

Place	Bib	Surname	Name	Cat	Sex	Swim	T1	Cycle	T2	Run	Finish
1	171	Geraghty	Ruaidhri	40-49	MALE	0:12:12	0:00:51	0:31:01	0:00:45	0:17:40	1:02:30
2	78	Greaney	John	30-39	Male	0:12:46	0:01:03	0:32:28	0:00:58	0:17:08	1:04:23
3	59	Divilly	Martin	40-49	MALE	0:13:12	0:01:10	0:30:38	0:00:52	0:18:40	1:04:31
4	172	McHugh	Morgan	Relay	Relay	0:12:40	0:00:53	0:33:14	0:00:45	0:18:24	1:05:55
5	131	Naughton	Art	30-39	MALE	0:12:39	0:00:55	0:33:16	0:00:43	0:18:33	1:06:06
6	31	Beades	Artur		MALE	0:11:57	0:01:08	0:33:14	0:00:59	0:19:33	1:06:50
7	22	Daly	Jonathan	30-39	Male	0:12:17	0:00:58	0:34:41	0:00:43	0:19:07	1:07:47
8	18	Rafferty	Bill	40-49	Male	0:12:53	0:01:02	0:34:23	0:00:50	0:19:13	1:08:21
9	173	Molloy	Donnacha	30-39	MALE						1:08:31
10	56	Cuddy	Gerard	30-39	Male	0:13:45	0:01:12	0:34:45	0:01:01	0:18:03	1:08:46
11	174	Murphy	Mike	30-39	MALE	0:15:06	0:01:31	0:31:26	0:00:55	0:20:07	1:09:05
12	46	Cawley	Stephen	30-39	MALE	0:13:42	0:01:02	0:33:27	0:00:44	0:20:18	1:09:12
13	87	Hession	Michael	40-49	MALE	0:15:08	0:01:06	0:33:32	0:00:54	0:18:47	1:09:27
14	61	Dooley	Killian	40-49	MALE	0:15:31	0:01:04	0:33:06	0:00:47	0:19:10	1:09:38
15	35	Breen	Mark	30-39	MALE	0:14:12	0:01:05	0:32:53	0:00:51	0:21:02	1:10:02
16	47	Cloonan	Cian	16-19	Male	0:12:17	0:01:07	0:35:19	0:00:57	0:20:38	1:10:18
17	52	Conway	Alister		MALE	0:15:37	0:00:55	0:34:50	0:00:43	0:19:00	1:11:04
18	57	Curran	Liam		MALE	0:15:40	0:01:23	0:33:37	0:01:03	0:19:34	1:11:17
19	118	Millane	Ruairi	30-39	MALE	0:12:48	0:01:05	0:36:47	0:01:06	0:19:48	1:11:34
20	68	Flanagan	Joanne	20-29	Female	0:12:15	0:00:59	0:36:50	0:00:46	0:20:55	1:11:46
21	29	Ocean	Fitness	Relay	Relay	0:13:00	0:00:44	0:41:09		0:18:17	1:13:10
22	28	Walsh	Jane	Relay	Relay	0:13:10	0:01:19	0:39:19	0:00:44	0:18:47	1:13:20
23	40	Callaghan	Daragh	40-49	Male	0:16:20	0:01:15	0:35:14	0:01:01	0:20:43	1:14:32
24	116	McMullen	Conor	30-39	MALE	0:12:00	0:01:34	0:39:21	0:00:41	0:21:23	1:15:00
25	80	Hanley	Eamon	30-39	Male	0:16:41	0:01:41	0:36:11	0:00:54	0:19:58	1:15:26
26	60	Doherty	Robert	40-49	Male	0:16:10	0:01:52	0:36:26	0:00:57	0:20:42	1:16:08
27	37	Browne	Rynal	40-49	MALE	0:16:54	0:01:20	0:36:16	0:00:48	0:20:59	1:16:17
28	127	Mullins	Fergus	40-49	MALE	0:14:10	0:01:22	0:37:36	0:01:19	0:21:53	1:16:21
29	24	Harries	Stuart	30-39	Male	0:15:44	0:02:08	0:35:25	0:01:11	0:22:02	1:16:30
30	112	McArdle	Brendan	40-49	Male	0:15:01	0:01:33	0:39:05	0:01:07	0:19:49	1:16:34
31	125	Mulchrone	Mary	40-49	Female	0:16:50	0:01:26	0:36:17	0:00:54	0:21:15	1:16:43
32	45	Cassidy	Karen	40-49	Female	0:14:54	0:01:32	0:35:47	0:01:10	0:24:37	1:17:59
