

Place	Bib	Name	Surname	Sex	Lap 1	Lap 2	Race Time	Chip Time
1	114	Paul	Gibbons	M	0:17:20	0:18:10	0:35:30	0:35:30
2	97	Karl	Fitzgerald	M	0:18:05	0:18:12	0:36:17	0:36:17
3	625	George	Brady	m	0:18:19	0:36:30	0:36:30	0:36:30
4	102	Darren	Foley	M	0:18:25	0:18:19	0:36:45	0:36:45
5	159	James	Kelly	M	0:18:26	0:19:15	0:37:42	0:37:41
6	51	Rowland	Corr	M	0:18:43	0:19:09	0:37:53	0:37:53
7	43	Michael	Coia	M	0:19:26	0:19:18	0:38:45	0:38:44
8	171	Stephen	Lenane	M	0:19:16	0:19:27	0:38:50	0:38:43
9	253	Ger	Redmond	M	0:19:03	0:20:06	0:39:10	0:39:10
10	290	Sean	Timlin	M	0:19:29	0:20:28	0:39:57	0:39:56
11	155	James	Keane	M	0:19:41	0:20:23	0:40:05	0:40:05
12	36	Pat	Casey	M	0:20:14	0:19:54	0:40:09	0:40:08
13	293	Stephen	Tracey	M	0:19:56	0:20:34	0:40:31	0:40:30
14	259	Darren	Rooney	M	0:20:07	0:21:00	0:41:15	0:41:07
15	272	Charlie	Sheil	M	0:20:41	0:21:01	0:41:45	0:41:42
16	628	Diarmuid	Coogan	m	0:20:51	0:20:53	0:41:46	0:41:43
17	298	Peter	Williams	M	0:20:35	0:21:18	0:41:59	0:41:53
18	296	Vincent	Viaud	M	0:21:04	0:21:01	0:42:15	0:42:05
19	643	Greg	Hanlon	m	0:20:32	0:21:37	0:42:15	0:42:10
20	134	David	Harte	M	0:20:59	0:21:15	0:42:17	0:42:14
21	7	Marek	BÄ...kowski	M	0:20:59	0:21:23	0:42:24	0:42:22
22	41	Andrea	Cioni	M	0:21:05	0:21:19	0:42:29	0:42:24
23	129	Therese	Hanly	F	0:20:53	0:21:37	0:42:32	0:42:30
24	83	Mark	Dunne	M	0:20:16	0:22:44	0:43:03	0:43:00
25	299	David	Willis	M	0:21:25	0:21:30	0:43:04	0:42:55
26	146	Leslie Llyud	Hughes	M	0:21:49	0:21:02	0:43:08	0:42:51
27	109	Andy	Garvey	M	0:21:50	0:21:17	0:43:14	0:43:07
28	39	Mazvydas	Cepliauskas	M	0:21:45	0:21:23	0:43:18	0:43:08
29	644	Dalibor	Hosler	m	0:21:02	0:22:33	0:43:38	0:43:35
30	247	Vallo	Prints	M	0:21:46	0:21:49	0:43:39	0:43:35
31	206	Roberto	Mei	M	0:21:37	0:22:07	0:43:48	0:43:43
32	186	Paolo	Manzo	M	0:21:37	0:22:09	0:43:49	0:43:46
33	629	Paul	Murphy	m	0:22:15	0:21:43	0:44:02	0:43:58
34	117	Nauset	Gonzalez	M	0:21:03	0:22:57	0:44:04	0:44:00
35	281	Gedis	Steponavicius	M	0:21:51	0:22:32	0:44:27	0:44:23
36	164	David	Kennedy	M	0:22:01	0:22:38	0:44:50	0:44:39
37	12	Sean	Beecher	M	0:23:22	0:21:41	0:45:23	0:45:02
38	115	Niall	Glynn	M	0:22:07	0:23:16	0:45:25	0:45:23
39	278	Graham	Spillane	M	0:22:13	0:23:03	0:45:36	0:45:16
40	26	Virginijus	Burovas	M	0:21:36	0:23:51	0:45:38	0:45:27
41	94	Andrej	Fasung	M	0:23:11	0:23:08	0:46:20	0:46:18
