

Place	Bib	Surname	Name	Sex	Cat	Finish	5km	10km	15km	20km	25km	30km	35km	40km	45km	50km
1	50143	Curley Cunningham	Mike	MALE	Sen	3:28:05	0:20:17	0:19:54	0:19:59	0:21:01	0:20:33	0:20:43	0:21:04	0:21:25	0:21:47	0:21:22
2	50065	Leadbetter	Adam	MALE	Sen	3:34:03	0:21:48	0:20:39	0:20:22	0:19:50	0:20:18	0:20:32	0:21:04	0:21:06	0:22:29	0:25:55
3	50051	Heaney	Bernard	MALE	Sen	3:47:47	0:23:05	0:22:58	0:22:44	0:22:50	0:22:22	0:22:14	0:22:15	0:22:28	0:23:02	0:23:49
4	50129	Talpo	Andrea	MALE	Sen	4:03:11	0:23:55	0:24:02	0:23:48	0:24:30	0:24:21	0:24:08	0:23:58	0:24:19	0:25:15	0:24:55
5	50133	Walsh	Willie	MALE	Sen	4:05:03	0:25:42	0:24:54	0:25:10	0:26:03	0:25:23	0:25:14	0:25:21	0:25:25	0:21:34	0:20:17
6	50036	Fenton	Owen	MALE	Sen	4:05:31	0:23:27	0:22:55	0:23:09	0:23:18	0:24:14	0:24:24	0:24:21	0:26:07	0:27:00	0:26:36
7	50003	Bartley	Joseph	MALE	Sen	4:07:23	0:25:43	0:24:53	0:23:46	0:23:27	0:23:50	0:24:01	0:24:20	0:25:32	0:25:42	0:26:10
8	50073	Maguire	Kieran	MALE	Over40	4:07:39	0:23:56	0:23:43	0:23:31	0:24:01	0:23:32	0:24:19	0:24:37	0:25:06	0:26:39	0:28:14
9	50037	Fiaherly	Gerry	MALE	Over40	4:07:42	0:25:19	0:25:16	0:25:08	0:24:49	0:24:26	0:24:50	0:24:19	0:24:34	0:24:24	0:24:37
10	50139	Finn	Deirdre	FEMALE	Sen	4:09:40	0:23:07	0:23:14	0:23:45	0:23:56	0:24:16	0:24:15	0:25:27	0:26:47	0:27:19	0:27:34
11	50095	Nevin	Darren	MALE	Sen	4:17:38	0:22:00	0:21:47	0:22:16	0:22:57	0:24:04	0:24:43	0:28:23	0:30:09	0:29:22	0:31:57
12	50089	Moran	Matthew	MALE	Sen	4:18:55	0:25:38	0:26:01	0:25:27	0:25:42	0:25:50	0:25:51	0:25:49	0:26:01	0:26:14	0:26:21
13	50071	Mackessy	Derek	MALE	Sen	4:19:29	0:26:50	0:25:13	0:24:43	0:25:13	0:26:00	0:25:53	0:26:12	0:26:30	0:26:43	0:26:13
14	50144	Kealy	Kealy	FEMALE	Sen	4:20:06	0:25:18	0:25:17	0:25:00	0:24:57	0:24:45	0:24:48	0:25:05	0:25:28	0:27:50	0:31:36
15	50121	Ryan	Kristy	FEMALE	Sen	4:20:33	0:24:59	0:25:16	0:25:23	0:25:22	0:25:15	0:26:02	0:26:41	0:27:32	0:27:33	0:26:29
16	50109	O'Riordan	David	MALE	Over40	4:20:33	0:25:42	0:24:54	0:25:10	0:26:04	0:25:19	0:25:18	0:25:21	0:26:09	0:28:28	0:28:09
17	50068	Lubinski	Cezary	MALE	Sen	4:22:13	0:26:54	0:26:01	0:25:44	0:25:49	0:25:56	0:25:39	0:25:46	0:25:21	0:26:35	0:28:28
