Place	Bib	Surname	Name	Club	Cat	Country	5km	10km	15km	20km	25km	30km	35km	40km	45km	50km	Race Time
1	183	O'Hanlon	Gary	Clonliffe Harriers	M40	IRE	18:25	17:29	17:25	17:31	17:26	17:29	17:37	17:39	17:49	18:01	2:56:51
2	59	Doyle	Mark	Wheelworks	MS	IRE	19:02	17:54	17:41	18:10	18:48	18:51	19:20	19:53	20:53	21:38	3:12:09
3	133	Mooney	Peter		M	IRE	19:56	18:57	19:28	18:56	19:21	19:17	19:44	19:52	21:09	20:17	3:16:59
4	188	O'Shea	Alex	St Finbars	M40	IRE	19:48	18:42	18:37	18:57	19:14	19:20	19:51	20:31	20:59	21:52	3:17:51
5	81	Gorman	Dermot	Raheny	MS	IRE	19:57	18:57	19:09	19:24	20:02	20:20	20:18	21:00	21:47	21:34	3:22:27
6	84	Greaney	Andrew	Dublin Bay	M34	IRE	21:17	20:45	20:35	20:01	19:53	20:06	20:28	20:47	20:58	20:55	3:25:46
7	45	Connon	Stephen	Bros pearse	M35	IRE	21:37	20:44	20:32	20:44	20:34	20:40	20:31	20:37	20:23	20:13	3:26:34
8	32	Cawley	Joe	Sli Cuallan	M40	IRE	21:37	20:44	20:43	20:33	20:34	20:40	20:33	20:34	20:42	21:16	3:27:56
9	89	Gurrin	Brian	Kilcoole	M45	IRE	21:17	19:45	20:19	20:13	20:38	20:46	21:18	21:49	22:09	22:50	3:31:04
10	224	Wolfe	Mark		M45	IRE	20:49	20:18	20:30	20:27	20:31	21:19	21:06	22:12	22:10	22:42	3:32:06
11	97	Hennessey	Adrian	Kilfinane A/c	M35	IRE	21:51	20:46	20:52	20:45	21:26	20:48	21:11	21:38	22:20	22:26	3:34:03
12	48	Copeland	Ger	Dublin Bay	MS	IRE	21:17	20:45	21:02	21:36	21:51	21:48	22:16	22:31	22:36	22:08	3:37:50
13	129	Looby	Maurice	Mullingar	M40	IRE	22:11	21:26	21:19	21:05	21:12	21:34	21:38	22:37	23:56	23:56	3:40:54
14	174	Nunan	Richard	IMRA	M40	IRE	21:56	20:49	20:58	21:06	21:36	21:57	22:34	23:02	23:40	24:24	3:42:02
15	209	Sheilds	Matt	North Belfast	M60	GBR	24:01	22:09	22:24	22:29	22:11	22:19	22:15	22:22	22:11	21:33	3:43:55
16	117	Killen	Jamie		M35	IRE	22:17	21:45	21:21	21:12	21:28	21:36	22:18	22:18	24:22	25:27	3:44:04
17	17	Breyfoyle	Jim	Albuqerque runners	MS	USA	22:55	21:47	21:57	21:42	21:46	22:30	22:35	23:01	24:01	24:34	3:46:49
18	125	Leadbetter	Adam	Athenry	M35	IRE	21:07	20:24	20:24	20:09	20:38	21:03	22:15	24:33	28:53	28:00	3:47:27
19	169	Murphy	Paul		M40	IRE	22:14	21:48	21:58	22:28	22:58	23:21	23:39	24:04	24:36	24:50	3:51:55
20	193	Purvis	Stephen	Ballymena run	MS	IRE	22:54	21:08	21:37	21:39	22:34	23:04	23:39	25:03	26:00	24:25	3:52:03
21	210	Sheridan	Darren	Dublin Bay	M40	IRE	22:14	21:52	22:22	22:29	23:00	22:54	23:33	24:39	25:07	24:05	3:52:15
22	181	O'Donnell	Ian	Kilcoole	M45	IRE	24:08	22:03	22:24	22:28	22:11	22:23	23:02	23:54	25:32	24:39	3:52:44
