

Place	Bib	Surname	Name	Cat	Sex	5km	10km	15km	20km	25km	30km	35km	40km	45km	50km	Finish
1	50110	Mooney	Rory	Senior	MALE	0:19:57	0:20:40	0:20:40	0:20:36	0:20:41	0:20:44	0:21:03	0:22:42	0:23:21	0:22:47	3:33:12
2	50064	Maguire	Kieran	Over40	MALE	0:23:29	0:23:32	0:23:25	0:23:40	0:24:04	0:24:27	0:25:06	0:26:39	0:28:01	0:27:43	4:10:05
3	50024	Donohue	Ger	Over50	MALE	0:25:54	0:25:43	0:24:45	0:24:28	0:23:57	0:24:33	0:24:28	0:24:58	0:25:37	0:28:02	4:12:24
4	50042	Gorski	Alan	Senior	MALE	0:24:20	0:23:58	0:24:00	0:24:15	0:24:45	0:25:20	0:26:28	0:26:43	0:27:12	0:26:56	4:13:58
5	50084	Panfil	Marco	Over40	MALE	0:24:43	0:25:14	0:25:25	0:25:23	0:24:52	0:25:03	0:25:03	0:25:42	0:27:11	0:26:03	4:14:39
6	50032	Fitzsimons	Aodhagan	Over40	MALE	0:28:02	0:26:38	0:26:18	0:25:30	0:25:35	0:26:37	0:25:23	0:27:41	0:26:08	0:26:13	4:24:05
7	50038	Gavin	Mark	Over40	MALE	0:25:53	0:25:45	0:25:00	0:25:07	0:25:44	0:26:27	0:27:31	0:28:25	0:28:38	0:28:18	4:26:47
8	50076	Murray	Ronan	Over40	MALE	0:27:29	0:25:51	0:25:35	0:25:34	0:26:17	0:25:03	0:26:42	0:28:48	0:29:42	0:28:31	4:29:31
9	50103	Weldon	Bernard	Over40	MALE	0:25:56	0:25:44	0:25:04	0:25:03	0:25:54	0:26:25	0:27:43	0:28:53	0:31:31	0:33:18	4:35:28
10	50046	Byrnes	Frank	Over40	MALE	0:28:01	0:28:02	0:29:14	0:29:22	0:28:19	0:27:27	0:27:01	0:26:40	0:28:10	0:24:51	4:37:05
11	50002	Brady	Sarah	Senior	FEMALE	0:25:27	0:25:10	0:25:16	0:25:20	0:26:03	0:25:50	0:30:21	0:29:11	0:33:12	0:31:49	4:37:40
12	50041	Gorman	Brian	Over40	MALE	0:27:46	0:27:11	0:27:05	0:27:06	0:27:26	0:27:26	0:27:29	0:27:35	0:29:52	0:31:47	4:40:42
13	50014	Chapman	John	Over40	MALE	0:28:17	0:27:38	0:28:22	0:31:47	0:27:22	0:27:50	0:27:20	0:27:16	0:27:52	0:27:29	4:41:13
14	50067	McDonagh	John	Over40	MALE	0:26:18	0:25:13	0:25:07	0:25:07	0:25:55	0:26:37	0:29:35	0:30:33	0:34:52	0:34:08	4:43:26
15	50031	Ferris MBE	Peter	Over60	MALE	0:29:16	0:28:16	0:27:39	0:27:26	0:28:28	0:28:26	0:28:41	0:28:43	0:29:59	0:30:29	4:47:23
16	50015	Chomicz	Andrzej	Senior	MALE	0:24:23	0:23:57	0:23:59	0:24:14	0:24:47	0:26:41	0:29:58	0:37:28	0:35:22	0:36:55	4:47:43
17	50077	Musial	Wojciech	Over40	MALE	0:28:56	0:28:56	0:28:31	0:28:26	0:28:10	0:28:37	0:28:39	0:29:12	0:29:42	0:29:25	4:48:35
18	50017	Condon	Maria	Over40	FEMALE	0:26:22	0:26:38	0:27:02	0:26:50	0:27:26	0:28:41	0:29:31	0:30:26	0:31:31	0:34:09	4:48:37
19	50003	Brennan	Glenn	Over40	MALE	0:26:43	0:27:01	0:27:37	0:27:15	0:28:04	0:27:19	0:27:23	0:32:17	0:31:36	0:33:23	4:48:37
20	50111	Pineda	Reginaldo	Over40	MALE	0:27:56	0:27:35	0:27:37	0:27:26	0:27:56	0:29:35	0:29:13	0:30:06	0:31:40	0:30:31	4:49:35
21	50088	Quintilla	Butch	Over40	MALE	0:27:56	0:27:35	0:27:38	0:27:26	0:27:55	0:29:35	0:29:13	0:30:05	0:31:41	0:30:31	4:49:36
22	50114	O'Mara	Finn		FEMALE	0:29:17	0:28:21	0:28:13	0:28:17	0:28:18	0:32:59	0:29:09	0:29:43	0:30:09	0:27:21	4:51:48