42	646	Emer	O'Toole	f	0:23:08	0:23:13	0:46:27	0:46:21
43	266	Brady	Sarah	F	0:21:48	0:24:38	0:46:27	0:46:25
44	95	Anna	Fasungova	F	0:23:20	0:23:08	0:46:32	0:46:27
45	185	Michael Og	Manley	M	0:22:46	0:23:32	0:46:34	0:46:19
46	162	Neill	Kelly	M	0:23:01	0:23:15	0:46:38	0:46:16

47	147	Wayne	Hunt	M	0:23:08	0:23:16	0:46:45	0:46:24
48	96	Ronan	Finn	M	0:23:32	0:23:12	0:46:47	0:46:43
49	195	John	McDonagh	M	0:23:07	0:23:56	0:47:06	0:47:03
50	240	Ella	Patchett	F	0:23:33	0:23:23	0:47:13	0:46:56
51	215	Michael	Murphy	M	0:23:06	0:23:47	0:47:14	0:46:53
52	286	Anthony	Tattan	M	0:23:30	0:23:42	0:47:21	0:47:12
53	116	Roy	Goggin	M	0:23:34	0:23:39	0:47:30	0:47:13
54	209	Grzegorz	Miskiewicz	M	0:22:41	0:24:36	0:47:38	0:47:16
55	30	Darryl	Canning	M	0:23:51	0:23:47	0:47:43	0:47:37
56	122	Jessica	Gray	F	0:23:39	0:23:55	0:47:46	0:47:35
57	110	Ronan	Garvey	M	0:24:53	0:22:41	0:48:08	0:47:34
58	191	David	McAndrew	M	0:24:17	0:23:37	0:48:12	0:47:53
59	80	Patrick	Downey	M	0:24:04	0:24:05	0:48:24	0:48:09
60	207	Claire	Millar	f	0:23:49	0:24:24	0:48:28	0:48:13
61	626	Patrick	Friary	m	0:23:07	0:25:23	0:48:41	0:48:30
62	108	Ciaran	Gannon	M	0:24:07	0:24:44	0:48:54	0:48:52
63	38	Matteo	Cattaneo	M	0:23:58	0:24:52	0:48:56	0:48:50
64	23	Sean	Brett	M	0:24:32	0:24:21	0:49:04	0:48:52
65	229	Paul	O'Callaghan	M	0:24:25	0:24:22	0:49:06	0:48:47
66	86	Grainne	Egan	F	0:24:15	0:24:45	0:49:07	0:49:00
67	57	Nick	Crawford	M	0:23:43	0:25:17	0:49:16	0:49:00
68	29	Patrice	Cailloce	M	0:25:00	0:24:04	0:49:21	0:49:03
69	81	Liam	Doyle	m	0:24:10	0:25:11	0:49:29	0:49:21
70	252	Piero	Rasini	M	0:24:42	0:24:57	0:49:44	0:49:39
71	24	Gary	Brown	M	0:25:26	0:24:14	0:49:52	0:49:40
72	63	Tara	Cunningham	F	0:24:25	0:25:24	0:50:09	0:49:49
73	11	Wandy	Beatty	F	0:25:17	0:24:38	0:50:09	0:49:55
74	61	Daniel	Cullen	M	0:25:21	0:24:42	0:50:23	0:50:03
75	128	Mervyn	Hamilton	M	0:24:36	0:25:20	0:50:27	0:49:56
76	55	David	Coyle	M	0:25:40	0:24:31	0:50:28	0:50:11
77	35	Ruben	Carvalho	M	0:25:19	0:24:49	0:50:36	0:50:08
78	163	Eamonn	Kelly	M	0:24:48	0:25:30	0:50:42	0:50:18
79	636	Tom	O'Reilly	m	0:26:14	0:24:10	0:50:49	0:50:24
80	157	Liam	Keating	M	0:24:46	0:26:03	0:51:07	0:50:48
81	144	CELINA	HUGHES	F	0:25:01	0:25:54	0:51:15	0:50:55
82	135	John	Hassett	M	0:25:22	0:25:17	0:51:29	0:50:39
83	124	Chris	Gregan	M	0:25:19	0:25:26	0:51:35	0:50:45
84	641	Thomas	Hanlon	m	0:26:46	0:24:38	0:52:02	0:51:24