23	142	McCarthy	Shane	Celbridge	M40	IRE	22:13	21:23	21:26	21:39	22:05	22:55	24:00	25:36	25:42	26:38	3:53:37
24	66	Egan	Donal		MS	IRE	25:50	24:48	23:19	23:36	23:02	23:00	22:40	22:50	22:47	22:14	3:54:07
25	55	DeFriene	Paul		M55	IRE	24:08	22:03	22:24	22:29	22:10	22:23	23:03	24:17	25:34	25:43	3:54:15
26	171	Neumerzhitskiy	Vasiliye		M45	RUS	24:47	23:00	22:30	22:21	22:51	22:52	23:11	24:03	24:41	24:50	3:55:05
27	118	Kilmas	Thomas	Dooneen A/c	M35	IRE	24:59	22:54	23:35	23:10	22:52	22:49	23:00	23:58	23:59	24:50	3:56:06
28	149	McGrath	Donagh	Ballyboden	M45	IRE	24:01	22:48	22:36	22:39	22:38	22:44	23:09	24:36	25:34	25:46	3:56:33
29	221	Vines	Liam	Trail heads	M40	IRE	23:11	22:00	22:02	22:04	22:13	22:50	22:52	25:11	27:41	27:33	3:57:38
30	115	Kenny	Suzanne	Trail heads	F35	IRE	23:21	22:52	23:15	23:32	23:31	23:59	24:25	24:39	25:23	24:51	3:59:49
31	61	Drennan	Barry	Dunshaughlin	M40	IRE	23:21	22:52	23:16	23:31	23:31	23:59	24:25	24:39	25:23	24:52	3:59:49
32	190	O'Sullivan	Michael	Carrick A/c	M40	IRE	24:46	23:23	23:23	23:13	23:23	23:47	23:57	24:00	24:45	25:14	3:59:52
33	68	Espina	Rolando	Dublin Bay	M40	PHIL	24:52	23:02	23:35	23:10	22:52	22:49	24:03	25:02	25:49	25:24	4:00:37
34	18	Bruce	Richard		M45	IRE	24:59	22:37	22:39	22:46	23:31	23:12	24:05	25:25	25:39	26:50	4:01:43
35	20	Byrne	Gavin	Donore Harriers	MS	IRE	19:56	19:46	20:14	21:33	22:04	24:48	23:31	29:53	30:00	32:55	4:04:40
36	63	Cribbin	Gary	Clane AC	MS	IRE	25:21	23:40	23:35	23:55	23:46	23:46	23:54	24:50	25:40	26:22	4:04:48
37	140	McCabe	Rob	Clane A/c	M35	IRE	25:21	23:43	23:31	23:56	23:45	23:47	23:54	24:49	25:40	26:22	4:04:48
38	38	Clifford	Mark		M35	IRE	25:39	23:59	24:02	24:19	24:06	23:59	24:26	24:43	25:04	25:53	4:06:10
39	173	Nolan	Enda		M35	IRE	26:02	24:23	24:30	24:28	24:43	24:21	24:33	24:42	24:40	23:48	4:06:11
40	215	Steele	Tony		MS	IRE	25:00	22:43	23:45	24:16	24:57	24:39	24:52	25:32	25:36	25:21	4:06:41
41	53	Darcy	Andy		M35	IRE	24:59	22:37	23:52	24:15	24:56	24:40	24:52	25:33	25:37	25:21	4:06:41
42	96	Hayles	Alan		M40	IRE	25:51	23:44	24:02	24:05	24:00	24:07	24:46	24:48	25:42	26:02	4:07:08
43	78	Gannon	Damien	Celbridge	M45	IRE	25:34	24:01	24:18	24:18	24:16	24:14	24:46	25:02	25:25	26:03	4:07:56
44	121	Kissane	John		M45	IRE	24:32	23:02	22:57	22:51	22:59	23:04	23:41	25:55	29:23	30:56	4:09:20
45	150	McGrath	Martin	Bords A/c	M40	IRE	28:15	25:37	24:33	22:32	22:25	22:44	24:39	26:36	26:15	26:22	4:09:59
46	86	Gregg	Stephen	Lucan Harriers	M35	IRE	24:46	23:24	23:22	23:06	23:30	23:47	24:19	26:21	28:50	29:11	4:10:37