23	50010	Cairns	Jonathan	Over50	MALE	0:28:35	0:28:33	0:28:11	0:28:16	0:28:54	0:27:57	0:29:19	0:30:29	0:30:29	0:32:20	4:53:03
24	50011	Carey	John	Senior	MALE	0:26:46	0:26:58	0:27:39	0:27:13	0:28:16	0:29:35	0:30:52	0:30:32	0:32:10	0:33:42	4:53:43
25	50004	Bristow	David	Senior	MALE	0:28:10	0:26:12	0:27:04	0:27:10	0:26:59	0:28:26	0:30:45	0:33:42	0:33:17	0:32:11	4:53:55
26	50096	Sheridan	Aiden	Senior	MALE	0:27:43	0:24:05	0:24:21	0:36:34	0:29:07	0:30:00	0:35:25	0:29:55	0:35:40	0:28:17	5:01:05
27	50091	ross	david	Over40	MALE	0:28:04	0:27:59	0:30:28	0:28:07	0:28:21	0:29:59	0:30:08	0:31:58	0:34:21	0:32:10	5:01:36
28	50085	Pouch	Lisa	Senior	FEMALE	0:28:52	0:29:51	0:29:00	0:29:28	0:29:30	0:31:00	0:31:12	0:31:32	0:32:24	0:31:39	5:04:28
29	50030	Fahy	Noel	Over50	MALE	0:28:04	0:26:38	0:27:22	0:28:41	0:28:40	0:29:52	0:31:30	0:33:02	0:35:21	0:35:34	5:04:44
30	50068	McGann	Derek	Over40	MALE	0:26:47	0:26:58	0:27:38	0:27:14	0:29:29	0:28:39	0:32:37	0:36:47	0:36:32	0:33:55	5:06:36
31	50070	McManus	John	Over40	MALE	0:27:43	0:27:58	0:29:04	0:29:47	0:30:22	0:32:38	0:33:48	0:32:37	0:31:52	0:33:16	5:09:04
32	50097	Skowron	Katarzyna	Over40	FEMALE	0:27:43	0:27:58	0:29:04	0:29:47	0:30:22	0:32:38	0:33:48	0:32:37	0:31:52	0:33:16	5:09:04
33	50049	Harney	Alan	Senior	MALE	0:28:00	0:28:02	0:29:07	0:29:35	0:31:10	0:32:38	0:33:01	0:32:31	0:33:58	0:34:20	5:12:24
34	50086	Quilter	Catriona	Senior	FEMALE	0:27:56	0:26:43	0:27:39	0:30:24	0:29:07	0:29:59	0:33:25	0:33:03	0:42:28	0:31:40	5:12:25
35	50022	Devaney	Karen	Over40	FEMALE	0:31:45	0:32:37	0:32:00	0:31:21	0:30:44	0:30:10	0:31:26	0:31:47	0:32:54	0:30:50	5:15:35
36	50078	O Connell	Daniel	Senior	MALE	0:27:41	0:26:02	0:27:39	0:30:25	0:30:04	0:32:35	0:33:56	0:37:21	0:35:35	0:36:04	5:17:21
37	50034	Fogarty	Sean	Senior	MALE	0:29:23	0:28:43	0:28:48	0:30:03	0:30:15	0:29:09	0:31:57	0:33:10	0:35:11	0:41:05	5:17:44
38	50052	Heffernan	Carole	Senior	FEMALE	0:29:22	0:28:44	0:28:48	0:30:03	0:28:58	0:31:28	0:30:54	0:33:08	0:35:13	0:41:06	5:17:44
39	50044	Gough	Jenny	Senior	FEMALE	0:29:29	0:29:16	0:31:32	0:31:01	0:31:11	0:31:12	0:32:35	0:33:01	0:35:11	0:36:39	5:21:09
40	50023	Devlin	Matthew	Senior	MALE	0:26:43	0:27:01	0:27:37	0:27:15	0:29:12	0:31:30	0:35:59	0:36:09	0:40:03	0:40:49	5:22:17
41	50063	Lach	Pawel	Senior	MALE	0:31:45	0:32:40	0:31:57	0:31:21	0:30:46	0:33:17	0:32:23	0:34:39	0:33:56	0:30:58	5:23:42
42	50087	Quinn	Patrick	Senior	MALE	0:28:35	0:28:34	0:28:32	0:28:56	0:30:39	0:33:01	0:34:20	0:36:16	0:37:57	0:36:58	5:23:47
43	50006	Burke	Gavin	Senior	MALE	0:30:25	0:29:45	0:29:49	0:30:13	0:31:29	0:28:51	0:28:00	0:37:14	0:41:44	0:36:18	5:23:47
44	50057	Keavey	Jenny	Senior	FEMALE	0:29:27	0:31:27	0:31:40	0:31:09	0:30:40	0:31:02	0:32:12	0:35:21	0:39:43	0:31:51	5:24:32
45	50113	McDonnell	Liam	Over40	MALE	0:31:42	0:31:14	0:31:08	0:29:42	0:30:33	0:33:18	0:32:51	0:34:38	0:33:28	0:36:10	5:24:45
