

Place	Bib	Forename	Surname	Cat	Total	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10
1	12	John	Byrne	M35	3:07:54	0:19:50	0:18:32	0:18:44	0:18:17	0:18:14	0:18:28	0:18:19	0:18:51	0:19:05	0:19:34
2	24	Barry	Minnock	M35	3:10:43	0:19:59	0:18:34	0:18:39	0:18:20	0:18:06	0:18:41	0:19:14	0:19:33	0:19:41	0:19:56
3	66	David	Simpson	MS	3:12:12	0:20:13	0:18:39	0:18:38	0:18:06	0:18:27	0:18:31	0:18:38	0:19:26	0:19:56	0:21:38
4	57	Dan	Doherty	MS	3:22:35	0:19:50	0:18:43	0:19:14	0:19:27	0:19:52	0:20:08	0:20:33	0:21:15	0:22:06	0:21:26
5	23	Paul	Tierney	MS	3:28:30	0:21:50	0:20:31	0:20:34	0:20:27	0:20:51	0:21:14	0:20:53	0:20:42	0:20:51	0:20:35
6	38	Jim	McCormick	M45	3:30:01	0:21:26	0:20:03	0:20:20	0:20:30	0:20:29	0:20:39	0:20:58	0:21:36	0:22:04	0:21:57
7	61	John	O'Regan	M40	3:30:02	0:21:26	0:20:03	0:20:20	0:20:30	0:20:29	0:20:39	0:20:59	0:21:34	0:22:04	0:21:58
8	21	Eoin	Keith	M40	3:32:39	0:21:51	0:20:31	0:20:34	0:20:28	0:20:51	0:21:15	0:20:55	0:21:15	0:22:32	0:22:30
9	22	Vasiily	Neumerzhitskiy	M45	3:35:35	0:20:39	0:19:30	0:19:53	0:20:17	0:20:40	0:21:18	0:22:26	0:23:04	0:23:38	0:24:10
10	67	Gary	Condon	M40	3:39:45	0:22:56	0:21:31	0:21:51	0:21:35	0:21:35	0:22:13	0:21:52	0:23:12	0:21:34	0:21:25
11	5	Jeff	Fitzsimons	M35	3:46:59	0:22:40	0:21:33	0:21:38	0:21:38	0:21:56	0:22:17	0:22:42	0:23:39	0:24:40	0:24:17
12	2	Thomas	Bubendorfer	M40	3:50:43	0:25:23	0:23:47	0:23:47	0:23:05	0:23:28	0:22:00	0:21:35	0:22:34	0:22:46	0:22:17
13	15	Liam	O'Neill	M40	3:52:07	0:22:56	0:21:31	0:21:51	0:21:35	0:21:36	0:22:14	0:23:09	0:24:59	0:26:27	0:25:50
14	72	Ronan	O'Reilly	M35	3:54:48	0:25:28	0:24:21	0:24:31	0:23:08	0:22:23	0:23:20	0:22:19	0:22:33	0:22:16	0:24:28
15	65	Colman	Greene	M45	3:57:25	0:24:56	0:23:17	0:23:31	0:23:26	0:23:39	0:23:27	0:23:13	0:23:28	0:24:42	0:23:45
16	55	Rob	Cummins	M35	3:57:40	0:24:55	0:23:48	0:23:52	0:23:33	0:23:44	0:23:31	0:23:37	0:23:51	0:24:28	0:22:21
17	64	Sean	Doyle	M45	4:02:00	0:25:22	0:23:45	0:23:43	0:23:40	0:23:53	0:24:04	0:24:24	0:24:55	0:24:19	0:23:55
18	46	Charlotte	Kearney	FS	4:04:06	0:24:54	0:23:49	0:24:04	0:23:10	0:23:33	0:23:44	0:25:08	0:24:44	0:25:04	0:25:54
19	20	Graham	Hopkins	M35	4:04:27	0:24:52	0:23:10	0:23:53	0:23:34	0:23:58	0:23:43	0:24:04	0:26:17	0:27:24	0:23:33
20	59	Gerry	Duffy	M40	4:05:38	0:25:32	0:24:37	0:24:54	0:25:02	0:23:47	0:23:16	0:22:38	0:23:36	0:27:38	0:24:39