85	76	Adrian	Donnellan	M	0:25:41	0:26:02	0:52:05	0:51:42
86	618	Barbara	O'Donnell	f	0:26:06	0:26:07	0:52:28	0:52:13
87	167	Edward	Kinsella	M	0:26:50	0:25:51	0:52:59	0:52:41
88	237	Patrick	O'Shea	M	0:26:56	0:25:45	0:53:19	0:52:41
89	220	Dee	Needham	F	0:27:02	0:26:02	0:53:21	0:53:04
90	172	Roisin	Lenahan	F	0:26:53	0:26:04	0:53:25	0:52:57
91	176	Rosemary	Long	F	0:25:56	0:27:32	0:53:33	0:53:28
92	40	Angela	Charlton	F	0:26:37	0:26:24	0:53:37	0:53:01
93	257	Martin	Reilly	M	0:26:38	0:26:50	0:53:46	0:53:28

94	635	Owen	McKiernan	m	0:25:41	0:27:48	0:53:48	0:53:28
95	637	Karl	Donnelly	n	0:26:45	0:26:37	0:53:49	0:53:22
96	634	Richard	Greally	m	0:25:33	0:28:08	0:53:57	0:53:42
97	525	Katie	O'Connor	F	0:26:45	0:26:41	0:54:06	0:53:26
98	627	Demi	O'Driscoll	m	0:25:36	0:28:47	0:54:33	0:54:22
99	173	Richard	Leonard	M	0:28:01	0:26:28	0:54:51	0:54:29
100	174	Kristina	Liela	F	0:26:57	0:27:19	0:54:54	0:54:16
101	145	DES	HUGHES	M	0:28:00	0:26:39	0:55:01	0:54:38
102	216	Terry	Murphy	M	0:27:38	0:26:54	0:55:18	0:54:31
103	200	Patrick	McElroy	M	0:26:20	0:28:52	0:55:22	0:55:12
104	217	Patrick	Murphy	M	0:27:42	0:27:24	0:55:24	0:55:06
105	231	Nicola	O'Hurley	F	0:27:17	0:28:03	0:55:27	0:55:20
106	79	Tim	Dowling	M	0:27:16	0:28:04	0:55:27	0:55:20
107	53	Simon	Cotter	M	0:27:27	0:27:28	0:55:27	0:54:56
108	650	Grainne	Wall	f	0:27:41	0:27:32	0:55:29	0:55:14
109	238	Marek	Osikowski	M	0:28:00	0:26:53	0:55:30	0:54:53
110	651	Liodhan	O'Mora	f	0:28:16	0:27:00	0:55:30	0:55:16
111	104	JAnE	Gaffney	F	0:26:07	0:29:42	0:55:56	0:55:50
112	32	Liam	Carroll	M	0:27:19	0:28:30	0:55:59	0:55:49
113	44	Grace	Collier	F	0:28:29	0:27:20	0:56:10	0:55:49
114	230	Olive	O'Donoghue	F	0:28:17	0:27:56	0:56:29	0:56:13
115	177	Georgina	Loughrey	F	0:28:33	0:27:36	0:56:36	0:56:09
116	223	Colum	O Bric	M	0:28:36	0:27:35	0:56:38	0:56:10
117	208	Rory	Minogue	M	0:28:24	0:27:53	0:56:54	0:56:17
118	74	John	Donegan	M	0:28:25	0:27:54	0:56:56	0:56:19
119	149	Aleksandr	Jasin	M	0:27:38	0:29:25	0:57:19	0:57:04
120	632	Joanne	Donohoe	f	0:28:48	0:28:19	0:57:31	0:57:07
121	631	Laura	Delaney	f	0:28:48	0:28:21	0:57:32	0:57:09
122	263	Jennifer	Ryan	F	0:29:06	0:27:57	0:57:48	0:57:02
123	132	Joy	Harris	F	0:28:10	0:29:24	0:57:49	0:57:33
124	168	Niall	Kirwan	M	0:27:57	0:29:25	0:57:49	0:57:22
125	221	Fergus	Niall	M	0:29:03	0:28:29	0:58:05	0:57:32
