Place	Number	TI Number	Name	Surname	Sex	Cat	Club	Wave	Swim	T1	10km Split	Cycle	T2	Run	Finish
1	394	10003708	Colm	Turner	male	30-34		1	0:12:28	0:01:02	0:14:28	0:31:17	0:00:40	0:15:39	1:01:06
2	33	10054470	Joseph	Tannian	Male	16-19		1	0:10:14	0:01:00	0:15:43	0:34:08	0:00:37	0:16:32	1:02:31
3	158	10052816	Peter	Tuohy	Male	30-34		1	0:10:34	0:01:41	0:14:45	0:32:06	0:00:41	0:18:01	1:03:01
4	15	10026404	James	Mintern	Male	16-19	Cork TC	1	0:10:19	0:01:07	0:15:11	0:33:24	0:00:39	0:18:24	1:03:53
5	298	10002105	Richard	Doyle	Male	40-44	Piranha TC	1	0:12:23	0:01:07	0:15:16	0:32:43	0:00:37	0:17:19	1:04:09
6	371	10002154	Trevor	Conroy	Male	35-39	Wicklow TC	1	0:13:22	0:01:03	0:14:47	0:32:20	0:00:42	0:16:51	1:04:19
7	226	10004326	Art	Naughton	Male	35-39	Galway TC	1	0:11:57	0:01:21	0:14:50	0:32:35	0:00:40	0:18:16	1:04:48
8	207	10015681	Gerald	Troy	Male	35-39	Ennis Triathlon Club	1	0:13:23	0:01:14	0:15:11	0:32:53	0:00:45	0:17:03	1:05:18
9	274	10028896	Jonathan	Rowland	Male	30-34	Liquid Motion TC	1	0:11:56	0:01:13	0:14:54	0:32:40	0:00:44	0:18:52	1:05:24
10	183	10028434	Niall	Foley	Male	20-24	Athy TC	1	0:12:25	0:01:07	0:15:14	0:33:16	0:00:39	0:18:16	1:05:43
11	223	10003387	Martin	Divilly	Male	40-44	Galway TC	2	0:13:15	0:01:21	0:14:07	0:30:49	0:01:00	0:19:20	1:05:45
12	10	10037134	Cian	O Keeffe	Male	16-19		1	0:11:14	0:01:07	0:16:14	0:34:48	0:00:38	0:18:21	1:06:07
13	251	10001820	Raymond	Lonergan	Male	30-34	Kilkenny TC	1	0:14:26	0:01:25	0:15:02	0:32:37	0:00:37	0:17:18	1:06:23
14	54	10004392	Michael	Scully	Male	30-34		1	0:12:22	0:01:36	0:15:16	0:33:18	0:00:46	0:18:35	1:06:36
15	34	10055283	Ronan	Le Jannou	Male	16-19		1	0:10:33	0:01:29	0:15:43	0:34:03	0:00:42	0:19:54	1:06:40
16	12	10045595	Cathal	Browne	Male	16-19	Ennis Triathlon Club	1	0:10:39	0:01:06	0:16:00	0:34:34	0:00:41	0:19:42	1:06:42
17	19	10038095	Marcus	Mcgowan	Male	16-19	MSC Tri	1	0:11:36	0:01:12	0:15:45	0:34:15	0:00:43	0:19:02	1:06:48
18	22	10052272	Patrick	Barry	Male	16-19	Pulse Triathlon Club	1	0:11:38	0:01:22	0:15:30	0:34:00	0:00:45	0:19:08	1:06:53
19	137	10010223	Paul	Doran	Male	35-39		1	0:12:54	0:01:26	0:15:55	0:34:33	0:00:47	0:17:28	1:07:07
20	17	10036955	Ben	Vahey	Male	16-19	Predator TC	1	0:11:40	0:01:53	0:15:12	0:32:43	0:00:39	0:20:29	1:07:24
21	20	10059117	Rianne	De Croock	Female	16-19		3	0:09:46	0:01:04	0:16:36	0:36:28	0:00:37	0:19:29	1:07:24
22	359	10004275	Bernard	Keane	Male	40-44	Waterford TC	2	0:14:19	0:01:21	0:15:12	0:33:35	0:00:38	0:17:47	1:07:39
23	41	10026819	Eoin	Nagle	Male	20-24		1	0:13:04	0:01:22	0:15:56	0:34:08	0:00:47	0:18:54	1:08:16
24	210	10003188	Michael	Davis	Male	40-44	Ennis Triathlon Club	2	0:11:34	0:01:19	0:15:58	0:34:44	0:01:08	0:19:34	1:08:18
25	1	10053336	Ronan	Dirrane	Male	16-19		1	0:12:01	0:01:09	0:15:37	0:34:28	0:00:41	0:20:15	1:08:33
26	96	10003832	Mark	Breen	Male	35-39		1	0:12:35	0:01:18	0:15:43	0:33:53	0:00:44	0:20:12	1:08:41
27	241	10003901	Alan	Webb	Male	35-39	GoTri TC	1	0:12:52	0:01:09	0:16:03	0:34:36	0:00:45	0:19:22	1:08:43
28	296	10001227	Eoin	Woolley	Male	35-39	Nenagh Triathlon Club	1	0:14:22	0:01:21	0:15:22	0:33:33	0:01:01	0:18:29	1:08:45
29	244	10033465	Rae	Liston	Male	30-34	GoTri TC	1	0:11:35	0:01:18	0:15:57	0:35:19	0:00:51	0:20:01	1:09:04
30	126	10002129	Robert	Whyte	Male	45-49		2	0:14:40	0:01:25	0:15:35	0:33:49	0:00:44	0:18:49	1:09:26
31	4	10026963	Patrick	Fahy	Male	16-19		1	0:11:45	0:01:26		0:36:58	0:00:42	0:18:51	1:09:41
32	48	10016223	William	Desmond	Male	35-39		1	0:12:56	0:01:32	0:16:08	0:35:05	0:00:57	0:19:15	1:09:45
33	249	10013619	Patrick	Young	Male	45-49	Kilkenny TC	2	0:13:00	0:01:24	0:16:37	0:35:38	0:01:02	0:18:48	1:09:52
34	259	10030537	Nick	O'dwyer	Male	50-54	Limerick TC	2	0:15:18	0:01:32	0:14:39	0:31:59	0:01:09	0:19:57	1:09:54
35	7	10052793	Adam	Dunne	Male	16-19	Midland TC	1	0:10:40	0:01:12	0:16:31	0:37:01	0:00:38	0:20:28	1:09:59
36	184	10004751	Richard	Twohig	Male	35-39	Belpark TC	1	0:12:07	0:01:16	0:17:10	0:37:18	0:00:58	0:18:43	1:10:21
37	307	10027383	Mervyn	Mc dowell	Male	30-34	Pulse Triathlon Club	1	0:11:46	0:01:10	0:16:37	0:36:23	0:00:44	0:20:34	1:10:37
38	133	10015419	Alasdair	Conway	Male	45-49		2	0:14:46	0:01:22	0:16:04	0:35:09	0:00:42	0:18:46	1:10:45
39	32	10055292	Niamh	Corry	Female	16-19	Fingal TC	3	0:10:54	0:01:16	0:17:46	0:38:27	0:00:43	0:19:40	1:10:59
40	44	10000056	Gerard	Kenny	Male	50-54		2	0:14:59	0:01:15	0:15:45	0:34:27	0:00:53	0:19:28	1:11:01
41	232	10000361	Morgan	Mchugh	Male	40-44	Galway TC	2	0:13:54	0:01:21	0:16:07	0:34:48	0:00:43	0:20:20	1:11:05
42	168	10029626	Colm	Dempsey	Male	30-34	3D TC	1	0:14:29	0:01:40	0:15:46	0:35:01	0:01:01	0:19:07	1:11:18
43	203	10001351	Barry	Deane	Male	50-54	Ennis Triathlon Club	2	0:13:28	0:01:34	0:15:57	0:34:58	0:00:42	0:20:43	1:11:25
