

Place	Number	Name	Surname	Sex	Lap 1	Lap 2	Race Time	Chip Time
1	642	Hayden	John	M	0:18:50	0:18:15	0:37:05	0:37:05
2	872	John	O'Regan	M	0:18:31	0:18:58	0:37:30	0:37:29
3	890	Ian	Phelan	M	0:18:41	0:18:57	0:37:38	0:37:38
4	771	Kevin	Meskill	M	0:19:20	0:19:57	0:39:19	0:39:16
5	579	Padraic	George	M	0:20:04	0:20:04	0:40:10	0:40:08
6	564	Andy	Fraser	M	0:20:03	0:20:11	0:40:16	0:40:14
7	962	anthony	steele	M	0:20:05	0:20:18	0:40:23	0:40:23
8	901	Chris	Proby	M	0:19:57	0:20:41	0:40:38	0:40:38
9	506	Tom	Donnelly	M	0:20:24	0:20:39	0:41:03	0:41:03
10	404	Aiden	Burke	M	0:20:38	0:21:04	0:41:43	0:41:42
11	870	Conor	O'Neill	M	0:21:00	0:20:47	0:41:48	0:41:48
12	980	Brendan	Turney	M	0:20:53	0:21:11	0:42:08	0:42:04
13	406	Michael	Burke	M	0:21:06	0:21:17	0:42:24	0:42:23
14	570	Olivier	Gaillot	M	0:21:04	0:21:23	0:42:28	0:42:27
15	851	Ciaran	O'Flynn	M	0:21:03	0:21:48	0:42:56	0:42:51
16	560	Barry	Flynn	M	0:20:47	0:22:08	0:43:00	0:42:58
17	696	Cathal	Lillis	M	0:21:29	0:21:26	0:43:01	0:42:55
18	525	Hans	Dubois	M	0:21:26	0:21:36	0:43:04	0:43:02
19	863	Eoin	O'Malley	M	0:21:04	0:22:00	0:43:05	0:43:04
20	780	Ciaran	Moran	M	0:21:38	0:21:18	0:43:09	0:42:56
21	380	Sebastien	Berlier	M	0:21:42	0:21:36	0:43:21	0:43:18
22	812	Frank	Newman	M	0:21:29	0:21:55	0:43:24	0:43:24
23	655	Declan	Kelliher	M	0:21:42	0:21:48	0:43:45	0:43:30
24	988	John	Walsh	M	0:21:43	0:22:06	0:43:50	0:43:49
25	558	Henry	Fleming	M	0:21:57	0:22:00	0:43:59	0:43:57
26	435	Eamonn	Cleary	M	0:22:10	0:21:53	0:44:05	0:44:03
27	964	Stephen	Stokes	M	0:22:33	0:21:34	0:44:08	0:44:07
28	390	Bhrein	Brannick	M	0:22:37	0:21:17	0:44:12	0:43:54
29	571	Eoin	Galvin	M	0:22:31	0:21:48	0:44:27	0:44:19
30	894	Gordon	Place	M	0:21:55	0:22:31	0:44:30	0:44:30
31	685	Colm	Larkin	M	0:22:19	0:22:08	0:44:36	0:44:28
32	719	Patrick	Mangan	M	0:22:08	0:22:41	0:44:52	0:44:50
33	364	Francis	Ade	M	0:22:21	0:22:32	0:44:55	0:44:52
34	398	Noreen	Brouder	F	0:22:17	0:22:44	0:45:05	0:45:04
35	375	Sarah	Baryga	F	0:22:40	0:22:27	0:45:07	0:45:07
36	768	Roberto	Mei	M	0:22:23	0:22:42	0:45:07	0:45:05
37	702	Catherine	Lynch	F	0:21:59	0:23:12	0:45:12	0:45:10
38	821	Michael	O Callaghan	M	0:22:57	0:22:21	0:45:26	0:45:18
39	905	Colin	Quigley	M	0:23:00	0:22:09	0:45:27	0:45:12
40	778	Patrick	Moore	M	0:22:50	0:22:40	0:45:33	0:45:29
41	616	David	Healy	M	0:22:40	0:23:15	0:46:01	0:45:55
42	529	Ryan	Dunne	M	0:22:57	0:23:09	0:46:10	0:46:06
43	590	Tom	Gleeson	M	0:23:34	0:22:45	0:46:22	0:46:19
44	703	Pearse	Lynch	M	0:22:49	0:23:30	0:46:26	0:46:20
45	731	Robert	Mc Givern	M	0:23:24	0:23:05	0:46:32	0:46:29
46	957	Barry	Smyth	M	0:23:00	0:23:42	0:46:48	0:46:45
47	927	John	Ryan	M	0:23:09	0:23:52	0:47:04	0:47:02
