



Long

78	212 Sinead	Walsh	female	40-44	0:33:24 (41)	0:01:15	0:12:42	0:12:27	0:12:42	0:12:52	0:50:44 (143)	1:25:23
79	106 John	Kilraine	male	40-44	0:37:04 (78)	0:01:48	0:11:55	0:11:29	0:11:31	0:11:41	0:46:36 (98)	1:25:27
80	158 Richard	O'Reilly	male	45-49	0:33:23 (39)	0:01:41	0:12:27	0:12:31	0:13:03	0:12:34	0:50:35 (142)	1:25:39
81	213 Nick	Walsh	male	45-49	0:39:46 (107)	0:02:17	0:11:37	0:10:27	0:10:57	0:10:37	0:43:38 (64)	1:25:41
82	138 Jack	meade	male	60-64	0:32:57 (35)	0:02:14	0:12:36	0:12:30	0:12:47	0:12:58	0:50:51 (145)	1:26:02
83	156 David	O'Connor	male	35-39	0:39:42 (105)	0:02:07	0:11:27	0:11:23	0:10:53	0:10:30	0:44:13 (68)	1:26:02
84	128 Barry	Mc Cann	male	30-34	0:39:41 (104)	0:02:07	0:11:16	0:10:59	0:11:09	0:10:52	0:44:17 (69)	1:26:04
85	135 Aonghus	McGuinness	male		0:38:25 (86)	0:01:22	0:12:19	0:11:55	0:11:09	0:11:07	0:46:30 (97)	1:26:17
86	43 Derval	Devaney	female	35-39	0:38:47 (94)	0:01:53	0:12:10	0:11:47	0:10:50	0:11:03	0:45:49 (88)	1:26:29
87	48 Kilian	Dooley	male	40-44	0:41:58 (129)	0:01:26	0:11:06	0:10:48	0:10:45	0:10:44	0:43:23 (60)	1:26:47
88	222 Eoin	Higgins	male	35-39	0:36:09 (70)	0:02:24	0:13:02	0:12:17	0:11:43	0:11:27	0:48:29 (123)	1:27:01
89	194 Mark	Sheehan	male	30-34	0:40:09 (112)	0:01:30	0:12:13	0:11:17	0:11:13	0:10:41	0:45:24 (84)	1:27:03
90	123 Eamonn	Hornibrook	male	40-44	0:45:14 (162)	0:01:31	0:10:07	0:10:04	0:10:10	0:10:02	0:40:24 (27)	1:27:09
91	136 Rebecca	McLaughlin	female	30-34	0:39:33 (102)	0:01:23	0:11:42	0:11:25	0:11:35	0:11:41	0:46:23 (96)	1:27:19
92	168 Edel	O'Reilly	female		0:33:29 (43)	0:01:14	0:13:35	0:13:04	0:13:04	0:12:55	0:52:37 (162)	1:27:20
93	190 Hazel	Scorer	female	35-39	0:39:48 (108)	0:01:03	0:11:46	0:11:40	0:11:37	0:11:39	0:46:42 (101)	1:27:33
94	7 Lisa	Bishop	female	40-44	0:34:44 (56)	0:01:14	0:12:51	0:12:54	0:13:05	0:12:49	0:51:40 (154)	1:27:37
95	61 Kiwana	Donnis	female	35-39	0:40:06 (111)	0:01:41	0:11:35	0:11:28	0:11:35	0:11:30	0:46:07 (94)	1:27:54
96	44 Mike	Donaldson	male	35-39	0:37:39 (83)	0:01:25	0:12:32	0:12:01	0:12:19	0:12:00	0:48:52 (127)	1:27:56
97	224 Alan	Colleran	male	35-39	0:36:33 (74)	0:01:42	0:12:45	0:12:23	0:12:30	0:12:24	0:50:02 (133)	1:28:17
98	27 Andrew	Connaire	male	30-34	0:41:55 (127)	0:01:30	0:11:34	0:11:12	0:11:31	0:10:59	0:45:16 (82)	1:28:41
