

Good Friday 5 Mile - 22/April/2011

Place	Bib	Name	Surname	Cat	Club	Race Time	Chip Time
1	348	Kenneth	Rodgers	msenior	St. John's Co. Clare	0:25:28	0:25:28
2	314	thomas	benichou	m25		0:26:23	0:26:23
3	349	Michael	shannon	sn mens	kilnaboyAC	0:26:32	0:26:32
4	345	rob	Cross	m35	Crusaders AC	0:27:10	0:27:10
5	238	robert	purcell	m40		0:27:36	0:27:36
6	386	Ikieran	reidy	m35		0:27:47	0:27:47
7	107	Kieran	McKeown	m35	East Cork AC	0:28:18	0:28:18
8	301	Billy	O'Brien	m35	An Riocht	0:28:27	0:28:27
9	236	noel	curtin	m45		0:28:43	0:28:43
10		Eric	Wolfe	m		0:28:57	0:28:57
11	233	martin	o keefe	m40		0:29:14	0:29:14
12	179	Rene	Borg	m	Crusaders AC	0:30:02	0:30:02
13	296	Niamh	O'sullivan	fseniors	An Riocht	0:30:04	0:30:04
14	316	Jerry	McCarthy	m40	An Riocht	0:30:05	0:30:05
15	324	Colm	Cotter	msenior		0:30:06	0:30:06
16	11	Hugh	Carberry	m35	Phoneix Triathlon Club	0:30:10	0:30:10
17	329	Veronica	Colleran	fsenior	Ennis Track AC	0:30:20	0:30:20
18	211	Donal	Kelly	m35		0:30:24	0:30:24
19	116	Humphry	Murphy	m45	An Riocht	0:30:32	0:30:32
20	346	Paul	o connell	m30		0:30:39	0:30:39
21	12	Damien	Carbery	m40	Lucan Harriers	0:30:45	0:30:45
22	183	Jan	Swiechowicz	m	Gneeveguilla AC	0:30:51	0:30:51
23	132	Aoife	O'Connor	f35	Phoneix Triathlon Club	0:30:54	0:30:54
24	304	Tommy	O'Brien	m35	An Riocht	0:31:06	0:31:06
25	17	James	Clancy	m	IMRA	0:31:29	0:31:29
26	30	Martin	Crowley	m		0:31:34	0:31:34
27	356	Eamonn	hodge	msenior	IMRA	0:31:35	0:31:35
28	163	Roland	Rogers	m40		0:31:36	0:31:36
29	119	Seamus	Murphy	m40	Gneeveguilla AC	0:31:37	0:31:37
30	374	Gerard	O'Shea	m35	iveragh Ac	0:31:38	0:31:38
31	181	Aoife	Joyce	f	Crusaders AC	0:31:47	0:31:47
32	258	Annette	donelly	f50	st finbars	0:32:03	0:32:03
33	43	Declan	Dorgan	m		0:32:14	0:32:14
34	113	Joe	Murphy	m55		0:32:22	0:32:22
35	97	Maura	Matthews	f35	Clonliffe Harriers	0:32:24	0:32:24
36	147	Tim	O'Leary	m45		0:32:29	0:32:29
37	201	tom	mccarthy	m40		0:32:37	0:32:37
38	366	angie	O'Sullivan	f40		0:32:47	0:32:47
39	239	Alan	O'Brien	m	Galway City Harriers	0:32:52	0:32:52
40	285	David	Fox	mj	Leevale ac	0:32:57	0:32:57
41	308	Bernard	McElligott	m40		0:32:58	0:32:58
42	227	catherine	kiely	s		0:32:59	0:32:59
43	288	Denise	Casey	f35		0:33:00	0:33:00
44	357	Ann	Oriordan	f40	west muskerry	0:33:01	0:33:01
45	279	Patrick	Irwin	m30		0:33:03	0:33:03
46	212	Kevin	Smith	m35		0:33:03	0:33:03
47	343	diarmuid	holand	m35		0:33:11	0:33:11
48	98	Aidan	McCarthy	m	Tralee Tri Club	0:33:17	0:33:17
49	303	Mary	O'Connor	f40	An Riocht	0:33:17	0:33:17
50	344	niamh	Garvey	f35		0:33:22	0:33:22
