

Place	Bib	Event	Name	Surname	Sex	Club	Lap 1	Lap 2	Race Time	Chip Time
1	413	10k	Myles	Gibbons	M		0:17:19	0:17:11	0:34:30	0:34:30
2	564	10k	Barry	Minnock	M		0:16:46	0:17:52	0:34:38	0:34:38
3	504	10k	Paul	Lynch	M	SBR Ferns	0:17:32	0:18:25	0:35:57	0:35:57
4	334	10k	Neil	Conroy	M		0:18:49	0:19:30	0:38:19	0:38:19
5	335	10k	Stephen	Conroy	M		0:19:00	0:20:01	0:39:01	0:39:01
6	561	10k	Kevin	Meskell	M		0:19:17	0:19:46	0:39:07	0:39:02
7	613	10k	Marc	O'Fathaigh	M	N/A	0:19:26	0:19:49	0:39:17	0:39:16
8	621	10k	Philip	O'Leary	M		0:19:28	0:19:51	0:39:20	0:39:19
9	713	10k	Simon	O'Gallchobhair	M		0:19:34	0:20:33	0:40:09	0:40:08
10	297	10k	Fergus	Brien	M		0:19:57	0:20:10	0:40:10	0:40:07
11	333	10k	Brian	Conroy	M	Kenyan Running Club	0:19:37	0:20:41	0:40:19	0:40:18
12	366	10k	Eugene	Doherty	M		0:19:37	0:21:00	0:40:37	0:40:37
13	292	10k	Damian	Bourke	M		0:19:58	0:20:40	0:40:38	0:40:38
14	674	10k	Phil	Smith	M	Team BT	0:20:03	0:20:40	0:40:47	0:40:44
15	304	10k	Michael	Burke	M		0:20:16	0:20:43	0:40:59	0:40:59
16	449	10k	Jason	Hughes	M		0:20:23	0:20:37	0:41:02	0:41:00
17	600	10k	Ruaidhri	Nolan	M		0:20:12	0:21:06	0:41:18	0:41:18
18	428	10k	Simon	Kenny	M	Crusaders	0:20:47	0:20:51	0:41:40	0:41:38
19	591	10k	James	Nangle	M		0:20:51	0:20:59	0:41:53	0:41:50
20	518	10k	Arnaud	Malinconi	M		0:21:11	0:20:53	0:42:04	0:42:04
21	314	10k	Paul	Casey	M		0:21:16	0:20:23	0:42:06	0:42:00
22	367	10k	John	Doherty	M		0:20:52	0:21:12	0:42:53	0:42:04
23	614	10k	Ciaran	O'Flynn	M		0:20:53	0:21:20	0:42:54	0:42:13
24	692	10k	Stephen	Ussher	M		0:21:02	0:21:53	0:42:55	0:42:55
25	385	10k	Stephen	Enright	M		0:21:06	0:21:49	0:43:01	0:42:56
26	369	10k	Tom	Donnelly	M		0:21:05	0:21:29	0:43:09	0:42:34
27	407	10k	Ciaran	Ganley	M		0:21:36	0:21:05	0:43:13	0:42:41
28	372	10k	Jason	Dowling	M		0:21:09	0:21:51	0:43:27	0:43:17
29	326	10k	Daly	Colm	M		0:21:43	0:21:46	0:43:31	0:43:29
30	501	10k	Ger	Lowry	M	Bros Pearse	0:21:02	0:22:27	0:43:32	0:43:29
31	441	10k	Ronan	Hickey	M		0:21:30	0:21:29	0:43:36	0:42:59
32	274	10k	Julien	Alart	M		0:21:22	0:22:13	0:43:37	0:43:35
33	555	10k	Anton	McMenamin	M		0:21:30	0:22:28	0:44:01	0:43:58
34	512	10k	Robert	Magee	M		0:22:06	0:21:40	0:44:20	0:43:46
35	322	10k	Darren	Clifford	M		0:21:20	0:22:34	0:44:23	0:44:13
36	344	10k	David	Craig	M		0:21:25	0:22:16	0:44:29	0:43:41
37	349	10k	David	Cullen	M		0:21:51	0:22:28	0:44:35	0:44:19
38	470	10k	Tony	Kelly	M		0:22:13	0:22:23	0:44:39	0:44:36
39	452	10k	Stephen	Hyland	M		0:21:30	0:22:45	0:44:45	0:44:15
40	630	10k	Anthony	Owens	M		0:22:08	0:22:00	0:44:52	0:44:08
41	345	10k	Joseph	Creedon	M		0:22:17	0:22:07	0:44:56	0:44:47
42	283	10k	Richard	Beades	M		0:21:44	0:22:46	0:45:00	0:44:30
43	306	10k	Fiona	Cafferty	F		0:22:06	0:22:42	0:45:05	0:44:48
