

Place	Bib	Surname	Name	Sex	Club	Cat	Swim	Rank	T1	Run	Rank	Finish
1	123	Mc Bride	Conal	M		Sen	0:07:57	(3)	0:00:25	0:11:09	(1)	0:19:31
2	133	Power	John	M		Sen	0:08:17	(4)	0:00:38	0:11:40	(2)	0:20:35
3	146	Roe	Danny	M		Sen	0:07:50	(2)	0:00:38	0:12:22	(3)	0:20:50
4	114	Erazmus	Frantisek	M	CTK	Sen	0:07:10	(1)	0:00:49	0:13:17	(6)	0:21:16
5	120	Jones	James	M		Sen	0:09:00	(9)	0:00:53	0:13:13	(5)	0:23:06
6	102	brady	ciaran	M		Vet	0:08:33	(6)	0:00:32	0:21:40	(35)	0:23:51
7	125	Mc Laughlan	Gavin	M		Vet	0:09:56	(13)	0:01:11	0:12:58	(4)	0:24:05
8	109	Delaney	Darren	M		Sen	0:09:43	(12)	0:00:54	0:13:41	(8)	0:24:18
9	144	Fay	Ronan	M		Sen	0:08:21	(5)	0:01:06	0:14:52	(22)	0:24:19
10	126	Molyneux	Guy	M		Vet	0:08:58	(8)	0:01:08	0:14:35	(17)	0:24:41
11	107	Cleary	Brendan	M		Sen	0:08:49	(7)	0:00:47	0:16:30	(28)	0:25:33
12	129	O' Grady	Sandra	F	3D Tri	Sen	0:09:11	(10)	0:00:46	0:15:59	(26)	0:25:56
13	138	Thakore	Jogin	M		Vet	0:11:45	(24)	0:00:46	0:13:58	(11)	0:26:28
14	137	Sheppard	Brendan	M	piranha	Vet	0:11:17	(21)	0:01:34	0:13:41	(9)	0:26:32
15	135	Ryan	Dan	M		Sen	0:11:54	(27)	0:01:36	0:13:17	(7)	0:26:48
16	108	Corcoran	Barry	M		Sen	0:10:46	(18)	0:01:04	0:15:48	(25)	0:27:06
17	106	Campbell	Tom	M		Vet	0:11:54	(26)	0:01:01	0:14:12	(13)	0:27:07
18	101	Bell	Keith	M		Sen	0:12:19	(31)	0:01:00	0:13:52	(10)	0:27:12
19	115	Fay	John	M		Vet	0:11:36	(23)	0:01:14	0:14:23	(16)	0:27:13
20	141	Watson	Peter	M		Sen	0:10:38	(17)	0:01:15	0:15:34	(24)	0:27:27
21	142	wheatley	brian	M		Vet	0:11:48	(25)	0:01:04	0:14:37	(18)	0:27:28
22	124	Mc Donald	Niamh	F		Sen	0:12:06	(29)	0:00:35	0:14:48	(21)	0:27:30
23	147	Liston	Connor	M		Sen	0:10:33	(16)	0:01:08	0:30:27	(38)	0:27:37
24	119	ingle	therese	F		Vet	0:11:33	(22)	0:01:29	0:14:38	(19)	0:27:39
25	151	Fitzsimons	Paula	F	Fingal	Sen	0:13:16	(36)	0:00:58	0:14:21	(15)	0:28:35
26	23	Kazio	Michal	M		Sen	0:12:22	(32)	0:02:07	0:14:12	(12)	0:28:41
27	132	Phillips	Mark	M		Vet	0:14:04	(37)	0:00:38	0:14:17	(14)	0:28:59
28	149	Dondron	David	M		Sen	0:12:06	(28)	0:01:40	0:25:14	(37)	0:29:06
29	131	O' Neill	Paul	M		Sen	0:10:52	(19)	0:01:13	0:17:13	(30)	0:29:17
30	54	shaw	stephen	M		Vet	0:10:31	(15)	0:01:45	0:17:16	(31)	0:29:32
31	148	Abraham	Gerry	M		Sen	0:11:13	(20)	0:01:17	0:17:18	(32)	0:29:48
32	150	Loughney	Pauline	F		Vet	0:13:14	(35)	0:01:56	0:14:41	(20)	0:29:52
33	152	Fogarty	Emer	F		Sen	0:12:16	(30)	0:02:12	0:15:34	(23)	0:30:02
34	128	o' dea	edel	F		Sen	0:13:08	(34)	0:01:21	0:16:10	(27)	0:30:38
35	103	Brangan	Jill	F		Sen	0:10:11	(14)	0:01:58	0:18:46	(34)	0:30:55
36	118	Hassell	nick	M		Vet	0:12:49	(33)	0:01:43	0:18:33	(33)	0:33:05
37	145	Flynn	David	M		Sen	0:15:57	(38)	0:01:18	0:16:36	(29)	0:33:51
38	134	Ryan	Una	F		Sen	0:09:39	(11)	0:01:34	0:23:16	(36)	0:34:29