47	122	LaCosta	Didier		M40	IRE	23:38	22:40	23:07	23:35	23:32	24:12	25:09	26:08	28:58	30:15	4:11:14
48	225	Wynne	Paul	KTRTC	M40	IRE	25:49	24:37	24:49	25:16	25:01	25:13	25:11	25:46	26:14	26:20	4:14:15
49	71	Farrell	Robert	Trim Ac	M35	IRE	25:39	23:51	24:09	24:29	24:30	25:16	25:38	27:13	27:38	26:11	4:14:33
50	36	Clarke	Karen	Bros pearse	F42	IRE	26:11	25:10	25:14	25:14	25:26	25:23	25:31	25:39	25:37	25:29	4:14:54
51	141	McCann	John	IMRA	M40	IRE	25:41	23:41	24:10	25:16	24:32	25:34	25:00	26:45	27:14	27:41	4:15:35
52	23	Byrne	Louis		MS	IRE	26:02	24:23	24:31	24:38	24:32	24:21	24:34	25:14	28:01	29:30	4:15:45
53	208	Sheilds	Eamonn	LeCheile	M40	IRE	24:46	23:25	23:23	23:20	23:44	24:12	25:28	27:00	30:13	30:57	4:16:29
54	102	Higgins	Dino	Dublin Bay	M40	IRE	25:55	24:31	25:16	24:33	24:52	24:56	25:41	26:40	28:07	26:48	4:17:19
55	22	Byrne	Billy	DLPR	M55	IRE	27:19	25:31	25:50	25:59	25:43	25:44	25:42	25:25	25:50	26:09	4:19:11
56	214	St John	Jim	Clonmel Ac	M55	IRE	24:45	23:25	23:23	23:41	24:43	25:31	26:18	28:43	29:29	29:26	4:19:25
57	204	Ryder	Adrian	Mallow A/c	M35	IRE	25:21	22:55	23:42	23:59	24:23	25:57	27:00	29:48	28:22	28:38	4:20:04
58	5	Bartley	Joe		M35	IRE	25:22	23:40	23:47	24:22	24:02	24:51	26:35	28:03	29:39	29:52	4:20:12
59	196	Reilly	Derek	Duleek	M35	IRE	28:05	26:47	26:38	26:29	25:10	25:49	26:09	25:32	25:42	25:16	4:21:36
60	76	Flanagan	Tracy		F40	IRE	25:29	24:01	24:29	25:15	25:29	26:05	26:24	27:07	28:48	29:39	4:22:47
61	195	Reid	Caroline	Dunboyne A/c	F40	IRE	25:36	24:02	25:06	24:38	25:26	25:07	25:49	28:25	30:11	28:54	4:23:14
62	203	Ryan	Kristy	Crusaders	F35	AUS	27:12	25:50	25:50	26:00	27:16	25:59	26:11	26:37	27:20	27:16	4:25:32
63	116	Keville	Paul	Garda A/c	MS	IRE	24:19	23:28	25:02	24:22	24:28	24:25	27:02	28:14	31:49	32:37	4:25:45
64	147	McDonald	Tom	St Josephs	M45	IRE	27:14	25:36	25:43	26:31	26:36	26:49	26:54	27:00	27:13	26:11	4:25:48
65	153	McLean	Niall		M35	IRE	27:35	25:41	25:44	25:41	25:59	25:57	26:09	26:05	27:56	29:33	4:26:20
66	185	O'Murchu	Pol	Drogheda & Dist	M35	IRE	27:40	25:47	26:15	26:46	27:02	27:05	26:38	27:04	27:12	25:01	4:26:29
67	163	Molloy	Paul		M45	IRE	25:49	23:58	23:54	24:18	24:24	24:32	24:55	32:21	33:54	28:26	4:26:31
68	177	O'Callaghan	Ciaran		M40	IRE	26:13	25:04	25:09	25:19	25:30	25:52	27:40	27:21	29:18	29:15	4:26:41
69	211	Sheridan	Anthony	Dublin Bay	M40	IRE	26:11	24:19	25:28	24:58	25:07	27:11	27:07	27:43	30:16	28:36	4:26:57
70	128	Locke	Keith		MS	IRE	27:55	26:26	26:43	26:31	26:16	25:54	26:14	26:49	27:33	26:42	4:27:03
