

Place	Bib	Name	Surname	Sex	Cat	Club	Swim	T1	Cycle	Run	Race Time
1	210	sean	mc loughlin	male	35-39		0:25:59	0:00:59	1:10:59	0:37:15	2:15:12
2	126	Brian	Sexton	male	40-44		0:25:46	0:01:17	1:09:24	0:40:26	2:16:53
3	113	Alexander	Williams	male	30-34	Activmultisport TC	0:25:31	0:01:23	1:09:31	0:41:59	2:18:24
4	183	Mark	Breen	male	35-39	Galway TC	0:23:48	0:01:00	1:12:11	0:44:40	2:21:39
5	147	Diarmuid	O Conchubhair	male	30-34	TriSport TC	0:25:38	0:01:35	1:12:04	0:42:37	2:21:54
6	167	Jonathan	Rowland	male	30-34	Liquid Motion TC	0:24:42	0:01:04	1:11:28	0:46:35	2:23:49
7	202	paul	dunne	male	40-44	Liquid Motion TC	0:25:45	0:00:49	1:07:53	0:51:35	2:26:02
8	118	Barry	Loftus	male	30-34	Liquid Motion TC	0:24:44	0:01:20	1:14:44	0:45:35	2:26:24
9	180	louis	walsh	male	60-64		0:26:51	0:01:10	1:18:49	0:44:44	2:31:34
10	130	celia	davin	female	35-39	Tri Lakes TC	0:20:37	0:01:19	1:23:51	0:48:40	2:34:27
11	191	Michael	Murphy	male	30-34		0:31:17	0:01:55	1:15:49	0:47:39	2:36:40
12	182	Marie	Boland	female	25-29		0:25:29	0:01:13	1:22:57	0:47:20	2:36:58
13	148	Domnick	Sharkey	male	25-29	TriSport TC	0:28:15	0:01:21	1:21:22	0:46:37	2:37:35
14	138	david	donnolly	male	40-44	Liquid Motion TC	0:28:22	0:01:50	1:18:18	0:49:44	2:38:14
15	132	Ciaran	Maguire	male	45-49	Liquid Motion TC	0:22:57	0:01:58	1:22:19	0:51:56	2:39:10
16	146	Des	O' Brien	male	35-39	Piranha TC	0:29:11	0:01:47	1:21:40	0:46:40	2:39:18
17	151	Dympna	Kelly	female	35-39	Lough Key TC	0:28:30	0:01:25	1:18:49	0:51:27	2:40:11
18	117	Anthony	Byrne	male	40-44	Wicklow TC	0:29:02	0:03:15	1:23:31	0:44:44	2:40:31
19	149	Donal	Hughes	male	40-44	Cunga TC	0:35:18	0:01:35	1:19:00	0:45:06	2:41:00
20	188	Meredith	Lulling	male	35-39	Tri Lakes TC	0:22:08	0:01:44	1:20:35	0:56:53	2:41:19
21	137	David	Moran	male	40-44	Predator TC	0:28:34	0:01:42	1:20:21	0:52:50	2:43:27
22	121	Brendan	Ryder	male	40-44	Liquid Motion TC	0:30:36	0:01:38	1:12:20	0:59:32	2:44:06
23	131	Cezary	Lubinski	male	30-44		0:36:55	0:02:12	1:17:13	0:48:44	2:45:04
24	166	John	O Connell	male	30-34		0:25:53	0:02:45	1:24:44	0:52:10	2:45:32
25	195	Niki	Battle	male	40-44		0:26:08	0:02:28	1:25:36	0:51:47	2:45:59
26	139	David	Conway	male	35-39	Westport TC	0:36:40	0:01:48		2:07:48	2:46:16
27	160	GUILLERMO	CUCALON	male	40-44	Westport TC	0:28:31	0:01:10	1:29:04	0:48:40	2:47:25
