

Place	Number	Name	Surname	Sex	Lap 1	Lap 2	Race Time	Chip Time
1	641	Turlough	Conway	M	0:17:47	0:18:15	0:36:02	0:36:02
2	970	Sean	Molloy	M	0:17:57	0:19:40	0:37:39	0:37:38
3	1248	Padraig	Sheehan	M	0:19:26	0:19:28	0:38:53	0:38:53
4	1170	Niall	O'Reilly	M	0:19:16	0:19:54	0:39:11	0:39:10
5	847	Colm	Kennedy	M	0:19:55	0:20:29	0:40:26	0:40:24
6	1166	Barry	O'Mahony	M	0:21:20	0:20:48	0:42:11	0:42:08
7	1178	Anthony	Owens	M	0:21:04	0:21:28	0:42:35	0:42:32
8	901	Michael Og	Manley	M	0:20:33	0:22:04	0:42:37	0:42:37
9	870	Stephen	Iavin	M	0:21:16	0:21:21	0:42:38	0:42:37
10	884	Mateusz	Luczak	M	0:21:44	0:20:45	0:42:47	0:42:29
11	1209	Paul	Regan	M	0:21:47	0:20:51	0:42:56	0:42:39
12	745	Conor	furlong	M	0:22:11	0:21:07	0:43:21	0:43:18
13	805	Fran	Hourigan	M	0:21:44	0:21:34	0:43:26	0:43:18
14	776	Gearoid	Grogan	M	0:21:52	0:21:49	0:43:41	0:43:41
15	654	Kenneth	Cullen	M	0:21:33	0:22:32	0:44:06	0:44:05
16	1328	Graham	Young	M	0:22:10	0:21:58	0:44:15	0:44:08
17	715	John	Farrell	M	0:22:08	0:22:17	0:44:31	0:44:25
18	946	Jonathan	McGuinness	M	0:21:20	0:23:08	0:44:34	0:44:29
19	1247	Dylan	Sheehan	M	0:22:43	0:21:53	0:44:42	0:44:36
20	972	Andrew	Mooney	M	0:21:11	0:23:52	0:45:10	0:45:03
21	1171	Derek	Organ	M	0:22:12	0:22:54	0:45:15	0:45:06
22	889	Eamon	MacFhionnlaoich	M	0:22:26	0:22:52	0:45:18	0:45:17
23	841	Wes	Kelly	M	0:22:30	0:22:50	0:45:21	0:45:20
24	783	Rachel	Hannigan	F	0:22:31	0:22:54	0:45:26	0:45:25
25	1275	Emmet	Thornburgh	M	0:22:30	0:22:58	0:45:32	0:45:28
26	608	Francisco	Carbonell Vila	M	0:23:14	0:22:41	0:46:00	0:45:55
27	1159	David	O'Farrell	M	0:23:04	0:23:00	0:46:09	0:46:03
28	626	Erlend	Christiansen	M	0:23:27	0:22:15	0:46:11	0:45:42
29	1145	Darren	O'Connell	M	0:22:06	0:24:02	0:46:14	0:46:08
30	819	Adrian	Judge	M	0:23:07	0:23:10	0:46:21	0:46:18
31	896	Gareth	Maguire	M	0:22:59	0:23:14	0:46:24	0:46:13
32	613	Ollie	carroll	M	0:23:25	0:23:00	0:46:29	0:46:24
33	607	Julie	Carbery	F	0:22:58	0:23:01	0:46:30	0:45:59
34	1246	Kevin	Shannon	M	0:22:32	0:23:39	0:46:30	0:46:12
35	710	Kevin	Fahy	M	0:23:16	0:23:17	0:46:35	0:46:33
36	748	Thomas	Gallagher	M	0:23:23	0:23:20	0:46:47	0:46:43
37	951	Noel	McLaughlin	M	0:23:01	0:23:46	0:46:53	0:46:47
38	932	Anne	McGarr	F	0:23:18	0:23:26	0:46:54	0:46:44
39	555	Sean	Boland	M	0:23:13	0:23:48	0:47:05	0:47:01
40	1299	Danielle	Walker	F	0:23:23	0:23:40	0:47:11	0:47:03
41	619	Paul	Caswell	M	0:24:01	0:23:34	0:47:42	0:47:35
42	801	Eoin	Himpers	M	0:24:24	0:22:20	0:48:05	0:46:45
43	882	Tony	Lowry	M	0:23:37	0:24:32	0:48:17	0:48:09
44	1227	Greg	Russell	M	0:23:53	0:24:14	0:48:21	0:48:08
45	983	Marc	Morgan	M	0:23:45	0:24:33	0:48:22	0:48:19