44	204	10001266	Ray	Hynes	Male	40-44	Ennis Triathlon Club	2	0:13:25	0:01:20	0:16:37	0:35:57	0:00:45	0:20:04	1:11:30
45	146	10000085	Paul	Minahan	Male	50-54		2	0:13:11	0:01:22	0:16:02	0:35:25	0:00:50	0:20:51	1:11:39
46	275	10026444	Conor	Raleigh	Male	20-24	Longford TC	1	0:11:59	0:01:22	0:16:49	0:36:59	0:00:40	0:20:50	1:11:49
47	182	10033343	Sean	Brennan	Male	20-24	Athy TC	1	0:13:56	0:01:12	0:16:53	0:36:47	0:00:45	0:19:17	1:11:57
48	25	10037758	Caron	Ryan	Female	16-19		3	0:12:01	0:01:11	0:17:06	0:37:25	0:00:44	0:20:39	1:12:00
49	238	10020317	Kevin	Moloney	Male	30-34	GoTri TC	1	0:16:07	0:01:24	0:15:49	0:34:35	0:00:48	0:19:09	1:12:02
50	14	10050141	Cormac	Kelly	Male	16-19	Athy TC	1	0:13:54	0:01:23	0:17:05	0:37:33	0:00:42	0:18:41	1:12:13
51	112	10052937	Conor	Tiernan	Male	25-29		1	0:14:48	0:01:48	0:16:42	0:36:33	0:00:58	0:18:09	1:12:16
52	120	10016756	Paul	Joyce	Male	45-49		2	0:13:10	0:01:28	0:16:57	0:36:06	0:01:05	0:20:37	1:12:27
53	187	10015792	Danny	O'Sullivan	Male	35-39	Belpark TC	1	0:14:46	0:01:20	0:16:42	0:36:30	0:00:47	0:19:14	1:12:36
54	91	10046906	Xela	Steenberge	Female	25-29		3	0:11:17	0:01:32	0:17:34	0:37:33	0:00:44	0:21:34	1:12:40
55	246	10054401	Mark	Kearney-Muldowney	Male	40-44	Kilkenny TC	2	0:15:01	0:02:00	0:16:09	0:35:14	0:00:59	0:19:40	1:12:55
56	211	10014627	Rory	Howard	Male	40-44	Ennis Triathlon Club	2	0:17:13	0:01:35	0:15:24	0:33:51	0:00:49	0:19:55	1:13:22
57	239	10029205	Mairead	Elliott	Female	30-34	GoTri TC	3	0:14:33	0:01:19	0:16:10	0:35:25	0:00:44	0:21:34	1:13:34
58	281	10014089	Daragh	Caffrey	Male	45-49	Midland TC	2	0:14:29	0:01:37	0:15:52	0:34:38	0:00:56	0:21:55	1:13:34
59	248	10017234	Adrian	Cunningham	Male	35-39	Kilkenny TC	1	0:14:12	0:01:25	0:16:17	0:35:45	0:00:57	0:21:18	1:13:37
60	256	10014892	Mike	Heaney	Male	40-44	Limerick TC	2	0:14:38	0:01:23	0:16:13	0:36:18	0:00:49	0:20:31	1:13:38
61	45	10050680	Stuart	Nicol	Male	40-44		2	0:12:24	0:01:41	0:17:25	0:37:18	0:00:59	0:21:17	1:13:39
62	3	10054438	Erin	McConnell	Female	16-19		3	0:09:41	0:01:53	0:18:26	0:39:02	0:00:58	0:22:11	1:13:45
63	291	10045063	Stephen	Loughnane	Male	35-39	Naas TC	1	0:15:08	0:01:46	0:16:21	0:35:43	0:00:47	0:20:24	1:13:47
64	282	10003506	Seamus	Moran	Male	55-59	Midland TC	2	0:14:33	0:01:21	0:16:17	0:34:45	0:00:53	0:22:22	1:13:54
65	162	10052490	Paul	Foley	Male	35-39		1	0:16:38	0:01:49	0:16:08	0:35:20	0:00:45	0:19:24	1:13:55
66	31	10029959	Luke	O'neill	Male	16-19	GoTri TC	1	0:12:08	0:01:10	0:17:12	0:39:07	0:00:42	0:20:50	1:13:58
67	29	10028663	Elaine	Yelverton	Female	16-19		3	0:11:20	0:01:15	0:17:56	0:40:40	0:00:39	0:20:17	1:14:10
68	157	10014149	Stephan	Beaulieu	Male	45-49		2	0:13:10	0:01:24	0:16:51	0:37:31	0:00:52	0:21:15	1:14:11
69	71	10003323	Quentin	Crowley	Male	45-49		2	0:14:52	0:01:46	0:17:01	0:36:02	0:01:08	0:20:26	1:14:15
70	324	10043800	Warren	Terry	Male	30-34	South Coast TC	1	0:14:59	0:01:20	0:17:45	0:38:05	0:00:45	0:19:13	1:14:21
71	117	10035468	Murna	Griffin o malley	Female	35-39		3	0:13:05	0:01:42	0:17:46	0:38:58	0:00:50	0:19:52	1:14:27
72	342	10020809	Cecil	Looney	Male	40-44	Tri Lakes TC	2	0:12:31	0:01:47	0:17:02	0:36:57	0:01:12	0:22:10	1:14:36
73	370	10010262	Lisa	Howley	Female	45-49	Wicklow TC	3	0:11:28	0:01:42	0:18:07	0:39:26	0:00:54	0:21:38	1:15:07
74	11	10049727	Liam	O Braonain	Male	16-19	Athy TC	1	0:13:38	0:01:21	0:17:36	0:38:59	0:00:51	0:20:26	1:15:16
75	290	10042058	Ken	Heffernan	Male	40-44	Naas TC	2	0:16:55	0:01:38	0:16:25	0:36:23	0:01:19	0:19:03	1:15:18
76	164	10051469	Ciaran	Fitzgerald	Male	35-39		1	0:16:24	0:01:48	0:16:41	0:36:20	0:01:01	0:19:49	1:15:22
77	74	10056903	Donal	Gleeson	Male	45-49		2	0:15:59	0:02:29	0:15:08	0:33:27	0:01:18	0:22:10	1:15:23
78	169	10001772	Shane	Devlin	Male	35-39	3D TC	1	0:14:08	0:01:33	0:16:53	0:37:03	0:00:55	0:21:49	1:15:28
79	278	10010910	Andrew	Brennan	Male	45-49	Lough Key TC	2	0:15:53	0:01:42	0:16:36	0:36:32	0:00:43	0:20:52	1:15:41
80	69	10023464	Brendan	Mcardle	Male	45-49		2	0:14:11	0:01:49	0:17:43	0:38:46	0:01:13	0:19:43	1:15:42
81	202	10035040	Micheal	Rooney	Male	50-54	Ennis Triathlon Club	2	0:14:13	0:01:44	0:17:11	0:37:07	0:00:56	0:21:52	1:15:52
82	315	10013614	John	Kirwan	Male	50-54	Pulse Triathlon Club	2	0:16:13	0:01:36	0:15:42	0:34:47	0:01:21	0:21:57	1:15:54
83	136	10045817	Peter	Power	Male	35-39		1	0:16:26	0:01:30	0:17:08	0:38:09	0:00:48	0:19:02	1:15:55
84	273	10032961	Colin	Dockery	Male	35-39	Liquid Motion TC	1	0:14:28	0:01:44	0:17:21	0:38:27	0:01:00	0:20:25	1:16:02
85	261	10013500	Conor	O dea	Male	50-54	Limerick TC	2	0:14:13	0:02:13	0:16:26	0:36:18	0:01:07	0:22:14	1:16:05
86	266	10049142	Darragh	Droog	Male	40-44	Limerick TC	2	0:15:24	0:01:49		0:37:22	0:01:06	0:20:25	1:16:06