51	368	pat	Murphy	m50		0:33:31	0:33:31
52	353	Maurice	Coffey	m35		0:33:33	0:33:33
53	283	Bernard	Pabon	m50	An Riocht	0:33:45	0:33:45
54	332	Karon	McLysaght	f45		0:33:47	0:33:47
55	186	Eugene	Bowler	m40		0:33:47	0:33:47

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56	111 Tomas	Moynihan	m		0:33:48	0:33:48
57	125 Deirdre	Ni Chearbhaill	f	Crusaders AC	0:34:03	0:34:03
58	305 anthony	Wharton	m25		0:34:04	0:34:04
59	47 Barry	Dwyer	m		0:34:15	0:34:15
60	311 James	Daly	m25		0:34:19	0:34:19
61	317 Liam	Murphy	m35	Gneeveguilla AC	0:34:20	0:34:20
62	124 Franeisek	Neupauer	m55		0:34:24	0:34:24
63	327 Gerard	Murphy	m35	Gneeveguilla AC	0:34:39	0:34:39
64	300 Derry	Doyle	m45	Muckross rowing club	0:34:45	0:34:45
65	54 Stephen	Fitzgerald	m35		0:34:46	0:34:46
66	281 Brian	Forde	m		0:34:57	0:34:57
67	122 Denis	Naughton	m		0:34:59	0:34:59
68	60 Tony	Foley	m40	Gneeveguilla AC	0:35:03	0:35:03
69	133 Adelle	O Connor	f35		0:35:04	0:35:04
70	375 Eoin	Carroll	m35	doneraile	0:35:07	0:35:07
71	272 Tammy	Curtin	f20		0:35:08	0:35:08
72	190 Iornie	o dwyer	f30	Crusaders AC	0:35:12	0:35:12
73	259 caroline	reidy	f35	Gneeveguilla AC	0:35:28	0:35:28
74	341 matthew	gerraghty	m35		0:35:31	0:35:31
75	192 michael	o sullivan	m45		0:35:33	0:35:33
76	293 Michael	O Callaghan	m35		0:35:38	0:35:38
77	372 Donal	Reen	m40	Gneeveguilla AC	0:35:38	0:35:38
78	232 michael	culloty	m35		0:35:42	0:35:42
79	294 Mike	Cahillane	m35		0:35:53	0:35:53
80	331 Darren	Whelan	m30		0:36:00	0:36:00
81	104 Sean	McGlynn	m		0:36:01	0:36:01
82	171 Brid	Stack	f35	Gneeveguilla AC	0:36:04	0:36:04
83	93 Cathal	Lynch	m		0:36:05	0:36:05
84	287 maria	hurley	f45	Bantry AC	0:36:07	0:36:07
85	137 Louis	O Donoghue	m		0:36:09	0:36:09
86	360 Siobhan	O Reilly	f35		0:36:10	0:36:10
87	78 Niall	Kelly	m		0:36:11	0:36:11
88	140 Padraig	O Donoghue	m40		0:36:13	0:36:13
89	67 Eamonn	Groves	m50		0:36:14	0:36:14
90	313 Tim	McCarthy	m55	A Fit Body	0:36:16	0:36:16
91	240 David	Maher	m35		0:36:17	0:36:17
92	264 Donal	Cremin	m35	fit4life, killarney	0:36:19	0:36:19
93	318 Joe	O'donoghue	m25		0:36:25	0:36:25
94	114 Brian	Murphy	m		0:36:32	0:36:32
95	154 Geraldine	O Sullivan	f50	Bantry AC	0:36:33	0:36:33
96	187 Jimmy	Kelly	m50		0:36:33	0:36:33
97	310 Mark	Waters	m35		0:36:34	0:36:34
98	117 Michael	Murphy	m		0:36:36	0:36:36
99	214 tom	o leary	m35		0:36:37	0:36:37
100	206 mike	sandover	m40		0:36:41	0:36:41
101	319 Jerry	O Sullivan	m40	An Ríocht	0:36:43	0:36:43
102	248 Conor	Falvey	m40		0:36:43	0:36:43
103	135 Darin	O Connor	m	Tullamore Harriers	0:36:43	0:36:43
