

Lough Key Triathlon 2010
Provisional Results

Place	Bib	Name	Surname	Sex	AG	TI Licence	Club	Swim	T1	Cycle	T2	Run	Finish	Penalty	Total
1	264	Gavin	Noble	male	25-29			0:09:04 (1)	0:00:39	0:37:53 (4)	0:00:22	0:15:29 (1)	1:03:28		01:03:28
2	248	Connor	Murphy	male	25-29	TN1001767-1200		0:09:13 (2)	0:00:40	0:37:44 (3)	0:00:20	0:15:33 (2)	1:03:29		01:03:29
3	265	Mark	Nolan	male	30-34	TN1002411	Cork Tri Club	0:11:18 (7)	0:00:48	0:36:58 (1)	0:00:20	0:16:56 (4)	1:06:20		01:06:20
4	354	Joe	Lynch	male	30-34			0:12:08 (20)	0:00:56	0:37:40 (2)	0:00:24	0:17:07 (5)	1:08:15		01:08:15
5	41	David	Cahill	male	30-34	Sn1000560		0:11:17 (6)	0:00:51	0:40:01 (6)	0:00:28	0:18:34 (12)	1:11:10		01:11:10
6	304	DAVID	Richardson	male	20-24	SN0904379	Limerick	0:11:14 (5)	0:00:48	0:40:04 (7)	0:00:32	0:19:29 (37)	1:12:07		01:12:07
7	80	STEPHEN	Donnelly	male	20-24	Tn1003343-3648		0:11:52 (14)	0:00:56	0:39:44 (5)	0:00:27	0:19:24 (33)	1:12:23		01:12:23
8	183	Michael	Macken	male	45-49	TN1001785	Athlone	0:12:29 (24)	0:00:57	0:41:48 (22)	0:00:31	0:18:09 (9)	1:13:54		01:13:54
9	195	Eamon	Mc Andrew	male	30-34	TN1010370-3119	Sligo Tri Club	0:13:18 (44)	0:01:16	0:41:04 (11)	0:00:37	0:17:41 (7)	1:13:57		01:13:57
10	303	John	Reidy	male	JNR 16-19	JN1003551558	Athlone Tri Club	0:09:28 (3)	0:01:13	0:43:08 (56)	0:00:41	0:19:29 (35)	1:13:59		01:13:59
11	135	Gary	Higgins	male	30-34			0:11:38 (10)	0:00:58	0:43:30 (63)	0:00:30	0:17:28 (6)	1:14:04		01:14:04
12	255	Jarlah	Naughton	male	40-44	TN1005465	Athlone Tri Club	0:11:22 (8)	0:01:14	0:42:04 (29)	0:00:37	0:19:17 (29)	1:14:33		01:14:33
13	297	Paul	Reape	male	25-29	TN1002825	Liquid Motion	0:12:18 (22)	0:00:56	0:42:26 (38)	0:00:30	0:18:48 (19)	1:14:58		01:14:58
14	284	Jack	O'Reilly	Male	20-24	SN1012034-544		0:13:12 (41)	0:01:23	0:40:35 (8)	0:00:36	0:19:24 (32)	1:15:10		01:15:10
15	319	Gavin	Smullen	male	30-34			0:12:49 (30)	0:01:03	0:41:56 (25)	0:00:29	0:19:06 (24)	1:15:23		01:15:23
16	48	Colm	Casey	male	30-34			0:12:01 (16)	0:00:50	0:41:21 (16)	0:00:23	0:21:01 (82)	1:15:35		01:15:35
17	136	James	Hoare	male	25-29	SN1000337	Piranha	0:11:56 (15)	0:00:55	0:42:28 (40)	0:00:22	0:20:04 (52)	1:15:45		01:15:45
18	259	Iam	newman	male	30-34	tn1000472	tri an mhi	0:14:19 (83)	0:01:18	0:41:16 (15)	0:00:32	0:18:22 (10)	1:15:48		01:15:48
19	291	Barry	Phelan	male	35-39	TN1002897-3111	Galway Tri Club	0:14:05 (73)	0:01:13	0:41:57 (26)	0:00:39	0:18:35 (13)	1:16:29		01:16:29
20	355	Aoife	Lynch	female	30-34			0:11:51 (13)	0:00:46	0:43:41 (68)	0:00:28	0:19:48 (44)	1:16:34		01:16:34
21	32	Marc	Butler	male	30-34	TN1000308	Athlone	0:14:18 (81)	0:01:06	0:41:10 (13)	0:00:31	0:19:34 (40)	1:16:40		01:16:40
22	5	Bernard	Barrett	male	30-34	TN1005944	Liquid Motion	0:13:35 (55)	0:01:19	0:43:18 (59)	0:00:36	0:17:59 (8)	1:16:47		01:16:47
23	216	paul	mcgirr	male	35-39	TN1006551	Pulse	0:14:09 (78)	0:00:48	0:42:18 (35)	0:00:30	0:19:03 (23)	1:16:48		01:16:48
24	194	Alan	Maye	male	40-44	TN1001613	Midlands Tri Club	0:14:07 (75)	0:00:40	0:42:03 (28)	0:00:31	0:19:32 (38)	1:16:53		01:16:53
25	233	John	Mercer	male	30-34	TN1000075	Wicklow	0:14:23 (85)	0:01:02	0:41:30 (19)	0:00:30	0:19:34 (41)	1:16:59		01:16:59
