

Place	Bib	Name	Sex	Cat	Race Time	Chip Time
1	1822	Hogan Tom	MALE	Senior	0:33:21	0:33:21
2	459	Forde Ger	MALE	Senior	0:33:26	0:33:26
3	1802	Monaghan Martin	MALE	Over40	0:35:16	0:35:16
4	447	Doran Paul	MALE	Senior	0:35:24	0:35:24
5	1829	Cloake Enda	MALE	18-19	0:37:04	0:37:03
6	1810	Martin Kevin	MALE	Over40	0:37:15	0:37:15
7	430	Carthy Jackie	FEMALE	Over40	0:37:28	0:37:28
8	1857	Rossiter Joe	MALE	Over40	0:37:34	0:37:34
9	547	O'Shaughnessy Brian	MALE	Senior	0:37:43	0:37:43
10	1811	Savage Lee	MALE	Senior	0:38:01	0:38:01
11	551	Power Gerard	MALE	Senior	0:38:09	0:38:08
12	1848	Crowley Caroline	FEMALE	Senior	0:38:11	0:38:11
13	1842	Stone John	MALE	Senior	0:38:17	0:38:16
14	1815	Crosbie Niall	MALE	Over40	0:38:22	0:38:21
15	528	Murphy John	MALE	Over40	0:38:39	0:38:38
16	449	Doyle Edward	MALE	Senior	0:38:46	0:38:41
17	522	Mulhall Brian	MALE	Over40	0:38:56	0:38:56
18	517	McMonagle Ray	MALE	Senior	0:39:17	0:39:16
19	500	Lyons Alan	MALE	Senior	0:39:24	0:39:23
20	1872	Moorhead Ross	MALE	Senior	0:39:25	0:39:22
21	422	Browne Paul	MALE	Over40	0:39:25	0:39:25
22	576	Sznajder Mariusz	MALE	Senior	0:39:28	0:39:27
23	564	Saunders Mark	MALE	Over40	0:39:34	0:39:32
24	496	Liam Bowe (0876411355	MALE	Senior	0:39:52	0:39:51
25	586	Wilson Ciara	FEMALE	Senior	0:40:05	0:40:04
26	1806	Clancy Mark	MALE	Senior	0:40:28	0:40:27
27	408	Barry Conor	MALE	Over40	0:40:55	0:40:52
28	452	Doyle Will	MALE	Senior	0:41:03	0:41:00
29	442	Dempsey Noel	MALE	Senior	0:41:06	0:40:53
30	484	Kelly Shane	MALE	Senior	0:41:12	0:41:12
31	1843	Reville Adrian	MALE	Over40	0:41:28	0:41:26
32	574	Sullivan Ann	FEMALE	Over50	0:41:33	0:41:33
33	448	Dowling Fiona	FEMALE	Senior	0:42:01	0:42:00
34	505	Malone Damien	MALE	Senior	0:42:02	0:42:00
35	548	OShea Tom	MALE	Senior	0:42:03	0:42:02
36	1821	Farrell Sean	MALE	Over40	0:42:19	0:42:13
37	477	Kavanagh Fintan	MALE	Senior	0:42:22	0:42:19
38	1831	Micheal Kinsella	MALE	Over40	0:42:46	0:42:40
39	558	Roche John	MALE	Over40	0:43:18	0:43:13
40	418	Booth Patrick	MALE	Senior	0:43:31	0:43:28
41	439	Crosbie Niall	MALE	Senior	0:43:31	0:43:30
42	1841	O'Gorman Michael	MALE	Over50	0:43:32	0:43:28
43	1818	Dunlop-Doyle Sam	MALE	Senior	0:43:34	0:43:32
44	489	Kissane Eoin	MALE	Over40	0:43:37	0:43:30
45	590	O'Neill Niall	MALE	Over40	0:43:38	0:43:38
46	437	Cronin Patrick	MALE	Senior	0:43:41	0:43:30
47	456	Flanagan Tracy	FEMALE	Over40	0:43:41	0:43:31
48	423	Burke Frank	MALE	Over40	0:43:43	0:43:39
49	1824	KcKenny Michael	MALE	Senior	0:43:51	0:43:49
50	1844	Butler Tom	MALE	Over40	0:44:08	0:44:06
51	566	Shannon Adam	MALE	Senior	0:44:11	0:44:01
52	450	Doyle Helen	FEMALE	Over40	0:44:15	0:44:15
53	469	Hodge Eamonn	MALE	Senior	0:44:17	0:44:15
54	1833	Corbett Seamus	MALE	Over40	0:44:18	0:44:13
