

Place	Number	Surname	Name	Cat	Sex	1.1km	6.1km	11.1km	16.1km	21.1km	Finish
1	21028	Conlon	Paul	Senior	MALE	0:04:03	0:18:34	0:19:04	0:19:10	0:19:30	1:20:20
2	21198	Austin	Glenn	Senior	MALE	0:04:04	0:19:25	0:19:34	0:19:42	0:19:41	1:22:25
3	21110	Larkin	Tom	Over40	MALE	0:04:04	0:19:27	0:19:52	0:20:06	0:19:54	1:23:23
4	21039	Deakin	Chris	Over40	MALE	0:04:10	0:19:27	0:20:37	0:20:46	0:20:51	1:25:52
5	21103	Kenney	Scott	Over40	MALE	0:04:53	0:22:08	0:21:05	0:21:03	0:22:06	1:31:16
6	21089	Horgan	Siobhan	Senior	FEMALE	0:04:25	0:21:07	0:21:53	0:22:24	0:22:24	1:32:13
7	21070	Geraghty	Cian	Senior	MALE	0:04:43	0:21:30	0:21:53	0:21:59	0:22:38	1:32:43
8	21014	Burke	Emilio	Senior	MALE	0:05:29	0:23:48	0:22:35	0:22:02	0:20:59	1:34:54
9	21018	Burke	Dominic	Senior	MALE	0:05:29	0:23:48	0:22:35	0:22:02	0:21:05	1:34:59
10	21079	Guiry	Kieran	Over40	MALE	0:04:34	0:21:32	0:23:06	0:22:53	0:22:58	1:35:03
11	21032	Cotter	EOin	Over40	MALE	0:05:01	0:22:56	0:22:49	0:22:45	0:22:22	1:35:54
12	21043	Dervan	Ruth	Senior	FEMALE	0:04:57	0:22:39	0:23:09	0:22:51	0:22:27	1:36:03
13	21155	Potter	Arthur	Over40	MALE	0:05:15	0:22:59	0:22:50	0:22:41	0:22:24	1:36:09
14	21098	Kelly	Caroline	Senior	FEMALE	0:04:52	0:21:30	0:22:44	0:23:45	0:24:55	1:37:45
15	21127	Meany	Tom	Over50	MALE	0:05:03	0:23:02	0:22:59	0:23:39	0:23:30	1:38:14
16	21151	O'Sullivan	John	Over40	MALE	0:05:30	0:23:11	0:23:23	0:23:28	0:22:43	1:38:15
17	21094	Kealy	Mary	Over50	FEMALE	0:05:15	0:23:07	0:23:21	0:23:27	0:23:05	1:38:16
18	21190	Sheahan	Daniel	Senior	MALE	0:05:15	0:24:07	0:23:30	0:23:13	0:23:11	1:39:16
19	21081	Harrison	Kate	Senior	FEMALE	0:05:23	0:24:09	0:23:47	0:23:33	0:23:27	1:40:19
20	21050	Dunican	Gerry	Over40	MALE	0:05:14	0:23:31	0:23:24	0:23:38	0:24:46	1:40:33
21	21078	Guilfoyle	John	Over50	MALE	0:05:18	0:23:22	0:23:36	0:23:55	0:24:29	1:40:40
22	21191	Bergin	Stephanie	Senior	FEMALE	0:05:21	0:23:29	0:23:37	0:23:50	0:24:44	1:41:01
23	21167	Ryan	Ger	Senior	MALE	0:05:26	0:23:26	0:23:55	0:24:25	0:24:22	1:41:34
24	21143	o malley	dermot	Over40	MALE	0:05:15	0:23:39	0:23:59	0:24:19	0:24:24	1:41:36
25	21008	Brannigan	Carmel	Over50	FEMALE	0:05:13	0:23:22	0:23:57	0:24:30	0:24:39	1:41:41
26	21119	Mcgrath	Sinead	Over40	FEMALE	0:04:55	0:22:41	0:23:31	0:24:47	0:26:00	1:41:54
27	21027	Collins	Dara	Over40	MALE	0:05:36	0:23:13	0:23:47	0:24:25	0:25:00	1:42:01