104	151 Suzanne	O Sullivan	f35		0:36:46	0:36:46
105	84 Alison	Kirwan	f		0:36:49	0:36:49
106	193 donal	casey	m30		0:36:53	0:36:53
107	209 Aileen	Somers	f		0:36:56	0:36:56
108	88 Brendan	Lawlor	m45	Sli Chulann	0:36:58	0:36:58
109	376 Carmel	MacDomhnaill	f55	west limerick ac	0:37:02	0:37:02
110	9 James	Burke	m35		0:37:06	0:37:06
111	42 John	Doona	m45		0:37:10	0:37:10

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112	322 John	Wilson	m35		0:37:25	0:37:25
113	13 Syl	Carruth	f40		0:37:28	0:37:28
114	266 John	Roche	m		0:37:35	0:37:35
115	77 Tony	Kelliher	m40		0:37:40	0:37:40
116	109 Nuala	Moore	f		0:37:41	0:37:41
117	34 Karl	Daly	f35		0:37:43	0:37:43
118	354 Brian	daley	m45		0:37:47	0:37:47
119	161 Mike	Riordan	m55		0:37:50	0:37:50
120	95 Denise	Lynch	f		0:37:55	0:37:55
121	230 Philip	O Connor	m40		0:37:58	0:37:58
122	99 Pauline	McCarthy	f		0:38:01	0:38:01
123	381 Elaine	Cronin	f	Gneeveguilla AC	0:38:09	0:38:09
124	268 Denis	Drumm	m		0:38:13	0:38:13
125	143 David	O Keeffe	m		0:38:18	0:38:18
126	56 Bridget	Flynn	f	Gneeveguilla AC	0:38:27	0:38:27
127	185 Seamus	O Brien	m45		0:38:27	0:38:27
128	382 aiden	o leary		0	0:38:29	0:38:29
129	321 Mike	Dineen	m50	Gneeveguilla AC	0:38:34	0:38:34
130	205 Mark	Campbell	m40	craughwell	0:38:38	0:38:38
131	237 Tina	Outlaw	f	Gneeveguilla AC	0:38:46	0:38:46
132	337 Kieran	corcoran	m40		0:38:46	0:38:46
133	286 Diarmuid	hurley	m50	Bantry AC	0:39:05	0:39:05
134	191 ger	sweeney	m35		0:39:14	0:39:14
135	307 chris	Bradshaw	m45		0:39:20	0:39:20
136	251 Brian	Kelliher	m45		0:39:21	0:39:21
137	359 michael	o'callaghan	m35		0:39:23	0:39:23
138	218 pat	fitzgerald	m40		0:39:25	0:39:25
139	182 Brian	McMahon	m		0:39:29	0:39:29
140	217 anthony	flynn	m40		0:39:30	0:39:30
141	66 Stephen	Griffin	m40		0:39:32	0:39:32
142	90 Maria	Lenihan	f35	Scartaglin	0:39:33	0:39:33
143	127 David	Nolan	m	Waterford AC	0:39:45	0:39:45
144	228 Keane	Kingston	m		0:39:48	0:39:48
145	260 Noelle	Cullimore	f30	Naas Athletics	0:39:49	0:39:49
146	1 Mike	Ashe	m45		0:39:50	0:39:50
147	338 Cian	corcoran	m15		0:39:50	0:39:50
148	123 Jennifer	Nestor	f40		0:39:54	0:39:54
149	72 Moira	Horgan	f40	IT Marathon Club	0:39:54	0:39:54
150	200 justin	bennet	m40		0:40:01	0:40:01
151	208 Karen	Smith	f35		0:40:03	0:40:03
152	362 robert	vincent	m45		0:40:04	0:40:04
153	216 brian	stack	m40		0:40:15	0:40:15
154	315 Mark	O Neill	m35	Ballincolig AC	0:40:16	0:40:16
155	320 David	Condon	m55	west limerick ac	0:40:22	0:40:22
156	37 Carrie	Desmond	f		0:40:25	0:40:25
157	141 Nora	O Donovan	f		0:40:44	0:40:44
