

Place	Bib	Name	Surname	Sex	Cat	Run 1	Cycle	Run 2	Finish
1	117	Dave	Hanahoe	Male	Sen	0:10:24	0:19:49	0:12:17	0:42:30
2	94	John	Cormican	Male	Sen	0:10:40	0:23:01	0:12:57	0:46:38
3	272	eoin	Mc Greal	Male	Sen	0:13:44	0:22:47	0:15:09	0:51:39
4	266	MAGS	HESSION	Female	Over40	0:13:12	0:27:52	0:14:12	0:55:16
5	274	Brenda	Coyne	Female	Sen	0:13:40	0:28:48	0:14:21	0:56:49
6	265	Aideen	Clarke	Female	Sen	0:12:17	0:33:00	0:13:00	0:58:17
7	44	David	Coleman	Male	Sen	0:14:34	0:29:58	0:15:28	1:00:00
8	45	Michelle	Coleman	Female	Sen	0:14:37	0:30:26	0:15:09	1:00:13
9	120	Michelle	Spain	Female	Sen	0:14:35	0:33:33	0:13:09	1:01:17
10	7	Sinead	Waters	Female	Sen				1:01:48
11	106	Maeve	O' Neill	Female	Sen	0:14:10	0:33:00	0:14:55	1:02:05
12	268	Caitriona	Curran	Female	Sen	0:15:07	0:35:14	0:16:13	1:06:35
13	269	Carmel	Curran	Female	Over50	0:16:42	0:32:45	0:17:58	1:07:25
14	263	Garret	Coyle	Male	Sen	0:17:47	0:32:21	0:18:14	1:08:22
15	252	Charlotte	O' Connell	Female	Sen	0:17:49	0:32:22	0:18:13	1:08:23
16	276	andy	casey	Male	Sen	0:15:34	0:35:01	0:18:26	1:09:01
17	250	Leona	Nertney	Female	Sen	0:14:40	0:37:54	0:16:55	1:09:30
18	251	Aisling	Nertney	Female	Sen	0:14:40	0:37:55	0:16:54	1:09:30
19	121	Nicola	McDonnell	Male	Sen	0:15:15	0:40:19	0:16:43	1:12:17
20	22	Michelle	Casey	Female	Sen	0:16:27	0:40:31	0:19:46	1:16:44
21	12	Maureen	Casey	Female	Over40	0:20:37	0:36:10	0:22:37	1:19:24
22	8	Laura	Casey	Female	Sen	0:19:10	0:29:35	0:30:49	1:19:34
23	14	aine	casey	Female	Sen	0:18:55	0:29:51	0:30:49	1:19:35