28	213	stephen	curran	male	45-49		0:30:17	0:03:29	1:25:06	0:49:50	2:48:42
29	193	niall	towey	male	30-34		0:28:20	0:02:51	1:29:08	0:49:04	2:49:23
30	119	Ben	Smith	male	40-44		0:33:09	0:02:10	1:25:03	0:49:02	2:49:24
31	1010	Ann Marie	Hogan	Relay	Relay		0:24:37	0:00:55	1:40:21	0:43:33	2:49:25
32	1009	Julie's Team	Padraic Owens	Relay	Relay		0:26:03	0:00:55	1:14:36	1:08:00	2:49:35
33	215	Thomas	Gethings	male	30-34		0:37:42	0:02:34	1:21:46	0:48:46	2:50:48
34	212	stephen	Brady	male	50-54	Tri Lakes TC	0:28:09	0:02:59	1:29:02	0:51:31	2:51:42
35	1003	Ann Marie	Hogan	Relay	Relay		0:23:40	0:01:03	1:24:46	1:02:20	2:51:49
36	173	ken	foley	male	40-44	Sligo TC	0:28:56	0:02:17	1:27:55	0:54:14	2:53:22
37	1006	Justin	Kerr	Relay	Relay		0:29:07	0:01:11	1:31:44	0:51:23	2:53:25
38	140	Declan	Hyland	male	30-34	Longford TC	0:28:52	0:02:46	1:29:12	0:52:51	2:53:42
39	163	Jean	O'Connor	female	35-39	TriSport TC	0:37:10	0:01:26	1:27:49	0:47:56	2:54:21
40	141	Declan	Clarke	male	35-39	Swinford TC	0:30:45	0:02:26	1:27:39	0:54:00	2:54:50
41	204	Paula	Prendergast	female	30-34		0:33:54	0:02:53	1:31:51	0:47:21	2:55:59
42	194	Nicola	Forde	female	30-34	Liquid Motion TC	0:32:40	0:01:46		2:22:11	2:56:37
43	159	Gabriel	McGoldrick	male	50-54	Galway TC	0:34:58	0:01:56	1:30:43	0:49:04	2:56:41
44	201	PATRICK	O'HARA	male	35-39	Omagh TC	0:27:49	0:04:07	1:31:48	0:53:19	2:57:03
45	122	Brendan	Fallon	male	45-49	Swinford TC	0:38:54	0:04:05	1:19:59	0:54:22	2:57:19
46	206	Rossa	O'Donnell	male	45-49		0:29:08	0:02:36	1:30:10	0:55:28	2:57:22
47	198	Pat	Reilly	male	25-29	Tri Lakes TC	0:35:28	0:01:35	1:23:30	0:57:02	2:57:34
48	172	keith	o brien	male	35-39	Liquid Motion TC	0:35:14	0:02:46	1:27:10	0:53:53	2:59:03
49	1005	James	Kilroy	Relay	Relay	Swinford TC	0:32:29	0:00:52	1:30:12	0:55:50	2:59:22
50	155	Edel	Conroy	female	45-49		0:25:36	0:02:02	1:31:04	1:00:45	2:59:26
51	157	Emma	Keane	female	40-44	Sligo TC	0:29:04	0:03:19	1:35:39	0:52:09	3:00:11
52	174	Kostiantyn	Antypenko	male	30-34	Belpark TC	0:34:44	0:03:42	1:28:43	0:53:07	3:00:17
53	108	Adam	Conroy	male	40-44	TriSport TC	0:37:50	0:02:25	1:30:01	0:50:18	3:00:34
54	214	Thomas	Scully	male	40-44	Sligo TC	0:33:11	0:02:37		2:25:33	3:01:20
55	1004	Denis	Flynn	Relay	Relay		0:28:26	0:02:22	1:41:03	0:49:49	3:01:41
56	192	Michele	Reynolds	female	45-49	Liquid Motion TC	0:33:00	0:02:26	1:30:26	0:56:04	3:01:56
