Place	Number	Name	Surname	Sex	Finish	1 Mile	2 Mile	3 Mile	4 Mile	5 Mile	6 Mile	7 Mile	8 Mile	9 Mile	10 Mile	11 Mile	12 Mile	13 Mile	14 Mile	15 Mile	16 Mile	17 Mile	18 Mile	19 Mile	20 Mile	21 Mile	22 Mile	23 Mile	24 Mile	25 Mile	26 Mile	27 Mile	28 Mile	29 Mile	30 Mile
1	60	Ted	O'Leary	M	03:58:26	0:07:28	0:07:24	0:07:13	0:07:18	0:07:23	0:07:20	0:07:22	0:07:19	0:07:26	0:07:20	0:07:29	0:07:34	0:07:44	0:07:39	0:07:46	0:07:49	0:08:05	0:08:00	0:07:54	0:07:58	0:08:10	0:08:19	0:08:34	0:08:44	0:09:25	0:08:51	0:08:49	0:08:33	0:08:37	0:08:53
2	49	John	Kissane	M	03:59:42	0:07:51	0:07:21	0:07:28	0:07:27	0:07:24	0:07:30	0:07:32	0:07:32	0:07:32	0:07:27	0:07:26	0:07:35	0:07:32	0:07:33	0:07:33	0:07:39	0:07:40	0:07:40	0:07:46	0:07:46	0:07:53	0:08:00	0:08:22	0:08:27	0:08:32	0:09:05	0:09:14	0:09:35	0:09:39	0:09:41
3	39	Charlotte	Kearney	F	04:02:34	0:07:51	0:07:52	0:07:52	0:07:58	0:07:56	0:08:24	0:07:53	0:07:53	0:07:55	0:07:56	0:07:38	0:08:16	0:07:52	0:08:00	0:08:03	0:07:55	0:07:57	0:09:29	0:09:27	0:07:52	0:08:02	0:08:22	0:08:29	0:08:34	0:08:12	0:07:57	0:07:56	0:07:55	0:07:48	0:07:20
4	50	John	Mcdonagh	M	04:11:11	0:08:20	0:08:05	0:08:07	0:07:57	0:07:56	0:10:03	0:07:50	0:08:39	0:07:48	0:07:52	0:08:12	0:08:17	0:08:50	0:08:16	0:08:22	0:08:20	0:10:08	0:08:05	0:09:25	0:08:05	0:08:09	0:07:58	0:09:06	0:07:49	0:08:13	0:08:01	0:07:59	0:08:39	0:08:40	0:08:01
5	43	Deirdre	Finn	F	04:21:25	0:07:55	0:07:50	0:07:52	0:08:02	0:08:05	0:08:04	0:08:03	0:08:05	0:08:07	0:07:59	0:07:49	0:08:08	0:08:17	0:08:09	0:08:22	0:08:34	0:08:43	0:08:33	0:08:47	0:09:21	0:08:56	0:08:58	0:09:01	0:09:21	0:09:23	0:10:08	0:10:02	0:10:20	0:10:39	0:09:52
6	47	James	Quinlan	M	04:27:57	0:08:57	0:08:14	0:08:12	0:08:06	0:08:17	0:08:40	0:08:16	0:08:15	0:08:16	0:08:19	0:08:21	0:08:23	0:08:48	0:08:30	0:08:41	0:08:45	0:09:39	0:08:44	0:09:25	0:09:08	0:09:00	0:10:04	0:09:15	0:09:14	0:09:28	0:09:19	0:09:33	0:10:30	0:09:48	0:09:51
7	42	Dave	Stack	M	04:32:08	0:08:19	0:08:54	0:08:31	0:08:00	0:09:12	0:07:57	0:08:11	0:07:52	0:08:27	0:08:17	0:08:32	0:08:45	0:08:29	0:08:26	0:08:24	0:08:23	0:08:29	0:09:06	0:09:17	0:08:55	0:08:54	0:08:52	0:09:15	0:10:07	0:10:51	0:11:31	0:10:22	0:10:47	0:11:16	0:09:47
8	36	Alan	Keane	M	04:38:03	0:08:25	0:08:41	0:08:43	0:08:50	0:10:08	0:08:32	0:08:35	0:08:53	0:08:54	0:08:47	0:08:32	0:08:44	0:08:50	0:08:54	0:08:57	0:08:48	0:08:56	0:09:09	0:09:05	0:09:13	0:09:22	0:09:30	0:09:33	0:09:53	0:09:49	0:09:46	0:11:05	0:09:52	0:10:57	0:10:38