87	363	10043186	Hilary	Hughes	Female	30-34	Westport Triathlon Club	3	0:13:23	0:01:43	0:17:43	0:38:41	0:00:56	0:21:39	1:16:21
88	51	10016825	Ross	Harte	Male	30-34		1	0:14:17	0:01:45	0:17:18	0:37:52	0:01:00	0:21:35	1:16:28
89	142	10032333	John	Doherty	Male	30-34		1	0:15:49	0:01:47	0:17:01	0:37:48	0:01:03	0:20:03	1:16:29
90	192	10056094	Luke	Davis	Male	35-39	Belpark TC	1	0:13:11	0:02:22	0:18:09	0:38:39	0:01:18	0:21:02	1:16:32
91	185	10013542	Ciaran	Ryan	Male	30-34	Belpark TC	1	0:15:42	0:01:24	0:16:52	0:36:44	0:00:44	0:22:00	1:16:35
92	37	10054769	Jonathan	Martin	Male	16-19		1	0:10:36	0:01:28	0:18:01	0:40:05	0:00:48	0:23:40	1:16:37
93	255	10001370	Liam	Kennedy	Male	50-54	Limerick TC	2	0:14:24	0:02:07	0:17:04	0:36:55	0:01:04	0:22:08	1:16:37
94	264	10040015	Eamon	Hanley	Male	35-39	Limerick TC	1	0:15:54	0:02:10	0:17:31	0:38:08	0:00:42	0:19:46	1:16:41
95	236	10010500	Karen	Cassidy	Female	45-49	Galway TC	3	0:14:09	0:01:41	0:16:31	0:36:07	0:01:01	0:23:49	1:16:48
96	289	10047894	Steven	Loughlin	Male	40-44	Naas TC	2	0:17:17	0:02:03	0:16:55	0:37:07	0:01:04	0:19:26	1:16:56
97	219	10041002	Aiden	O connor	Male	35-39	Ennis Triathlon Club	1	0:15:44	0:01:33	0:16:45	0:36:39	0:01:06	0:22:02	1:17:03
98	334	10053853	ADRIAN	BAGNALL	Male	40-44	Tri an Mhi TC	2	0:14:23	0:02:00	0:17:18	0:37:20	0:00:58	0:22:22	1:17:04

99	199	10000235	Brendan	O'Neill	Male	60-64	Cork TC	2	0:13:08	0:01:23	0:17:56	0:39:22	0:00:54	0:22:21	1:17:07
100	254	10004529	Timothy	Horgan	Male	60-64	Killarney TC	2	0:15:51	0:01:44	0:17:42	0:37:43	0:00:56	0:21:04	1:17:18
101	149	10035180	Eric	Meade	Male	50-54		2	0:16:18	0:02:44	0:17:04	0:37:31	0:01:15	0:19:33	1:17:21
102	178	10010855	Gerard	Cox	Male	40-44	Athlone TC	2	0:13:41	0:01:27	0:16:53	0:37:06	0:01:03	0:24:23	1:17:40
103	270	10014767	Dermot	Hayes	Male	40-44	Limerick TC	2	0:15:25	0:01:21	0:16:56	0:36:47	0:01:01	0:23:08	1:17:43
104	288	10033916	Sally	Drennan	Female	50-54	Midleton Cycling and Triathlon Club	3	0:14:32	0:01:48	0:17:32	0:38:33	0:00:56	0:21:56	1:17:45
105	53	10012373	Nicholas	Blease	Male	40-44		2	0:13:46	0:02:18	0:18:17	0:39:24	0:01:25	0:20:53	1:17:45
106	235	10018756	Stuart	Harries	Male	35-39	Galway TC	1	0:15:40	0:02:13	0:16:22	0:35:51	0:00:52	0:23:09	1:17:46
107	161	10058538	Ian	McDonald	Male	45-49		2	0:15:38	0:01:54	0:17:41	0:37:41	0:01:13	0:21:20	1:17:47
108	102	10037110	Brendan	Fergus	Male	25-29		1	0:13:17	0:02:18	0:17:28	0:38:29	0:00:49	0:22:55	1:17:48
109	115	10055691	Seamus	Duggan	Male	40-44		2	0:17:46	0:02:07	0:17:27	0:38:07	0:01:00	0:19:16	1:18:15
110	257	10044480	Niamh	Carey	Female	25-29	Limerick TC	3	0:13:11	0:01:44	0:18:12	0:40:14	0:01:26	0:21:43	1:18:17
111	110	10053162	Matthew	Carroll	Male	25-29		1	0:16:56	0:01:55	0:17:15	0:38:06	0:01:33	0:20:02	1:18:32
112	237	10040370	Victoria	Nicholson	Female	35-39	GoTri TC	3	0:16:19	0:01:26	0:17:11	0:37:29	0:01:00	0:22:21	1:18:34
113	318	10000192	Don	Morrissey	Male	40-44	Racing 795 TC	2	0:14:06	0:01:14	0:17:41	0:39:26	0:00:51	0:23:16	1:18:54
114	58	10056393	Sean	Holland	Male	45-49		2	0:15:13	0:02:47	0:17:04	0:37:14	0:01:33	0:22:15	1:19:02
115	311	10001094	John	Sheehan	Male	45-49	Pulse Triathlon Club	2	0:14:38	0:02:04	0:18:18	0:39:48	0:01:12	0:21:31	1:19:12
116	375	10052773	gerard	O Loughlin	Male	35-39		1	0:16:17	0:01:53	0:17:14	0:38:01	0:00:47	0:22:14	1:19:12
117	267	10026998	Michael	Clancy	Male	50-54	Limerick TC	2	0:15:41	0:01:46	0:16:46	0:36:44	0:00:55	0:24:09	1:19:16
118	287	10013797	Stephen	Olwell	Male	30-34	Midland TC	1	0:15:12	0:01:21	0:18:02	0:39:55	0:00:49	0:21:59	1:19:17
119	243	10003532	Erin	O'donoghue	Female	35-39	GoTri TC	3	0:13:02	0:01:31	0:17:31	0:38:56	0:00:53	0:24:58	1:19:20
120	352	10037311	Pat	Reilly	Male	25-29	Tri Lakes TC	1	0:15:39	0:02:09	0:16:37	0:37:00	0:01:05	0:23:28	1:19:21
121	156	10059834	Paul	O'Neill	Male	30-34		1	0:16:20	0:02:02	0:18:50	0:41:17	0:00:42	0:19:12	1:19:33
122	309	10055191	David	O'Brien	Male	40-44	Pulse Triathlon Club	2	0:15:45	0:02:52	0:16:39	0:36:22	0:01:11	0:23:37	1:19:47
123	321	10028382	Ken	Foley	Male	40-44	Sligo Triathlon Club	2	0:14:14	0:02:18	0:17:43	0:38:50	0:01:17	0:23:10	1:19:49
124	335	10046964	Eoin	O'donoghue	Male	40-44	Tri an Mhi TC	2	0:12:44	0:02:24	0:18:32	0:40:10	0:01:10	0:23:22	1:19:50
125	379	10009668	Sean	Manicle	Male	35-39		1	0:14:20	0:02:19	0:17:59	0:39:45	0:01:00	0:22:26	1:19:50
126	253	10000352	Dara	Fahy	Male	35-39	Kilkenny TC	1	0:14:59	0:02:03	0:18:31	0:39:54	0:00:55	0:22:01	1:19:52
127	191	10046777	Sally	Mchugh	Female	20-24	Belpark TC	3	0:12:57	0:01:21	0:18:47	0:40:54	0:00:51	0:23:51	1:19:54
128	364	10053253	Colette	Sweeney	Female	45-49	Westport Triathlon Club	3	0:16:53	0:02:04	0:17:19	0:38:00	0:00:59	0:21:58	1:19:54
129	26	10048398	Damien	Doherty	Male	16-19		1	0:13:13	0:02:27	0:18:58	0:40:40	0:01:03	0:22:33	1:19:55