99	82 Colm	Hawe	male	25-29	0:42:56 (143)	0:01:06	0:11:22	0:11:01	0:11:18	0:11:00	0:44:41 (73)	1:28:43
100	241 Team	Relay	Relay		0:37:33 (80)	0:00:47	0:12:37	0:12:28	0:12:49	0:12:37	0:50:30 (141)	1:28:51
101	87 Caroline	Horan	female	30-34	0:35:05 (58)	0:01:45	0:13:38	0:12:59	0:12:51	0:12:34	0:52:02 (157)	1:28:52
102	155 Cormac	Nicholson	male	40-44	0:38:45 (93)	0:02:13	0:12:21	0:11:55	0:11:55	0:11:52	0:48:03 (116)	1:29:01
103	185 Niv	Ryan	female	30-34	0:34:25 (54)	0:01:30	0:13:31	0:13:11	0:13:19	0:13:04	0:53:06 (166)	1:29:01
104	244 Team	Relay	Relay		0:38:38 (91)	0:00:52	0:12:04	0:12:23	0:12:38	0:12:31	0:49:36 (131)	1:29:06
105	28 padraic	Connolly	male	40-44	0:45:31 (166)	0:02:09	0:10:36	0:10:16	0:10:26	0:10:26	0:41:44 (44)	1:29:24
106	51 Barry	Doyle	male	40-44	0:39:24 (100)	0:01:43	0:12:22	0:11:58	0:11:54	0:12:09	0:48:23 (121)	1:29:30
107	131 Richard	Mccarthy	male	25-29	0:40:29 (117)	0:01:31	0:11:32	0:11:41	0:12:13	0:12:07	0:47:34 (107)	1:29:34
108	144 Ross	Mooney	male	35-39	0:35:56 (68)	0:01:57	0:13:26	0:12:49	0:12:52	0:13:03	0:52:10 (159)	1:30:03
109	15 Daragh	Callaghan	male	40-44	0:43:24 (147)	0:01:16	0:11:43	0:11:12	0:11:22	0:11:07	0:45:24 (83)	1:30:04
110	38 Aidan	Currie	male	50-54	0:38:36 (90)	0:01:46	0:12:53	0:12:24	0:12:30	0:12:19	0:50:06 (63)	1:30:28
111	22 Larry	Cleary	male	40-44	0:45:36 (167)	0:01:34	0:11:10	0:10:51	0:10:50	0:10:46	0:43:38 (63)	1:30:48
112	9 rynal	browne	male	35-39	0:45:28 (164)	0:01:58	0:10:47	0:10:48	0:10:54	0:10:56	0:43:25 (61)	1:30:52
113	104 Duncan	Kerin	male	40-44	0:36:10 (71)	0:02:27	0:13:21	0:12:56	0:13:05	0:12:58	0:52:19 (160)	1:30:57
114	142 John	mongan	male	35-39	0:38:21 (85)	0:02:24	0:13:16	0:12:20	0:12:29	0:12:20	0:50:26 (139)	1:31:11
115	196 Laura	Shilling	female	40-44	0:42:06 (130)	0:01:32	0:11:46	0:11:48	0:12:00	0:12:01	0:47:34 (108)	1:31:13
116	226 Team	Dooleys	Relay	Relay	0:36:13 (72)	0:00:41	0:12:57	0:13:34	0:13:56	0:14:05	0:54:32 (175)	1:31:26
117	208 Brendan	Wallace	male	35-39	0:42:10 (132)	0:02:17	0:11:51	0:11:43	0:11:50	0:11:40	0:47:04 (104)	1:31:31
118	11 Chris	Burke	female	45-49	0:40:22 (116)	0:01:08	0:12:40	0:12:32	0:12:40	0:12:14	0:50:06 (135)	1:31:36
119	108 Slawomir	Koenig	male	30-34	0:42:12 (133)	0:02:01	0:11:47	0:11:44	0:11:58	0:12:00	0:47:28 (106)	1:31:42
120	199 Alan	Stephens	male	40-44	0:40:11 (113)	0:02:50	0:12:33	0:12:20	0:12:08	0:11:54	0:48:55 (128)	1:31:56