21	19	Niall	Campbell	MS	4:06:34	0:25:33	0:24:38	0:24:52	0:24:45	0:24:04	0:24:10	0:24:35	0:24:31	0:24:36	0:24:50
22	28	Paul	Molloy	M40	4:06:34	0:25:30	0:24:40	0:24:53	0:24:45	0:24:05	0:24:09	0:24:35	0:24:31	0:24:37	0:24:49
23	11	Aidan	Blake	MS	4:10:24	0:24:55	0:23:07	0:23:53	0:23:36	0:23:55	0:23:45	0:24:03	0:26:20	0:27:20	0:29:30
24	45	Oliver	Kearney	M35	4:17:11	0:24:54	0:23:47	0:23:56	0:23:31	0:23:44	0:23:31	0:23:59	0:26:22	0:33:26	0:30:01
25	47	Martin	Collier	MS	4:19:33	0:27:20	0:26:29	0:26:42	0:25:50	0:26:02	0:25:48	0:25:48	0:25:41	0:24:49	0:25:03
26	63	John	Chapman	M40	4:21:20	0:25:22	0:23:47	0:23:42	0:23:40	0:23:53	0:24:04	0:24:25	0:24:54	0:31:19	0:36:15
27	4	Paul	Brunnock	M40	4:21:28	0:27:20	0:26:29	0:26:42	0:25:50	0:26:02	0:25:48	0:25:48	0:25:41	0:25:18	0:26:29
28	10	Dave	Mahoney	M45	4:22:47	0:25:33	0:24:37	0:24:57	0:24:40	0:24:05	0:24:24	0:25:58	0:29:42	0:30:08	0:28:42
29	26	Jarleth	Hynes	M40	4:23:07	0:25:28	0:24:21	0:24:31	0:24:31	0:24:25	0:24:37	0:25:11	0:26:27	0:29:08	0:34:27
30	52	Brian	Ankers	MS	4:24:59	0:26:30	0:24:37	0:25:45	0:23:58	0:24:17	0:25:06	0:27:10	0:27:27	0:29:30	0:30:38
31	8	Fergal	McDonnell	M40	4:25:53	0:26:58	0:25:46	0:26:03	0:25:51	0:26:41	0:26:49	0:27:03	0:27:13	0:27:23	0:26:05
32	29	James	Carraher	MS	4:27:48	0:28:34	0:26:26	0:26:11	0:26:09	0:26:00	0:26:03	0:26:25	0:26:44	0:27:17	0:27:59
33	6	Mick	Foy	M35	4:27:49	0:28:34	0:26:26	0:26:11	0:26:10	0:26:00	0:26:03	0:26:25	0:26:45	0:27:17	0:27:58
34	44	Barry	Thornton	M35	4:28:16	0:25:28	0:23:35	0:23:59	0:24:24	0:25:19	0:28:58	0:27:49	0:29:23	0:30:06	0:29:15
35	18	Maurice	Olwin	M40	4:30:40	0:28:01	0:26:18	0:26:24	0:27:14	0:26:50	0:27:06	0:26:21	0:27:25	0:27:45	0:27:16
36	56	Medbh	Peavoy	FS	4:31:17	0:26:35	0:25:26	0:25:16	0:24:48	0:24:27	0:25:24	0:26:51	0:28:19	0:30:10	0:34:01
37	71	Orna	Dilworth	FS	4:37:23	0:29:10	0:27:09	0:27:41	0:27:27	0:27:46	0:28:24	0:28:25	0:28:37	0:27:50	0:24:53
38	27	Olwyn	Dunne	F45	4:39:38	0:29:10	0:27:12	0:27:38	0:27:28	0:27:47	0:28:24	0:28:24	0:28:40	0:27:53	0:27:03
39	37	John	Coleman	MS	4:43:58	0:29:06	0:27:13	0:27:14	0:27:28	0:28:10	0:28:26	0:28:25	0:28:53	0:29:45	0:29:18
40	16	Tom	Enright	M35	4:44:10	0:29:05	0:27:14	0:27:13	0:27:28	0:28:14	0:28:23	0:28:43	0:28:20	0:30:00	0:29:30
41	41	Graham	Colmer	MS	4:44:12	0:27:06	0:25:37	0:25:52	0:25:03	0:26:15	0:27:52	0:31:33	0:32:47	0:30:31	0:31:36
42	17	Jerry	O'Connor	M45	4:45:02	0:27:18	0:25:26	0:26:03	0:25:50	0:26:27	0:28:30	0:29:48	0:32:25	0:31:41	0:31:35
