

Place	Bib	Wave	Ti Num	Name	Surname	Sex	Cat	Club	Swim	Rank	T1	Cycle	Rank	T2	Run	Rank	Total
1	226	Wave 1		Team Tribal	Force	Relay	Relay		0:09:57	(2)	0:00:59	0:30:48	(1)	0:00:41	0:20:38	(16)	1:03:03
2	473	Wave 1	10001690	dessie	duffy	male	18-39	Muckno TC	0:12:30	(9)	0:01:03	0:31:43	(3)	0:00:29	0:17:46	(1)	1:03:31
3	494	Wave 1	10028408	stephen	donnely	male	18-39	Liquid Motion TC	0:11:47	(6)	0:00:56	0:32:52	(4)	0:00:30	0:18:14	(4)	1:04:19
4	476	Wave 1	10020381	Gary	HIGGINS	male	18-39	Sligo TC	0:11:46	(5)	0:00:58	0:33:59	(6)	0:00:32	0:17:54	(2)	1:05:10
5	482	Wave 1	10021359	Kilian	heery	male	18-39	Muckno TC	0:15:48	(58)	0:01:03	0:31:15	(2)	0:00:32	0:17:56	(3)	1:06:34
6	492	Wave 1	10037423	sean	flynn	male	18-39	Westport TC	0:11:50	(7)	0:01:36	0:35:24	(11)	0:00:36	0:18:38	(6)	1:08:05
7	485	Wave 1	10001927	Mark	Dunne	male	18-39	Pulse TC	0:11:55	(8)	0:01:05	0:35:59	(18)	0:00:29	0:19:22	(8)	1:08:49
8	442	Wave 2	10019381	Kieran	Cosgroves	male	O40		0:15:32	(53)	0:01:06	0:33:12	(5)	0:00:29	0:18:35	(5)	1:08:54
9	481	Wave 1	10028896	Jonathan	Rowland	male	18-39	Liquid Motion TC	0:12:40	(11)	0:01:05	0:34:41	(7)	0:00:35	0:20:03	(10)	1:09:03
10	489	Wave 1		Rob	Lennon	male	18-39		0:13:27	(20)	0:01:12	0:35:32	(13)	0:00:16	0:18:39	(7)	1:09:06
11	446	Wave 2	10000361	Morgan	McHugh	male	O40	Galway TC	0:13:26	(19)	0:01:16	0:34:53	(9)	0:00:33	0:20:56	(21)	1:11:04
12	418	Wave 2	10026472	Laura	Tighe	female	18-39		0:11:10	(4)	0:01:09	0:36:52	(21)	0:00:31	0:21:35	(30)	1:11:16
13	499	Wave 1	10039110	Daiithi	Kilgarriiff	male	18-39	Tri Lakes TC	0:12:33	(10)	0:01:44	0:36:48	(20)	0:00:36	0:20:15	(12)	1:11:56
14	223	Wave 1		Team The Shams		Relay	Relay		0:09:19	(1)	0:00:55	0:41:25	(71)	0:00:32	0:19:53	(9)	1:12:04
15	447	Wave 2	10026883	Niall	Maloney	male	O50	Limerick TC	0:13:36	(21)	0:01:14	0:35:44	(15)	0:00:39	0:21:27	(26)	1:12:40
16	460	Wave 1	10000507	Alan	Duggan	male	18-39	Piranha TC	0:14:48	(37)	0:01:16	0:34:49	(8)	0:00:40	0:21:09	(25)	1:12:42
17	229	Wave 1	10027494	Paul	Joyce	male	O40	Tri Lakes TC	0:14:21	(28)	0:01:26	0:35:03	(10)	0:00:30	0:21:30	(27)	1:12:50
18	404	Wave 2	10004546	celia	davin	female	18-39	Tri Lakes TC	0:10:33	(3)	0:01:17	0:38:29	(33)	0:00:41	0:21:59	(43)	1:12:58
19	222	Wave 1		Team Costello		Relay	Relay		0:14:33	(30)	0:01:02	0:35:34	(14)	0:00:47	0:21:38	(32)	1:13:33
20	453	Wave 2	10030597	David	Stephens	male	O40	Tri Lakes TC	0:14:52	(38)	0:01:36	0:35:54	(16)	0:00:32	0:20:54	(19)	1:13:48
21	480	Wave 1	10011656	Lee	Lee	male	O40		0:13:41	(23)	0:01:31	0:38:31	(34)	0:00:52	0:21:48	(37)	1:16:23
