

Place	Bib	Surname	Name	Cat	Sex	2.2km	7.2km	12.2km	17.2km	22.2km	27.2km	32.2km	37.2km	42.2km	Finish
1	42056	O Dwyer	Mark	Senior	MALE	00:09:39	00:22:07	00:22:12	00:22:17	00:22:30	00:22:20	00:22:29	00:23:09	00:24:10	3:10:52
2	42074	Hebrst	Harald	Over50	MALE	00:09:41	00:22:55	00:22:45	00:22:42	00:22:51	00:23:01	00:23:35	00:24:06	00:23:48	3:15:24
3	42069	Hogan	Dena	Senior	FEMALE	00:09:49	00:22:45	00:22:47	00:22:42	00:22:51	00:23:01	00:23:52	00:24:58	00:25:43	3:18:27
4	42021	Fagan	Seamus	Over40	MALE	00:09:37	00:22:32	00:23:09	00:22:59	00:23:17	00:23:38	00:24:10	00:24:48	00:25:16	3:19:26
5	42059	O'Mahony	Brendan	Over40	MALE	00:09:44	00:23:23	00:24:11	00:24:40	00:24:33	00:25:06	00:25:21	00:26:19	00:24:56	3:28:15
6	42067	ward	Pat	Over40	MALE	00:09:45	00:23:26	00:24:48	00:25:13	00:25:26	00:25:59	00:27:39	00:28:22	00:27:05	3:37:43
7	42003	Boyle	Stephen	Over40	MALE	00:10:38	00:24:26	00:24:06		00:48:40	00:25:09	00:26:47	00:28:09	00:30:29	3:38:25
8	42030	Galvin	Brendan	Senior	MALE	00:09:38	00:22:21	00:23:08	00:23:48	00:25:51	00:30:19	00:29:20	00:30:08	00:29:19	3:43:52
9	42062	Pollard	Brendan	Over40	MALE	00:10:30	00:24:58	00:25:10	00:25:22	00:25:53	00:26:48	00:28:35	00:30:39	00:32:49	3:50:43
10	42024	Flanagan	Tracy	Over40	FEMALE	00:10:44	00:24:46	00:25:15	00:26:03	00:26:22	00:27:23	00:27:43	00:29:46	00:32:45	3:50:47
11	42075	Naughton	Kevin	Over40	MALE	00:12:06	00:26:34	00:26:57	00:27:48	00:27:09	00:26:44	00:27:30	00:28:52	00:30:15	3:53:54
12	42050	McDonnell	Elaine	Senior	FEMALE	00:12:07	00:26:35	00:26:55	00:27:48	00:27:10	00:26:57	00:27:43	00:29:11	00:29:30	3:53:55
13	42039	Hunt	John	Over50	MALE	00:10:29	00:24:57	00:25:19	00:27:03	00:26:55	00:27:35	00:30:52	00:30:31	00:34:02	3:57:43
14	42051	Nevin	Tony	Over40	MALE	00:10:52	00:25:29	00:25:19	00:26:05	00:26:02	00:27:32	00:30:21	00:33:10	00:33:04	3:57:52
15	42076	Hunter	Norman			00:12:05	00:26:34	00:26:59	00:27:57	00:28:37	00:28:39	00:27:13	00:30:01	00:31:13	3:59:18
16	42035	Hadzilacos	Thanasis	Over60	MALE	00:12:11	00:28:28	00:28:33	00:28:43	00:27:44	00:28:58	00:29:29	00:30:32	00:30:06	4:04:44
17	42048	McCann	Barry	Senior	MALE	00:10:29	00:24:57	00:25:05	00:25:41	00:26:21	00:29:21	00:31:24	00:39:18	00:39:16	4:11:51
18	42010	Carroll	Brian	Senior	MALE	00:09:59	00:22:36	00:24:02	00:25:05	00:25:56	00:27:52	00:38:16	00:38:42	00:39:42	4:12:09
19	42031	Geaney	Darren	Over40	MALE	00:12:06	00:24:41	00:24:41	00:25:29	00:29:23	00:29:19	00:32:52	00:38:23	00:35:40	4:12:34
20	42023	Flaherty	Sean	Over40	MALE	00:12:07	00:26:35	00:26:55	00:27:48	00:27:10	00:29:53	00:33:30	00:36:37	00:32:58	4:13:32
21	42002	Barry	Brian	Senior	MALE	00:10:53	00:26:04	00:28:00	00:27:58	00:29:17	00:30:50	00:36:24	00:38:33	00:37:21	4:25:20
22	42013	Conlon	Declan	Over40	MALE	00:12:58	00:29:11	00:28:41	00:28:59	00:28:40	00:29:34	00:33:05	00:38:27	00:38:01	4:27:37
23	42020	Doran	Eddie	Over40	MALE	00:12:18	00:27:12	00:29:22	00:29:22	00:32:21	00:33:07	00:44:02	00:39:40	00:32:41	4:40:05