55	521	Morris Brian	MALE	Senior	0:44:19	0:44:18

56	409	Bawden David	MALE	Over40	0:44:19	0:44:13
57	1814	O'Brien Sinead	FEMALE	Over40	0:44:24	0:44:24
58	1840	Boggan Liam	MALE	Over50	0:44:32	0:44:29
59	1851	Kennedy Orla	FEMALE	Senior	0:44:35	0:44:34
60	1819	Doran Sean	MALE	Senior	0:44:47	0:44:46
61	1864	Curran Derek	MALE	Over40	0:45:01	0:44:53
62	455	Ferris Joe	MALE	Senior	0:45:06	0:44:48
63	503	Maguire Martyn	MALE	Senior	0:45:07	0:45:07
64	523	Mulhall Gerard	MALE	Senior	0:45:11	0:45:04
65	434	Counihan Jerome	MALE	Senior	0:45:28	0:45:23
66	513	McCord Nigel	MALE	Senior	0:45:39	0:45:35
67	438	Crosbie Bob	MALE	Over40	0:45:39	0:45:30
68	1873	Flynn John	MALE	Senior	0:45:41	0:45:30
69	1845	Ryan Stuart	MALE	Senior	0:45:41	0:45:31
70	592	Mulvihill Keith	MALE	Over40	0:45:45	0:45:43
71	536	Nolan AnneMarie	FEMALE	Senior	0:45:48	0:45:47
72	1817	O'Dalaigh Marc	MALE	Over40	0:45:52	0:45:46
73	510	Mc Carthy-Coughlan Callan	MALE	Senior	0:45:54	0:45:47
74	1849	Crowley Richie	MALE	Senior	0:45:59	0:45:58
75	1846	Bowe Ciara	FEMALE	Over40	0:46:16	0:46:13
76	420	Bradbury Conor	MALE	Senior	0:46:17	0:46:14
77	549	Paul Connick (0876785102)	MALE	Senior	0:46:24	0:46:20
78	416	Bolger James	MALE	Senior	0:46:37	0:46:32
79	531	Murphy Paul	MALE	Senior	0:46:50	0:46:42
80	1850	Crowley Amy	FEMALE	Senior	0:46:58	0:46:57
81	1812	O'Leary Michael	MALE	Over40	0:47:06	0:47:01
82	474	Jones Kenneth	MALE	Senior	0:47:12	0:47:09
83	593	Logan Michael	MALE	Over40	0:47:33	0:47:31
84	560	Rossiter Fidelma	FEMALE	Senior	0:47:37	0:47:29
85	1866	Murphy Barry	MALE	Senior	0:47:51	0:47:46
86	1847	Foran Mark	MALE	Over50	0:47:57	0:47:54
87	1859	Dunphy Mag	FEMALE	Over50	0:48:00	0:47:55
88	526	Murphy Bernadette	FEMALE	Senior	0:48:01	0:47:57
89	543	O'Brien Andrew	MALE	Over40	0:48:12	0:48:07
90	419	Bowen Pierce	MALE	Senior	0:48:13	0:48:09
91	410	Beirne Brenda	FEMALE	Senior	0:48:17	0:48:08
92	1870	O'Flaherty Will	MALE	Over40	0:48:18	0:48:14
93	1886	Crowley Robert	MALE	Senior	0:48:22	0:48:11
94	573	Sugrue Tom	MALE	Over40	0:48:24	0:48:09
95	575	Sweeney Sabina	FEMALE	Over40	0:48:25	0:48:21
96	467	Henderson Tadhg	MALE	Senior	0:48:33	0:48:27
97	525	Murphy Alan	MALE	Over40	0:48:36	0:48:33
98	570	Sinnott Martin	MALE	Senior	0:48:41	0:48:38
99	446	Dillon Colin	MALE	Senior	0:48:44	0:48:39
100	588	Fortune Sinead	FEMALE	Over40	0:48:51	0:48:46
101	598	Conlin Noinin	FEMALE	Over50	0:48:56	0:48:51
102	1803	Dempsey Nichola	FEMALE	Senior	0:48:59	0:48:54
103	501	Lyons Andrea	FEMALE	Senior	0:49:02	0:48:59
104	1876	Byrne Colm	MALE	Over40	0:49:02	0:48:54
105	444	Dier John	MALE	Over50	0:49:05	0:49:02
106	473	Isabelle Kelly	FEMALE	Senior	0:49:18	0:49:13
107	1858	Sheridan Donal	MALE	Over50	0:49:19	0:49:19
108	481	Kehoe Eilish	FEMALE	Over40	0:49:19	0:49:16
