58:28	0:58:06
220	3797	Roxana	Jderu	F	10k	0:28:44	0:58:35	0:58:33
221	2765	Ken	Brady	M	10k	0:28:35	0:58:38	0:57:34
222	5612	Andrew	Schmidt	M	10k	0:28:05	0:58:40	0:58:31
223	5430	Svetlana	Pesevica	F	10k	0:30:06	0:58:47	0:58:03
224	2892	Olivia	D'Arcy	F	10k	0:30:12	0:58:47	0:58:09
225	5321	Brian	O'Shea	M	10k	0:28:53	0:58:57	0:57:57
226	4007	Claire	Lane	F	10k	0:28:43	0:58:59	0:58:13
227	5299	Denis	O'Reilly	M	10k	0:29:09	0:59:00	0:58:20
228	5647	Siun	Tobin	F	10k	0:32:05	0:59:01	0:58:02
229	5688	Lorraine	Hayes	f	10k	0:29:43	0:59:02	0:58:47
230	3887	Caitriona	Kelly	F	10k	0:29:11	0:59:04	0:58:34
231	4348	Simon	Martyn	M	10k	0:30:36	0:59:09	0:58:19
232	5591	Blath	Rogers	F	10k	0:28:56	0:59:16	0:58:50
233	5634	Sam	Stiles	M	10k	0:29:47	0:59:17	0:58:41
234	5087	Aidan	O'Neill	M	10k	0:29:22	0:59:30	0:58:37

235	4954	Ciaran	Nixon	M	10k	0:30:38	0:59:30	0:58:51
236	4480	Breege	McCrossan	F	10k	0:29:07	0:59:36	0:59:18
237	4827	Gary	Murray	M	10k	0:29:06	0:59:37	0:59:31
238	4288	Orla	Marrinan	F	10k	0:29:47	0:59:40	0:58:55
239	2751	Katerina	Bilitou	F	10k	0:30:17	0:59:42	0:59:20
240	4989	PÃ³l	Ã³ Cathail	M	10k	0:28:39	0:59:46	0:59:31
241	2868	Caitriona	Cronin	F	10k	0:30:45	0:59:51	0:58:59
242	4731	Sean	Morrissey	M	10k	0:28:03	0:59:52	0:58:59
243	3930	Megan	Kennedy	F	10k	0:28:58	0:59:52	0:59:36
244	3748	Jennifer	Hurson	F	10k	0:30:17	0:59:53	0:59:13
245	5653	Barry	Tyther	M	10k	0:30:06	0:59:55	0:59:19
246	5590	Bairbre	Rogers	F	10k	0:30:47	0:59:58	0:59:18
247	5604	Barry	Ryan	M	10k	0:29:49	0:59:58	0:59:26
248	2805	Anthony	Byrne	M	10k	0:29:50	0:59:59	0:59:27
249	2806	David	Byrne	M	10k	0:31:31	0:59:59	0:59:25
250	5631	Anna	Stefanska	F	10k	0:29:57	1:00:00	0:59:38
251	4386	Aisling	Maughan	F	10k	0:29:47	1:00:01	0:59:23
252	3692	Katie	Hennigan	F	10k	0:30:35	1:00:11	0:58:37
253	2764	Joanne	Brady	F	10k	0:31:13	1:00:11	0:59:31
254	3867	Gary	Keegan	M	10k	0:31:05	1:00:15	0:59:02
255	5640	Amanda	Syron	F	10k	0:30:15	1:00:16	0:59:23
256	5365	Yvonne	O'Sullivan	F	10k	0:29:56	1:00:18	0:59:17
257	3708	Conor	Higgins	M	10k	0:31:20	1:00:20	0:59:22
258	3158	Maria	Farrugia	F	10k	0:30:42	1:00:27	1:00:09
259	5501	Laura	Quinlan	F	10k	0:31:20	1:00:34	0:59:35
260	4108	Jennifer	Loughney	F	10k	0:28:35	1:00:42	1:00:33
261	5632	Laragh	Stevens	F	10k	0:29:15	1:00:59	0:59:59
262	5243	Ciara	O'Dowd	F	10k	0:30:18	1:01:02	1:00:36
263	4400	Aoife	Maughan	F	10k	0:30:36	1:01:06	1:00:30
264	4878	Thady	Nealon	M	10k	0:30:48	1:01:10	1:01:03
265	5659	Aine	Victory	F	10k	0:32:00	1:01:11	1:00:27
