

| Place | Number | Surname | Name | Sex | Run | T1 | Cycle | T2 | Run | Finish |
|-------|--------|-------------|-----------|--------|---------|---------|---------|---------|---------|---------|
| 1 | 1226 | Phelan | Barry | Male | 0:09:24 | 0:00:50 | 0:26:08 | 0:00:43 | 0:09:31 | 0:46:35 |
| 2 | 1228 | McHugh | Morgan | Male | 0:09:50 | 0:00:26 | 0:27:26 | 0:00:23 | 0:10:14 | 0:48:20 |
| 3 | 1212 | Waldron | Paul | Male | 0:09:33 | 0:00:38 | 0:28:41 | 0:00:34 | 0:09:32 | 0:48:59 |
| 4 | 1104 | Browne | Rynal | Male | 0:09:59 | 0:00:46 | 0:28:07 | 0:00:31 | 0:10:08 | 0:49:31 |
| 5 | 1144 | Killane | Damien | Male | 0:09:49 | 0:00:37 | 0:28:21 | 0:00:37 | 0:10:37 | 0:50:01 |
| 6 | 1140 | Hughes | Stephen | Male | 0:09:19 | 0:01:04 | 0:29:42 | 0:00:44 | 0:09:22 | 0:50:11 |
| 7 | 1218 | Banes | Cian | Male | 0:09:45 | 0:00:45 | 0:30:50 | 0:00:18 | 0:10:15 | 0:51:53 |
| 8 | 1213 | Waldron | Ruth | Female | 0:10:31 | 0:00:45 | 0:29:31 | 0:00:32 | 0:10:38 | 0:51:57 |
| 9 | 1150 | Madden | Jonathan | Male | 0:10:20 | 0:00:57 | 0:29:00 | 0:00:40 | 0:11:16 | 0:52:13 |
| 10 | 497 | Mahon | Declan | Relay | | | 0:41:46 | 0:00:34 | 0:10:58 | 0:53:18 |
| 11 | 1160 | molloy | Richard | Male | 0:10:25 | 0:00:59 | 0:30:20 | 0:00:58 | 0:11:16 | 0:53:58 |
| 12 | 496 | Flaherty | Caroline | Relay | 0:12:30 | 0:00:34 | 0:29:03 | 0:00:20 | 0:12:21 | 0:54:49 |
| 13 | 1141 | Keane | Michael | Male | 0:10:15 | 0:00:38 | 0:32:18 | 0:00:27 | 0:11:21 | 0:54:59 |
| 14 | 1225 | Connolly | John | Male | 0:09:59 | 0:00:41 | 0:33:18 | 0:00:30 | 0:10:46 | 0:55:15 |
| 15 | 1164 | Moran | Joe | Male | 0:11:58 | 0:00:44 | 0:29:26 | 0:00:42 | 0:13:06 | 0:55:55 |
| 16 | 1103 | Breathnach | Gearoid | Male | 0:10:33 | 0:00:43 | 0:33:16 | 0:00:32 | 0:10:51 | 0:55:55 |
| 17 | 1198 | Neenan | Andrew | Male | 0:10:34 | 0:00:31 | 0:33:18 | 0:00:25 | 0:11:21 | 0:56:09 |
| 18 | 498 | Monahan | Genna | Relay | 0:12:49 | 0:00:37 | 0:28:49 | 0:00:34 | 0:13:25 | 0:56:14 |
| 19 | 1133 | Giblin | Shane | Male | 0:10:41 | 0:00:44 | 0:32:50 | 0:00:29 | 0:11:46 | 0:56:31 |
| 20 | 1146 | leavy | jason | Male | 0:10:44 | 0:00:42 | 0:33:50 | 0:00:43 | 0:10:59 | 0:56:58 |
| 21 | 1224 | mangan | cathal | male | 0:10:46 | 0:00:38 | 0:33:00 | 0:00:50 | 0:11:50 | 0:57:04 |
| 22 | 1127 | Cormican | John | Male | 0:11:11 | 0:00:41 | 0:34:18 | 0:00:45 | 0:10:16 | 0:57:11 |
| 23 | 1221 | bennett | thomas | male | 0:11:19 | 0:00:48 | 0:33:17 | 0:00:46 | 0:11:07 | 0:57:16 |