109	468	Hennessy Patrick	MALE	Over40	0:49:21	0:49:15
110	562	Ryan John	MALE	Over40	0:49:31	0:49:18
111	435	Crean Patrick	MALE	Over40	0:49:33	0:49:23

112	1813	Murphy Michelle	FEMALE	Over40	0:49:35	0:49:30
113	470	Hore Aldan	MALE	Senior	0:49:47	0:49:34
114	1869	Bossan Nora	FEMALE	Over50	0:49:51	0:49:46
115	520	Moran Gerry	MALE	Over40	0:49:55	0:49:48
116	1826	Wallace Alan	MALE	Senior	0:49:57	0:49:46
117	508	Mary Gaynor (0876533761)	FEMALE	Senior	0:50:02	0:49:56
118	594	Logan Christina	FEMALE	Over40	0:50:14	0:50:12
119	563	Salm Linda	FEMALE	Senior	0:50:16	0:50:06
120	462	Fox Paddy	MALE	Over40	0:50:25	0:50:18
121	1887	Crowley Conor	MALE	Senior	0:50:34	0:50:23
122	534	Murray Dean	MALE	Over40	0:50:35	0:50:29
123	497	Longworth Alan	MALE	Over60	0:50:44	0:50:37
124	1825	Doyle Colm	MALE	Over40	0:50:46	0:50:41
125	485	Kennedy David	MALE	Senior	0:50:50	0:50:41
126	1830	Whelan Pa	MALE	Senior	0:50:51	0:50:42
127	1856	O'Leary Ciaran	MALE	Over40	0:50:51	0:50:38
128	1854	Mooney Ian	MALE	Senior	0:50:51	0:50:39
129	1852	Carroll Martin	MALE	Senior	0:51:23	0:51:20
130	486	Kenny Marguerite	FEMALE	Over40	0:51:28	0:51:22
131	414	Boland AVRIL	FEMALE	Senior	0:51:32	0:51:25
132	546	O'Brien Willie	MALE	Senior	0:51:51	0:51:40
133	440	Cullen Marie	FEMALE	Over40	0:52:03	0:52:00
134	538	O brien Ray	MALE	Senior	0:52:08	0:52:00
135	589	Darmody Barry	MALE	Over40	0:52:14	0:52:03
136	591	O'Hagan Brian	MALE	Over40	0:52:25	0:52:20
137	1804	Osborne Joe	MALE	Over50	0:52:30	0:52:28
138	417	Bolger Trish	FEMALE	Over40	0:52:33	0:52:25
139	587	Wright Anthony	MALE	Over40	0:52:54	0:52:43
140	1809	Regan Carmel	FEMALE	Senior	0:53:04	0:53:00
141	421	Bridges Paul	MALE	Over40	0:53:04	0:52:52
142	569	Sinnott Helen	FEMALE	Over40	0:53:27	0:53:21
143	403	Freeman-cullen	Team	Relay	0:53:39	0:53:39
144	514	McCoy Karl	MALE	Senior	0:54:10	0:53:55
145	579	Waldron Michelle	FEMALE	Over40	0:54:15	0:54:10
146	535	Nagle Lara	FEMALE	Senior	0:54:22	0:54:12
147	537	O' Brien Kay	FEMALE	Over40	0:54:24	0:54:16
148	516	McDonagh Karina	FEMALE	Senior	0:54:28	0:54:17
149	463	Guinan Annette	FEMALE	Senior	0:54:31	0:54:28
150	460	Fox Irene	FEMALE	Over40	0:54:31	0:54:24
151	494	Leacy Catriona	FEMALE	Senior	0:54:34	0:54:22
152	1828	Finn Ruth	FEMALE	Senior	0:54:36	0:54:24
153	581	Waters Stephen	MALE	Senior	0:54:37	0:54:25
154	533	Murphy Toni louise	FEMALE	Senior	0:54:42	0:54:30
155	530	Murphy Michael	MALE	Over50	0:54:42	0:54:34
156	465	HALLIGAN SHANE	MALE	Senior	0:54:45	0:54:35
157	1836	Thomas Lyndon	MALE	Over50	0:54:49	0:54:43
158	1832	Depis Gill	MALE	Senior	0:54:51	0:54:43
159	471	Hore Niamh	FEMALE	Senior	0:55:03	0:54:50
160	1834	Whelan Sean	MALE	Over50	0:55:04	0:54:50
161	524	Mullan Greg	MALE	Over40	0:55:05	0:54:46