44	562	10k	David	Mills	M		0:22:00	0:22:21	0:45:06	0:44:20
45	445	10k	Alan	Holt	M		0:22:11	0:22:26	0:45:12	0:44:37
46	435	10k	Mark	Harnett	M		0:22:42	0:21:59	0:45:16	0:44:41
47	556	10k	George	McNaughton	M		0:22:42	0:22:01	0:45:17	0:44:43
48	611	10k	Ronan	O'Dowd	M	Team BT	0:22:10	0:23:06	0:45:21	0:45:17
49	533	10k	Declan	McCluskey	M		0:22:28	0:22:14	0:45:26	0:44:42
50	645	10k	William	Redmond	M		0:23:10	0:21:30	0:45:36	0:44:40
51	458	10k	Graham	Joyce	M		0:22:12	0:22:57	0:45:41	0:45:10
52	503	10k	James	Lundy	M		0:22:59	0:22:15	0:45:47	0:45:14
53	346	10k	Jason	Crosbie	M		0:22:18	0:22:58	0:45:51	0:45:16
54	321	10k	Seán	Clarke	M		0:23:24	0:22:30	0:45:53	0:45:53
55	532	10k	Richie	Mccarthy	M		0:22:12	0:23:41	0:45:56	0:45:52
56	681	10k	Mark	Swan	M	Zach and Juliette club	0:23:12	0:21:52	0:45:59	0:45:04
57	623	10k	Paul	O'Loughlin	M		0:22:43	0:22:48	0:46:02	0:45:31
58	324	10k	Vincent	Coller	M		0:22:46	0:22:41	0:46:05	0:45:27
59	703	10k	Ronan	Whelan	M		0:22:45	0:23:04	0:46:06	0:45:49
60	716	10k	Late	Entry			0:22:10	0:23:13	0:46:07	0:45:23
61	605	10k	jonathan	o rourke	M		0:23:13	0:22:06	0:46:08	0:45:19
62	381	10k	Chris	Early	M		0:22:50	0:22:36	0:46:08	0:45:26
63	679	10k	Mark	Stewart	M		0:22:57	0:22:28	0:46:12	0:45:25
64	475	10k	Richard	Kenna	M		0:24:01	0:22:12	0:46:14	0:46:14
65	272	10k	Ben	Adam	M		0:23:22	0:22:30	0:46:35	0:45:52
66	604	10k	John	O'Donnell	M		0:22:37	0:23:37	0:46:46	0:46:15
67	654	10k	Dualta	Roughneen	M		0:22:01	0:24:09	0:46:55	0:46:10
68	440	10k	David	Healy	M		0:22:25	0:23:58	0:46:57	0:46:23
69	526	10k	Joe	McCaffrey	M		0:22:52	0:23:29	0:47:03	0:46:21
70	524	10k	Glen	Mc menamin	M		0:22:53	0:23:27	0:47:05	0:46:21

71	368	10k	Mike	Donaldson	M	Team BT	0:23:19	0:23:58	0:47:21	0:47:17
72	546	10k	Jonathan	McGuinness	M		0:22:42	0:24:18	0:47:49	0:47:00
73	570	10k	Patrick	Moore	M		0:23:55	0:23:10	0:47:52	0:47:04
74	276	10k	Albert	Allan	M		0:24:15	0:23:01	0:47:53	0:47:16
75	483	10k	Ciara	Kerrigan	F	Sportsworld	0:23:01	0:24:21	0:47:57	0:47:22
76	682	10k	Seamus	Sweeney	M		0:23:21	0:24:00	0:47:58	0:47:20
77	633	10k	Lar	Phelan	M		0:23:45	0:23:06	0:48:07	0:46:51
78	315	10k	Geraldine	Cashman	F		0:24:04	0:23:25	0:48:09	0:47:29
79	509	10k	Barra	MacConluain	M		0:24:28	0:23:01	0:48:09	0:47:29
80	516	10k	Shane	maguire	M		0:22:56	0:25:17	0:48:14	0:48:14
81	340	10k	Ronan	Corrigan	M		0:24:36	0:23:39	0:48:15	0:48:15
82	544	10k	Sean	McGing	M	Team BT	0:23:58	0:23:29	0:48:32	0:47:27
83	691	10k	Sean	Twomey	M		0:24:02	0:24:02	0:48:40	0:48:04
84	442	10k	Joe	Hill	M		0:23:53	0:24:11	0:48:43	0:48:04
85	586	10k	Russell	Murphy	M		0:23:59	0:23:53	0:48:46	0:47:52
86	590	10k	Neil	Myers	M		0:23:39	0:24:38	0:48:48	0:48:16
87	280	10k	Albert	barrett	M	Kerry crusaders	0:23:51	0:24:28	0:48:50	0:48:19