48	835	Ronan	O'Byrne	M	0:22:57	0:24:08	0:47:09	0:47:05
49	958	Fergal	Smyth	M	0:24:27	0:22:38	0:47:12	0:47:04
50	477	Sean	Cunningham	M	0:24:05	0:22:58	0:47:14	0:47:03
51	837	Mick	O'Ceallaigh	M	0:23:45	0:23:23	0:47:14	0:47:07
52	770	Rory	Merriman	M	0:24:19	0:23:05	0:47:33	0:47:23
53	907	Lelia	Quinn	F	0:23:37	0:24:04	0:47:46	0:47:40
54	635	Michael	Hughes Dillon	M	0:23:53	0:23:49	0:47:48	0:47:42
55	757	Brian	McLoughlin	M	0:24:08	0:23:40	0:47:51	0:47:48

56	826	Martin	O Keeffe	M	0:23:48	0:23:58	0:47:57	0:47:46
57	786	Niall	Moriarty	M	0:24:17	0:23:18	0:48:03	0:47:35
58	413	Mark	Caffrey	M	0:23:30	0:24:18	0:48:03	0:47:48
59	424	ollie	carroll	M	0:24:31	0:23:30	0:48:05	0:48:01
60	597	Dave	Gowan	M	0:24:33	0:23:24	0:48:11	0:47:58
61	741	Keith	McEvoy	M	0:23:27	0:24:39	0:48:13	0:48:05
62	667	Shane	Kenny	M	0:24:13	0:23:22	0:48:20	0:47:35
63	714	Niall	Maddock	M	0:23:32	0:24:33	0:48:22	0:48:05
64	857	Kate	OKelly	F	0:24:29	0:23:39	0:48:24	0:48:08
65	429	Javier	Castro	M	0:24:22	0:23:28	0:48:24	0:47:49
66	578	Dan	Geelon	M	0:24:10	0:24:13	0:48:25	0:48:23
67	388	Stephen	Bradley-Brophy	M	0:24:15	0:24:07	0:48:27	0:48:22
68	803	Gearoid	Murphy	M	0:24:16	0:23:44	0:48:27	0:48:00
69	840	Grace	O'Connor	F	0:23:10	0:25:17	0:48:29	0:48:27
70	652	Alan	Keegan	M	0:24:13	0:24:08	0:48:35	0:48:21
71	848	Barry	O'Driscoll	M	0:24:17	0:24:04	0:48:39	0:48:22
72	825	Sean	O Gallachoir	m	0:23:53	0:24:43	0:48:40	0:48:35
73	634	Darren	Horgan	m	0:23:53	0:24:43	0:48:42	0:48:35
74	795	Andrew	Mulligan	M	0:23:33	0:25:01	0:48:45	0:48:34
75	534	John	Fahey	M	0:24:17	0:24:22	0:48:46	0:48:39
76	528	Shane	Dunne	M	0:24:28	0:23:57	0:48:50	0:48:25
77	710	Eamon	MacFhionnlaioich	M	0:24:06	0:24:45	0:48:54	0:48:52
78	764	Matthew	McParland	M	0:25:03	0:23:52	0:48:58	0:48:55
79	807	Thomas	Murray	M	0:24:51	0:23:34	0:49:12	0:48:24
80	669	Damian	Keogh	M	0:24:35	0:24:33	0:49:14	0:49:08
81	752	Philip	McKee	M	0:24:29	0:24:49	0:49:21	0:49:18
82	1008	Anthony	Whelan	M	0:24:29	0:24:01	0:49:21	0:48:30
83	395	Sean	Brett	M	0:24:51	0:24:22	0:49:23	0:49:13
84	830	Ciaran	O Ruanaidh	M	0:24:46	0:24:29	0:49:25	0:49:17
85	576	Vincent	Gauthier	M	0:24:33	0:24:42	0:49:27	0:49:15
86	924	Suzanne	Ryan	F	0:24:48	0:24:33	0:49:29	0:49:21
87	900	Ciaran	Priestley	M	0:24:57	0:24:31	0:49:40	0:49:28
88	574	Gregg	Gannon	M	0:25:00	0:24:28	0:49:41	0:49:28
89	915	Ciaran	Reilly	M	0:24:57	0:24:32	0:49:41	0:49:29
90	595	Victor	Gonzalez	M			0:49:44	0:49:09
91	656	Pat	Kelliher	M	0:24:11	0:25:31	0:49:46	0:49:45
92	831	Cian	O'bradaigh	M	0:24:40	0:25:05	0:49:49	0:49:46
93	896	Morag	Pollock	F	0:24:56	0:24:44	0:49:52	0:49:41
94	458	Karl	Corcoran	M	0:24:53	0:24:44	0:49:52	0:49:37
