

Place	Bib	Name	Surname	Sex	Cat	Run 1	Rank	Cycle	Rank	Run 2	Rank	Finish
1	122	Ruaidhri	Geraghty	male	Sen	0:19:21	(3)			0:37:21	(159)	0:56:43
2	89	John	Greaney	male	Sen	0:19:10	(2)	0:31:28	(4)	0:08:07	(3)	0:58:45
3	74	James	Ryan	male	Sen	0:19:03	(1)	0:32:49	(8)	0:07:36	(1)	0:59:27
4	120	Noel	Brady	male	Vet	0:21:54	(12)	0:29:54	(1)	0:08:48	(9)	1:00:36
5	132	Jimmy	Lawlor	male	Vet	0:20:52	(5)	0:31:11	(3)	0:08:37	(7)	1:00:40
6	121	Brendan	Conway	male	Sen	0:19:48	(4)	0:33:16	(13)	0:08:09	(4)	1:01:13
7	148	Ciaran	Clancy	male	Sen	0:21:03	(6)	0:32:00	(5)	0:08:12	(5)	1:01:14
8	7	Brian	McMorrow	male	Sen	0:22:27	(22)	0:30:36	(2)	0:09:21	(24)	1:02:24
9	8	Martin	Brennan	male	Sen	0:21:20	(9)	0:33:00	(10)	0:08:53	(12)	1:03:13
10	93	Keelan	McNamara	male	Sen	0:21:09	(7)	0:33:30	(15)	0:08:51	(11)	1:03:30
11	86	David	Delaney	male	Vet	0:21:55	(13)	0:32:51	(9)	0:09:08	(19)	1:03:54
12	157	Sean	McLaughlin	male	Sen	0:22:16	(20)	0:33:03	(11)	0:08:48	(10)	1:04:06
13	29	Morgan	Mchugh	male	Vet	0:22:36	(24)	0:32:17	(6)	0:09:47	(39)	1:04:41
14	170	Dylan	McGlynn	male	Jun	0:21:25	(10)	0:34:13	(19)	0:09:20	(23)	1:04:59
15	185	John	Mannion	male	Sen	0:21:15	(8)	0:36:47	(43)	0:07:54	(2)	1:05:57
16	38	paul	little	male	Sen	0:22:53	(30)	0:34:12	(18)	0:08:59	(16)	1:06:04
17	57	stephen	cowley	male	Sen	0:22:26	(21)	0:33:50	(17)	0:09:52	(44)	1:06:07
18	168	Mark	McDonagh	male	Sen	0:22:07	(14)	0:34:58	(23)	0:09:18	(22)	1:06:23
19	131	Shane	Markham	male	Sen	0:24:20	(52)	0:33:06	(12)	0:09:11	(20)	1:06:37
20	119	John	Lynch	male	Sen	0:22:13	(18)	0:36:25	(37)	0:08:44	(8)	1:07:23
21	149	John	Hastings	male	Jun	0:22:10	(16)	0:35:52	(33)	0:09:23	(25)	1:07:24
22	46	Ray	McNamara	male	Sen	0:22:48	(28)	0:35:24	(28)	0:09:37	(34)	1:07:49
23	145	Fergal	Owens	male	Sen	0:22:09	(15)	0:36:47	(42)	0:08:55	(14)	1:07:51
24	51	william	little	male	Sen	0:25:01	(60)	0:32:38	(7)	0:10:18	(57)	1:07:57
25	130	Paul	Joyce	male	Sen	0:24:01	(44)	0:33:43	(16)	0:10:17	(56)	1:08:01
26	177	Eamonn	Lyons	male	Vet	0:22:56	(31)	0:35:44	(30)	0:09:27	(28)	1:08:07
27	139	John	Mchugh	male	Sen	0:23:14	(33)	0:34:44	(21)	0:10:16	(55)	1:08:13
28	171	kieran	Towey	male	Vet	0:22:10	(17)	0:36:49	(44)	0:09:16	(21)	1:08:15
29	59	diarmuid	dunne	male	Sen	0:22:52	(29)	0:35:18	(26)	0:10:06	(51)	1:08:16
30	183	Pat	Ludden	male	Vet	0:23:33	(38)	0:35:41	(29)	0:09:06	(18)	1:08:20
31	81	alan	concanon	male	Sen	0:24:16	(50)	0:34:21	(20)	0:09:45	(36)	1:08:23
32	172	Fergal	Towey	male	Sen	0:23:07	(32)	0:36:24	(36)	0:08:54	(13)	1:08:25