158	96 Fidel	MacHale	f40		0:40:48	0:40:48
159	52 Siobhan	Falvey	f35		0:40:51	0:40:51
160	156 Kathy	O Sullivan	f	Bantry AC	0:40:54	0:40:54
161	306 Jessica	Anderson	fj	Bantry AC	0:41:01	0:41:01
162	63 John	Galvin	m45		0:41:02	0:41:02
163	74 Eoghan	Hurley	m		0:41:04	0:41:04
164	265 Mary	O'connell	f35	Gneeveguilla AC	0:41:04	0:41:04
165	261 David	Ladden	m30		0:41:13	0:41:13
166	79 John	Kelly	m40		0:41:15	0:41:15
167	150 Heidi	O Shea	f		0:41:19	0:41:19

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168	170 Ursula	Smith	f35	Bayside Joggers-Bantry AC	0:41:24	0:41:24
169	153 Geraldine	O Sullivan	f35		0:41:35	0:41:35
170	69 Anna	Hoare	f		0:41:36	0:41:36
171	70 Michelle	Hoare	f		0:41:38	0:41:38
172	165 Melanie	Sandover	f45	Gneeveguilla AC	0:41:42	0:41:42
173	289 Jim	Langan	m65	Tullamore harriers	0:41:44	0:41:44
174	336 marguerite	o donoghue	f40		0:41:46	0:41:46
175	31 John	Crowley	m35		0:41:48	0:41:48
176	5 Triona	Brosnan	f	Gneeveguilla AC	0:41:54	0:41:54
177	295 Davide	Mosca	m45		0:42:00	0:42:00
178	85 Karen	Lam	f40		0:42:01	0:42:01
179	41 Louise	Doolan	f35	Gneeveguilla AC	0:42:02	0:42:02
180	273 Tom	Boyle	m		0:42:10	0:42:10
181	173 Geraldine	Sullivan	f		0:42:11	0:42:11
182	275 Billy	Lacey	m35		0:42:20	0:42:20
183	274 Jim	Garvey	m		0:42:21	0:42:21
184	342 Helena	Odonoghue	f35	Gneeveguilla AC	0:42:25	0:42:25
185	121 Patricia	Murray	f45	Bayside Joggers-Bantry AC	0:42:28	0:42:28
186	242 Catriona	O Shea	f	Gneeveguilla AC	0:42:31	0:42:31
187	61 Deirdre	Frost	f		0:42:33	0:42:33
188	172 Ciara	Stoat	f		0:42:33	0:42:33
189	110 Bridget	Moore	f40		0:42:40	0:42:40
190	363 Janette	Ryan	fseniors	An Ríocht	0:42:40	0:42:40
191	19 Colleen	Coffey	f35	Gneeveguilla AC	0:42:41	0:42:41
192	83 Pat	Keogh	m55	Gneeveguilla AC	0:42:50	0:42:50
193	224 john	o donoghue	m40		0:42:53	0:42:53
194	355 Anne	daley	f		0:42:53	0:42:53
195	334 Derek	cummins	m45	Drogheda District Athletics	0:42:58	0:42:58
196	347 Michael	gately	m45	jedi knights	0:43:03	0:43:03
197	92 Sylvia	Leshe	f35		0:43:03	0:43:03
198	198 paul	moloney	m30		0:43:09	0:43:09
199	115 Anne - Marie	Murphy	f		0:43:16	0:43:16
200	22 Rúairí James	Condon	m35	Gneeveguilla AC	0:43:20	0:43:20
201	94 Monica	Lynch	f45		0:43:20	0:43:20
202	194 elanor	shannahan	f30		0:43:21	0:43:21
203	21 Alan	Collins	m		0:43:26	0:43:26
204	377 eimear	nelligan	s	An Ríocht	0:43:30	0:43:30
205	6 Danny	Brosnan	m		0:43:37	0:43:37
206	223 sheila	mcgrath	f35		0:43:38	0:43:38
207	280 Mary	Devane	f35		0:43:42	0:43:42
208	139 Deirdre	O Donoghue	f		0:43:44	0:43:44