28	21128	Mellsop	Pat	Over50	MALE	0:05:37	0:23:59	0:24:40	0:25:04	0:24:21	1:43:41
29	21021	Campbell	Judith	Over40	FEMALE	0:05:29	0:24:23	0:24:22	0:25:10	0:24:22	1:43:46
30	21083	Hartney	Garrett	Over40	MALE	0:05:44	0:24:16	0:24:47	0:24:49	0:24:12	1:43:49
31	21015	Burke	Ray	Over50	MALE	0:05:46	0:25:43	0:24:48	0:23:52	0:23:48	1:43:57
32	21065	fox	jennifer	Over40	FEMALE	0:05:46	0:24:19	0:24:19	0:24:37	0:25:08	1:44:09
33	21074	Gorman	Noel	Over40	MALE	0:05:27	0:24:13	0:24:46	0:24:57	0:25:34	1:44:57
34	21129	Messitt	Maria	Over40	FEMALE	0:05:31	0:24:54	0:25:10	0:24:56	0:24:46	1:45:18
35	21044	Noone	Maeve	Over40	FEMALE	0:05:39	0:25:23	0:25:13	0:25:07	0:24:25	1:45:46
36	21061	Fitzpatrick	Andrew	Senior	MALE	0:05:54	0:24:19	0:25:04	0:25:04	0:25:35	1:45:55
37	21185	Walsh	Shane	Senior	MALE	0:05:22	0:24:07	0:23:50	0:24:39	0:28:27	1:46:27
38	21178	Sweeney	Terry	Senior	MALE	0:05:16	0:24:15	0:25:08	0:25:46	0:26:03	1:46:28
39	21073	Gorman	Kathleen	Over40	FEMALE	0:05:12	0:24:16	0:24:56	0:25:54	0:26:11	1:46:29
40	21196	BRENNAN	Patrick	Over40	MALE	0:05:27	0:25:03	0:25:28	0:25:20	0:25:39	1:46:57
41	21023	Canney	Domhnall	Senior	MALE	0:05:31	0:26:09	0:26:08	0:25:41	0:23:27	1:46:57
42	21202	Devane	Keith	Over40	MALE	0:05:14	0:24:15	0:24:52	0:25:50	0:26:50	1:47:00
43	21071	Gilchrist	Aideen	Senior	FEMALE	0:05:28	0:25:13	0:25:42	0:25:39	0:25:32	1:47:33
44	21062	Flannery	Sinead	Over40	FEMALE	0:05:21	0:24:49	0:25:29	0:25:54	0:26:13	1:47:46
45	21104	Kenny	Anthony	Over40	MALE	0:05:28	0:24:26	0:25:15	0:26:01	0:27:26	1:48:36
46	21003	Barden	Colin	Over40	MALE	0:05:33	0:24:48	0:25:52	0:26:26	0:26:05	1:48:44
47	21136	Murphy	Tom	Over40	MALE	0:06:07	0:25:31	0:25:56	0:25:55	0:25:45	1:49:14
48	21175	Stapleton	Richard	Over40	MALE	0:06:07	0:25:31	0:25:56	0:25:55	0:25:44	1:49:14
49	21033	Cuddy	Miriam	Senior	FEMALE	0:05:50	0:24:34	0:25:58	0:26:47	0:26:41	1:49:49
50	21060	Finn	Tara	Over40	FEMALE	0:05:31	0:25:44	0:26:13	0:25:58	0:26:26	1:49:52
51	21084	Heather	Dave	Over40	MALE	0:05:40	0:24:23	0:25:25	0:26:59	0:27:37	1:50:05
52	21064	Fowley	Liz	Over40	FEMALE	0:05:17	0:24:48	0:26:04	0:27:13	0:26:57	1:50:20
53	21146	O'Boyle	Eamonn	Over40	MALE	0:06:32	0:26:02	0:25:14	0:25:58	0:26:41	1:50:26
54	21025	Clancy	Paul	Over40	MALE	0:06:24	0:27:20	0:25:00	0:25:41	0:26:27	1:50:52