18	50050	Hanratty	John	MALE	Over40	4:22:22	0:23:45	0:24:29	0:24:27	0:24:45	0:25:18	0:25:07	0:27:23	0:30:00	0:30:18	0:26:50
19	50069	Luistro	Rustum	MALE	Sen	4:24:55	0:24:12	0:23:51	0:23:52	0:24:44	0:25:59	0:26:58	0:27:30	0:28:10	0:30:25	0:29:14
20	50112	Owens	Sean	MALE	Over40	4:26:27	0:25:26	0:24:44	0:24:46	0:24:32	0:24:35	0:24:53	0:27:21	0:29:10	0:31:07	0:29:53
21	50097	O Keefe	Pat	MALE	Over40	4:27:03	0:23:55	0:22:38	0:23:32	0:23:21	0:24:57	0:24:42	0:27:20	0:29:57	0:33:17	0:33:24
22	50105	O'llwill	Maurice	MALE	Over40	4:27:07	0:26:54	0:26:01	0:25:44	0:25:49	0:25:57	0:25:39	0:25:46	0:27:29	0:28:21	0:29:29
23	50096	Noonan	Paul	MALE	Over40	4:27:35	0:25:19	0:25:17	0:25:10	0:26:04	0:25:22	0:25:14	0:27:40	0:29:36	0:29:52	0:28:00
24	50101	O'Brien	Eugene	MALE	Sen	4:28:13	0:25:57	0:25:26	0:25:46	0:26:00	0:26:30	0:26:49	0:27:44	0:29:10	0:28:34	0:28:18
25	50079	Mc manus	Francis	MALE	Sen	4:28:16	0:27:20	0:26:46	0:26:33	0:26:23	0:26:16	0:26:38	0:26:56	0:27:00	0:27:26	0:26:59
26	50113	Panfil	Marco	MALE	Sen	4:28:18	0:27:57	0:27:20	0:27:02	0:26:47	0:26:44	0:26:32	0:27:06	0:27:09	0:26:21	0:25:20
27	50125	Sisovsky	Pavol	MALE	Sen	4:29:19	0:24:55	0:24:16	0:24:26	0:24:56	0:25:34	0:27:22	0:29:26	0:29:58	0:30:07	0:28:19
28	50019	Clancy	Janet	FEMALE	Sen	4:32:28	0:28:12	0:27:21	0:27:14	0:26:36	0:26:32	0:26:19	0:26:32	0:27:12	0:27:44	0:28:45
29	50070	Lundy	Leo	MALE	Over50	4:33:52	0:24:58	0:25:12	0:25:19	0:25:28	0:26:09	0:26:21	0:28:46	0:29:58	0:31:08	0:30:32
30	50018	Chomicz	Andrzej	MALE	Sen	4:34:16	0:27:31	0:25:41	0:26:18	0:26:20	0:26:31	0:26:47	0:27:29	0:27:59	0:28:58	0:30:43
31	50001	Albert	Florian	MALE	Over40	4:35:25	0:26:57	0:26:37	0:26:33	0:26:58	0:26:35	0:28:34	0:27:13	0:28:24	0:28:58	0:28:36
32	50135	Oran	Guerin	MALE	Sen	4:36:42	0:26:36	0:26:20	0:25:54	0:25:56	0:26:16	0:26:17	0:26:02	0:28:17	0:31:02	0:34:02
33	50075	Mason	Sean	MALE	Over40	4:38:09		0:54:44		0:52:27	0:27:56			1:24:43	0:29:48	0:28:31
34	50057	John	Brady	MALE	Over50	4:39:20	0:28:47	0:27:18	0:27:17	0:27:04	0:27:37	0:27:17	0:27:55	0:28:05	0:28:16	0:29:45
35	50091	Morrissey	Claire	FEMALE	Sen	4:40:27	0:29:42	0:30:05	0:28:47	0:26:52	0:28:41	0:27:05	0:27:35	0:28:18	0:29:19	0:28:05