46	980	Dave	moran	M	0:24:00	0:24:19	0:48:24	0:48:19
47	789	Mary	harte	F	0:24:00	0:24:19	0:48:24	0:48:19
48	891	Bryan	Madden	M	0:24:02	0:24:12	0:48:29	0:48:14

49	691	Thomas	Downey	M	0:24:20	0:24:05	0:48:29	0:48:25
50	674	Christopher	Delaney	M	0:24:22	0:24:04	0:48:30	0:48:26
51	720	Neil	Felton	M	0:23:47	0:24:38	0:48:31	0:48:25
52	1314	Shane	Whelan	M	0:24:51	0:23:43	0:48:38	0:48:34
53	1304	Muirna	Walsh	F	0:23:58	0:24:36	0:48:40	0:48:34
54	594	Brady	Burke	M	0:24:06	0:24:27	0:48:41	0:48:32
55	999	Darren	Murphy	M	0:24:55	0:23:18	0:48:43	0:48:14
56	1181	Luke	Parnell	m	0:25:11	0:22:45	0:48:48	0:47:56
57	790	Eoin	Harte	M	0:24:29	0:24:07	0:48:55	0:48:36
58	817	Darren	Jordan	M	0:24:53	0:24:08	0:49:01	0:49:01
59	707	Joao	Esteves	M	0:24:27	0:24:19	0:49:03	0:48:46
60	830	Sean	Keenan	M	0:25:15	0:23:06	0:49:06	0:48:22
61	700	Patrick	Duggan	M	0:25:11	0:23:43	0:49:08	0:48:54
62	1323	Jonathan	Windle	M	0:24:33	0:24:32	0:49:14	0:49:06
63	988	Caroline	Mullen	F	0:25:03	0:24:15	0:49:21	0:49:19
64	535	Rodrigue	Alcazar	M	0:24:55	0:24:34	0:49:30	0:49:30
65	1242	Jamie	Scott	M	0:24:52	0:24:38	0:49:31	0:49:30
66	627	Paul	Clarke	M	0:24:53	0:24:33	0:49:32	0:49:26
67	780	Rob	Halligan	M	0:24:20	0:25:12	0:49:36	0:49:32
68	686	Richard	doran	M	0:24:21	0:22:58	0:49:38	0:47:19
69	1327	Darren	Yates	M	0:25:27	0:23:45	0:49:40	0:49:12
70	615	Lauren Lucy	Crowley	F	0:24:14	0:25:34	0:49:52	0:49:48
71	540	Agata	Banas	F	0:24:52	0:24:52	0:49:52	0:49:44
72	848	Barry	Kennedy	M	0:25:00	0:24:44	0:49:55	0:49:44
73	1337	Sean	Hunt	M	0:25:33	0:21:45	0:50:02	0:47:18
74	1306	Fergal	walsh	M	0:25:16	0:24:18	0:50:14	0:49:34
75	747	Amy	Gallagher	F	0:25:18	0:24:42	0:50:19	0:50:00
76	670	Maria	Deery	F	0:25:17	0:24:58	0:50:25	0:50:15
77	900	Tracey	Malee	F	0:25:27	0:25:03	0:50:34	0:50:30
78	1297	Roos	van der Zee	F	0:25:28	0:25:08	0:50:47	0:50:36
79	1187	Joachim	Pietsch	M	0:24:02	0:26:47	0:50:48	0:50:48
80	1322	Brian	Wilson	M	0:25:15	0:25:13	0:50:59	0:50:29
81	726	Ksenija	Filipic	F	0:25:24	0:25:33	0:51:07	0:50:56
82	1192	Sebastian	Pozarowski	M	0:25:20	0:25:42	0:51:12	0:51:02
83	1106	Neil	Myers	M	0:25:53	0:25:19	0:51:12	0:51:12
84	592	Aideen	BURKE	F	0:25:54	0:25:29	0:51:29	0:51:23
85	688	Michael	Dowling	M	0:26:19	0:24:53	0:51:36	0:51:13
86	840	Kevin	Kelly	M	0:25:09	0:25:57	0:51:39	0:51:06
87	693	David	Doyle	M	0:24:47	0:26:54	0:51:46	0:51:41
88	808	Richard	Hughes	M	0:26:24	0:25:04	0:51:47	0:51:28
89	796	Vincent	Hibbert	M	0:26:01	0:25:45	0:51:50	0:51:45
90	842	Patrick	Kelly	M	0:26:41	0:24:49	0:51:51	0:51:30
91	537	Simon	Armstrong	M	0:25:58	0:25:50	0:51:57	0:51:48