266	5302	Ronan	O'Reilly	M	10k	0:31:04	1:01:16	1:00:42
267	5662	Tiziana	Volpe	F	10k	0:31:21	1:01:18	1:00:56
268	5625	Shaun	Smith	M	10k	0:31:08	1:01:42	1:00:30
269	4788	John	Murphy	M	10k	0:30:20	1:01:44	1:01:13
270	2758	Liza	Bowden	F	10k	0:31:09	1:01:44	1:01:06
271	2762	David	Bradfield	M	10k	0:29:56	1:01:59	1:01:19
272	2797	Tony	Burns	M	10k		1:02:02	1:01:34
273	2777	Ian	Brennan	M	10k	0:32:35	1:02:04	1:01:16
274	2843	Derek	Cluskey	M	10k	0:30:32	1:02:07	1:01:07
275	2958	Clare	Dillon	F	10k	0:30:00	1:02:08	1:01:25
276	5313	Hazel	O'Shea	F	10k	0:30:16	1:02:09	1:01:41
277	5682	Ian	Wilson	M	10k	0:31:00	1:02:10	1:01:28
278	5179	Helen	O'Callaghan	F	10k	0:30:13	1:02:22	1:01:31
279	4353	Audrey	Mascheroni	F	10k	0:31:22	1:02:24	1:02:02
280	5582	Nicola	Rhatigan	F	10k	0:31:30	1:02:29	1:01:31
281	4633	Niall	Meade	M	10k	0:29:32	1:02:39	1:01:58

282	3043	Michael	Duffy	M	10k	0:29:32	1:02:39	1:01:59
283	2820	Elisabeth	Carr-Fanning	F	10k	0:32:14	1:02:44	1:01:59
284	5656	Kaya	Van Enckevort	F	10k	0:30:07	1:02:57	1:02:33
285	4914	Neasa	Ni Bhriain	F	10k	0:31:20	1:02:57	1:02:03
286	2818	Meaghan	Carmody	F	10k		1:02:59	1:02:18
287	3962	Ciaran	Kiely	M	10k	0:31:25	1:02:59	1:02:17
288	2750	Paul	Bester	M	10k	0:31:11	1:03:01	1:01:53
289	3746	Jane	Hughes	F	10k	0:30:59	1:03:02	1:02:00
290	4833	Philip	Murray	M	10k	0:31:33	1:03:02	1:02:56
291	3538	Lara	Hand	F	10k	0:30:58	1:03:03	1:02:00
292	5427	Gisele	Perotto	F	10k	0:32:38	1:03:20	1:02:34
293	4995	Eithne	O Connell	F	10k	0:30:40	1:03:22	1:02:33
294	5314	Niamh	O'Shea	F	10k	0:32:01	1:03:37	1:02:55
295	2737	Samantha	Baneham	F	10k	0:32:00	1:03:41	1:02:59
296	3558	Barry	Harrington	M	10k	0:31:52	1:03:43	1:02:49
297	4182	Sinead	Macken	f	10k	0:32:11	1:03:46	1:02:54
298	2963	Mandy	Doherty	F	10k	0:31:47	1:03:46	1:02:59
299	4742	Aisling	Mullen	F	10k	0:32:10	1:03:47	1:02:37
300	4488	Una	McCutcheon	F	10k	0:31:31	1:03:48	1:03:16
301	4618	Kate	McPartlan	F	10k	0:31:41	1:03:49	1:03:19
302	4100	Calvin	Long	M	10k	0:29:32	1:03:57	1:03:02
303	3391	Sinead	Gorman	F	10k	0:31:26	1:04:11	1:03:52
304	5111	Mike	O tuathaigh	M	10k	0:30:46	1:04:20	1:03:54
305	2787	Siobhan	Browne	F	10k	0:32:06	1:04:26	1:03:48
306	2786	Maria	Browne	F	10k	0:32:10	1:04:26	1:03:52
307	4014	Sarah	Larkin	F	10k	0:32:51	1:04:36	1:03:48
308	5619	Richard	Sherry	M	10k	0:31:59	1:04:37	1:03:58
309	3763	Susie	Hyland	F	10k	0:32:01	1:04:37	1:03:58
310	4676	Ailbhe	Molloy	F	10k	0:32:07	1:04:44	1:03:42
311	5218	Kilian	O'Donoghue	M	10k	0:31:37	1:04:45	1:04:07
