

Place	Bib	Name	Club	Sex	Cat	Swim	Rank	T1	Cycle	Rank	T2	Run	Rank	Finish	Pen	Total
1	87	Ian Farrell	Base 2 Race / Pulse	M	30-34	0:30:16	(5)	0:01:10	2:20:33	(1)	0:01:03	1:31:30	(8)	4:24:31		4:24:31
2	34	anthony j o brien	cork tri club	M	45-49	0:32:51	(18)	0:01:25	2:29:38	(4)	0:01:27	1:31:02	(6)	4:36:23		4:36:23
3	43	Brian A Sexton	Sligo Tri Club	M	35-39	0:33:47	(32)	0:01:07	2:26:10	(2)	0:01:31	1:34:54	(14)	4:37:29		4:37:29
4	11	alan patrick tiernan		Relay	Relay	0:38:26	(95)	0:01:02	2:33:46	(9)	0:00:50	1:24:26	(2)	4:38:30		4:38:30
5	148	Niall McCabe	Setanta Tri Club	M	40-44	0:36:14	(57)	0:01:53	2:34:53	(10)	0:01:23	1:31:13	(7)	4:45:36		4:45:36
6	79	Fergal Henry	Sligo Tri Club	M	40-44	0:31:40	(11)	0:01:08	2:32:49	(8)	0:01:05	1:41:03	(19)	4:47:45		4:47:45
7	4	Bernard Jennings		Relay	Relay	0:36:17	(59)	0:01:24	2:51:10	(59)	0:00:53	1:18:07	(1)	4:47:52		4:47:52
8	175	Sean Fox	Activ Multisport	M	35-39	0:32:44	(16)	0:02:04	2:39:38	(24)	0:01:09	1:32:34	(10)	4:48:09		4:48:09
9	129	Liam Williams	wicklow/base2race	M	50-54	0:35:19	(41)	0:01:02	2:37:29	(16)	0:01:03	1:33:47	(12)	4:48:39		4:48:39
10	112	Johnny Ward	Predator Triathlon Club	M	25-29	0:37:27	(83)	0:01:58	2:31:21	(5)	0:01:53	1:36:24	(15)	4:49:03		4:49:03
11	102	John Greaney	Team Collinamuck	M	25-29	0:33:44	(30)	0:01:33	2:40:14	(25)	0:01:09	1:33:13	(11)	4:49:53		4:49:53
12	201	Tamara Maxantova	Base 2 Race	F	30-34	0:35:28	(44)	0:01:12	2:37:16	(15)	0:01:18	1:34:43	(13)	4:49:57		4:49:57
13	183	shane scadding	Waterford Triathlon Club	M	45-49	0:31:17	(9)	0:01:18	2:45:12	(36)	0:01:39	1:30:35	(5)	4:50:01		4:50:01
14	7	Tomas Lynn	Liquid Motion	Relay	Relay	0:27:56	(3)	0:00:46	2:36:56	(14)	0:00:59	1:43:54	(28)	4:50:30		4:50:30
15	155	paul dunne	liquid motion	M	40-44	0:32:01	(14)	0:00:56	2:27:33	(3)	0:01:16	1:52:41	(53)	4:54:28		4:54:28
16	59	Cornelius Marshall		M	35-39	0:40:31	(114)	0:01:47	2:42:49	(29)	0:01:38	1:27:58	(3)	4:54:43		4:54:43
17	151	Noel Ryan Ryan	Tipperary Tri Club	M	35-39	0:35:37	(49)	0:01:40	2:38:37	(18)	0:01:27	1:37:34	(17)	4:54:55		4:54:55
18	58	Conor P Griffin	Predator	M	35-39	0:31:30	(10)	0:01:30	2:32:23	(7)	0:02:00	1:50:22	(48)	4:57:45		4:57:45
19	5	Mark Kelly	Lough Key Tri Club	Relay	Relay	0:31:47	(12)	0:00:53	2:52:47	(67)	0:01:02	1:31:38	(9)	4:58:07		4:58:07