92	1237	Tiarna	sands	F	0:26:02	0:26:03	0:52:06	0:52:05
93	646	Niamh	Coyne	F	0:26:38	0:25:41	0:52:29	0:52:20
94	897	Philip	Maher	M	0:26:36	0:25:53	0:52:35	0:52:29
95	879	Ivan	Lopez Blanco	M	0:26:34	0:25:42	0:52:37	0:52:16
96	1231	Lisa	Ryan	F	0:25:54	0:26:49	0:52:52	0:52:44
97	702	Stuart	Dwyer	M	0:26:17	0:26:16	0:52:58	0:52:33

98	876	Lizzy	Lillington-Lester	F	0:26:35	0:26:29	0:53:09	0:53:04
99	1268	Vlad	Suchan	M	0:27:17	0:25:35	0:53:13	0:52:53
100	730	Jr	Finn	M	0:27:21	0:25:37	0:53:19	0:52:58
101	871	Jennifer	Lee	F	0:26:27	0:26:35	0:53:20	0:53:02
102	1104	Aaron	Murray	M	0:26:10	0:26:46	0:53:22	0:52:56
103	937	Bronagh	McGrane	F	0:26:42	0:26:30	0:53:23	0:53:12
104	620	Cathal	cavanagh	M	0:27:22	0:25:39	0:53:23	0:53:01
105	1315	Hannah	White	F	0:26:26	0:26:50	0:53:29	0:53:16
106	1329	Inna	Zarochentseva	F	0:27:13	0:25:34	0:53:35	0:52:47
107	694	Tj	Doyle	M	0:26:44	0:26:42	0:53:36	0:53:26
108	1204	David	Quirke	M	0:27:52	0:25:17	0:53:44	0:53:09
109	919	Colin	McCarthy	M	0:27:42	0:25:20	0:54:00	0:53:02
110	721	Conor	Fennell	M	0:26:39	0:27:01	0:54:01	0:53:40
111	542	Evelyn	Barrett	F	0:26:55	0:27:26	0:54:24	0:54:21
112	1188	Petra	Pinkova	F	0:26:45	0:27:40	0:54:29	0:54:24
113	1177	Pat	O'Sullivan	M	0:28:10	0:26:04	0:54:35	0:54:14
114	697	Michael	Duffy	M	0:27:26	0:27:04	0:54:41	0:54:30
115	579	Sean	Brett	M	0:27:10	0:27:14	0:54:48	0:54:24
116	673	Holly	Delaney	F	0:27:35	0:27:01	0:54:49	0:54:36
117	943	Kevin	McGrath	M	0:26:49	0:27:19	0:54:49	0:54:08
118	838	Keith	Kelly	M	0:28:53	0:25:21	0:54:51	0:54:14
119	1194	Luke	Proctor	M	0:28:07	0:26:19	0:54:52	0:54:26
120	1201	Dearbhla	Quinn	F	0:28:55	0:25:48	0:54:54	0:54:43
121	554	Guillaume	Boissier	M	0:28:36	0:25:48	0:54:59	0:54:24
122	553	Nathan	Boissier	M	0:28:37	0:25:48	0:55:00	0:54:25
123	1139	Rob	O'Brien	M	0:26:46	0:28:02	0:55:05	0:54:48
124	770	Mark	Grehan	M	0:27:21	0:27:51	0:55:19	0:55:13
125	600	Austin	Byrne	M	0:28:03	0:27:02	0:55:20	0:55:04
126	850	Aisling	Kennelly	F	0:28:17	0:26:36	0:55:20	0:54:54
127	982	Gearoid	Moran	M	0:28:28	0:26:29	0:55:22	0:54:57
128	1335	Seetal	Kc	M	0:27:12	0:27:19	0:55:24	0:54:31
129	1239	Tom	Schnittger	M	0:27:42	0:27:05	0:55:36	0:54:47
130	546	Lea	Bayssat	F	0:28:21	0:27:07	0:55:36	0:55:28
131	580	Sophia	Brewer	F	0:28:19	0:27:10	0:55:37	0:55:29
132	820	Kamil	Jurek	M	0:26:50	0:28:38	0:55:38	0:55:28
133	624	Karen	Champ	F	0:28:46	0:25:54	0:55:40	0:54:40
134	767	Aga	Grandowicz	F	0:28:08	0:27:10	0:55:45	0:55:18
135	722	Andrew	Fenton	M	0:28:14	0:27:13	0:55:47	0:55:27
136	1254	Alan	Shiels	M	0:28:49	0:26:23	0:55:50	0:55:11