130	166	10003251	Fin	Begley	Female	40-44	247 Triathlon Club	3	0:16:36	0:01:26	0:17:39	0:38:30	0:00:56	0:22:28	1:19:55
131	317	10031185	Clare	Dillon	Female	30-34	Pulse Triathlon Club	3	0:15:58	0:01:42	0:17:39	0:38:49	0:00:52	0:22:45	1:20:05
132	228	10045420	James	Rohan	Male	50-54	Galway TC	2	0:15:46	0:02:40	0:18:22	0:40:43	0:00:51	0:20:21	1:20:22
133	322	10036694	Ronan	Currid	Male	30-34	Sligo Triathlon Club	1	0:13:20	0:02:01	0:18:03	0:39:17	0:01:18	0:24:27	1:20:22
134	263	10013991	Brendan	Naughton	Male	50-54	Limerick TC	2	0:17:42	0:01:52	0:18:07	0:39:18	0:01:10	0:20:28	1:20:30
135	165	10001193	Cathal	Roarty	Male	50-54	247 Triathlon Club	2	0:16:23	0:02:03	0:17:48	0:38:30	0:01:06	0:22:41	1:20:44
136	113	10055678	Tom	O'Dowd	Male	40-44		2	0:15:31	0:01:23	0:17:17	0:38:19	0:01:08	0:24:34	1:20:56
137	5	10031035	Lauren	Strange	Female	16-19		3	0:12:31	0:01:31	0:18:52	0:42:10	0:00:52	0:23:53	1:20:57
138	114	10057378	Bryan	Finnegan	Male	35-39		1	0:15:31	0:02:09	0:16:57	0:37:55	0:01:24	0:23:58	1:20:57
139	265	10052348	Pat	O brien	Male	50-54	Limerick TC	2	0:15:52	0:02:38	0:17:20	0:38:28	0:01:14	0:22:46	1:20:58
140	129	10059498	Paul	Nevin	Male	45-49		2	0:15:00	0:02:25	0:17:53	0:39:22	0:01:15	0:23:06	1:21:08
141	262	10029633	John	O connell;	Male	45-49	Limerick TC	2	0:15:55	0:02:04	0:18:49	0:41:28	0:00:42	0:21:00	1:21:10
142	247	10052734	Philip	Molloy	Male	45-49	Kilkenny TC	2	0:17:22	0:01:52	0:16:32	0:37:02	0:01:30	0:23:27	1:21:12
143	68	10057531	Peter	Keegan	Male	35-39		1	0:16:25	0:01:49	0:18:55	0:40:56	0:00:52	0:21:16	1:21:17
144	272	10009665	Carol	Duffy	Female	30-34	Liquid Motion TC	3	0:15:34	0:01:39	0:18:35	0:41:11	0:00:57	0:21:59	1:21:20
145	231	10003950	Andrew	Connaire	Male	35-39	Galway TC	1	0:15:05	0:01:33	0:18:37	0:40:09	0:01:08	0:23:32	1:21:26
146	373	10001129	Rosemary	Leith	Female	50-54	Wicklow TC	3	0:12:30	0:01:45		0:42:11	0:01:03	0:24:19	1:21:48
147	84	10057850	Oisin	Foden	Male	25-29		1	0:14:25	0:02:03	0:19:44	0:42:46	0:01:04	0:21:39	1:21:56
148	131	10040740	Peter	Mckeever	Male	45-49		2	0:15:06	0:03:33	0:17:26	0:38:37	0:01:20	0:23:22	1:21:57
149	97	10039357	Catrina	O donohoe	Female	40-44		3	0:14:48	0:01:37	0:20:18	0:43:00	0:00:51	0:21:48	1:22:04
150	155	10010394	Anthony	Feery	Male	40-44		2	0:15:33	0:01:49	0:17:51	0:39:44	0:01:23	0:23:44	1:22:13
151	305	10059528	Ronan	Higgins	Male	20-24	Predator TC	1	0:16:04	0:01:29	0:18:07	0:39:43	0:00:35	0:24:28	1:22:19
152	284	10013908	Nicholas	McCabe	Male	65-69	Midland TC	2	0:14:30	0:01:57	0:18:43	0:40:44	0:01:05	0:24:25	1:22:41
153	356	10000260	Deirdre	Walsh	Female	40-44	Trilogy Triathlon Club	3	0:14:23	0:01:49	0:18:08	0:40:19	0:01:21	0:25:07	1:22:59
154	95	10059071	Andrew	O'Connor	Male	40-44		2	0:14:55	0:02:27	0:19:31	0:43:22	0:01:03	0:21:19	1:23:06
155	134	10040091	Tara	Rhatigan	Female	25-29		3	0:15:58	0:02:00	0:19:30	0:42:48	0:00:52	0:21:37	1:23:15
156	163	10040932	Chloe	Lemahieu	Female	25-29		3	0:17:51	0:02:18	0:17:58	0:40:44	0:00:54	0:21:28	1:23:15
157	73	10058373	Jamie	Keogh	Male	40-44		2	0:16:00	0:02:03	0:18:13	0:40:19	0:01:03	0:23:55	1:23:20
158	217	10004010	Alison	Rooney	Female	50-54	Ennis Triathlon Club	3	0:14:29	0:01:28	0:19:13	0:42:20	0:01:01	0:24:03	1:23:20
159	308	10017841	Richard	Mills	Male	40-44	Pulse Triathlon Club	2	0:13:43	0:01:44	0:18:50	0:41:22	0:01:36	0:24:56	1:23:21
160	28	10057412	Eadaoin	O'Raw	Female	16-19	Northwest TC	3	0:11:19	0:01:59	0:19:55	0:44:16	0:00:42	0:25:08	1:23:23
161	377	10040062	Paraic	Raftery	Male	35-39		1	0:18:55	0:02:08	0:19:04	0:41:37	0:01:11	0:19:34	1:23:24
162	360	10015437	Ronan	O'brien	Male	50-54	Waterford TC	2	0:16:03	0:01:55	0:18:20	0:41:09	0:01:03	0:23:14	1:23:24
163	30	10048064	Eoin	Lahiff	Male	16-19		1	0:16:08	0:01:39	0:18:48	0:42:13	0:00:52	0:22:36	1:23:28
164	365	10053460	Carole	Fabby	Female	45-49	Westport Triathlon Club	3	0:13:49	0:01:53	0:19:15	0:42:18	0:01:27	0:24:03	1:23:31
165	109	10052700	Kevin	McGinley	Male	40-44		2	0:17:53	0:02:10	0:17:36	0:37:58	0:01:17	0:24:29	1:23:47
166	21	10059169	ZAKERI	MONAGHAN	Male	16-19		1	0:12:08	0:01:40	0:19:42	0:43:33	0:00:49	0:25:42	1:23:51
167	292	10049449	Barry	Moran	Male	35-39	Naas TC	1	0:16:21	0:01:24	0:19:06	0:41:40	0:01:06	0:23:31	1:24:03
168	376	10014910	Liam	Mannion	Male	40-44		1	0:18:07	0:01:55	0:17:52	0:38:26	0:01:12	0:24:28	1:24:07
169	279	10003774	Eva	McMorrow	Female	40-44	Midland TC	3	0:17:10	0:01:31	0:18:41	0:41:59	0:01:06	0:22:23	1:24:09
170	140	10016362	Joseph	Mac cabe	Male	55-59		2	0:15:49	0:02:20	0:18:52	0:41:25	0:01:26	0:23:14	1:24:14
171	368	10015898	Alan	Hyland	Male	25-29	Westport Triathlon Club	1	0:17:25	0:02:19	0:18:15	0:40:03	0:01:15	0:23:15	1:24:17