20	179	Sean Richard Mc Loughlin	Westport tri club	M	30-34	0:36:19	(60)	0:01:54	2:39:10	(22)	0:01:21	1:40:48	(18)	4:59:32		4:59:32
21	145	mick summerville	tri an mhi	M	35-39	0:33:19	(24)	0:02:33	2:53:01	(69)	0:02:42	1:29:18	(4)	5:00:53		5:00:53
22	114	Julian Grimes	Triangle	M	40-44	0:37:07	(72)	0:02:14	2:44:55	(34)	0:01:36	1:36:43	(16)	5:02:36		5:02:36
23	180	Sebastian Wojs	Cork Tri Club	M	30-34	0:37:18	(80)	0:01:38	2:39:29	(23)	0:01:09	1:43:54	(29)	5:03:29		5:03:29
24	126	Liam Breheny	Swinford Tri Sports	M	35-39	0:37:07	(71)	0:02:16	2:38:42	(19)	0:01:18	1:46:31	(36)	5:05:54		5:05:54
25	57	Conall Murphy	Piranha	M	30-34	0:33:19	(25)	0:01:34	2:46:32	(41)	0:01:15	1:44:08	(30)	5:06:48		5:06:48
26	65	david egan	Cork Triathlon Club	M	45-49	0:33:26	(27)	0:02:45	2:47:34	(44)	0:02:04	1:41:59	(20)	5:07:49		5:07:49
27	3	edel hunt	Sligo tri club	Relay	Relay	0:33:46	(31)	0:00:36	2:32:06	(6)	0:00:43	2:01:59	(77)	5:09:10		5:09:10
28	74	Diarmuid Meldon		M	20-24	0:35:17	(40)	0:03:48	2:43:43	(31)	0:01:16	1:46:38	(37)	5:10:42		5:10:42
29	25	Alan Gavin		M	35-39	0:35:44	(52)	0:01:29	2:47:28	(43)	0:01:13	1:45:15	(33)	5:11:09		5:11:09
30	53	Ciaran McKenny	Northwest Triathlon Club	M	45-49	0:33:48	(33)	0:02:20	2:48:37	(51)	0:01:38	1:44:54	(32)	5:11:16		5:11:16
31	39	brendan ryder		M	40-44	0:33:17	(22)	0:01:21	2:38:43	(20)	0:01:31	1:57:19	(65)	5:12:10		5:12:10
32	136	Mark Mc Manus	Trilogy	M	35-39	0:37:34	(88)	0:01:16	2:38:03	(17)	0:01:12	1:54:17	(60)	5:12:22		5:12:22
33	36	BARRY DINSMORE	North west tri club	M	35-39	0:33:49	(34)	0:02:33	2:51:07	(58)	0:01:53	1:43:29	(25)	5:12:51		5:12:51
34	154	Patrick Marshall	Trilogy	M	35-39	0:40:43	(119)	0:02:02	2:45:06	(35)	0:01:57	1:43:12	(24)	5:13:01		5:13:01
35	109	John Paul Sweetman		M	30-34	0:35:57	(54)	0:02:07	2:49:24	(54)	0:02:16	1:43:47	(26)	5:13:30		5:13:30
36	63	Darren Quigley	Piranha Tri	M	30-34	0:46:54	(144)	0:02:34	2:39:03	(21)	0:02:27	1:42:35	(22)	5:13:33		5:13:33
37	75	Diarmuid O Conchubhair	Trisport	M	25-29	0:37:10	(75)	0:01:35	2:34:57	(11)	0:01:13	2:00:23	(72)	5:15:18		5:15:18
38	169	Rob Lennon		M	30-34	0:40:13	(112)	0:01:59	2:36:11	(12)	0:01:31	1:57:47	(69)	5:17:41		5:17:41
39	73	Dessie Duffy		M	40-44	0:39:32	(104)	0:02:29	2:45:38	(38)	0:02:05	1:48:43	(40)	5:18:27		5:18:27