22	470	Wave 1	10013471	Dave	Hanahoe	male	18-39	Westport TC	0:17:40	(82)	0:01:50	0:35:28	(12)	0:00:45	0:20:42	(17)	1:16:25
23	221	Wave 1		Team NotMuch	Training	Relay	Relay		0:14:41	(34)	0:01:15	0:39:44	(49)	0:00:44	0:20:21	(13)	1:16:45
24	433	Wave 2	10002752	Charles	Russell	male	O50	Triangle TC	0:13:58	(25)	0:01:15	0:39:08	(40)	0:01:31	0:20:56	(20)	1:16:47
25	493	Wave 1	10021619	Simon	Cunningham	male	18-39		0:16:14	(63)	0:02:30	0:35:58	(17)	0:01:49	0:20:28	(14)	1:16:59
26	468	Wave 1	10036738	Daniel	Collins	male	18-39	Galway TC	0:16:43	(71)	0:01:14	0:37:35	(25)	0:00:43	0:21:09	(24)	1:17:24
27	471	Wave 1	10004680	David	Mellet	male	18-39		0:14:40	(33)	0:01:10	0:39:10	(41)	0:00:46	0:21:40	(33)	1:17:25
28	403	Wave 2	10036085	Catherine	Conway	female	18-39	Tri Lakes TC	0:15:35	(54)	0:01:45	0:39:30	(45)	0:00:38	0:20:05	(11)	1:17:32
29	449	Wave 2	10040186	stephen	curran	male	O40		0:16:37	(69)	0:01:50	0:36:56	(22)	0:00:56	0:21:41	(35)	1:18:00
30	496	Wave 1	10018756	Stuart	Harries	male	18-39	Galway TC	0:15:10	(44)	0:02:39	0:37:22	(24)	0:01:19	0:21:49	(38)	1:18:18
31	219	Wave 1		Team Cathyand	Brian	Relay	Relay		0:14:44	(35)	0:00:55	0:38:33	(36)	0:00:38	0:23:35	(55)	1:18:25
32	484	Wave 1	10036757	Liam	coady	male	18-39	Galway TC	0:14:32	(29)	0:01:37	0:39:37	(47)	0:00:56	0:22:03	(44)	1:18:45
33	441	Wave 2	10031555	Kevin	Bacchus	male	O40		0:14:12	(27)	0:02:53	0:40:09	(57)	0:00:32	0:21:08	(23)	1:18:53
34	461	Wave 1	10014280	Brian	Joyce	male	18-39	Tri sport TC	0:17:52	(85)	0:01:50	0:37:10	(23)	0:00:40	0:21:34	(29)	1:19:06
35	479	Wave 1	10033269	John	Mc Hugh	male	18-39	Westport TC	0:17:54	(86)	0:01:41	0:37:44	(28)	0:00:47	0:21:05	(22)	1:19:10
36	432	Wave 2	10009867	cathal	kearney	male	O40	Piranha TC	0:17:32	(80)	0:02:33	0:36:26	(19)	0:01:10	0:21:33	(28)	1:19:13
37	462	Wave 1	10011658	Brian	Flannery	male	O40	Liquid Motion TC	0:15:09	(42)	0:02:28	0:38:35	(37)	0:01:00	0:22:31	(47)	1:19:44
38	427	Wave 2	10018067	Ruth	Waldran	female	18-39	Galway TC	0:14:35	(31)	0:01:44	0:40:35	(65)	0:00:57	0:21:57	(42)	1:19:48
39	464	Wave 1	10014481	cian	geraghty	male	18-39	Tri sport TC	0:15:06	(41)	0:01:26	0:38:27	(32)	0:00:41	0:24:14	(64)	1:19:54
40	486	Wave 1	10026420	Michael	O'Hara	male	18-39	Liquid Motion TC	0:15:13	(46)	0:01:41	0:39:27	(44)	0:00:58	0:22:41	(49)	1:20:01
41	472	Wave 1		Derek	Rice	male	18-39		0:13:47	(24)	0:01:55	0:38:33	(35)	0:00:55	0:24:58	(69)	1:20:08
42	459	Wave 1		Aaron	Donnelly	male	18-39		0:13:04	(17)	0:01:39	0:41:06	(67)	0:00:53	0:23:53	(58)	1:20:34