312	5492	Louise	Quaid	F	10k	0:32:47	1:04:47	1:04:14
313	5643	Stu	Teehan	M	10k	0:32:01	1:04:47	1:04:04
314	4604	Ciara	McManus	F	10k	0:31:17	1:04:52	1:04:30
315	4939	Marie	Ni Mhurchu	F	10k	0:30:35	1:04:57	1:03:56
316	4405	Regina	Mc Donald	F	10k	0:31:04	1:05:06	1:04:45
317	5505	Liam	Redmond	M	10k	0:32:25	1:05:24	1:05:02
318	3299	David	Freeland	M	10k	0:32:51	1:05:32	1:04:44
319	2823	Marianne	Carter	F	10k	0:32:37	1:05:41	1:05:36
320	3814	Michelle	Joyce	F	10k	0:32:37	1:05:41	1:05:36
321	3768	Aimee	Hynes	F	10k	0:32:38	1:05:44	1:05:23
322	3328	Andrew	Garvey	M	10k	0:33:43	1:05:50	1:05:30
323	3603	Carol	Hayes	F	10k	0:32:11	1:05:56	1:05:30
324	3983	Audrey	Kirwan	F	10k	0:33:08	1:06:15	1:05:52
325	4060	Linda	Leavy	F	10k	0:33:11	1:06:16	1:05:54
326	3793	Andrew	Irving	M	10k	0:35:33	1:06:18	1:05:34
327	5198	Lesley Ann	O'Connor	F	10k	0:31:10	1:06:19	1:05:46
328	3519	Miriam	Grogan	F	10k	0:32:43	1:06:30	1:05:36

329	2825	Joseph	Casey	M	10k	0:32:51	1:06:34	1:06:00
330	2804	Rachel	Byrne	F	10k	0:32:30	1:06:34	1:06:05
331	3562	Sarah-Louise	Hassett	F	10k	0:29:39	1:06:43	1:05:41
332	3796	Agnieszka	Jakimiak	F	10k	0:32:54	1:07:02	1:06:10
333	3484	Linda	Gregg	f	10k	0:33:14	1:07:22	1:06:38
334	5652	Claire	Twomey	F	10k	0:35:04	1:07:23	1:06:39
335	4684	Brid	Monaghan	F	10k	0:33:01	1:07:39	1:06:52
336	4492	Pat	McDonald	M	10k	0:32:14	1:07:50	1:07:29
337	4279	Jackie	Malone	F	10k	0:32:52	1:07:52	1:07:15
338	2735	Audrey	Ayres	F	10k	0:33:38	1:08:14	1:07:17
339	3134	Christine	Fagan	F	10k	0:34:23	1:08:23	1:07:32
340	3132	Linda	Fagan	F	10k	0:34:23	1:08:23	1:07:33
341	2822	Paul	Carroll	M	10k		1:08:33	1:08:00
342	3385	Grainne	Gollogly	F	10k	0:35:21	1:08:36	1:07:39
343	5515	Aoife	Reynolds	F	10k	0:35:20	1:08:42	1:07:45
344	5432	Galina	Petrovich	F	10k	0:33:55	1:08:49	1:08:19
345	4190	Dara	Macnamara	M	10k	0:33:24	1:09:05	1:08:20
346	5249	Susan	O'Leary	F	10k	0:34:13	1:09:16	1:08:32
347	2891	Robbie	Darcy	M	10k	0:34:33	1:09:27	1:08:52
348	2887	BÃ©bhinn	Daly	F	10k	0:35:06	1:09:45	1:09:06
349	5059	Marian	O Hanlon	F	10k	0:33:37	1:09:50	1:09:40
350	3917	Margaret	Kennedy	F	10k	0:34:56	1:09:51	1:08:50
351	3367	David	Gogan	M	10k	0:35:39	1:09:54	1:09:13
352	3368	Michelle	Golden	F	10k	0:36:24	1:10:02	1:09:34
353	2783	Kiera	Brown	F	10k	0:36:24	1:10:02	1:09:34
354	2845	Josh	Collis	M	10k	0:35:48	1:10:19	1:09:11
355	3550	Anna	Harnett	F	10k	0:32:08	1:10:22	1:09:23
356	4215	Etain	Magennis	F	10k	0:36:46	1:10:30	1:09:38