172	196	10000753	Frances	Buckley	Female	55-59	Cobh TC	3	0:14:01	0:01:55	0:18:57	0:42:12	0:01:03	0:25:12	1:24:22
173	139	10057289	Orla	Lonergan	Female	20-24		3	0:13:27	0:02:16	0:22:54	0:51:01	0:01:02	0:16:43	1:24:29
174	354	10046454	Peter	Heffernan	Male	20-24	Trilogy Triathlon Club	1	0:13:14	0:01:29	0:20:40	0:45:35	0:01:03	0:23:10	1:24:31
175	301	10026328	Dara	Lawlor	Male	40-44	Piranha TC	2	0:16:10	0:01:38	0:18:55	0:41:59	0:01:06	0:23:42	1:24:34
176	332	10038583	Tara	Byrne	Female	30-34	Tinahely TC	3	0:15:36	0:01:37	0:19:27	0:43:30	0:01:14	0:22:53	1:24:50
177	107	10059377	Roisin	Baker	Female	20-24		3	0:14:21	0:02:46	0:20:16	0:44:04	0:00:48	0:22:56	1:24:54
178	378	10002119	Martina	Colville	Female	50-54		3	0:16:52	0:01:21	0:18:44	0:41:17	0:00:53	0:24:38	1:25:00
179	86	10032765	Brian	Cullen	Male	35-39		1	0:16:35	0:02:14	0:18:33	0:40:58	0:01:36	0:23:38	1:25:01
180	397	10001665	Aoife	Fennell	Female	35-39		3	0:17:06	0:01:44	0:19:26	0:41:58	0:00:48	0:23:30	1:25:05
181	362	10055050	Kevin	O'Regan	Male	45-49	West Cork Tri Club	2	0:16:20	0:01:48	0:17:56	0:40:29	0:00:59	0:25:31	1:25:06
182	393	10052552	Cian	Cloonan	Relay	Relay	Team Cloonan	3	0:11:30	0:01:07	0:20:38	0:46:50	0:00:52	0:24:59	1:25:17
183	23	10036454	Ryan	Connolly	Male	16-19	Predator TC	1	0:13:17	0:01:40	0:17:53	0:39:54	0:00:43	0:29:53	1:25:28
184	347	10004874	Paul	Batty	Male	40-44	Tri Lakes TC	2	0:17:12	0:02:55	0:19:02	0:42:14	0:00:59	0:22:11	1:25:32
185	314	10052259	Michael	Gonda	Male	35-39	Pulse Triathlon Club	1	0:19:41	0:02:34	0:17:39	0:38:35	0:01:01	0:23:58	1:25:49
186	353	10002007	Susan	Wall	Female	35-39	Trilogy Triathlon Club	3	0:15:00	0:01:29		0:41:36	0:01:32	0:26:19	1:25:56
187	260	10043165	Angela	Robertson	Female	40-44	Limerick TC	3	0:17:17	0:01:33	0:18:47	0:41:08	0:00:58	0:25:13	1:26:09
188	216	10009454	Michael	Collins	Male	45-49	Ennis Triathlon Club	2	0:16:25	0:01:47	0:18:40	0:41:09	0:01:29	0:25:20	1:26:10
189	193	10001167	Orla	Foley	Female	40-44	Boru TC	3	0:16:47	0:01:31	0:20:06	0:44:18	0:00:51	0:22:52	1:26:19
190	343	10041702	Sinead	Joyce	Female	40-44	Tri Lakes TC	3	0:15:14	0:02:09	0:20:23	0:45:31	0:01:09	0:22:22	1:26:25
191	116	10056957	Joe	Simon	Male	35-39		1	0:21:18	0:02:42		0:39:01	0:01:34	0:21:50	1:26:25
192	218	10046660	Donal	Hartigan	Male	50-54	Ennis Triathlon Club	2	0:19:20	0:02:35	0:18:30	0:40:49	0:01:16	0:22:27	1:26:28
193	49	10053678	Brian	Foley	Male	30-34		1	0:18:10	0:02:43	0:18:41	0:40:54	0:01:21	0:23:22	1:26:30
194	209	10053284	Mark	Johnston	Male	40-44	Ennis Triathlon Club	2	0:15:53	0:02:22	0:19:06	0:42:32	0:01:05	0:24:42	1:26:34
195	52	10019185	Ciaran	Dalton	Male	30-34		1	0:13:23	0:01:47	0:19:29	0:44:09	0:01:19	0:26:01	1:26:39
196	316	10058316	Aine	Kelly	Female	25-29	Pulse Triathlon Club	3	0:15:41	0:02:21	0:20:11	0:44:59	0:01:06	0:22:45	1:26:51
197	87	10031083	Michael	Mcelligott	Male	30-34		1	0:16:23	0:02:20	0:18:33	0:40:52	0:01:51	0:25:27	1:26:52

198	299	10043112	Edwin	Rowan	Male	35-39	Piranha TC	1	0:20:26	0:01:51	0:19:18	0:41:59	0:00:57	0:21:40	1:26:53
199	194	10038360	Bill	Kelleher	Male	55-59	Cobh TC	2	0:19:00	0:02:19	0:18:21	0:39:16	0:01:24	0:24:57	1:26:56
200	206	10039031	Chris	Hackett	Male	30-34	Ennis Triathlon Club	1	0:19:54	0:01:42	0:18:33	0:40:12	0:01:25	0:23:46	1:26:58
201	258	10010099	Steve	Gleeson	Male	55-59	Limerick TC	2	0:17:40	0:03:12	0:19:01	0:41:41	0:01:06	0:23:20	1:26:59
202	215	10039195	Rachel	Lynch	Female	30-34	Ennis Triathlon Club	3	0:18:01	0:03:29	0:18:51	0:41:29	0:01:02	0:23:05	1:27:06
203	106	10029604	Donal	Thorp	Male	45-49		2	0:15:08	0:02:25	0:19:29	0:43:12	0:01:14	0:25:08	1:27:07
204	188	10032437	Ian	Connaughton	Male	45-49	Belpark TC	2	0:16:12	0:02:30	0:18:47	0:41:17	0:01:15	0:26:05	1:27:18
205	312	10045881	John	Keenan	Male	30-34	Pulse Triathlon Club	1	0:14:56	0:02:30	0:18:55	0:41:22	0:01:36	0:26:55	1:27:18
206	93	10036789	Debbie	Corcoran	Female	35-39		3	0:18:21	0:03:18	0:19:01	0:42:42	0:01:18	0:21:40	1:27:19
207	234	10009612	Fiona	Lyons	Female	40-44	Galway TC	3	0:15:05	0:01:49	0:19:48	0:43:53	0:01:00	0:25:52	1:27:39
208	154	10043261	Nicholas	Morahan	Male	45-49		2	0:14:29	0:01:43	0:18:24	0:40:17	0:01:16	0:29:58	1:27:43
209	108	10059390	Eoin	Bridgeman	Male	25-29		1	0:12:04	0:04:06	0:20:57	0:45:45	0:01:01	0:24:56	1:27:52
210	176	10046026	Karen	Reynolds	Female	35-39	Athlone TC	3	0:15:11	0:02:06	0:19:13	0:41:58	0:01:17	0:27:19	1:27:52
211	141	10057890	Annemarie	Carpenter	Female	30-34		3	0:15:51	0:02:52	0:20:21	0:44:54	0:01:23	0:22:58	1:27:58
212	43	10055159	Olivier	Le jannou	Male	45-49		2	0:15:29	0:01:55	0:18:39	0:41:26	0:01:08	0:28:04	1:28:02
213	395	10029480	Paula	O neill	Female	30-34		3	0:14:20	0:02:41	0:19:39	0:42:50	0:00:54	0:27:25	1:28:10
214	55	10055749	Brian	Hastings	Male	30-34		1	0:18:06	0:02:41		0:44:01	0:00:57	0:22:28	1:28:12
