

Place	Bib	Name	Surname	Sex	Cat	Ti Number	Club	Wave	Swim	T1	Cycle	T2	3.5km Split	Run Total	Total	Comment
1	138	Aidan	Callaghan	male	M30-34	9364	24/7 TC	1	10:59	0:42	0:31:29	0:50	0:12:39	0:16:44	1:00:43	
2	172	Cormac	McGarry	male	M30-34	4041	Invictus TC	1	12:19	0:44	0:30:56	0:44	0:12:42	0:16:42	1:01:25	
3	228	Eamon	McAndrew	male	M35-39	4967	Sligo TC	1	12:29	0:45	0:30:47	0:50	0:12:48	0:16:54	1:01:44	
4	497	Edward	Brennan	male	M30-34	300		1	12:20	0:45	0:31:23	0:46	0:12:55	0:17:09	1:02:23	
5	241	Tomais	Dowd	male	M35-39	182	Tri Sport TC	1	12:37	0:47	0:30:59	0:53	0:13:27	0:17:42	1:02:57	
6	374	Paul	Rutherford	male	M40-44	25578	Sligo TC	2	12:36	0:46	0:30:33	0:58	0:14:24	0:18:55	1:03:48	
7	229	Ciaran	McCloskey	male	M16-19	10027596	Sligo TC	1	10:27	0:40	0:33:40	0:48	0:14:08	0:18:19	1:03:55	
8	176	Ross	Higgins	male	M30-34	10003359	Limerick TC	1	11:00	0:46	0:33:39	0:51	0:13:31	0:17:39	1:03:55	
9	189	Eoin	McManus	male	M25-29	0	MSC TC	1	11:56	0:47	0:32:47	1:09	0:13:28	0:17:28	1:04:07	
10	163	John	Greaney	male	M30-34	10602	Galway TC	1	13:51	0:50	0:32:12	0:47	0:12:36	0:16:28	1:04:09	
11	171	Stephan	Teeling Lynch	male	M30-34	10004491	GoTri TC	1	11:00	0:45	0:32:17	0:49	0:15:03	0:19:26	1:04:17	
12	284	Graeme	Stein	male	M30-34	642		1	13:18	0:44	0:31:06	0:50	0:14:04	0:18:19	1:04:20	
13	168	Alan	O'Brien	male	M25-29	3978	Go Tri	1	13:01	0:47	0:32:32	0:49	0:13:06	0:17:16	1:04:25	
14	170	Mairtin	Greallish	male	M30-34	1000107	GoTri TC	1	12:47	0:45	0:32:53	0:46	0:13:13	0:17:16	1:04:28	
15	226	Gary	Higgins	male	M35-39	10020381	Sligo TC	1	12:26	0:50	0:33:06	0:53	0:13:17	0:17:16	1:04:32	
16	198	Daniel	Quigley	male	M20-24	5073	Northwest TC	1	12:21	0:40	0:33:22	0:47	0:13:06	0:17:27	1:04:38	
17	169	Eugene	Feely	male	M30-34	247	GoTri TC	1	12:59	0:46	0:32:04	0:55	0:13:38	0:17:57	1:04:42	
18	365	Fergal	Henry	male	M40-44	10012956	Sligo TC	2	12:55	0:37	0:32:25	0:55	0:13:53	0:18:19	1:05:10	
19	143	David	Cahill	male	M35-39	10000823	3D TC	1	12:36	1:00	0:32:42	0:59	0:13:49	0:18:12	1:05:28	
20	414	Simon	Moore	male	M40-44	10010365		2	12:35	0:36	0:33:07	0:47	0:14:12	0:18:32	1:05:37	
21	181	Michael	Sinton	male	M30-34	10013426	Lisburn TC	1	13:12	0:49	0:32:38	0:55	0:13:56	0:18:24	1:05:57	
22	351	Peter	Neill	male	M40-44	726	Omagh TC	2	14:14	0:52	0:33:10	0:51	0:12:58	0:16:56	1:06:03	
23	214	Brian	Kinsella	male	M25-29	10012678	QUB	1	12:31	0:57	0:33:09	0:54	0:13:58	0:18:36	1:06:07	
24	234	Brendan	Murphy	male	M25-29	10014723	Sligo TC	1	12:27	0:59	0:34:10	1:08	0:13:23	0:17:33	1:06:17	
25	236	Kevin	O'Donnell	male	M35-39	10001090	Sligo TC	1	11:54	0:44	0:33:46	0:49	0:14:37	0:19:13	1:06:26	
26	211	Kieran	Hopkins	male	M30-34	14965	Pulse TC	1	13:35	1:06	0:32:42	1:08	0:14:06	0:18:28	1:06:59	
27	27	Anna	Crooks	female	F30-34	10003382	GoTri TC	3	12:53	0:57	0:34:42	0:56	0:13:30	0:17:58	1:07:26	
28	340	Clifford	Rodgers	male	M45-49	10000258	Olympian TC	2	12:23	0:54	0:33:17	0:53	0:15:21	0:20:09	1:07:36	
29	363	David	Gormley	male	M40-44	12932	Sligo TC	2	12:50	0:48	0:33:11	0:56	0:15:21	0:20:00	1:07:44	
30	383	Liam	Williams	male	M50-54	2078	Wicklow TC	2	14:27	0:40	0:33:43	0:50	0:13:50	0:18:09	1:07:50	
31	197	Emmett	Mullan	male	M16-19	17229	Northwest TC	1	12:17	0:44	0:34:34	0:56	0:15:12	0:19:31	1:08:01	
32	206	Darran	Lagan	male	M35-39	10529	Omagh TC	1	14:54	0:46	0:33:10	0:55	0:14:01	0:18:18	1:08:03	
33	73	Siobhan	Gallagher	female	F25-29	3733	Sligo TC	3	11:49	0:48	0:34:17	0:55	0:15:24	0:20:19	1:08:08	
34	318	Jeff	Hillis	male	M45-49	29453	Invictus TC	2	14:50	0:54	0:33:25	0:56	0:14:01	0:18:24	1:08:29	
