

Place	Bib	Name	Surname	Wave	Sex	Cat	Club	TI Number	Swim	Rank	T1	Cycle	Rank	T2	Run	Rank	Finish
1	23	Aidan	Callaghan		1	male	M 30-34	24/7 TC	0:12:51	(2)	0:00:53	0:32:41	(3)	0:00:46	0:16:53	(1)	1:04:05
2	17	Bjorn	Ludick		1	male	M 25-29	Activmultisport	0:12:57	(4)	0:00:46	0:32:11	(2)	0:00:56	0:17:54	(7)	1:04:44
3	29	Edward	Brennan		1	male	M 30-34		0:14:47	(22)	0:00:50	0:32:51	(5)	0:00:50	0:17:26	(3)	1:06:43
4	41	Cormac	Mc Garry		1	male	M 30-34	Invictus TC	0:14:05	(12)	0:01:06	0:32:49	(4)	0:00:47	0:18:13	(9)	1:06:59
5	49	Ross	Mc Lynn		1	male	M 30-34	Sligo Tri	0:15:05	(27)	0:00:47	0:33:37	(12)	0:00:56	0:17:14	(2)	1:07:38
6	115	Robert	Scanlon		1	male	M 20-24	Wheelworx	0:13:56	(10)	0:00:52	0:34:01	(15)	0:01:25	0:17:43	(4)	1:07:57
7	73	Graeme	Stein		1	male	M 30-34	Naas TC	0:15:58	(41)	0:00:57	0:32:00	(1)	0:00:55	0:18:20	(11)	1:08:09
8	16	Stephan	Teeling Lynch		1	male	M 30-34	Gotri TC	0:12:52	(3)	0:01:08	0:34:17	(19)	0:00:56	0:19:02	(23)	1:08:16
9	117	Lorcan	Healy		1	male	M 20-24	Omagh TC	0:14:32	(17)	0:00:51	0:33:35	(11)	0:00:54	0:18:36	(15)	1:08:28
10	58	Mairtin	Grealish		1	male	M 30-34	Gotri TC	0:15:24	(30)	0:00:45	0:33:49	(13)	0:00:54	0:17:52	(6)	1:08:44
11	26	Tim	Mahony		1	male	M 35-39	Middleton CTC	0:15:25	(31)	0:01:00	0:33:11	(6)	0:00:52	0:18:30	(12)	1:08:57
12	20	Cian	Lynch		1	male	M 35-39	Tri Lakes TC	0:13:41	(6)	0:01:05	0:35:21	(43)	0:00:56	0:18:33	(14)	1:09:36
13	24	Raymond	Byrne		1	male	M 25-29	Sligo TC	0:14:15	(14)	0:01:00	0:34:45	(29)	0:00:47	0:18:57	(22)	1:09:45
14	2	Team	UL Tri Ladies		2	Relay	Relay	Sligo Tri	0:12:51	(1)	0:00:40	0:37:31	(80)	0:00:47	0:18:31	(13)	1:10:19
15	30	Colm	Casey		1	male	M 35-39	Sligo TC	0:15:01	(24)	0:00:45	0:33:29	(10)	0:00:54	0:20:13	(49)	1:10:22
16	60	Jonathan	Hooper		1	male	M 30-34	Invictus TC	0:15:16	(29)	0:00:55	0:34:29	(21)	0:00:53	0:18:54	(20)	1:10:27
17	42	Stewart	Mc Kenna		1	male	M 30-34	Sligo TC	0:15:37	(37)	0:00:58	0:33:17	(8)	0:00:59	0:19:49	(40)	1:10:40
18	46	Michael	Gaffey		1	male	M 30-34	Activmultisport	0:16:01	(42)	0:00:57	0:34:00	(14)	0:01:03	0:18:53	(19)	1:10:54
19	43	Eoin	Mc Manus		1	male	M 25-29	MSC Tri	0:14:34	(18)	0:01:07	0:34:40	(26)	0:01:07	0:19:34	(32)	1:11:02
20	351	Anna	Crooks		3	female	F 30-34	Gotri TC	0:15:33	(34)	0:00:57	0:35:16	(42)	0:00:54	0:18:37	(16)	1:11:16
21	61	Brian	Kinsella		1	male	M 25-29	Queens University TC	0:15:32	(33)	0:01:01	0:36:00	(52)	0:00:58	0:17:48	(5)	1:11:18
22	27	Johnny	Boylan		1	male	M 30-34	Invictus TC	0:15:25	(32)	0:01:07	0:34:10	(17)	0:01:00	0:19:40	(36)	1:11:22
23	40	Niall	Mc Donnell		1	male	M 30-34	Piranha TC	0:16:15	(54)	0:01:16	0:34:40	(25)	0:01:00	0:18:14	(10)	1:11:25
24	3	Team	Dad's Army		2	Relay	Relay	Piranha TC	0:17:04	(83)	0:00:40	0:34:09	(16)	0:00:37	0:19:08	(24)	1:11:39
25	31	Lochlainn	Connolly		1	male	M 25-29	Invictus TC	0:13:48	(9)	0:01:24	0:37:08	(77)	0:01:02	0:18:43	(18)	1:12:05
26	328	Caoimhe	Ni Mhurchu		3	female	F 35-39	Sligo TC	0:14:36	(19)	0:00:51	0:34:45	(28)	0:01:01	0:21:08	(82)	1:12:21
27	171	Chris	Mc Guigan		1	male	M 45-49	Omagh TC	0:17:39	(106)	0:00:58	0:33:13	(7)	0:01:04	0:19:39	(35)	1:12:33
28	44	Kevin	O'Donnell		1	male	M 35-39	Sligo TC	0:14:22	(15)	0:01:09	0:36:41	(64)	0:01:01	0:19:39	(34)	1:12:52
