

Place	Number	Name	Surname	Team	Sex	Lap 1	Lap 2	Race Time
1	3488	Paul	Molloy	Outfront	M	0:29:11	0:30:40	0:59:51
2	132	Paul	Dillon	Solo	M	0:32:50	0:35:13	1:08:02
3	471	niall	corless	Solo	M	0:35:14	0:34:48	1:10:22
4	684	Finn	Mc Cool	A sorry excuse for a session!	M	0:34:03	0:37:24	1:11:55
5	134	phelim	leonard	Solo	M	0:35:59	0:37:26	1:13:25
6	289	Kenneth	Rothwell	Nolan health an fitness	M	0:38:50	0:40:01	1:18:24
7	374	Tommie	Devine	Devine Mercy	M	0:37:11	0:41:37	1:18:40
8	373	John	Mannion	Devine Mercy	M	0:37:14	0:41:33	1:18:41
9	309	Declan	O Brien	Solo	M	0:36:24	0:42:41	1:19:02
10	7	David	Connell	Ardagh	M	0:36:57	0:43:28	1:20:02
11	14	Padraig	Cradock	Ardagh	M	0:37:04	0:43:52	1:20:22
12	1445	Shane	Farrell	Fireseal Contracts	M	0:38:10	0:40:22	1:21:23
13	1213	Patrick	O Connor	Danny's First Steps	M	0:40:49	0:41:49	1:22:17
14	118	Derek	Walsh	Solo	M	0:39:34	0:44:21	1:23:56
15	590	Lucinda	Gahan	Gahan Trio	F	0:41:10	0:43:53	1:25:02
16	589	Joseph	Gahan	Gahan Trio	M	0:41:10	0:43:52	1:25:05
17	370	Lukas	Prisvalka	Deco Designs	M	0:38:46	0:44:38	1:26:15
18	685	Luke	Byrne	A sorry excuse for a session!	M	0:39:28	0:46:57	1:26:20
19	371	Vaidas	Mockus	Deco Designs	M	0:38:44	0:44:46	1:26:26
20	806	Kevin	Fahy	Solo	M	0:41:16	0:47:46	1:29:10
21	3013	Owen	Coakley	Scally Clan	M	0:43:46	0:45:58	1:29:40
22	3010	Aidan	Scally	Scally Clan	M	0:45:15	0:44:33	1:29:45
23	363	Patrick	Boland	Ballygowel G.F.C	M	0:44:43	0:46:18	1:30:39
24	680	Cara	Mac Aodhain	A sorry excuse for a session!	M	0:42:46	0:48:02	1:31:10
25	359	Michael	Tutty	Ballygowel G.F.C	M	0:45:30	0:47:18	1:32:36
26	372	John	Devine	Devine Mercy	M	0:40:10	0:52:36	1:32:40
27	358	Matt	Morrow	Ballygowel G.F.C	M	0:45:36	0:49:08	1:34:21
28	1200	John	Carlos	Danny's First Steps	M	0:51:50	0:44:17	1:35:45
29	611	Aonghus	Meehan	Solo	M	0:42:58	0:53:05	1:36:02
30	1550	Seamus	Philbin	EX-NT	M	0:47:29	0:48:57	1:36:05
31	321	Noel	Kelly	Solo	M	0:44:48	0:51:50	1:36:12
32	364	Ronan	O Neachtain	Ballygowel G.F.C	M	0:45:40	0:52:18	1:37:34
33	2752	damien	parker	the rebels	M	0:48:13	0:50:07	1:38:11
34	2159	Dean	Ward	Rkw	M	0:47:44	0:50:46	1:38:26
35	627	Rory	Meehan	Solo	M	0:42:58	0:53:36	1:38:39
36	1510	Sean	Carey	RACE JOCKEYS	M	0:56:36	0:42:42	1:39:07
37	1506	Niamh	OGrowney	RACE JOCKEYS	F	0:48:45	0:50:48	1:39:20
38	1507	Patricia	Morrissey	RACE JOCKEYS	F	0:48:28	0:51:10	1:39:24
39	1509	Sarah	Verling	RACE JOCKEYS	F	0:48:46	0:51:11	1:39:46
40	3001	Edward	Jameson	Fools united	M	0:50:33	0:50:02	1:40:20
41	1660	John	Harte	CRIME 2	M	0:49:20	0:51:27	1:40:48
42	1661	Karen	Harte	CRIME 2	F	0:49:51	0:50:58	1:41:08
43	688	Stuart	Roddy	A sorry excuse for a session!	M	0:49:31	0:51:54	1:41:18
44	679	Benny	Rock	A sorry excuse for a session!	M	0:49:30	0:51:55	1:41:23
45	1352	Martin	Flanagan	Marbbie	M	0:49:23	0:52:08	1:41:24