35	155	Cillian	Moffat	male	M20-24	26836	Belpark TC	1	14:28	0:51	0:32:37	0:58	0:15:00	0:19:37	1:08:32	
36	192	Fearghal	MacDhoinnleibhin	male	M30-34	38452	North Sligo AC	1	15:00	1:01	0:33:14	0:55	0:14:12	0:18:29	1:08:38	
37	249	Malcolm	Bourke	male	M25-29	10003551		1	13:40	0:59	0:33:58	0:54	0:14:38	0:19:08	1:08:40	
38	310	Eoin	Ferriter	male	M40-44	30110	Drogheda TC	2	14:53	1:05	0:33:15	1:18	0:14:03	0:18:14	1:08:46	
39	339	Tony	McNulty	male	M45-49	1383	Olympian TC	2	13:15	1:09	0:34:48	1:01	0:14:14	0:18:47	1:09:00	
40	231	Matthew	McGarrigle	male	M30-34	9233	Sligo TC	1	11:03	1:04	0:36:52	0:58	0:14:46	0:19:10	1:09:06	
41	162	Kevin	Synott	male	M35-39	13260	Ennis TC	1	14:55	0:50	0:33:22	1:09	0:14:32	0:19:05	1:09:20	
42	238	Shane	Sillis	male	M30-34	10013209	Sligo TC	1	11:58	0:59	0:35:28	1:11	0:15:22	0:19:52	1:09:28	
43	174	Raymond	Loneragan	male	M30-34	10001820	Kilkenny TC	1	16:13	0:47	0:34:09	0:49	0:13:31	0:17:36	1:09:35	
44	349	Shane	McGale	male	M45-49	3433	Omagh TC	2	12:37	0:57	0:35:33	0:55	0:15:00	0:19:34	1:09:36	
45	274	Ciaran	McGuiggan	male	M25-29	23795		1	13:57	1:01	0:33:18	1:07	0:15:22	0:20:14	1:09:37	
46	140	Hugh	Gallagher	male	M35-39	10012335	24/7 TC	1	14:30	0:46	0:35:58	0:57	0:13:24	0:17:39	1:09:50	
47	114	Aoife	Fay	female	F16-19	26630		3	11:47	0:53	0:37:20	0:52	0:14:31	0:19:03	1:09:55	
48	281	Robert	Scanlon	male	M20-24	18602		1	13:29	0:59	0:36:23	0:49	0:14:03	0:18:21	1:10:00	
49	319	David	Losty	male	M40-44	11766	Invictus TC	2	16:21	1:01	0:34:07	1:00	0:13:31	0:17:36	1:10:04	
50	285	John	Treacy	male	M20-24	16485		1	11:55	0:56	0:33:31	0:56	0:17:31	0:22:50	1:10:07	
51	334	Craig	Brennan	male	M40-44	9784	North Sligo AC	2	16:11	0:48	0:34:31	1:00	0:13:35	0:17:39	1:10:09	
52	272	Colum	Caughy	male	M40-44	10041426		1	13:24	1:08	0:35:33	1:08	0:14:39	0:19:00	1:10:13	
53	204	Michael	Holland	male	M25-29	21089	Omagh TC	1	12:58	1:16	0:33:06	1:12	0:16:43	0:21:47	1:10:20	
54	491	Niall	Melvin	male	M50-54	0		2	13:42	0:52	0:34:18	0:54	0:15:45	0:20:35	1:10:21	
55	110	Trudy	Browne	female	F40-44	10038500		3	13:39	1:26	0:34:13	0:58	0:15:21	0:20:05	1:10:22	
56	183	Paul	Little	male	M20-24	22434	Lough Key TC	1	14:35	0:49	0:35:07	0:54	0:14:26	0:19:18	1:10:44	
57	337	Jarlath	Fearon	male	M50-54	10003828	Northwest TC	2	14:31	1:09	0:35:23	0:55	0:14:24	0:18:53	1:10:52	
58	59	Katie	Fitzgerald	female	F25-29	3070	Piranhia TC	3	13:34	0:49	0:34:59	1:01	0:15:39	0:20:32	1:10:54	
59	160	James	Keenan	male	M35-39	32362	Cuilcagh TC	1	15:00	1:00	0:35:18	1:08	0:14:07	0:18:34	1:10:59	
60	370	Trevor	McSharry	male	M40-44	2448	Sligo TC	2	12:59	1:14	0:36:16	1:02	0:15:07	0:19:40	1:11:10	
61	262	Jack	Gleeson	male	M25-29	10030590		1	12:43	1:15	0:36:24	1:19	0:15:17	0:19:52	1:11:33	
62	195	Adrian	Kelly	male	M25-29	21617	Northwest TC	1	14:01	0:55	0:36:37	0:48	0:14:49	0:19:18	1:11:39	
63	92	Gaoimhe	Ni Mhurchu	female	F35-39	2968	Sligo TC	3	12:04	0:52	0:35:30	1:03	0:16:52	0:22:11	1:11:40	
64	364	John	Hanley	male	M45-49	983	Sligo TC	2	13:57	0:55	0:34:18	0:54	0:16:36	0:21:51	1:11:55	
65	194	Shaun	Heaney	male	M30-34	4819	Northwest TC	1	13:58	0:53	0:36:29	0:53	0:15:14	0:19:42	1:11:55	
66	485	Stefan	McCrossan	male	M16-19	0		2	12:25	1:04	0:37:50	1:02	0:15:11	0:19:38	1:11:59	
67	301	Sean	Farrell	male	M45-49	10002296	3D TC	2	14:01	1:13	0:35:16	1:16	0:15:33	0:20:26	1:12:12	
68	316	David	Calvert	male	M40-44	9848	Invictus TC	2	13:35	1:12	0:34:17	1:04	0:16:57	0:22:07	1:12:15	
69	246	Conor	Gaffney	male	M35-39	28200	Wicklow TC	1	13:30	1:22	0:36:34	1:16	0:15:00	0:19:43	1:12:26	