209	27 Ciara	Cremin	f		0:43:47	0:43:47
210	371 noel	duffy	m50	dunboyne AC	0:43:47	0:43:47
211	33 Alan	Daly	m		0:43:51	0:43:51
212	175 Lisa	Tancred	f	Toning Studio	0:43:53	0:43:53
213	68 Lisa	Herrity	fjnr		0:43:55	0:43:55
214	62 Michelle	Frost	f		0:43:55	0:43:55
215	168 Michael	Sheerin	m40		0:43:58	0:43:58
216	26 Emer	Cremin	f		0:44:07	0:44:07
217	64 Ronan	Glynn	m		0:44:08	0:44:08
218	267 Aileen	Buckley	f35	Gneeveguilla AC	0:44:08	0:44:08
219	196 danny	corcoran	m25		0:44:13	0:44:13
220	203 aidan	joy	m		0:44:13	0:44:13
221	207 lindsey	o sullivan	f30		0:44:31	0:44:31
222	302 anne	Brown	f40	Sneem rowing club	0:44:37	0:44:37
223	243 Dawn	Murphy	f		0:44:39	0:44:39

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224	202 sheena	doyle	f35		0:44:42	0:44:42
225	263 denise	fogarty	f40	Gneeveguilla AC	0:44:42	0:44:42
226	269 Nora	Flanagan	m35		0:44:42	0:44:42
227	221 Jim	O Reilly	m55		0:44:50	0:44:50
228	333 Marcella	Joyce	f40		0:44:59	0:44:59
229	184 tim	long	m55		0:45:01	0:45:01
230	367 Kay	fitzgerald	ff30	castleisland	0:45:07	0:45:07
231	361 Orla	Quirke	f25		0:45:15	0:45:15
232	148 Marie	O Mahony	f50	Bantry AC	0:45:16	0:45:16
233	149 Nicole	O Shea	f		0:45:17	0:45:17
234	101 Patricia	McDonagh	f35		0:45:20	0:45:20
235	108 Orna	McNamara	f35		0:45:28	0:45:28
236	215 lisa	o sullivan	f35		0:45:35	0:45:35
237	369 Ann	O'riordan Murphy	f40	castleisland	0:45:36	0:45:36
238	18 Emer	Clifford	f		0:45:38	0:45:38
239	50 David	Enright	m40		0:45:45	0:45:45
240	57 Nora	Flynn	f45		0:45:55	0:45:55
241	213 elileen	fleming	f45		0:45:56	0:45:56
242	15 Ciaran	Cassidy	m		0:45:59	0:45:59
243	312 Karen	McCarthy	f50	A Fit Body	0:46:02	0:46:02
244	292 Marie	Murphy	f35	Gneeveguilla AC	0:46:10	0:46:10
245	335 sean	O Neill	m30		0:46:45	0:46:45
246	252 Pauline	Houlihan	f		0:46:45	0:46:45
247	152 Laura	O Sullivan	f	Gneeveguilla AC	0:46:56	0:46:56
248	14 Siobhan	Casey	f		0:46:59	0:46:59
249	351 Mary	carey	f40	star of laune	0:47:06	0:47:06
250	309 triona	O'Neill	f35	Tralee Tri Club	0:47:07	0:47:07
251	29 Noel	Cronin	m35	Fenit Running	0:47:08	0:47:08
252	48 Niamh	Dwyer	f35		0:47:12	0:47:12
253	364 eilish	o leary	f		0:47:12	0:47:12
254	3 Ciara	Bisby	f		0:47:13	0:47:13
255	131 Maria	O Connell	f40	Gneeveguilla AC	0:47:14	0:47:14
256	339 noreen	moynihah	f30		0:47:21	0:47:21
257	142 Maura	O Donovan	f		0:47:40	0:47:40
258	291 Eileen	sweeney	f40	fit4life, gneeve	0:47:42	0:47:42
259	118 Jackie	Murphy	f35	Gneeveguilla AC	0:47:44	0:47:44
260	128 Christine	O Brien	f		0:47:45	0:47:45
261	195 eileen	o leary	f45		0:47:48	0:47:48