46	418	Stephen	Oâ€™Connor	Lets get sweaty	M	0:46:11	0:55:41	1:41:49
47	20	Thomas	Hardiman	Ardagh	M	0:46:28	0:55:46	1:41:49
48	417	Paul	Oâ€™Connor	Lets get sweaty	M	0:46:11	0:55:43	1:41:50
49	21	Tom	Darcy	Ardagh	M	0:46:30	0:55:45	1:41:51
50	1024	James	Clarke	Chapter2Fitness	M	0:51:58	0:50:04	1:42:02
51	1029	Victor	Perez	Chapter2Fitness	M	0:53:16	0:48:48	1:42:02
52	155	Brendan	Murphy	Uld Misfits	M	0:46:18	0:56:51	1:42:47
53	15	Paul	Guerin	Ardagh	M	0:46:39	0:57:25	1:43:32
54	1499	Eamonn	Fitzgerald	RACE JOCKEYS	M	0:56:37	0:47:09	1:43:34
55	941	Jason	Walmsley	Solo	M	0:50:38	0:55:02	1:45:25
56	114	Darren	O'Brien	Solo	M	0:49:13	0:56:36	1:45:44
57	350	Eoghan	Oâ€™Connor	Ballygowel G.F.C	M	0:49:39	0:56:18	1:45:45
58	125	Ian	Power	Solo	M	0:49:05	0:57:03	1:46:04

59	1025	Larry	Doyle	Chapter2Fitness	M	0:53:17	0:53:14	1:46:36
60	1354	Robbie	Carroll	Marbbie	M	0:51:28	0:55:20	1:46:42
61	148	Rebecca	Harford	The mucky lusk crew	F	0:47:43	0:59:11	01:46:54
62	830	Francis	Byrne	Wexicans	M	0:54:29	0:55:18	1:49:45
63	831	Kelly	Watters	Wexicans	F	0:54:43	0:55:04	1:50:45
64	1027	Patrick	Munds	Chapter2Fitness	M	0:52:54	0:57:10	1:51:19
65	24	Mike	Cronin	BALLAUGHBOYS	M	0:50:38	1:00:53	1:51:23
66	188	Daniel	Gilmore	BALLAUGHBOYS	m	0:50:39	1:00:53	1:51:24
67	832	Mikey	Quigley O Conn	Wexicans	M	0:54:45	0:55:05	1:52:05
68	354	Jay	Curley	Ballygowel G.F.C	M	0:47:01	1:05:33	1:52:11
69	360	Niall	Buckley	Ballygowel G.F.C	M	0:52:04	1:00:58	1:52:37
70	1144	Alicia	Boland	Ali.b	F	0:58:44	0:54:06	1:52:42
71	351	Eoin	Howlin	Ballygowel G.F.C	M	0:54:24	0:58:41	1:52:45
72	361	Niamh	Gleeson	Ballygowel G.F.C	F	0:54:18	0:58:42	1:52:49
73	352	FionÁin	Leahy	Ballygowel G.F.C	M	0:54:23	0:58:41	1:52:54
74	1172	Alan	Somers	Danny's First Steps	M	0:54:56	0:58:22	1:52:57
75	712	lucy	masterson	ayrfield boxercise club	F	0:53:13	0:59:52	1:53:08
76	709	john	cullane	ayrfield boxercise club	M	0:53:09	1:00:00	1:53:11
77	1145	Joseph	Boland	Ali.b	M	0:58:56	0:54:54	1:53:42
78	470	Lorna	Molloy	Solo	F	0:50:25	1:00:47	1:53:58
79	465	David	Lawlor	Solo	M	0:50:05	1:01:07	1:53:59
80	686	Neil	Keane	A sorry excuse for a session!	M	0:57:17	0:57:43	1:54:58
81	1655	Andrew	Haran	CRIME 2	M	1:06:15	0:49:08	1:55:22
82	319	Michael	Talbot	Solo	M	0:51:11	1:04:44	1:55:50
83	2373	Mike	Laffan	Laffan	M	1:01:25	0:54:09	1:55:59
84	1099	Seamus	Twomey	Solo	M	0:57:20	0:59:06	1:56:18
85	143	Declan	ralph	The mucky lusk crew	M	0:51:35	1:05:39	1:56:54
86	145	Joe	Daly	The mucky lusk crew	M	0:51:35	1:05:40	1:56:55
87	1088	Eamonn	Carey	Solo	M	0:57:33	0:59:31	1:56:56
88	1096	Paul	McMahon	Solo	M	0:57:16	0:59:49	1:56:59
89	3014	Sarah	Byrne	Scally Clan	F	0:54:40	1:03:16	1:57:52
90	1650	Mark	Waters	Crime 1	M	1:01:57	0:59:09	2:01:02
91	327	Siobhan	Keenan	Solo	F	0:57:29	1:04:20	2:01:23