215	122	10002520	Edward	Evans	Male	50-54		2	0:17:58	0:02:11	0:18:38	0:41:27	0:01:46	0:24:51	1:28:13
216	138	10000394	Barry	D'arcy	Male	40-44		2	0:17:09	0:02:22	0:19:27	0:42:57	0:00:53	0:24:58	1:28:19
217	16	10052549	Niamh	Slattery	Female	16-19	Predator TC	3	0:13:28	0:01:30	0:21:00	0:47:08	0:00:42	0:25:46	1:28:35
218	197	10012223	Tina	Hayes	Female	40-44	Cobh TC	3	0:17:18	0:01:58	0:19:34	0:43:32	0:01:10	0:24:41	1:28:39
219	337	10040034	Claire	Cellarius	Female	45-49	Tri Lakes TC	3	0:17:37	0:01:59	0:19:46	0:44:03	0:01:20	0:23:45	1:28:43
220	302	10042327	Eoghan	Hanly	Male	40-44	Predator TC	2	0:15:55	0:01:46	0:18:58	0:42:08	0:01:02	0:28:36	1:29:26
221	369	10048065	Conor	Brady	Male	40-44	Wexford TC	2	0:18:20	0:03:41	0:19:30	0:43:20	0:00:49	0:23:27	1:29:35
222	349	10053818	Petrina	Mitchell	Female	40-44	Tri Lakes TC	3	0:17:19	0:02:44	0:20:03	0:44:37	0:01:16	0:23:39	1:29:36
223	153	10043262	Mark	Conroy	Male	35-39		1	0:14:21	0:01:49	0:20:36	0:46:16	0:00:59	0:26:13	1:29:37
224	59	10049951	John	Rushe	Male	35-39		1	0:21:02	0:01:57	0:19:39	0:43:30	0:01:16	0:21:57	1:29:43
225	268	10031563	Niamh	Yelverton	Female	50-54	Limerick TC	3	0:15:59	0:02:05	0:20:53	0:45:44	0:01:11	0:24:49	1:29:48
226	175	10049462	Carmel	Hughes	Female	40-44	Athlone TC	3	0:24:29	0:02:00	0:19:29	0:42:14	0:00:51	0:20:24	1:29:57
227	392	10059732	Eimear/Damian	Mckeon	Relay	Relay	Triple Whammy	3	0:17:07	0:01:26	0:21:39	0:48:47		0:22:39	1:29:58
228	328	10038377	John	Innes	Male	45-49	South Coast TC	2	0:16:24	0:02:03	0:19:26	0:43:45	0:01:23	0:26:41	1:30:17
229	380	10053672	Michael	Cantwell	Male	35-39		1	0:21:03	0:02:29	0:18:02	0:40:06	0:01:38	0:25:01	1:30:18
230	83	10045084	Noreen	Burke	Female	45-49		3	0:16:58	0:03:03	0:19:32	0:42:28	0:01:18	0:26:32	1:30:19
231	186	10004609	Jennifer	Hogan	Female	35-39	Belpark TC	3	0:18:28	0:02:02	0:19:38	0:44:02	0:01:30	0:24:19	1:30:21
232	245	10023220	Patrick	Melanophy	Male	40-44	Island TC	2	0:16:13	0:02:57	0:19:33	0:43:00	0:02:01	0:26:13	1:30:24
233	271	10030935	Jimmy	Hofler	Male	45-49	Limerick TC	2	0:16:55	0:01:35	0:20:49	0:45:18	0:00:55	0:25:44	1:30:27
234	336	10036623	Kellie	O'shaughnessy/burke	Female	40-44	Tri Lakes TC	3	0:17:52	0:02:07	0:19:21	0:43:03	0:01:19	0:26:12	1:30:33
235	152	10019179	Patrick	Fox	Male	50-54		2	0:23:51	0:02:21	0:18:00	0:39:58	0:00:41	0:23:46	1:30:37
236	145	10039094	Maurice	Barry	Male	40-44		2	0:17:04	0:02:33	0:19:59	0:44:50	0:00:48	0:25:28	1:30:43
237	242	10000629	Ray	Hickey	Male	40-44	GoTri TC	2	0:19:38	0:01:57	0:20:10	0:44:56	0:00:57	0:23:24	1:30:52
238	344	10004531	John	Higgins	Male	65-69	Tri Lakes TC	2	0:20:54	0:01:53	0:19:29	0:42:09	0:01:24	0:24:51	1:31:10
239	285	10055561	Stephen	Dunne	Male	50-54	Midland TC	2	0:16:08	0:02:17	0:20:03	0:44:22	0:01:22	0:27:03	1:31:11
240	119	10040382	Colette	Mcspadden	Female	30-34		3	0:20:27	0:01:53	0:20:24	0:45:15	0:00:41	0:23:00	1:31:17
241	67	10048282	David	Stewart	Male	40-44		2	0:19:49	0:02:02	0:20:49	0:43:48	0:00:46	0:24:52	1:31:17
242	310	10033184	Caoimhe	Kirwan	Female	20-24	Pulse Triathlon Club	3	0:17:25	0:02:01	0:20:01	0:43:46	0:01:22	0:26:45	1:31:18
243	143	10028262	Martin	Carroll	Male	60-64		2	0:16:54	0:02:02	0:20:59	0:46:33	0:01:03	0:24:55	1:31:27
244	326	10036265	Michelle	Mcgrath	Female	45-49	South Coast TC	3	0:16:05	0:02:47		0:47:21	0:01:21	0:24:07	1:31:42
245	230	10030401	Carmel	Coyne	Female	40-44	Galway TC	3	0:19:35	0:02:57	0:20:19	0:45:05	0:01:35	0:22:33	1:31:45
246	355	10001208	Denise	Murphy	Female	45-49	Trilogy Triathlon Club	3	0:19:37	0:02:18	0:19:03	0:42:34	0:00:57	0:26:18	1:31:45
247	35	10059725	Aoife	Thorpe	Female	16-19		3	0:13:55	0:03:25	0:22:52	0:49:21	0:00:57	0:24:11	1:31:48
248	159	10015291	Lisa	Burke	Female	40-44		3	0:19:09	0:02:13	0:20:25	0:45:37	0:01:26	0:24:05	1:32:30
249	121	10001889	Thomas	O'Donnell	Male	60-64		2	0:14:04	0:02:59	0:19:51	0:44:13	0:01:35	0:29:39	1:32:31
250	300	10043429	Aine	Burke	Female	25-29	Piranha TC	3	0:17:04	0:02:35	0:20:44	0:45:59	0:01:08	0:25:48	1:32:33
251	329	10053446	Colin	Brennan	Male	40-44	South Coast TC	2	0:20:59	0:02:45	0:20:38	0:44:15	0:01:23	0:23:47	1:33:09
252	391	10038978	Emer	Farrell	Relay	Relay	Farrell/Moran	3	0:17:24	0:01:38	0:19:58	0:44:34	0:00:50	0:28:47	1:33:11
253	170	10032892	Jim	Walsh	male	50-54	3D TC	2	0:20:27	0:02:09	0:19:15	0:42:36	0:01:04	0:26:56	1:33:12
254	92	10059022	Kate	Hastings	Female	30-34		3	0:21:11	0:03:11	0:20:18	0:45:11	0:00:53	0:22:56	1:33:22
255	189	10023288	Linda	Stewart	Female	30-34	Belpark TC	3	0:16:54	0:01:54	0:21:21	0:47:18	0:01:00	0:26:36	1:33:41
256	213	10054929	Vivienne	Lawless	Female	45-49	Ennis Triathlon Club	3	0:17:41	0:02:19	0:21:41	0:48:58	0:00:48	0:24:08	1:33:54
257	85	10058666	Alan	Kinahan	Male	35-39		1	0:24:12	0:03:21	0:19:30	0:43:36	0:01:20	0:21:26	1:33:55