70	352	Dominic	Teague	male	M40-44	14029	Omagh TC	2	12:46	0:47	0:35:37	1:11	0:17:04	0:22:06	1:12:27	
71	5	Christine	Russell	female	F16-19	10016746	24/7 TC	3	11:55	0:54	0:37:53	0:55	0:15:49	0:20:52	1:12:29	
72	290	John	McCarron	male	M45-49	10027767	24/7 TC	2	14:53	1:35	0:34:34	1:00	0:15:34	0:20:27	1:12:29	
73	256	Niall	Cornyn	male	M16-19	10036865		1	14:45	1:27	0:38:23	0:47	0:13:21	0:17:21	1:12:43	
74	225	Ashley	Henry	male	M30-34	10009762	Sligo TC	1	14:31	1:12	0:36:00	1:04	0:15:19	0:19:58	1:12:45	
75	209	Ryan	McTier	male	M35-39	10002250	Peninsula TC	1	15:18	1:01	0:35:30	1:01	0:15:24	0:19:59	1:12:49	
76	224	Leo	Donlon	male	M35-39	9402	Sligo TC	1	15:23	0:50	0:35:13	0:58	0:15:42	0:20:26	1:12:50	
77	207	Sean	McAnallen	male	M20-24	10038540	Omagh TC	1	15:19	0:59	0:36:42	1:01	0:14:21	0:18:55	1:12:55	
78	17	Orla	Montague	female	F25-29	185486	Piranhia TC	3	13:06	1:41	0:34:20	1:21	0:17:26	0:22:31	1:12:59	
79	271	Mike	Heaney	male	M40-44	14892	Limerick TC	2	15:23	1:15	0:35:02	0:59	0:15:50	0:20:34	1:13:14	
80	377	Seamus	Walsh	male	M50-54	4107	Tri Lakes TC	2	13:21							

117	222	Ronan	Currid	male	M30-34	36694	Sligo TC	1	12.44	1.33	0.37.06	1.05	0.18.06	0.23.30	1:15.58
118	406	Barry	Keenan	male	M45-49	35132		2	15.00	1.26	0.36.41	1.18	0.16.15	0.21.34	1:15.59
119	193	Conor	Friel	male	M35-39	28074	Northwest TC	1	15.09	0.48	0.37.49	1.08	0.16.12	0.21.13	1:16.07
120	167	Gabriel	Walsh	male	M30-34	23050	Galway TC	1	14.56	1.20	0.37.48	0.59	0.16.10	0.21.05	1:16.09
121	391	Kieran	Coleman	male	M40-44	0		2	16.01	1.12	0.37.50	1.08	0.15.23	0.20.12	1:16.13
122	191	Michael	Kindregan	male	M25-29	25663	Naas TC	1	18.01	1.06	0.35.49	0.55	0.15.35	0.20.25	1:16.17
123	288	Jarlath	Duffy	male	M40-44	29689	24/7 TC	2	17.20	1.10	0.36.14	1.19	0.15.21	0.20.19	1:16.22
124	347	John Joe	McCullagh	male	M45-49	223	Omagh TC	2	17.47	0.52	0.36.47	1.02	0.15.12	0.19.58	1:16.26
125	202	Sean	Bradley	male	M35-39	1552	Omagh TC	1	16.05	1.23	0.36.10	0.56	0.16.39	0.21.56	1:16.30
126	315	Gareth	McAllister	male	M45-49	4971	Hi-Elbow TC	2	16.00	1.23	0.36.59	1.10	0.16.23	0.21.03	1:16.34
127	393	Sean	Collum	male	M40-44	2221		2	16.19	1.19	0.36.32	1.51	0.15.43	0.20.41	1:16.43
128	336	Frank	Dunlop	male	M55-59	4065	Northwest TC	2	14.45	1.10	0.37.07	1.03	0.17.17	0.22.40	1:16.45
129	428		Mullagh-Morons	Relay	Relay	182911		2	13.54	0.38	0.36.48	1.02	0.18.20	0.24.27	1:16.49
130	321	Howard	Triggs	male	M45-49	21106	Kilkenny TC	2	17.06	1.47	0.35.26	1.20	0.16.08	0.21.14	1:16.53
131	396	Paul	Donlon	male	M40-44	14598		2	14.38	1.31	0.38.23	0.41	0.15.56	0.21.47	1:17.00
132	369	Trevor	McDaid	male	M45-49	1002911	Sligo TC	2	15.00	1.12	0.37.53	1.09	0.16.45	0.21.47	1:17.02
133	355	Fintan	Shannon	male	M40-44	13044	Predator TC	2	16.01	1.03	0.36.55	1.06	0.16.56	0.21.58	1:17.03
134	247	Michael	Pearce	male	M30-34	26213	Wicklow TC	1	15.32	1.07	0.37.28	1.06	0.16.47	0.21.51	1:17.04
135	148	Barry	Lynch	male	M25-29	10030345	Armagh Pike Kickers TC	1	14.27	1.43	0.38.18	1.16	0.16.15	0.21.22	1:17.06
136	293	Paul	O'Gara	male	M40-44	1098	24/7 TC	2	15.22	1.01	0.38.12	1.11	0.16.32	0.21.29	1:17.15
137	326	Barry	Cannon	male	M40-44	1114	MSC TC	2	17.34	0.53	0.36.14	1.06	0.16.32	0.21.30	1:17.17
138	266	Mark	Kelly	male	M35-39	12297		1	15.02	1.18	0.38.12	1.10	0.16.36	0.21.38	1:17.20
139	3	Gavin	Harris	male	M40-44	10005115		2	18.03	1.48	0.34.53	1.04	0.16.44	0.21.36	1:17.24
140	375	Rod	Toner	male	M40-44	26821	Sligo TC	2	15.59	1.21	0.37.19	1.16	0.16.28	0.21.30	1:17.25
141	53	Rosaleen	McCartan	female	F40-44	10515	Omagh TC	3	15.11	1.16	0.37.36	1.05	0.16.56	0.22.18	1:17.26