92	322	Patrick	Keenan	Solo	M	0:57:29	1:04:27	2:01:30
93	708	greg	lowry	ayrfield boxercise club	M	0:59:44	1:02:02	2:01:40
94	726	shannon	kearney	ayrfield boxercise club	F	1:00:00	1:02:11	2:02:09
95	158	Paul	Haskins	Uld Misfits	M	0:59:01	1:03:55	2:02:33
96	157	Laurence	Gahan	Uld Misfits	M	0:59:00	1:03:58	2:02:36
97	754	Donal	Mc Fadden	D & J Laois Warriors	M	1:19:57	0:42:58	2:02:40
98	608	Jill	Davis	NANA and the 3 muckateers	F	0:57:04	1:05:47	2:02:46
99	606	Finn	Hassett	NANA and the 3 muckateers	M	0:56:30	1:06:30	2:02:54
100	623	Jonathan	Meighan	Solo	M	0:56:01	1:07:02	2:02:54
101	625	Lisa	Meighan	Solo	F	0:55:48	1:07:16	2:02:55
102	607	Glen	Hassett	NANA and the 3 muckateers	M	0:56:27	1:06:35	2:02:57
103	605	Dolly aka NANA	Collins	NANA and the 3 muckateers	F	0:57:03	1:06:00	2:02:58
104	714	lynn	heeneey	ayrfield boxercise club	F	0:59:56	1:03:22	2:03:12
105	1888	Christina	McGlone	Errigal Contracts	F	1:03:14	1:00:26	2:03:35
106	292	Sean	Nolan	Nolan health an fitness	M	1:00:02	1:06:00	2:05:40
107	2737	Amy	Nolan	SemiSoberSallys	F	1:02:31	1:03:30	2:05:47
108	2739	Josh	MacNulty	SemiSoberSallys	M	1:02:33	1:03:32	2:05:48
109	2736	Aisling	Healy	SemiSoberSallys	F	1:02:33	1:03:32	2:05:50
110	45	Donie	Dowling	Dowling	M	1:01:17	1:05:54	2:07:03
111	3078	Celine	Murphy	Murphy's	f	1:02:20	1:05:04	2:07:18
112	1059	Chris	Murphy	Murphy's	M	1:05:12	1:02:11	2:07:18
113	288	Justin	Leary	Nolan health an fitness	M	1:00:44	1:07:04	2:07:24
114	1636	Brie	Lloyd-Evans	Bog Trotters	F	1:04:53	1:03:35	2:08:06
115	1638	Sarah	Lynch	Bog Trotters	F	1:05:13	1:03:17	2:08:09
116	3493	Julie	Kennedy		F	0:56:52	1:11:43	2:08:16
117	3494	Susan	Bradley		F	0:56:27	1:12:10	2:08:17

118	1643	Brian	Lennon	Crime 1	M	1:07:54	1:01:00	2:08:53
119	1653	Robert	O'Dwyer	Crime 1	M	1:05:26	1:03:25	2:08:59
120	1665	Louise	Sylvester	CRIME 2	F	1:05:30	1:03:19	2:09:25
121	1656	Anthony	Jinks	CRIME 2	M	1:07:54	1:00:57	2:09:28
122	1658	Deirdre	O'Shaughnessy	CRIME 2	F	1:07:52	1:01:27	2:09:29
123	1657	Corey	Jinks	CRIME 2	M	1:07:11	1:01:54	2:09:46
124	193	David	O'Reilly	CLG Mhaigh Cuilinn	M	0:56:50	1:13:27	2:09:56
125	194	Dermot	Cullen	CLG Mhaigh Cuilinn	M	0:56:49	1:13:29	2:09:58
126	39	Colm	Gavin	CLG Mhaigh Cuilinn	M	0:56:39	1:13:42	2:10:00
127	1642	Aidan	Curley	Crime 1	M	1:07:56	1:00:48	2:10:29
128	1654	Ronan	Kelly	Crime 1	M	1:05:04	1:05:34	2:10:38
129	119	fintan	morrissey	Solo	M	0:58:31	1:13:05	2:11:31
130	129	Noel	Dunne	Solo	M	0:58:30	1:13:08	2:11:31
131	2110	Catherine	McInerney	Get The Leg Over	F	1:06:27	1:05:45	2:12:18
132	715	mick	fitzgerald	ayrfield boxercise club	M	1:05:17	1:07:14	2:12:27
133	697	brian	phelan	ayrfield boxercise club	M	1:05:18	1:07:16	2:12:30
134	1646	Eithne	Delaney	Crime 1	F	1:05:16	1:05:23	2:12:51
135	3389	Niall	Kelly		M	1:07:06	1:06:08	2:13:14