33	81	Hanley	Brian	30-39	Male	0:17:08	0:01:56	0:37:01	0:01:19	0:20:48	1:18:12
34	136	Landgraf	Gavin	20-29	MALE	0:13:40	0:02:10	0:39:52	0:00:48	0:21:51	1:18:21
35	135	O'carroll	John	40-49	Male	0:15:29	0:01:58	0:36:52	0:01:26	0:22:36	1:18:22
36	163	Walsh	Liam	30-39	MALE	0:15:37	0:01:55	0:38:50	0:01:35	0:20:28	1:18:26
37	153	Smyth	Stephen	40-49	Male	0:13:41	0:01:38	0:38:24	0:01:10	0:23:37	1:18:31
38	36	Brennan	David	40-49	MALE	0:17:02	0:01:51	0:37:46	0:00:49	0:21:06	1:18:34
39	96	Kelly	Jason	40-49	MALE	0:15:55	0:01:46	0:36:46	0:01:32	0:22:41	1:18:40
40	86	Herman	Alexander	30-39	Male	0:15:56	0:02:22	0:37:59	0:00:52	0:21:34	1:18:44
41	104	Leahy	Donal	40-49	Male	0:15:36	0:02:09	0:37:47	0:01:29	0:21:47	1:18:48
42	167	Sammon	Austin		MALE	0:18:06	0:01:51	0:37:48	0:01:01	0:20:17	1:19:04
43	151	Shannon	Fintan	40-49	Male	0:16:41	0:01:14	0:37:49	0:00:57	0:22:26	1:19:06
44	38	Browne	NIALL		MALE	0:16:46	0:01:54	0:38:08	0:01:03	0:22:05	1:19:56
45	155	Strange	Peter	40-49	Male	0:17:13	0:01:28	0:37:23	0:00:51	0:23:15	1:20:10
46	89	Howard	Denton	40-49	Male	0:15:48	0:02:22	0:37:35	0:01:32	0:22:53	1:20:10
47	54	Costello	Terry	30-39	Male	0:20:24	0:01:51	0:35:59	0:01:00	0:21:10	1:20:24
48	161	Waldron	Ruth	20-29	Female	0:16:08	0:01:45	0:38:50	0:01:07	0:22:45	1:20:34
49	93	Joyce	Caitriona	20-29	Female	0:15:41	0:01:41	0:40:12	0:01:10	0:22:25	1:21:10
50	43	Carroll	Michael	50-59	Male	0:15:31	0:01:51	0:39:11	0:01:39	0:23:05	1:21:16
51	48	Coffey	Mark	40-49	Male	0:15:39	0:03:36	0:37:25	0:02:03	0:22:41	1:21:23
52	143	O'Sullivan	Eoin	30-39	MALE	0:15:54	0:02:41	0:38:45	0:01:18	0:22:46	1:21:23
53	159	Vaughan	Jim	40-49	MALE	0:17:15	0:01:41	0:38:59	0:01:13	0:22:27	1:21:35
54	95	Kelly	Deirdre	30-39	FEMALE	0:15:34	0:01:42	0:40:05	0:01:14	0:23:08	1:21:43
55	8	Whiting	Cameron	20-29	MALE	0:10:42	0:02:30	0:42:54	0:00:50	0:25:11	1:22:07
56	9	Joyce	Deirbhle	Relay	Relay	0:16:02	0:00:48	0:41:38	0:00:39	0:23:11	1:22:19
57	110	Mannion	Liam	40-49	Male	0:17:46	0:02:06	0:37:52	0:01:54	0:22:54	1:22:32
58	70	Foley	Ray		MALE	0:15:45	0:01:52	0:39:13	0:00:57	0:24:51	1:22:38
59	113	McDermott	Bernard	30-39	Male	0:19:09	0:01:49	0:38:48	0:01:08	0:21:47	1:22:41
60	164	White	Mark	50-59	Male	0:15:13	0:02:09	0:39:08	0:01:47	0:25:22	1:23:39

61	106	Lyons	Fiona	40-49	FEMALE	0:15:28	0:01:43	0:40:40	0:01:11	0:24:52	1:23:53
62	51	Conroy	Edel	40-49	Female	0:13:57	0:01:26	0:40:37	0:01:32	0:26:34	1:24:07
63	123	Moran	Nathan	20-29	Male	0:15:06	0:01:51	0:41:25	0:01:09	0:24:40	1:24:11
64	105	Lemahieu	Chloe	20-29	Female	0:19:19	0:02:06	0:40:01	0:01:02	0:21:51	1:24:18
65	75	Galvin	Shane	30-39	MALE	0:17:40	0:02:10	0:40:47	0:01:09	0:22:43	1:24:29