126	267	Martin	Saxton	M	0:28:26	0:29:13	0:58:09	0:57:39
127	156	Gareth	Keane	M	0:27:39	0:30:25	0:58:21	0:58:04
128	179	Aidan	Lynch	M	0:29:35	0:28:38	0:58:31	0:58:13
129	633	Owen	O'Sullivan	m	0:28:00	0:29:55	0:58:34	0:57:55
130	234	Caoimhe	Oneill-Jenkins	f	0:28:30	0:29:45	0:58:51	0:58:16
131	284	Caroline	Sutton	F	0:28:29	0:30:17	0:59:07	0:58:46
132	2	Sergej	Ameljancik	M	0:27:07	0:31:45	0:59:10	0:58:52
133	137	Paul	Heenan	M	0:29:11	0:29:23	0:59:13	0:58:33
134	226	Deirdre	O mahony	F	0:30:22	0:28:35	0:59:15	0:58:57
135	251	Tony	Rafferty	M	0:29:08	0:29:38	0:59:15	0:58:46
136	111	John	Geary	M	0:29:00	0:29:51	0:59:16	0:58:51
137	276	Sergio	Simoes	M	0:30:57	0:27:56	0:59:21	0:58:53
138	52	Gerard	Corry	M	0:30:11	0:28:47	0:59:26	0:58:57
139	90	Helen	Evers	F	0:30:07	0:28:58	0:59:30	0:59:05
140	20	Avril	Bowe	F	0:30:07	0:28:59	0:59:31	0:59:06

141	65	Silvia	Dal Fiume	F	0:30:24	0:28:50	0:59:35	0:59:13
142	13	Luca	Bellini	M	0:30:26	0:28:49	0:59:35	0:59:14
143	10	Kevin	Bayliss	M	0:31:04	0:27:53	0:59:42	0:58:57
144	283	Denise	Sutton	F	0:29:04	0:30:20	0:59:52	0:59:24
145	300	Wojciech	Witkowski	M	0:28:11	0:31:10	0:59:56	0:59:21
146	133	Philip	Harrison	M	0:30:55	0:28:36	1:00:03	0:59:31
147	151	Sadhbh	Kane	F	0:29:42	0:29:52	1:00:09	0:59:34
148	289	Elaine	Tighe	F	0:30:00	0:29:54	1:00:10	0:59:54
149	699	Stephen	Burke	M	0:35:39	0:24:02	1:00:15	0:59:41
150	143	Tara	Hubert	F	0:29:18	0:30:53	1:00:24	1:00:12
151	192	Gerard	McArdle	M	0:31:27	0:28:48	1:00:35	1:00:15
152	5	Julia	Avena	F	0:29:38	0:30:22	1:00:40	1:00:00
153	49	Glenn	Cooper	M	0:31:27	0:28:58	1:00:46	1:00:26
154	640	Steven	Kiernan	m	0:28:58	0:31:09	1:00:50	1:00:07
155	621	Clara	Amarante	f	0:29:53	0:30:44	1:00:51	1:00:36
156	84	suzie	dunne	F	0:30:05	0:30:39	1:01:05	1:00:43
157	260	Bea	Royuela	F	0:30:47	0:30:27	1:01:23	1:01:14
158	301	Amanda	Younge	F	0:30:49	0:30:26	1:01:24	1:01:15
159	256	Susan	Reilly	F	0:29:42	0:31:33	1:01:34	1:01:15
160	211	Evalyn	Motsch	F	0:31:32	0:30:30	1:02:23	1:02:02
161	275	Patrick	Sijan	M	0:31:29	0:30:33	1:02:24	1:02:02
162	617	Marta	Kencler	f	0:30:01	0:32:20	1:02:35	1:02:21
163	169	Klaudia	Kiss	F	0:31:39	0:30:35	1:02:44	1:02:15
164	60	Szombati	Csaba	M	0:31:46	0:30:38	1:02:45	1:02:23
165	183	Dara	Macnamara	M	0:31:02	0:31:35	1:03:01	1:02:37
166	269	Leona	Scanlan	F	0:30:17	0:32:32	1:03:09	1:02:49