26	184	Marcus	Madden	male	25-29	SN1009863	Athlone Tri Club	0:15:23 (128)	0:00:51	0:41:15 (14)	0:00:33	0:19:18 (30)	1:17:19		01:17:19
27	153	Paul	Kelly	male	30-34	TN1003973	3D Tri	0:13:56 (66)	0:01:09	0:43:02 (53)	0:00:37	0:18:37 (14)	1:17:22		01:17:22
28	209	Gareth	McCormack	male	35-39	TN1005353	Liquid Motion	0:14:41 (100)	0:01:03	0:41:34 (20)	0:00:32	0:19:33 (39)	1:17:23		01:17:23
29	313	Brian	Sexton	male	35-39	TN1005729-4083	Sligo Triathlon Club	0:14:19 (82)	0:01:08	0:42:35 (43)	0:00:34	0:18:48 (18)	1:17:24		01:17:24
30	160	Gerry	Kenny	male	45-49	TN1000565-1685	Setanta	0:15:44 (146)	0:01:08	0:40:51 (10)	0:00:47	0:19:47 (43)	1:17:30		01:17:30
31	339	Amy	Wolfe	female	25-29	TN1001757	Cork Tri Club	0:10:13 (4)	0:00:58	0:45:04 (94)	0:00:26	0:21:07 (89)	1:17:48		01:17:48
32	113	Micheal	Gaffey	male	25-29	Tn1005939		0:14:35 (96)	0:01:11	0:41:22 (17)	0:00:49	0:20:00 (49)	1:17:58		01:17:58
33	269	Stephen	O'Reilly	male	35-39	TN1011555-3984	Athlone Triathlon Club	0:14:13 (77)	0:01:19	0:41:53 (23)	0:00:40	0:19:58 (46)	1:18:03		01:18:03
34	17	Ronan	Bracken	male	40-44	TN1000066-1448	Mullingar Triathlon Club	0:13:16 (43)	0:00:53	0:42:39 (46)	0:00:33	0:20:45 (75)	1:18:07		01:18:07
35	180	Jonathan	lyons	male	25-29	TN1007952	Pulse Tri	0:14:26 (87)	0:01:04	0:41:23 (18)	0:00:38	0:20:37 (66)	1:18:08		01:18:08
36	131	Brian	Harvey	male	35-39	TN1000186		0:13:19 (45)	0:01:12	0:42:28 (41)	0:00:34	0:20:37 (65)	1:18:09		01:18:09
37	322	Gary	Swenarton	male	55-59	TN1000606	Peninsula	0:14:46 (104)	0:00:55	0:41:46 (21)	0:00:45	0:19:58 (48)	1:18:10		01:18:10
38	308	Eoin	Ryan	male	30-34	TN1001131	Athlone Triathlon Club	0:13:32 (54)	0:01:31	0:43:20 (60)	0:00:32	0:19:24 (34)	1:18:20		01:18:20
39	323	john	tighe	male	30-34			0:13:59 (69)	0:01:12	0:42:55 (51)	0:00:44	0:19:29 (36)	1:18:20		01:18:20
40	338	Leslia	Wilkinson	male	50-54	TN1003318-1971	Peninsula	0:15:52 (152)	0:00:59	0:42:22 (37)	0:00:32	0:18:38 (15)	1:18:24		01:18:24
41	192	Noel	Mason	male	40-44	TN1000205	Midland Triathlon Club	0:14:23 (84)	0:01:19	0:42:05 (30)	0:00:37	0:20:08 (54)	1:18:31		01:18:31
42	185	Jim	Maguire	male	45-49	TN1009908	Athlone	0:15:25 (131)	0:01:26	0:40:40 (9)	0:00:43	0:20:28 (59)	1:18:41		01:18:41
43	188	Cornelius	Marshall	male	35-39	TN1004395-2426	Cork	0:16:47 (186)	0:01:11	0:43:33 (65)	0:00:33	0:16:38 (3)	1:18:43		01:18:43
44	45	Mark	Caplitan	male	30-34	TN1003655-3243	Sligo Tri Club	0:12:23 (23)	0:01:08	0:43:41 (69)	0:00:33	0:21:04 (86)	1:18:50		01:18:50
45	116	Ben	George	male	35-39	TN1009557-2776	24/7 Letterkenny	0:13:21 (48)	0:01:01	0:43:07 (55)	0:00:29	0:20:54 (81)	1:18:51		01:18:51
46	162	eoghan	kevilhan	male	30-34	tn1004340	midland triathlon club	0:14:03 (71)	0:01:21	0:42:00 (27)	0:00:40	0:20:52 (79)	1:18:56		01:18:56
47	307	Charles	Russell	male	55-59	TN1008157-1085	Peninsula T C	0:13:48 (59)	0:01:04	0:42:35 (44)	0:00:42	0:20:52 (78)	1:19:01		01:19:01
48	305	Sinead	Roche	female	20-24	TN1000202	Midland Triathlon Club	0:12:07 (19)	0:00:45	0:44:31 (84)	0:00:28	0:21:15 (94)	1:19:06		01:19:06
49	54	john	connolly	male	30-34	sn1004582371	pulse	0:12:30 (26)	0:01:05	0:46:28 (127)	0:00:30	0:18:48 (20)	1:19:22		01:19:22
