

Place	Bib	Surname	Name	Sex	1km	6km	11km	16km	21km	Finish
1	89	Bidwell	Matt	MALE	0:03:52	0:18:05	0:18:12	0:18:11	0:17:59	1:16:19
2	79	Carty	Gerry	MALE	0:04:02	0:18:43	0:19:18	0:19:46	0:19:43	1:21:31
3	195	Dooley	Kilian	MALE	0:04:23	0:19:56	0:20:14		0:40:11	1:24:44
4	80	Casey	Patrick	MALE	0:04:20	0:19:58	0:20:14	0:20:09	0:20:06	1:24:47
5	136	Cunningham	Jonathan	MALE	0:04:20	0:19:51	0:20:25	0:20:35	0:20:31	1:25:42
6	750	Shaloo	Kevin	MALE	0:04:21	0:19:40	0:20:00	0:20:44	0:22:07	1:26:52
7	550	Murphy	John	MALE	0:04:21	0:19:36	0:20:28	0:20:55	0:21:32	1:26:53
8	194	Dooley	Enda	MALE	0:04:32	0:20:35	0:20:42	0:20:52	0:20:45	1:27:27
9	78	Carroll	Neil	MALE	0:04:30	0:20:22	0:20:45	0:20:55	0:21:11	1:27:43
10	498	McLoughlin	Tony	MALE	0:04:43	0:20:47	0:20:48	0:20:52	0:20:50	1:28:00
11	736	Roxby	Philip	MALE	0:04:37	0:20:51	0:20:47	0:20:55	0:20:50	1:28:00
12	500	Melia	Darren	MALE	0:04:51	0:21:09	0:21:16	0:21:20	0:21:15	1:29:52
13	294	Gordon	David	MALE	0:04:30	0:20:54	0:21:31	0:21:33	0:21:38	1:30:06
14	492	Mckenna	Billy	MALE	0:05:04	0:22:10	0:21:59	0:22:05	0:20:52	1:32:09
15	46	Burke	William	MALE	0:04:33	0:20:55	0:21:38	0:22:28	0:23:05	1:32:38
16	47	Burke	Frank	MALE	0:04:59	0:22:39	0:22:10	0:22:15	0:21:56	1:34:00
17	614	Potter	Arthur	MALE	0:05:03	0:22:36	0:22:01	0:22:21	0:23:05	1:35:05
18	505	Kelly	Pat	MALE	0:05:01	0:22:32	0:22:15	0:22:29	0:23:50	1:36:08
19	747	Seery	Enda	MALE	0:04:40	0:22:08	0:22:28	0:23:04	0:23:54	1:36:14
20	85	Connolly	John	MALE	0:04:58	0:22:55	0:23:01	0:22:49	0:22:44	1:36:27
21	791	Stephen	Rob	MALE	0:05:20	0:22:25	0:23:26	0:23:08	0:22:30	1:36:49
22	345	Kealy	Mary	FEMALE	0:04:51	0:22:27	0:22:51	0:23:19	0:23:27	1:36:55
23	760	Silke	Paschal	MALE	0:05:01	0:22:53	0:22:55	0:22:54	0:24:09	1:37:53
24	767	Simpson	Richard	MALE	0:05:23	0:23:00	0:23:02	0:23:41	0:23:02	1:38:08
25	472	McGrath	Martin	MALE	0:05:50	0:25:12	0:22:53	0:21:47	0:22:39	1:38:21
26	796	Stewart	Philip	MALE	0:05:20	0:22:51	0:23:16	0:23:48	0:23:16	1:38:31
27	394	Langan	Donie	MALE	0:06:19	0:24:33	0:23:11	0:22:53	0:22:32	1:39:29
28	802	Thornton	Alan	MALE	0:05:05	0:24:24	0:24:07	0:23:31	0:22:29	1:39:36
29	458	Mannion	Ronan	MALE	0:04:52	0:23:16	0:24:18	0:24:02	0:23:35	1:40:02
30	524	Moran	Mark	MALE	0:05:17	0:24:09	0:24:22	0:24:43	0:22:23	1:40:53