71	172	Neville	Brendan		M50	IRE	28:15	26:38	25:58	25:59	25:38	26:11	26:53	27:23	27:35	27:34	4:28:05
72	10	Boothman	John		M45	IRE	28:04	26:21	26:40	27:38	27:30	26:46	26:20	26:29	27:10	25:38	4:28:34
73	184	Olwill	Maurice	MCI	M45	IRE	28:28	26:52	26:46	26:24	26:48	25:50	26:07	27:06	27:29	27:11	4:29:01
74	152	McIntyre	Peter	Donadea RC	M55	IRE	25:27	23:35	24:10	24:22	24:04	24:26	25:10	28:33	38:40	30:41	4:29:08
75	154	McLoughlin	Patricia	LeCheile	F35	IRE	26:49	25:30	25:02	25:38	25:54	26:11	27:03	28:46	29:39	28:38	4:29:08
76	198	Reinhart	Gary	Dublin Bay	M35	IRE	28:09	27:24	26:59	26:47	26:51	26:38	26:32	26:32	26:38	26:59	4:29:29
77	31	Ankers	Brian	Donadea RC	MS	IRE	28:55	27:00	28:45	21:52	24:23	26:50	27:13	29:36	29:02	25:54	4:29:29
78	167	Horatio	Karina		F	IRE	26:37	24:53	25:35	24:30	24:46	27:08	26:21	32:05	30:08	28:15	4:30:17
79	15	Brennan	Stephen	Trailheads	M55	IRE	26:42	24:59	24:54	24:55	25:12	26:27	27:33	31:56	30:00	28:06	4:30:43
80	144	McDonald	Eoin		MS	IRE	27:11	25:45	25:53	25:50	25:51	26:55	27:26	27:41	28:39	29:43	4:30:54
81	28	Carthy	Eoin	Dublin Bay	M40	IRE	28:08	26:21	27:00	27:28	27:06	26:43	26:32	26:30	28:04	27:30	4:31:22
82	145	McDonald	Caitriona	St Abbans	F35	IRE	27:10	25:41	25:57	25:50	25:43	27:03	27:57	28:46	29:07	28:45	4:32:00
83	77	Foy	Mick	Dunboyne	M40	IRE	26:36	26:15	25:43	26:05	25:58	26:12	27:34	30:03	29:10	28:54	4:32:29
84	9	Bolger	David		M35	IRE	25:50	23:46	24:03	24:05	24:13	24:08	24:33	27:58	31:57	42:03	4:32:35
85	85	Greene	Colman	Clane River Harriers	M50	IRE	25:44	24:01	24:27	24:59	25:06	25:52	27:34	30:32	30:57	33:26	4:32:39
86	3	Barry	Anita	St Joseph's A/c	FS	IRE	27:14	25:37	25:43	26:05	27:03	26:49	28:04	28:27	29:43	27:55	4:32:40
87	49	Costello	Liam		M40	IRE	26:45	24:42	25:54	25:16	24:53	25:39	27:33	30:29	31:47	30:27	4:33:24
88	182	O'Donohue	David		M40	IRE	26:05	24:24	24:46	25:43	26:02	26:53	28:18	30:07	30:55	30:39	4:33:53
89	4	Barry	John	DSD A/c	M50	IRE	28:07	26:45	27:39	26:49	26:40	26:48	26:30	27:32	27:55	29:33	4:34:18
90	25	Lundy	Leo	Crusaders	M50	IRE	26:59	26:07	25:48	25:57	26:03	26:33	27:30	27:52	30:27	31:09	4:34:25
91	67	Ennis	Sallie	DLPR	F35	IRE	29:01	26:38	27:31	27:28	27:14	27:05	27:04	27:24	28:04	27:09	4:34:38
92	101	Higgins	Justin	DLPR	M35	IRE	27:48	26:15	26:43	26:46	27:02	27:16	27:05	27:12	29:20	29:13	4:34:39
93	189	O'Sullivan	John	DLPR	M40	IRE	27:48	26:16	26:43	26:46	27:02	27:16	27:04	27:12	29:20	29:47	4:35:14

94	65	Dunne	Christopher	Trail heads	M40	IRE	25:50	24:33	24:08	24:00	24:42	29:10	27:04	28:24	35:56	31:38	4:35:26