88	301	10k	William	Browne	M		0:24:09	0:24:05	0:48:51	0:48:14
89	403	10k	Claire	Gaffney	F		0:24:08	0:23:58	0:48:56	0:48:06
90	348	10k	David	Culhane	M		0:23:22	0:25:05	0:48:58	0:48:27
91	642	10k	Gary	Quinn	M		0:24:08	0:24:14	0:49:05	0:48:22
92	699	10k	Mark	Wehrly	M		0:23:51	0:24:46	0:49:09	0:48:37
93	510	10k	Deirdre	MacNally	F		0:23:32	0:25:08	0:49:16	0:48:40
94	323	10k	Eva	Coller	F		0:23:26	0:25:17	0:49:21	0:48:43
95	583	10k	Brian	Murphy	M		0:24:53	0:23:25	0:49:24	0:48:18
96	464	10k	John	Keating	M		0:24:42	0:23:41	0:49:25	0:48:23
97	542	10k	Keith	McEvoy	M		0:24:05	0:24:40	0:49:33	0:48:45
98	658	10k	John	Ruddy	M	na	0:24:31	0:24:28	0:49:35	0:48:58
99	655	10k	Eileen	Rowland	F		0:24:11	0:24:43	0:49:35	0:48:54
100	587	10k	Colm	Murphy	M		0:24:16	0:24:37	0:49:36	0:48:53
101	459	10k	Paul	Kane	M		0:24:05	0:24:56	0:49:37	0:49:01
102	288	10k	Kevin	Blessing	M		0:24:50	0:24:23	0:49:59	0:49:13
103	474	10k	Michelle	Kelly	F		0:24:30	0:24:17	0:50:09	0:48:47
104	639	10k	Evelyn	Quigley	F		0:24:17	0:25:06	0:50:11	0:49:24
105	391	10k	Patrick	Faul	M		0:25:22	0:25:02	0:50:24	0:50:24
106	303	10k	Conor	Buckley	M		0:24:18	0:25:53	0:50:42	0:50:10
107	479	10k	Joe	Kenny	M		0:24:56	0:25:04	0:50:44	0:50:00
108	552	10k	Maeve	McKillop	F		0:24:53	0:25:05	0:50:44	0:49:58
109	425	10k	Mark	Graham	M	n/a	0:24:53	0:25:17	0:50:45	0:50:10
110	558	10k	Elaine	McNulty	F		0:24:38	0:25:42	0:50:53	0:50:20
111	494	10k	David	Lawson	M		0:25:03	0:24:51	0:50:58	0:49:53
112	554	10k	Tony	McMahon	M		0:25:08	0:24:53	0:51:02	0:50:01
113	429	10k	Claire	Hackett	F	Moycarkey Coolcroo AC	0:25:01	0:25:20	0:51:03	0:50:22
114	594	10k	Frank	Newman	M		0:23:45	0:26:46	0:51:06	0:50:31
115	656	10k	David	Roxburgh	M		0:25:31	0:24:17	0:51:07	0:49:48
116	454	10k	Connor	Jennings	M	Raheny Shamrock AC	0:24:39	0:26:01	0:51:11	0:50:40
117	443	10k	Russell	Hodges	M		0:24:15	0:26:25	0:51:15	0:50:40
118	520	10k	Michael Á'g	Manley	M		0:24:16	0:26:28	0:51:19	0:50:44
119	664	10k	Joerg	Schuster	M		0:24:57	0:25:49	0:51:20	0:50:46
120	273	10k	Con	Aherne	M		0:24:22	0:26:10	0:51:23	0:50:32
121	669	10k	Ronan	Sheridan	M		0:24:32	0:26:24	0:51:44	0:50:56
122	467	10k	Stephen	Kelleher	M		0:25:32	0:25:45	0:51:46	0:51:17
123	299	10k	William	Brophy	M		0:25:44	0:25:04	0:51:48	0:50:48
124	527	10k	David	McCague	M	NA	0:24:33	0:26:01	0:51:49	0:50:33
125	652	10k	Chris	Ross Innes	M		0:27:00	0:23:50	0:51:53	0:50:51
126	550	10k	John	Mckenna	M	Marathon Club Ireland	0:25:27	0:25:14	0:52:13	0:50:41
127	498	10k	hiliary	leslie	F		0:25:33	0:26:04	0:52:14	0:51:37
128	535	10k					0:26:43	0:24:24	0:52:16	0:51:07
129	405	10k	Catherine	Galvin	F		0:25:04	0:26:26	0:52:19	0:51:30
130	631	10k	Gary	Owens	M		0:25:46	0:25:43	0:52:21	0:51:29
131	650	10k	Conor	Ringland	M		0:25:46	0:25:11	0:52:22	0:50:57