95	1005	Anne	Lyons	F	0:24:31	0:25:22	0:49:53	0:49:52
96	639	Tim	Jago	M	0:24:43	0:25:02	0:49:54	0:49:45
97	516	Anna	Dorozko	F	0:24:53	0:24:50	0:49:54	0:49:44
98	561	Sarah	Fox	F	0:23:06	0:26:35	0:49:54	0:49:41
99	512	Seamus	Dooley	M	0:24:49	0:24:55	0:49:56	0:49:44
100	502	Sinead	Doherty	F	0:24:59	0:24:50	0:50:00	0:49:49
101	751	Niall	McHugh	M	0:25:58	0:23:53	0:50:06	0:49:52
102	569	Paul	Gaffney	M	0:25:15	0:24:52	0:50:21	0:50:07
103	1006	Gareth	Walsh	M	0:24:57	0:25:37	0:50:38	0:50:35
104	411	ANNEMARIE	BYRNE	F	0:25:09	0:25:13	0:50:39	0:50:23
105	754	Thelma	McLoughlin	F	0:25:16	0:25:14	0:50:47	0:50:30
106	844	Stella	O'Donovan	F	0:24:46	0:25:57	0:50:48	0:50:44
107	427	Colm	Cashin	M	0:24:28	0:26:18	0:50:53	0:50:46
108	853	Gerard	O'Halloran	M	0:26:16	0:24:27	0:50:59	0:50:43
109	533	Mary	Faherty	F	0:25:23	0:25:30	0:51:05	0:50:53
110	709	Finghin	Mac Carthaigh	M	0:26:11	0:24:27	0:51:07	0:50:38
111	720	Deirdre	Manton	F	0:25:51	0:25:17	0:51:17	0:51:08

112	880	Pat	O'Sullivan	M	0:25:50	0:25:11	0:51:18	0:51:01
113	827	Brian	O Malley	M	0:24:50	0:26:22	0:51:20	0:51:12
114	789	Sarah	MOYSAN	F	0:25:19	0:25:55	0:51:25	0:51:14
115	474	Graham	Cullen	M	0:25:17	0:26:09	0:51:39	0:51:25
116	557	Edward	Flahavan	M	0:25:32	0:25:26	0:51:42	0:50:57
117	494	Abigail	Dennis	F	0:25:36	0:25:50	0:51:45	0:51:29
118	653	Maeve	Keenan	F	0:24:59	0:26:31	0:51:47	0:51:33
119	918	Jenny	Rhattigan	F	0:26:21	0:25:23	0:51:50	0:51:44
120	397	Conor	Brophy	M	0:26:51	0:24:44	0:51:51	0:51:34
121	640	Samuel	Jeanblanc	M	0:27:07	0:24:41	0:51:59	0:51:47
122	661	Damien	Kelly	M	0:25:41	0:25:52	0:52:01	0:51:33
123	617	Frank	Healy	M	0:26:12	0:25:39	0:52:02	0:51:54
124	919	Colum	Roche	M	0:25:48	0:25:41	0:52:08	0:51:29
125	454	KERRY	CONSTANT	M	0:25:48	0:26:15	0:52:08	0:52:03
126	758	Seamus	McMahon	M	0:26:50	0:25:03	0:52:09	0:51:53
127	683	Brendan	Langley	M	0:25:49	0:25:52	0:52:28	0:51:42
128	615	Keith	Hazley	M	0:25:55	0:26:21	0:52:32	0:52:16
129	994	Anthony	Whelan	M	0:25:36	0:26:40	0:52:34	0:52:16
130	369	Kim	Bailey	F	0:25:55	0:26:28	0:52:36	0:52:23
131	781	Barry	Moran	M	0:25:57	0:26:25	0:52:37	0:52:23
132	480	Marc	Currid	M	0:26:49	0:25:11	0:52:41	0:52:01
133	873	Keith	O'Reilly	M	0:23:33	0:29:12	0:52:50	0:52:45
134	728	Denis	Mc Auliffe	M	0:24:48	0:27:21	0:52:58	0:52:13
135	805	Shane	Murphy	M	0:26:10	0:26:46	0:53:11	0:52:56
136	654	Roy	Keenan	M	0:25:24	0:27:52	0:53:19	0:53:17
137	641	Connor	Jennings	M	0:25:13	0:27:53	0:53:20	0:53:06
138	712	Shane	MacNamara	M	0:26:14	0:26:50	0:53:21	0:53:04
139	911	Helena	Rattigan	F	0:26:16	0:26:50	0:53:22	0:53:06
140	946	Jim	Skelton	M	0:27:01	0:25:38	0:53:24	0:52:39
141	954	Elizabeth	Smyth	F	0:26:41	0:26:37	0:53:24	0:53:21