40	111	Johnny Walsh	Sligo Tri Club	M	35-39	0:39:06	(98)	0:03:01	2:50:05	(55)	0:02:31	1:43:47	(27)	5:18:30		5:18:30
41	23	Aiden Campbell		M	40-44	0:37:37	(89)	0:02:10	2:47:44	(46)	0:01:51	1:50:53	(49)	5:20:15		5:20:15
42	135	Mark Conneely		M	35-39	0:39:28	(102)	0:03:12	2:46:26	(40)	0:01:51	1:50:14	(46)	5:21:10		5:21:10
43	10	Padraig Owens	Belpark	Relay	Relay	0:33:42	(29)	0:00:51	3:03:15	(106)	0:00:49	1:42:48	(24)	5:21:25		5:21:25
44	150	Nigel O'Brien	Limerick	M	35-39	0:30:59	(8)	0:02:37	2:52:49	(68)	0:02:34	1:52:41	(53)	5:21:40		5:21:40
45	54	Colm Hawe	Galway Triathlon Club	M	30-34	0:40:41	(118)	0:01:09	2:42:34	(28)	0:01:07	1:57:24	(68)	5:22:55		5:22:55
46	26	Alan McDonnell	Liquid Motion	M	30-34	0:41:36	(127)	0:02:04	2:52:35	(66)	0:01:12	1:45:53	(34)	5:23:19		5:23:19
47	90	Jacinta O'Duffy	Galway Tri Club	F	30-34	0:38:13	(92)	0:01:25	2:50:07	(56)	0:01:48	1:52:14	(51)	5:23:47		5:23:47
48	195	Trevor McSharry	Sligo Tri Club	M	35-39	0:33:38	(28)	0:03:11	2:48:08	(49)	0:01:35	1:57:22	(66)	5:23:55		5:23:55
49	101	John Doyle		M	40-44	0:37:27	(84)	0:03:04	2:40:53	(26)	0:02:05	2:02:37	(81)	5:26:05		5:26:05
50	147	Neil Turley	Piranha TC	M	35-39	0:36:06	(56)	0:02:58	2:51:11	(60)	0:01:44	1:54:43	(62)	5:26:42		5:26:42
51	176	Seamus Walsh	Tri Lakes TC	M	45-49	0:34:45	(36)	0:02:49	2:58:50	(91)	0:02:30	1:49:02	(41)	5:27:55		5:27:55
52	72	Des O'Brien	Piranha	M	35-39	0:40:38	(116)	0:02:01	2:55:20	(76)	0:01:44	1:49:14	(42)	5:28:58		5:28:58
53	9	Brendan McHugh		Relay	Relay	0:48:23	(152)	0:01:20	2:48:00	(48)	0:01:35	1:49:46	(44)	5:29:04		5:29:04
54	125	Leo Gavin	Swinford Tri Sports	M	35-39	0:54:19	(180)	0:02:15	2:42:04	(27)	0:01:38	1:49:40	(43)	5:29:55		5:29:55
55	139	Martin Manning	Liquid Motion	M	40-44	0:35:19	(42)	0:02:14	2:52:28	(65)	0:02:01	1:57:57	(70)	5:29:59		5:29:59
56	47	cheryl kathleen cardwell	Triangle Tri Club	F	40-44	0:37:12	(76)	0:01:40	2:53:05	(71)	0:01:29	1:57:23	(67)	5:30:48		5:30:48
57	127	Liam Collins	Galway Triathlon Club	M	30-34	0:35:22	(43)	0:03:25	3:04:26	(107)	0:02:25	1:46:07	(35)	5:31:45		5:31:45
58	116	Keith Mc Quillan	Belpark	M	30-34	0:35:33	(47)	0:02:45	2:48:44	(52)	0:02:47	2:02:26	(79)	5:32:16		5:32:16
59	177	Sean Conroy	Amphibian King	M	40-44	0:40:18	(113)	0:01:17	2:44:02	(32)	0:02:35	2:04:28	(87)	5:32:39		5:32:39
60	124	Leigh Ferris	Tri Lakes TC	M	20-24	0:35:40	(50)	0:05:11	2:58:02	(87)	0:04:14	1:50:07	(45)	5:33:15		5:33:15
