

Place	Number	Name	Surname	Sex	Cat	Swim	T1	Cycle	T2	Run	Finish
1	288	Justin	McDermott	Male	30-39	0:09:27	0:01:51	0:38:05	0:01:07	0:19:04	1:09:34
2	196	Brian	Coppinger	Male	30-39	0:07:58	0:01:40	0:38:32	0:01:05	0:24:03	1:13:19
3	371	Rory	Crean	Male	20-29	0:09:27	0:02:04	0:39:39	0:01:00	0:22:22	1:14:31
4	296	Kieran	Walsh	Male	30-39	0:09:41	0:02:06	0:40:34	0:01:09	0:21:18	1:14:47
5	313	Luke	Mulcahy	Male	20-29	0:06:57	0:03:04	0:41:20	0:01:20	0:24:08	1:16:49
6	380	Sam	Cleary	Male	20-29	0:08:50	0:02:00	0:40:22	0:01:18	0:24:42	1:17:12
7	189	Leon	Sheridan	Male		0:08:04	0:02:55	0:43:34	0:00:56	0:22:44	1:18:14
8	345	Patrick	Monahan	Male	30-39	0:11:06	0:02:15	0:40:38	0:00:52	0:24:25	1:19:16
9	393	Thomas	Palmer	Male	50-59	0:09:29	0:03:11	0:42:49	0:00:54	0:23:11	1:19:34
10	394	Thomas	Buckley	Male	30-39	0:08:48	0:02:33	0:43:03	0:01:23	0:24:29	1:20:15
11	251	Esther	Leahy	Female	40-49	0:08:36	0:02:02	0:45:52	0:01:11	0:23:08	1:20:50
12	213	Ciara	Bates	Female	40-49	0:08:51	0:01:46	0:44:06	0:01:10	0:25:18	1:21:11
13	193	Brendan	Mcevoy	Male	40-49	0:09:12	0:02:03	0:42:54	0:01:43	0:25:34	1:21:25
14	268	Hugh	Kelly	Male	30-39	0:07:59	0:03:54	0:43:43	0:00:56	0:26:14	1:22:46
15	351	Paula	Donnellan walsh	Female	30-39	0:09:11	0:02:58	0:45:27	0:00:49	0:24:54	1:23:19
16	242	Elaine	Browne	Female	30-39	0:09:39	0:01:55	0:44:00	0:01:03	0:27:16	1:23:54
17	326	Michael	McDonagh	Male	40-49	0:08:06	0:02:24	0:45:14	0:00:41	0:29:31	1:25:57
18	250	Eoghan	O'Shea	Male	20-29	0:08:54	0:03:40	0:48:19	0:00:54	0:24:22	1:26:10
19	222	Marleen	Hermann	Female	20-29	0:09:24	0:02:28	0:45:19	0:00:59	0:28:39	1:26:50
20	231	Derek	Rooney	Male	20-29	0:07:32	0:03:12	0:46:55	0:01:34	0:28:13	1:27:27
21	230	Denise	Lally	Female	20-29	0:09:33	0:01:49	0:48:01	0:00:52	0:27:16	1:27:32
22	338	Niamh	Hickey	Female	40-49	0:08:35	0:02:26	0:48:47	0:01:08	0:26:42	1:27:39
23	191	Breege	McGath	Female	50-59	0:11:05	0:03:29	0:45:29	0:02:03	0:26:40	1:28:46
24	228	Deirdre	McCrae	Female	30-39	0:10:38	0:03:15	0:48:48	0:01:24	0:25:10	1:29:14
25	183	Ann Marie	Lyons	Female	40-49	0:08:51	0:03:14	0:48:44	0:01:05	0:27:33	1:29:27
26	218	Colette	Lally	Female	30-39	0:09:53	0:05:31	0:48:44	0:01:06	0:26:45	1:31:59
27	304	Leo	Cullen	MALE	40-49	0:08:31	0:03:59	0:44:45	0:01:54	0:33:06	1:32:15
28	209	Cheriece	Corrigan	Female	30-39	0:09:42	0:02:07	0:48:24	0:01:16	0:31:00	1:32:29
29	190	Bernie	McHugh	FEMALE	30-39	0:08:46	0:04:26	0:51:02	0:01:20	0:28:26	1:33:59
30	186	Aoife	Shannon	Female	30-39	0:09:20	0:02:42	0:52:00	0:00:57	0:29:14	1:34:13
31	305	Liam	Clarke	Male	20-29	0:09:22	0:04:02	0:53:50	0:01:32	0:26:50	1:35:37
32	247	emma	burke	Female	30-39	0:09:51	0:02:50	0:52:58	0:00:58	0:29:06	1:35:43
33	347	Paul	Devine	Male	40-49	0:14:54	0:04:54	0:47:11	0:01:07	0:27:43	1:35:49
34	384	Siobhan	Grealis	Female	40-49	0:11:10	0:03:22	0:54:05	0:02:23	0:25:06	1:36:06
35	341	Noelle	Rooney	Female	50-59	0:11:10	0:03:21	0:54:47	0:01:43	0:25:06	1:36:07
36	248	Emma	Cranny	Female	30-39	0:08:21	0:03:43	0:52:58	0:01:44	0:29:33	1:36:19
37	204	Caroline	O Connor	Female	40-49	0:08:37	0:03:08	0:52:38	0:01:16	0:31:55	1:37:35
38	244	Emer	Mc Cabe	Female	30-39	0:09:31	0:02:42	0:53:08	0:00:59	0:31:34	1:37:54
39	265	Helen	Casey	Female	30-39	0:11:00	0:03:26	0:53:50	0:01:02	0:30:05	1:39:23
40	309	Lisa	O' Halloran	Female	30-39	0:11:05	0:03:59	0:58:36	0:01:07	0:26:47	1:41:34
41	203	Caroline	Mcloughlin	Female	40-49	0:13:13	0:04:32	0:52:46	0:01:19	0:29:49	1:41:39
42	273	Jacqueline	Mc Cormack	Female	40-49	0:15:05	0:03:40	0:52:47	0:01:07	0:32:26	1:45:06
43	234	Donna	Coy	Female	30-39	0:11:21	0:04:42	0:57:19	0:01:42	0:30:12	1:45:15
44	192	Breege	Creaven	Female	20-29	0:14:05	0:04:16	0:51:35	0:01:03	0:35:08	1:46:07
45	377	Ruth	O donnell	FEMALE	20-29	0:09:16	0:03:30	0:58:10	0:01:44	0:33:37	1:46:18
46	325	Maura	Moore	FEMALE	40-49	0:12:55	0:03:25	0:53:57	0:01:15	0:35:36	1:47:08
47	153	Mona	Thornton	Female	40-49	0:15:04	0:05:00	0:51:21	0:05:34	0:32:50	1:49:49
48	272	Ita	Mc Gauley	Female	30-39	0:11:09	0:04:02	0:58:30	0:01:09	0:37:12	1:52:02
49	291	Kate	Connolly	Female	30-39	0:11:48	0:03:32	0:55:16	0:01:53	0:41:19	1:53:48
50	207	catriona	patterson	Female	30-39	0:15:44	0:02:56	1:00:11	0:01:58	0:37:21	1:58:12