142	989	Gareth	Walsh	M	0:25:42	0:27:43	0:53:27	0:53:25
143	965	Haojun	Sun	M	0:26:39	0:26:21	0:53:31	0:53:00
144	959	Marceli	Soto	M	0:27:09	0:25:57	0:53:32	0:53:06
145	497	Emily	Dillon	F	0:26:51	0:26:19	0:53:32	0:53:10
146	383	Brian	Boland	M	0:26:43	0:26:41	0:53:33	0:53:24
147	382	Jane	Boland	F	0:27:22	0:25:58	0:53:38	0:53:20
148	738	Pat	McDonald	M	0:27:24	0:26:07	0:53:46	0:53:31
149	823	Tracey	O Connell	F	0:26:52	0:26:45	0:53:46	0:53:37
150	489	Kevin	Darrer	M	0:27:39	0:25:28	0:53:47	0:53:11
151	889	Eamonn	Phelan	M	0:27:25	0:26:07	0:53:56	0:53:32
152	436	Tim	Clewes	M	0:27:09	0:26:32	0:53:59	0:53:42
153	457	Caitriona	Corcoran	F	0:26:54	0:27:03	0:54:03	0:53:56
154	566	Rachel	Fry	F	0:27:15	0:26:38	0:54:05	0:53:52
155	610	David	Harrell	M	0:27:03	0:26:25	0:54:12	0:53:28
156	440	Annelies	Coghlan	F	0:26:16	0:27:42	0:54:13	0:53:58
157	556	Anne	Fitzsimons	F	0:27:04	0:27:03	0:54:15	0:54:10
158	804	Conor	Murphy	M	0:27:27	0:26:34	0:54:20	0:54:01
159	866	Ruth	O'Neill	F	0:27:14	0:27:00	0:54:21	0:54:14
160	806	Paul	Murray	M	0:26:15	0:27:59	0:54:25	0:54:14
161	483	Noel	Cusack	M	0:27:02	0:27:06	0:54:27	0:54:11
162	431	Angela	Charlton	F	0:27:14	0:26:46	0:54:29	0:54:04
163	493	Caroline	Deegan	F	0:26:43	0:27:44	0:54:31	0:54:27
164	372	Gill	Barr	F	0:27:34	0:26:27	0:54:40	0:54:01
165	584	Lyons	Gillian	F	0:26:57	0:27:14	0:54:41	0:54:11
166	508	Paul	Donohoe	M	0:27:38	0:26:55	0:54:53	0:54:33
167	798	Jill	Mulready	F	0:27:35	0:26:36	0:54:53	0:54:10

168	920	Kerry	Rodgers	F	0:27:28	0:27:17	0:54:54	0:54:48
169	665	Aisling	Kennelly	F	0:27:52	0:26:58	0:54:59	0:54:50
170	948	Linda	Sloane	F	0:27:30	0:27:20	0:55:01	0:54:50
171	530	Siobh��n	Early	F	0:27:49	0:27:03	0:55:02	0:54:52
172	947	Caroline	Sloane	F	0:27:31	0:27:31	0:55:13	0:55:02
173	664	Gavin	Kennedy	M	0:28:00	0:27:04	0:55:15	0:55:04
174	745	Rhona	McGrath	F	0:27:29	0:27:44	0:55:20	0:55:13
175	887	Rohan	Perera	M	0:28:54	0:26:22	0:55:29	0:55:16
176	580	Neil	Geraghty	M	0:27:41	0:27:24	0:55:29	0:55:08
177	852	Cian	Ohaimhirgin	M	0:27:22	0:27:47	0:55:33	0:55:09
178	419	Helen	Carbery	F	0:27:45	0:27:38	0:55:33	0:55:23
179	511	Orla	Dooley	F	0:27:17	0:28:00	0:55:35	0:55:17
180	467	Nuala	Cronin	F	0:27:30	0:27:31	0:55:38	0:55:01
181	448	Mark	Commins	M	0:27:41	0:27:20	0:55:39	0:55:01
182	531	Chris	Egan	M	0:27:33	0:27:31	0:55:40	0:55:04
183	646	Ruth	Kavanagh	F	0:28:32	0:26:43	0:55:42	0:55:15
184	446	Darren	Collopy	M	0:27:05	0:28:24	0:55:44	0:55:32
185	545	Aoife	Finneran	F	0:27:15	0:28:22	0:55:46	0:55:37
186	776	Rodger	Mooney	M	0:28:34	0:26:59	0:55:55	0:55:33
187	468	Cathy	Cross	F	0:27:12	0:28:39	0:56:11	0:55:54
188	983	Carlos	Vacas soriano	M	0:28:16	0:27:49	0:56:25	0:56:05