61	24	Alan French		M	35-39	0:35:51	(53)	0:02:16	2:49:09	(53)	0:02:45	2:03:35	(86)	5:33:37		5:33:37
62	76	Domhnall James Roche		M	25-29	0:40:00	(110)	0:02:35	2:59:01	(93)	0:02:24	1:50:15	(47)	5:34:15		5:34:15
63	138	martin busher	west clare tri	M	45-49	0:39:15	(99)	0:03:00	2:55:15	(75)	0:01:43	1:55:03	(63)	5:34:16		5:34:16
64	189	Stephen Branagan		M	30-34	0:32:47	(17)	0:01:43	2:45:26	(37)	0:01:42	2:12:56	(109)	5:34:35		5:34:35
65	166	ray kerrane		M	35-39	0:37:14	(77)	0:02:59	2:36:51	(13)	0:01:30	2:16:06	(118)	5:34:40		5:34:40
66	141	Mer Lulling	Tri Lakes Triathlon Club	M	35-39	0:32:06	(15)	0:02:14	2:47:39	(45)	0:01:26	2:11:52	(107)	5:35:17		5:35:17
67	96	Jamie Olden		M	35-39	0:34:44	(35)	0:01:30	2:56:18	(78)	0:02:12	2:00:44	(73)	5:35:28		5:35:28
68	99	Joe Kenny	Midland Tri Club	M	25-29	0:38:54	(97)	0:01:40	2:48:33	(50)	0:01:34	2:04:54	(88)	5:35:35		5:35:35
69	172	Ronan O'Reilly	Lisburn TC	M	35-39	0:40:07	(111)	0:02:07	2:51:41	(62)	0:02:38	1:59:48	(71)	5:36:21		5:36:21
70	88	Ian Michael O gorman	Carlingford	M	50-54	0:46:47	(141)	0:01:58	2:58:01	(85)	0:01:24	1:48:32	(39)	5:36:42		5:36:42
71	153	Pat Burke	Galway Triathlon Club	M	45-49	0:36:23	(61)	0:03:59	3:07:10	(113)	0:02:26	1:46:53	(38)	5:36:51		5:36:51
72	199	william little	lough key	M	25-29	0:38:39	(96)	0:01:49	3:02:12	(102)	0:01:21	1:53:32	(58)	5:37:33		5:37:33
73	115	Keith Galbraith		M	30-34	0:39:20	(100)	0:02:53	3:08:55	(120)	0:01:57	1:44:34	(31)	5:37:39		5:37:39
74	60	damian donohue	tri an mhi	M	40-44	0:47:58	(150)	0:02:40	2:53:03	(70)	0:02:08	1:51:54	(50)	5:37:42		5:37:42
75	194	tommy kerrigan	north west triathlon club	M	45-49	0:43:15	(133)	0:03:13	2:53:39	(73)	0:02:56	1:56:01	(64)	5:39:04		5:39:04
76	12	Maggie Vahey	Predator Triathlon Club	Relay	Relay	0:33:04	(19)	0:01:03	3:22:24	(139)	0:00:49	1:42:09	(21)	5:39:29		5:39:29
77	167	Richard Hart		M	40-44	0:37:02	(68)	0:03:12	2:43:38	(30)	0:02:08	2:14:				

95	142	Michael O'Brien		M	35-39	0:36:27	(62)	0:05:02	2:59:40	(95)	0:04:18	2:07:38	(97)	5:53:06	5:53:06
96	82	Gary Friel		M	30-34	0:39:57	(108)	0:02:35	3:17:13	(133)	0:01:52	1:52:24	(52)	5:54:01	5:54:01
97	156	Paul Keogan	Liquid Motion	M	45-49	0:42:03	(128)	0:04:20	3:02:30	(104)	0:02:51	2:02:46	(82)	5:54:30	5:54:30