50	328	John	Walsh	male	35-39	TN1009075-2224	Midland Tri	0:12:06 (18)	0:01:05	0:44:25 (82)	0:00:42	0:21:24 (100)	1:19:42		01:19:42
51	3	Marcus	Allen	male	50-54	TN1009051-1981	Liquid Motion	0:15:22 (126)	0:01:05	0:42:08 (31)	0:00:41	0:20:27 (57)	1:19:42		01:19:42
52	75	Paul	Doherty	male	30-34			0:13:15 (42)	0:01:29	0:45:22 (103)	0:00:33	0:19:07 (26)	1:19:46		01:19:46
53	200	Damien	McSharry	male	40-44	TN1007124-2978	Sligo	0:15:46 (147)	0:01:23	0:42:31 (42)	0:00:57	0:19:15 (28)	1:19:51		01:19:51
54	281	Barbara	O'Hanrahan	female	40-44	TN1000088-1837	Belpark	0:11:39 (11)	0:01:09	0:45:10 (96)	0:00:36	0:21:28 (106)	1:20:02		01:20:02
55	219	Bernard	McGuinness	male	40-44	TN1001926	Liquid Motion	0:14:34 (94)	0:01:31	0:42:48 (50)	0:00:42	0:20:29 (60)	1:20:03		01:20:03
56	83	David	Downes	male	40-44	tn1011978	Sligo Tri club	0:12:52 (31)	0:01:41	0:43:57 (74)	0:00:42	0:20:54 (80)	1:20:06		01:20:06
57	58	Jason	Corbett	male	30-34			0:17:19 (196)	0:01:29	0:42:21 (36)	0:00:36	0:18:46 (17)	1:20:30		01:20:30
58	86	Jennifer	Duffy	female	30-34	TN1008107 8E 1019	3D	0:12:04 (17)	0:01:17	0:45:30 (108)	0:00:38	0:21:04 (84)	1:20:33		01:20:33
59	124	Gary	Greene	male	25-29	TN1009715-2788	Athlone	0:13:42 (58)	0:01:14	0:42:36 (45)	0:00:34	0:22:28 (136)	1:20:35		01:20:35
60	150	paucir	kelly	male	35-39	TN1000689	247 triathlon club	0:16:07 (164)	0:01:06	0:42:44 (48)	0:00:39	0:20:03 (50)	1:20:38		01:20:38
61	203	Jason	Mc Morrow	male	35-39	TN1012851-4813	sligo city	0:12:30 (25)	0:01:08	0:43:49 (73)	0:00:33	0:20:42 (70)	1:20:42	00:02:00	01:20:42
62	189	Patrick	Marshall	male	30-34			0:16:12 (169)	0:01:17	0:43:09 (57)	0:00:47	0:19:20 (31)	1:20:44		01:20:44
63	90	Tomas	Dunne	male	30-34	TN1000706	Wicklow	0:12:58 (34)	0:01:04	0:44:25 (83)	0:00:39	0:21:40 (113)	1:20:46		01:20:46
64	232	Ronan	Mesaly	male	35-39	TN1007718-3391	None	0:17:30 (201)	0:01:14	0:41:09 (12)	0:00:49	0:20:07 (53)	1:20:49		01:20:49
65	241	Damian	Muldoon	male	40-44	TN1004597	Predator	0:14:55 (108)	0:01:20	0:42:59 (52)	0:00:30	0:21:11 (90)	1:20:56		01:20:56
66	118	Paul	Giblin	male	35-39			0:16:22 (177)	0:01:23	0:43:45 (70)	0:00:50	0:18:49 (21)	1:21:09		01:21:09
67	277	Amy	O'Donovan	female	30-34			0:14:41 (101)	0:00:52	0:43:27 (62)	0:00:33	0:21:50 (116)	1:21:23		01:21:23
68	10	Padraig	Bhaird	male	25-29	TN1006278	Pulse	0:13:23 (49)	0:00:53	0:42:43 (47)	0:00:49	0:23:37 (168)	1:21:25		01:21:25
69	52	Eoin	Clarke	male	30-34	SN1008696	Midland Tri Club	0:14:17 (80)	0:01:21	0:45:24 (106)	0:00:31	0:19:53 (45)	1:21:25		01:21:25
70	300	Simon	Rees	male	35-39	TN1011635-4053		0:11:50 (12)	0:01:00	0:45:20 (102)	0:00:33	0:22:46 (149)	1:21:28		01:21:28
71	99	Alan	Fitzpatrick	male	30-34	tn1000603		0:15:15 (119)	0:01:22	0:43:45 (71)	0:00:45	0:20:27 (58)	1:21:34		01:21:34
72	201	kieran	mc gorry	male	40-44	TN1009491-2439		0:16:29 (179)	0:01:05	0:42:12 (33)	0:00:33	0:21:17 (96)	1:21:36		01:21:36
73	294	declan	rafferty	male	35-39			0:12:36 (27)	0:01:44	0:45:24 (107)	0:00:57	0:21			

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111	177 Ruth	Lynch	female	25-29	TN1005290-3362	Galway Tri Club	0:13:55 (63)	0:01:22	0:48:16 (155)	0:00:43	0:21:03 (83)	1:25:19	01:25:19
