

Place	Number	Wave	TI Number	Name	Surname	Sex	Cat	Club	Swim	T1	Cycle	T2	Run	Finish
1	301	4		Darren	Dunne	Male	20-39		9:35	0:43	0:30:48	1:03	0:18:06	1:00:16
2	302	4	10038917	Cillian	Tierney	Male	20-39	Tralee TC	9:37	0:49	0:31:30	1:07	0:19:50	1:02:52
3	303	4	10027471	Fabian	Mangan	Male	16-19	Predator TC	10:41	0:55	0:32:40	1:04	0:20:09	1:05:30
4	307	4	10038095	Marcus	Mcgowan	Male	20-39		10:38	0:52	0:34:15	1:10	0:19:12	1:06:07
5	314	4	10052308	Jonathan	Morris	Male	20-39	Belpark TC	12:20	0:57	0:32:11	1:02	0:20:09	1:06:40
6	304	4	10070516	Ben	Vahey	Male	20-39	Galway TC	9:48	0:55	0:34:14	1:03	0:22:12	1:08:12
7	309	4	10012781	Ian	Purcell	Male	20-39	Clonmel TC	11:53	1:09	0:33:17	1:26	0:21:03	1:08:47
8	310	4	10000671	Dave	Murphy	Male	Over40	Trilogy TC	11:30	0:57	0:33:54	1:22	0:21:14	1:08:58
9	312	4	10062200	Martin	Waldron	Male	Over40	Belpark TC	11:57	1:30	0:32:51	1:17	0:21:54	1:09:29
10	313	4	10053443	Adam	Doyle	Male	20-39		12:18	1:19	0:35:35	1:22	0:19:48	1:10:22
11	332	3	10039212	Padraig	O'sullivan	Male	20-39	Limerick TC	15:14	1:26	0:32:41	1:41	0:20:36	1:11:38
12	327	3	10012915	Bryan	Nolan	Male	20-39	Limerick TC	13:10	1:32	0:33:03	1:26	0:22:49	1:12:00
13	322	3	10016924	Kenneth	Morris	Male	Over40	Activmultisport TC	13:01	1:02	0:35:57	1:23	0:21:41	1:13:04
14	329	3	10017312	William	Rock	Male	Over40	Cork TC	13:01	1:11	0:36:06	1:29	0:22:17	1:14:04
15	334	3	10049449	Barry	Moran	Male	Over40	Naas TC	13:46	1:10	0:36:34	1:28	0:21:13	1:14:12
16	315	4	10001136	Tom	Byrne	Male	Over40		12:24	1:08	0:36:44	1:19	0:23:07	1:14:44
17	349	3		Joe	Gleeson	Male	20-39		15:31	1:19	0:36:37	1:33	0:21:36	1:16:35
18	340	3	10055691	Seamus	Duggan	Male	Over40	Nenagh TC	16:38	1:52	0:36:21	1:25	0:21:14	1:17:30
19	305	4	10059427	Jennifer	O'Sullivan	Female	20-39	Belpark TC	12:26	1:13	0:38:42	1:30	0:23:48	1:17:39
20	341	3	10071153	Marko	Horvat	Male	20-39	Ennis TC	14:46	1:06	0:39:20	1:14	0:21:20	1:17:47
21	339	4	10004845	Cormac	O'neill	Male	Over40	Belpark TC	15:28	1:01	0:35:27	1:37	0:24:19	1:17:52
22	412	4	10057945	Odie	O'Driscoll	Male	16-19		12:28	1:19	0:39:27	1:26	0:24:14	1:18:54
23	316	4	10014767	Dermot	Hayes	Male	Over40	Limerick TC	14:08	1:10	0:36:17	1:42	0:26:04	1:19:21
24	330	3	10054609	Mike	Quinlivan	Male	Over40	Limerick TC	13:56	1:56	0:37:15	1:39	0:24:48	1:19:35
25	353	2	10045849	Edward	Fahy	Male	Over40	Limerick TC	16:37	1:30	0:37:42	1:43	0:23:05	1:20:36
26	311	4	10014786	Denise	Compton	Female	Over40	Clonmel TC	13:01	1:42	0:38:42	1:40	0:26:05	1:21:10
27	352	2	10054745	Nigel	Laffan	Male	20-39	GoTri TC	14:37	1:17	0:41:07	1:21	0:23:48	1:22:10
28	306	4	10045522	Alex	Stewart	Female	16-19	Limerick TC	11:26	1:17	0:42:50	1:27	0:25:23	1:22:22
29	338	3	10051380	Graham	Virgo	Male	Over40	Crosshaven TC	15:22	1:19	0:38:14	1:40	0:26:08	1:22:43