36	50026	De Wilde	Erwin	MALE	Over50	4:41:06	0:29:51	0:28:07	0:28:36	0:27:25	0:28:02	0:27:30	0:28:18	0:26:48	0:27:53	0:28:36
37	50045	Gonda	Michael	MALE	Sen	4:43:03	0:28:27	0:26:46	0:27:01	0:27:11	0:26:33	0:28:25	0:28:51	0:30:04	0:30:28	0:29:18
38	50081	McCavera	Paul	MALE	Over40	4:43:13	0:28:00	0:27:18	0:27:09	0:27:01	0:26:58	0:27:55	0:27:51	0:29:16	0:30:34	0:31:11
39	50016	Casey	Ellen	FEMALE	Over40	4:45:14	0:28:12	0:28:03	0:28:09	0:28:42	0:28:56	0:28:54	0:28:29	0:28:48	0:28:56	0:28:06
40	50076	Mason	Noel	MALE	Over40	4:45:14	0:28:12	0:28:03	0:28:09	0:28:42	0:28:56	0:28:54	0:28:29	0:28:48	0:28:56	0:28:06
41	50032	Duggan	Kieran	MALE	Over50	4:46:26	0:28:36	0:26:56	0:27:28	0:28:07	0:27:00	0:27:08	0:27:25	0:27:53	0:32:28	0:33:25
42	50060	Kelly	James	MALE	Over40	4:47:37	0:27:20	0:27:35	0:28:28	0:29:14	0:26:53	0:30:11	0:30:43	0:29:36	0:28:54	0:28:42
43	50039	Fogarty	Sean	MALE	Sen	4:47:46	0:29:07	0:26:12	0:27:19	0:27:12	0:28:08	0:30:33	0:28:43	0:29:22	0:30:05	0:31:06
44	50052	Heffernan	Carol	FEMALE	Sen	4:47:46	0:29:07	0:26:12	0:27:19	0:27:13	0:28:07	0:30:33	0:28:43	0:29:22	0:30:04	0:31:07
45	50024	Cullinan	Garry	MALE	Sen	4:49:34	0:31:06	0:27:41	0:27:31	0:27:17	0:27:44	0:27:36	0:27:46	0:29:11	0:32:15	0:31:26
46	50047	Guthrie	Catherine	FEMALE	Over40	4:50:46	0:31:08	0:28:28	0:29:25	0:28:41	0:28:38	0:29:01	0:29:06	0:28:57	0:28:32	0:28:51
47	50007	Burke	Michelle	FEMALE	Sen	4:51:20	0:28:50	0:28:26	0:28:13	0:28:04	0:28:51	0:29:19	0:29:09	0:29:56	0:31:43	0:28:49
48	50015	Carvalho	Jose	MALE	Over40	4:52:33	0:28:15	0:26:58	0:26:50	0:26:52	0:26:31	0:27:33	0:29:47	0:32:10	0:33:25	0:34:13
49	50043	Garcia	Adolfo	MALE	Over40	4:52:48	0:27:21	0:27:01	0:27:20	0:27:39	0:28:50	0:31:14	0:31:02	0:30:39	0:31:16	0:30:27
50	50085	McLoughlin	Bernard	MALE	Sen	4:53:10	0:29:06	0:30:10	0:29:14	0:28:10	0:28:08	0:28:25	0:29:13	0:29:52	0:29:45	0:31:06
51	50038	Flynn	George	MALE	Over40	4:53:10	0:28:00	0:26:55	0:25:59	0:28:08	0:28:40	0:28:27	0:30:10	0:31:18	0:32:37	0:32:55
52	50030	Dotson	Lori	FEMALE	Over40	4:53:52	0:30:01	0:28:45	0:28:44	0:28:45	0:29:41	0:29:02	0:29:13	0:29:40	0:29:50	0:30:11