| 24 | 1131 | Duff | Stephen | Male | 0:11:20 | 0:00:42 | 0:33:25 | 0:00:50 | 0:11:01 | 0:57:18 |
| 25 | 1220 | connolly | mary | female | 0:11:06 | 0:00:45 | 0:33:46 | 0:00:34 | 0:11:12 | 0:57:22 |
| 26 | 1128 | Coyle | James | Male | 0:10:22 | 0:01:02 | 0:33:05 | 0:01:19 | 0:12:40 | 0:58:28 |
| 27 | 1107 | Coen | Patrick | Male | 0:10:59 | 0:01:03 | 0:33:31 | 0:00:50 | 0:12:12 | 0:58:35 |
| 28 | 1106 | Coen | Paul | Male | 0:10:37 | 0:00:44 | 0:34:18 | 0:00:45 | 0:12:27 | 0:58:51 |
| 29 | 1206 | O'Connor | Anne | Female | 0:11:55 | 0:01:00 | 0:33:17 | 0:00:44 | 0:12:02 | 0:58:58 |
| 30 | 1135 | Giblin | Gerard | Male | 0:12:03 | 0:01:16 | 0:29:46 | 0:01:18 | 0:15:00 | 0:59:23 |
| 31 | 1156 | McDonagh | Liam | Male | 0:11:12 | 0:04:02 | 0:33:07 | 0:00:47 | 0:10:25 | 0:59:32 |
| 32 | 1207 | Rogers | Bernie | Female | 0:11:35 | 0:01:08 | 0:34:14 | 0:00:46 | 0:11:56 | 0:59:39 |
| 33 | 1151 | Malone | Kevin | Male | 0:12:29 | 0:01:45 | 0:32:30 | 0:00:53 | 0:12:51 | 1:00:28 |
| 34 | 1205 | OConnor | Aishling | Female | 0:11:36 | 0:00:47 | 0:36:43 | 0:00:41 | 0:11:15 | 1:01:02 |
| 35 | 1162 | Monaghan | John | Male | 0:11:03 | 0:01:13 | 0:35:57 | 0:00:47 | 0:12:07 | 1:01:07 |
| 36 | 1231 | Noone | Gerard | Male | 0:12:19 | 0:00:53 | 0:32:58 | 0:00:45 | 0:14:13 | 1:01:07 |
| 37 | 1216 | Ward | Kathleen | Female | 0:12:11 | 0:00:45 | 0:35:54 | 0:00:33 | 0:12:13 | 1:01:35 |
| 38 | 1211 | timothy | john | Male | 0:11:16 | 0:00:39 | 0:37:13 | 0:00:41 | 0:12:57 | 1:02:45 |
| 39 | 1199 | Ni Bheara | Siobhan | Female | 0:12:21 | 0:00:49 | 0:37:14 | 0:00:43 | 0:11:53 | 1:03:00 |
| 40 | 1159 | Mitchell | Caroline | Female | 0:13:06 | 0:01:03 | 0:35:42 | 0:00:40 | 0:13:10 | 1:03:42 |
| 41 | 1229 | McManus | Leah | female | 0:12:22 | 0:00:49 | 0:37:34 | 0:00:43 | 0:12:34 | 1:04:03 |
| 42 | 1139 | Higgins | Thomas | Male | 0:11:30 | 0:01:52 | 0:36:04 | 0:00:39 | 0:14:13 | 1:04:19 |
| 43 | 1154 | Martin | Neil | Male | 0:12:12 | 0:00:56 | 0:35:16 | 0:00:47 | 0:15:10 | 1:04:21 |
| 44 | 1155 | Martin | Georgina | Female | 0:12:12 | 0:00:42 | 0:35:55 | 0:00:35 | 0:14:57 | 1:04:21 |
| 45 | 1142 | Kelly | Sheila | Female | 0:13:06 | 0:00:53 | 0:35:54 | 0:00:39 | 0:14:02 | 1:04:33 |
| 46 | 1223 | whitney | dorcas | female | 0:13:19 | 0:01:10 | 0:35:34 | 0:00:54 | 0:13:47 | 1:04:44 |
| 47 | 1217 | Winters | Mark | Male | 0:12:00 | 0:00:37 | 0:40:52 | 0:00:47 | 0:12:30 | 1:06:47 |
| 48 | 1208 | Rohan | Vincent | Male | 0:12:00 | 0:00:45 | 0:40:36 | 0:00:44 | 0:13:05 | 1:07:09 |