132	376	10k	Cormac	Doyle	M		0:26:06	0:25:22	0:52:23	0:51:28
133	707	10k	Emanuela	Zamboni	F	Sportsworld	0:26:04	0:25:26	0:52:25	0:51:30
134	708	10k	David	Brady	M		0:26:00	0:25:54	0:52:26	0:51:54
135	418	10k	Colm	Glynn	M		0:25:45	0:26:07	0:52:30	0:51:52
136	290	10k	Mathieu	Boucher	M		0:26:23	0:25:32	0:52:35	0:51:55
137	572	10k	Gwen	Morgan	F		0:25:11	0:26:48	0:52:46	0:51:59
138	492	10k	Patrick	Lawless	M		0:24:50	0:27:12	0:52:47	0:52:03
139	571	10k	Michael	Moore	M		0:25:16	0:26:09	0:52:50	0:51:25
140	507	10k	Greg	Lyons	M		0:24:54	0:27:30	0:52:57	0:52:24
141	601	10k	Ciaran	Norton	M		0:25:42	0:26:38	0:53:01	0:52:20

142	531	10k	Eoin	McCarthy	M		0:27:03	0:24:42	0:53:05	0:51:46
143	627	10k	Denis	O'Reilly	M		0:25:00	0:27:39	0:53:15	0:52:39
144	693	10k	Mark	Vesey	M		0:25:11	0:27:19	0:53:17	0:52:29
145	689	10k	Paul	Torsney	M		0:26:01	0:26:38	0:53:19	0:52:39
146	643	10k	Vladimir	Rakhmanin	M		0:24:44	0:27:12	0:53:21	0:51:56
147	422	10k	Raul	Gonzalez	M		0:25:15	0:27:14	0:53:29	0:52:29
148	431	10k	Aonghus	Hannon	M				0:53:31	0:52:06
149	472	10k	Eimear	Kelly	M		0:25:47	0:26:56	0:53:32	0:52:43
150	573	10k	Heather	Moriarty	F		0:26:23	0:26:30	0:53:41	0:52:53
151	460	10k	Pierce	Kavanagh	M		0:26:50	0:26:13	0:53:51	0:53:03
152	275	10k	Sally	Alford	F		0:26:37	0:26:33	0:53:55	0:53:10
153	316	10k	Stephen	Caul	M		0:26:59	0:26:03	0:53:56	0:53:02
154	635	10k	Darren	Pollard	M		0:25:15	0:28:04	0:54:07	0:53:19
155	463	10k	Liam	Keating	M		0:26:17	0:27:13	0:54:15	0:53:30
156	402	10k	Stephen	Frawley	M		0:26:16	0:26:44	0:54:20	0:53:00
157	651	10k	Laura	Robinson	M		0:27:05	0:25:48	0:54:26	0:52:53
158	557	10k	Nicholas	McNicholas	M		0:27:25	0:25:44	0:54:26	0:53:10
159	358	10k	Andrea	Di Tonto	M		0:27:21	0:26:02	0:54:32	0:53:23
160	617	10k	Cian	Ohaimhirgin	M		0:25:08	0:28:02	0:54:35	0:53:10
161	342	10k	Helena	Costigan	F		0:26:47	0:26:55	0:54:37	0:53:41
162	538	10k	April	McDonnell	F		0:27:26	0:26:23	0:54:40	0:53:49
163	619	10k	Eoin	OhEochaidh	M		0:26:22	0:27:07	0:54:42	0:53:29
164	339	10k	Caitriona	Corcoran	F		0:26:19	0:27:36	0:54:43	0:53:55
165	607	10k	Roy	O'Carroll	M		0:27:23	0:26:34	0:54:46	0:53:57
166	417	10k	Brendan	Glynn	M		0:27:34	0:26:45	0:54:50	0:54:44
167	336	10k	KERRY	CONSTANT	M		0:26:32	0:28:00	0:54:51	0:54:33
168	379	10k	Cassandra	Dunne	F	Wicklow Runners	0:27:16	0:27:02	0:54:51	0:54:19
169	378	10k	Cassandra	Dunne	F	Wicklow Runners	0:27:15	0:27:03	0:54:52	0:54:18
170	525	10k	Roisin	Mc Namara	F		0:28:05	0:26:00	0:54:52	0:54:05
171	432	10k	Stephanie	Hanrahan	F		0:26:33	0:27:18	0:54:55	0:53:51
172	341	10k	Rachel	Corry	F	Bros Pearse	0:27:16	0:26:36	0:54:56	0:53:52
173	551	10k	Jonathan	McKenna	F		0:27:05	0:26:50	0:54:57	0:53:54
174	637	10k	Paul	Purcell	M		0:26:39	0:27:16	0:55:02	0:53:55