142	295	Graham	Parker	male	M40-44	244	24/7 TC	2	13.37	0.55	0.38.10	1.08	0.18.07	0.23.44	1:17.34
143	376	Cecil	Whiteside	male	M45-49	9422	Sligo TC	2	15.58	1.35	0.37.28	1.05	0.16.37	0.21.38	1:17.43
144	243	Alan	Byrne	male	M30-34	28405	Wicklow TC	1	17.14	1.05	0.35.59	1.14	0.17.41	0.22.16	1:17.47
145	164	Benoit	Houeix	male	M35-39	5718	Galway TC	1	13.56	1.18	0.38.44	1.13	0.17.33	0.22.47	1:17.58
146	218	Barry	Bree	male	M25-29	0	Sligo TC	1	13.26	2.11	0.40.09	1.14	0.16.00	0.20.59	1:17.59
147	122	Ruth	Mason	female	F35-39	168250		3							1:18.02
148	305	Gerard	Mulligan	male	M40-44	2528	Athlone TC	2	14.57	1.08	0.37.39	1.13	0.17.49	0.23.08	1:18.04
149	144	Paul	Curran	male	M35-39	10021845	3D TC	1	15.00	1.22	0.40.51	1.27	0.14.46	0.19.26	1:18.06
150	103	Gabrielle	Dillon	female	F40-44	10002080	Wicklow TC	3	16.20	1.21	0.36.20	1.10	0.17.32	0.22.57	1:18.08
151	298	Tommy	Hill	male	M50-54	1686	24/7 TC	2	16.42	1.13	0.37.35	1.11	0.16.24	0.21.31	1:18.12
152	201	John	Bates	male	M35-39	10011794	Omagh TC	1	17.21	1.52	0.38.42	1.13	0.14.43	0.19.06	1:18.13
153	75	Kate	Hawney	female	F35-39	4607	Sligo TC	3	15.35	1.08	0.38.21	1.05	0.16.57	0.22.07	1:18.16
154	244	Andrew	Cromien	male	M35-39	4344	Wicklow TC	1	19.49	1.06	0.34.48	1.06	0.16.32	0.21.28	1:18.16
155	250	Tom	Brewster	male	M35-39	29589		1	15.45	1.23	0.38.52	1.17	0.16.07	0.21.05	1:18.22
156	338	James	McConnell	male	M40-44	10015632	Northwest TC	2	15.20	0.56	0.38.49	1.08	0.17.11	0.22.10	1:18.23
157	425		Dad's Army	Relay	Relay	185479	Piranha TC	2	15.29	0.32	0.33.10	0.48	0.21.41	0.28.28	1:18.27
158	251	Stephen	Burns	male	M25-29	184212		1	13.28	1.28	0.40.07	1.19	0.17.17	0.22.10	1:18.32
159	21	Fiona	Donovan	female	F35-39	9232	Galway TC	3	14.30	1.15	0.39.52	1.15	0.16.38	0.21.42	1:18.34
160	150	David	Strain	male	M25-29	39836	Armagh Pike Kickers TC	1	16.29	1.07	0.37.56	0.59	0.16.59	0.22.08	1:18.38
161	157	Peter	Nelligan	male	M35-39	10011920	Belpark TC	1	15.51	1.45	0.39.25	1.34	0.15.34	0.20.05	1:18.41
162	415	Andrew	Mulholland	male	M40-44	17916		2	15.44	1.13	0.40.56	1.04	0.15.06	0.19.47	1:18.43
163	237	Cathal	O'Hara	male	M20-24	20221	Sligo TC	1	14.51	1.23	0.41.06	0.55	0.15.47	0.20.28	1:18.43
164	323	Gerard	Flynn	male	M40-44	2067	Midland TC	2	16.33	1.20	0.37.53	1.08	0.16.53	0.21.54	1:18.48
165	1	Fin	Begley	female	F40-44	10003251	24/7 TC	3	16.43	0.53	0.37.48	1.07	0.17.01	0.22.20	1:18.50
166	245	Michael	Doherty	male	M35-39	37319	Wicklow TC	1	15.41	1.23	0.38.52	1.11	0.16.40	0.21.47	1:18.54
167	146	Richard	Brennan	male	M30-34	10038977	Armagh Pike Kickers TC	1	18.14	1.27	0.36.59	1.23	0.16.01	0.20.53	1:18.56
168	30	Julie	Stewart	female	F40-44	5198	Invictus TC	3	13.45	1.14	0.38.51	1.11	0.18.28	0.23.56	1:18.57
169	43	Julie	McMullin	female	F45-49	9760	MSC TC	3	16.12	1.09	0.38.11	1.18	0.17.02	0.22.14	1:19.04
170	371	George	Mullan	male	M50-54	10015107	Sligo TC	2	15.24	1.42	0.37.48	1.13	0.17.47	0.22.58	1:19.05
171	418	Brian	O'Reilly	male	M50-54	184908		2	13.55	1.20	0.38.21	1.28	0.18.32	0.24.06	1:19.10
172	345	Barry	McCann	male	M50-54	10027381	Omagh TC	2	18.06	1.20	0.36.54	1.16	0.16.43	0.21.39	1:19.16
173	389	Kieran	Caheen	male	M45-49	0		2	14.48	1.11	0.36.07	1.21	0.19.39	0.25.50	1:19.17
174	6	Elizabeth	Carolan	female	F35-39	2442	3D TC	3	15.09	1.29	0.38.36	1.18	0.17.28	0.22.47	1:19.19
175	227	Greg	Kelly	male	M35-39	10003796	Sligo TC	1	16.56	1.03	0.37.34	1.09	0.17.27	0.22.39	1:19.21
176	313	James	Murphy	male	M50-54	10003173	Galway TC	2	16.36	1.38	0.37.28	1.33	0.17.01	0.22.12	1:19.27