33	178	Eamonn	McKeown	male	Vet	0:23:31	(36)	0:34:53	(22)	0:10:19	(58)	1:08:44
34	87	micheal	lyons	male	Sen	0:23:32	(37)	0:35:09	(25)	0:10:07	(53)	1:08:47
35	42	John	Regan	male	Sen	0:22:40	(26)	0:38:00	(57)	0:08:27	(6)	1:09:07
36	70	barry	freeman	male	Sen	0:23:22	(35)	0:35:48	(32)	0:10:01	(50)	1:09:10
37	160	Mike	Kelly	male	Vet	0:23:44	(40)	0:35:01	(24)	0:10:49	(81)	1:09:33
38	44	john	daly	male	Vet	0:24:43	(56)	0:35:19	(27)	0:09:35	(33)	1:09:36
39	28	Eoin	Waldron	male	Sen	0:24:15	(49)	0:36:10	(35)	0:09:57	(48)	1:10:22
40	127	Paul	Navin	male	Sen	0:23:40	(39)	0:37:47	(54)	0:09:27	(29)	1:10:54
41	85	Karl	Powderly	male	Sen	0:25:43	(68)	0:33:28	(14)	0:11:48	(113)	1:11:00
42	165	Anthony	Gallagher	male	Vet	0:22:15	(19)	0:39:19	(68)	0:09:30	(31)	1:11:04
43	63	David	Mellett	male	Sen	0:24:19	(51)	0:37:04	(48)	0:09:48	(41)	1:11:11
44	143	Barry	Gill	male	Sen	0:22:44	(27)	0:38:40	(65)	0:10:07	(52)	1:11:30
45	174	Kathleen	Barry	female	Vet	0:24:05	(47)	0:37:37	(52)	0:09:50	(42)	1:11:32
46	144	John	Sweeney	male	Sen	0:23:15	(34)	0:38:39	(63)	0:09:48	(40)	1:11:42
47	164	James	Jordon	male	Vet	0:25:08	(62)	0:35:56	(34)	0:10:46	(78)	1:11:50
48	173	David	Towey	male	Sen	0:22:38	(25)	0:39:56	(72)	0:09:46	(37)	1:12:21
49	58	declan	egan	male	Sen	0:25:06	(61)	0:36:29	(38)	0:10:55	(85)	1:12:31
50	105	Ronan	Byrne	male	Sen	0:25:10	(63)	0:37:57	(55)	0:09:28	(30)	1:12:34
51	175	PJ	Hall	male	Vet	0:24:03	(45)	0:38:53	(67)	0:09:42	(35)	1:12:38
52	94	Paula	Prendergast	female	Sen	0:22:29	(23)	0:41:11	(90)	0:09:00	(17)	1:12:40
53	155	Bill	Coyne	male	Vet	0:24:56	(58)	0:37:00	(47)	0:10:47	(80)	1:12:43
54	141	John	Jennings	male	Vet	0:25:31	(65)	0:36:53	(45)	0:10:22	(60)	1:12:45
55	138	Gary	Mchugh	male	Sen	0:24:36	(53)	0:37:44	(53)	0:10:32	(68)	1:12:52
56	140	Sean	Hearty	male	Vet	0:24:04	(46)	0:38:21	(60)	0:10:29	(66)	1:12:53
57	37	Joe	Gallagher	male	Vet	0:26:49	(90)	0:35:44	(31)	0:10:44	(75)	1:13:17
58	69	Tom	Normanly	male	Vet	0:26:02	(72)	0:36:37	(40)	0:10:46	(77)	1:13:24
59	186	Ger	O'Connor	male	Vet	0:25:38	(67)	0:38:40	(64)	0:09:32	(32)	1:13:50
60	83	Michael	Staunton	male	Vet	0:26:26	(82)	0:36:31	(39)	0:10:58	(88)	1:13:55
61	21	Richard	Bradley	male	Sen	0:25:45	(69)	0:37:31	(51)	0:10:43	(73)	1:13:59
62	123	Martin	Jennings	male	Vet	0:26:08	(74)	0:37:59	(56)	0:09:59	(49)	1:14:06
63	68	Frank	Kenny	male	Sen	0:24:09	(48)	0:40:35	(79)	0:09:24	(26)	1:14:08
64	45	Mark	Loughnane	male	Sen	0:24:45	(57)	0:39:49	(71)	0:09:46	(38)	1:14:20
65	135	Declan	Nolan	male	Sen	0:23:54	(42)	0:40:03	(73)	0:10:25	(62)	1:14:23