258	132	10055699	Michael	Griffin	Male	65-69		2	0:18:47	0:02:46	0:20:05	0:43:54	0:01:38	0:26:53	1:33:57
259	200	10034901	Mark	Muldoon	Male	35-39	Cork TC	1	0:17:48	0:02:12	0:20:15	0:45:38	0:01:31	0:26:57	1:34:04
260	77	10024542	James	Duggan	Male	35-39		1	0:14:49	0:02:10	0:21:53	0:47:14	0:01:11	0:28:41	1:34:04
261	319	10052623	John	Forde	Male	40-44	Sligo Triathlon Club	2	0:19:05	0:02:50	0:20:06	0:44:58	0:01:31	0:25:43	1:34:08
262	396	10028094	Fiona	Fitzgerald	Female	35-39		3	0:16:29	0:02:06	0:22:13	0:48:46	0:01:00	0:25:48	1:34:09
263	98	10048789	Stephen	Behan	Male	30-34		1	0:21:28	0:02:48	0:20:43	0:45:49	0:00:37	0:23:27	1:34:09
264	130	10015368	Colman	Ledwith	Male	55-59		2	0:20:31	0:01:50	0:18:35	0:41:35	0:01:17	0:29:03	1:34:16
265	280	10014806	Sinead	Garvin	Female	30-34	Midland TC	3	0:19:47	0:02:05	0:21:01	0:46:05	0:01:14	0:25:05	1:34:16
266	180	10027283	Bernie	Dillon	Female	45-49	Athy TC	3	0:19:52	0:02:13	0:20:26	0:44:50	0:01:11	0:26:23	1:34:28
267	225	10057824	Thomas	Larkin	Male	60-64	Galway TC	2	0:10:48	0:03:56	0:20:32	0:46:19	0:02:24	0:31:02	1:34:28
268	24	10058945	Diarmuid	Kearns	Male	16-19		1	0:16:14	0:02:10	0:20:23	0:45:20	0:01:38	0:29:07	1:34:29
269	350	10027142	Patricia	Lulling	Female	35-39	Tri Lakes TC	3	0:16:41	0:02:34	0:20:51	0:46:52	0:01:54	0:26:28	1:34:29
270	64	10055746	Anne	Browning	Female	30-34		3	0:17:57	0:02:49	0:21:34	0:47:16	0:00:52	0:25:42	1:34:36
271	72	10051931	Jonathan	O'Connell	Male	40-44		2	0:17:39	0:03:41		0:47:04	0:01:53	0:25:00	1:35:17
272	325	10036263	Miah	Mcgrath	Male	45-49	South Coast TC	2	0:21:03	0:02:40	0:19:14	0:43:12	0:01:42	0:26:54	1:35:31
273	171	10052480	Rachael	Goggins	Female	30-34	Activmultisport TC	3	0:22:16	0:02:04	0:20:50	0:46:36	0:01:01	0:23:41	1:35:39
274	208	10053283	Antoinette	Johnston	Female	35-39	Ennis Triathlon Club	3	0:18:54	0:01:43	0:20:20	0:45:22	0:01:33	0:28:26	1:35:57
275	94	10057755	Olivia	Murray	Female	25-29		3	0:16:59	0:02:28	0:20:43	0:46:26	0:00:53	0:29:28	1:36:14
276	212	10036297	Frank	Nash	Male	55-59	Ennis Triathlon Club	2	0:18:37	0:04:54	0:19:21	0:43:20	0:02:00	0:27:28	1:36:18
277	372	10023466	Gerard	Mchugh	Male	55-59	Wicklow TC	2	0:17:11	0:03:01	0:19:50	0:43:51	0:02:04	0:30:28	1:36:34
278	150	10032724	Paul	Corrigan	Male	35-39		1	0:21:34	0:03:31	0:20:07	0:45:29	0:01:07	0:24:59	1:36:40
279	88	10048455	Hilda	Robinson	Female	30-34		3	0:25:26	0:03:34	0:19:52	0:43:25	0:00:45	0:23:31	1:36:41
280	323	10045774	Phil	Chidlow	Male	45-49	South Coast TC	2	0:18:42	0:02:40	0:20:35	0:45:52	0:01:26	0:28:02	1:36:42
281	144	10020512	Sharon	Hayden	Female	50-54		3	0:17:16	0:02:16	0:20:35	0:46:23	0:01:33	0:29:15	1:36:43
282	111	10044270	Philip	Magnier	Male	60-64		2	0:22:46	0:03:22	0:19:43	0:44:10	0:01:51	0:24:44	1:36:53
283	227	10044757	Laura	Darby	Female	35-39	Galway TC	3	0:19:46	0:02:31	0:20:24	0:45:23	0:00:50	0:28:30	1:37:00
284	66	10047527	Lorraine	Kirby	Female	40-44		3	0:22:32	0:02:48	0:20:10	0:44:16	0:01:27	0:26:14	1:37:17
285	331	10000976	Jim	Fitzharris	Male	60-64	T3 Triathlon Club	2	0:18:07	0:02:18	0:20:40	0:46:19	0:02:02	0:28:34	1:37:20
286	103	10030866	Derek	Fahey	Male	30-34		1	0:26:28	0:02:54	0:18:52	0:41:09	0:01:12	0:25:41	1:37:24
287	357	10039119	Sharon	Roche	Female	25-29	Trilogy Triathlon Club	3	0:15:13	0:02:47	0:21:26	0:47:38	0:01:09	0:30:38	1:37:25
288	82	10045180	Sylvia	O Brien	Female	40-44		3	0:18:55	0:02:41	0:19:56	0:45:16	0:01:13	0:29:21	1:37:25
289	338	10056187	Clodagh	Foley	Female	40-44	Tri Lakes TC	3	0:17:55	0:03:03	0:21:37	0:47:04	0:01:03	0:28:26	1:37:30
290	233	10036976	Aoifa	Coyne	Female	30-34	Galway TC	3	0:17:51	0:04:10	0:20:09	0:45:48	0:02:12	0:27:40	1:37:41
291	179	10053535	Mags	O Donnell	Female	45-49	Athlone TC	3	0:24:29	0:02:02	0:20:22	0:44:37	0:01:02	0:25:34	1:37:43
292	195	10037272	Ann	Kelleher	Female	55-59	Cobh TC	3	0:21:19	0:02:56	0:20:43	0:45:19	0:01:20	0:26:54	1:37:48
293	214	10048626	Yvonne	Pender	Female	30-34	Ennis Triathlon Club	3	0:21:30	0:02:35	0:21:07	0:46:40	0:01:22	0:25:49	1:37:56
294	76	10033658	Michael	Mcdonnell	Male	30-34		1	0:19:00	0:02:50	0:20:27	0:44:56	0:01:31	0:29:40	1:37:57
295	80	10052928	Gerard	Burke	Male	25-29		1	0:20:56	0:02:27	0:22:06	0:48:08	0:01:00	0:25:45	1:38:16
296	148	10029182	Caroline	Whiriskey	Female	35-39		3	0:20:11	0:03:37	0:23:23	0:52:26	0:01:11	0:20:52	1:38:16

297	220	10010844	Ruth	Naughton	Female	30-34	Galway TC	3	0:19:45	0:02:04	0:21:58	0:48:09	0:01:31	0:26:51	1:38:20
298	6	10057711	Aoife	Walsh	Female	16-19		3	0:17:42	0:02:11	0:22:33	0:49:40	0:00:42	0:28:15	1:38:30
299	276	10035481	Eileen	Maxwell	Female	45-49	Lough Key TC	3	0:18:32	0:03:11	0:21:58	0:48:59	0:01:17	0:26:46	1:38:44