177	314	Jim	Vaughan	male	M45-49	14693	Galway TC	2	16.47	1.24	0.38.44	1.19	0.16.34	0.21.22	1:19.35
178	291	Barry	McLaughlin	male	M40-44	10029839	24/7 TC	2	15.42	1.53	0.38.01	1.13	0.17.05	0.22.48	1:19.35
179	142	Damian	McGoohan	male	M30-34	10000066	24/7 TC	1	17.12	1.17	0.38.09	1.10	0.16.46	0.21.47	1:19.35
180	325	Mairtin	Savage	male	M45-49	1403	Midland TC	2	19.00	1.03	0.34.37	1.12	0.18.16	0.23.43	1:19.36
181	296	Cathal	Roarty	male	M50-54	10001193	24/7 TC	2	15.18	1.14	0.39.59	1.14	0.16.49	0.21.52	1:19.37
182	358	Dermot	Cunningham	male	M40-44	26433	Sligo TC	2	15.14	1.30	0.38.55	1.04	0.17.35	0.22.59	1:19.41
183	57	Andrea	Thompson	female	F30-34	12957	Peninsula TC	3	16.00	1.12	0.37.47	1.07	0.18.24	0.23.39	1:19.44
184	265	Stephen	Kavanagh	male	M30-34	13342		1	16.20	1.32	0.40.20	1.13	0.15.37	0.20.20	1:19.45
185	253	Donal	Carron	male	M30-34	183512		1	16.45	1.29	0.40.44	1.02	0.15.15	0.19.54	1:19.53
186	99	Niamh	Ryan	female	F35-39	26372	Trilogy TC	3	14.26	1.25	0.39.18	1.07	0.18.02	0.23.49	1:20.05
187	217	John	Bohan	male	M35-39	13961	Sligo TC	1	16.08	1.09	0.38.19	1.04	0.18.02	0.23.29	1:20.08
188	329	Barry	Gallagher	male	M40-44	11158	MSC TC	2	15.39	1.05	0.38.01	1.19	0.18.40	0.24.07	1:20.12
189	378	Brian	Vaughan	male	M45-49	15473	Tri Sport TC	2	15.42	2.00	0.40.41	1.16	0.15.44	0.20.33	1:20.13
190	154	Frank	Magee	male	M35-39	24772	Belpark TC	1	16.10	0.47	0.38.37	1.02	0.18.13	0.23.42	1:20.18
191	343	Conor	Eannetta	male	M40-44	1257	Omagh TC	2	16.21	1.05	0.36.55	1.07	0.18.51	0.25.06	1:20.34
192	88	Leona	Moran	female	F30-34	10905	Sligo TC	3	13.23	1.14	0.41.17	1.13	0.18.14	0.23.34	1:20.41
193	166	Kevin	Shannon	male	M30-34	5335	Galway TC	1	15.04	1.25	0.40.46	1.10	0.17.02	0.22.19	1:20.44
194	498	Shauna	Mullan	Female	F40-44	0		3	15.23	1.29	0.38.22	1.06	0.18.44	0.24.29	1:20.48
195	373	James	O'Sullivan	male	M40-44	15346	Sligo TC	2	15.53	2.04	0.40.34	1.27	0.16.17	0.20.56	1:20.53
196	413	Ed	Mooney	male	M50-54	10038525		2	15.56	2.16	0.39.17	1.52	0.16.30	0.21.33	1:20.55
197	309	Paul	McGuinness	male	M55-59	12123	Cuilcagh TC	2	14.33	1.28	0.39.38	1.27	0.18.27	0.23.53	1:21.00
198	31	Nichola	Swann	female	F40-44	10664	Invictus TC	3	16.42	1.28	0.38.12	1.24	0.17.38	0.23.20	1:21.06
199	394	Paul	Corcoran	male	M40-44	184342		2	16.00	1.18					

235	51	Miriam	McFadden	female	F45-49	10563	Northwest TC	3	14:32	1:21	0:43:23	1:15	0:17:42	0:23:09	1:23:40
236	25	Lornie	O'Dwyer	female	F35-39	27403	Galway TC	3	18:48	1:28	0:39:13	1:21	0:17:43	0:22:58	1:23:48
237	268	Donald John	MacLean	male	M35-39	1000595		1	16:40	1:30	0:38:27	1:15	0:19:47	0:26:01	1:23:53
238	116	Noel	Lynch	male	M45-49	10010359		2	19:08	1:31	0:40:06	1:22	0:18:49	0:21:46	1:23:54
239	333	Michael Joseph	Mallon	male	M65-69	10031199	Newry & Mourne	2	16:39	1:38	0:38:12	1:23	0:20:06	0:26:13	1:24:05
240	20	Chris	Burke	female	F45-49	0	Galway TC	3	15:44	1:09	0:41:48	1:42	0:18:18	0:23:43	1:24:06
241	307	David	Meagher	male	M50-54	3399	Boru	2	16:13	1:50	0:40:14	1:36	0:18:30	0:24:14	1:24:08
242	410	Paul	McGowan	male	M40-44	185370		2	17:53	2:10	0:39:16	1:16	0:18:02	0:23:36	1:24:10
243	109	Unknown	Unknown	male				1	18:51	1:55	0:41:10	1:01	0:16:24	0:21:15	1:24:12
244	123	Imogen	McGrath	female	F35-39	31611		3	17:58						1:24:15
245	10	Aine	Hughes	female	F40-44	26443	3D TC	3	17:39	2:02	0:38:51	1:52	0:18:21	0:23:52	1:24:16
246	11	Dee	Kelly	female	F35-39	10026399	3D TC	3	15:32	1:29	0:42:27	1:16	0:18:17	0:23:39	1:24:23
247	341	Sean	Curran	male	M45-49	10010666	Omagh TC	2	20:33	1:14	0:37:41	1:22	0:18:06	0:23:36	1:24:27