95	44	Conlon	Mark	Dublin Bay	MS	IRE	25:46	23:48	24:19	24:36	28:32	28:00	28:06	31:27	31:25	30:14	4:36:12
96	21	Byrne	Ken		M40	IRE	28:30	26:33	27:32	26:46	26:50	26:39	26:30	26:33	29:48	30:44	4:36:24
97	24	Cahill	Christy		M50	IRE	28:08	26:53	26:30	27:40	26:49	26:46	26:32	26:34	29:26	31:57	4:37:16
98	42	Colleran	Laurence	Trail heads	M40	IRE	24:02	22:48	23:21	24:47	27:36	28:03	29:52	32:37	31:17	33:16	4:37:39
99	139	Mayock	Helen	Donadea RC	F35	IRE	28:37	26:39	27:27	27:15	28:03	28:12	27:39	28:21	28:36	27:06	4:37:54
100	161	Geronimo	Bobby		M	IRE	25:48	24:42	25:02	25:53	26:12	28:02	31:16	29:42	29:49	31:36	4:38:00
101	157	McManamon	Ken	Clane A/c	M40	IRE	28:14	26:44	26:40	26:51	26:58	26:50	27:02	28:21	29:40	30:46	4:38:06
102	179	O'Connor	Irene	Sportsworld	F45	IRE	29:00	26:36	27:20	26:48	26:55	27:32	27:20	27:53	29:35	30:00	4:39:00
103	51	Croke	Paul	Waterford Trail	M40	IRE	29:22	27:38	27:31	28:23	28:38	27:14	27:27	29:10	27:07	27:13	4:39:44
104	158	McNally	John		M45	IRE	26:49	26:01	25:17	25:40	26:06	26:32	28:32	31:03	32:55	32:27	4:41:22
105	95	Seery	Gary		M	IRE	28:44	27:09	28:03	28:01	28:33	30:33	42:35	03:57	02:02	01:59	4:41:37
106	131	MacCauley	Gareth	Donadea RC	M35	IRE	29:47	28:13	28:22	28:26	28:14	27:38	27:55	27:52	28:09	27:37	4:42:13
107	136	Mahoney	Dave	Dublin Bay	M50	IRE	27:39	25:20	25:11	25:36	25:48	26:54	28:30	29:36	34:07	33:36	4:42:15
108	75	Fitzsimons	Aodaghan	Run logic	M40	IRE	29:35	28:40	26:47	30:06	27:49	28:18	27:59	27:38	26:38	28:55	4:42:25
109	219	Underwood	Alison	Grassroots	F35	IRE	28:54	27:01	27:10	27:11	28:26	27:31	27:37	28:17	30:10	30:28	4:42:45
110	206	Senyk	Asher	Run logic	M35	IRE	29:35	28:41	26:45	30:19	27:37	28:19	28:03	29:14	27:54	27:35	4:44:03
111	134	MacKessy	Kevin		MS	IRE	28:31	25:51	26:25	26:46	26:19	26:58	30:57	31:08	32:01	31:14	4:46:09
112	6	Berney	Joe	Crogan AC	M50	IRE	30:43	28:55	28:33	28:44	28:23	27:47	28:42	27:40	28:16	29:39	4:47:22
113	180	O'Daly	Gary	Dublin Bay	MS	IRE	28:45	27:12	27:39	27:08	27:30	28:18	29:57	29:52	30:24	31:16	4:48:00
114	90	Hamilton	Eddie		M40	IRE	28:05	26:24	26:59	27:28	27:13	28:55	31:12	31:58	31:51	28:17	4:48:22
115	109	Keely	Thomas	Trailheads	M40	IRE	30:04	28:05	27:17	26:41	27:18	27:53	29:42	29:15	31:50	30:30	4:48:36
116	47	Conway	John		M	IRE	30:22	28:00	28:59	28:10	28:20	29:12	29:07	28:44	29:02	28:46	4:48:43
117	166	Murphy	Paschal	Donadea RC	M35	IRE	27:44	26:51	27:19	27:05	27:08	28:18	29:12	31:19	31:30	32:23	4:48:50