175	710	10k	Late	Entry			0:26:54	0:27:44	0:55:12	0:54:38
176	477	10k	Grainne	Kenny	F		0:26:52	0:27:32	0:55:14	0:54:23
177	603	10k	Alanna	O Doherty	F		0:27:12	0:27:08	0:55:17	0:54:20
178	661	10k	deirdre	ryan	F		0:26:54	0:28:00	0:55:31	0:54:54
179	382	10k	Alan	Egan	M		0:26:01	0:28:48	0:55:34	0:54:50
180	444	10k	John	Hogan	M		0:27:42	0:26:51	0:55:35	0:54:33
181	411	10k	Neil	Geraghty	M	None	0:26:07	0:28:57	0:55:37	0:55:04
182	616	10k	John	O'Grady	M	Team BT	0:27:42	0:26:28	0:55:40	0:54:10
183	308	10k	Raechel	Campbell	F		0:27:07	0:27:42	0:55:53	0:54:50
184	415	10k	Emily	Glen	F		0:27:23	0:27:21	0:55:54	0:54:44
185	397	10k	Teresa	Foley	F		0:27:09	0:27:45	0:55:56	0:54:53
186	704	10k	Larry	White	M		0:26:37	0:28:41	0:55:59	0:55:18
187	700	10k	Clare	Welsh	F		0:28:11	0:26:48	0:56:09	0:54:59
188	298	10k	Conor	Brophy	M		0:28:49	0:26:15	0:56:10	0:55:03
189	295	10k	Conor	Brangan	M		0:27:51	0:26:55	0:56:23	0:54:46
190	582	10k	Fiona	Murphy	F		0:27:23	0:28:20	0:56:27	0:55:43
191	505	10k	Eugene	Lynch	M		0:27:43	0:28:11	0:56:34	0:55:54
192	278	10k	Siobhan	Baldwin	F		0:27:39	0:28:14	0:56:35	0:55:53
193	718	10k	Briege	McCossan	F		0:27:50	0:27:57	0:56:35	0:55:48
194	701	10k	David	Whelan	M		0:27:18	0:28:24	0:56:38	0:55:42
195	688	10k	Jessie	Todd	F		0:27:08	0:28:45	0:56:41	0:55:53
196	543	10k	Ben	McGilloway	M		0:28:07	0:27:27	0:56:42	0:55:34
197	711	10k	Richard	Bragg	M		0:28:04	0:28:01	0:56:46	0:56:05
198	318	10k	Angela	Charlton	F		0:28:30	0:27:25	0:56:48	0:55:55
199	597	10k	Sinead	Ni Dhomhnaill	F		0:28:29	0:26:57	0:56:51	0:55:26
200	424	10k	Duncan	Graham	M		0:28:45	0:27:00	0:56:54	0:55:45
201	469	10k	Siobhan	kelly	F		0:28:08	0:27:31	0:56:59	0:55:39
202	373	10k	Aine	Dowling	F		0:27:14	0:28:58	0:57:00	0:56:12
203	683	10k	Nigel	Sykes	M		0:28:12	0:27:50	0:57:00	0:56:02
204	404	10k	Caroline	Galligan	F		0:27:08	0:29:04	0:57:01	0:56:13
205	401	10k	Liz	Fowley	F		0:27:51	0:28:30	0:57:01	0:56:21
206	515	10k	Pete	Mags	M		0:27:30	0:28:40	0:57:03	0:56:10
207	361	10k	Rachael	Diggin	F		0:29:16	0:26:50	0:57:04	0:56:06
208	698	10k	jody	walshe	M		0:27:31	0:28:43	0:57:04	0:56:14
209	293	10k	Alison	Bowe	F	Trim AC	0:28:03	0:28:05	0:57:06	0:56:08
210	649	10k	James	Richardson	M		0:28:36	0:27:11	0:57:07	0:55:47
211	640	10k	Aine	Quigley	F		0:28:25	0:27:38	0:57:17	0:56:04
212	574	10k	liz	morrin	F	o	0:28:01	0:28:34	0:57:17	0:56:35

213	596	10k	Ášna	NÁ- ChribÁ-n	F		0:27:56	0:28:49	0:57:25	0:56:45
214	598	10k	Ciara	Ni Mhaoilste	F		0:26:32	0:29:52	0:57:27	0:56:24
215	620	10k	Roisin	O'higgins	F		0:29:16	0:27:16	0:57:30	0:56:32
216	486	10k	Christine	Kildea	F		0:27:35	0:28:43	0:57:34	0:56:18
217	495	10k	Greg	Leddin	M		0:28:35	0:28:10	0:57:36	0:56:44
218	451	10k	Anthony	Hyland	M		0:28:28	0:28:29	0:57:43	0:56:57