53	50067	Lewis	Carol	FEMALE	Over50	4:53:52	0:30:01	0:28:46	0:28:44	0:28:45	0:29:41	0:29:02	0:29:12	0:29:40	0:29:50	0:30:11
54	50005	Brooks	AnnMarie	FEMALE	Sen	4:56:53	0:30:34	0:30:21	0:30:34	0:30:00	0:29:56	0:29:42	0:30:03	0:29:14	0:28:35	0:27:55
55	50077	Matthews	Thomas	MALE	Over50	4:57:11	0:27:51	0:27:27	0:28:06	0:27:43	0:28:10	0:28:48	0:29:31	0:30:50	0:33:23	0:35:22
56	50124	Shanaghy	Dawn	FEMALE	Sen	4:58:58	0:31:01	0:30:14	0:29:13	0:29:20	0:29:10	0:29:32	0:29:33	0:29:46	0:30:56	0:30:13
57	50118	Rainey	Philip	MALE	Sen	4:59:23	0:27:21	0:27:34	0:28:06	0:31:04	0:27:14	0:28:40	0:29:40	0:30:46	0:33:19	0:35:39
58	50083	McEaney	Shane	MALE	Over40	5:01:11	0:31:31	0:29:58	0:29:04	0:28:52	0:28:54	0:29:31	0:30:40	0:31:00	0:31:29	0:30:12
59	50126	Skowron	Katarzyna	FEMALE	Over40	5:06:25	0:28:11	0:28:03	0:28:07	0:28:43	0:28:58	0:30:28	0:32:35	0:32:27	0:34:27	0:34:28
60	50087	McManus	John	MALE	Over40	5:06:25	0:28:11	0:28:03	0:28:07	0:28:43	0:28:57	0:30:27	0:32:35	0:32:27	0:34:27	0:34:27
61	50090	Morrissey	Noorena	FEMALE	Over40	5:07:49	0:29:06	0:29:40	0:28:47	0:29:07	0:30:09	0:29:56	0:30:29	0:30:54	0:34:04	0:35:37
62	50103	O'Donnell	Ronan	MALE	Sen	5:08:08	0:28:49	0:27:47	0:27:35	0:29:10	0:28:33	0:33:10	0:32:07	0:36:07	0:34:18	0:30:30
63	50058	Kearns	Helena	FEMALE	Sen	5:11:03	0:31:38	0:30:20	0:29:53	0:30:11	0:30:32	0:31:09	0:32:02	0:32:49	0:31:41	0:30:49
64	50132	Traynor	Michelle	FEMALE	Over40	5:11:03	0:31:38	0:30:19	0:29:53	0:30:11	0:30:32	0:31:09	0:32:02	0:32:48	0:31:42	0:30:50
65	50046	Gordon	Richard	MALE	Over40	5:11:43	0:29:03	0:27:08	0:27:29	0:29:26	0:28:56	0:30:42	0:32:51	0:34:09	0:35:44	0:36:13
66	50022	Corbett	Jack	MALE	Sen	5:12:47	0:28:51	0:28:41	0:28:46	0:29:18	0:29:10	0:29:47	0:30:41	0:33:35	0:36:09	0:37:49
67	50021	Corbett	Robert	MALE	Sen	5:12:47	0:28:49	0:28:42	0:28:47	0:29:17	0:29:09	0:29:48	0:30:41	0:33:36	0:36:09	0:37:48
68	50107	O'Mara	Fionnuala	FEMALE	Over40	5:16:50	0:33:18	0:31:05	0:30:42	0:31						

105	50042	Framo	Erwin	MALE	Over40	6:15:55	0:34:02	0:31:37	0:32:42	0:31:35	0:32:28	0:35:21	0:37:33	0:41:06	0:50:33	0:48:59
106	50033	Dwyer	Eamon	MALE	Over40	6:17:47	0:30:46	0:31:02	0:32:28	0:32:32	0:33:42	0:37:48	0:43:15	0:45:39	0:45:45	0:44:49