43	478	Wave 1	10038872	Jarith	Duffy	male	18-39	Racing 795 TC	0:17:42	(83)	0:01:48	0:40:19	(59)	0:00:46	0:20:30	(15)	1:21:04
44	448	Wave 2		Paul	Keogan	male	O40		0:16:37	(68)	0:02:05	0:37:54	(29)	0:01:07	0:23:28	(54)	1:21:10
45	475	Wave 1	10010163	garry	bigley	male	18-39	Swinford Tri Sports TC	0:14:36	(32)	0:01:46	0:37:43	(27)	0:01:11	0:26:14	(78)	1:21:29
46	445	Wave 2	10001768	Michael	Kenna	male	O40	Galway TC	0:15:05	(40)	0:01:46	0:39:45	(60)	0:00:57	0:24:05	(63)	1:21:38
47	456	Wave 2	10027708	MURT	FALLON	male	O50	Tri Lakes TC	0:15:45	(56)	0:02:31	0:40:32	(63)	0:01:14	0:21:54	(40)	1:21:55
48	497	Wave 1		Stuart	Coyne	male	18-39		0:15:12	(45)	0:03:12	0:39:59	(53)	0:00:44	0:22:55	(50)	1:22:02
49	450	Wave 2		Steve	Grace	male	O40		0:15:47	(57)	0:02:47	0:41:10	(69)	0:00:40	0:21:49	(39)	1:22:13
50	234	Wave 1		Noel	Kelly	male	O40		0:15:59	(60)	0:01:47	0:39:36	(46)	0:00:58	0:23:59	(62)	1:22:19
51	487	Wave 1	10016792	Nathan	Timmins	male	18-39	West Cork TC	0:12:42	(12)	0:01:29	0:40:06	(54)	0:01:29	0:26:47	(87)	1:22:34
52	412	Wave 2		Ciara	Greene	female	18-39		0:12:48	(16)	0:01:26	0:42:32	(78)	0:00:28	0:25:22	(72)	1:22:36
53	436	Wave 2	10028966	Gary	Corcoran	male	O40	Pulse TC	0:15:21	(49)	0:02:25	0:38:47	(39)	0:01:28	0:24:38	(66)	1:22:38
54	495	Wave 1	10036799	Stephen	Cowley	male	18-39		0:20:01	(99)	0:01:17	0:38:41	(43)	0:00:45	0:21:56	(41)	1:22:39
55	220	Wave 1		Team King	Cong	Relay	Relay		0:16:01	(61)	0:00:59	0:39:22	(43)	0:00:49	0:25:29	(73)	1:22:41
56	428	Wave 2	10011125	Sara	Creighton	female	18-39		0:13:39	(22)	0:01:59	0:40:34	(64)	0:00:56	0:25:41	(74)	1:22:49
57	438	Wave 2	10016362	Joseph	Mac Cabe	male	O50		0:15:09	(43)	0:02:02	0:41:34	(72)	0:00:57	0:23:11	(53)	1:22:52
58	452	Wave 2	10020809	Cecil	Looney	male	O40	Tri Lakes TC	0:12:45	(13)		0:42:00	(73)		0:22:21	(46)	1:23:06
59	488	Wave 1	10039136	peter	Higgins	male	18-39		0:19:52	(98)	0:02:45	0:38:23	(31)	0:00:41	0:21:47	(36)	1:23:29
60	500	Wave 1	10029502	Eugene	Hardiman	male	O40	Tri Lakes TC	0:18:44	(95)	0:03:03	0:40:24	(61)	0:00:35	0:20:45	(18)	1:23:30
61	225	Wave 1		Team Thorntons	Two	Relay	Relay		0:22:50	(106)	0:01:02	0:37:54	(30)	0:00:20	0:21:40	(34)	1:23:46
62	454	Wave 2	10005277	Gerard	Reid	male	O50	Tri Lakes TC	0:14:06	(26)	0:01:36	0:41:09	(68)	0:00:48	0:26:12	(77)	1:23:51
63	455	Wave 2	10004531	JOHN	HIGGINS	male	O50	Tri Lakes TC	0:18:23	(92)	0:01:39	0:40:08	(55)	0:01:08	0:22:36	(48)	1:23:54
64	458	Wave 2	10037734	vincent	Cosgroves	male	O40	Tri Lakes TC	0:15:29	(52)	0:03:56	0:39:40	(48)	0:01:23	0:23:47	(56)	1:24:15