112	312 Keith	Scott	male	55-59	TN1000998		0:13:05 (37)	0:01:14	0:46:21 (123)	0:00:52	0:23:48 (175)	1:25:19	01:25:19
113	144 marie louise	johnston	female	35-39	tn1008912	midland tri club	0:12:53 (32)	0:01:28	0:47:54 (149)	0:00:34	0:22:37 (144)	1:25:26	01:25:26
114	207 Vera	McCool	female	45-49	TN1002211	Midland Triathlon Club	0:16:53 (188)	0:01:10	0:45:18 (99)	0:00:41	0:21:28 (104)	1:25:30	01:25:30
115	117 Eoin	George	male	30-34	TN1003903-925	Pulse	0:13:19 (46)	0:00:59	0:47:05 (136)	0:00:36	0:23:37 (167)	1:25:36	01:25:36
116	163 tom	kiely	male	40-44	TN1004168-1166	Athlone Tri Club	0:16:06 (162)	0:01:07	0:45:18 (98)	0:00:46	0:22:22 (131)	1:25:40	01:25:40
117	288 Aileen	O' Reilly	female	30-34	TN1011945-4289	Athlone Triathlon Club	0:14:37 (97)	0:01:09	0:45:20 (101)	0:00:52	0:23:43 (171)	1:25:40	01:25:40
118	64 Paul	Cullen	male	30-34			0:18:33 (217)	0:01:18	0:46:26 (126)	0:00:34	0:18:53 (22)	1:25:45	01:25:45
119	78 Adrian	Dolan	male	35-39	TN1005450-2301	Athlone Triathlon Club	0:16:37 (181)	0:01:50	0:44:20 (80)	0:00:48	0:22:12 (124)	1:25:47	01:25:47
120	200 kevin	mc glynn	male	45-49	tn1007949-952	donegal bay tri club	0:17:15 (193)	0:01:27	0:43:40 (67)	0:00:49	0:22:36 (142)	1:25:47	01:25:47
121	325 martha	van der Meulen	female	40-44		5701 sligo triathlon club	0:14:32 (91)	0:01:36	0:44:41 (87)	0:00:56	0:24:26 (185)	1:26:11	01:26:11
122	205 Nicholas	McCabe	MALE	55-59	TN1002860		0:14:47 (105)	0:01:37	0:46:24 (125)	0:00:52	0:22:32 (138)	1:26:11	01:26:11
123	121 Brian	Gill	male	35-39	TN1011845	sligo tri club	0:14:38 (98)	0:01:46	0:46:39 (130)	0:00:54	0:22:26 (132)	1:26:23	01:26:23
124	287 Graham	Parker	male	35-39	TN10007910-1077	247 Letterkenny	0:13:00 (35)	0:01:10	0:46:35 (129)	0:00:38	0:25:05 (197)	1:26:27	01:26:27
125	204 Darragh	Mc Shane	male	35-39	TN1009418		0:14:56 (109)	0:00:59	0:48:33 (164)	0:00:44	0:21:16 (95)	1:26:28	01:26:28
126	151 ROY	KELLY	male	30-34	AN1012470-5656	SLI TRI CLUB	0:17:52 (209)	0:01:25	0:47:12 (139)	0:00:54	0:19:06 (25)	1:26:30	01:26:30
127	6 Douglas	Bates	male	40-44	TN1000064	Midland Triathlon Club	0:13:25 (50)	0:01:12	0:45:39 (114)	0:00:58	0:25:20 (205)	1:26:34	01:26:34
128	320 Daire	Stephens	male	30-34	TN1002871 - 4473		0:15:26 (134)	0:01:35	0:45:54 (118)	0:01:03	0:23:38 (145)	1:26:36	01:26:36
129	249 Malachi	Murray	male	35-39	TN1005919-3945	Ennis	0:15:25 (133)	0:01:14	0:46:20 (122)	0:00:44	0:22:58 (155)	1:26:41	01:26:41
130	182 Joe	Macken	male	35-39	TN1008878-1719	Athlone Triathlon Club	0:19:55 (239)	0:00:55	0:42:14 (34)	0:00:47	0:22:58 (156)	1:26:50	01:26:50
131	85 Barry	Duffy	male	40-44	TN1009194-2310	Mullaghmore		0:17:04	0:45:33 (110)	0:00:39	0:23:40 (170)	1:26:56	01:26:56
132	132 Fabien	Heinen	male	35-39	TN1004375 - 1638	3dtri	0:16:15 (172)	0:01:30	0:48:59 (175)	0:00:38	0:19:37 (42)	1:26:58	01:26:58
133	165 mark	lacey	male	35-39	tn1007987	Wheelworx	0:18:46 (222)	0:01:22	0:44:56 (90)	0:00:41	0:21:23 (99)	1:27:09	01:27:09
134	7 Niall	Beggs	male	35-39	TN10021533517	None	0:16:09 (166)	0:01:33	0:47:19 (141)	0:00:34	0:21:38 (111)	1:27:13	01:27:13