24	42071	Murray	David	Over40	MALE	00:12:01	00:26:39	00:26:58	00:34:36	00:37:46	00:38:55	00:40:05	00:38:33	00:34:33	4:50:06
25	42064	Ryan	Maighread	Over40	FEMALE	00:13:22	00:31:00	00:33:09	00:34:21	00:35:19	00:35:57	00:37:38	00:38:31	00:36:06	4:55:22
26	42038	holmes	ray	Over60	MALE	00:12:57	00:31:29	00:32:28	00:34:05	00:34:59	00:36:22	00:37:49	00:38:23	00:39:01	4:57:33
27	42049	Mcdonagh	Johnny	Senior	MALE	00:13:48	00:31:39	00:32:53	00:32:38	00:33:03	00:36:15		01:20:18	00:40:09	5:00:43
28	42025	Flynn	Eimear	Over40	FEMALE	00:13:48	00:31:39	00:32:53	00:32:38	00:33:03	00:36:15	00:40:23	00:39:56	00:40:09	5:00:43
29	42040	Hynes	Sandra	Senior	FEMALE	00:12:56	00:30:00	00:31:31	00:32:55	00:36:43	00:40:10	00:38:59	00:40:26	00:40:43	5:04:24
30	42027	Forde	Jerry	Over60	MALE	00:13:47	00:32:41	00:35:15	00:35:57	00:36:56	00:43:55	00:39:24	00:40:10	00:36:13	5:14:17
31	42055	O Connell	Brian	Senior	MALE	00:12:06	00:29:55	00:34:51	00:33:25	00:38:32	00:42:36	00:37:56	00:42:57	00:43:01	5:15:20
32	42011	Carroll	Michael	Over40	MALE	00:12:48	00:32:57	00:34:56	00:34:03	00:38:17	00:39:17	00:42:39	00:43:56	00:43:50	5:22:44
33	42001	AIroy	Mary	Over50	FEMALE	00:12:47	00:33:23	00:34:31	00:34:03	00:41:21	00:43:38	00:43:36	00:45:20	00:46:50	5:35:29
34	42007	Byrne	Helen	Senior	FEMALE	00:14:00	00:33:50	00:32:39	00:36:50	00:41:17	00:40:55	00:46:59	00:50:49	00:45:54	5:43:12
35	42066	Timmins	Maurice	Over70	MALE	00:34:55	00:41:54	00:40:52	00:39:48	00:38:00	00:37:35	00:36:56	00:37:43	00:36:10	5:43:53
36	42065	Taylor	Suzy	Senior	FEMALE	00:15:14	00:34:39	00:40:54	00:41:10	00:49:04	00:48:43	00:51:12	00:45:29	00:46:14	6:12:39
37	42018	Cusack	Conor	Over40	MALE	00:15:12	00:34:40	00:40:54	00:41:23	00:48:55	00:48:47	00:51:04	00:45:25	00:46:19	6:12:40
38	42034	Griffin	Tena	Over40	FEMALE	00:15:14	00:34:39	00:40:53	00:40:53	00:49:23	00:48:41	00:51:11	00:45:25	00:46:21	6:12:40
39	42073	Kerr	Team			00:15:14	00:34:05	00:41:26	00:40:54	00:49:21	00:48:42	00:51:11	00:45:25	00:46:21	6:12:40
40	42063	Rogers	Bernie	Over40	FEMALE	00:15:14	00:34:38	00:40:55	00:41:14	00:49:01	00:48:47	00:51:04	00:45:26	00:46:20	6:12:41
41	42016	Costello	Grainne	Over50	FEMALE	00:17:56	00:44:24	00:47:53	00:45:57	00:43:32	00:43:32	00:45:26	00:46:48	00:47:14	6:22:44
43	42043	Kenny	Chontelle	Over40	FEMALE	00:24:34	01:02:21	01:01:44	01:12:24	01:11:32	01:13:39	01:11:17	01:14:23	1:17:44	9:49:36
42	42044	Kenny	Bronagh	Over40	FEMALE	00:24:34	01:02:21	01:01:44	01:12:23	01:11:33	01:11:30	01:13:25	01:14:22	1:17:44	9:49:36
	42008	Byrne	John	Senior	MALE	00:14:48	00:33:02	00:33:11	00:32:09	00:32:40	00:33:55				DNF
	42009	Campbell	Sean	Senior	MALE	00:09:59	00:22:37	00:23:05	00:23:57	00:25:38	00:29:11	00:29:50	00:29:43		DNF
	42012	Colleran	Mary	Over50	FEMALE	00:17:56	00:44:24	00:47:54	00:45:57	00:51:42	00:01:41				DNF
	42045	Leddy	Neal	Over40	MALE	00:10:57	00:25:44	00:26:08	00:26:25	00:29:03	00:30:38	00:36:24			DNF
	42058	O'Flaherty	Michael	Over40	MALE	00:12:42	00:29:00	00:28:51	00:31:11	00:40:54	00:45:56	00:51:28	00:52:09		DNF