121	157 Denis	O Gorman	male	35-39	0:44:38 (155)	0:01:18	0:11:31	0:11:40	0:11:42	0:11:10	0:46:03 (93)	1:31:59
122	42 Afric	Devane	female	25-29	0:37:03 (77)	0:01:14	0:13:30	0:13:11	0:13:07	0:14:01	0:53:49 (170)	1:32:07
123	97 Jarlath	Keaney	male	35-39	0:45:41 (168)	0:01:19	0:11:36	0:11:04	0:11:19	0:11:16	0:45:14 (80)	1:32:14
124	182 Niall	Rooney	male	30-34	0:42:18 (135)	0:02:10	0:12:28	0:12:00	0:12:11	0:11:20	0:47:59 (115)	1:32:27
125	49 Gerard	dooley	male	30-34	0:41:09 (122)	0:01:38	0:13:08	0:12:33	0:12:24	0:11:43	0:49:49 (132)	1:32:35
126	204 Aisling	Trainor	female	25-29	0:43:14 (145)	0:01:43	0:12:14	0:11:55	0:11:56	0:11:36	0:47:41 (110)	1:32:38
127	80 Joanne	Hanna	female	30-34	0:39:04 (98)	0:05:19	0:12:41	0:12:04	0:11:54	0:11:51	0:48:30 (125)	1:32:54
128	171 David	Pegman	male	40-44	0:48:47 (187)	0:01:23	0:10:45	0:10:42	0:10:43	0:10:38	0:42:48 (54)	1:32:58
129	77 Noel	Griffin	male	35-39	0:45:29 (165)	0:01:49	0:11:54	0:11:19	0:11:30	0:11:13	0:45:56 (90)	1:33:14
130	127 Stephen	Mangan	male	40-44	0:44:42 (156)	0:01:58	0:12:07	0:12:02	0:11:19	0:11:11	0:46:39 (100)	1:33:19
131	84 James	Heaslip	male	40-44	0:45:56 (170)	0:01:46	0:11:44	0:11:36	0:11:32	0:11:01	0:45:53 (89)	1:33:35
132	139 Richard	Meaney	male	30-34	0:50:10 (191)	0:02:26	0:10:22	0:10:15	0:10:35	0:09:56	0:41:08 (37)	1:33:44
133	146 fergus	mullins	male	35-39	0:41:04 (121)	0:01:38	0:12:59	0:12:41	0:12:55	0:12:43	0:51:18 (151)	1:34:00
134	162 Pat	O'Dwyer	male		0:51:08 (194)	0:02:11	0:09:58	0:10:07	0:10:24	0:10:20	0:40:49 (34)	1:34:08
135	207 miriam	wall	female	40-44	0:44:49 (158)	0:01:50	0:12:04	0:11:51	0:11:57	0:11:54	0:47:46 (113)	1:34:25
136	124 Patricia	Mac Eoin	female	35-39	0:37:36 (81)	0:03:37	0:13:27	0:13:18	0:13:40	0:13:03	0:53:28 (168)	1:34:41
137	173 Brian	Quain	male	30-34	0:44:09 (152)	0:02:37	0:12:21	0:12:07	0:11:56	0:11:42	0:48:06 (117)	1:34:52
138	67 Aileen	Flynn	female	35-39	0:41:56 (128)	0:02:03	0:13:16	0:13:25	0:12:51	0:11:30	0:51:02 (148)	1:35:01
139	12 Marie	Burke	female	40-44	0:38:32 (87)	0:01:39	0:13:47	0:13:30	0:13:48	0:13:49	0:54:54 (177)	1:35:04
140	113 Robert	Lennon	male	30-34	0:47:06 (173)	0:02:07	0:11:53	0:11:33	0:11:26	0:11:10	0:46:01 (91)	1:35:14
141	242 Team	Relay	Relay		0:42:36 (138)	0:00:51	0:12:27	0:12:44	0:13:14	0:13:28	0:51:54 (156)	1:35:21