29	70	Peter	Morrison		1	male	M 35-39		0:18:07	(130)	0:01:09	0:33:29	(9)	0:00:53	0:19:17	(26)	1:12:54
30	45	John	Treacy		1	male	M 20-24		0:14:05	(11)	0:01:02	0:35:45	(49)	0:00:53	0:21:29	(98)	1:13:14
31	110	Naoise	Sudway		1	male	M Junior	Lanesboro TC	0:16:32	(61)	0:01:41	0:34:40	(24)	0:01:13	0:19:32	(31)	1:13:38
32	56	Nicholas	Fowell		1	male	M 40-44	24/7 TC	0:16:40	(66)	0:00:48	0:34:48	(30)	0:00:54	0:20:41	(61)	1:13:51
33	330	Trudy	Brown		3	female	F 40-44		0:16:11	(50)	0:01:09	0:35:15	(41)	0:00:54	0:20:26	(53)	1:13:56
34	25	Sean	Farrell		1	male	M 45-49	3D TC	0:15:37	(36)	0:01:13	0:35:21	(44)	0:01:01	0:20:51	(67)	1:14:02
35	66	Brendan	Murphy		1	male	M 25-29	Sligo TC	0:15:35	(35)	0:00:58	0:35:48	(50)	0:01:02	0:20:42	(62)	1:14:06
36	69	Michael	King		1	male	M 45-49	Activ Multisport	0:17:28	(95)	0:01:11	0:35:05	(34)	0:01:16	0:19:17	(25)	1:14:16
37	36	David	Gormley		1	male	M 35-39	Sligo TC	0:15:09	(28)	0:01:13	0:35:37	(46)	0:01:07	0:21:19	(91)	1:14:25
38	334	Marie	Boland		3	female	F 25-29		0:16:23	(56)	0:00:56	0:35:48	(51)	0:01:04	0:20:16	(50)	1:14:27
39	135	Darran	Lagan		1	male	M 35-39	Omagh TC	0:18:11	(131)	0:00:59	0:34:38	(23)	0:01:02	0:19:37	(33)	1:14:27
40	33	Robert	Dagg		1	male	M 30-34	Belpark TC	0:16:46	(70)	0:01:25	0:35:14	(40)	0:01:37	0:19:27	(29)	1:14:30
41	114	Michael	Duffy		1	male	M 30-34	24/7 TC	0:17:54	(119)	0:01:08	0:34:54	(31)	0:00:53	0:19:52	(41)	1:14:42
42	327	Joanne	Doran		3	female	F 25-29		0:16:07	(45)	0:00:49	0:35:33	(45)	0:01:01	0:21:32	(100)	1:15:02
43	65	Shane	Mc Gale		1	male	M 40-44	Omagh TC	0:14:09	(13)	0:01:10	0:38:34	(106)	0:00:58	0:20:28	(55)	1:15:19
44	119	Kevin	Smith		1	male	M 25-29	Omagh TC	0:18:24	(139)	0:00:56	0:34:16	(18)	0:00:55	0:20:49	(66)	1:15:19
45	205	Paul	Rutherford		2	male	M 40-44	Sligo TC	0:16:12	(51)	0:01:22	0:36:26	(58)	0:00:57	0:20:22	(52)	1:15:19
46	157	John	Connaghtan		1	male	M 50-54	Wicklow TC	0:16:25	(57)	0:01:07	0:36:14	(55)	0:01:00	0:20:36	(57)	1:15:22
47	88	Paul	Doherty		1	male	M 35-39	24/7 TC	0:16:41	(68)	0:01:17	0:37:29	(79)	0:01:00	0:18:57	(21)	1:15:24
48	51	Aidan	Borchers		1	male	M 20-24	Omagh TC	0:19:22	(185)	0:00:56	0:35:02	(32)	0:00:55	0:19:26	(28)	1:15:41
49	108	Peter	Skeffington		1	male	M 45-49	Omagh TC	0:17:50	(114)	0:01:03	0:34:21	(20)	0:01:04	0:21:33	(102)	1:15:51
50	200	Fergal	Callaghan		2	male	M 35-39		0:17:22	(90)	0:00:50	0:36:32	(60)	0:01:09	0:20:06	(45)	1:15:59
51	125	James	Cribbin		1	male	M 40-44	Midland TC	0:18:45	(157)	0:00:57	0:34:30	(22)	0:01:00	0:20:58	(74)	1:16:09
52	102	Niall	Melvin		1	male	M 50-54	Sligo TC	0:16:34	(63)	0:00:59	0:36:42	(65)	0:01:02	0:20:55	(70)	1:16:11
53	128	Aidan	Daly		1	male	M 50-54	Midland TC	0:17:10	(87)	0:00:59	0:35:13	(39)	0:01:00	0:22:16	(129)	1:16:37
54	127	Gerard	Daly		1	male	M 45-49	Athlone	0:20:52	(230)	0:01:05	0:35:45	(47)	0:01:05	0:17:58	(8)	1:16:44
55	92	Hugh	Gallagher		1	male	M 35-39	24/7 TC	0:17:39	(105)	0:01:46	0:37:52	(91)	0:01:00	0:18:41	(17)	1:16:57
56	38	Fergal	Henry		1	male	M 40-44	Sligo TC	0:16:09	(47)	0:01:28	0:39:54	(140)		0:19:30	(30)	1:17:01
57	147	Gary	Swenarton		1	male	M 60-64		0:17:32	(98)	0:01:04	0:35:11	(37)	0:01:15	0:22:09	(125)	1:17:11