118	165	Barry	Pat		M	IRE	28:08	26:43	26:42	27:03	27:25	28:42	29:38	31:09	33:05	30:28	4:49:04
119	151	McGrogarty	Neville		M40	IRE	30:14	28:07	28:16	28:18	28:54	29:18	29:26	29:35	29:03	27:53	4:49:05
120	50	Dunne	Olwyn	Sportsworld	F45	IRE	26:11	25:53	26:25	26:50	28:28	29:09	30:10	31:41	32:42	31:55	4:49:22
121	60	Doyle	Peter		M45	IRE	28:14	27:02	27:27	27:15	28:03	28:16	28:24	31:20	32:29	31:17	4:49:47
122	168	Murphy	Anthony		M45	IRE	27:11	25:20	25:33	25:35	26:22	28:14	30:58	32:31	34:00	34:36	4:50:20
123	34	Chapman	Marie	Slaney	F45	IRE	30:58	29:05	29:24	30:14	28:52	29:29	29:54	28:43	28:42	25:38	4:50:57
124	27	Carolan	Anita	Duleek	F40	IRE	30:18	28:05	28:16	28:17	28:53	28:23	28:40	29:10	30:03	31:07	4:51:13
125	69	Eustace	Ken	Naas Tri	M45	IRE	29:08	26:45	28:16	27:49	28:31	28:40	29:04	30:46	30:04	33:08	4:52:11
126	2	Bannon	Ruth	Portmarnock	F40	IRE	28:53	27:40	28:01	28:22	28:45	29:41	30:39	31:05	30:31	28:45	4:52:22
127	170	Murray	Ronan	Sportsworld	M45	IRE	28:51	26:45	27:20	27:22	28:30	28:41	29:12	31:34	30:29	33:48	4:52:33
128	13	Brady	Shay	Sportsworld	M40	IRE	28:52	26:45	27:20	27:22	28:30	28:52	29:54	30:55	31:15	32:49	4:52:34
129	212	Sinclair	Lorna		F45	IRE	28:54	27:01	26:52	27:46	29:52	30:43	28:57	31:01	30:55	30:54	4:52:55
130	58	Dowd	Brendan	Donadea RC	M40	IRE	29:46	28:14	28:26	28:22	28:39	27:28	27:40	28:54	30:04	35:48	4:53:21
131	194	Rafferty	Luke	Trail heads	M40	IRE	26:11	25:09	25:15	25:50	29:10	30:00	33:10	32:20	34:19	32:59	4:54:23
132	113	Kelly	James		M45	IRE	29:35	27:34	28:18	28:02	29:47	29:56	29:39	31:12	30:49	29:33	4:54:26
133	19	Burke	Mairead		F45	IRE	30:02	28:07	28:26	28:18	28:56	29:19	30:04	29:26	30:04	31:54	4:54:37
134	162	Misteal	Ronan	Dublin Bay	MS	IRE	28:08	26:54	27:31	26:47	27:00	30:12	29:56	32:39	35:04	30:51	4:55:02
135	192	Purcell	Martin		M40	IRE	28:56	27:00	27:59	28:15	28:33	29:08	30:24	31:17	31:46	32:02	4:55:19
136	202	Rowe	Paddy	Wexford M Club	MS	IRE	30:26	28:33	28:41	28:21	29:10	29:17	29:08	29:14	30:02	32:43	4:55:35
137	41	Cole	James		MS	IRE	28:03	26:21	26:04	25:14	25:14	27:02	30:22	31:53	38:29	37:35	4:56:18
138	87	Griffin	Shauna	Run logic	FS	IRE	30:13	28:03	28:35	28:29	28:45	30:07	31:59	32:00	30:17	28:00	4:56:28
139	138	Mawer	Tina	Donadea RC	F35	IRE	30:02	28:07	28:27	28:17	28:56	29:20	32:25	31:31	30:18	29:07	4:56:30
140	119	Kinane	Conor		M35	IRE	30:03	27:51	28:43	28:18	28:56	29:46	33:29	30:01	30:50	28:56	4:56:53
141	135	Maher	Miriam	LeCheile	F40	IRE	29:34	28:03	28:43	28:41	28:59	29:19	30:43	30:26	30:42	31:44	4:56:56