98	198	William Fitzpatrick	TRILOGY	M	40-44	0:35:15	(39)	0:03:49	2:52:24	(64)	0:02:03	2:16:28	(119)	5:49:59	5:54:59
99	123	Lee Guy		M	30-34	0:35:43	(51)	0:05:42	2:57:22	(82)	0:04:15	2:12:27	(108)	5:55:29	5:55:29
100	46	Cezary Lubinski	Liquid Motion	M	30-34	0:48:33	(153)	0:02:59	2:44:51	(33)	0:02:53	2:16:31	(120)	5:55:46	5:55:46
101	77	Eamonn Kennedy	Liquid Motion	M	50-54	0:41:06	(124)	0:03:01	2:57:48	(84)	0:02:06	2:13:38	(111)	5:57:39	5:57:39
102	196	Val Ann Vaughan	Cork tri Club	F	30-34	0:42:54	(131)	0:01:51	3:17:59	(136)	0:01:40	1:53:39	(59)	5:58:03	5:58:03
103	108	John Joe higgins	Trilakes Triathlon Club	M	65-69	0:51:35	(157)	0:01:51	2:57:07	(81)	0:01:40	2:07:00	(95)	5:59:14	5:59:14
104	170	Romuald germe	ennis Triathlon	M	35-39	0:39:59	(109)	0:02:00	3:01:12	(99)	0:01:48	2:14:44	(114)	5:59:43	5:59:43
105	159	paul andrew doyle	trilogy	M	45-49	0:37:25	(81)	0:01:43	2:59:51	(96)	0:02:26	2:19:32	(128)	6:00:56	6:00:56
106	33	Anne Watt		F	45-49	0:37:33	(87)	0:02:52	2:58:04	(88)	0:01:51	2:20:40	(130)	6:00:59	6:00:59
107	98	Jim Vaughan	Galway Triathlon Club	M	45-49	0:39:29	(103)	0:03:01	3:07:16	(114)	0:01:58	2:09:30	(101)	6:01:13	6:01:13
108	27	Alan Stephens	Western Lakes CC	M	40-44	0:37:06	(70)	0:03:04	3:02:28	(103)	0:03:21	2:15:31	(116)	6:01:30	6:01:30
109	191	Steven Hannick	Liquid Motion	M	40-44	0:37:12	(146)	0:04:31	2:57:33	(83)	0:02:57	2:11:15	(105)	6:03:27	6:03:27
110	40	Brendan Scanlon		M	35-39	0:42:51	(130)	0:03:46	2:56:23	(79)	0:02:00	2:19:41	(129)	6:04:41	6:04:41
111	62	damiem cosgrove	Tri-Lakes	M	40-44	0:35:29	(45)	0:02:51	3:30:49	(144)	0:03:02	1:53:02	(55)	6:05:13	6:05:13
112	31	Andrew Goodwin		M	40-44	0:37:28	(85)	0:02:44	3:17:56	(135)	0:01:45	2:06:08	(92)	6:06:01	6:06:01
113	190	Steve Michael Grace	Liquid Motion	M	40-44	0:36:06	(55)	0:04:47	3:13:59	(127)	0:04:35	2:06:52	(93)	6:06:19	6:06:19
114	100	John Callanan		M	40-44	0:38:20	(93)	0:03:56	3:10:11	(123)	0:02:48	2:13:38	(110)	6:08:54	6:08:54
115	103	john kenny		M	50-54	0:30:45	(6)	0:04:30	3:15:33	(131)	0:02:41	2:17:11	(121)	6:10:41	6:10:41
116	133	Lukey Walsh		M	30-34	0:34:53	(38)	0:02:09	3:07:51	(117)	0:01:51	2:24:46	(136)	6:11:31	6:11:31
117	193	suzie Mc Walter	trilakes triathlon club	F	40-44	0:38:26	(94)	0:03:32	3:08:34	(118)	0:05:09	2:16:02	(117)	6:11:44	6:11:44