58	105	Niall	O'Reilly		1	male	M 30-34	Pulse TC	0:17:07	(86)	0:01:16	0:37:41	(84)	0:00:59	0:20:11	(47)	1:17:13
59	107	Ed	Prendergast		1	male	M 30-34		0:16:33	(62)	0:01:11	0:38:14	(95)	0:01:05	0:20:11	(46)	1:17:15
60	47	Dominic	Teague		1	male	M 40-44	Omagh TC	0:14:36	(20)	0:00:59	0:38:30	(104)	0:01:11	0:22:01	(116)	1:17:17
61	366	Deirdre	Hough		3	female	F 30-34	Wicklow TC	0:19:22	(186)	0:01:13	0:35:10	(36)	0:00:54	0:20:40	(60)	1:17:20
62	235	Fergal	Lavin		2	male	M 30-34		0:18:38	(148)	0:01:39	0:35:09	(35)	0:01:11	0:20:51	(68)	1:17:27
63	5	Team	Chancers		2	Relay	Relay	Sligo TC	0:15:04	(26)	0:00:35	0:36:02	(53)	0:00:47	0:25:03	(240)	1:17:31
64	203	Robert	Lennon		2	male	M 30-34		0:19:15	(179)	0:01:01	0:36:06	(34)	0:00:59	0:20:13	(48)	1:17:34
65	138	Linus	Montague		1	male	M 35-39	Omagh TC	0:19:26	(187)	0:01:29	0:35:03	(33)	0:00:55	0:20:43	(64)	1:17:37
66	99	Dermott	Mc Elhone		1	male	M 40-44	Omagh TC	0:17:04	(84)	0:01:05	0:37:45	(85)	0:00:57	0:20:48	(65)	1:17:40
67	15	John	Darcy		1	male	M 60-64	Wicklow TC	0:15:53	(40)	0:01:36	0:36:56	(75)	0:01:18	0:21:58	(114)	1:17:42
68	188	Leslie	Wilkinson		2	male	M 55-59	Peninsula TC	0:18:53	(161)	0:01:06	0:36:43	(66)	0:01:03	0:19:57	(42)	1:17:42
69	131	Thomas	Duffy		1	male	M 30-34	3D TC	0:15:40	(39)	0:02:15	0:37:51	(90)	0:01:05	0:21:08	(81)	1:17:59
70	282	Damien	Reid		2	male	M 40-44		0:16:59	(78)	0:01:07	0:38:17	(97)	0:00:56	0:20:42	(63)	1:18:01
71	81	Sean	Bradley		1	male	M 35-39	Omagh TC	0:19:04	(172)	0:01:12	0:35:45	(48)	0:00:59	0:21:03	(79)	1:18:03
72	84	Declan	Byrne		1	male	M 50-54	Sligo TC	0:17:33	(99)	0:01:28	0:36:23	(57)	0:01:13	0:21:27	(97)	1:18:04
73	211	Sean	Hassett		2	male	M Junior		0:13:41	(7)	0:01:35	0:39:46	(132)	0:00:55	0:22:09	(126)	1:18:06
74	288	Stefan	Treacy		2	male	M 35-39	Invictus TC	0:17:29	(96)	0:01:14	0:37:24	(78)	0:01:06	0:20:57	(72)	1:18:09
75	324	Deirdre	Fagan		3	female	F 25-29	3D TC	0:13:33	(5)	0:01:38	0:40:14	(150)	0:01:11	0:22:07	(121)	1:18:43
76	134	Richard	Hart		1	male	M 40-44	Activmultisport	0:17:48	(111)	0:01:14	0:35:12	(38)	0:01:11	0:23:20	(172)	1:18:44
77	85	David	Calvert		1</												

102	234	Trevor	Hunter	2	male	M 50-55	Sligo TC		0:21:28	(249)	0:02:25	0:36:20	(56)	0:01:21	0:19:48	(39)	1:21:22
103	342	Margaret	Kelly	3	female	F 40-44	24/7 TC		0:19:03	(171)	0:00:53	0:39:01	(117)	0:01:02	0:21:24	(94)	1:21:23
104	212	George	Mullan	1	male	M 50-54	Sligo TC		0:17:37	(103)	0:01:40	0:38:20	(98)	0:01:14	0:22:39	(147)	1:21:30
105	193	Donagh	O'Sullivan	2	male	M 40-44	24/7 TC		0:19:42	(193)	0:01:45	0:36:37	(63)	0:01:36	0:21:50	(110)	1:21:30
106	132	Barry	Gallagher	1	male	M 40-44	MSC Tri		0:16:59	(76)	0:01:36	0:38:17	(96)	0:01:08	0:23:39	(181)	1:21:39
107	62	Ruain	Mac a Bhaird	1	male	M 30-34											1:21:42
108	136	Colin	Mc Cartan	1	male	M 40-44	Omagh TC		0:18:47	(158)	0:00:58	0:38:49	(110)	0:01:12	0:22:05	(120)	1:21:50
109	198	Conor	Mc Gandy	2	male	M 25-29			0:14:56	(23)	0:01:14	0:42:37	(206)	0:00:55	0:22:09	(124)	1:21:50
110	170	John Joe	Mc Cullagh	1	male	M 45-49	Omagh TC		0:20:15	(208)	0:00:57	0:38:30	(105)	0:01:01	0:21:17	(89)	1:21:59
111	345	Jennifer	Algar	3	female	F 25-29	Omagh TC		0:15:02	(25)	0:01:13	0:44:01	(245)	0:00:59	0:20:55	(71)	1:22:09