55	21148	O'Donovan	Alun	Senior	MALE	0:05:53	0:25:48	0:26:21	0:28:33	0:24:24	1:50:59
56	21187	Williams	Laura	Senior	FEMALE	0:05:48	0:25:32	0:26:05	0:26:42	0:27:10	1:51:17
57	21058	Farrell	Louise	Over40	FEMALE	0:06:09	0:25:32	0:27:16	0:26:19	0:26:34	1:51:51
58	21135	Mullane	Aoife	Senior	FEMALE	0:05:29	0:26:17	0:26:56	0:27:16	0:26:17	1:52:15
59	21082	Harte	Clair	Senior	FEMALE	0:05:19	0:24:34	0:25:44	0:28:09	0:28:33	1:52:20
60	21022	Campbell	Bernie	Over40	FEMALE	0:05:35	0:25:49	0:26:05	0:27:14	0:27:46	1:52:29
61	21157	Pounch	Derek	Senior	MALE	0:05:25	0:24:26	0:26:43	0:27:48	0:28:47	1:53:09
62	21026	Clohosey	Elaine	Over40	FEMALE	0:05:51	0:25:37	0:27:03	0:27:27	0:27:27	1:53:25
63	21042	Dempsey	Orla	Over40	FEMALE	0:06:08	0:27:15	0:26:55	0:27:05	0:26:52	1:54:14
64	21116	Mannion	Peter	Senior	MALE	0:05:34	0:26:06	0:26:19	0:27:52	0:28:27	1:54:18
65	21099	Kelly	Bernie	Over40	FEMALE	0:05:35	0:25:52	0:27:54	0:27:39	0:27:19	1:54:20
66	21177	Sullivan	Peter	Over60	MALE	0:05:43	0:26:37	0:27:10	0:27:54	0:27:28	1:54:51
67	21189	Mc Cluskey	Orla	Over40	FEMALE	0:05:52	0:27:22	0:27:39	0:27:47	0:27:26	1:56:05
68	21085	Heying	Lauren	Senior	FEMALE	0:06:19	0:27:47	0:28:04	0:27:49	0:26:59	1:56:57
69	21020	Butler	David	Over40	MALE	0:06:05	0:27:32	0:27:39	0:27:36	0:28:10	1:57:03
70	21072	Goldsberry	Mary	Over40	FEMALE	0:06:26	0:27:03	0:27:46	0:28:06	0:27:58	1:57:20

71	21144	O Sullivan	Oisin	Over40	MALE	0:05:13	0:25:10	0:26:53	0:30:41	0:29:43	1:57:40
72	21004	Beirne	Dervilla	Over40	FEMALE	0:06:18	0:27:25	0:27:35	0:28:11	0:28:29	1:57:58
73	21133	Morrissey	Lorraine	Senior	FEMALE	0:06:06	0:28:16	0:27:59	0:28:13	0:27:52	1:58:25
74	21035	Curran	Katie	Senior	FEMALE	0:06:03	0:28:12	0:28:22	0:28:19	0:27:29	1:58:27
75	21051	Dwyer	Eamon	Over40	MALE	0:05:39	0:25:06	0:27:09	0:29:01	0:31:47	1:58:41
76	21115	Malone	Janelle	Senior	FEMALE	0:06:56	0:27:49	0:27:37	0:28:17	0:28:21	1:59:00
77	21040	Delaney	Eimear	Senior	FEMALE	0:06:09	0:28:40	0:27:52	0:28:41	0:27:39	1:59:01
78	21188	Coone	Deirdre	Senior	FEMALE	0:05:59	0:27:27	0:28:13	0:29:00	0:28:28	1:59:06
79	21030	Corrigan	patricia	Senior	FEMALE	0:05:57	0:27:03	0:28:00	0:29:00	0:29:05	1:59:07
80	21145	O'BOYLE	Ailbe	Senior	FEMALE	0:06:37	0:28:00	0:28:15	0:28:55	0:27:46	1:59:32
81	21080	Guiry	Rachel	Senior	FEMALE	0:05:22	0:26:22	0:28:20	0:29:25	0:30:30	1:59:59