248	96	Paula	Roddy	female	F35-39	10027654	Sligo TC	3	14:33	1:19	0:43:11	1:08	0:18:55	0:24:30	1:24:41
249	384	Ewan	Ballantine	male	M45-49	31505		2	19:24	1:49	0:39:36	1:11	0:17:30	0:22:44	1:24:44
250	161	Michael	Feehily	male	M35-39	10014718	Ennis TC	1	16:16	1:29	0:40:36	1:11	0:19:28	0:25:37	1:25:09
251	276	Brendan	Murray	male	M25-29	0		1	17:27	2:29	0:43:09	0:57	0:16:24	0:21:15	1:25:17
252	159	Andrew	O'Leary	male	M30-34	1000104	Cork TC	1	15:38	1:32	0:42:51	0:50	0:18:41	0:24:26	1:25:17
253	71	Carol	Duffy	female	F30-34	9665	Sligo TC	3	16:06	1:38	0:42:26	1:27	0:18:07	0:23:43	1:25:20
254	493	Colm	Fagan	male	M40-44	185653		2	16:44	1:50	0:42:38	1:35	0:17:32	0:22:40	1:25:26
255	416	Patrick	Normile	male	M50-54	184366		2	16:56	2:15	0:42:42	1:08	0:17:19	0:22:34	1:25:35
256	113	Eimear	Donlon	female	F40-44	182638		3	17:11	1:36	0:41:44	1:13	0:18:18	0:23:55	1:25:38
257	221	Barry	Cosgrove	male	M35-39	9772	Sligo TC	1	16:15	1:32	0:41:43	2:21	0:18:26	0:23:47	1:25:39
258	45	Ann	Morrow	female	F50-54	9622	MSC TC	3	16:10	1:13	0:42:33	1:17	0:18:47	0:24:31	1:25:43
259	86	Ciona	McPartan	female	F45-49	10013227	Sligo TC	3	16:54	1:48	0:40:07	1:10	0:19:51	0:25:58	1:25:57
260	186	Paul	McGee	male	M35-39	10040083	MSC TC	1	19:51	1:42	0:39:58	1:40	0:17:40	0:22:53	1:26:04
261	402	Charlie	Hamilton	male	M55-59	183017		2	16:12	1:25	0:42:40	1:31	0:18:22	0:24:17	1:26:05
262	175	Barry	Moriarty	male	M30-34	10033200	Kilkenny TC	1	18:34	2:14	0:40:10	2:19	0:17:56	0:23:11	1:26:29
263	149	Benny	McGurgan	male	M35-39	14436	Armagh Pike Kickers TC	1	19:33	1:38	0:39:02	1:29	0:18:53	0:24:50	1:26:33
264	494	Emer	Bussman	Female	F25-29	18552	Liquid Motion TC	3	18:54	2:31	0:40:31	1:16	0:18:51	0:23:30	1:26:41
265	322	Anthony	Gillen	male	M45-49	10309	Lanesboro TC	2	18:40	1:27	0:43:12	2:28	0:15:59	0:20:56	1:26:42
266	48	Pamela	Zarb	female	F40-44	11157	MSC TC	3	17:26	1:37	0:41:18	1:24	0:19:11	0:24:59	1:26:45
267	230	Jack	McDermott	male	M16-19	10038933	Sligo TC	1	14:48	1:49	0:45:33	1:05	0:18:16	0:23:36	1:26:51
268	489	Edward	Hazelton	male	M45-49	184052		2	16:32						1:26:59
269	303	Dominic	Clarke	male	M45-49	10012061	Armagh Pike Kickers TC	2	17:41	1:29	0:43:35	1:24	0:17:29	0:22:52	1:27:01
270	23	Fiona	Lyons	female	F40-44	9612	Galway TC	3	16:25	1:47	0:41:34	1:22	0:19:56	0:25:57	1:27:05
271	156	Niall	Murphy	male	M35-39	10002178	Belpark TC	1	15:56	1:10	0:42:31	1:44	0:19:47	0:25:51	1:27:13
272	38	Emer	Fitzpatrick	female	F35-39	383	Midland TC	3	16:28	1:22	0:42:10	1:39	0:19:44	0:25:40	1:27:19
273	420	Fearghal	Scanlon	male	M40-44	18054		2	16:11	1:45	0:42:30	0:58	0:20:27	0:26:10	1:27:33
274	405	Martin	Jones	male	M40-44	15738		2	17:11	1:33	0:43:47	1:12	0:18:14	0:23:51	1:27:34
275	399	Ray	Flynn	male	M40-44	38928		2	17:00	2:36	0:43:39	0:58	0:17:56	0:23:26	1:27:39
276	499	Laura	McMunn	Female	F16-19	10037583		3	15:12	2:04	0:42:32	1:28	0:20:19	0:26:28	1:27:43
277	212	Elian	O'Reilly	male	M30-34	33781	Pulse TC	1	16:51	2:36	0:41:40	1:25	0:19:10	0:25:14	1:27:46
278	205	Eugene og	Lagan	male	M25-29	37159	Omagh TC	1	24:05	1:14	0:37:33	1:06	0:18:17	0:23:49	1:27:47
279	128	Emma	McWilliams	female	F40-44	18480		3	19:02	1:54	0:41:31	1:43	0:18:22	0:23:41	1:27:51
280	141	Ciaran	Liddy	male	M35-39	21568	24/7 TC	1	17:53	1:56	0:42:26	1:46	0:18:21	0:23:54	1:27:55
281	223	Stephen	Daly	male	M35-39	37218	Sligo TC	1	15:53	1:20	0:43:22	0:37	0:20:14	0:26:53	1:28:04
282	83	Cindy	McCarthy	female	F45-49	19767	Sligo TC	3	18:05	1:31	0:43:23	1:48	0:18:02	0:23:22	1:28:09
283	94	Bernie	O'Connor	female	F35-39	10058	Sligo TC	3	17:22	1:43	0:42:01	1:33	0:19:38	0:25:30	1:28:09