189	949	Candace	Slyne	F	0:28:01	0:28:22	0:56:27	0:56:23
190	797	Lynn	Mulready	F	0:28:25	0:27:23	0:56:32	0:55:48
191	783	Martin	Moran	M	0:28:21	0:27:45	0:56:33	0:56:05
192	971	Edel	Tierney	F	0:28:23	0:28:14	0:56:43	0:56:36
193	651	Lynne	Keegan	F	0:28:03	0:28:31	0:56:48	0:56:34
194	903	Eamonn	Purcell	M	0:28:24	0:27:59	0:56:49	0:56:23
195	514	caitriona	doran	F	0:29:23	0:27:19	0:56:52	0:56:42
196	833	Declan	O'Brien	M	0:28:41	0:27:33	0:56:53	0:56:14
197	1009	Brian	O'Neill	M	0:28:58	0:27:46	0:56:54	0:56:44
198	838	Michelle	O'Connor	F	0:28:58	0:27:48	0:56:56	0:56:46
199	426	Ciaran	Casey	M	0:28:28	0:28:12	0:57:01	0:56:40
200	773	Chris	Molloy	F	0:29:20	0:27:16	0:57:05	0:56:36
201	960	Sara	Spencer	F	0:29:17	0:27:16	0:57:07	0:56:36
202	828	Muiris	O Murchadha	M	0:30:38	0:26:03	0:57:11	0:56:41
203	765	Lucy	McShane	F	0:28:32	0:28:12	0:57:11	0:56:44
204	626	John	Hogan	M	0:28:29	0:28:15	0:57:13	0:56:44
205	785	Michelle	Moriarty	F	0:29:09	0:27:23	0:57:14	0:56:35
206	767	Barry	Meaney	M	0:28:49	0:28:08	0:57:16	0:56:57
207	414	Dean	Caldicott	M	0:31:17	0:25:35	0:57:18	0:56:51
208	379	Lorna	Bennett	F	0:28:25	0:28:45	0:57:19	0:57:11
209	389	David	Brady	m	0:28:49	0:28:31	0:57:25	0:57:20
210	621	David	Heylin	M	0:29:39	0:27:10	0:57:26	0:56:52
211	507	Rory	Donnelly	M	0:30:22	0:26:37	0:57:26	0:57:00
212	917	Gleb	Reys	M	0:29:18	0:27:54	0:57:34	0:57:13
213	523	Brendan	Doyle	M	0:29:08	0:28:24	0:57:40	0:57:32
214	459	Catherine	Cornall	F	0:28:24	0:29:00	0:57:44	0:57:24
215	538	Michael	Farrington	M	0:29:16	0:27:49	0:57:45	0:57:05
216	636	Eileen	Hurley	F	0:29:21	0:28:13	0:57:57	0:57:34
217	447	Heather	Colson-Osborne	F	0:27:31	0:30:20	0:58:01	0:57:54
218	401	Emily	Brownlow	F	0:27:13	0:30:26	0:58:15	0:57:39
219	408	Emma	Butler	F	0:30:06	0:27:33	0:58:15	0:57:39
220	922	Kevin	Rooney	M	0:29:53	0:28:01	0:58:17	0:57:54
221	552	Sarah	Fitzpatrick	F	0:28:05	0:29:43	0:58:19	0:57:48
222	649	Ann Marie	Keegan	F	0:30:03	0:27:58	0:58:27	0:58:02
223	650	Paula	Keegan	F	0:29:57	0:27:58	0:58:27	0:57:55

224	749	Grainne	McGuire	F	0:28:43	0:29:03	0:58:31	0:57:46
225	753	Rebecca	McLernon	F	0:27:58	0:29:01	0:58:32	0:57:03
226	819	Dearbhla	O'Brien	F	0:29:44	0:28:29	0:58:33	0:58:13
227	451	Aoife	Conlan	F	0:29:06	0:28:46	0:58:35	0:57:52
228	460	Sarah	Costello	F	0:28:49	0:29:36	0:58:40	0:58:28
229	600	colm	greaves	M	0:30:07	0:28:25	0:58:40	0:58:32
230	591	Emily	Glen	F	0:29:21	0:28:50	0:58:43	0:58:14
231	875	Katie	O'Rourke	F	0:29:33	0:28:47	0:58:45	0:58:23
232	966	Ken	Swan	M	0:28:53	0:29:50	0:58:52	0:58:43
233	711	Elaine	Macken	F	0:29:28	0:29:13	0:58:58	0:58:41
234	421	Tony	Carley	M	0:29:58	0:28:44	0:59:11	0:58:42