112	149	Martin	Donnelly	1	male	M 40-44	24/7 TC		0:17:03	(82)	0:01:12	0:40:34	(163)	0:01:40	0:21:40	(106)	1:22:10
113	124	Ciaran	Clancy	1	male	M 30-34	MSC Tri		0:22:39	(286)	0:00:46	0:37:50	(87)	0:00:49	0:20:06	(43)	1:22:10
114	329	Edel	Tighe	3	Female	F 25-29			0:14:36	(21)	0:01:17	0:41:34	(183)	0:01:06	0:23:41	(184)	1:22:15
115	77	Darren	O'Sullivan	1	male	M 30-34	Wicklow TC		0:16:40	(67)	0:01:17	0:38:46	(108)	0:01:22	0:24:11	(212)	1:22:15
116	209	Gabriel	Walsh	2	male	M 30-34	Galway TC		0:16:39	(65)	0:01:26	0:40:15	(151)	0:01:57	0:22:08	(123)	1:22:26
117	162	Keelan	Gallagher	1	male	M 20-24			0:20:06	(203)	0:01:11	0:37:47	(86)	0:00:53	0:22:37	(144)	1:22:33
118	355	Jacinta	O'Duffy	3	female	F 30-34	Galway TC		0:19:21	(184)	0:01:09	0:39:20	(123)	0:01:24	0:21:20	(92)	1:22:35
119	150	Trevor	Mc Daid	1	male	M 40-44			0:17:36	(101)	0:01:53	0:39:33	(128)	0:01:13	0:22:20	(134)	1:22:36
120	370	Rosaleen	Mc Cartan	3	female	F 35-39	Omagh TC		0:18:44	(155)	0:01:11	0:39:01	(116)	0:01:18	0:22:22	(137)	1:22:36
121	100	Adrian	Mc Kinney	1	male	M 50-54	Omagh TC		0:15:39	(38)	0:01:16	0:41:19	(175)	0:01:12	0:23:18	(170)	1:22:44
122	121	Patrick	Brennan	1	male	M 30-34			0:20:24	(213)	0:01:19	0:40:27	(158)	0:01:00	0:19:41	(37)	1:22:51
123	62	Ruain	Mac a Bhaird	1	male	M 30-34			0:17:00	(79)	0:01:02	0:38:47	(109)	0:01:09	0:24:52	(233)	1:22:51
124	97	Mike	Lavelle	1	male	M 35-39			0:16:10	(48)	0:02:23	0:41:20	(176)	0:01:54	0:21:11	(85)	1:22:59
125	146	Bart	Kindlon	1	male	M 30-34	Tri Muckno TC		0:17:41	(107)	0:01:37	0:37:33	(81)	0:01:16	0:24:56	(236)	1:23:02
126	123	Barry	Cannon	1	male	M 40-44	MSC Tri		0:20:29	(216)	0:00:56	0:36:54	(73)	0:01:11	0:23:34	(175)	1:23:04
127	262	Aidan	Brady	2	male	M 35-39	Longford TC		0:17:01	(80)	0:01:30	0:39:14	(121)	0:01:04	0:24:23	(222)	1:23:12
128	356	Sharon	O'Hara	3	female	F 25-29	Liquid Motion TC		0:18:58	(166)	0:01:19	0:36:30	(59)	0:01:20	0:25:09	(241)	1:23:16
129	152	Brian	Waters	1	male	M 30-34	Galway TC		0:18:05	(128)	0:01:36	0:40:31	(162)	0:01:12	0:22:02	(119)	1:23:26
130	137	Paul	Mc Devitt	1	male	M 45-49	MSC Tri		0:19:39	(192)	0:00:57	0:37:50	(88)	0:01:06	0:23:57	(199)	1:23:30
131	151	Shane	O'Reilly	1	male	M 25-29			0:16:28	(58)	0:01:57	0:44:05	(248)	0:00:56	0:20:06	(44)	1:23:31
132	267	Paul	Donlon	1	male	M 40-44			0:18:34	(145)	0:02:12	0:39:48	(134)	0:01:10	0:21:48	(109)	1:23:33
133	139	Gerard	Mulligan	1	male	M 35-39	Athlone		0:18:03	(126)	0:01:19	0:39:33	(129)	0:01:15	0:23:43	(187)	1:23:52
134	68	Alan	Gavin	1	male	M 40-44	Westport TC		0:16:09	(46)	0:01:41	0:39:51	(136)	0:01:22	0:24:52	(234)	1:23:55
135	301	Brian	Ward	2	male	M 40-44	24/7 TC		0:22:13	(278)	0:01:05	0:37:35	(82)	0:01:22	0:21:43	(107)	1:23:59
136	278	Conor	Mullarkey	2	male	M 30-34	Galway TC		0:18:54	(163)	0:01:26	0:40:22	(156)	0:01:03	0:22:21	(135)	1:24:07
137	217	Liam	Collins	2	male	M 30-34	Galway TC		0:17:24	(91)	0:02:39	0:42:42	(208)	0:01:37	0:19:47	(38)	1:24:07
138	331	Sara	English	3	female	F 30-34			0:13:46	(8)	0:01:38	0:41:35	(185)	0:01:15	0:25:59	(264)	1:24:13
139	167	Nicholas	Mc Cabe	1	male	M 60-64	Midland TC		0:18:26	(141)	0:01:32	0:39:08	(118)	0:01:32	0:23:40	(183)	1:24:17