162	1801	McMahon Sean	MALE	Over40	0:55:21	0:55:15
163	504	Maguire Sinead	FEMALE	Senior	0:55:28	0:55:23
164	584	Whelan Sinead	FEMALE	Over40	0:55:37	0:55:25
165	1860	Quinn Yvonne	FEMALE	Senior	0:55:44	0:55:38
166	453	Dreelan Millisa	FEMALE	Senior	0:55:44	0:55:34
167	1805	Bentley Grainne	FEMALE	Over40	0:55:48	0:55:41

168	407	Barnes Susan	FEMALE	Senior	0:55:49	0:55:44
169	478	Kavanagh Tom	MALE	Over60	0:55:49	0:55:38
170	466	Hearne Gary	MALE	Over40	0:55:52	0:55:37
171	556	Reilly Brian	MALE	Over40	0:55:54	0:55:34
172	572	Stafford Caroline	FEMALE	Senior	0:55:58	0:55:47
173	1868	Sreenan Sarah	FEMALE	Over40	0:56:07	0:55:51
174	412	Bergin Tina	FEMALE	Senior	0:56:09	0:56:03
175	1853	Swan Roderick	MALE	Over40	0:56:10	0:55:58
176	451	Doyle Siobhan	FEMALE	Over50	0:56:13	0:56:11
177	411	Belaya Iryna	FEMALE	Senior	0:56:19	0:56:07
178	1880	Chapman John	MALE	Over40	0:56:42	0:56:33
179	429	Carthy Assumpta	FEMALE	Senior	0:56:42	0:56:31
180	1867	Conroy Catherine	FEMALE	Over40	0:56:58	0:56:54
181	1878	King Mairead	FEMALE	Over40	0:57:00	0:56:50
182	424	Bury Adam	MALE	18-19	0:57:05	0:56:59
183	490	Knauth Susanne	FEMALE	Senior	0:57:09	0:56:55
184	1835	Whelan Colleen	FEMALE	Over50	0:57:12	0:56:58
185	507	Martin Peter	MALE	Over40	0:57:20	0:57:01
186	599	Conlin Ian	MALE	Over70	0:57:20	0:57:11
187	585	Wickham Nicola	FEMALE	Senior	0:57:21	0:57:09
188	545	O'Brien Lorraine	FEMALE	Over40	0:57:22	0:57:12
189	568	SHUTES LAURA	FEMALE	Over40	0:57:23	0:57:13
190	1879	Quinn Eadaoin	FEMALE	Senior	0:57:23	0:57:05
191	544	O'Brien Celeste	FEMALE	Senior	0:57:23	0:57:04
192	595	Kelly Kate	FEMALE	Senior	0:57:32	0:57:27
193	1888	Crowley David	MALE	Senior	0:57:34	0:57:22
194	552	Rea Gillian	FEMALE	Senior	0:57:37	0:57:32
195	415	Bolger Brigid	FEMALE	Senior	0:57:56	0:57:43
196	1839	O'Rourke Alan	MALE	Senior	0:57:57	0:57:54
197	571	Smyth Alan	MALE	Over50	0:58:03	0:57:50
198	532	Murphy Tierna	FEMALE	Senior	0:58:04	0:57:55
199	480	Kehoe Charmaine	FEMALE	Over40	0:58:11	0:57:54
200	539	O keeffe Karen	FEMALE	Over50	0:58:25	0:58:17
201	464	HALLIGAN NICOLA	FEMALE	Senior	0:58:43	0:58:33
202	515	McCoy Kenneth	MALE	Senior	0:59:05	0:58:49
203	1861	McCluskey Kealan	MALE	Over40	0:59:08	0:59:00
204	578	Wade Anne Marie	FEMALE	Senior	0:59:13	0:59:06
205	567	Sheridan Martha	FEMALE	Senior	0:59:20	0:59:14
206	1877	Freeman Paula	FEMALE	Senior	0:59:49	0:59:33
207	436	Cronin Deirdre	FEMALE	Senior	1:00:10	0:59:55
208	502	Maccormack Brid	FEMALE	Over50	1:00:25	1:00:19
209	557	Reville Alan	MALE	Over50	1:00:25	1:00:17
210	1827	O'Dowd Una	FEMALE	Senior	1:00:26	1:00:18
211	1885	Byrne Siobhan	FEMALE	Over40	1:00:28	1:00:13
212	1889	Gleeson Sharon	FEMALE	Senior	1:00:32	1:00:16
213	458	Fogarty Emma	FEMALE	Senior	1:00:53	1:00:43
214	1823	Loveday Karen	FEMALE	Over40	1:00:53	1:00:45