142	198 Ruth	Staunton	female	35-39	0:43:23 (146)	0:02:16	0:12:40	0:12:20	0:12:55	0:12:22	0:50:16 (138)	1:35:55
143	73 Thomas	Geoghegan	male	25-29	0:48:27 (183)	0:02:33	0:11:19	0:11:29	0:11:30	0:10:45	0:45:02 (77)	1:36:02
144	166 Frank	O'Neill	male	45-49	0:48:32 (184)	0:02:45	0:11:37	0:10:58	0:11:14	0:11:02	0:44:51 (74)	1:36:08
145	201 Tricia	Strelloff	female	40-44	0:42:46 (140)	0:02:07	0:13:15		0:25:46	0:12:28	0:51:30 (153)	1:36:23
146	52 Catherine	Dufficy	female	35-39	0:44:22 (153)	0:01:44	0:13:07	0:12:23	0:12:32	0:12:27	0:50:29 (140)	1:36:35
147	179 Michele	Reynolds	female	45-49	0:46:26 (172)	0:01:57	0:12:28	0:12:01	0:12:00	0:11:57	0:48:26 (122)	1:36:49
148	92 Jennifer	Infanti	female	30-34	0:39:38 (103)	0:02:00	0:13:45	0:13:39	0:14:04	0:13:46	0:55:14 (180)	1:36:52
149	89 Deirdre	Hough	female	30-34	0:48:09 (181)	0:01:42	0:11:59	0:11:40	0:11:52	0:11:39	0:47:09 (105)	1:37:00
150	129 ANNE	MC GRANE	female	45-49	0:44:58 (159)	0:01:17	0:12:38	0:12:52	0:12:49	0:12:33	0:50:53 (146)	1:37:08
151	172 Laurent	provost	male	35-39	0:43:26 (149)	0:01:10	0:13:12	0:13:09	0:13:17	0:13:00	0:52:39 (163)	1:37:15
152	23 Gerard	Clery	male	40-44	0:43:27 (150)	0:02:52	0:13:04	0:12:47	0:12:50	0:12:17	0:50:58 (147)	1:37:17
153	200 Peter	Strange	male	35-39	0:48:39 (186)	0:01:21	0:12:02	0:11:56	0:12:02	0:11:47	0:47:47 (114)	1:37:46
154	214 Sharon	Walsh	female	40-44	0:41:50 (125)	0:02:34	0:13:24	0:13:35	0:13:29	0:12:59	0:53:27 (167)	1:37:51

Long

155	205 Eric	Van Lente	male	40-44	0:42:46 (141)	0:02:52	0:12:20	0:12:49	0:13:40	0:13:37	0:52:26 (161)	1:38:03
156	29 Patrick	Cooley	male	45-49	0:47:21 (175)	0:02:33	0:12:25	0:12:20	0:12:05	0:11:19	0:48:09 (119)	1:38:03
157	115 Martha	Linnane	female	35-39	0:48:34 (185)	0:01:02	0:12:34	0:11:54	0:12:04	0:11:58	0:48:31 (126)	1:38:07
158	24 sean	collum	male	40-44	0:49:12 (190)	0:02:32	0:11:47	0:11:24	0:11:49	0:11:37	0:46:36 (99)	1:38:20
159	189 Alex	Schregardus	male	30-34	0:42:21 (137)	0:01:37	0:13:58	0:13:39	0:13:20	0:13:35	0:54:33 (176)	1:38:31
160	17 John	Cannon	male	55-59	0:45:09 (161)	0:01:35	0:12:54	0:12:38	0:13:13	0:13:07	0:51:52 (155)	1:38:36
161	32 Damien	Cosgrove	male	40-44	0:42:09 (131)	0:02:16	0:12:30	0:12:57	0:14:00	0:14:57	0:54:24 (174)	1:38:48