140	480	David	Mescal	2	male	M 25-29			0:19:47	(196)	0:02:03	0:39:53	(139)	0:01:09	0:21:27	(96)	1:24:19
141	250	Tim	Arnold	2	male	M 25-29			0:17:43	(110)	0:02:25	0:39:54	(141)	0:01:08	0:23:13	(169)	1:24:22
142	52	Ronan	Byrne	1	male	M 25-29	Activmultisport		0:18:20	(135)	0:01:51	0:40:20	(155)	0:02:44	0:21:23	(93)	1:24:37
143	179	Andrew	Mulholland	2	male	M 40-44			0:19:17	(182)	0:01:47	0:41:59	(195)	0:01:08	0:20:27	(54)	1:24:39
144	337	Deborah	Meghen	3	female	F 40-44	Wicklow TC		0:17:26	(93)	0:01:07	0:42:27	(203)	0:01:13	0:22:27	(140)	1:24:39
145	343	Julie	Mc Mullin	3	female	F 40-44	MSC Tri		0:18:40	(152)	0:00:42	0:41:54	(192)	0:01:11	0:22:20	(133)	1:24:46
146	57	Eoin	Gill	1	male	M 35-39			0:17:30	(97)	0:01:43	0:43:50	(241)	0:01:32	0:20:19	(51)	1:24:53
147	339	Kathryn	Bell	3	female	F 35-39			0:18:24	(140)	0:02:01	0:40:30	(161)	0:01:07	0:22:56	(158)	1:24:59
148	354	Aisling	Irvine	3	female	F 35-39	Omagh TC		0:17:58	(121)	0:00:51	0:39:35	(130)	0:01:09	0:25:39	(257)	1:25:12
149	143	Jan	Canham	1	male	M 45-49	Sligo TC		0:19:00	(168)	0:01:07	0:39:40	(131)	0:01:06	0:24:23	(221)	1:25:16
150	116	Charles	Mc Kenna	1	male	M 40-44			0:16:56	(73)	0:02:19	0:40:12	(147)	0:02:11	0:23:41	(185)	1:25:19
151	183	Padraig	Owens	2	male	M 35-39	Belpark TC		0:19:30	(188)	0:02:06	0:40:28	(160)	0:01:15	0:22:01	(117)	1:25:21
152	227	Michael	Phillips	2	male	M 30-34	Omagh TC		0:20:30	(217)	0:01:00	0:40:12	(149)	0:00:51	0:22:50	(156)	1:25:24
153	169	Timothy	Mc Carthy	1	male	M 50-54	Sligo TC		0:18:52	(159)	0:01:43	0:39:11	(120)	0:01:25	0:24:15	(215)	1:25:26
154	228	Thomas	Sexton	2	male	M 30-34			0:17:59	(123)	0:02:13	0:41:10	(172)	0:01:30	0:22:57	(160)	1:25:48
155	158	Andrew	Connaire	1	male	M 35-39	Galway TC		0:19:35	(190)	0:01:43	0:38:20	(99)	0:01:31	0:24:39	(225)	1:25:49
156	161	Michael	Feehily	1	male	M 35-39	Ennis TC		0:17:13	(88)	0:01:44	0:41:12	(173)	0:01:19	0:24:47	(230)	1:26:14
157	319	Kyle	Law	2	male	M 25-29	Omagh TC		0:24:30	(312)	0:02:04	0:36:44	(68)	0:01:12	0:21:52	(111)	1:26:22
158	298	Chris	Gallagher	2	male	M 35-39	Omagh TC		0:17:48	(112)	0:02:06	0:42:34	(205)	0:01:17	0:22:38	(146)	1:26:23
159	53	Niall	Clancy	1	male	M 35-39	MSC Tri		0:19:59	(201)	0:01:06	0:40:00	(145)	0:01:29	0:23:59	(200)	1:26:33
160	4	Team	Fastcom	2	Relay	Relay			0:17:59	(124)	0:01:06	0:39:53	(137)	0:00:55	0:26:39	(282)	1:26:33
161	434	Kate	Hawney	3	female	F 35-39	Sligo TC		0:18:39	(150)	0:01:48	0:41:55	(193)	0:01:13	0:23:03	(163)	1:26:38
162	177	Maurice	Moran	1	male	M 30-34			0:18:34	(146)	0:02:33	0:41:37	(186)	0:01:10	0:22:45	(153)	1:26:38
163	32	Ronan	Cusack	1	male	M 45-49	Wicklow TC		0:18:35	(147)	0:01:19	0:38:58	(115)	0:01:29	0:26:29	(275)	1:26:50
164	185	Fintan	Shannon	2	male	M 40-44	Predator TC		0:20:52	(231)	0:01:32	0:39:53	(138)	0:01:01	0:23:36	(177)	1:26:54
165	175	John	Mc Quade	2	male	M Junior	Omagh TC		0:17:26	(94)	0:01:47	0:44:09	(250)	0:01:06	0:22:30	(142)	1:26:57
166	265	Enda	Collins	2	male	M 30-34			0:17:58	(122)	0:01:36	0:43:20	(229)	0:01:27	0:22:48	(155)	1:27:08
167	290	Cecil	Whiteside	2	male	M 45-49	Sligo TC		0:21:57	(269)	0:02:07	0:39:17	(122)	0:01:27	0:22:21	(136)	1:27:09