135	55 eoghan	connolly	male	35-39	TN1002221	Pulse	0:16:47 (185)	0:01:08	0:45:15 (97)	0:00:46	0:23:20 (162)	1:27:16	01:27:16
136	43 Barry	Cannon	male	40-44	TN1001240-2256	MSC TRI	0:15:48 (149)	0:01:23	0:48:17 (157)	0:00:36	0:21:21 (98)	1:27:24	01:27:24
137	168 Sean	Leonard	male	30-34	TN1000480	Liquid Motion	0:14:48 (106)	0:01:10	0:47:39 (145)	0:00:34	0:23:26 (164)	1:27:38	01:27:38
138	53 Kieran	Coleman	male	35-39	TN10111636 - 3598	sligo tri club	0:16:00 (157)	0:01:49	0:48:33 (163)	0:00:48	0:20:29 (61)	1:27:39	01:27:39
139	218 Peter	McGorman	male	45-49			0:15:06 (114)	0:01:56	0:47:47 (147)	0:00:52	0:22:19 (127)	1:28:01	01:28:01
140	82 leonard	douglas	male	30-34			0:16:22 (176)	0:02:15	0:48:24 (160)	0:00:31	0:20:34 (63)	1:28:05	01:28:05
141	148 aidan	kegan	male	45-49	tn1000147		0:17:32 (202)	0:01:39	0:47:34 (144)	0:00:45	0:20:40 (69)	1:28:10	01:28:10
142	47 Stephen	Carty	male	30-34	TN1010659	Sligo Tri Club	0:17:58 (213)	0:01:02	0:45:45 (116)	0:00:36	0:22:56 (154)	1:28:17	01:28:17
143	317 John	Sinclair	male	45-49	TN1008776-1932	Four Masters tri.	0:14:16 (78)	0:01:10	0:48:00 (150)	0:00:38	0:24:32 (189)	1:28:37	01:28:37
144	279 Paul	O'Gara	male	35-39	TN1009310	Letterkenny 247	0:16:05 (161)	0:01:42	0:48:29 (161)	0:00:58	0:22:45 (102)	1:28:40	01:28:40
145	167 John	Lee	male	35-39	TN1004152-2892	Predator	0:15:09 (115)	0:02:06	0:48:38 (167)	0:01:10	0:21:39 (112)	1:28:42	01:28:42
146	69 Colm	Daly	male	55-59	TN1003081	Lanesboro Triathlon Club	0:12:47 (29)	0:01:36	0:49:26 (181)	0:01:04	0:23:58 (177)	1:28:51	01:28:51
147	174 Barry	Lynch	male	40-44	TN1000437-2906	n/a	0:16:20 (174)	0:01:23	0:47:52 (148)	0:00:49	0:22:29 (137)	1:28:54	01:28:54
148	42 Daragh	Callaghan	male	35-39	TN1012937-4843	N/A	0:15:39 (143)	0:01:06	0:48:44 (168)	0:00:36	0:22:54 (153)	1:28:59	01:28:59
149	164 Lasearian	Lacey	male	45-49	TN1004855-2878	Lough Key	0:17:52 (210)	0:01:41	0:47:09 (138)	0:00:53	0:21:27 (103)	1:29:02	01:29:02
150	141 jarlath	hynes	male	40-44	tn1001924	Donegal Bay	0:17:15 (194)	0:01:57	0:48:29 (162)	0:00:46	0:20:40 (68)	1:29:08	01:29:08
151	237 Niall	Moore	male	35-39	TN1012421-4556	Athlone Triathlon Club	0:14:29 (89)	0:01:05	0:47:32 (143)	0:01:16	0:24:54 (192)	1:29:17	01:29:17
152	292 Karl	Prendergast	male	35-39			0:16:15 (173)	0:01:33	0:49:14 (180)	0:00:56	0:21:28 (105)	1:29:26	01:29:26
153	311 Hazel	Scorer	female	30-34	TN1011351	Letterkenny247	0:16:04 (160)	0:01:19	0:48:49 (169)	0:00:37	0:22:38 (146)	1:29:27	01:29:27
154	147 Ray	Keegan	male	45-49	TN1002275	None	0:15:16 (120)	0:01:31	0:47:06 (137)	0:01:17	0:24:19 (183)	1:29:29	01:29:29
155	71 Lee	Davies	male	35-39	TN1011891-4188	None	0:17:41 (205)	0:01:22	0:45:35 (112)	0:00:43	0:24:11 (181)	1:29:31	01:29:31
156	282 Sharon	O'Hara	female	20-24	TN1003019	Liquid Motion	0:14:01 (70)	0:01:29	0:47:02 (135)	0:00:57	0:26:13 (215)	1:29:42	01:29:42
157	49 Ciaran	Clancy	male	25-29	TN4008176-112	MSC TRI	0:20:26 (245)	0:01:08	0:47:00 (133)	0:00:46	0:20:36 (64)	1:29:56	01:29:56
158	181 Eamon	MacFhionnlaioich	male	40-44	TN1000153	Pulse Triathlon Club	0:16:49 (187)	0:01:15	0:48:16 (156)	0:00:27	0:23:13 (159)	1:30:00	01:30:00
159	30 Chris	Burke	Female	40-44	TN 1002087-3561	Galway Tri Club	0:13:56 (65)	0:01:10	0:51:48 (203)	0:00:50	0:22:27 (133)	1:30:12	01:30:12