142	200	Riordan	Dave		M40	IRE	27:41	26:37	27:21	27:46	28:01	28:03	28:50	31:32	34:50	36:21	4:57:02
143	8	Boland	Nicky	Croghan	M40	IRE	30:58	29:05	29:14	29:38	29:52	29:13	29:46	28:50	30:49	29:38	4:57:03
144	83	Gowan	Dave	Run Logic	MS	IRE	30:14	28:02	29:07	27:58	28:43	30:08	31:59	31:59	30:19	28:43	4:57:11
145	213	Smith	Philip	Bros Pearse	M40	IRE	26:59	24:21	24:35	25:01	26:21	31:01	34:52	37:01	35:52	31:14	4:57:17
146	56	Donegan	Eddie	Tallaght A/c	M40	IRE	28:43	26:50	27:24	27:38	28:34	29:46	32:21	34:08	33:35	28:32	4:57:31
147	120	Kirby	Eadaoin	KTRTC	F40	IRE	31:25	29:39	29:28	30:00	29:25	29:31	29:20	30:10	30:19	28:24	4:57:42
148	79	Gleeson	Angeline	KTRTC	F40	IRE	31:25	29:39	29:27	30:01	29:25	29:31	29:20	30:10	30:19	28:24	4:57:42
149	43	Condon	John		M40	IRE	25:48	24:16	25:09	28:40	29:58	30:34	32:53	32:05	35:35	32:47	4:57:45
150	146	McDonald	John	Luck A/c	M50	IRE	28:52	27:41	28:00	28:22	28:41	29:35	30:09	31:45	32:55	31:44	4:57:46
151	11	Boyle	Rory		M45	IRE	28:10	26:53	27:28	26:51	26:58	29:10	33:03	33:42	34:12	31:22	4:57:48
152	110	Kelleher	Sean		M45	IRE	26:35	25:52	26:23	26:25	27:38	30:28	31:54	34:33	34:26	34:11	4:58:24
153	98	Henry	Carmel		F40	IRE	30:02	28:08	28:26	28:17	28:56	29:20	30:05	32:43	32:48	30:00	4:58:44
154	175	Nuti	Marco	ASG	M40	ITA	29:56	28:12	28:43	28:29	28:49	30:13	31:13	32:38	30:44	29:55	4:58:51
155	123	Lami	Rui	ASG	M35	IRE	30:13	27:54	28:42	28:29	26:09	32:54	31:11	32:14	31:09	29:55	4:58:51
156	1	Cassin	Ray	Duleek	M45	IRE	31:16	28:46	29:14	29:38	29:52	29:33	30:40	30:48	29:39	29:33	4:58:59
157	107	Jennings	Anne		F35	IRE	30:43	28:54	29:48	30:14	28:50	29:30	29:54	30:44	30:42	32:08	5:01:27
158	40	Cole	Joseph	Dublin Bay	M35	IRE	28:30	26:34	27:32	27:15	28:11	31:29	33:57	31:57	33:41		DNF
159	30	Casey	Phillip	Clane A/c	M40	IRE	30:03	28:07	28:26	28:17	28:57	29:46	34:07	37:47	35:45		DNF
160	127	Lenharth	Andrew		M40	IRE	28:30	26:32	25:48	26:43	27:16	29:00	29:25	30:04	32:40		DNF
161	159	McNamee	Celine	Clane	F45	IRE	29:47	28:13	28:22	28:25	29:27	28:50	30:49	35:41	34:29		DNF
162	164	Moore	Fia	Run logic	F40	IRE	30:22	27:55	29:06	29:24	30:27	29:55	32:24	32:25	32:51		DNF
163	205	Salley	Bobby		M40	IRE	28:55	27:01	27:20	27:57	29:29	30:54	33:40	35:09	36:04		DNF
164	35	Church	Richard		M45	IRE	27:32	25:27	25:11	25:36	30:00	31:36	33:14	35:52	43:45		DNF
165	114	Kenny	Padraig		M40	IRE	30:03	28:56	28:41	29:05	28:01	28:02	37:03	38:14	33:34		DNF
166	99	Heppenstall	Lindsey	DLPR	F40	GBR	31:27	29:39	29:34	30:07	29:58	30:47	32:24	35:23	36:18		DNF