357	5412	Aileen	Park	F	10k	0:35:13	1:10:36	1:08:56
358	5622	Grace	Slattery	F	10k	0:35:13	1:10:38	1:08:57
359	5511	Ann marie	Reilly	F	10k	0:35:23	1:10:57	1:10:13
360	4790	Niall	Murphy	M	10k	0:35:55	1:11:10	1:10:31
361	3964	Linda	Kinsella	F	10k	0:35:17	1:11:17	1:10:31
362	4500	Katie	Mcelvaney	F	10k	0:35:18	1:11:18	1:10:32
363	5284	Ken	O'Neill	M	10k	0:34:36	1:11:22	1:10:17
364	3042	Ciara	Duffy	F	10k	0:34:55	1:11:24	1:10:32
365	3559	Ruth	Hartigan	F	10k	0:34:52	1:11:25	1:10:29
366	2831	Phil	Cavanagh	M	10k	0:34:52	1:11:26	1:10:31
367	5596	Graham	Rothwell	M	10k	0:33:56	1:11:32	1:11:03
368	2749	Catherine	Bergin	F	10k		1:11:48	1:10:44
369	2747	Lorna	Bennett	F	10k	0:36:31	1:11:48	1:10:45
370	4749	Fidelma	Mulligan	F	10k	0:35:42	1:12:20	1:11:26
371	2730	Marie	Ainsworth	F	10k	0:38:21	1:12:29	1:12:06
372	5646	Alan	Tighe	M	10k	0:35:07	1:12:33	1:12:23
373	5645	Sam	Tighe	F	10k	0:35:06	1:12:33	1:12:21
374	5694	Clare	Roche	f	10k	0:34:43	1:12:36	1:12:04
375	5693	Carl	Roche	m	10k	0:34:44	1:12:36	1:12:05



376	3770	Patricia	Iglesias	F	10k	0:35:20	1:13:06	1:12:31
377	5664	Ciara	Walsh	F	10k	0:36:02	1:13:26	1:12:48
378	5665	Aoife	Walsh	F	10k	0:35:57	1:13:27	1:12:49
379	5447	Sinead	Pierce	F	10k	0:36:50	1:13:55	1:13:00
380	5599	Niamh	Russell	F	10k	0:37:29	1:14:07	1:13:31
381	3046	Bernard	Dunleavy	M	10k	0:36:30	1:14:15	1:13:08
382	2759	Clare	Boyle	F	10k	0:36:25	1:14:54	1:14:26
383	5168	Shauna	Oates	F	10k	0:36:24	1:14:55	1:14:27
384	4946	Marcella	NicNiallaigh	F	10k	0:37:30	1:15:05	1:14:10
385	3387	Deirdre	Gorman	F	10k	0:37:56	1:15:14	1:14:20
386	3035	Caroline	Duffy	F	10k	0:37:57	1:15:35	1:14:41
387	4127	Sarah	Lowry	F	10k	0:37:19	1:16:24	1:15:40
388	5689	Reidin	Ni Aohghusa	f	10k	0:37:52	1:16:49	1:16:02
389	4612	John	McNeela	M	10k	0:37:31	1:17:24	1:16:28
390	5275	Susan	O'Neill	F	10k	0:38:29	1:17:49	1:17:29
391	2833	Kevin	Cherubini	M	10k	0:38:22	1:18:31	1:17:26
392	5663	Maria	Voulgari	F	10k	0:37:39	1:18:51	1:18:16
393	2756	Tracy	Booth	F	10k	0:40:53	1:19:04	1:18:09
394	2896	Rebecca	De But	F	10k	0:40:50	1:19:04	1:18:09
395	3407	Ronan	Gough	M	10k	0:38:16	1:22:49	1:21:41
396	3401	Amy	Gough	F	10k	0:38:16	1:22:50	1:21:43
397	2790	Cora	Brunt	F	10k	0:43:19	1:27:43	1:26:53
398	5654	Sara	Ui Chleirigh	F	10k	0:43:17	1:27:45	1:26:54
399	5497	Patricia	Quigley	F	10k	0:43:59	1:30:38	1:29:40
	2879	Clementine	Curtin	F	10k		No Time	
	3317	Colm	Gahan	M	10k		No Time	
	2870	Frank	Crowe	M	10k		No Time	
	2807	Jonathan	Byrne	M	10k		No Time	
	2809	Tom	Byrne	M	10k		No Time	