284	65	Miriam	Connaughton-Jones	female	F35-39	23357	Sligo TC	3	16:32	1:35	0:42:33	1:51	0:19:51	0:25:40	1:28:11
285	490	Trisha	Battle	female		184847		3	17:57	2:22	0:43:44	1:10	0:17:28	0:22:58	1:28:11
286	270	Anthony	Martin	male	M30-34	185554		1	18:42	2:05	0:42:14	1:37	0:20:06	0:25:36	1:28:14
287	200	Andrew	Mitchell	male	M30-34	10036598	Olympian TC	1	20:08	2:05	0:43:03	1:17	0:16:52	0:21:41	1:28:14
288	18	Edwina	Boyce	female	F30-34	557	Cork TC	3	18:09	1:23	0:44:25	1:19	0:17:57	0:23:06	1:28:22
289	130	Kate	Murray	female	F25-29	183888		3	14:57	2:07	0:46:01	1:12	0:18:43	0:24:11	1:28:27
290	133	Marcella	O'Reilly	female	F45-49	184885		3	15:13	2:00	0:43:21	1:22	0:20:26	0:26:41	1:28:37
291	297	Martin	Robinson	male	M45-49	10037263	24/7 TC	2	17:18	2:11	0:44:11	1:15	0:18:29	0:23:50	1:28:44
292	89	Louise	Mulvaney	female	F25-29	13690	Sligo TC	3	16:09	1:09	0:41:33	1:25	0:21:52	0:28:31	1:28:48
293	132	Deirdre	O'Mahoney	female	F30-34	185141		3	17:09	1:17	0:41:07	1:18	0:20:01	0:27:59	1:28:50
294	63	Mary	Bresnihan	female	F40-44	10026838	Sligo TC	3	15:27	1:20	0:43:18	1:25	0:21:00	0:27:22	1:28:52
295	36	Antoinette	Butler	female	F45-49	12913	Midland TC	3	17:10	2:01	0:43:08	1:29	0:19:32	0:25:25	1:29:14
296	55	Emma	McLaughlin	female	F30-34	16456	Omagh TC	3	20:31	1:32	0:41:57	1:37	0:18:22	0:23:40	1:29:18
297	357	Sean	Carleton	male	M40-44	16349	Sligo TC	2	16:35	2:30	0:42:21	1:35	0:20:21	0:26:41	1:29:42
298	68	Sheila	Devaney	female	F40-44	13411	Sligo TC	3	18:07	1:48	0:44:09	1:25	0:18:25	0:24:16	1:29:45
299	62	Fiona	Boyle	female	F35-39	36752	Sligo TC	3	17:31	1:59	0:44:36	0:59	0:19:16	0:24:46	1:29:52
300	42	Sinead	McGowan	female	F40-44	183628	MSC TC	3	22:08	1:54	0:40:14	2:17	0:18:01	0:23:30	1:30:04
301	78	Deirdre	Kelly	female	F30-34	15354	Sligo TC	3	16:03	1:35	0:44:25	1:33	0:20:31	0:26:27	1:30:04
302	115	Louise	Foy	female	F40-44	38530		3	18:21	1:50	0:42:52	1:35	0:19:38	0:25:44	1:30:21
303	100	Eilish	Bradshaw	female	F30-34	13062	Wicklow TC	3	18:13	1:55	0:38:36	1:22	0:23:34	0:30:15	1:30:21
304	85	Mairead	McMorrow	female	F35-39	29539	Sligo TC	3	18:10	2:11	0:44:33	1:06	0:18:41	0:24:30	1:30:31
305	398	Gordon	Flower	male	M45-49	10030224		2	18:06	1:49	0:42:30	1:13	0:20:29	0:27:05	1:30:42
306	104	Jackie	Hudson	female	F30-34	29084	Wicklow TC	3	17:56	1:52	0:42:48	1:39	0:20:22	0:26:32	1:30:46
307	165	Bernard	McDermott	male	M35-39	10028093	Galway TC	1	22:08	2:15	0:42:16	1:42	0:17:22	0:22:28	1:30:49
308	196	Eamonn	Melaugh	male	M30-34	28258	Northwest TC	1	18:43	1:25	0:40:26	1:27	0:22:16	0:28:49	1:30:49
309	9	Carmel	Farrell	female	F35-39	10002382	3D TC	3	15:42	2:00	0:43:38	2:09	0:20:57	0:27:21	1:30:50
310	261	Declan	Feely	male	M35-39	183680		1	17:10	1:42	0:44:36	1:06	0:20:37	0:26:16	1:30:50
311	279	Dan	O'Keefe	male	M30-34	184182		1	16:14	3:34	0:46:01	1:01	0:18:37	0:24:04	1:30:53
312	327	Brendan	Connolly	male	M60-64	5727	MSC TC	2	20:54	1:58	0:42:34	1:26	0:18:24	0:24:03	1:30:55
313	368	Conor	McCarthy	male	M50-54	30001	Sligo TC	2	18:55	1:32	0:42:16	1:30	0:20:35	0:26:44	1:30:56
314	34	Hazel	Cooney	female	F16-19	28314	Lough Key TC	3	18:00	1:23	0:44:16	1:10	0:20:14	0:26:16	1:31:06
315	67	Sinead	Corcoran	female	F40-44	10029206	Sligo TC	3	17:58	2:05	0:44:26	1:26	0:19:28	0:25:23	1:31:17
316	492	Michael	Howley	male	M45-49	10003189	Sligo Tri Club	2	28:42	1:48	0:37:23	0:41	0:16:10	0:22:48	1:31:22
317	409	Paul	McCarthy	male	M50-54	10004817		2	20:40	1:01	0:38:50	1:17	0:23:21	0:29:41	1:31:30

353	335	Adrian	Kelly	male	M50-54	40140	Northwest TC	2	16:59	2:04	0:49:02	1:40	0:22:08	0:28:21	1:38:06