82	21075	Grady	Marie	Senior	FEMALE	0:05:54	0:27:48	0:29:01	0:29:03	0:28:14	1:59:59
83	21076	Grady	Eileen	Senior	FEMALE	0:05:54	0:27:48	0:29:01	0:29:02	0:28:19	2:00:04
84	21106	Killeen	Ethna	Senior	FEMALE	0:05:23	0:26:22	0:28:21	0:29:20	0:30:54	2:00:20
85	21052	Edmeades	Stuart	Senior	MALE	0:06:36	0:28:02	0:28:16	0:28:52	0:28:38	2:00:24
86	21006	Boland	Brendan	Senior	MALE	0:06:45	0:27:48	0:29:12	0:28:52	0:27:56	2:00:33
87	21131	Molloy	Emer	Over40	FEMALE	0:06:06	0:28:16	0:28:00	0:28:23	0:29:51	2:00:35
88	21056	Fallon	Irene	Over40	FEMALE	0:05:45	0:27:23	0:28:03	0:29:27	0:30:16	2:00:55
89	21161	Redmond	Declan	Senior	MALE	0:05:53	0:25:48	0:26:22	0:30:19	0:33:10	2:01:31
90	21045	Diviney	Fiona	Over40	FEMALE	0:06:07	0:28:22	0:28:28	0:29:10	0:29:27	2:01:34
91	21109	Lally	Susanne	Senior	FEMALE	0:06:52	0:28:49	0:28:14	0:29:14	0:28:42	2:01:51
92	21137	Murphy	Brid	Senior	FEMALE	0:05:53	0:26:39	0:28:55	0:29:16	0:31:10	2:01:52
93	21069	Gallagher	Antoinette	Senior	FEMALE	0:06:52	0:28:48	0:28:14	0:29:14	0:28:44	2:01:53
94	21184	Walsh	Derek	Senior	MALE	0:06:38	0:28:22	0:29:29	0:30:07	0:27:59	2:02:35
95	21046	Dolan	Brian	Senior	MALE	0:07:11	0:30:59	0:29:46	0:28:56	0:26:27	2:03:20
96	21100	Kennedy	jacinta	Senior	FEMALE	0:06:53	0:27:51	0:29:01	0:31:02	0:29:18	2:04:06
97	21016	Burke	Darren	Senior	MALE	0:06:07	0:28:21	0:28:29	0:29:13	0:32:50	2:05:00
98	21152	O'Sullivan	Martin	Over40	MALE	0:06:36	0:29:52	0:29:16	0:29:41	0:29:37	2:05:01
99	21007	Borthwick	Dots	Over40	FEMALE	0:07:05	0:28:51	0:29:47	0:30:02	0:29:39	2:05:24
100	21183	Wallace	Bernie	Over40	FEMALE	0:05:34	0:28:08	0:29:14	0:30:22	0:32:07	2:05:25
101	21036	Daly	Laura	Senior	FEMALE	0:07:02	0:30:35	0:28:11	0:29:20	0:30:32	2:05:40
102	21186	Whitney	Dorcas	Over40	FEMALE	0:07:13	0:29:37	0:29:10	0:30:19	0:30:26	2:06:44
103	21057	Farrell	Johanna	Over40	FEMALE	0:07:05	0:28:51	0:29:48	0:30:01	0:31:06	2:06:51
104	21200	Pfeiffer	Gotz	Over50	MALE	0:05:57	0:27:47	0:29:54	0:31:46	0:33:05	2:08:30
105	21017	Burke	Alice	Over40	FEMALE	0:05:58	0:27:07	0:29:08	0:34:25	0:32:04	2:08:43
106	21176	Sterritt	Nicola	Senior	FEMALE	0:06:16	0:29:22	0:30:07	0:31:51	0:31:16	2:08:52
107	21166	Ryan	Brendan	Senior	MALE	0:06:15	0:29:21	0:30:07	0:31:53	0:31:16	2:08:52
108	21154	Peters	Laura	Senior	FEMALE	0:06:15	0:29:23	0:30:08	0:32:05	0:31:16	2:09:07