66	154	Mick	Murphy	male	Sen	0:26:01	(71)	0:38:01	(58)	0:10:34	(69)	1:14:37
67	26	cathy	mellett	female	Sen	0:26:32	(84)	0:37:18	(49)	0:10:55	(84)	1:14:45
68	39	Glenn James	Patterson	male	Sen	0:25:18	(64)	0:38:08	(59)	0:11:19	(100)	1:14:45
69	52	Walter	Lyons	male	Vet	0:27:10	(97)	0:36:41	(41)	0:11:09	(97)	1:15:00
70	163	Rob	Collins	male	Sen	0:26:35	(86)	0:37:29	(50)	0:10:59	(90)	1:15:03
71	36	Sean	Gallagher	male	Vet	0:27:31	(103)	0:36:59	(46)	0:11:27	(103)	1:15:57
72	113	Nicola	Forde	female	Sen	0:26:21	(79)	0:38:49	(66)	0:10:50	(82)	1:16:00
73	41	John	Coleman	male	Sen	0:23:58	(43)	0:42:20	(102)	0:09:53	(45)	1:16:10
74	152	Anne	Ronayne	female	Vet	0:24:59	(59)	0:40:48	(82)	0:10:30	(67)	1:16:16
75	116	Dermot	Hurley	male	Sen	0:25:32	(66)	0:40:14	(75)	0:10:57	(87)	1:16:42
76	187	Martin	Mullahy	male	Sen	0:26:46	(88)	0:39:36	(69)	0:10:43	(72)	1:17:04
77	11	martin	donnellan	male	Vet	0:27:17	(100)	0:38:32	(62)	0:11:56	(116)	1:17:45
78	104	George	Rahmani	male	Sen	0:27:23	(101)	0:40:04	(74)	0:10:21	(59)	1:17:47
79	32	aorann	ellison	male	Sen	0:21:29	(11)	0:47:28	(130)	0:08:58	(15)	1:17:55
80	126	Ray	Farrelly	male	Vet	0:26:34	(85)	0:39:47	(70)	0:11:36	(106)	1:17:57

81	128	John	Tierney	male	Vet	0:26:07	(73)	0:40:57	(85)	0:11:07	(95)	1:18:11
82	9	Darragh	Delaney	male	Sen	0:26:51	(91)	0:40:32	(77)	0:11:09	(96)	1:18:31
83	67	Kevin	O'Reilly	male	Sen	0:26:18	(76)	0:41:27	(93)	0:10:59	(89)	1:18:43
84	117	kieran	flynn	male	Sen	0:24:37	(54)	0:44:44	(115)	0:09:25	(27)	1:18:45
85	118	Brendan	Hurley	male	Sen	0:26:24	(81)	0:41:36	(94)	0:10:47	(79)	1:18:46
86	114	monica	Forde	female	Vet	0:26:27	(83)	0:41:53	(97)	0:10:26	(65)	1:18:47
87	107	Daire	Markham	male	Sen	0:26:59	(93)	0:41:21	(92)	0:10:45	(76)	1:19:05
88	129	Ger	Brennan	male	Vet	0:27:05	(95)	0:40:41	(80)	0:11:23	(101)	1:19:08
89	5	Edel	Pierce	female	Sen	0:26:58	(92)	0:40:42	(81)	0:11:57	(117)	1:19:37
90	84	Ray	Staunton	male	Vet	0:27:39	(106)	0:40:25	(76)	0:11:36	(105)	1:19:41
91	102	Denis	Naughten	male	Sen	0:27:29	(102)	0:41:42	(95)	0:10:43	(74)	1:19:54
92	167	Siobhan	Rogan	female	Sen	0:28:26	(117)	0:41:04	(87)	0:10:38	(71)	1:20:07
93	124	Sara	Creighton	female	Sen	0:27:40	(107)	0:40:49	(83)	0:11:40	(110)	1:20:09
94	23	martin	neary	male	Vet	0:26:19	(77)	0:42:48	(104)	0:11:25	(102)	1:20:33
95	64	Duncan	Sclare	male	Vet	0:28:51	(123)	0:40:53	(84)	0:10:51	(83)	1:20:36
96	71	martin	walsh	male	Vet	0:27:32	(104)	0:42:19	(101)	0:11:10	(99)	1:21:01
97	77	Yvonne	Rogan	female	Sen	0:28:38	(120)	0:41:02	(86)	0:12:03	(120)	1:21:43
98	6	Conor	Noaln	male	Sen	0:26:44	(87)	0:44:02	(110)	0:10:59	(92)	1:21:45