137	1183	Martina	Peagram	F	0:28:13	0:27:20	0:55:55	0:55:32
138	771	Suzanne	Griffin	F	0:28:01	0:27:11	0:55:58	0:55:12
139	1197	Julie	Quin	F	0:28:02	0:27:10	0:55:59	0:55:13
140	823	Katarzyna	Kazmierska	F	0:29:17	0:26:23	0:55:59	0:55:40
141	681	Marc	doggett	M	0:27:45	0:27:55	0:56:02	0:55:40
142	1291	Bryana	Tunder	F	0:28:48	0:26:57	0:56:05	0:55:44
143	878	Rosemary	Long	F	0:27:19	0:28:40	0:56:07	0:55:59
144	793	Greg	Hayes	M	0:28:57	0:26:48	0:56:08	0:55:44
145	934	Steven	McGovern	M	0:27:48	0:28:00	0:56:10	0:55:48
146	940	Aoife	McGrath	F	0:28:07	0:27:58	0:56:17	0:56:05

147	1179	Katarzyna	PACHUTA	F	0:28:10	0:28:03	0:56:21	0:56:13
148	924	Maire	McDevitt	F	0:27:55	0:28:27	0:56:27	0:56:22
149	931	Kieran	Mcelligott	M	0:28:55	0:26:58	0:56:29	0:55:52
150	761	Aoibheann	Gormley	F	0:28:20	0:27:56	0:56:32	0:56:16
151	649	Caitriona	Cronin	F	0:28:36	0:27:17	0:56:32	0:55:53
152	1122	Michael	O' Connell	M	0:29:56	0:25:58	0:56:35	0:55:54
153	1173	Patrick	O'Shea	M	0:28:37	0:27:35	0:56:37	0:56:11
154	556	Sean	Boland	M	0:27:20	0:26:48	0:56:44	0:54:08
155	557	Sean	Boland	M	0:27:11	0:26:49	0:56:45	0:54:00
156	788	Philip	Harrison	M	0:29:13	0:27:02	0:56:48	0:56:15
157	773	Neil	Griffin	M	0:28:31	0:28:06	0:56:48	0:56:36
158	559	Donal	Bolger	M	0:28:30	0:28:06	0:56:48	0:56:36
159	734	Paul	Fitzpatrick	M	0:24:23	0:26:02	0:56:59	0:50:25
160	869	Sarah	Lavan	F	0:28:37	0:28:10	0:56:59	0:56:47
161	1282	Rory	Tobin	M	0:32:59	0:23:09	0:57:00	0:56:09
162	1290	Teresa	Treacy	F	0:28:35	0:28:25	0:57:21	0:57:00
163	1202	Suzanne	Quinn	F	0:29:26	0:27:40	0:57:23	0:57:06
164	749	Aoibheann	Gaughran	F	0:28:28	0:28:35	0:57:27	0:57:03
165	1130	Lisa	O Neill	F	0:29:23	0:27:38	0:57:43	0:57:02
166	851	Joanne	Kenny	F	0:29:04	0:28:26	0:57:43	0:57:30
167	976	Brian	Moore	M	0:29:58	0:26:34	0:57:44	0:56:32
168	794	Paul	Heenan	M	0:29:18	0:28:14	0:57:46	0:57:32
169	917	Zoe	Mccarthy	F	0:29:00	0:28:33	0:57:52	0:57:32
170	913	Arron	MCALISTER	M	0:30:07	0:27:42	0:57:59	0:57:48
171	912	Anthony	MCALISTER	M	0:30:06	0:27:43	0:57:59	0:57:49
172	1129	Noelle	O Mahony	F	0:29:17	0:28:10	0:57:59	0:57:27
173	712	Gemma	Farmer	F	0:29:11	0:28:33	0:58:04	0:57:44
174	829	Stephen	Keating	M	0:29:00	0:28:41	0:58:04	0:57:41
175	981	Brian	Moran	M	0:28:07	0:29:36	0:58:07	0:57:43
176	1295	James	Tynan	M	0:30:44	0:27:19	0:58:15	0:58:03
177	1217	Domonic	Richardson	M	0:28:40	0:29:09	0:58:18	0:57:50
178	849	Andy	Kennedy	M	0:27:07	0:30:44	0:58:19	0:57:52
179	742	David	Flynn	M	0:30:35	0:27:14	0:58:25	0:57:49
180	1174	Marek	Osikowski	M	0:29:25	0:28:24	0:58:30	0:57:49
181	645	Fiona	Costello	F	0:30:09	0:27:59	0:58:34	0:58:08