235	503	Brian	Dolan	M	0:29:59	0:28:45	0:59:11	0:58:43
236	385	Eithne	Bowe	F	0:29:51	0:28:58	0:59:12	0:58:49
237	941	Marcella	Sherlock	F	0:29:32	0:28:59	0:59:14	0:58:31
238	818	Samantha	Nulty	F	0:29:09	0:29:58	0:59:15	0:59:10
239	707	Unknown	Unknown		0:29:11	0:29:56	0:59:15	0:59:10
240	723	Elaine	Martin	F	0:29:09	0:30:02	0:59:33	0:59:14
241	455	Orla	Cooke	F	0:29:46	0:29:28	0:59:37	0:59:14
242	839	Elizabeth	O'Connor	F	0:29:45	0:29:28	0:59:37	0:59:13
243	724	Aoife	Martin	F	0:29:10	0:30:20	0:59:52	0:59:33
244	864	Jean	O'Meara	F	0:29:55	0:29:34	0:59:53	0:59:29
245	939	Noelle	Sheridan	F	0:29:48	0:29:44	0:59:54	0:59:31
246	618	Linda	Heffernan	F	0:29:49	0:29:49	0:59:55	0:59:41
247	438	Jennifer	Coates	F	0:29:10	0:30:39	0:59:55	0:59:49
248	689	Chris	Lawless	M	0:29:47	0:29:51	0:59:55	0:59:41
249	855	Dermot	O'Kane	M	0:29:54	0:29:30	0:59:56	0:59:23
250	777	Deirdre	Moore	F	0:30:04	0:29:33	0:59:56	0:59:37
251	769	Aoife	Merriman	F	0:30:45	0:28:40	0:59:56	0:59:28
252	775	Susan	Moloney	F	0:29:26	0:30:25	1:00:01	0:59:51
253	572	John	Galwey	M	0:29:08	0:30:49	1:00:03	0:59:58
254	811	Heli	Nannimainen	F	0:28:50	0:30:50	1:00:06	0:59:39
255	415	Marc	Callan	M	0:30:16	0:29:26	1:00:06	0:59:42
256	865	Eimear	O'Neill	F	0:30:32	0:29:06	1:00:08	0:59:38
257	466	Roisin	Cronin	F	0:29:48	0:30:24	1:00:25	1:00:12
258	725	Holly	Mason	F	0:31:14	0:29:02	1:00:31	1:00:19
259	824	Grainne	O'Connor	F	0:29:24	0:30:58	1:00:34	1:00:21
260	500	Liz	Dixon	F	0:30:24	0:29:55	1:00:34	1:00:19
261	609	Audrey	Harrell	F	0:30:08	0:29:43	1:00:35	0:59:52
262	499	Liz	Dixon	F	0:30:23	0:30:00	1:00:37	1:00:23
263	402	Linda	Buckley	F	0:30:53	0:29:16	1:00:40	1:00:09
264	945	Maria	Skelton	F	0:30:09	0:29:52	1:00:44	1:00:01
265	700	Suzanne	Lynam	F	0:30:10	0:30:16	1:00:45	1:00:28
266	522	Gillian	Doyle	F	0:31:49	0:28:35	1:00:47	1:00:24
267	791	David	Mullane	M	0:30:27	0:29:54	1:00:59	1:00:21
268	955	Harriet	Smyth	F	0:32:13	0:28:24	1:01:00	1:00:40
269	488	Anne	D'Arcy	F	0:30:27	0:30:09	1:01:05	1:00:36
270	763	Nonnie	McNicholas	F	0:30:04	0:30:02	1:01:06	1:00:06
271	849	Mary	O'Dwyer	F	0:30:10	0:30:49	1:01:07	1:01:01
272	934	Fiona	Sexton	F	0:30:19	0:30:44	1:01:09	1:01:06
273	536	Emma-Kate	Fanning	F	0:30:14	0:30:34	1:01:14	1:00:48
274	906	Clare	Quinn	F	0:30:26	0:30:20	1:01:15	1:00:47
275	733	Eibhin	Mc Loughlin	F	0:30:18	0:30:51	1:01:16	1:01:08
276	490	James	Davidson	M	0:29:23	0:31:31	1:01:20	1:00:54
277	943	Robert	Shiels	M	0:31:00	0:30:12	1:01:27	1:01:13
278	492	Risn	Deasy	F	0:29:45	0:31:22	1:01:29	1:01:10
279	969	Judi	Taylor	F	0:29:39	0:31:16	1:01:35	1:00:55

280	862	Pat	O'Mahony	M	0:30:57	0:30:05	1:01:37	1:01:02
281	808	Brian	Murtagh	M	0:31:23	0:29:51	1:01:46	1:01:14