66	114	McGoldrick	Gabriel	50-59	Male	0:17:15	0:01:47	0:42:59	0:00:49	0:21:52	1:24:42
67	41	Carnes	Lane	50-59	Male	0:16:43	0:02:44	0:38:31	0:01:50	0:25:04	1:24:52
68	85	Heather	Christopher	20-29	Male	0:16:09	0:01:55	0:39:55	0:00:58	0:25:58	1:24:55
69	34	Brazel	Patrick	20-29	Male	0:14:16	0:01:55	0:42:21	0:01:31	0:25:20	1:25:23
70	115	McLaughlin	Ray	40-49	Male	0:18:08	0:02:19	0:40:31	0:01:42	0:22:56	1:25:35
71	99	Kilgannon	Orlaith	20-29	Female	0:12:44	0:01:57	0:44:24	0:00:54	0:25:39	1:25:38
72	139	O'Riordan	Ray	30-39	MALE	0:15:38	0:01:36	0:44:30	0:01:30	0:22:44	1:25:58
73	103	Kneafsey	John paul	20-29	MALE	0:19:33	0:02:11	0:39:40	0:00:53	0:23:53	1:26:09
74	121	Mooney	Rory	40-49	Male	0:16:59	0:02:35	0:37:03	0:01:46	0:27:52	1:26:15
75	77	Gleeson	Cara	40-49	FEMALE	0:19:18	0:01:44	0:39:04	0:01:13	0:25:16	1:26:35
76	88	Hopkins	David	40-49	Male	0:19:47	0:02:21	0:41:17	0:01:20	0:21:55	1:26:40
77	133	O Gorman	Valerie	30-39	FEMALE	0:15:52	0:01:46	0:42:11	0:01:14	0:25:45	1:26:47
78	53	Houlihan	John	40-49	MALE	0:19:21	0:01:36	0:40:26	0:01:05	0:24:27	1:26:55
79	126	Mulderrig	Eamonn	30-39	MALE	0:17:01	0:02:46	0:42:36	0:01:32	0:23:11	1:27:06
80	170	Devin	Katie	20-29	FEMALE	0:15:53	0:01:48	0:44:47	0:01:09	0:24:09	1:27:46
81	42	Carroll	Eamonn	20-29	Male	0:18:13	0:03:57	0:41:13	0:00:54	0:23:36	1:27:53
82	142	o'Shea	Eamonn	40-49	MALE	0:21:48	0:02:03	0:41:02	0:01:19	0:21:45	1:27:56
83	100	Kilkelly	Barry	20-29	Male	0:18:02	0:03:41	0:41:19	0:02:08	0:22:50	1:28:00
84	64	Everard	Steve	30-39	MALE	0:18:39	0:01:16	0:41:44	0:01:13	0:25:14	1:28:06
85	130	Murray	Pauline		FEMALE	0:15:43	0:02:35	0:44:03	0:01:19	0:24:28	1:28:08
86	30	batty	paul	40-49	Male	0:20:04	0:02:21	0:42:29	0:01:28	0:21:59	1:28:21
87	147	Rohan	James	50-59	MALE	0:21:24	0:02:53				1:28:22
88	62	Duffy	Tadhg	40-49	Male	0:18:28	0:05:29	0:40:32	0:01:59	0:22:35	1:29:04
89	91	Hynes	Geraldine	30-39	Female	0:19:47	0:02:02	0:41:14	0:01:11	0:24:59	1:29:12
90	55	Creighton	Sara	30-39	FEMALE	0:15:42	0:02:02	0:40:52	0:01:18	0:29:36	1:29:29
91	69	Foley	Mary	30-39	Female	0:17:06	0:03:50	0:42:23	0:01:40	0:24:48	1:29:47
92	23	McGrath	Lisa	30-39	Female	0:18:57	0:03:32	0:40:26	0:02:05	0:24:48	1:29:47
93	109	Mangan	Tomas	40-49	Male	0:18:44	0:02:48	0:41:40	0:01:26	0:25:19	1:29:57
94	92	Joyce	Aisling	20-29	FEMALE	0:18:10	0:02:28	0:42:42	0:00:58	0:25:55	1:30:13
95	150	Scott	Rachel	20-29	FEMALE	0:15:56	0:02:09	0:45:21	0:01:13	0:25:52	1:30:31
96	90	Hynes	Maeve	20-29	FEMALE	0:20:17	0:01:18	0:42:49	0:01:04	0:25:08	1:30:36
97	44	Casanova	Aurelien	30-39	Male	0:17:57	0:04:02	0:42:54	0:00:54	0:25:02	1:30:49