9	57	Patrick	Brennan	M	04:53:07	0:08:19	0:08:42	0:08:43	0:08:49	0:09:00	0:09:04	0:09:05	0:09:03	0:08:54	0:08:47	0:09:15	0:09:07	0:09:10	0:09:35	0:09:00	0:09:06	0:09:08	0:09:10	0:09:54	0:09:41	0:10:47	0:10:57	0:09:44	0:11:00	0:10:54	0:09:56	0:15:43	0:10:56	0:11:13	0:10:22
10	45	Gerard	Mcnamara	M	04:57:31	0:08:28	0:08:44	0:08:50	0:08:55	0:08:56	0:08:55	0:09:00	0:08:58	0:08:54	0:08:53	0:09:04	0:09:15	0:09:18	0:09:15	0:09:09	0:09:21	0:09:25	0:09:31	0:09:32	0:09:33	0:09:57	0:12:19	0:10:57	0:11:00	0:13:20	0:11:01	0:11:09	0:11:08	0:12:04	0:12:38
11	37	Andrew	Lenharth	M	04:57:50	0:09:54	0:09:49	0:10:02	0:09:25	0:09:13	0:09:20	0:09:32	0:09:26	0:09:16	0:09:33	0:09:24	0:09:55	0:09:36	0:09:42	0:10:43	0:10:34	0:10:10	0:09:57	0:09:49	0:10:04	0:09:57	0:10:55	0:10:00	0:10:10	0:10:06	0:10:08	0:10:11	0:10:09	0:10:38	0:10:11
12	58	Paul	Duggan	M	04:59:16	0:09:34	0:09:45	0:09:43	0:09:24	0:09:33	0:09:31	0:09:39	0:09:31	0:09:32	0:10:27	0:09:33	0:09:41	0:09:36	0:09:27	0:09:35	0:09:53	0:10:41	0:09:36	0:09:24	0:10:15	0:09:58	0:10:04	0:09:51	0:10:02	0:12:09	0:09:56	0:10:41	0:11:07	0:11:58	0:09:08
13	63	Fionnuala	O'Mara	F	04:59:25	0:09:08	0:09:03	0:08:57	0:08:59	0:09:15	0:09:46	0:09:16	0:09:20	0:09:27	0:09:30	0:09:29	0:09:54	0:09:49	0:09:59	0:10:00	0:10:14	0:12:46	0:12:21	0:10:32	0:10:18	0:10:18	0:10:38	0:10:07	0:10:12	0:10:41	0:10:12	0:10:00	0:09:49	0:10:11	0:09:12
14	51	Kevin	Shortt	M	05:08:37	0:09:57	0:09:54	0:09:58	0:10:27	0:10:20	0:10:15	0:10:06	0:10:11	0:10:09	0:10:00	0:10:11	0:09:53	0:10:02	0:10:02	0:10:11	0:10:15	0:10:19	0:10:05	0:10:17	0:10:09	0:10:10	0:10:35	0:10:25	0:10:21	0:10:33	0:10:43	0:10:34	0:10:37	0:10:53	0:11:03
15	62	Wojciech	Musial	M	05:15:16	0:09:24	0:09:27	0:09:26	0:09:30	0:09:25	0:09:26	0:09:26	0:09:17	0:09:23	0:09:30	0:09:38	0:09:31	0:09:44	0:09:48	0:09:50	0:10:14	0:10:21	0:10:23	0:10:57	0:11:34	0:11:14	0:11:08	0:12:06	0:12:01	0:11:52	0:12:20	0:12:29	0:12:14	0:11:57	0:11:37
16	61	Vallo	Prints	M	05:16:58	0:08:52	0:09:30	0:09:51	0:09:58	0:09:54	0:09:52	0:13:32	0:09:32	0:09:38	0:09:37	0:09:52	0:09:38	0:10:18	0:09:34	0:09:45	0:09:28	0:09:30	0:09:33	0:12:25	0:09:35	0:09:43	0:10:18	0:10:11	0:10:56	0:12:21	0:12:01	0:12:41	0:13:46	0:12:38	0:12:29
17	48	Jerry	O'Connor	M	05:20:09	0:09:54	0:09:52	0:09:46	0:10:32	0:09:52	0:09:57	0:09:41	0:10:01	0:10:21	0:10:11	0:11:01	0:10:50	0:09:59	0:10:32	0:10:36	0:10:15	0:10:23	0:10:23	0:10:22	0:10:43	0:10:50	0:11:27	0:11:21	0:11:11	0:11:30	0:11:36	0:12:12	0:11:41	0:11:42	0:11:26