354	72	Julie	Ellwood	female	F40-44	10028978	Sligo TC	3	18:56	2:38	0:46:58	1:41	0:21:14	0:28:05	1:38:18
355	427		Glenboy Rockers	Relay	Relay	183758		2	16:18	0:53	0:41:21	1:10	0:29:16	0:38:43	1:38:25
356	125	Rhona	McKeever	female	F30-34	185745		3	20:31	2:35	0:49:16	1:06	0:19:30	0:25:26	1:38:53
357	434		The Rockstoners	Relay	Relay	183550		2	24:13	0:47	0:44:31	1:19	0:21:45	0:28:32	1:39:23
358	112	Paula	Dillon	female	F40-44	18583		3	16:50	1:50	0:49:04	1:13	0:23:12	0:30:27	1:39:24
359	387	John	Blunden	male	M45-49	185165		2	15:55	3:33	0:46:00	1:24	0:24:49	0:32:39	1:39:31
360	66	Winnie	Connolly	female	F40-44	28399	Sligo TC	3	21:03	2:02	0:47:11	1:16	0:21:43	0:28:01	1:39:33
361	90	Aoife	Murray	female	F35-39	36349	Sligo TC	3	18:01	2:54	0:48:04	1:23	0:22:55	0:29:50	1:40:12
362	24	Grace	McKinney	female	F30-34	39246	Galway TC	3	16:27	3:19	0:48:04	1:32	0:23:52	0:31:14	1:40:35
363	429		Sugar Babes	Relay	Relay	35035		2	20:27	0:55	0:49:34	1:06	0:21:47	0:28:55	1:40:56
364	127	Heather	McMurray	female	F35-39	158602		3	21:17	3:02	0:48:09	2:19	0:20:31	0:26:13	1:40:59
365	117	Collette	Hamilton	female	F50-54	183000		3	20:30	2:06	0:48:52	1:10	0:22:17	0:28:33	1:41:10
366	264	Joseph	Hyland	male	M25-29	10032761		1	18:17	2:23	0:50:02	1:10	0:22:35	0:29:55	1:41:46
367	119	Pamela	Higgins	female	F30-34	183321		3	17:54	2:49	0:46:10	1:22	0:27:07	0:34:40	1:42:55
368	69	Ciara	Donnellan	female	F45-49	0	Sligo TC	3	18:57	1:44	0:45:39	1:55	0:27:09	0:34:41	1:42:55
369	87	Mary	Monds	female	F45-49	29571	Sligo TC	3	23:26	1:41	0:46:44	1:14	0:23:27	0:30:27	1:43:32
370	97	Joanne	Sexton	female	F40-44	36585	Sligo TC	3	21:04	2:37	0:52:32	1:06	0:20:26	0:26:48	1:44:07
371	432		The Creggane Crew	Relay	Relay	183567		2	14:32	1:21	0:57:19	1:08	0:22:36	0:29:50	1:44:10
372	91	Alaine	Murray	female	F45-49	176866	Sligo TC	3	17:48	2:28	0:49:25	1:32	0:25:20	0:33:08	1:44:21
373	426		2 fast 1 furious	Relay	Relay	163323		2	13:28		1:05:46			0:26:11	1:45:25
374	98	Inez	Wims	female	F35-39	10015094	Sligo TC	3	21:04	2:14	0:52:49	1:06	0:22:59	0:29:38	1:46:52
375	135	Christina	Quinn	female	F25-29	27240		3	17:25	3:51	0:56:51	1:34	0:21:59	0:28:25	1:48:06
376	126	Eva	McMullin	female	F16-19	39282		3	17:53	3:12	0:53:16	2:08	0:24:57	0:31:44	1:48:12
377	124	Aoibhinn	McGuckin	female	F16-19	179614		3	17:54	3:14	0:53:27	1:54	0:25:01	0:31:44	1:48:12
378	82	Geraldine	McCarthy	female	F45-49	29147	Sligo TC	3	28:24						1:48:38
379	129	Una	Morrison	female	F35-39	184687		3	21:36	1:54	0:56:49	1:18	0:23:02	0:29:57	1:51:34
380	121	Patricia	Hyde	female	F45-49	0		3	20:47	3:31	0:52:34	1:56	0:25:53	0:33:04	1:51:52
381	131	Avril	Murray	female	F55-59	183468		3	21:27	3:51	0:49:43	3:09	0:26:19	0:33:58	1:52:08
382	433		The Jam Beaters	Relay	Relay	183482		2	26:42	1:00	0:52:05	1:08	0:24:15	0:31:24	1:52:19
383	495	Donna	Meade	Female	F35-39	17929		3	18:18	2:36	0:55:44	1:34	0:26:27	0:34:30	1:52:41
384	80	Karen	Keyes	female	F50-54	26899	Sligo TC	3	22:47	1:59	0:53:28	1:57	0:26:42	0:34:57	1:55:08
385	400	Ronan	Gilhawley	male	M40-44	158503		2	24:50	4:39	0:51:06	1:46	0:27:56	0:35:48	1:58:08
386	54	Majella	McCullagh	female	F55-59	251	Omagh TC	3	28:07	1:58	0:51:05	1:19	0:27:30	0:36:10	1:58:39
387	486		Team Maddie	Relay	Relay	184311		2	32:16						1:58:44
	102	Marie	Burke	female	F40-44	2980	Wicklow TC	3	15:34	1:31	0:40:29				DNF
	19	Louise	McManus	female		29128	Culcagh TC	2	26:52	2:08	0:21:17	2:11	0:19:25	0:25:34	DNF Cycle
	392	Michael	Coleman	male	M55-59	10009920		2	22:14	3:11	0:42:41	1:30	0:22:47		Pending