160	286 Eoin	O'Sullivan	male	30-34	100 4851 - 4294	Galway triathlon club	0:17:21 (197)	0:01:18	0:46:17 (121)	0:01:22	0:24:08 (179)	1:30:25	01:30:25
161	140 pat	hughes	male	40-44	tn1000334	liquid motion	0:15:29 (135)	0:01:55	0:49:04 (178)	0:01:33	0:22:47 (150)	1:30:48	01:30:48
162	356 Emer	Collins	female	30-34			0:17:34 (203)	0:01:29	0:48:33 (165)	0:01:08	0:22:08 (123)	1:30:53	01:30:53
163	126 David	Gunning	male	40-44	TN1012761-4714	sligo tri club	0:22:50 (266)	0:01:18	0:43:23 (61)	0:00:47	0:22:36 (141)	1:30:53	01:30:53
164	267 Catrina	O Donchoe	female	30-34	SN10329-484	Athlone Tri club	0:13:51 (62)	0:01:08	0:52:15 (205)	0:00:56	0:22:43 (147)	1:30:54	01:30:54
165	270 Neil	O'Brien	male	45-49	TN1000476-4560	None	0:15:49 (150)	0:02:28	0:46:59 (132)	0:00:40	0:25:07 (202)	1:31:04	01:31:04
166	227 nigel	mcnamara	male	35-39	tn1004842	athlone tri club	0:15:22 (127)	0:01:09	0:47:41 (146)	0:00:40	0:26:17 (217)	1:31:09	01:31:09
167	298 aidan	redahan	male	35-39	tn1005151-4050		0:13:12 (40)	0:01:33	0:49:02 (177)	0:00:56	0:26:28 (220)	1:31:12	01:31:12
168	111 Helen	French	female	35-39	TN100640-1027	Belpark	0:17:38 (204)	0:01:29	0:49:44 (186)	0:00:56	0:21:29 (108)	1:31:16	01:31:16
169	171 mark	loftus	male	35-39		liquidmotion.ie	0:21:21 (262)	0:01:23	0:48:09 (152)	0:00:43	0:20:03 (51)	1:31:40	01:31:40
170	34 Fergal	Byrne	male	30-34			0:15:38 (142)	0:02:29	0:50:17 (192)	0:00:26	0:22:53 (152)	1:31:42	01:31:42
171	36 richie	byrne	male	40-44			0:15:40 (144)	0:02:11	0:49:27 (182)	0:00:37	0:23:48 (174)	1:31:43	01:31:43
172	161 Donagh	Keon	male	40-44	TN1013096-4937	Mullaghmore	0:15:35 (139)	0:01:31	0:48:58 (173)	0:00:43	0:25:06 (201)	1:31:53	01:31:53
173	176 noel	lynch	male	40-44	tn0103369	247 letterkenny	0:19:09 (229)	0:02:13	0:48:56 (171)	0:00:43	0:21:06 (87)	1:32:06	01:32:06
174	22 Andy	Brennan	male	35-39	TN1013722		0:16:02 (158)	0:02:20	0:48:37 (166)	0:00:40	0:24:30 (188)	1:32:10	01:32:10
175	154 czarke	kelly	male	35-39	tn1009774-4234	sligo tri club	0:18:58 (225)	0:01:25	0:49:29 (183)	0:00:48	0:21:43 (114)	1:32:23	01:32:23
176	238 Declan	Moran	male	35-39		ATHLONE TRI CLUB	0:17:09 (191)	0:01:33	0:49:49 (188)	0:00:51	0:23:03 (157)	1:32:24	01:32:24
177	288 Gavin	Patton	male	40-44		SLIGO TRI	0:14:30 (90)	0:02:04	0:52:52 (215)	0:00:33	0:22:36 (143)	1:32:36	01:32:36
178	235 Noelle	Mollohan	female	30-34	TN1008775-1788	247 Letterkenny	0:16:02 (159)	0:01:09	0:50:37 (194)	0:00:35	0:24:30 (187)	1:32:53	01:32:53
179	1 Philip	Ahearn	male	40-44	TN1000281	Tri An Mhi	0:17:25 (198)	0:01:33					

Lough Key Triathlon 2010
Provisional Testults

222	326 Susan	Wall	female	30-34		TRILOGY	0:15:23 (130)	0:01:19	0:54:04 (224)	0:01:02	0:30:52 (256)	1:42:39	01:42:39
223	81 Mary	Doorly	female	30-34			0:19:28 (235)	0:01:59	0:52:38 (210)	0:00:29	0:28:24 (243)	1:42:58	01:42:58
224	100 Emer	Fitzpatrick	female	30-34	TN1008687-1583	Midland Tri Club	0:15:42 (145)	0:01:46	0:56:45 (238)	0:00:49	0:28:17 (242)	1:43:19	01:43:19
225	44 Paul	Cantwell	male	35-39	TN1005433	Athlone Tri Club	0:18:32 (216)	0:01:58	0:53:54 (223)	0:01:07	0:27:59 (237)	1:43:31	01:43:31