182	544	Dean	Barry	M	0:27:47	0:28:04	0:58:34	0:55:51
183	1257	Jonas	Sluijs	M	0:29:02	0:29:33	0:58:34	0:58:34
184	1272	Amanda	Syron	F	0:29:17	0:28:57	0:58:38	0:58:14
185	825	Paula	keaney	F	0:28:36	0:29:56	0:58:39	0:58:32
186	599	Jessica	Byrne	F	0:31:13	0:26:57	0:58:39	0:58:10
187	669	Mary	Deery	F	0:28:32	0:29:57	0:58:41	0:58:30
188	804	Michelle	Horan	F	0:30:04	0:27:48	0:58:44	0:57:52
189	836	Joann	Kelly	F	0:30:13	0:27:54	0:58:59	0:58:07
190	852	Lorraine	Kenny	F	0:28:53	0:29:59	0:58:59	0:58:52
191	612	Amy	Carroll	F	0:29:32	0:28:42	0:59:05	0:58:14
192	781	Lara	Hand	F	0:29:03	0:29:57	0:59:08	0:59:00
193	887	Adrian	Ma	M	0:31:32	0:26:58	0:59:11	0:58:30
194	729	Sinead	Finn	F	0:29:50	0:28:52	0:59:21	0:58:43
195	766	Edouard	Grandchamp	M	0:30:09	0:28:33	0:59:23	0:58:42

196	1175	Liam	OSullivan	M	0:31:11	0:27:47	0:59:24	0:58:58
197	1124	Manus	O Donnell	M	0:32:48	0:26:09	0:59:28	0:58:57
198	699	Sinead	Duggan	F	0:29:49	0:29:31	0:59:33	0:59:20
199	563	Aileen	Bourke	F	0:29:13	0:29:27	0:59:37	0:58:40
200	1203	Siobhan	Quirke	F	0:29:53	0:29:33	0:59:43	0:59:26
201	636	Rebecca	Comer	F	0:30:13	0:28:50	0:59:44	0:59:03
202	907	Aisling	Maughan	F	0:30:29	0:28:54	0:59:47	0:59:23
203	657	James	Cullen	M	0:30:32	0:29:00	0:59:51	0:59:32
204	863	Meghan	Kogelman	F	0:29:28	0:30:01	0:59:51	0:59:29
205	658	Brendan	Cullen	M	0:30:32	0:29:03	0:59:52	0:59:34
206	1296	Teo	van Barthold	M	0:31:26	0:27:38	0:59:53	0:59:05
207	655	Gerard	Cullen	M	0:30:33	0:29:00	0:59:53	0:59:33
208	832	Sarah	Kelly	F	0:29:48	0:30:08	1:00:08	0:59:56
209	798	Ronan	Hickey	M	0:29:29	0:30:00	1:00:11	0:59:29
210	894	Cathal	Magner	M	0:30:26	0:29:18	1:00:14	0:59:44
211	1293	Marissa	twomey	F	0:29:52	0:30:09	1:00:17	1:00:01
212	1310	Patrick	Ward	M	0:30:47	0:29:34	1:00:21	1:00:21
213	1267	Lana	Stone	F	0:31:04	0:29:06	1:00:23	1:00:10
214	644	Gerard	Corry	M	0:30:51	0:29:06	1:00:32	0:59:57
215	853	Rory	keogh	M	0:31:19	0:28:22	1:00:33	0:59:41
216	751	Bobby	Geraghty	M	0:29:47	0:30:26	1:00:35	1:00:13
217	807	Jane	Hughes	F	0:29:06	0:31:24	1:00:38	1:00:30
218	736	Derek	Fitzsimons	M	0:30:46	0:29:21	1:00:39	1:00:07
219	735	Derek	Fitzsimons	M	0:30:46	0:29:21	1:00:39	1:00:07
220	647	Aoife	Coyne	F	0:29:17	0:31:17	1:00:45	1:00:34
221	1251	Bill	Sheft	M	0:28:54	0:31:29	1:00:47	1:00:23
222	601	Tony	Byrne	M	0:28:02	0:32:41	1:00:59	1:00:43
223	1284	Freya	Tobin-Schnitter	F	0:32:59	0:27:13	1:01:02	1:00:13
224	533	Anna	Agnew	F	0:30:31	0:30:00	1:01:03	1:00:31
225	895	Fiona	Maguire	F	0:30:59	0:30:05	1:01:18	1:01:05
226	1196	Dermot	Quill	M	0:30:58	0:30:05	1:01:19	1:01:03
227	969	Gillian	Mitchell	F	0:30:08	0:30:08	1:01:22	1:00:16