262	23 Lisa	Corkery	f40	Gneeveguilla AC	0:47:51	0:47:51
263	81 Lorraine	Kennedy	f35		0:47:54	0:47:54
264	145 Aileen	O Keeffe	f		0:47:55	0:47:55
265	262 michael	Lynch	m50	fit4life, castleisland	0:47:57	0:47:57
266	234 Maire	Connolly	f		0:48:00	0:48:00
267	235 Anita	Connolly	f		0:48:00	0:48:00
268	244 Annette	McNeice	f35	Gneeveguilla AC	0:48:00	0:48:00
269	112 Breda	Mulryan	f40	Gneeveguilla AC	0:48:00	0:48:00
270	58 Eileen	Foley	f45	Gneeveguilla AC	0:48:05	0:48:05
271	71 Mary	Hooton	f50	Mallow AC	0:48:14	0:48:14
272	76 Maeve	Keane	f		0:48:33	0:48:33
273	164 Grainne	Rohan	f45		0:48:33	0:48:33
274	102 Liz	McGillycuddy	f45		0:48:38	0:48:38
275	16 Helen	Clancy	f40		0:48:38	0:48:38
276	249 Eileen	O'Leary	f50		0:48:39	0:48:39
277	250 Mary	Fleming	f45		0:48:39	0:48:39
278	241 Beatrice	Colleran	f40	Gneeveguilla AC	0:48:40	0:48:40
279	100 Dinah	McCarthy	f35		0:48:49	0:48:49

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280	379 fidelis	O Shea	f35		0:48:51	0:48:51
281	7 Aine	Brosnan	f40		0:48:51	0:48:51
282	126 Sile	Ní Laocha	f35		0:49:15	0:49:15
283	358 maurice	moynihan	s		0:49:16	0:49:16
284	86 Mairead	Larkin	f	Gneeveguilla AC	0:49:17	0:49:17
285	49 Gillian	Eaton	f	Gneeveguilla AC	0:49:18	0:49:18
286	290 Roseanne	Neville	f		0:49:24	0:49:24
287	166 Niki	Sarreti	f		0:49:25	0:49:25
288	51 Lauren	Evans	f		0:49:26	0:49:26
289	159 Abina	O Sullivan	f35		0:49:27	0:49:27
290	229 sarah	o connell	f		0:49:29	0:49:29
291	378 josephine	hickey	f35		0:49:33	0:49:33
292	231 aoife	shiels	f		0:49:40	0:49:40
293	160 Breda	O Sullivan	f40		0:49:49	0:49:49
294	155 Colette	O Sullivan	f40		0:50:00	0:50:00
295	180 Sandra	Casey	f		0:50:08	0:50:08
296	370 noreen	O Sullivan	f35		0:50:23	0:50:23
297	380 maria	o mahoneyq	f35		0:50:30	0:50:30
298	189 felicia	thomas	f40		0:50:44	0:50:44
299	253 Marguerite	Corcorcan	f40		0:50:51	0:50:51
300	89 Lily	Lenihan	f	Scartaglin	0:50:53	0:50:53
301	350 Aoife	O'Reilly	f35		0:50:55	0:50:55
302	247 Andrea	Heffernan	f	Gneeveguilla AC	0:50:59	0:50:59
303	53 Eileen	Falvey	f40		0:51:01	0:51:01
304	254 Ethna	Dillon	f25	fit4life	0:51:05	0:51:05
305	197 grainne	hannon	f30		0:51:09	0:51:09
306	373 Mary	Carroll	f35	doneraile	0:51:12	0:51:12
307	340 Elaine	Grandfield	f30		0:51:15	0:51:15
308	144 Catriona	O Keeffe	f		0:51:23	0:51:23
309	298 Judy	O Shea	f		0:52:11	0:52:11
310	138 Michelle	O Donoghue	f35		0:52:21	0:52:21
311	282 Denise	Brown	f40		0:52:23	0:52:23
312	284 Bruce	Mansour	m45		0:52:23	0:52:23
313	73 Kerry	Houston	f35		0:52:24	0:52:24
314	82 Ann Marie	kennedy	f35	Gneeveguilla AC	0:52:32	0:52:32