98	145	Rahmani	George	20-29	MALE	0:19:55	0:01:45	0:43:46	0:01:03	0:24:26	1:30:56
99	148	Rowland	Trevor	30-39	Male	0:19:17	0:03:30	0:41:22	0:02:02	0:24:52	1:31:04
100	72	Gallagher	Aileen	30-39	FEMALE	0:18:49	0:02:01	0:44:36	0:01:31	0:24:24	1:31:21
101	141	O'Shaughnessy	Kellie	40-49	FEMALE	0:18:42	0:01:51	0:42:56	0:01:26	0:26:28	1:31:23
102	83	Hartnett	Gabriel	40-49	Male	0:17:04	0:03:07	0:42:32	0:01:11	0:27:59	1:31:52
103	162	Fitzgerald	Fiona	30-39	FEMALE	0:17:05	0:01:47	0:46:27	0:01:05	0:25:41	1:32:04
104	39	Byrne	David	40-49	MALE	0:21:11	0:01:34	0:42:06	0:01:30	0:25:52	1:32:13
105	120	Moloney	Kieran	40-49	Male	0:19:03	0:03:19	0:44:30	0:01:42	0:24:19	1:32:53
106	66	Fay	Laura	40-49	FEMALE	0:20:48	0:03:38	0:42:25	0:01:26	0:24:40	1:32:57
107	94	Keaney	Diarmuid	40-49	Male	0:20:38	0:02:12	0:45:43	0:00:58	0:24:12	1:33:42
108	26	Lennon	David	30-39	Male	0:20:35	0:02:06	0:40:43	0:01:38	0:28:42	1:33:43
109	82	Harrington	Fiona	30-39	FEMALE	0:16:44	0:03:23	0:47:07	0:01:34	0:25:01	1:33:49
110	49	Coleman	Caitriona	50-59	Female	0:19:54	0:02:43	0:44:15	0:01:01	0:26:45	1:34:37
111	124	Moroney	Nora	20-29	Female	0:20:34	0:03:35	0:44:36	0:01:01	0:25:03	1:34:49
112	76	Geraghty	Fiona	30-39	FEMALE	0:15:22	0:02:42	0:50:31	0:01:07	0:25:27	1:35:09
113	134	O loughlin	Lynne	30-39	Female	0:17:19	0:02:03	0:47:35	0:01:31	0:28:33	1:37:02
114	129	Murphy	Johnny	50-59	Male	0:21:44	0:01:53	0:41:37	0:01:50	0:29:59	1:37:02
115	166	Malherbe	Karen	30-39	Female	0:17:26	0:02:11	0:49:04	0:01:03	0:27:58	1:37:42
116	73	Gallagher	Brendan	50-59	Male	0:20:06	0:02:43	0:47:00	0:01:49	0:26:05	1:37:43
117	140	Ormond	Kieran	20-29	Male	0:20:38	0:03:32	0:47:40	0:00:52	0:25:00	1:37:43
118	152	Simon	Joe	30-39	Male	0:25:37	0:03:27	0:43:18	0:01:35	0:24:39	1:38:35
119	160	Waage	Kristine	40-49	Female	0:17:30	0:02:52	0:48:22	0:01:22	0:28:32	1:38:38
120	157	Timon	Colette	50-59	Female	0:20:18	0:02:58	0:49:43	0:02:05	0:24:50	1:39:54
121	175	Delaney	Ciara	30-39	FEMALE	0:18:57	0:02:25	0:48:17	0:01:44	0:28:37	1:39:59

122	63	Egan	Jim	50-59	Male	0:20:02	0:03:40	0:44:39	0:02:24	0:29:30	1:40:15
123	84	Hayes	Seamus	30-39	MALE	0:20:03	0:02:33	0:47:01	0:01:34	0:29:17	1:40:27
124	108	Malone	Niamh	20-29	Female	0:19:18	0:03:09	0:47:42	0:00:59	0:31:26	1:42:33
125	107	Maguire	Ciaran	40-49	Male	0:23:06	0:03:27	0:47:10	0:02:05	0:29:29	1:45:16
126	50	Coleman	Michael	50-59	Male	0:23:32	0:03:44	0:44:19	0:01:34	0:32:20	1:45:29
127	74	Gallagher	Brendan	40-49	Male						1:49:54
128	149	Ryan	Caron	16-19	FEMALE	0:12:49	0:01:15	0:40:03			No Time
129	156	Tighe	Stephen	30-39	Male	0:20:22	0:02:55	0:52:23			No Time