65	469	Wave 1	10038288	darren	egan	male	18-39		0:12:45	(14)	0:01:52	0:42:40	(79)	0:00:47	0:26:38	(82)	1:24:43
66	431	Wave 2	10010936	cathal	mangan	male	O40	Predator TC	0:17:35	(81)	0:01:40	0:41:15	(70)	0:01:13	0:23:05	(51)	1:24:47
67	490	Wave 1	10000757	Ronan	Casey	male	18-39		0:17:11	(77)	0:01:58	0:43:39	(87)	0:00:25	0:21:37	(31)	1:24:50
68	498	Wave 1	10018826	thomas	flanagan	male	18-39		0:18:10	(91)	0:01:47	0:42:03	(75)	0:00:39	0:22:13	(45)	1:24:52
69	444	Wave 2	10033900	Martin	Jennings	male	O40		0:16:30	(65)	0:02:21	0:40:20	(60)	0:01:14	0:24:44	(68)	1:25:08
70	228	Wave 1	10027841	Paddy	Murray	male	O40	Tri Lakes TC	0:16:38	(70)	0:01:25	0:40:11	(58)	0:01:27	0:26:33	(81)	1:26:13
71	416	Wave 2	10010870	larlagh	O'Dea	female	18-39		0:15:23	(50)	0:02:26	0:44:17	(89)	0:01:01	0:23:51	(57)	1:26:57
72	423	Wave 2		Mary	Corless	female	18-39		0:12:46	(15)	0:01:53	0:42:30	(77)	0:00:49	0:29:10	(97)	1:27:08
73	483	Wave 1		Liam	Curran	male	18-39		0:18:35	(94)	0:02:10	0:39:54	(51)	0:00:47	0:25:48	(75)	1:27:14
74	402	Wave 2	10037699	Bairbre	Cunningham	female	O40	Tri Lakes TC	0:14:48	(36)	0:01:52	0:42:41	(80)				

97	415	Wave 2	10009533	Elaine	Keavey	female	18-39	Liquid Motion TC	0:16:32	(66)	0:02:48	0:48:53	(101)	0:01:29	0:28:22	(93)	1:38:04
98	232	Wave 1		JOHN	Craddock	male	O50		0:15:16	(47)	0:04:32	0:46:40	(96)	0:01:14	0:30:41	(101)	1:38:23
99	465	Wave 1	10041238	Conal	Burke	male	18-39		0:16:55	(75)	0:02:34	0:44:19	(90)	0:01:34	0:33:57	(105)	1:39:19
100	417	Wave 2	10000547	KAREN	MALHERBE	female	18-39	Galway TC	0:16:10	(62)	0:01:56	0:51:32	(106)	0:00:39	0:29:09	(96)	1:39:26
101	440	Wave 2	10038113	Justin	Kerr	male	O40		0:15:52	(59)	0:03:10	0:50:21	(104)	0:01:46	0:29:58	(99)	1:41:06
102	414	Wave 2		Ciara	James	female	18-39		0:16:35	(67)	0:02:14	0:50:32	(105)	0:00:56	0:31:38	(103)	1:41:54
103	437	Wave 2		Henk	Tjalsma	male	O40		0:17:15	(79)	0:04:20	0:50:13	(103)	0:01:11	0:30:45	(102)	1:43:43
104	429	Wave 2	10000869	Sorkunde	Ugalde	female	O40	Galway TC	0:19:47	(96)	0:03:17	0:47:50	(100)	0:01:35	0:34:19	(106)	1:46:48
105	439	Wave 2	10040425	Justin	Lane	male	O40		0:27:56	(109)	0:04:20	0:46:46	(98)	0:01:12	0:27:23	(88)	1:47:37
106	421	Wave 2		mairead	rattigan	female	18-39		0:16:51	(73)	0:03:40	0:53:45	(108)	0:01:03	0:32:51	(104)	1:48:10
107	474	Wave 1	10011300	Eoin	Delaney	male	18-39		0:21:54	(105)	0:04:15	0:48:59	(102)	0:02:17	0:37:05	(107)	1:54:30
108	405	Wave 2	10005344	Jennifer	carney	female	18-39	Tri Lakes TC	0:24:42	(108)	0:04:03	0:52:16	(107)	0:02:29	0:38:27	(108)	2:01:57
	409	Wave 2		Anne	Gilmore	female	18-39		0:15:37	(55)							DNF