315	20 Teresa	Coffey	f	Gneeveguilla AC	0:52:32	0:52:32
316	352 Margaret	Coffey	f25	Gneeveguilla AC	0:52:34	0:52:34
317	36 Sheila	Daly	f40		0:52:34	0:52:34
318	210 bernie	mcaulliffe	f40		0:52:37	0:52:37
319	32 Jean	Curtayne	f		0:52:38	0:52:38
320	25 Fiona	Coyle	f		0:52:54	0:52:54
321	162 Nicole	Roberton	f35		0:52:56	0:52:56
322	167 Eleanor	Sheerin	f35		0:52:57	0:52:57
323	299 catherine	mccarthy	f35		0:52:59	0:52:59
324	245 Breda	Moriarty	f	Gneeveguilla AC	0:53:07	0:53:07
325	24 Annette	Courtney	f40	Gneeveguilla AC	0:53:15	0:53:15
326	87 Lorna	Larkin	f35		0:53:16	0:53:16
327	270 Martina	Forde	f		0:53:47	0:53:47
328	103 Eadaoin	McGinley	fjun		0:53:54	0:53:54
329	8 Sarah	Brosnan	fj		0:53:54	0:53:54
330	2 Ann	Ashe	f50		0:53:55	0:53:55
331	199 maura	corcoran	f30		0:54:13	0:54:13
332	226 Siobhan	Hayes	f	Gneeveguilla AC	0:54:17	0:54:17
333	225 eilish	spillane	f		0:54:32	0:54:32
334	271 fiona	Dugdale	f35		0:54:35	0:54:35
335	323 Sheila	Cantillon	f40		0:54:37	0:54:37

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336	325 Breda	Lynch	f40		0:54:38	0:54:38
337	44 Susan	Doyle	f		0:54:43	0:54:43
338	220 bridget	flynnn	f40		0:54:43	0:54:43
339	59 Eileen	Foley	f		0:54:46	0:54:46
340	222 bernie	fitzgerald	f40		0:54:46	0:54:46
341	385 Julie	McGowan	f45	Gneeveguilla AC	0:54:58	0:54:58
342	297 Sheila	Dorgan	f		0:55:42	0:55:42
343	384 Valerie	O Callaghan	f40	Gneeveguilla AC	0:55:42	0:55:42
344	157 Margaret	O Sullivan	f	Fenit Running	0:56:09	0:56:09
345	219 ann marie flynn		0 f30		0:56:22	0:56:22
346	365 Sheila	o'Sullivan	f40	Gneeveguilla AC	0:56:58	0:56:58
347	joan	Griffin	fsenior		0:57:30	0:57:30
348	136 Kathy Ann	O Connor	f40	Glenflesk	0:58:04	0:58:04
349	158 Mary	O Sullivan	f40	Glenflesk	0:58:05	0:58:05
350	326 Rosie	Healy	f40		0:58:05	0:58:05
351	188 Mary	O Byrne	f45		0:58:07	0:58:07
352	330 Mary	B O'shea	f50		0:58:07	0:58:07
353	328 geraldine	bowler	f40		0:58:07	0:58:07
354	278 Mary	Tobin	f35	Fenit Running	0:59:15	0:59:15
355	276 Mary	Kelly	f35	fit4life	0:59:15	0:59:15
356	246 Joanne	O Connor	f	Gneeveguilla AC	0:59:50	0:59:50
357	106 Cathy	McKenney	f50	Maine Track Club USA	1:02:45	1:02:45
358	105 John	McKenney	m50	Maine Track Club USA	1:02:46	1:02:46
359	178 Helena	Williams	f	Fenit Running	1:10:20	1:10:08
360	277 Helen	Finn	f35	fit4life	1:10:20	1:10:09
	80 Aíne	Kelly	f		DNF	DNF
	4 Michelle	Breen	f		DNF	DNF
	75 Noranne	Kavannagh	f35		DNF	DNF
	65 Niamh	Godley	f		DNF	DNF
	120 Norma	Murphy	f		DNF	DNF
	204 aishling	fitzgerald	f30		DNF	DNF
	35 Margaret	Daly	f35		DNF	DNF