57	110	Alan	Hyland	male	25-29	Westport TC	0:37:55	0:03:27		2:23:10	3:04:32
58	203	Paula	Roddy	female	35-39	Sligo TC	0:26:12	0:01:25	1:38:49	0:59:00	3:05:26
59	143	Denis	Chandler	male			0:32:06	0:02:50	1:27:02	1:04:11	3:06:09
60	1008	Martin	Lyons	Relay	Relay		0:33:44	0:00:50	1:35:42	0:57:31	3:07:47
61	116	AnneMarie	Delaney	female	35-39	Belpark TC	0:32:21	0:02:01	1:38:20	0:55:38	3:08:20
62	1007	louis	walsh	Relay	Relay		0:39:29	0:01:14	1:32:26	0:55:25	3:08:34
63	175	Laurence	Callery	male	30-34		0:29:18	0:03:39	1:32:35	1:03:04	3:08:36
64	1001	Alan	Cassidy	Relay	Relay		0:38:58	0:01:55		2:27:52	3:08:45
65	124	Brian	Kenny	male	50-54		0:27:09	0:03:54	1:32:39	1:05:54	3:09:36
66	178	Lindsay	McCoy	female	40-44		0:32:12	0:02:18	1:32:36	1:02:32	3:09:38
67	142	Dee	Hickson	female	40-44	Lough Key TC	0:31:16	0:02:02	1:36:34	1:00:03	3:09:55
68	171	Keith	Holmes	male	50-54	Belpark TC	0:28:17	0:03:01	1:35:21	1:03:38	3:10:18
69	181	marcella	mc donnell	female	45-49		0:31:25	0:02:38	1:38:11	1:01:49	3:14:03
70	165	JOHN	HIGGINS	male	65-69	Tri Lakes TC	0:39:23	0:02:44	1:32:11	1:00:27	3:14:45
71	186	martin	turner	male	50-54		0:34:13	0:03:11	1:32:44	1:06:06	3:16:14
72	112	Albert	Jublan	male	40-44	Sligo TC	0:28:43	0:02:24	1:42:25	1:02:51	3:16:23

73	133	Claire	Shields	female	35-39	Liquid Motion TC	0:34:37	0:02:59	1:33:42	1:05:56	3:17:14
74	207	Triona	ODowd	female			0:28:56	0:02:51	1:39:42	1:06:14	3:17:43
75	156	Elizabeth	Payne	female	45-49	Tri an Mhi TC	0:27:59	0:02:06	1:40:43	1:09:12	3:20:00
76	107	aaron	donaghy	male	30-34		0:37:09	0:05:25		2:38:30	3:21:04
77	199	Patricia	Lulling	female	35-39	Tri Lakes TC	0:33:08	0:03:03	1:46:03	1:01:34	3:23:48
78	162	James	Hardiman	male	45-49	Sligo TC	0:40:55	0:02:40	1:42:34	0:57:46	3:23:55
79	1002	Ann	Ivers	Relay	Relay		0:32:33	0:03:07	1:50:57	0:59:27	3:26:04
80	134	Damian	McNeely	male	40-44	Liquid Motion TC	0:38:23	0:02:33	1:45:35	1:10:22	3:36:53
81	170	karen	Pierce	female	30-34		0:38:37	0:03:30	1:44:19	1:14:09	3:40:34
82	209	William	Brennan	male	45-49	Liquid Motion TC	0:39:54	0:01:41	1:48:13	1:13:50	3:43:38
	128	Caoimhe	Ni Mhurchu	female	35-39	Sligo TC	0:21:32	0:01:00	1:18:29		DNF
	125	Brian	Cahill	male	30-34	Piranha TC	0:27:00	0:01:51	1:24:41		DNF
	190	michael	o hara	male	35-39	Liquid Motion TC	0:27:42	0:01:31	1:23:59		DNF