109	21019	Butler	Patricia	Senior	FEMALE	0:06:11	0:29:05	0:30:31	0:31:41	0:31:50	2:09:17
110	21141	Niland	Siobhan	Over40	FEMALE	0:07:03	0:30:30	0:30:29	0:30:18	0:31:05	2:09:26
111	21160	Reddington	Mags	Over40	FEMALE	0:07:13	0:30:40	0:30:11	0:30:17	0:31:09	2:09:30
112	21047	Dose	Mallory	Senior	FEMALE	0:06:33	0:30:03	0:30:00	0:30:46	0:32:43	2:10:07
113	21088	Hopkins	Joan	Senior	FEMALE	0:06:53	0:30:24	0:29:41	0:30:56	0:32:21	2:10:15
114	21172	Sheils	Dearbhaile	Senior	FEMALE	0:05:50	0:28:18	0:29:38	0:32:21	0:34:30	2:10:37
115	21120	McGrath	Majella	Over50	FEMALE	0:05:57	0:28:20	0:29:41	0:33:59	0:33:08	2:11:05
116	21038	Davenport	Caitlin	Senior	FEMALE	0:07:04	0:31:08	0:31:07	0:30:26	0:31:43	2:11:29
117	21066	Fuller	Rupert	Over40	MALE	0:06:08	0:27:45	0:30:19	0:32:24	0:35:24	2:12:00
118	21097	Kelly	Michael	Over50	MALE	0:06:38	0:31:00	0:30:20	0:31:46	0:32:26	2:12:09
119	21009	Brennan	Maria	Over40	FEMALE	0:06:58	0:29:43	0:31:22	0:32:17	0:33:47	2:14:07
120	21108	Kruisselbrink	Rebecca	Senior	FEMALE	0:06:35	0:30:45	0:35:42	0:30:35	0:31:19	2:14:56
121	21156	Potts	Jonathan	Over50	MALE	0:06:35	0:30:45	0:35:43	0:30:35	0:31:18	2:14:57
122	21164	Ross	Bernie	Over40	FEMALE	0:07:14	0:30:50	0:31:51	0:32:56	0:32:11	2:15:02
123	21067	Furey	Kathleen	Over40	FEMALE	0:07:14	0:30:49	0:31:52	0:32:56	0:32:12	2:15:03
124	21037	Daly	Karen	Senior	FEMALE	0:07:02	0:30:35	0:29:37	0:32:33	0:35:23	2:15:11
125	21132	Monaghan	Lorraine	Over40	FEMALE	0:06:57	0:29:24	0:31:13	0:32:37	0:35:07	2:15:19
126	21040	Ni Choinceanainn	Deirdre	Senior	FEMALE	0:06:17	0:31:48	0:31:45	0:32:30	0:33:32	2:15:52
127	21159	Rebeiro	Shane	Senior	MALE	0:06:57	0:29:48	0:31:17	0:32:36	0:35:29	2:16:06
128	21142	NUTU	SORINA	Senior	FEMALE	0:06:56	0:29:48	0:31:17	0:32:36	0:35:28	2:16:06
129	21170	Shanaghy	Conor	Senior	MALE	0:07:02	0:29:37	0:30:07	0:33:18	0:37:16	2:17:18
130	21031	Costello	Sinead	Senior	FEMALE	0:06:56	0:31:50	0:32:58	0:32:36	0:33:11	2:17:31
131	21171	Shaughnessy	Pamela	Senior	FEMALE	0:06:56	0:31:50	0:32:58	0:32:36	0:33:11	2:17:31
132	21201	Edwards	Gaye	Over50	FEMALE	0:06:39	0:31:30	0:32:04	0:33:40	0:35:34	2:19:28
133	21102	Kenney	Julie	Over40	FEMALE	0:07:04	0:31:37	0:33:35	0:32:37	0:34:41	2:19:34
134	21013	Burke	Veronica	Senior	FEMALE	0:06:17	0:32:27	0:36:01	0:31:12	0:34:08	2:20:05
135	21053	Egan	John	Senior	MALE	0:06:53	0:29:40	0:32:34	0:34:31	0:36:59	2:20:38