162	98 orla	kearney	female	30-34	0:47:45 (179)	0:02:16	0:12:26	0:11:52	0:12:29	0:12:11	0:48:58 (129)	1:38:59
163	74 Davitt	Geraghty	male	40-44	0:40:49 (120)	0:02:46	0:14:03	0:13:54	0:14:09	0:13:55	0:56:01 (183)	1:39:36
164	25 Niall	Concannon	male	40-44	0:43:06 (144)	0:02:55	0:13:52	0:13:35	0:13:27	0:13:00	0:53:55 (172)	1:39:56
165	134 Ian	McDonald	male	40-44	0:45:42 (169)	0:02:31	0:13:07	0:12:59	0:13:04	0:13:00	0:52:09 (158)	1:40:22
166	18 Ray	Carroll	male	35-39	0:52:34 (197)	0:02:30	0:11:16	0:11:07	0:11:21	0:12:03	0:45:48 (87)	1:40:51
167	167 Ciara	O'Neill	female	30-34	0:45:02 (160)	0:02:05	0:13:04	0:12:58	0:13:24	0:14:22	0:53:49 (169)	1:40:56
168	160 AnnaMarie	O'Connell	female	35-39	0:47:38 (177)	0:03:07	0:12:28	0:12:32	0:12:43	0:12:28	0:50:11 (136)	1:40:57
169	69 Ray	Foley	male	40-44	0:42:21 (136)	0:02:34	0:14:00	0:13:44	0:13:46	0:13:33	0:55:03 (179)	1:40:57
170	206 Jim	Vaughan	male	45-49	0:52:53 (198)	0:01:46	0:11:53	0:12:00	0:11:53	0:11:09	0:46:55 (103)	1:41:34
171	2 Aideen	Allen	female	50-54	0:41:52 (126)	0:01:59	0:14:51	0:14:19	0:14:28	0:14:20	0:57:58 (187)	1:41:49
172	50 Fergal	Downes	male	40-44	0:41:37 (123)	0:04:33	0:14:29	0:14:06	0:14:08	0:13:16	0:55:59 (181)	1:42:09
173	164 seamas	O'Heocha	male	50-54	0:39:56 (110)	0:02:41	0:14:03	0:14:25	0:15:26	0:15:40	0:59:34 (192)	1:42:11
174	227 Alexander	Schultz	male		0:51:21 (195)	0:03:08	0:11:56	0:11:44	0:12:14	0:12:14	0:48:08 (118)	1:42:36
175	37 Liam	Curren	male	30-34	0:54:31 (201)	0:01:20	0:12:03	0:11:37	0:11:43	0:11:25	0:46:47 (102)	1:42:38
176	170 John	Palmer	male	40-44	0:45:19 (163)	0:03:22	0:13:26	0:13:26	0:13:52	0:13:30	0:54:14 (173)	1:42:55
177	72 Fionnan	Garvey	male	30-34	0:47:53 (180)	0:02:53	0:13:11	0:13:18	0:13:23	0:12:49	0:55:03 (164)	1:43:28
178	169 Eoin	O'Sullivan	male	35-39	0:48:49 (189)	0:01:11	0:13:10	0:13:29	0:13:29	0:13:42	0:53:51 (171)	1:43:50
179	114 Clodagh	Lennon	female	30-34	0:50:21 (193)	0:02:23	0:12:56	0:13:08	0:12:51	0:12:17	0:51:12 (150)	1:43:56
180	20 Brian	Clancy	male	40-44	0:43:25 (148)	0:02:19	0:14:10	0:14:46	0:15:47	0:14:39	0:59:22 (191)	1:45:06
181	223 Riona	MacEoin	female	30-34	0:42:44 (139)	0:04:23	0:14:25	0:14:43	0:14:42	0:14:10	0:58:00 (188)	1:45:07
182	145 Michelle	Moran	female	30-34	0:53:07 (199)	0:01:53	0:12:42	0:12:49	0:12:56	0:12:18	0:50:45 (144)	1:45:46