107	50141	stafford	Tom	MALE	Sen	6:26:02	0:37:48	0:37:26	0:37:30	0:40:23	0:37:24	0:38:24	0:39:09	0:39:16	0:39:39	0:39:03
108	50010	Byrne	Sandra	FEMALE	Over40	6:40:21	0:35:58	0:40:07	0:36:05	0:39:01	0:37:35	0:42:32	0:41:55	0:43:46	0:40:27	0:42:54
109	50110	O'Shea	Ann	FEMALE	Sen	6:40:21	0:35:58	0:40:07	0:36:05	0:39:02	0:37:35	0:42:32	0:41:56	0:43:46	0:40:26	0:42:54
110	50064	Kenny	Noel	MALE	Over50	6:48:03	0:30:45	0:33:21	0:35:28	0:35:22	0:37:44	0:42:34	0:44:47	0:48:48	0:49:42	0:49:31
111	50074	Martin	Frank	MALE	Sen	6:56:06	0:39:27	0:38:22	0:40:18	0:40:13	0:41:56	0:42:15	0:45:15	0:43:15	0:43:21	0:41:43
112	50093	Murphy	Theresa	FEMALE	Sen	7:11:57	0:34:00	0:35:39	0:39:10	0:41:05	0:40:24	0:35:20	0:43:47	0:57:18	0:52:35	0:52:38
113	50131	Toomey	Mary	FEMALE	Sen	7:11:57	0:34:07	0:35:50	0:39:08	0:42:13	0:41:01	0:44:21	0:44:33	0:46:16	0:51:50	0:52:39
114	50104	O'Hagan	Collette	FEMALE	Over60	7:11:58	0:34:00	0:35:37	0:38:51	0:41:26	0:41:29	0:42:55	0:41:55	0:50:31	0:52:36	0:52:38
115	50098	O Riordan	Rochelle	FEMALE	Sen	7:11:58	0:34:07	0:35:50	0:39:04	0:42:16	0:40:10	0:45:12	0:44:33	0:45:31	0:52:36	0:52:38
116	50100	O shea	Danny	MALE	Over40	7:26:27	0:38:15	0:39:05	0:39:26	0:41:10	0:44:53	0:47:26	0:51:01	0:49:56	0:47:33	0:47:42
117	50072	Madden	Carol	FEMALE	Over40	7:33:16	0:43:53	0:44:16	0:43:43	0:43:06	0:44:45	0:45:49	0:46:17	0:47:22	0:47:28	0:46:37
118	50049	Hanly	Mary	FEMALE	Over50	7:36:14	0:43:52	0:44:16	0:42:32	0:44:19	0:44:43	0:45:49	0:46:17	0:47:42	0:49:08	0:47:34
119	50062	Kennedy	Michael	MALE	Over60	7:36:15	0:43:53	0:44:16	0:43:44	0:43:13	0:44:46	0:45:53	0:46:22	0:47:25	0:49:08	0:47:36
120	50013	Carolan	Hugh	MALE	Over70	7:36:16	0:41:43	0:45:22	0:43:35	0:44:20	0:46:30	0:44:14	0:46:06	0:47:21	0:49:53	0:47:11
121	50041	Fox	Eleanor	FEMALE	Sen	8:31:16	0:39:19	0:36:11	0:34:54	0:38:37	0:46:23	1:00:39	1:07:58	1:07:07	0:57:44	1:02:24
122	50034	Earis	Emma-Jayne	FEMALE	Sen	8:31:17	0:43:00	0:42:40	0:33:44	0:35:24	0:43:43	0:57:33	1:07:58	1:07:07	0:57:44	1:02:25
	50025	Cunningham	David	MALE	Sen	DNF	0:26:38	0:26:36	0:26:23	0:26:55	0:33:41					
	50006	Burke	Gavin	MALE	Sen	DNF	0:31:31	0:29:58	0:28:41	0:32:07	0:34:53					