219	354	10k	AnneMarie	Delaney	F	Belpark Tri Club	0:28:24	0:28:24	0:57:43	0:56:48
220	626	10k	Pat	O'Neill	M		0:27:48	0:28:50	0:57:46	0:56:37
221	599	10k	Doireann	Ni Mhuiri	F		0:28:54	0:27:34	0:57:46	0:56:29
222	351	10k	PÁjÁraic	Curran	M		0:28:30	0:27:52	0:57:46	0:56:22
223	589	10k	Cliona	Murray	F		0:28:50	0:27:36	0:57:47	0:56:26
224	338	10k	Colm	Corcoran	M		0:28:49	0:27:55	0:57:47	0:56:44
225	660	10k	Mary	Ryan	F		0:28:17	0:28:48	0:57:49	0:57:05
226	329	10k	Donal	Connaughton	M		0:28:46	0:27:46	0:57:51	0:56:32
227	421	10k	Nicola	Goldsmith	F		0:29:29	0:28:25	0:57:53	0:57:53
228	284	10k	Joanne	Beamish	F		0:28:34	0:28:32	0:57:55	0:57:05
229	671	10k	Priscila	Silva	F		0:28:17	0:28:35	0:57:57	0:56:51
230	695	10k	Derek	Walsh	M		0:29:53	0:26:53	0:57:58	0:56:46
231	593	10k	Lorraine	Naughton	F		0:30:24	0:26:14	0:57:59	0:56:38
232	468	10k	Aidan	Kelliher	M		0:28:12	0:28:55	0:58:00	0:57:07
233	662	10k	Michael	Saez	M				0:58:10	0:58:10
234	672	10k	Aidan	Skelly	M		0:29:16	0:28:15	0:58:18	0:57:30
235	502	10k	Mark	Ludgate	M		0:28:01	0:29:46	0:58:25	0:57:47
236	511	10k	Mary	Macnamara	F		0:28:20	0:28:48	0:58:26	0:57:08
237	680	10k	Kate	Stewart	F		0:29:54	0:27:49	0:58:28	0:57:43
238	356	10k	Edel	Dempsey	F		0:27:59	0:30:00	0:58:38	0:57:59
239	646	10k	Lydia	Regazzoli	F		0:29:01	0:28:19	0:58:46	0:57:20
240	657	10k	Jennifer	Rudden	F		0:28:38	0:29:23	0:58:50	0:58:01
241	678	10k	Linda	Stewart	F		0:28:12	0:29:36	0:59:00	0:57:49
242	374	10k	Jennifer	Downes	F		0:28:34	0:29:35	0:59:02	0:58:09
243	513	10k	Cathal	Magner	M		0:30:04	0:28:01	0:59:04	0:58:05
244	553	10k	Niamh	McLoughlin	F		0:30:37	0:27:34	0:59:05	0:58:11
245	291	10k	Alexandra	Bouloy	F		0:29:11	0:29:15	0:59:07	0:58:25
246	490	10k	Liz	Lanigan	F		0:29:22	0:28:41	0:59:08	0:58:03
247	514	10k	Andrea	Magnorsky	F		0:28:43	0:29:30	0:59:23	0:58:12
248	484	10k	Vincent	Kiely	M		0:28:09	0:30:36	0:59:25	0:58:45
249	648	10k	Audrey	Reinhardt	F		0:28:40	0:29:33	0:59:27	0:58:13
250	347	10k	Brian	Crowley	M		0:28:10	0:30:43	0:59:35	0:58:53
251	355	10k	David	Dempsey	M		0:29:21	0:29:29	0:59:43	0:58:50
252	717	10k	Imelda	Neylan	F		0:29:35	0:28:55	0:59:44	0:58:30
253	296	10k	Jacqueline	Breslin	F		0:29:46	0:29:06	0:59:50	0:58:52
254	659	10k	Gillian	Rutledge	F		0:29:12	0:30:38	1:00:40	0:59:50
255	286	10k	Lorraine	Bergin	F		0:29:41	0:30:01	1:00:42	0:59:42
256	668	10k	Kate	Sheppard	F		0:31:59	0:27:36	1:00:42	0:59:35
257	500	10k	ROSEMARY	LONG	F		0:29:09	0:30:47	1:00:56	0:59:55
258	331	10k	Tracey	Connolly	F		0:29:54	0:30:23	1:00:59	1:00:17
259	362	10k	Janet	Dignam	F		0:30:58	0:28:41	1:01:01	0:59:39
260	481	10k	Sinead	Keogan	F		0:29:21	0:31:02	1:01:05	1:00:23
261	466	10k	Miriam	Kelehan	F		0:31:30	0:29:36	1:01:06	1:01:06
262	615	10k	Simon	O'Gallchobhair	M		0:30:41	0:29:42	1:01:07	1:00:24