226	76 Gerard	Doherty	male	45-49			0:20:58 (255)	0:02:27	0:50:10 (191)	0:01:38	0:28:44 (245)	1:43:56	01:43:56
227	60 Sylvia	corcoran	female	35-39	TN1011897	midlandtri club	0:26:21 (270)	0:02:41	0:49:53 (189)	0:00:58	0:25:06 (200)	1:44:59	01:44:59
228	72 Sandra	Deery	female	30-34	tn1010424-2946	Sligo Triathlon Club	0:15:25 (132)	0:02:07	0:54:42 (228)	0:01:08	0:31:50 (261)	1:45:12	01:45:12
229	172 Silie	Loughrey	female	30-34	TN1006003 - 3831	3D triathlon	0:18:42 (219)	0:02:13	0:55:14 (231)	0:01:03	0:28:14 (241)	1:45:25	01:45:25
230	347 Sarah	Neary	relay	relay		Lough Key	0:22:02 (263)	0:00:48	1:01:05 (259)	0:00:50	0:18:44 (16)	1:43:29	00:02:00 01:45:29
231	240 Lilly	Muldoon	female	40-44	TN1004593	Predator	0:21:16 (260)	0:01:32	0:52:48 (213)	0:00:48	0:29:18 (248)	1:45:43	01:45:43
232	196 Louise	Mc Cann	female	30-34	TN1005827-2931	Wicklow Triathlon Club	0:15:23 (129)	0:02:18	1:00:10 (255)	0:01:21	0:26:58 (226)	1:46:10	01:46:10
233	170 Tara	Levins	female	30-34	tn1006516-3826	3d	0:21:09 (258)	0:01:55	0:56:55 (239)	0:00:58	0:25:18 (204)	1:46:16	01:46:16
234	257 Lorraine	Naughton	female	30-34			0:14:25 (86)	0:02:04	1:03:05 (264)	0:00:29	0:26:32 (222)	1:46:35	01:46:35
235	321 Liam	Stevens	male	45-49			0:18:48 (223)	0:01:46	0:55:01 (230)	0:01:20	0:29:40 (250)	1:46:35	01:46:35
236	96 Clare	Feerick	female	25-29			0:18:49 (224)	0:03:03	0:56:42 (237)	0:00:41	0:27:35 (231)	1:46:50	01:46:50
237	341 Charlies	Angels II	relay	relay			0:17:55 (212)	0:01:13	0:59:17 (247)	0:00:54	0:27:36 (232)	1:46:55	01:46:55
238	190 Suzanne	Martin	female	30-34	TN1012458	Wicklow Tri	0:20:49 (251)	0:01:47	1:01:23 (260)	0:00:29	0:22:28 (135)	1:46:56	01:46:56
239	315 Edel	Sheridan	female	35-39	1000889	Triamhhi	0:21:20 (261)	0:02:23	0:57:22 (241)	0:01:14	0:25:01 (196)	1:47:20	01:47:20
240	344 Clare Coffey	Austin O'Sullivan	relay	relay			0:20:23 (242)	0:01:18	0:59:56 (253)	0:00:56	0:25:00 (195)	1:47:33	01:47:33
241	70 claire	davidson	female	30-34			0:18:39 (218)	0:02:28	0:59:25 (249)	0:00:38	0:26:26 (219)	1:47:36	01:47:36
242	295 Paulina	Rajko-Nenow	female	25-29			0:20:39 (247)	0:02:11	0:57:31 (242)	0:00:37	0:26:50 (224)	1:47:47	01:47:47
243	260 Fionnuala	Ni Bhroin	female	35-39	TN1000668	Piranha	0:20:55 (254)	0:04:17	0:56:28 (236)	0:01:29	0:24:56 (193)	1:48:05	01:48:05
244	276 Iarlagh	O'Dea	female	30-34			0:14:41 (99)	0:02:40	1:01:48 (262)	0:00:53	0:28:07 (240)	1:48:10	01:48:10
245	4 Roy	Atkinson	male	40-44		TRILOGY	0:18:14 (215)	0:01:51	0:53:31 (221)	0:01:01	0:34:36 (268)	1:49:13	01:49:13
246	243 Yvonne	Mullany	female	30-34		Wicklow	0:20:40 (249)	0:01:39	1:01:01 (258)	0:00:23	0:26:00 (212)	1:49:43	01:49:43
247	139 Kayanne	Horgan	female	35-39			0:19:09 (228)	0:02:06	0:58:06 (244)	0:01:17	0:27:31 (229)	1:48:08	00:02:00 01:50:08
248	175 Shelley	Lynch	female	25-29	TN 1012065	Liquidmotion	0:17:19 (195)	0:01:40	1:00:08 (254)	0:00:57	0:30:12 (252)	1:50:16	01:50:16
249	349 Fiona	Keenan	relay	relay			0:17:58 (211)	0:01:08	1:00:25 (256)	0:00:45	0:30:06 (253)	1:50:18	01:50:18
250	24 Caroline	Brennan	female	45-49	TN1013906-5393		0:15:31 (136)	0:02:40	1:00:48 (257)	0:01:40	0:30:17 (254)	1:50:56	01:50:56