282	926	Ciara	Ryan	F	0:32:09	0:29:01	1:01:47	1:01:10
283	373	Conor	Barrins	M	0:30:40	0:30:37	1:01:50	1:01:17
284	963	Eimear	Stokes	F	0:30:32	0:30:58	1:01:53	1:01:30
285	544	Rebecca	Finnegan	F	0:31:49	0:30:01	1:02:14	1:01:54
286	800	Miriam	Murphy	F	0:31:29	0:30:12	1:02:17	1:01:41
287	637	Julia	Hussey	F	0:30:19	0:31:42	1:02:20	1:02:04
288	846	Caroline	O'Dowd	F	0:31:09	0:31:02	1:02:22	1:02:11
289	952	Mary	Smith	F	0:30:40	0:31:17	1:02:28	1:01:58
290	879	Caroline	O'Sullivan	F	0:31:42	0:30:36	1:02:30	1:02:18
291	986	Anne Marie	Walsh	F	0:30:23	0:31:48	1:02:39	1:02:12
292	921	Clodagh	Rooney	F	0:30:28	0:31:32	1:02:39	1:02:02
293	481	Ashling	Curtis	F	0:31:02	0:31:38	1:02:42	1:02:39
294	802	Meadhbh	Murphy	F	0:30:32	0:31:32	1:02:47	1:02:04
295	479	Darina	Currid	F	0:30:34	0:31:31	1:02:47	1:02:05
296	756	Niall	McLoughlin	M	0:32:47	0:29:41	1:02:48	1:02:31
297	230	Anthony	McLoughlin	M	0:32:32	0:29:40	1:02:48	1:02:12
298	779	Alan	Moore	M	0:30:39	0:31:49	1:02:52	1:02:28
299	816	Sue	Nolan	F	0:30:56	0:31:24	1:03:02	1:02:19
300	942	Craig	Sherlock	M	0:30:48	0:32:05	1:03:32	1:02:53
301	973	Elaine	Tighe	F	0:30:54	0:32:34	1:03:34	1:03:27
302	645	Sadhbh	Kane	F	0:30:52	0:32:35	1:03:34	1:03:28
303	925	Lorraine	Ryan	F	0:33:12	0:30:09	1:03:46	1:03:25
304	790	collette	muldoon	f	0:32:41	0:30:39	1:03:52	1:03:23
305	410	Lorraine	Byrne	F	0:31:59	0:31:40	1:03:53	1:03:43
306	999	Aisling	Wyer	F	0:31:58	0:31:41	1:03:53	1:03:43
307	581	Costanza	Giagnoni	F	0:32:46	0:30:43	1:03:54	1:03:28
308	624	Carrie	Hogan	F	0:32:13	0:31:07	1:03:55	1:03:20
309	868	Clare	O'Neill	F	0:31:06	0:32:39	1:03:56	1:03:45
310	366	Nora	Allen	F	0:31:43	0:32:02	1:03:59	1:03:45
311	727	Liz	Maume	F	0:32:08	0:31:16	1:04:05	1:03:28
312	498	Sarah	Dillon	F	0:31:00	0:32:44	1:04:06	1:03:47
313	931	Aine	Scanlan	F	0:31:54	0:31:24	1:04:08	1:03:22
314	968	Eimear	Sweeney	F	0:31:56	0:31:24	1:04:08	1:03:23
315	418	Alba	Campus	F	0:32:41	0:30:57	1:04:09	1:03:41
316	562	Eibhlin	Foyle	F	0:32:29	0:31:10	1:04:15	1:03:39
317	736	Jeanette	McDonald	F	0:31:40	0:32:14	1:04:24	1:03:57
318	885	Christopher	Paye	M	0:31:38	0:32:15	1:04:25	1:03:52
319	471	Liz	Cullen	F	0:32:05	0:31:54	1:04:28	1:03:59
320	663	Dara	Kennedy	F	0:32:11	0:31:53	1:04:41	1:04:04
321	856	Claire	O'Keeffe	F	0:32:50	0:31:17	1:04:44	1:04:07
322	928	Alan	Ryan	M	0:30:00	0:34:21	1:04:46	1:04:22
323	491	Marie	Deasy	F	0:31:28	0:32:53	1:04:59	1:04:20
324	688	Leonie	Lawler	F	0:31:44	0:33:07	1:05:01	1:04:51
325	412	Deirdre	Byrne	F	0:33:03	0:31:40	1:05:15	1:04:46
326	829	Grainne	O'Rourke	F	0:32:34	0:32:30	1:05:20	1:05:04
327	682	Ruth	Lalor	F	0:31:57	0:33:11	1:05:41	1:05:08
328	706	Grainne	Lyons	F	0:34:11	0:31:09	1:05:41	1:05:20