118	37	Barry McIntyre	Piranha	M	45-49	0:36:16	(58)	0:04:09	3:01:56	(100)	0:02:41	2:26:59	(138)	6:12:02	6:12:02
119	128	Liam Egan	galway Tri Club	M	45-49	0:37:30	(86)	0:02:37	3:06:31	(111)	0:02:18	2:23:17	(133)	6:12:14	6:12:14
120	158	Paul McCormack		M	35-39	0:39:54	(107)	0:02:43	3:04:38	(108)	0:02:15	2:23:36	(134)	6:13:06	6:13:06
121	157	paul mc erlain	triangle tri -club	M	45-49	0:40:53	(123)	0:04:28	3:06:29	(110)	0:03:11	2:18:37	(123)	6:13:37	6:13:37
122	174	Sara Creighton		F	35-39	0:34:45	(37)	0:03:25	3:07:16	(115)	0:04:38	2:24:12	(135)	6:14:16	6:14:16
123	187	Sinead Conneally	Westport tri club	F	30-34	0:47:47	(149)	0:01:53	3:11:34	(125)	0:02:19	2:11:25	(106)	6:14:58	6:14:58
124	92	James Carroll	Setanta tri club	M	40-44	0:51:19	(156)	0:03:40	3:07:50	(116)	0:02:24	2:11:00	(104)	6:16:12	6:16:12
125	163	peter cassidy	swinford tri sport	M	25-29	0:46:56	(145)	0:04:33	3:15:19	(129)	0:02:44	2:10:35	(103)	6:20:06	6:20:06
126	131	louis j walsh	swinford tri swinford	M	55-59	0:49:46	(155)	0:03:27	3:13:54	(126)	0:02:50	2:10:09	(102)	6:20:06	6:20:06
127	118	Kevin Shannon	Galway Tri Club	M	25-29	0:36:59	(66)	0:02:11	3:14:47	(128)	0:02:29	2:28:29	(139)	6:24:55	6:24:55
128	66	David Keane	Carrick Rowing Club	M	35-39	0:41:12	(125)	0:03:34	3:17:43	(134)	0:04:28	2:18:30	(122)	6:25:28	6:25:28
129	143	Michaela Black		F	40-44	0:40:39	(117)	0:03:54	3:18:11	(137)	0:04:09	2:18:50	(125)	6:25:41	6:25:41
130	130	lorraine nelson		F	40-44	0:40:47	(120)	0:04:22	3:16:02	(132)	0:05:25	2:19:10	(126)	6:25:46	6:25:46
131	152	orla kearney	Liquid Motion	F	35-39	0:43:12	(132)	0:04:03	3:29:33	(142)	0:02:29	2:07:20	(96)	6:26:37	6:26:37
132	149	Nigel Martin		M	45-49	0:44:57	(137)	0:03:21	3:02:49	(105)	0:03:36	2:32:45	(143)	6:27:27	6:27:27
133	192	susan m kelly	fangallians ac	F	45-49	0:35:35	(48)	0:02:14	3:31:18	(145)	0:02:08	2:18:49	(124)	6:30:04	6:30:04
134	85	gerry a cullen	fangallians ac	M	45-49	0:47:19	(147)	0:03:35	3:11:09	(124)	0:03:02	2:25:00	(137)	6:30:04	6:30:04
135	48	Chris Rogers		M	45-49	0:35:32	(46)	0:05:23	3:08:58	(121)	0:04:54	2:37:07	(144)	6:31:54	6:31:54
136	97	Jean O'Connor	Galway City Harriers	M	30-34	0:52:59	(159)	0:02:13	3:27:54	(141)	0:01:41	2:09:29	(100)	6:34:15	6:34:15
137	186	Sighe Burke	Galway Triathlon club	F	25-29	0:37:16	(79)	0:01:56	3:29:47	(143)	0:04:05	2:22:56	(132)	6:36:00	6:36:00