136	2696	Edel	Mchugh	Muckin Useless	F	1:15:37	0:58:33	2:13:58
137	2698	Niall	Mcginley	Muckin Useless	M	1:15:32	0:58:39	2:14:00
138	2699	Niall	Murphy	Muckin Useless	M	1:15:38	0:58:40	2:14:08
139	368	Nigel	McGuire	Bergkamp	M	1:02:39	1:13:31	2:17:01
140	452	Ciara	O'Grady	Pack of bitches	F	1:05:43	1:11:43	2:17:08
141	454	Lauren	Murray	Pack of bitches	F	1:05:40	1:11:45	2:17:09
142	453	Kate	O'Grady	Pack of bitches	F	1:05:36	1:11:52	2:17:11
143	1645	Damian	Tiernan	Crime 1	M	1:08:33	1:09:05	2:17:37
144	1648	Grayson	Reid	Crime 1	M	1:08:34	1:08:58	2:17:38
145	369	Paul	McDermott	Bergkamp	M	1:03:52	1:12:18	2:17:47
146	1652	Orlagh	Tiernan	Crime 1	F	1:08:34	1:09:02	2:18:23
147	1664	Liz	Healy	CRIME 2	F	1:06:28	1:11:08	2:18:49
148	2700	Sarah	O' Dwyer	Muckin Useless	F	1:15:36	1:05:59	2:21:24
149	2697	Maude	Lysaght	Muckin Useless	F	1:15:36	1:06:01	2:21:25
150	651	Judith	O'Brien	The Langers	F	1:21:48	1:12:13	2:34:06
151	652	Matty	Sexton	The Langers	M	1:21:55	1:12:28	2:34:22
152	1227	Brisn	Dunphy	Davies Angels	M	1:21:53	1:12:56	2:34:46
153	1235	John	Flynn	Davies Angels	M	1:21:46	1:13:06	2:34:49
154	1230	Dawn	Phelan	Davies Angels	F	1:21:50	1:12:52	2:35:01
155	1234	Joe	Molloy	Davies Angels	M	1:22:01	1:12:43	2:35:08
156	1229	David	Brennan	Davies Angels	M	1:21:30	1:13:18	2:35:38
157	696	annemarie	cooke	ayrfield boxercise club	F	1:29:30	1:11:22	2:40:43
158	699	clare	burke	ayrfield boxercise club	F	1:25:33	1:15:19	2:40:44
159	703	debbie	green	ayrfield boxercise club	F	1:23:14	1:17:37	2:40:45
160	1663	Laura	Finan	CRIME 2	F	1:13:09	1:27:40	2:40:48
161	1666	Mike	Finan	CRIME 2	M	1:13:11	1:27:39	2:41:03
162	592	Colin	Elliffe	Irelands Unfittest Family	M	1:41:24	1:03:15	2:44:26
163	2629	Brian	Fitzpatrick	Fitzpatrick O Sullivan	m	1:30:17	1:25:52	2:55:37
164	784	Katelynn	Phelan	Mucky Misfits	F	1:26:24	1:31:33	2:57:47
165	785	Lisa-marie	Phelan	Mucky Misfits	F	1:27:14	1:30:46	2:57:50
166	783	Kassandra	Lyons	Mucky Misfits	F	1:27:14	1:30:46	2:57:50
167	724	sarah	king	ayrfield boxercise club	F	1:35:09	1:32:45	3:07:47
168	713	lynda	king	ayrfield boxercise club	F	1:35:33	1:32:39	3:08:07
	191	Bryan	Fox	CLG Mhaigh Cuilinn	M	0:56:43		Pending
	317	Mark	Stapleton	Solo	M	0:48:40		Pending
	437	Brendan	Ward	NS Squad	M	0:46:12		Pending
	346	Christopher	McCarthy	Ballygowel G.F.C	M	0:50:44		Pending
	682	Denis	Mc Glynn	A sorry excuse for a session!	M	0:33:54		Pending
	653	William	Dennehy	The Langers	M	1:21:32		Pending
	1228	Corena	Halligan	Davies Angels	F	1:21:38		Pending
	1236	Lisa	Finn	Davies Angels	F	1:21:49		Pending

	1226	Adam	Foley	Davies Angels	M	1:21:55		Pending
	1223	Stephen	O Connor	Danny's First Steps	M	0:46:12		Pending
	1504	Luke	Carberry	RACE JOCKEYS	M	0:56:38		Pending
	2738	Eoin	Clancy	SemiSoberSallys	M	1:01:44		Pending
	1647	Fiona	Reid	Crime 1	F	1:08:32		Pending