183	216 Janet	Ward	female	40-44	0:47:10 (174)	0:02:16	0:14:33	0:14:01	0:14:04	0:13:43	0:56:21 (185)	1:45:47
184	46 Orla	Donnelly	female	40-44	0:42:13 (134)	0:03:41	0:14:46	0:14:51	0:15:17	0:15:08	1:00:02 (194)	1:45:56
185	109 Stefanie	Kraus	female	35-39	0:43:51 (151)	0:02:18	0:15:33	0:14:46	0:14:53	0:14:50	1:00:01 (193)	1:46:11
186	57 mary	dunne	female	40-44	0:48:48 (188)	0:01:42	0:14:10	0:14:02	0:14:08	0:13:40	0:56:00 (182)	1:46:30
187	40 Peadar	De Barra	male	35-39	0:44:33 (154)	0:03:21	0:14:05	0:14:15	0:15:03	0:15:28	0:58:50 (190)	1:46:44
188	143 RICHARD	MOODLEY	male	35-39	0:54:26 (200)	0:01:31	0:12:59	0:12:35	0:13:01	0:12:28	0:51:03 (149)	1:47:00
189	151 Pauline	Murray	female	40-44	0:48:11 (182)	0:02:31	0:14:27	0:14:26	0:14:21	0:14:04	0:57:18 (186)	1:47:59
190	217 Michael	Welby	male	50-54	0:58:38 (205)	0:02:09	0:12:10	0:11:56	0:12:15	0:12:09	0:48:30 (124)	1:49:17
191	152 Durgham	Mushtaha	male	30-34	0:51:49 (196)	0:03:01	0:13:57	0:13:39	0:13:41	0:13:43	0:55:00 (178)	1:49:50
192	55 Fergus	Dunne	male	40-44	0:47:41 (178)	0:03:50	0:14:04	0:14:25	0:15:06	0:14:55	0:58:31 (189)	1:50:02
193	218 Andrew	White	male	25-29	0:44:42 (157)	0:04:45	0:14:52	0:15:59	0:15:11	0:15:31	1:01:33 (196)	1:51:00
194	137 Bairbre	McNicholas	female	30-34	0:56:15 (203)	0:02:08	0:13:09	0:13:05	0:13:26	0:13:10	0:52:50 (165)	1:51:13
195	31 Brenda	Cosgrove	female	55-59	0:47:23 (176)	0:02:45	0:15:19	0:15:03	0:15:28	0:15:40	1:01:31 (195)	1:51:38
196	177 barry	reddan	male	40-44	0:45:56 (171)	0:02:40	0:16:32	0:16:12	0:15:43	0:15:07	1:03:34 (197)	1:52:10
197	70 Karen	Forde	female	30-34	0:41:45 (124)	0:05:30	0:16:57	0:16:29	0:16:27	0:16:34	1:06:27 (199)	1:53:41
198	191 Kim	Scott	female	40-44	0:56:29 (204)	0:02:03	0:14:29	0:13:52	0:13:57	0:13:57	0:56:14 (184)	1:54:47
199	126 Garret	Maher	male	30-34	0:50:21 (192)	0:02:41	0:16:22	0:15:55	0:15:53	0:16:10	1:04:21 (198)	1:57:23
	203 Edel	Tighe	female	25-29	0:30:28 (11)	0:01:16						DNF
	147 Heather	Murphy	female	30-34	0:39:51 (109)	0:04:33	0:16:31	0:16:24				DNF
	13 Mary	Butler	female	30-34	0:55:32 (202)							DNF
	4 sinead	barry	female	35-39								DNF
	56 Mark	Dunne	male	25-29	0:33:01 (36)	0:00:59						DNF
	103 Brendan	KENNY	male	45-49	0:37:45 (84)							DNF
	26 John	Connaghan	male	50-54	0:38:54 (97)							DNF
	215 Jonathan	Ward	male	25-29								DNF
	132				0:59:44 (206)							DNF