168	112	Padraic	O'Brien	1	male	M 30-34	Cavan TC		0:18:31	(142)	0:01:19	0:41:04	(170)	0:01:22	0:24:54	(235)	1:27:10
169	67	Stephen	Scanlon	1	male	M 20-24			0:18:44	(154)	0:01:57	0:42:59	(215)	0:01:16	0:22:17	(132)	1:27:12
170	8	Team	Suomi	2	Relay	Relay			0:20:44	(225)	0:00:46	0:38:54	(113)	0:00:56	0:25:56	(262)	1:27:15
171	176	Trevor	Mills	2	male	M 45-49			0:21:19	(244)	0:01:47	0:40:49	(165)	0:01:06	0:22:23	(138)	1:27:23
172	7	Team	GloHealth	2	Relay	Relay			0:18:22	(136)	0:00:45	0:39:32	(127)	0:00:52	0:27:58	(307)	1:27:29
173	48	Niall	Murphy	1	male	M 35-39	Belpark TC		0:17:25	(92)	0:01:16	0:41:27	(178)	0:01:24	0:25:59	(266)	1:27:31
174	335	John	Hession	2	male	M 35-39	Sligo City TC		0:19:42	(194)	0:02:06	0:42:03	(196)	0:01:14	0:22:28	(141)	1:27:33
175	230	Paul	Smith	2	male	M 40-44	Tri an Mhi TC		0:19:55	(199)	0:01:48	0:41:31	(181)	0:01:29	0:22:56	(159)	1:27:39
176	210	Kieran	Coleman	2	male	M 40-44	Sligo TC		0:21:06	(241)	0:01:09	0:43:07	(218)	0:01:03	0:21:19	(90)	1:27:45
177	118	David	Kennedy	1	male	M 35-39	Kilkenny TC		0:20:50	(227)	0:01:20	0:41:58	(194)	0:00:59	0:22:46	(154)	

204	163	Pat	Hughes	1	male	M 45-49	Liquid Motion TC		0:20:13	(206)	0:02:36	0:43:30	(233)	0:01:39	0:22:08	(122)	1:30:07
205	178	Owen	Morris	2	male	M 35-39	Wicklow TC		0:24:35	(316)	0:01:29	0:36:34	(61)	0:02:05	0:25:42	(260)	1:30:25
206	50	John James	Mc Anerney	1	male	M Junior			0:16:57	(74)	0:03:43	0:42:46	(210)	0:01:33	0:25:29	(248)	1:30:29
207	260	Ralph	Barron	2	male	M 45-49			0:22:24	(283)	0:02:55	0:43:14	(223)	0:01:05	0:20:59	(76)	1:30:38
208	340	Cathy	Cunningham	3	female	F 40-44	Omagh TC		0:16:58	(75)	0:01:33	0:45:28	(279)	0:01:17	0:25:31	(250)	1:30:48
209	232	Alan	O' Malley	2	male	M 30-34	Galway TC		0:19:38	(191)	0:01:41	0:43:10	(219)	0:01:45	0:24:45	(229)	1:30:59
210	98	Jane	Mc Devitt	3	Female	M 45-49	MSC Tri		0:19:42	(195)	0:01:27	0:44:32	(259)	0:01:19	0:24:04	(203)	1:31:04
211	326	Joanne	AGNEW	3	female	F 30-34	3D TC		0:18:24	(138)	0:01:37	0:43:16	(225)	0:01:15	0:26:38	(280)	1:31:09
212	148	Mark	Loughman	1	male	M Junior	Wicklow TC		0:20:51	(228)	0:02:39	0:42:24	(202)	0:01:44	0:23:36	(176)	1:31:13
213	204	Paul	Mc Guinness	2	male	M 50-54			0:17:38	(104)	0:01:50	0:46:25	(298)	0:01:29	0:23:57	(198)	1:31:20
214	238	Sean	Curran	2	male	M 45-49	Omagh TC		0:24:20	(308)	0:01:36	0:38:51	(111)	0:01:29	0:25:16	(244)	1:31:32
215	244	Patrick	Sharkey	2	male	M 30-34			0:21:54	(267)	0:03:23	0:41:34	(184)	0:01:07	0:23:39	(179)	1:31:37
216	347	Martina	Burke	3	female	F 40-44	Cork TC		0:21:58	(270)	0:01:23	0:43:02	(217)	0:01:37	0:23:43	(186)	1:31:43
217	336	Claire	Curley	3	female	F 25-29			0:18:33	(144)	0:01:35	0:45:07	(271)	0:01:00	0:25:30	(249)	1:31:46
218	11	Team	Tip to Top	2	Relay	Relay			0:24:58	(320)	0:00:46	0:42:30	(204)	0:00:52	0:22:43	(149)	1:31:48
219	168	Padraig	Mc Caffrey	1	male	M 30-34			0:17:53	(118)	0:02:20	0:44:51	(265)	0:01:17	0:25:36	(254)	1:31:57
220	35	Andrew	Goodwin	1	male	M 40-44			0:18:39	(151)	0:02:00	0:45:34	(283)	0:01:10	0:24:47	(231)	1:32:09
221	349	Marie	Burke	3	female	F 40-44	Wicklow TC		0:18:05	(129)	0:01:30	0:44:27	(256)	0:01:30	0:26:37	(278)	1:32:09
222	196	Stephen	Mc Carthy	2	male	M 40-44	Wicklow TC		0:21:40	(256)	0:02:10	0:43:15	(224)	0:01:15	0:24:14	(214)	1:32:34