138	89	Irene Grace Ralston	Tralee Triathlon Club	F	35-39	0:43:18	(134)	0:04:29	3:31:48	(147)	0:06:09	2:13:52	(112)	6:39:43	6:39:43
139	132	Lucy Collins	Galway Triathlon Club	F	30-34	0:39:51	(106)	0:02:42	3:25:38	(140)	0:03:10	2:30:13	(140)	6:41:34	6:41:34
140	122	LAWRIE JOHNSTON		M	55-59	0:47:26	(148)	0:05:37	3:31:41	(146)	0:03:06	2:15:23	(115)	6:43:17	6:43:17
141	86	Hugh Egan	liquid motion	M	35-39	0:41:25	(126)	0:02:44	3:07:06	(112)	0:03:09	2:49:32	(150)	6:43:56	6:43:56
142	137	Mark t Neilon	trilogy	M	35-39	0:51:46	(158)	0:03:24	3:08:55	(119)	0:03:46	2:39:37	(146)	6:47:28	6:47:28
143	1	Frances Doherty		Relay	Relay	0:43:46	(136)	0:00:58	3:56:37	(152)	0:01:18	2:04:55	(89)	6:47:35	6:47:35
146	94	JAMES MORRISON	NORTHWEST TRIATHLON CLUB	M	50-54	0:45:16	(138)	0:03:13	3:09:52	(122)	0:03:01	2:48:21	(149)	6:49:43	6:49:43
144	84	Gavin J Curran	North west	M	35-39	0:48:48	(154)	0:03:45	3:15:22	(130)	0:01:49	2:39:58	(147)	6:49:43	6:49:43
145	164	Peter Joesph Mc Camphill	Northwest Triathlon Club	M	50-54	0:40:52	(122)	0:03:31	3:19:12	(138)	0:02:56	2:43:11	(148)	6:49:43	6:49:43
147	121	Kinny Bolton		M	40-44	0:33:08	(20)	0:03:51	3:38:40	(151)	0:03:27	2:32:29	(142)	6:51:35	6:51:35
148	165	Ray Foley		M	40-44	0:39:38	(105)	0:03:04	3:32:50	(149)	0:03:16	2:39:09	(145)	6:57:57	6:57:57
149	120	Kim Scott	Galway	F	40-44	0:45:21	(139)	0:05:03	3:32:22	(148)	0:10:25	2:31:07	(141)	7:04:19	7:04:19
150	68	Denise Cahill		F	35-39	0:58:24	(161)	0:06:10	3:33:07	(150)	0:04:38	2:58:25	(151)	7:40:45	7:40:45
	171	Ronan Byrne	Activ Multisport	M	25-29	0:37:05	(69)	0:06:01	2:53:21	(72)				DNF	
	6	Micheal Loftus		Relay	Relay	0:37:09	(74)	0:01:02	2:55:52	(77)				DNF	
	8	donal m mahon	Tribal Force	Relay	Relay	0:25:12	(1)	0:00:53						DNF	
	61	Damien Brehony	Lough Key Tri Club	M	35-39	0:27:51	(2)	0:07:23						DNF	
	44	Caoimhe Ni Mhurchu	Sligo	F	35-39	0:28:01	(4)	0:01:03						DNF	
	146	Neil O'Brien		M	40-44	0:32:00	(13)							DNF	
	110	Johnny Betts		M	30-34	0:33:18	(23)	0:01:18						DNF	
	2	eileen gorry	midland tri club	Relay	Relay	0:36:51	(64)	0:00:56						DNF	
	42	Brian Clancy	Galway tri club	M	40-44	0:37:15	(78)	0:02:53						DNF	
	182	Shane O'Brien		M	25-29	0:42:26	(129)	0:03:54						DNF	
	30	Andrew Connaire		M	35-39	0:43:40	(135)	0:02:03			0:03:31	1:53:13	(57)	DNF Cycle	