167	612	Brian	Harney	M	0:31:33	0:31:28	1:03:22	1:03:01
168	58	Megan	Crimmins	F	0:31:58	0:31:04	1:03:26	1:03:02
169	91	Linda	Fagan	F	0:30:30	0:32:35	1:03:31	1:03:06
170	42	Richard	Coady	M	0:31:27	0:31:45	1:03:38	1:03:12
171	92	Christiine	Fagan	F	0:30:49	0:33:01	1:04:13	1:03:50
172	148	Laetitia	Hyver	F	0:31:38	0:32:06	1:04:15	1:03:44
173	99	Karen	Fitzpatrick	F	0:32:35	0:31:17	1:04:17	1:03:52
174	630	Carmel	Smith	f	0:32:31	0:31:43	1:04:18	1:04:14
175	210	Serena	Moran	F	0:33:29	0:30:16	1:04:34	1:03:45
176	45	Margaret	Collins	F	0:31:53	0:32:03	1:04:41	1:03:57
177	182	Sharon	Macken	F	0:33:31	0:30:48	1:04:50	1:04:19
178	34	Caoimhe	Carton	F	0:32:12	0:32:10	1:05:01	1:04:22
179	244	Sinead	Pierce	F	0:33:01	0:32:01	1:05:33	1:05:03
180	184	Etain	Magennis	F	0:33:01	0:32:03	1:05:34	1:05:04
181	236	Ciara	Osborne	F	0:33:42	0:31:53	1:06:13	1:05:35
182	288	Gibbons	Teresa	F	0:31:41	0:34:12	1:06:27	1:05:54
183	255	Julie	Reilly	F	0:34:07	0:33:06	1:07:41	1:07:13
184	154	Laura	Keane	F	0:33:53	0:33:58	1:08:14	1:07:51
185	59	Evelyn	Crothers	F	0:33:54	0:33:57	1:08:14	1:07:51
186	50	Emer	Corcoran	F	0:34:05	0:34:06	1:08:39	1:08:12
187	576	Catriona	Scahill	F	0:32:20	0:34:10	1:08:39	1:06:30

188	78	Louise	Doolan	F	0:34:47	0:33:36	1:09:08	1:08:23
189	27	Martin	Byrne	M	0:32:21	0:36:35	1:09:32	1:08:56
190	21	Bridie	Bowe	F	0:34:15	0:35:39	1:10:19	1:09:54
191	82	Maria	Duffy	M	0:34:24	0:35:25	1:10:36	1:09:48
192	14	Colm	Bennett	M	0:34:23	0:35:27	1:10:38	1:09:50
193	170	Berina	Lawler	F	0:34:36	0:35:33	1:10:39	1:10:09
194	224	Rachel	O connell	F	0:34:18	0:36:05	1:10:49	1:10:22
195	642	Emma	Hartnett	f	0:34:21	0:36:07	1:10:54	1:10:28
196	258	Jennifer	Roe	F	0:34:14	0:36:13	1:10:59	1:10:27
197	178	Aoibhin	Luby	F	0:36:21	0:34:17	1:11:16	1:10:38
198	241	Alan	Phelan	M	0:36:20	0:34:14	1:11:16	1:10:34
199	189	Tony	Marnell	M	0:36:23	0:34:15	1:11:16	1:10:38
200	62	Pearl	Cumiskey	F	0:34:36	0:36:13	1:11:35	1:10:50
201	265	Radek	Samsonowicz	M	0:34:37	0:36:13	1:11:35	1:10:50
202	190	ANNE	MC GRANE	F	0:34:33	0:36:59	1:11:48	1:11:31
203	136	Denise	Heenan	F	0:36:29	0:35:56	1:13:05	1:12:25
204	225	Kelly	O Hickey	F	0:37:16	0:39:03	1:16:44	1:16:20
205	567	Helen	Rowntree	F	0:37:33	0:39:10	1:17:29	1:16:43
206	250	Rosemary	Radford	F	0:37:35	0:39:10	1:17:31	1:16:45
207	121	Amelia	Graceey	F	0:37:07	0:40:29	1:18:06	1:17:36
	201	Roz	McElwee	F	0:42:12			