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|-----|-----|----------|---------|------------|--------|-------|--------------------|---------|---------|---------|---------|---------|---------|---------|
| 172 | 38 | 10024359 | Sandra | Rellis | Female | 30-34 | Waterford TC | 0:37:51 | 0:01:32 | 1:23:06 | 0:01:12 | 0:24:18 | | 2:27:58 |
| 173 | 87 | 10003132 | Ciaran | O'raighne | Male | 35-39 | TrÁspÁrt | 0:38:57 | 0:01:24 | 1:17:49 | 0:01:44 | 0:28:03 | | 2:27:58 |
| 174 | 131 | 10053684 | Michael | Healy | Male | 40-44 | Lough Key TC | 0:33:30 | 0:02:03 | 1:27:44 | 0:02:22 | 0:22:39 | | 2:28:17 |
| 175 | 27 | 10062934 | Emma | Porter | Female | 25-29 | Activmultisport TC | 0:37:43 | 0:00:54 | 1:23:18 | 0:00:56 | 0:26:22 | | 2:29:13 |
| 176 | 35 | 10057273 | Cian | Noone | Male | 25-29 | | 0:37:05 | 0:01:00 | 1:24:41 | 0:01:06 | 0:25:47 | | 2:29:39 |
| 177 | 21 | 10064496 | Mark | Murphy | Male | 25-29 | | 0:33:23 | 0:00:53 | 1:31:04 | 0:01:17 | 0:26:34 | | 2:33:11 |
| 178 | 83 | 10045064 | Linda | Fitzsimons | Female | 35-39 | Belpark TC | 0:41:53 | 0:01:07 | 1:18:57 | 0:01:26 | 0:31:25 | | 2:34:48 |
| 179 | 57 | 10062630 | Eoin | Rafferty | Male | 30-34 | | 0:33:41 | 0:00:46 | 1:34:57 | 0:01:04 | 0:25:01 | | 2:35:29 |
| 180 | 79 | 10063340 | Jamie | Birse | Male | 35-39 | | 0:38:04 | 0:02:21 | 1:22:48 | 0:02:43 | 0:29:35 | | 2:35:31 |
| 181 | 222 | 10062234 | Martin | Noone | Male | 55-59 | | 0:38:48 | 0:01:18 | 1:26:26 | 0:01:30 | 0:28:12 | | 2:36:15 |
| 182 | 48 | 10062611 | Stephen | Noone | Male | 30-34 | | 0:37:04 | 0:01:42 | 1:30:39 | 0:01:45 | 0:25:23 | | 2:36:34 |
| 183 | 186 | 10054052 | David | Ross | Male | 45-49 | Predator TC | 0:37:55 | 0:01:05 | 1:29:25 | 0:01:05 | 0:28:15 | | 2:37:44 |
| 184 | 183 | 10047277 | Maurice | Boyle | Male | 45-49 | Predator TC | 0:36:32 | 0:01:48 | 1:31:18 | 0:01:55 | 0:27:04 | | 2:38:38 |
| 185 | 212 | 10050260 | Moirá | Gunn | Female | 50-54 | | 0:38:20 | 0:01:28 | 1:34:32 | 0:02:01 | 0:27:48 | | 2:44:08 |
| 186 | 230 | 10062409 | Patrick | Devitt | Male | 65-69 | | 0:38:45 | 0:02:18 | 1:35:23 | 0:02:53 | 0:26:40 | | 2:45:59 |
| 187 | 229 | 10028262 | Martin | Carroll | Male | 65-69 | | 0:38:24 | 0:01:07 | 1:38:37 | 0:01:29 | 0:30:30 | | 2:50:07 |
| 188 | 149 | 10023723 | Anna | Ryan | Female | 40-44 | Predator TC | 0:42:14 | 0:01:14 | 1:38:09 | 0:01:52 | 0:29:47 | | 2:53:15 |
| 189 | 213 | 10064341 | Mags | Treacy | Female | 50-54 | | 0:42:40 | 0:02:06 | 1:37:25 | 0:01:13 | 0:32:16 | | 2:55:39 |
| 190 | 233 | 10062326 | Hazel | Stapleton | Female | 70-74 | | 0:46:31 | 0:01:29 | 1:39:12 | 0:01:24 | 0:33:59 | | 3:02:35 |
| 191 | 55 | 10053569 | Louise | Nestor | Female | 30-34 | Cork TC | 0:41:30 | 0:02:13 | 1:59:00 | 0:01:48 | 0:31:37 | | 3:16:08 |
| | 180 | 10001223 | Jason | Hanrahan | Male | 45-49 | | 0:30:35 | 0:01:03 | 1:12:30 | 0:02:24 | | 0:02:00 | DNF |
| | 10 | 10029661 | Patrick | Peters | Male | 20-24 | | 0:34:33 | 0:00:42 | | | | | DNF |
| | 66 | 10001927 | Mark | Dunne | Male | 30-34 | Pulse TC | 0:28:13 | 0:00:45 | | | | | DNF |
| | 162 | 10062127 | Fintan | Kennedy | Male | 40-44 | | 0:27:19 | 0:00:47 | | | | | DNF |
| | 226 | 10001789 | Declan | Murray | Male | 60-64 | Portmarnock TC | | | | | | | DNF |
| | 95 | 10042550 | John | O rourke | Male | 35-39 | Tried & Tested TC | 0:27:38 | 0:00:54 | 1:40:33 | 0:00:54 | | | No Time |