30	324	3	10068375	Maurice	Kelter	Male	20-39		13:48	1:58	0:43:44	1:39	0:22:13	1:23:23
31	344	3	10061649	Paul	Swan	Male	Over40	Kilkenny TC	15:34	1:30	0:40:05	2:03	0:24:48	1:24:00
32	373	2	10022345	Sean	Sexton	Male	20-39		17:01	1:32	0:41:18	1:53	0:22:31	1:24:14
33	342	3	10000062	Eamon	Macfionnlaoich	Male	Over40	Pulse TC	15:25	1:08	0:41:11	1:37	0:25:08	1:24:28
34	351	2	10027900	Bernard	Loughlin	Male	Over40		15:41	1:22	0:41:24	1:51	0:24:20	1:24:38
35	350	3		Timmy	Kelly	Male	20-39		15:19	2:16	0:40:31	1:47	0:25:04	1:24:57
36	328	3	10002732	Morgan	O'donnell	Male	20-39	Cobh TC	14:12	2:03	0:42:50	2:07	0:23:53	1:25:05
37	356	2	10029057	Rebecca	Purcell	Female	20-39	Clonmel TC	14:28	1:29	0:42:43	1:57	0:24:41	1:25:19
38	375	2	10071169	Aaron	Hurley	Male	20-39		15:51	3:44	0:42:03	1:20	0:22:25	1:25:23
39	366	2	10028222	Dermot	Glavin	Male	Over40		18:17	2:01	0:39:35	2:01	0:23:31	1:25:25
40	363	2	10055719	Thomas	Duffy	Male	Over40		18:05	2:04	0:39:56	1:37	0:24:33	1:26:15
41	408	1	10071236	Annie	Condren	Female	20-39		15:02	1:44	0:45:08	1:39	0:23:09	1:26:31
42	383	2	10041258	David	Byrne	Male	20-39		19:22	2:28	0:41:06	1:20	0:22:25	1:26:51
43	354	2	10069807	Ciara	Cairns	Female	Over40	Nenagh TC	16:33	1:22	0:42:55	1:13	0:24:51	1:26:54
44	326	3	10029772	Joanne	Mccann	Female	Over40	Mallow TC	14:13	2:24	0:44:12	2:32	0:23:54	1:27:15
45	393	1	10071201	Martin	McGonigle	Male	20-39		17:26	3:37	0:40:45	2:26	0:24:24	1:28:38
46	416	1		Ronan	Pyne	Male	20-39		19:38	4:02	0:39:29	2:13	0:23:18	1:28:39
47	362	2	10063161	Fergal	Duffy	Male	Over40		18:20	2:07	0:43:54	1:41	0:22:39	1:28:42
48	347	3	10000283	Michael	Dowling	Male	Over40	Kilkenny TC	15:42	2:00	0:40:48	2:54	0:27:51	1:29:15
49	359	2	10035868	Adrian	Gibbs	Male	Over40	Clonmel TC	16:46	2:42	0:45:12	1:52	0:23:05	1:29:37
50	357	2	10070466	Rob	O'Leary	Male	Over40	Cork TC	16:56	2:19	0:42:46	1:44	0:25:57	1:29:42
51	333	3	10069670	John	Slattery	Male	20-39		17:25	2:24	0:44:12	1:51	0:23:58	1:29:50
52	360	2	10063029	Niall	McGrath	Male	Over40	Tinahely TC	16:31	1:41	0:43:08	1:27	0:27:14	1:30:02
53	368	2	10071666	Wayne	Hopkins	Male	20-39	Activmultisport TC	14:49	1:57	0:46:42	1:37	0:25:02	1:30:07
54	388	2	10071628	Marguerita	McCarthy	Female	20-39	Limerick TC	16:49	2:18	0:44:03	1:39	0:26:09	1:30:58
55	396	1	10071605	Rory	Tierney	Male	20-39		18:19	4:22	0:42:05	1:54	0:25:08	1:31:48
56	395	1	10071200	Alan	McInerney	Male	20-39		17:21	3:42	0:45:11	1:52	0:24:43	1:32:49
57	348	3	10062701	Daragh	McGrath	Male	Over40		15:39	1:37	0:41:41	2:01	0:32:02	1:33:00
58	379	2	10065510	Diarmaid	Doody	Male	Over40		15:48	1:44	0:43:16	2:01	0:30:13	1:33:01
59	417	2	10046995	Liam	Reilly	Male	20-39		17:54	2:58	0:46:09	1:49	0:24:34	1:33:23
60	378	2	10053597	Stephen	Finn	Male	20-39	Kilkenny TC	18:43	2:02	0:43:26	2:06	0:28:04	1:34:21