136	21048	Doyle	Dermot	Senior	MALE	0:06:55	0:32:21	0:33:37	0:34:07	0:35:23	2:22:23
137	21168	Scally	Denise	Senior	FEMALE	0:07:05	0:30:05	0:35:07	0:34:43	0:35:56	2:22:57
138	21122	McHale	Michelle	Senior	FEMALE	0:07:01	0:31:24	0:34:02	0:35:31	0:35:13	2:23:11
139	21121	McHale	Gerard	Senior	MALE	0:07:01	0:31:24	0:34:03	0:35:28	0:35:16	2:23:12
140	21107	Kocsis	Dorothy	Senior	FEMALE	0:06:18	0:32:11	0:34:14	0:35:08	0:35:28	2:23:18
141	21180	Vagany	Peter	Senior	MALE	0:06:18	0:32:09	0:34:13	0:35:10	0:35:28	2:23:18

142	21123	McMahon	ED	Over50	MALE	0:07:12	0:31:16	0:32:59	0:33:24	0:38:41	2:23:33
143	21101	Kennedy	Caroline	Over40	FEMALE	0:06:51	0:31:41	0:33:28	0:35:42	0:36:46	2:24:29
144	21111	Lawlor	Ciara	Over40	FEMALE	0:06:51	0:31:41	0:33:18	0:35:52	0:36:46	2:24:29
145	21049	Duffy	Martin	Over40	MALE	0:07:00	0:32:08	0:33:47	0:34:54	0:36:57	2:24:46
146	21001	Arru	Breda	Over40	FEMALE	0:06:59	0:31:55	0:33:57	0:35:14	0:37:18	2:25:22
147	21029	Corcoran	Maria	Over40	FEMALE	0:07:27	0:33:25	0:32:08	0:32:03	0:41:43	2:26:46
148	21150	O'Shea	Ann	Senior	FEMALE	0:06:40	0:33:47	0:35:18	0:36:38	0:35:35	2:27:58
149	21165	Rowe	Brenda	Over40	FEMALE	0:07:39	0:35:33	0:35:27	0:35:23	0:34:42	2:28:45
150	21138	Murphy	Elizabeth	Over40	FEMALE	0:07:39	0:35:33	0:35:27	0:35:23	0:34:43	2:28:45
151	21149	O'Donovan	Terry	Over50	MALE	0:06:45	0:31:29	0:34:17	0:37:16	0:39:01	2:28:48
152	21173	Sheridan	Elaine	Senior	FEMALE	0:07:11	0:33:02	0:32:24	0:35:55	0:40:28	2:28:59
153	21130	Mockett	Patricia	Senior	FEMALE	0:06:56	0:31:50	0:35:14	0:36:39	0:38:52	2:29:30
154	21147	Oconnell	Barbara	Over40	FEMALE	0:07:28	0:34:16	0:35:23	0:35:59	0:36:51	2:29:58
155	21005	Boland	Denise	Over40	FEMALE	0:06:59	0:33:47	0:36:32	0:37:00	0:39:01	2:33:19
156	21112	Macnamara	Maria	Over40	FEMALE	0:07:12	0:31:56	0:33:41	0:40:25	0:41:49	2:35:04
157	21002	Ballesty	PJ	Over60	MALE	0:07:12	0:35:21	0:39:06	0:38:29	0:40:44	2:40:51
158	21093	Kavanagh	Edel	Over40	FEMALE	0:07:15	0:37:18	0:43:34	0:41:37	0:31:18	2:41:02
159	21086	Hogan	Melissa	Senior	FEMALE	0:07:29	0:36:52	0:39:08	0:42:41	0:46:13	2:52:23
	21158	Quill	Diarmuid	Over50	MALE	0:05:24	0:24:02				DNF
	21193	O'connor	Declan	Senior	MALE	0:06:19	0:26:13	1:12:26			DNF
	21179	Tierney	Aine	Senior	FEMALE	0:05:30	0:27:07	0:28:32			DNF
	21126	McNiffe	Conor	Senior	MALE		2:53:57				DNF