263	567	10k	Susan	Moloney	F		0:29:08	0:31:12	1:01:09	1:00:21
264	332	10k	Desmond	Connolly	M		0:29:52	0:30:33	1:01:11	1:00:26
265	521	10k	liz	maume	F		0:29:22	0:31:01	1:01:16	1:00:23
266	602	10k	Hannah	O' Connor	F		0:30:25	0:29:35	1:01:18	1:01:13
267	416	10k	aoife	glynn	F		0:30:57	0:28:59	1:01:20	0:59:56
268	389	10k	Claire	Fanning	F		0:29:23	0:31:06	1:01:28	1:00:28
269	549	10k	Noirin	McKenna	F		0:30:03	0:30:27	1:01:40	1:00:29
270	696	10k	caroline	walsh	F		0:30:20	0:30:36	1:01:47	1:00:56
271	499	10k	hiliary	leslie	F		0:30:25	0:31:32	1:01:57	1:01:57
272	636	10k	karen	prunty	F		0:30:22	0:30:36	1:01:59	1:00:58
273	312	10k	Niall	Carroll	M		0:31:14	0:29:16	1:02:00	1:00:30
274	537	10k	jason	mcdonnell	M		0:29:07	0:31:49	1:02:01	1:00:57
275	547	10k	Joanna	McHugh	F		0:30:12	0:30:38	1:02:12	1:00:50
276	370	10k	Maria	Donoghue	F	Lucan Harriers	0:30:20	0:31:13	1:02:18	1:01:34
277	625	10k	Eimer	O'Malley	F		0:30:25	0:30:39	1:02:25	1:01:04
278	281	10k	Danny	Barrett	M	Team BT	0:30:10	0:30:42	1:02:27	1:00:52
279	595	10k	Imelda	Neylan	F		0:30:39	0:31:18	1:02:30	1:01:57
280	487	10k	Michelle	Kincaid	F		0:31:46	0:29:43	1:02:30	1:01:29
281	575	10k	Hayley	Murphy	F				1:02:30	1:01:57
282	412	10k	Joanne	Geraghty	F		0:30:44	0:30:37	1:02:32	1:01:21
283	406	10k	Suzanne	Galvin	F		0:30:21	0:31:27	1:02:33	1:01:47

284	473	10k	Ronan	Kelly	M	Team BT	0:30:58	0:30:03	1:02:36	1:01:01
285	387	10k	Colette	Fahy	F		0:30:26	0:31:05	1:02:40	1:01:31
286	694	10k	Elaine	Wallace	F		0:30:54	0:30:51	1:02:42	1:01:45
287	282	10k	Helena	Barrett	F	Team BT	0:30:10	0:31:00	1:02:47	1:01:10
288	419	10k	Eileen	Glynn	F		0:31:13	0:31:04	1:02:57	1:02:17
289	437	10k	Stephen	Harris	M		0:30:45	0:30:40	1:02:58	1:01:24
290	436	10k	Derek	Harris	M		0:30:45	0:30:39	1:02:58	1:01:24
291	491	10k	Jean	Lawless	F		0:31:13	0:30:27	1:03:04	1:01:40
292	377	10k	Elaine	Doyle	F		0:31:12	0:30:28	1:03:05	1:01:40
293	300	10k	Karen	Brown	F		0:30:11	0:31:40	1:03:09	1:01:51
294	380	10k	Anne-Marie	Farren	F		0:30:14	0:31:55	1:03:24	1:02:09
295	375	10k	elaine	Doyle	F		0:31:45	0:30:38	1:03:24	1:02:22
296	536	10k	Camilla	McDonagh	F		0:30:22	0:31:53	1:03:37	1:02:15
297	489	10k	Helen	Lacey	F	Forget The Gym	0:31:05	0:31:59	1:03:58	1:03:04
298	363	10k	Dearbhail	Dillion	F		0:31:15	0:32:01	1:04:11	1:03:16
299	430	10k	Linda	Hand	F		0:31:03	0:32:22	1:04:20	1:03:25
300	309	10k	Miriam	Carey	F		0:31:10	0:32:04	1:04:23	1:03:14
301	563	10k	Sinead	Minehane	F		0:32:16	0:30:48	1:04:35	1:03:04
302	482	10k	Siobhan	Keogh	F		0:32:05	0:32:32	1:04:38	1:04:38
303	410	10k	Barry	Gavigan	M	Team BT	0:31:57	0:31:13	1:04:38	1:03:10
304	528	10k	Fionnuala	McCarthy	F		0:32:17	0:31:07	1:04:53	1:03:24
305	434	10k	linda	Harnden	F		0:32:16	0:31:19	1:05:07	1:03:35