61	415	3		Willie	O'Connor	Male			15:44	1:33	0:44:04	1:51	0:31:35	1:34:47
62	372	2	10073111	Bryan	Hannon	Male	20-39		15:35	1:46	0:47:52	1:31	0:28:08	1:34:52
63	308	3	10009428	Robert	Lanigan	Male	Over40		17:18	2:36	0:42:48	2:17	0:29:54	1:34:54
64	394	1	10071212	Brian	O'Neill	Male	20-39		18:12	3:19	0:47:01	1:18	0:26:21	1:36:11
65	370	2	10064039	Cathal	Slattery	Male	20-39		17:57	1:40	0:45:50	1:39	0:29:28	1:36:35
66	365	2	10016987	Evert	Verveen	Male	Over40		18:00	2:11	0:48:08	1:36	0:27:16	1:37:12
67	400	1	10001815	Cormac	O'connor	Male	Over40		22:45	3:22	0:43:58	1:58	0:25:42	1:37:44
68	421	3	10073184	John	Boyle	Male	Over40		17:27	3:30	0:41:35	2:17	0:33:09	1:37:59
69	376	2	10036664	David	Thompson	Male	Over40	Clonmel TC	20:56	2:20	0:45:16	2:02	0:27:28	1:38:03
70	413	2	10073419	Sean	O'Brien	Male	Over40		18:14	2:35	0:44:08	2:43	0:30:31	1:38:11
71	358	2	10067453	Madeline	Cleary	Female	Over40	Nenagh TC	17:05	2:06	0:47:01	2:24	0:30:04	1:38:40
72	369	2	10064456	Mark	Dowling	Male	Over40	Clonmel TC	16:54	2:50	0:49:41	1:35	0:28:13	1:39:12
73	385	1		Liam	Behan	Male	20-39		17:00	2:29	0:46:47	2:24	0:32:16	1:40:56
74	355	2	10063664	Rachael	O'Reilly	Female	20-39	Trilogy TC	17:10	2:29	0:48:47	1:40	0:32:05	1:42:10
75	367	2	10063746	Carmel	Lalor	Female	20-39	Trilogy TC	18:12	2:29	0:53:22	1:31	0:30:34	1:46:09
76	414	2	10055530	Angela	Roche	Female	Over40		20:50	2:30	0:52:04	1:52	0:31:28	1:48:43
77	377	2	10053517	Niamh	Laffan	Female	20-39		20:57	2:58	0:55:46	2:43	0:26:32	1:48:56
78	381	2	10023723	Anna	Ryan	Female	Over40		19:18	2:09	0:55:13	1:39	0:31:52	1:50:10
79	384	2	10013605	Ruth	Gibbs	Female	Over40	Clonmel TC	19:34	2:22	0:54:35	1:51	0:33:13	1:51:36

80	411	1	10071610	Gillian	O'Connor	Female	20-39		18:45	5:40	0:50:54	3:51	0:32:32	1:51:42
81	402	1	10068901	Daragh	Whooley	Male	Over40		23:51	3:04	0:48:53	2:35	0:33:31	1:51:53
82	407	1	10063073	Gerry	Larkin	Male	Over40		24:36	2:25	0:51:10	2:46	0:31:15	1:52:11
83	386	1	10071358	Karen	Treacy	Female	20-39	Trilogy TC	23:23	2:13	0:51:37	1:30	0:35:02	1:53:44
84	361	2	10051343	Ger	Carey	Male	Over40		16:44	2:43	0:53:34	2:14	0:38:42	1:53:57
85	410	1	10071609	Elaine	Kenny	Female	20-39		19:04	5:22	0:51:41	3:02	0:35:08	1:54:18
86	380	2	10063430	Lucia	Castro Silvestre	Female	20-39		20:39	3:23	0:56:04	1:51	0:33:20	1:55:17
87	401	1	10072993	Brian	Cleary	Male	Over40		27:44	1:19	0:55:03	1:46	0:32:20	1:58:12
88	389	1	10070677	Cairmin	McMahon	Male	Over40		24:41	3:55	0:54:30	2:22	0:40:30	2:05:58
89	405	1	10073226	E	Clonan	Male	Over40		16:58	16:11	1:12:24	4:26	0:48:07	2:38:05
90	406	1	10073339	Emily	Clonan	Female	20-39		24:46	8:24	1:12:23	4:27	0:48:06	2:38:06
	321	4	10029205	Mairead	Elliott	Female	20-39	GoTri TC	13:28	1:09				DNF
	319	4	10046088	Glenn	Scully	Male	20-39	Trilogy TC	12:11	1:35				DNF