223	153	Alistair	Brown	1	male	M 35-39			0:22:02	(274)	0:01:27	0:42:06	(197)	0:01:05	0:25:59	(265)	1:32:39
224	403	Carmel	Mullaney	3	female	F 45-49	Sligo TC		0:21:05	(239)	0:01:57	0:43:45	(238)	0:01:37	0:24:17	(218)	1:32:40
225	295	Darragh	Birkett	2	male	M 40-44			0:20:42	(223)	0:02:47	0:43:16	(226)	0:00:42	0:25:16	(243)	1:32:42
226	180	Shane	O'Brien	2	male	M 30-34			0:22:09	(277)	0:02:44	0:42:41	(207)	0:01:57	0:23:18	(171)	1:32:50
227	416	Ciona	Mc Partlan	3	female	F 40-44	Sligo TC		0:21:33	(252)	0:01:34	0:43:12	(222)	0:01:12	0:25:38	(255)	1:33:10
228	398	Louise	Mulvaney	3	female	F 25-29	Sligo TC		0:19:19	(183)	0:01:11	0:44:23	(254)	0:01:06	0:27:12	(296)	1:33:10
229	407	Mairead	Cassery	3	female	F 35-39	3D TC		0:23:08	(292)	0:02:13	0:43:18	(228)	0:00:54	0:23:40	(182)	1:33:12
230	251	Darragh	Daly	2	male	M 25-29			0:17:01	(81)	0:04:00	0:47:40	(314)	0:00:54	0:23:39	(180)	1:33:14
231	268	Ronnie	Doyle	2	male	M 45-49	Sligo TC		0:24:06	(305)	0:02:15	0:42:49	(211)	0:01:51	0:22:16	(130)	1:33:16
232	87	Paul	Dillon	1	male	M 30-34	24/7 TC		0:30:29	(356)	0:01:29	0:38:43	(107)	0:01:19	0:21:27	(95)	1:33:27
233	181	Adrian	O'Connor	2	male	M 35-39	Sligo TC		0:19:02	(169)	0:02:12	0:44:07	(249)	0:01:33	0:26:38	(279)	1:33:31
234	361	Orlagh	Colton	3	female	F 40-44	Omagh TC		0:19:12	(177)	0:01:34	0:44:39	(261)	0:01:29	0:26:39	(281)	1:33:33
235	482	Brendan	Murray	2	male				0:21:58	(271)	0:02:00	0:44:48	(283)	0:01:16	0:23:54	(195)	1:33:55
236	362	Sheila	Devaney	3	female	F 40-44	Sligo TC		0:22:02	(273)	0:01:37	0:45:26	(277)	0:01:28	0:23:26	(173)	1:33:58
237	222	Adrian	Fitzmaurice	2	male	M 45-49	Galway TC		0:22:30	(285)	0:02:29	0:46:29	(299)	0:01:21	0:21:09	(83)	1:33:58
238	300	Paul	Sheeran	2	male	M 45-49			0:22:58	(289)	0:02:59	0:39:46	(133)	0:01:31	0:26:47	(288)	1:34:02
239	269	Colm	Fagan	2	male	M 40-44			0:20:58	(236)	0:02:14	0:45:43	(286)	0:01:35	0:23:47	(188)	1:34:17
240	166	STEPHEN	KAVANAGH	1	male	M 30-34			0:23:43	(299)	0:03:11	0:42:51	(213)	0:01:57	0:22:43	(151)	1:34:24
241	419	Triona	O'Dowd Hill	3	female	F 35-39	Sligo TC		0:20:26	(214)	0:01:51	0:45:11	(273)	0:01:19	0:25:39	(256)	1:34:25
242	277	Gerry	Mc Manus	2	male	M 50-54	MSC Tri		0:24:48	(319)	0:01:23	0:44:30	(258)	0:01:46	0:22:02	(118)	1:34:29
243	252	Peter	Daly	2	male	M 25-29			0:17:04	(85)	0:04:12	0:46:31	(301)	0:01:13	0:25:32	(251)	1:34:31
244	206	Fearghal	Scanlon	2	male	M 40-44			0:20:08	(204)	0:02:13	0:43:49	(240)	0:00:56	0:27:26	(300)	1:34:32
245	368	Fiona	Lyons	3	female	F 40-44	Galway TC		0:18:56	(164)	0:01:51	0:42:19	(199)	0:01:56	0:29:31	(336)	1:34:32
246	172	Philip	Mc Loone	2	male	M 30-34	MSC Tri		0:19:50	(198)	0:02:05	0:46:38	(303)	0:01:57	0:24:08	(209)	1:34:37
247	365	Michelle	Heraughty	3	female	F 30-34			0:18:41	(153)	0:02:26	0:45:45	(287)	0:01:00	0:26:59	(292)	1:34:51
248	417	Edel	Morrow	3	female	F 40-44	3D TC		0:20:32	(218)	0:01:43	0:43:51	(243)	0:01:44	0:27:09	(295)	1:34:59
249	381	Lucy	Collins	3	female	F 30-34	Galway TC		0:19:02	(170)	0:02:09	0:44:54	(267)	0:01:28	0:27:34	(305)	1:35:07
250	385	Ann	Morrow	3	female	F 50-54	MSC Tri		0:21:49	(264)	0:01:02	0:45:00	(269)	0:01:24	0:26:14	(269)	1:35:29