228	1190	Marcus	Power	M	0:35:24	0:25:07	1:01:23	1:00:31
229	1309	Susan	Ward	F	0:30:30	0:30:36	1:01:23	1:01:06
230	953	Laura	McMahon	F	0:29:49	0:31:16	1:01:30	1:01:06
231	1110	Eugene	Nel	M	0:31:06	0:29:56	1:01:32	1:01:02
232	1232	Denise	Ryan	F	0:31:03	0:29:57	1:01:33	1:01:00
233	928	Eileen	McDonnell	F	0:30:27	0:30:56	1:01:38	1:01:23
234	1311	Dan	Waugh	M	0:33:17	0:27:47	1:01:39	1:01:04
235	855	Mark	Kershaw	M	0:30:33	0:30:48	1:01:47	1:01:21
236	818	Alison	Joyce	F	0:30:47	0:30:50	1:01:48	1:01:37
237	1101	Kirsty	Murray	F	0:29:52	0:31:41	1:01:56	1:01:32
238	890	Dara	Macnamara	M	0:30:09	0:31:21	1:01:56	1:01:30
239	779	Adele	Hall	F	0:30:06	0:31:46	1:01:59	1:01:52
240	1270	Orlagh	Sweetman	F	0:32:43	0:28:34	1:02:01	1:01:17
241	880	Dara	Losty	F	0:31:03	0:30:31	1:02:09	1:01:34
242	581	Denise	Broderick	F	0:31:04	0:30:34	1:02:14	1:01:38
243	591	Stephen	Bull	M	0:31:42	0:29:43	1:02:16	1:01:25
244	1259	Sandra	Smith	F	0:33:22	0:28:56	1:02:18	1:02:18

245	1121	Eithne	O Connell	F	0:31:44	0:30:11	1:02:21	1:01:55
246	1223	Bairbre	Rogers	F	0:31:44	0:30:11	1:02:21	1:01:56
247	1191	Paul	Power	M	0:30:54	0:31:15	1:02:22	1:02:08
248	687	Shonagh	Dowd	F	0:30:33	0:31:11	1:02:23	1:01:44
249	1167	Gearoid	O'Murchu	M	0:32:10	0:29:29	1:02:24	1:01:40
250	1222	Andrea	Rogers	F	0:31:04	0:31:15	1:02:33	1:02:18
251	1154	Rachael	O'Donoghue	F	0:31:13	0:31:07	1:02:37	1:02:21
252	1214	Austin	Reynolds	M	0:32:18	0:29:26	1:02:41	1:01:44
253	975	Darragh	Moore	M	0:30:54	0:31:00	1:02:41	1:01:54
254	552	Brandon	Blacoe	M	0:33:12	0:28:32	1:02:43	1:01:44
255	728	Luke	Finlayson	M	0:33:11	0:28:36	1:02:46	1:01:47
256	926	Pat	McDonald	M	0:30:48	0:31:12	1:02:49	1:02:00
257	866	Eoin	Lalor	M	0:33:14	0:28:40	1:02:50	1:01:53
258	1213	Brian	Reynolds	M	0:32:09	0:30:13	1:02:56	1:02:23
259	708	Laura	Fagan	F	0:31:11	0:31:38	1:03:02	1:02:49
260	709	Jane	Fagan	F	0:31:10	0:31:40	1:03:05	1:02:50
261	816	Victoria	Jones	F	0:31:20	0:31:33	1:03:06	1:02:53
262	545	Jody	Bartley	F	0:30:50	0:31:43	1:03:07	1:02:33
263	682	Paddy	Doherty	M	0:30:34	0:32:14	1:03:09	1:02:47
264	1240	Rosalinde	Schut	F	0:30:33	0:32:14	1:03:09	1:02:47
265	1264	Colin	Somerfield	M	0:32:08	0:30:13	1:03:12	1:02:21
266	115	Sarai	Cruz Castro	F	0:33:10	0:29:23	1:03:16	1:02:33
267	605	Tara	Campbell	F	0:32:40	0:29:38	1:03:18	1:02:19
268	633	Fergus	Colleran	M	0:31:27	0:31:41	1:03:26	1:03:08
269	1150	Maura	O'Connor	F	0:31:29	0:31:39	1:03:26	1:03:08
270	1152	Oonagh	O'Dea	F	0:30:39	0:32:16	1:03:27	1:02:55
271	541	Valeria	Bandecchi	F	0:31:54	0:31:45	1:03:53	1:03:40
272	678	Andrea	Di Tonto	M	0:31:54	0:31:47	1:03:54	1:03:41