215	443	Devoy Kevin	MALE	Senior	1:01:04	1:00:53
216	553	Redmond Claire	FEMALE	Senior	1:01:05	1:00:53
217	499	Lynam Geraldine	FEMALE	Senior	1:01:15	1:01:07
218	445	Dier Sharron	FEMALE	Over40	1:01:55	1:01:53
219	1808	Cleary Barry	MALE	Senior	1:02:15	1:01:57
220	542	O'Brien Patricia	FEMALE	Senior	1:02:32	1:02:15
221	577	Tobin Kavanagh Linda	FEMALE	Over50	1:02:37	1:02:27
222	597	Rolff Meadhbh	FEMALE	Over40	1:02:51	1:02:38
223	1816	Redmond Emma	FEMALE	Senior	1:03:16	1:02:55

224	529	Murphy Lynda	FEMALE	Senior	1:03:18	1:03:09
225	555	Byrne Therese	FEMALE	Over40	1:03:19	1:03:13
226	600	Byrne Fiona	FEMALE	Senior	1:03:20	1:03:10
227	1800	Mac Lellan Kathleen	FEMALE	Over40	1:03:20	1:03:11
228	1838	Nolan Edel	FEMALE	Senior	1:03:25	1:03:10
229	565	Senkara Agata	FEMALE	Senior	1:03:50	1:03:35
230	498	longworth mary	FEMALE	Over50	1:04:03	1:03:56
231	1865	Murphy Nicola	FEMALE	Senior	1:04:20	1:04:11
232	427	Caffrey Bridin	FEMALE	Senior	1:04:20	1:04:11
233	402	English -Toland	Team	Relay	1:04:32	1:04:32
234	1837	Mythen John	MALE	Senior	1:04:47	1:04:33
235	1884	Garton Mark	MALE	Over40	1:04:57	1:04:44
236	1855	Blagbrough Siobhan	FEMALE	Senior	1:05:30	1:05:27
237	1875	Power Pauline	FEMALE	Over40	1:05:31	1:05:12
238	1874	Byrne Karen	FEMALE	Over40	1:05:31	1:05:13
239	511	McAlinden Marcus	MALE	Senior	1:06:00	1:05:41
240	454	Etchingham Sarah	FEMALE	Senior	1:06:00	1:05:41
241	401	Doyle-Conroy	Team	Relay	1:06:47	1:06:47
242	519	Meyler Melanie	FEMALE	Over40	1:06:59	1:06:42
243	1807	Byrne Mike	MALE	Over40	1:06:59	1:06:43
244	492	Lawlor Bury Nicola	FEMALE	Over40	1:07:22	1:07:15
245	540	O leary Stephen	MALE	Over40	1:07:40	1:07:30
246	482	Kelly Janet	FEMALE	Senior	1:07:56	1:07:42
247	428	Carroll Jane	FEMALE	Senior	1:07:56	1:07:39
248	512	McCamley Aileen	FEMALE	Over40	1:08:21	1:08:21
249	461	FOX LAWRENCE	MALE	Over50	1:09:45	1:09:33
250	1882	Morley Brendan	MALE	Over40	1:10:38	1:10:23
251	1881	Morley Sandy	FEMALE	Over40	1:11:22	1:11:08
252	457	Fogarty Catherine	FEMALE	Over40	1:12:20	1:12:07
253	441	Deegan Rachel	FEMALE	Over40	1:13:15	1:12:59
254	518	Mernagh Matthew	MALE	Over40	1:13:15	1:12:59
255	493	Lawlor Carmel	FEMALE	Senior	1:13:41	1:13:24
256	1862	Cardiff Mai	FEMALE	Over40	1:13:45	1:13:32
257	1871	Hogan Fiona	FEMALE	Senior	1:14:06	1:14:02
258	1863	Kearney Geraldine	FEMALE	Over50	1:14:47	1:14:33
259	495	Leacy Anne	FEMALE	Over40	1:17:10	1:17:03
260	433	Cooney Laura	FEMALE	Senior	1:23:24	1:23:08
261	479	Kearns Eilish	FEMALE	Senior	1:23:24	1:23:08
262	1820	Quigley Patricia	FEMALE	Over60	1:24:44	1:24:27
	596	Kelly Paul	MALE	Over50	5km 50:18	0:49:58
	475	Kaluzny Bartosz	MALE	Over40	No Time	
	425	Butler Deirdre	FEMALE	Over50	No Time	
	1883	Power Jo	FEMALE	Over60	Pending	