99	25	Eimear	Keane	female	Sen	0:27:34	(105)	0:44:02	(111)	0:10:11	(54)	1:21:47
100	181	Kevin	Donnellan	male	Sen	0:27:55	(109)	0:41:53	(98)	0:12:13	(123)	1:22:02
101	103	Chris	O'Connell	male	Vet	0:29:28	(133)	0:41:11	(89)	0:11:30	(104)	1:22:09
102	180	Brian	Golden	male	Sen	0:28:29	(119)	0:41:14	(91)	0:12:36	(129)	1:22:19
103	100	Mike	Mullaghy	male	Vet	0:28:54	(125)	0:40:33	(78)	0:12:59	(138)	1:22:26
104	147	Colum	Killeen	male	Vet	0:24:42	(55)			0:57:52	(160)	1:22:34
105	166	James	Veldon	male	Vet	0:26:48	(89)	0:44:05	(112)	0:11:42	(111)	1:22:35
106	24	Meabh	Keane	female	Sen	0:27:46	(108)	0:43:45	(106)	0:11:05	(94)	1:22:36
107	99	Noel	Jennings	male	Vet	0:28:25	(116)	0:43:47	(107)	0:10:35	(70)	1:22:46
108	55	padraic	mcvann	male	Vet	0:25:58	(70)	0:46:47	(125)	0:10:26	(64)	1:23:12
109	75	Chris	Jennings	male	Sen	0:27:12	(98)	0:43:57	(109)	0:12:18	(126)	1:23:27
110	101	mark	freeman	male	Sen	0:28:02	(111)	0:42:46	(103)	0:12:42	(134)	1:23:29
111	78	Eileen	Rogan	female	Sen	0:28:01	(110)	0:43:54	(108)	0:11:40	(109)	1:23:36
112	98	Noel	Stagg	male	Vet	0:28:50	(122)	0:42:18	(100)	0:12:58	(136)	1:24:06
113	158	David	O'Byrne	male	Vet	0:30:22	(137)	0:41:55	(99)	0:12:15	(125)	1:24:32
114	125	lan	Kennedy	male	Vet	0:28:03	(112)	0:45:27	(120)	0:11:09	(98)	1:24:40
115	49	ciaran	commons	male	Sen	0:27:13	(99)	0:47:59	(135)	0:09:51	(43)	1:25:03
116	61	sean	Murphy	male	Vet	0:28:24	(115)	0:45:07	(118)	0:11:48	(114)	1:25:19
117	80	Larry	Tiernan	male	Sen	0:27:04	(94)	0:46:34	(123)	0:11:54	(115)	1:25:32
118	40	hazel	cooney	female	Sen	0:28:43	(121)	0:43:20	(105)	0:13:36	(147)	1:25:39
119	97	James	Regan	male	Sen	0:26:23	(80)	0:48:24	(136)	0:10:59	(91)	1:25:46
120	91	Gerry	Sheridan	male	Vet	0:31:27	(145)	0:41:07	(88)	0:13:18	(144)	1:25:52
121	22	Brendan	Costello	male	Vet	0:30:11	(135)	0:44:28	(113)	0:12:13	(124)	1:26:52
122	88	Donal	Moran	male	Vet	0:28:20	(113)	0:46:48	(126)	0:11:58	(118)	1:27:06
123	48	Seamus	O'Dowd	male	Vet	0:33:27	(155)	0:41:43	(96)	0:12:23	(127)	1:27:33
124	92	John	Horan	male	Vet	0:30:10	(134)	0:44:29	(114)	0:13:09	(140)	1:27:48
125	153	John	Fox	male	Vet	0:27:05	(96)	0:49:57	(139)	0:10:56	(86)	1:27:58
126	115	Hugh	Mulryan	male	Jun	0:28:26	(118)	0:47:40	(132)	0:12:06	(121)	1:28:12
127	106	Joanne	Walsh	female	Sen	0:29:16	(131)	0:46:38	(124)	0:12:30	(128)	1:28:24
128	108	Shannon	Grace	female	Jun	0:28:59	(128)	0:47:15	(128)	0:12:11	(122)	1:28:25
129	134	Sean	Cronin	male	Sen	0:30:44	(140)	0:44:45	(116)	0:13:11	(141)	1:28:40