46	50012	Cawley	Geraldine	Over40	FEMALE	0:30:29	0:31:10	0:31:41	0:30:40	0:30:51	0:31:58	0:32:37	0:34:30	0:34:31	0:37:13	5:25:39
47	50035	Forbes	Fleur	Over40	FEMALE	0:33:08	0:34:11	0:34:24	0:29:15	0:30:50	0:31:12	0:32:24	0:33:39	0:33:47	0:33:58	5:26:49
48	50093	Shanaghy	Dawn	Over40	FEMALE	0:32:00	0:29:50	0:30:51	0:28:48	0:35:09	0:30:02	0:33:22	0:36:36	0:38:43	0:31:30	5:26:52
49	50109	Fitzgibbons	Sheila	Over40	FEMALE	0:31:17	0:30:32	0:30:46	0:31:01	0:31:41	0:34:45	0:32:49	0:34:49	0:36:31	0:34:27	5:28:40
50	50036	Francis	Brenda G	Over40	FEMALE	0:29:26	0:32:36	0:35:06	0:31:30	0:35:19	0:31:48	0:36:55	0:32:42	0:36:43	0:32:21	5:34:27
51	50039	Gill	john	Over40	MALE	0:30:24	0:29:26	0:29:57	0:29:37	0:31:10	0:34:55	0:37:08	0:37:11	0:37:42	0:37:20	5:34:49
52	50101	Tiernan	Mary	Over40	FEMALE	0:31:30	0:30:51	0:30:58	0:30:51	0:30:59	0:33:19	0:35:50	0:40:17	0:36:50	0:35:13	5:36:39
53	50037	Gannon	Sinead	Senior	FEMALE	0:31:30	0:30:51	0:30:57	0:30:51	0:30:57	0:33:22	0:35:48	0:40:18	0:36:36	0:35:29	5:36:39
54	50005	Broderick	Shane	Senior	MALE	0:30:24	0:29:11	0:30:15	0:29:02	0:30:04	0:33:13	0:38:14	0:42:09	0:36:51	0:39:00	5:38:23
55	50001	Bradshaw	Sharon	Over40	FEMALE	0:33:09	0:33:48	0:32:49	0:34:46	0:38:39	0:34:59	0:34:41	0:38:04	0:35:58	0:34:55	5:51:47
56	50065	McAuley	Diane	Over40	FEMALE	0:29:11	0:29:26	0:33:51	0:31:00	0:37:06	0:34:16	0:40:58	0:44:20	0:37:10	0:36:08	5:53:25
57	50040	Gilligan	Suzanne	Senior	FEMALE	0:30:50	0:31:09	0:32:11	0:36:55	0:37:39	0:36:25	0:35:58	0:37:09	0:39:51	0:36:14	5:54:22
58	50019	Delanty	Philip	Over40	MALE	0:28:43	0:29:16	0:30:06	0:31:12	0:41:11	0:36:38	0:38:02	0:38:58	0:38:31	0:42:21	5:54:58
59	50026	Dunne	Rosarii	Over50	FEMALE	0:31:14	0:32:46	0:32:12	0:32:33	0:34:00	0:35:34	0:37:43	0:39:46	0:42:05	0:37:49	5:55:43
60	50069	McKenna	John	Senior	MALE	0:32:10	0:30:52	0:30:56	0:32:28	0:30:28	0:41:43	0:36:20	0:44:25	0:43:08	0:35:29	5:57:59
61	50047	Gimes	Theresa	Over40	FEMALE	0:30:23	0:29:41	0:32:16	0:33:41	0:35:10	0:36:53	0:37:46	0:39:03	0:42:30	0:40:39	5:58:02
62	50083	Pamula	Marek	Senior	MALE	0:30:20	0:30:45	0:32:07	0:32:27	0:34:05	0:38:43	0:36:28	0:38:34	0:41:43	0:43:12	5:58:24
63	50072	Mercie	Patrick	Over40	MALE	0:30:23	0:29:44	0:32:28	0:30:52	0:40:07	0:39:10	0:42:24	0:40:53	0:40:17	0:38:45	6:05:03
64	50081	O'Rourke	Louise	Senior	FEMALE	0:30:37	0:31:02	0:30:56	0:30:52	0:37:46	0:40:45	0:43:54	0:40:09	0:40:17	0:38:45	6:05:03
65	50021	Devane	Christina	Senior	FEMALE	0:29:23	0:30:14	0:32:16	0:32:49	0:37:47	0:40:03	0:40:05	0:41:53	0:40:05	0:41:06	6:05:42
66	50082	O'Shea	Daithá	Over40	MALE	0:30:24	0:30:56	0:31:16	0:31:01	0:32:25	0:35:25	0:40:15	0:46:34	0:45:40	0:46:01	6:09:56
67	50060	Kelly	Yvonne	Senior	FEMALE	0:30:25	0:29:32	0:30:19	0:33:25	0:36:12	0:38:15	0:42:47	0:43:46	0:45:58	0:48:16	6:18:55
68	50027	Dunphy	Shane	Senior	MALE											