300	286	10053800	Karen	McGouran	Female	40-44	Midland TC	3	0:20:52	0:02:06	0:21:27	0:47:11	0:00:47	0:27:53	1:38:49
301	105	10059386	PEADAR	O LAOIRE	Male	30-34		1	0:21:38	0:03:45	0:21:45	0:49:14	0:01:02	0:23:10	1:38:49
302	56	10056209	Jana	Heppner	Female	30-34		3	0:17:26	0:02:35	0:20:45	0:47:03	0:01:41	0:30:05	1:38:49
303	351	10038816	Noel	Curran	Male	25-29	Tri Lakes TC	1	0:20:09	0:04:30	0:21:18	0:47:13	0:02:08	0:24:58	1:38:58
304	9	10058167	Annmarie	Howard	Female	16-19		3	0:17:17	0:02:36	0:22:32	0:49:36	0:00:46	0:29:01	1:39:17
305	151	10058718	David	Moran	Male	25-29		1	0:21:29	0:03:25	0:21:12	0:47:27	0:01:10	0:25:53	1:39:25
306	27	10054688	Sarah	Burke	Female	16-19		3	0:18:13	0:01:41	0:22:29	0:49:55	0:00:41	0:28:54	1:39:25
307	36	10052525	Orla	Mc Dermott	Female	16-19		3	0:13:57	0:01:34	0:22:48	0:51:53	0:00:42	0:31:19	1:39:25
308	340	10056334	Jennifer	Baranyai	Female	35-39	Tri Lakes TC	3	0:19:26	0:04:05	0:21:52	0:49:16	0:00:58	0:26:19	1:40:04
309	173	10018678	Phillip	Dunne	Male	50-54	Athlone TC	2	0:22:26	0:02:59	0:21:12	0:47:16	0:01:13	0:27:08	1:41:02
310	75	10058460	Grace	Gleeson	Female	50-54		3	0:21:58	0:04:59	0:21:42	0:47:00	0:01:52	0:26:06	1:41:56
311	127	10052855	Adrienne	Daly	Female	30-34		3	0:17:18	0:02:16	0:23:33	0:53:57	0:00:44	0:27:52	1:42:08
312	104	10059084	Amy	O connor	Female	35-39		3	0:20:51	0:02:53	0:21:18	0:47:03	0:00:53	0:30:50	1:42:30
313	118	10057020	James	Tierney	Male	40-44		2	0:28:03	0:03:35	0:20:07	0:45:34	0:01:04	0:24:17	1:42:32
314	374	10000547	Karen	Malherbe	Female	35-39		3	0:16:45	0:02:21	0:23:27	0:52:48	0:00:58	0:30:00	1:42:52
315	57	10056232	Alan	Buggy	Male	30-34		1	0:19:01	0:02:27	0:23:17	0:50:55	0:01:29	0:29:10	1:43:02
316	222	10054236	Emer	Duffy	Female	35-39	Galway TC	3	0:19:49	0:04:09	0:22:54	0:50:31	0:00:48	0:28:35	1:43:52
317	339	10056183	Kevina	Divilly	Female	35-39	Tri Lakes TC	3	0:18:19	0:05:25	0:22:59	0:50:39	0:01:05	0:29:47	1:45:16
318	125	10058273	Fiona	Keenan	Female	30-34		3	0:19:48	0:03:25	0:22:20	0:50:06	0:01:44	0:30:19	1:45:21
319	60	10055299	Elaine	Coy	Female	30-34		3	0:20:29	0:03:27	0:23:27	0:52:30	0:01:35	0:27:47	1:45:47
320	79	10047869	Catriona	Grady	Female	40-44		3	0:17:39	0:02:45	0:23:26	0:52:05	0:01:51	0:31:40	1:45:59
321	330	10035219	Stephen	Devereaux	Male	50-54	South Coast TC	2	0:34:37	0:03:20	0:20:33	0:45:06	0:01:33	0:21:33	1:46:09
322	47	10055530	Angela	Roche	Female	40-44		3	0:23:39	0:02:30	0:21:53	0:49:09	0:01:07	0:29:58	1:46:22
323	123	10059507	Pat	Divilly	Male	25-29		1	0:20:30	0:03:19	0:21:18	0:54:55	0:00:51	0:27:01	1:46:36
324	341	10032906	Peter	Woods	Male	50-54	Tri Lakes TC	2	0:20:23	0:03:10	0:21:47	0:49:17	0:01:08	0:32:42	1:46:38
325	172	10049230	Celeste	O'regan	Female	40-44	Athlone TC	3	0:33:43	0:02:58	0:20:14	0:45:00	0:01:07	0:23:52	1:46:40
326	277	10049347	Toni	Mcglynn	Female	45-49	Lough Key TC	3	0:17:23	0:03:51	0:24:02	0:54:15	0:02:03	0:29:22	1:46:54
327	303	10047312	Finola	Brogan	Female	50-54	Predator TC	3	0:21:00	0:03:34	0:23:06	0:52:39	0:01:15	0:29:20	1:47:47
328	147	10059829	Kevin	O neill	Male	30-34		1	0:16:14	0:04:40	0:24:59	0:53:49	0:03:23	0:31:45	1:49:52
329	177	10045609	Anne	Naughton	Female	35-39	Athlone TC	3	0:18:19	0:02:43	0:24:19	0:54:18	0:01:07	0:34:20	1:50:46
330	240	10055476	Nicole	Byrnes	Female	20-24	GoTri TC	3	0:20:03	0:02:00	0:23:23	0:54:57	0:01:13	0:34:08	1:52:21
331	78	10020196	Keefsa	Dillon	Female	45-49		3	0:19:05	0:03:44	0:26:26	1:00:11	0:00:59	0:29:19	1:53:18
332	345	10054640	Gail	Molloy	Female	35-39	Tri Lakes TC	3	0:25:56	0:03:04	0:24:04	0:54:31	0:01:18	0:29:46	1:54:35
333	306	10047522	Ita	Flynn	Female	40-44	Predator TC	3	0:20:34	0:03:25	0:23:29	0:56:32	0:01:12	0:36:04	1:57:47
334	327	10043829	Finola	Brennan	Female	35-39	South Coast TC	3	0:20:35	0:02:36	0:24:57	0:56:18	0:01:13	0:37:15	1:57:56
335	205	10052281	Ciara	Burke	Female	30-34	Ennis Triathlon Club	3	0:20:41	0:02:55	0:23:39	0:55:47	0:01:10	0:37:53	1:58:26
336	90	10059034	Lorna	McKeon	Female	35-39		3	0:27:13	0:03:30	0:23:39	0:53:50	0:01:53	0:32:11	1:58:38
337	320	10044474	Michelle	Davitt	Female	40-44	Sligo Triathlon Club	3	0:20:16	0:03:43	0:25:18	0:59:09	0:01:23	0:35:58	2:00:29
338	358	10014272	Anne	Lynch	Female	40-44	Trilogy Triathlon Club	3	0:31:33	0:03:35	0:24:53	0:55:03	0:01:43	0:29:15	2:01:08
339	398	10059611	Teresa	Roche	Female	35-39		3	0:35:19	0:03:06	0:23:16	0:52:59	0:01:10	0:28:35	2:01:09
340	89	10058928	Jude	Coughlan	Female	45-49		3	0:21:25	0:07:37	0:28:20	1:04:30	0:01:35	0:32:07	2:07:14
	124	10004782	Garvin	Doherty	Male	40-44		2							DNF
	361	10001534	Christopher	Kearns	Male	45-49	West Clare TC	2	0:12:55	0:02:11					DNF
	252	10016614	John	Carey	Male	50-54	Kilkenny TC	2	0:18:46	0:01:25	0:16:18				DNF
	250	10002038	John	Molloy	Male	70-74	Kilkenny TC	2	0:39:56						DNF