306	462	10k	Barbara	Keary	F		0:32:04	0:31:42	1:05:10	1:03:46
307	497	10k	Kate	Lennon	F		0:31:12	0:32:38	1:05:10	1:03:51
308	307	10k	Ian	Cairns	M		0:32:34	0:31:20	1:05:21	1:03:55
309	667	10k	Sarah	Sheppard	F		0:32:01	0:32:18	1:05:26	1:04:19
310	534	5k	Michael	McCormack	M				1:05:55	1:04:39
311	352	10k	Olivia	Darcy	F		0:32:25	0:32:07	1:05:56	1:04:32
312	653	10k	Angela	Ross-Innes	F		0:33:26	0:31:38	1:06:05	1:05:03
313	684	10k	Lorna	Taaffe	F		0:31:55	0:32:44	1:06:05	1:04:39
314	687	10k	Amy	Tighe	F		0:31:54	0:32:45	1:06:07	1:04:39
315	277	10k	Ciara	Backwell	F		0:30:43	0:34:49	1:06:28	1:05:32
316	548	10k	Fiona	McKenna	F	Monaghan Town Runners	0:32:06	0:34:04	1:07:28	1:06:10
317	446	10k	Brian	Horan	M		0:32:17	0:34:29	1:07:56	1:06:46
318	457	10k	Karen	Joyce	F		0:33:21	0:33:40	1:08:08	1:07:01
319	409	10k	Orla	Gavan	F		0:34:09	0:33:16	1:08:38	1:07:24
320	317	10k	Karen	Champ	F		0:33:04	0:35:10	1:09:19	1:08:14
321	702	10k	Catherine Lucy	Whelan	F	Garda Athletics Club	0:35:00	0:33:33	1:09:26	1:08:33
322	705	10k	Fiona	Whyte	F		0:33:02	0:35:22	1:09:29	1:08:24
323	420	10k	Maria	Godoy	F		0:34:31	0:34:08	1:09:30	1:08:39
324	632	10k	Paul	Pascell	M		0:34:29	0:34:09	1:09:30	1:08:38
325	565	10k	Aoife	Mollin	F		0:34:28	0:34:16	1:09:43	1:08:45
326	523	10k	Jennifer	Mc Kenna	F		0:33:22	0:35:17	1:09:56	1:08:39
327	569	10k	Gerry	Moore	M		0:33:20	0:35:47	1:10:05	1:09:08
328	456	10k	Denise	Jordan	F		0:33:22	0:35:31	1:10:12	1:08:54
329	365	10k	Lee	Dillon	M		0:35:19	0:33:49	1:10:25	1:09:08
330	665	10k	Claire	Shanley	F		0:35:14	0:33:50	1:10:25	1:09:05
331	529	10k	Niamh	McCarthy	F		0:34:46	0:34:42	1:10:38	1:09:29
332	618	10k	Carmel	o'hare	F	sutton ltc	0:34:44	0:34:42	1:10:39	1:09:27
333	384	10k	Daniel	English	M		0:34:47	0:34:55	1:10:47	1:09:42
334	447	10k	helen	hudson	F		0:34:18	0:35:32	1:11:05	1:09:50
335	287	10k	Bill	Bhandal	M	Team BT	0:35:11	0:35:11	1:11:50	1:10:22
336	408	10k	Ana	Garcia Jimenez	F		0:35:57	0:35:09	1:12:23	1:11:05
337	588	10k	Danny	Murphy	M		0:34:43	0:36:50	1:12:49	1:11:33
338	427	10k	Robert	Graham	M		0:34:45	0:37:16	1:13:16	1:12:01
339	453	10k	rebecca	jenkins	F		0:35:55	0:37:04	1:14:22	1:12:59
340	706	10k	Joseph	Williams	M		0:35:55	0:37:16	1:14:33	1:13:11
341	485	10k	Louise	Kiernan	F		0:36:22	0:37:41	1:14:58	1:14:03
342	517	10k	Orla	Maguire	F		0:36:20	0:37:46	1:14:58	1:14:05
343	566	10k	Emer	Molloy	F	Portmarnock	0:36:21	0:37:46	1:14:59	1:14:07
344	519	10k	Ann	Mangan	F		0:35:27	0:38:23	1:15:05	1:13:51
345	506	10k	Liz	Lyons	F	Na	0:38:28	0:36:37	1:16:05	1:15:05
346	673	10k	Ann Marie	Smith	F		0:34:54	0:36:45	1:16:26	1:16:26
347	399	10k	Sandra	Foley	F		0:36:42	0:38:04	1:16:29	1:14:46
348	471	10k	Amy	Kelly	F		0:36:45	0:38:05	1:16:29	1:14:49
349	327	10k	Breda	Comerford	F		0:38:36	0:41:10	1:20:44	1:19:45