43	69	Rachael	Lee	FS	4:48:12	0:27:22	0:26:27	0:26:42	0:27:39	0:27:43	0:30:14	0:30:37	0:30:08	0:30:49	0:30:31
44	50	Brendan	Dowd	MS	4:48:35	0:28:54	0:26:46	0:26:35	0:25:55	0:26:17	0:27:24	0:28:05	0:29:24	0:36:58	0:32:18
45	62	Stefan	Samuelsson	M35	4:50:24	0:27:42	0:26:27	0:26:40	0:26:24	0:26:32	0:28:47	0:30:27	0:32:11	0:32:28	0:32:45
46	9	Joan	Molloy	F40	4:50:48	0:29:22	0:27:36	0:27:33	0:28:07	0:27:55	0:28:00	0:28:31	0:29:04	0:30:57	0:33:43
47	36	George	Coffey	M40	4:51:43	0:29:50	0:27:32	0:27:56	0:27:21	0:27:40	0:27:31	0:28:47	0:30:03	0:32:44	0:32:21
48	39	Philip	Niland	MS	4:52:07	0:29:03	0:27:16	0:27:13	0:27:29	0:28:14	0:28:23	0:28:24	0:28:52	0:31:23	0:35:49
49	53	Michael	Haydon	M55	4:52:34	0:27:22	0:26:29	0:26:48	0:27:13	0:28:11	0:29:32	0:28:28	0:30:04	0:32:38	0:35:49
50	35	Richie	O'Donnell	MS	4:53:13	0:29:04	0:27:15	0:27:07	0:27:34	0:28:15	0:28:23	0:28:54	0:31:36	0:32:46	0:32:17
51	33	Eamonn	Tynan	M40	4:54:12	0:29:06	0:27:12	0:27:13	0:27:28	0:26:41	0:26:47	0:27:18	0:30:59	0:37:54	0:33:33
52	34	Declan	Donnelly	M45	4:56:03	0:25:19	0:23:49	0:23:54	0:24:03	0:24:38	0:25:52	0:32:42	0:38:49	0:41:33	0:35:22
53	70	Alison	Underwood	F35	4:56:03	0:28:54	0:26:44	0:27:26	0:27:05	0:29:34	0:28:39	0:32:09	0:31:58	0:31:54	0:31:40
54	14	David	McDonnell	M35	4:56:23	0:29:50	0:27:32	0:27:11	0:27:49	0:28:35	0:28:53	0:30:49	0:30:57	0:32:17	0:32:30
55	51	Pat	Hayes	M40	4:56:46	0:28:54	0:26:45	0:26:38	0:27:05	0:30:07	0:27:45	0:29:22	0:32:25	0:33:57	0:33:48
56	1	Eamonn	Dargan	M40	4:57:47	0:28:28	0:27:34	0:27:16	0:27:40	0:28:28	0:29:34	0:32:04	0:33:13	0:33:52	0:29:37
57	42	Frank	McDermott	MS	4:58:52	0:31:33	0:29:28	0:29:32	0:29:35	0:29:47	0:29:54	0:29:44	0:29:42	0:29:39	0:29:59
58	49	Paschal	Corcoran	M40	5:04:33	0:29:06	0:27:13	0:27:00	0:27:41	0:28:19	0:29:42	0:31:30	0:33:25	0:34:46	0:35:52
59	3	Eric	Hewston	M40	5:07:41	0:29:49	0:26:41	0:27:32	0:27:28	0:27:49	0:30:17	0:34:27	0:33:56	0:34:22	0:35:21
60	68	Karen	McGowan	FS	5:31:06	0:30:58	0:29:40	0:30:36	0:31:45	0:33:00	0:33:59	0:34:32	0:34:43	0:34:44	0:37:07
		32	Mick	Rice	M40	DNF	0:21:21	0:20:29	0:20:56	0:20:38	0:20:58	0:21:26	0:24:06		
		58	Justin	McKeever	M35	DNF	0:25:29	0:24:20	0:24:31	0:24:00	0:21:37	0:22:49			
		30	Mark	Hughes	MS	DNF	0:25:59	0:24:55	0:25:27	0:26:41	0:28:06	0:37:53			
		60	Keith	Whyte	MS	DNF	0:19:59	0:18:49	0:19:20	0:19:52	0:22:11				