251	65 malachy	cullen	male	40-44			0:19:12 (231)	0:02:35	0:57:14 (240)	0:00:44	0:31:18 (259)	1:51:03	01:51:03
252	186 Liam	Mannion	male	35-39			0:22:41 (265)	0:03:29	0:55:56 (234)	0:01:38	0:27:50 (236)	1:51:34	01:51:34
253	46 Gillian	Carroll	female	30-34			0:21:10 (259)	0:02:40	0:58:20 (245)	0:00:43	0:30:30 (255)	1:53:23	01:53:23
254	120 Vincent	Gilgunn	male	50-54			0:19:26 (234)	0:02:41	0:59:21 (248)	0:00:37	0:32:37 (263)	1:54:42	01:54:42
255	101 Ian	Fitzpatrick	male	JNR 16-19			0:22:58 (267)	0:02:29	0:59:28 (251)	0:00:51	0:29:06 (246)	1:54:52	01:54:52
256	62 Colm	Costello	male	35-39			0:20:33 (246)	0:03:24	1:02:37 (263)	0:00:41	0:27:39 (235)	1:54:55	01:54:55
257	224 Brian	McMullin	male	40-44	3903	mulloughmore	0:31:04 (274)	0:01:57	0:55:27 (232)	0:00:51	0:25:44 (208)	1:55:03	01:55:03
258	337 Emmajo	Whitehead	female	30-34	TN1006755-3217	Midland Triathlon Club	0:15:17 (122)	0:02:19	1:05:32 (268)	0:00:43	0:31:14 (258)	1:55:05	01:55:05
259	33 Laura	Byrne	female	35-39	TN1010647	Wicklow	0:17:28 (199)	0:03:42	0:59:25 (250)	0:01:48	0:33:17 (264)	1:55:40	01:55:40
260	275 Ross	O'Daly	male	30-34			0:21:03 (257)	0:02:45	0:57:56 (243)	0:00:41	0:34:06 (267)	1:56:31	01:56:31
261	138 Aoife	Hoey	female	25-29			0:20:08 (240)	0:03:34	1:05:07 (267)	0:00:34	0:28:05 (239)	1:57:27	01:57:27
262	206 Jackie	McCann	female	40-44	tn1009913-2955		0:17:00 (190)	0:02:10	1:04:48 (266)	0:00:41	0:33:18 (265)	1:57:57	01:57:57
263	293 Mary	Quill Eglington	female	40-44		SLIGO TRI	0:24:17 (269)	0:02:27	0:59:17 (246)	0:00:50	0:31:41 (260)	1:58:32	00:02:00 02:00:32
264	193 Frank	Maxwell	male	40-44	TN1007289-3371		0:23:49 (268)	0:01:55	0:59:53 (252)	0:01:19	0:34:02 (266)	2:00:58	02:00:58
265	348 Sarah Carbery	Deirdre Durney	relay	relay			0:31:47 (275)	0:01:12	1:01:32 (261)	0:00:47	0:26:31 (221)	2:01:49	02:01:49
266	56 Aisling	Conroy	female	25-29			0:22:26 (264)			1:11:57	0:32:16 (262)	2:06:39	02:06:39
267	26 Maria	Brogan	female	20-24		liquid motion	0:15:59 (156)	0:02:07	1:10:46 (270)	0:00:33	0:37:20 (270)	2:06:45	02:06:45
268	130 Margaret	Hannon	female	40-44		midlandtri club	0:20:54 (253)	0:01:59	1:15:42 (272)	0:00:42	0:29:36 (249)	2:08:52	02:08:52
269	137 Anne	Hoey	female	50-54	one day licence		0:19:19 (232)	0:03:38	1:11:04 (271)	0:00:37	0:41:26 (271)	2:16:04	02:16:04
270	84 Eddie	Dowse	male	40-44			0:29:26 (272)	0:04:37	1:07:51 (269)			2:16:05	02:16:05
271	129 Rosaleen	Hannon	female	35-39	TN1010587-3728	midlandtri club	0:29:49 (273)	0:01:51				2:21:38	02:21:38
272	152 Judith	Kelly	female	30-34			0:21:00 (256)	0:04:30				2:25:50	02:25:50
	98 Mary	Fingleton	female	45-49		TRILOGY	0:26:39 (271)	0:02:44	1:04:00 (265)	0:00:41		DNF	DNF
	262 Mark	Nicholas	male	35-39	TN1003954-965	24-7 triathlon club	0:15:59 (155)	0:01:21	0:43:30 (64)	0:01:01		DNF	DNF
	51 Paul	Clarke	male	40-44	1006433-1486	Fingal Triathlon Club	0:16:10 (167)	0:01:25				DNF	DNF
	210 John	McCormack	male	30-34					0:42:45 (49)	0:01:39	0:22:13 (125)	DNF Swim	DNF Swim
	244 declan	mullany	male	35-39	tn00100900						0:37:15 (269)	DNF Swim	DNF Swim
	31 Paul	Burns	male	40-44		SLIGO TRI	0:17:45 (207)	0:01:56				DQ Abuse	DQ Abuse