273	706	Elisha	Eshkour	F	0:33:13	0:29:45	1:03:56	1:02:57
274	925	Deborah	McDonagh	F	0:32:12	0:31:37	1:03:57	1:03:49
275	574	Bebhinn	Brennan	F	0:32:36	0:31:06	1:03:58	1:03:42
276	815	Michelle	Jennings	F	0:32:34	0:31:09	1:03:59	1:03:43
277	854	Olivia	Kerrigan	F	0:31:03	0:32:47	1:04:02	1:03:50
278	778	Karin	Hackl	F	0:31:50	0:31:30	1:04:05	1:03:20
279	1113	Eileanoir	Ni Chathain	F	0:32:39	0:31:28	1:04:30	1:04:07
280	1262	Hannah	Smyth	F	0:31:48	0:32:22	1:04:31	1:04:10
281	622	Nicole	Cerioni	F	0:33:57	0:30:14	1:04:33	1:04:11
282	1252	Niamh	Sheridan	F	0:30:53	0:30:04	1:04:37	1:00:57
283	628	Nigel	Cleary	M	0:32:11	0:31:52	1:04:38	1:04:03
284	1162	Ivan	O'Keefe	M	0:33:02	0:31:05	1:04:56	1:04:07
285	1316	Elaine	Whitty	F	0:29:45	0:34:54	1:05:00	1:04:38
286	604	John Patrick	Cahill	M	0:33:00	0:31:15	1:05:03	1:04:15
287	614	Joseph	Carroll	M	0:33:00	0:31:14	1:05:04	1:04:14
288	1318	Fiona	Whyte	F	0:32:34	0:32:14	1:05:15	1:04:48
289	791	Catherine	Haugh	F	0:30:57	0:34:24	1:05:25	1:05:21
290	910	Maeve	Mc Cutcheon	F	0:32:23	0:32:44	1:05:40	1:05:07
291	597	Grainne	BYRNE	F	0:32:45	0:32:07	1:05:40	1:04:52
292	966	Aisling	Mellerick	F	0:35:03	0:29:55	1:05:43	1:04:58
293	1165	Ruth	O'Mahony	F	0:34:59	0:29:55	1:05:44	1:04:54

294	611	Paula	Carrigan	F	0:33:26	0:31:46	1:05:46	1:05:12
295	1325	Fiona	Woods	F	0:33:24	0:31:46	1:05:46	1:05:10
296	1333	Iseult	Ni Chuinneagain	F	0:33:11	0:32:06	1:06:00	1:05:17
297	1285	Liadan	Tobin-Schnittger	F	0:33:03	0:32:25	1:06:16	1:05:28
298	1279	Bathsheba	Tobin	F	0:33:00	0:32:26	1:06:16	1:05:26
299	1195	Louise	Quaid	F	0:33:30	0:31:39	1:06:20	1:05:09
300	731	Kate	Fitzgerald	F	0:34:28	0:31:06	1:06:28	1:05:34
301	1135	Siobhan	O??Prey	F	0:32:26	0:33:49	1:06:42	1:06:16
302	738	Yvonne	fleming	F	0:36:00	0:29:45	1:06:43	1:05:46
303	637	Pamela	Condell	F	0:34:23	0:31:32	1:06:49	1:05:55
304	685	Kevin	Donoghue	M	0:33:22	0:32:53	1:06:52	1:06:16
305	551	Paul	Bester	M	0:34:27	0:32:05	1:06:52	1:06:32
306	629	Richard	Coady	M	0:34:16	0:32:06	1:06:55	1:06:23
307	550	Jamie	Birmingham	M	0:34:29	0:32:06	1:07:27	1:06:35
308	1123	Gerard	O connor	M	0:33:33	0:33:44	1:07:29	1:07:17
309	1131	Seana	O Rodaigh	F	0:34:43	0:31:55	1:07:35	1:06:38
310	949	Ruth	McKeon	F	0:32:54	0:34:36	1:07:50	1:07:30
311	883	Mona	Lucas	F	0:34:31	0:33:44	1:08:29	1:08:16
312	803	Tricia	Holmes	F	0:35:33	0:32:21	1:08:29	1:07:53
313	642	Sarah	Corby	F	0:34:25	0:33:15	1:08:33	1:07:40
314	856	Julie	Kerwick	F	0:35:31	0:32:26	1:08:34	1:07:57
315	844	Margaret	Kennedy	F	0:34:42	0:33:10	1:08:39	1:07:52
316	1126	Leon	O grady	M	0:33:14	0:35:05	1:08:41	1:08:19