167	222	Wall	John	Duleek	M35	IRE	30:03	28:07	28:27	28:17	31:14	35:54	35:38	38:44	34:57		DNF
168	57	Doran	James	An Riocht	MS	IRE	19:56	18:57	19:03	18:52	19:17	19:29	20:26	27:49			DNF
169	104	Horan	Dominic	Sli Cuallan	M45	IRE	22:12	21:24	21:30	21:24	21:14	21:17	21:12	21:39			DNF
170	92	Hannon	Don	Trail head		IRE	22:05	21:05	21:02	21:05	21:14	22:09	22:27	22:20			DNF
171	108	Boyle	Rory		M	IRE	28:30	26:33	27:32	26:47	26:49	26:38	29:14	36:50			DNF
172	37	Cleaver	John	Trailheads	M40	IRE	27:46	26:21	27:24	27:27	30:00	31:27	36:39	43:52			DNF
173	126	Lee	Brian	Donadea Rc	M40	IRE	31:24	29:57	29:25	32:03	34:55	39:06	41:30	44:52			DNF
174	93	Harrington	Claire		F45	IRE	32:07	30:38	32:08	33:53	36:25	40:42	38:45	38:57			DNF
175	143	McCartney	Patrick		M45	IRE	25:31	23:47	24:07	24:52	24:54	25:53	28:33				DNF
176	137	Mann	Tina	Wexford Mara Club	F35	IRE	30:26	28:34	28:40	28:22	29:10	29:36	36:10				DNF
177	178	O'Callaghan	Dave	Tallaght A/c	M40	IRE	24:59	22:54	23:35	23:10	23:47	25:28					DNF
178	191	Peavoy	Maebh	Donore	FS	IRE	27:09	25:49	25:11	25:36	25:36	24:34					DNF
179	187	O'Rourke	Paul	Dunshaughlin	M45	IRE	25:25	24:12	25:11	25:20	25:40	28:40					DNF
180	220	Hewston	Eric		M	IRE	30:15	27:57	28:27	29:32	33:07	24:22					DNF
181	52	Daly	John	Trail Head	M45	IRE	29:22	27:38	27:31	28:22	31:46	32:13					DNF
182	207	Shanaghy	Dawn		F40	IRE	31:26	29:32	29:36	29:09	30:16	30:37					DNF
183	148	McDonnell	Sean	Dunboyne A/c	M40	IRE	25:49	25:13	25:58	27:40	31:19	49:25					DNF
184	197	Reilly	Con	Donadea RC	M50	IRE	28:43	27:12	30:26	30:27	35:59	37:04					DNF
185	106	Ferrissimo	Pedro		M40	ITA	30:59	29:16	29:48	29:40	29:44	30:00					DNF
189	46	Kernan	Colin		MS	IRE	25:46	23:52	22:15	22:17	22:35						DNF
191	16	Brennan	Glenn		M40	IRE	25:51	24:43	24:48	25:09	26:06						DNF

195	105	Hughes	Robert	Fingal Tri	M45	IRE	30:13	28:06	29:03	28:58	33:26						DNF
187	226	Zakis	Raivis	West Waterford	MS	LAV	19:23	18:37	18:50	19:36							DNF
188	100	Higgins	Alister		M40	SCO	21:28	20:44	20:42	24:36							DNF
196	54	Davies	Gareth		M35	IRE	31:28	29:52	29:21	30:14							DNF
192	223	Wilders	Sharon	Dublin Bay	F45	IRE	28:30	31:07	29:48	30:15							DNF
193	217	Taffe	John	Dublin Bay	MS	IRE	28:14	27:42	28:11								DNF
194	160	Meehan	Andrew	Dondea R/c	M40	IRE	28:55	27:00	28:45								DNF
186	62	Ford	Luke		M	IRE	35:53	09:51									DNF
190	82	Gorski	Alan		MS	POL	24:46										DNF
197	112	Kelly	Kate	Wexford tri	F45	IRE											DNF
198	64	Dunne	Joe	Sportsworld	M45	IRE	00:55	52:16									DNF