| 49 | 1230 | Gallagher | Dion | male | 0:14:19 | 0:00:55 | 0:37:02 | 0:00:42 | 0:15:03 | 1:08:01 |
| 50 | 1200 | Ni Fhoghlu | Sile | Female | 0:12:30 | 0:00:39 | 0:41:25 | 0:00:47 | 0:12:56 | 1:08:18 |
| 51 | 1129 | Curtin | Susanne | Female | 0:13:34 | 0:00:48 | 0:39:26 | 0:00:51 | 0:14:07 | 1:08:46 |
| 52 | 1222 | mcallister | helena | Female | 0:14:44 | 0:01:27 | 0:37:11 | 0:01:03 | 0:14:46 | 1:09:12 |
| 53 | 1157 | Mcmorrow | Jean | Female | 0:13:57 | 0:01:00 | 0:39:57 | 0:00:44 | 0:15:02 | 1:10:41 |
| 54 | 1105 | Burke | Emma | Female | 0:13:45 | 0:00:59 | 0:42:00 | 0:00:47 | 0:13:12 | 1:10:42 |
| 55 | 1109 | Corless | Helen | Female | 0:13:24 | 0:01:03 | 0:43:29 | 0:00:51 | 0:12:52 | 1:11:39 |
| 56 | 1108 | Corish | Sile | Female | 0:14:38 | 0:00:52 | 0:38:51 | 0:01:04 | 0:16:48 | 1:12:14 |
| 57 | 1130 | Diskin Hunt | Catherina | Female | 0:14:04 | 0:00:58 | 0:43:29 | 0:00:47 | 0:14:44 | 1:14:03 |
| 58 | 1138 | Higgins | Claire | Female | 0:13:37 | 0:01:33 | 0:43:46 | 0:01:07 | 0:15:12 | 1:15:15 |
| 59 | 1214 | Walsh | Mary | Female | 0:13:10 | 0:00:56 | 0:46:44 | 0:01:28 | 0:13:11 | 1:15:16 |
| 60 | 1202 | O Halloran | Sinead | Female | 0:15:12 | 0:01:07 | 0:43:06 | 0:01:12 | 0:15:35 | 1:16:11 |
| 61 | 499 | Moran | Claire | Relay | 0:16:35 | 0:01:31 | 0:40:32 | 0:02:01 | 0:16:51 | 1:17:31 |
| 62 | 1153 | Mannion | Sinead | Female | 0:14:42 | 0:00:51 | 0:46:24 | 0:01:23 | 0:16:06 | 1:19:26 |
| 63 | 1163 | Moran | Evelyn | Female | 0:16:35 | 0:01:33 | 0:42:29 | 0:01:05 | 0:18:35 | 1:20:17 |
| 64 | 1227 | Cummins | Lorraine | Female | 0:15:20 | 0:01:02 | 0:47:54 | 0:01:47 | 0:16:27 | 1:21:58 |
| 65 | 1204 | O' Sullivan | Alice | Female | 0:13:42 | 0:01:25 | 0:50:11 | 0:01:09 | 0:15:39 | 1:22:06 |
| 67 | 1101 | Blade | Emma | Female | 0:13:44 | 0:01:38 | 0:50:03 | 0:01:04 | 0:15:39 | 1:22:08 |
| 68 | 1203 | o leary | Kieran | Male | 0:15:15 | 0:01:24 | 0:52:50 | 0:01:42 | 0:13:08 | 1:23:56 |
| 69 | 1210 | Rooney | Marie | Female | 0:15:16 | 0:01:22 | 0:52:53 | 0:01:44 | 0:13:04 | 1:23:57 |
| 70 | 1102 | Brady | Valerie | Male | 0:20:49 | 0:01:00 | 0:57:07 | 0:01:22 | 0:04:21 | 1:24:38 |
| 71 | 1196 | Murphy | Carmel | Female | 0:14:14 | 0:01:15 | 0:53:38 | 0:01:24 | 0:14:18 | 1:24:50 |
| 72 | 1152 | Mannion | Breda | Female | 0:15:03 | 0:01:32 | 0:48:18 | 0:01:08 | 0:20:25 | 1:26:26 |
| 73 | 1000 | O'Donoghue | Aideen | Female | | | | | | 1:35:11 |
| | 1215 | Walsh | Liam | Male | 0:12:50 | 0:01:20 | 0:30:46 | | | DNF |