329	675	Laura	King	F	0:32:59	0:32:24	1:05:57	1:05:23
330	521	Jennie	Doyle	F	0:32:51	0:32:26	1:05:59	1:05:17
331	657	Sarah Jane	Kelly	F	0:32:57	0:32:25	1:06:00	1:05:22
332	662	Saoirse	Kennedy	F	0:34:17	0:31:26	1:06:03	1:05:43
333	793	Alison	Mullery	F	0:32:58	0:32:31	1:06:04	1:05:29
334	387	Gary	Bracken	M	0:34:14	0:31:26	1:06:04	1:05:40
335	902	Maeve	Purcell	F	0:32:26	0:33:12	1:06:05	1:05:39

336	774	Aidan	Molloy	M	0:32:23	0:33:03	1:06:16	1:05:28
337	472	Edel	Cullen	F	0:33:43	0:32:02	1:06:19	1:05:48
338	820	Estella	O Callaghan	F	0:32:18	0:33:26	1:06:20	1:05:44
339	732	Grainne	Mc Intyre	F	0:33:57	0:31:42	1:06:20	1:05:42
340	743	Sara	Mcgeough	F	0:34:00	0:31:43	1:06:20	1:05:43
341	453	Danny	Conneely	M	0:31:43	0:34:14	1:06:25	1:05:57
342	548	Ger	Fitzgerald	M	0:32:29	0:33:55	1:06:39	1:06:24
343	464	Deirdre	Craughan	F	0:33:10	0:33:13	1:06:57	1:06:27
344	897	Cairen	Power	F	0:31:38	0:34:58	1:06:58	1:06:36
345	836	Georgia	O'Callaghan	F	0:33:46	0:33:01	1:07:10	1:06:47
346	992	Ruth	Whelan	F	0:33:06	0:33:41	1:07:21	1:06:48
347	867	Lauren	O'Neill	F	0:33:44	0:33:13	1:07:24	1:07:00
348	908	Michelle	Quinn	F	0:32:05	0:34:45	1:07:24	1:06:50
349	462	Gill	Cotter	F	0:33:23	0:33:37	1:07:25	1:07:03
350	555	Gavin	Fitzpatrick	M	0:31:38	0:35:43	1:07:32	1:07:21
351	877	Susan	O'Shea	F	0:33:02	0:34:20	1:08:03	1:07:25
352	608	Edel	Harney	F	0:33:05	0:34:19	1:08:03	1:07:25
353	670	Siobhan	Kiernan	F	0:32:24	0:35:00	1:08:04	1:07:24
354	972	Claire	Tierney	F	0:33:58	0:33:51	1:08:09	1:07:50
355	620	Beth	Heneghan	F	0:32:33	0:35:35	1:08:12	1:08:08
356	452	Clare	Connaughton	F	0:34:35	0:33:26	1:08:32	1:08:04
357	1010	Galina	Petrovich	F	0:34:27	0:33:42	1:08:32	1:08:09
358	951	Aisling	Smith	F	0:33:46	0:35:01	1:09:14	1:08:47
359	950	Sheena	Smith	F	0:33:47	0:35:00	1:09:15	1:08:47
360	425	Claire	Carthy	F	0:35:30	0:33:42	1:09:27	1:09:12
361	717	Niamh	Maguire	F	0:35:33	0:33:34	1:09:28	1:09:07
362	400	Louise	Browne	F	0:35:34	0:33:34	1:09:29	1:09:07
363	370	Ciara	Bannon	F	0:35:37	0:33:32	1:09:40	1:09:12
364	573	Laura	Gannon	F	0:32:21	0:37:41	1:10:21	1:10:05
365	933	Catherine	Sedilliere	F	0:34:57	0:36:17	1:11:28	1:11:14
366	444	Sinead	Collins	F	0:34:29	0:36:45	1:11:38	1:11:14
367	631	Siobhan	Hopkins	F	0:35:56	0:35:15	1:11:41	1:11:11
368	630	Siobhan	Hopkins	F	0:35:54	0:35:17	1:11:41	1:11:11
369	381	Audrey	Birmingham	F	0:36:10	0:35:10	1:11:58	1:11:19
370	898	Paul	Power	M	0:35:17	0:37:07	1:13:13	1:12:24
371	623	Anne	Hoey	F	0:35:37	0:38:23	1:14:14	1:14:03
372	510	Gemma	Dooley	F	0:35:12	0:37:56	1:15:31	1:13:10
373	594	Grainne	Gollogly	F	0:36:03	0:38:59	1:15:36	1:15:02
374	997	Johanna	Woodcock	F	0:36:04	0:39:23	1:15:48	1:15:31