18	56	Patrick	Mercie	M	05:22:52	0:09:56	0:09:47	0:09:11	0:09:16	0:09:14	0:08:46	0:09:05	0:08:54	0:09:22	0:09:53	0:09:22	0:09:43	0:11:04	0:09:52	0:09:43	0:10:56	0:10:14	0:11:52	0:12:10	0:13:20	0:11:07	0:12:21	0:11:42	0:11:55	0:12:18	0:12:43	0:12:19	0:13:05	0:12:14	0:11:29
19	59	Shane	Dunphy	M	05:39:46	0:09:53	0:09:48	0:10:06	0:10:27	0:11:15	0:11:55	0:11:27	0:09:19	0:10:48	0:11:35	0:09:50	0:08:57	0:11:47	0:09:55	0:11:42	0:10:28	0:11:19	0:11:34	0:11:59	0:11:48	0:13:30	0:12:18	0:11:39	0:13:47	0:11:06	0:12:03	0:11:28	0:12:17	0:11:10	0:14:35
20	52	Louise	Orourke	F	05:46:01	0:12:21	0:08:46	0:09:48	0:10:06	0:14:47	0:09:03	0:09:05	0:10:14	0:09:39	0:14:32	0:09:56	0:12:08	0:10:30	0:10:16	0:20:21	0:09:16	0:11:18	0:09:58	0:10:14	0:13:08	0:10:11	0:10:48	0:11:33	0:19:45	0:10:59	0:10:32	0:14:01	0:10:25	0:11:41	0:10:40
21	40	Claire	Connaughton	F	05:51:16	0:09:53	0:09:54	0:09:46	0:10:31	0:10:30	0:10:15	0:10:58	0:10:24	0:10:40	0:13:31	0:11:20	0:11:11	0:12:23	0:13:30	0:13:25	0:11:43	0:11:58	0:11:58	0:12:29	0:12:06	0:11:12	0:11:46	0:11:51	0:12:16	0:12:07	0:12:26	0:12:08	0:13:02	0:13:12	0:12:52
22	38	Barbara	Sludds	F	05:51:50	0:11:21	0:10:59	0:10:59	0:10:54	0:11:03	0:10:46																								
23	44	Gerard	Fay	M	05:54:12	0:09:53	0:09:49	0:10:17	0:10:32	0:11:22	0:10:24	0:10:16	0:10:33	0:10:13	0:11:09	0:11:07	0:11:44	0:11:03	0:10:23	0:12:38	0:11:20	0:12:25	0:12:13	0:12:30	0:13:43	0:13:28	0:13:36	0:13:18	0:13:16	0:12:49	0:12:38	0:12:12	0:13:11	0:13:04	0:13:06
24	41	Collette	O'Hagan	F	06:07:24	0:10:27	0:10:49	0:10:51	0:10:53	0:10:53	0:11:02	0:11:33	0:11:49	0:11:54	0:12:10	0:12:25	0:12:22	0:12:31	0:12:29	0:12:37	0:12:37	0:12:43	0:12:32	0:12:36	0:12:38	0:12:44	0:12:47	0:12:54	0:12:59	0:13:03	0:13:10	0:13:13	0:13:04	0:12:57	0:12:42
25	55	Paddy	Mockett	M	07:17:04	0:11:19	0:11:09	0:11:52	0:24:52	0:14:52	0:11:53	0:11:45	0:11:54	0:12:28	0:15:45	0:14:11	0:13:40	0:14:52	0:13:53	0:14:35	0:15:11	0:13:50	0:13:58	0:16:50	0:14:35	0:15:32	0:16:34	0:15:18	0:14:53	0:14:50	0:17:27	0:15:08	0:14:31	0:14:34	0:14:52
	54	Oliver	Kearney	M	DNF @13mile	0:07:56	0:07:52	0:07:55	0:08:00	0:08:01	0:08:18	0:08:00	0:07:53	0:08:00	0:08:02	0:08:03	0:08:06	0:08:19																	
	173	Paula	Burcheal	F	DNF @20mile	0:08:25	0:08:41	0:08:43	0:08:50	0:08:58	0:09:21	0:09:33	0:09:37	0:09:41	0:09:53	0:10:23	0:11:25	0:12:13	0:11:41	0:11:44	0:12:04	0:10:48	0:16:39	0:16:01	0:17:39										