317	568	Tracy	Bradshaw	F	0:34:08	0:34:24	1:09:24	1:08:32
318	564	Magali	BOURRELY	F	0:35:15	0:33:32	1:09:26	1:08:46
319	1111	Clea	Nguyen	F	0:35:14	0:33:32	1:09:27	1:08:45
320	1273	Naomi	Tamblyn	F	0:34:31	0:35:27	1:10:40	1:09:58
321	1193	Aimee	Proctor	F	0:35:00	0:35:31	1:10:55	1:10:31
322	1219	Gary	Roberts	M	0:35:00	0:35:32	1:10:56	1:10:32
323	1234	Gregory	Saelens	M	0:34:41	0:35:25	1:11:01	1:10:06
324	922	Niamh	McCormack	F	0:33:05	0:37:40	1:11:29	1:10:45
325	834	Louisa	Kelly	F	0:33:25	0:37:05	1:11:33	1:10:31
326	1258	Ciara	Smith	F	0:35:26	0:35:30	1:11:45	1:10:56
327	576	Pauline	Brennan?	F	0:34:41	0:36:10	1:11:46	1:10:51
328	1266	Alison	Spillane	F	0:37:32	0:33:42	1:11:51	1:11:13
329	795	Dolores	Hennessy	F	0:34:42	0:36:20	1:11:56	1:11:01
330	583	Georgia	Brophy	F	0:35:10	0:35:51	1:11:57	1:11:00
331	1276	Angie	throup?	F	0:35:34	0:35:30	1:11:57	1:11:04
332	967	Emma	meridit?	F	0:35:18	0:36:00	1:12:14	1:11:18
333	659	Tracy	Cullen?	F	0:35:17	0:36:02	1:12:16	1:11:19
334	995	Elayne	Murphy	F	0:35:57	0:36:24	1:12:31	1:12:21
335	588	Caroline	Buckley	F	0:36:01	0:36:21	1:12:31	1:12:22
336	1136	Grainne	O?™Hanlon	F	0:36:48	0:35:04	1:12:31	1:11:52
337	667	Mary	Dargan	F	0:36:51	0:35:07	1:12:35	1:11:58
338	1208	Ian	redmond	M	0:35:28	0:36:45	1:12:56	1:12:13
339	881	Eibhlin	Loughman	F	0:36:16	0:36:27	1:13:21	1:12:43
340	827	Barbara	Kearns	F	0:36:17	0:36:26	1:13:21	1:12:43
341	638	Gina	Condron	F	0:37:37	0:35:14	1:13:35	1:12:52
342	1312	Paddy	Whack	M	0:34:42	0:38:32	1:14:09	1:13:14

343	1168	Ciara	O'Regan	F	0:36:35	0:36:38	1:14:10	1:13:13
344	809	Sean	Hunt	M	0:35:40	0:38:02	1:14:34	1:13:43
345	250	Leanne	Kelly	F	0:38:43	0:35:00	1:14:39	1:13:44
346	1186	Sinead	Pierce	F	0:38:10	0:36:19	1:15:06	1:14:29
347	893	Etain	Magennis	F	0:38:09	0:36:20	1:15:07	1:14:30
348	1176	Roisin	O'Sullivan	F	0:39:02	0:35:56	1:15:37	1:14:58
349	696	Aoife	Drury	F	0:38:04	0:37:06	1:15:56	1:15:10
350	1119	Corinna	Nolan	F	0:37:19	0:38:19	1:15:57	1:15:38
351	774	Ann	Griifin	F	0:38:57	0:36:52	1:16:31	1:15:49
352	1336	Paul	Carroll	M	0:36:02	0:39:28	1:16:40	1:15:29
353	741	Grainne	Flynn	F	0:38:22	0:37:44	1:16:44	1:16:06
354	1118	Jaimee	Nolan	F	0:38:23	0:37:41	1:16:44	1:16:04
355	1172	Eimear	O'Riordan	F	0:38:26	0:37:43	1:16:45	1:16:10
356	772	Karen	Griffin	F	0:38:52	0:37:12	1:16:47	1:16:05
357	558	Niamh	Bolger	F	0:38:57	0:37:10	1:16:47	1:16:07
358	590	Catherine	Buckley	F	0:39:02	0:38:01	1:17:42	1:17:03
359	577	Eva	Breslin	F	0:39:20	0:38:12	1:18:25	1:17:32
360	578	Owen	breslin	M	0:39:19	0:38:13	1:18:25	1:17:33
361	1189	Ruth	Power	F	0:39:46	0:39:54	1:20:01	1:19:40