130	162	Owen	Mohgan	male	Vet	0:23:44	(41)	0:55:12	(152)	0:09:55	(46)	1:28:51
131	142	Sean	Boyle	male	Vet	0:28:56	(126)	0:47:56	(134)	0:13:13	(143)	1:30:06
132	176	Ann Marie	Lyons	female	Sen	0:28:22	(114)	0:50:02	(140)	0:11:58	(119)	1:30:22
133	156	Tim	Gallagher	male	Sen	0:26:17	(75)	0:53:51	(151)	0:10:26	(63)	1:30:34
134	133	Sharon	McKeown	female	Sen	0:30:46	(141)	0:46:03	(122)	0:13:49	(148)	1:30:37
135	10	Sinead	Tiernan	female	Sen	0:30:58	(142)	0:46:58	(127)	0:12:48	(135)	1:30:45
136	184	JP	Hughes	male	Sen	0:30:13	(136)	0:47:43	(133)	0:13:12	(142)	1:31:08
137	137	Deirdre	Lawless	female	Sen	0:31:01	(143)	0:47:32	(131)	0:12:40	(131)	1:31:13
138	15	Dee	Slattery	female	Sen	0:31:12	(144)	0:47:21	(129)	0:12:41	(132)	1:31:14
139	16	Veronica	Burke Woods	female	Vet	0:29:09	(129)	0:51:24	(144)	0:11:40	(108)	1:32:13
140	56	angela	mcvann	female	Vet	0:29:11	(130)	0:51:27	(145)	0:11:46	(112)	1:32:24
141	50	seamus	commons	male	Sen	0:32:05	(150)	0:45:54	(121)	0:14:31	(153)	1:32:30
142	43	Marylee	Wall	male	Sen	0:28:53	(124)	0:52:54	(150)	0:11:02	(93)	1:32:49
143	109	Kayleigh	Grace	female	Jun	0:28:57	(127)	0:52:16	(147)	0:11:37	(107)	1:32:50
144	169	Paul	Regan	male	Sen	0:26:21	(78)	0:56:41	(155)	0:10:23	(61)	1:33:25
145	150	Pat	McLaughlin	male	Vet	0:29:26	(132)	0:51:46	(146)	0:12:41	(133)	1:33:52
146	151	Caitlin	Woods	female	Vet	0:31:50	(147)	0:49:06	(137)	0:12:58	(137)	1:33:54
147	159	Esther	Coleman	female	Sen	0:30:27	(139)	0:50:25	(141)	0:13:50	(149)	1:34:42
148	161	Caoimhe	Casby	female	Sen	0:30:25	(138)	0:50:27	(142)	0:13:51	(150)	1:34:42
149	182	Liam	McDonnell	male	Vet	0:46:55	(160)	0:38:30	(61)	0:09:56	(47)	1:35:21
150	3	Doireann	Markham	female	Sen	0:32:03	(148)	0:50:58	(143)	0:13:06	(139)	1:36:06
151	90	Noel	Cribben	male	Vet	0:33:22	(154)	0:49:42	(138)	0:13:27	(145)	1:36:30
152	95	michael	mc namara	male	Vet	0:38:34	(158)	0:45:03	(117)	0:15:40	(155)	1:39:17
153	96	thomas	mc loughlin	male	Vet	0:38:35	(159)	0:45:08	(119)	0:15:35	(154)	1:39:18
154	79	Linda	Rogan	female	Sen	0:33:07	(153)	0:52:50	(149)	0:13:34	(146)	1:39:31
155	136	Mary	Veldon	female	Vet	0:32:04	(149)	0:56:13	(154)	0:12:38	(130)	1:40:55
156	111	Mags	Connell	female	Sen	0:31:40	(146)	0:58:32	(156)	0:13:53	(151)	1:44:05
157	73	Mags	Murphy	female	Sen	0:36:14	(156)	0:52:40	(148)	0:16:51	(157)	1:45:46
158	72	Ger	Murphy	male	Sen	0:33:00	(152)	0:55:53	(153)	0:17:03	(158)	1:45:57
159	62	sinead	commons	female	Sen	0:32:53	(151)	1:01:34	(158)	0:14:00	(152)	1:48:28
160	33	Bernadette	Smyth	female	Vet	0:36:39	(157)	0:59:48	(157)	0:15:58	(156)	1:52:25