251	294	Paul	Birkett	2	male	M 40-44			0:19:16	(180)	0:01:43	0:45:40	(285)	0:02:03	0:26:52	(290)	1:35:35
252	218	Paul	Corcoran	2	male	M 40-44			0:21:55	(268)	0:01:44	0:43:37	(234)	0:01:45	0:26:35	(277)	1:35:36
253	273	Denton	Howard	2	male	M 40-44			0:20:22	(211)	0:04:05	0:46:13	(295)	0:01:51	0:23:07	(165)	1:35:37
254	208	Kevin	Spain	2	male	M45-49	Wicklow TC		0:25:09	(322)	0:03:11	0:43:18	(227)	0:01:18	0:22:43	(150)	1:35:39
255	313	Pauric	Quinn	2	male	M 45-49	Omagh TC		0:26:09	(327)	0:01:40	0:42:22	(201)	0:01:20	0:24:10	(210)	1:35:40
256	408	Maria	Curran	3	female	F 40-44	Omagh TC		0:23:47	(302)	0:01:37	0:43:43	(236)	0:01:39	0:25:01	(239)	1:35:46
257	215	Shane	Clarke	2	male	M 50-54	MSC Tri		0:20:55	(235)	0:02:24	0:44:26	(255)	0:01:45	0:26:20	(271)	1:35:51
258	190	Noel	Keaveney	2	male	M 50-54	Sligo TC		0:21:01	(238)	0:01:43	0:47:30	(313)	0:01:18	0:24:24	(223)	1:35:57
259	219	Barry	Cosgrove	2	male	M 35-39	Sligo TC		0:19:58	(200)	0:01:52	0:45:13	(274)	0:02:12	0:26:42	(283)	1:35:57
260	396	Cindy	Mc Carthy	3	female	F 45-49	Sligo TC		0:24:40	(317)	0:01:54	0:45:19	(276)	0:01:08	0:23:11	(167)	1:36:12
261	261	John	Bohan	2	male	M 35-39	Sligo TC		0:21:44	(258)	0:01:41	0:43:12	(221)	0:01:41	0:27:56	(306)	1:36:13
262	413	Ruth	Kilkawley	3	female	F 35-39			0:22:17	(280)	0:02:25	0:45:27	(278)	0:01:47	0:24:18	(220)	1:36:15
263	378	Noelle	Mollohan	3	female	F 35-39	24/7 TC		0:21:40	(257)	0:01:19	0:43:44	(237)	0:01:23	0:28:09	(308)	1:36:15
264	216	Gordon	Flower	2	male	M 45-49			0:21:50	(265)	0:03:17	0:44:50	(264)	0:01:30	0:24:59	(237)	1:36:27
265	391	Sinead	Treaty	3	female	F 35-39	24/7 TC		0:21:49	(262)	0:01:26	0:46:30	(300)	0:01:31	0:25:25	(247)	1:36:40
266	373	Lorni	O'Dwyer	3	female	F 35-39			0:23:03	(291)	0:02:15	0:46:08	(291)	0:01:31	0:23:51	(192)	1:36:48
267	393	Jackie	Hudson	3	female	F 25-29			0:21:29	(250)	0:02:01	0:45:45	(288)	0:01:33	0:26:03	(267)	1:36:51
268	306	Peter	O'Hagan	2	male	M 30-34			0:24:42	(318)	0:01:56	0:43:28	(231)	0:01:17	0:25:58	(263)	1:37:22
269	424	Miriam	Connaughton Jones	3	female	F 35-39			0:21:50	(266)	0:02:44	0:44:35	(260)	0:00:41	0:27:34	(304)	1:37:24
270	21	Benny	Molloy	1	male	M 30-34			0:24:13	(307)	0:03:13	0:45:16	(275)	0:00:52	0:23:52	(194)	1:37:27
271	243	Patrick	Normile	2	male	M 50-54			0:21:01	(237)	0:03:05	0:47:30	(312)	0:01:20	0:24:33	(224)	1:37:27
272	191	Des	Mc Anallen	2	male	M 50-54	Omagh TC		0:20:14	(207)	0:01:09	0:40:45	(164)	0:01:36	0:33:47	(359)	1:37:31
273	447	Aibhe	Tierney	3	female	F 30-34	Wicklow TC		0:19:49	(197)	0:01:34	0:45:33	(280)	0:01:54	0:28:44	(320)	1:37:34
274	425	Tara	Malone	3	female	F 35-39			0:28:21	(341)	0:02:29	0:43:29	(232)	0:01:32	0:21:44	(108)	1:37:35
275	321	Michael	Mc Glade	2	male	M 45-49			0:30:56	(357)	0:02:07	0:40:49	(166)	0:01:00	0:22:44	(152)	1:37:36
276	302	Noel	Lynch	2	male	M 45-49			0:26:48	(331)	0:03:01	0:43:46	(239)	0:01:27	0:22:40	(148)	1:37:43
277	322	Peter	Coleman	2	male	M 30-34			0:21:46	(260)	0:02:42	0:46:10	(294)	0:01:48	0:25:19	(246)	1:37:45
278	320	Albert	Law	2	male	M 55-59	Omagh TC		0:28:56	(347)	0:00:50	0:44:01	(246)	0:01:38	0:22:23	(139)	1:37:50
279	369	Elizabeth	Mc Cabe	3	female	F 40-44			0:23:46	(301)	0:02:23						