31	100	Conroyomalley	Caroline	FEMALE	0:05:15	0:23:08	0:25:59	0:23:25	0:23:11	1:40:59
32	867	Nicholson	Cormac	MALE	0:05:20	0:23:52	0:24:16	0:23:49	0:23:52	1:41:09
33	575	O'Hara	Martin	MALE	0:05:19	0:23:49	0:24:28	0:24:40	0:23:39	1:41:55
34	389	King	Basil	MALE	0:05:21	0:23:51	0:24:18	0:24:32	0:24:05	1:42:07
35	434	Madden	Aidan	MALE	0:05:03	0:23:35	0:23:58		0:50:04	1:42:41
36	287	Gilhooley	Shane	MALE	0:05:00	0:22:54	0:24:37	0:24:39	0:25:36	1:42:46
37	107	Cormican	Martin	MALE	0:05:22	0:23:54	0:24:21	0:24:48	0:24:29	1:42:54
38	413	Leahy	Jim	MALE	0:05:21	0:27:21	0:23:44	0:23:29	0:23:18	1:43:14
39	333	Hogan	Aine	FEMALE	0:05:17	0:23:46	0:24:23	0:24:53	0:25:20	1:43:40
40	10	Barrett	Denise	FEMALE	0:05:31	0:24:05	0:24:35	0:25:09	0:24:26	1:43:46
41	591	O'reilly	Colm	MALE	0:05:14	0:24:49	0:24:50	0:24:59	0:24:02	1:43:54
42	430	Lynch	Michelle	FEMALE	0:05:20	0:24:39	0:24:38	0:24:47	0:25:29	1:44:53
43	36	bruton	emily	FEMALE	0:05:25	0:25:26	0:25:01	0:24:54	0:24:08	1:44:55
44	138	Dalton	Brenda	FEMALE	0:05:33	0:24:30	0:24:53	0:25:22	0:25:01	1:45:19
45	376	Bernadette	Cox	FEMALE	0:05:31	0:24:31	0:24:50	0:25:21	0:25:24	1:45:37
46	143	Darby	Laura	FEMALE	0:05:41	0:24:48	0:24:58	0:25:09	0:25:10	1:45:46
47	66	Carey	Niall	MALE	0:05:38	0:24:29	0:24:49	0:25:37	0:25:25	1:45:57
48	565	O Flatharta	Reamonn	MALE	0:05:25	0:24:12	0:24:41	0:25:46	0:26:32	1:46:36
49	334	Hughes	Christopher	MALE	0:05:40	0:24:32	0:24:59	0:26:01	0:26:17	1:47:29
50	444	Mahony	Pamela	FEMALE	0:05:55	0:25:26	0:25:55	0:25:52	0:25:28	1:48:36
51	43	Burke	Pat	MALE	0:05:28	0:25:01	0:25:46	0:26:18	0:26:22	1:48:54
52	481	McIntyre	Martina	FEMALE	0:05:49	0:25:37	0:25:42	0:25:58	0:25:54	1:49:00
53	896	Conneely	Noel	MALE	0:05:47	0:25:34	0:25:55	0:25:55	0:26:22	1:49:32
54	556	Nolan	Andy	MALE	0:05:33	0:25:01	0:26:06	0:26:31	0:26:33	1:49:45

55	816	Walkin	Peter	MALE	0:06:00	0:25:25	0:26:15	0:26:15	0:26:07	1:50:02
56	814	Walkin	Joan	FEMALE	0:05:58	0:25:24	0:26:14	0:26:19	0:26:06	1:50:03
57	418	Linnane	Joan	FEMALE	0:06:20	0:26:41	0:26:17	0:25:41	0:25:11	1:50:11
58	718	Rohan	Gerry	MALE	0:05:48	0:25:33	0:25:58	0:25:55	0:27:10	1:50:23
59	576	O'Malley	Martin	MALE	0:05:34	0:23:37	0:24:10	0:28:41	0:29:19	1:51:21
60	360	Kelleher	Siobhan	FEMALE	0:05:58	0:26:37	0:26:35	0:25:49	0:26:49	1:51:48
61	256	Garvey	Vincent	MALE	0:06:03	0:26:08	0:26:25	0:26:23	0:26:55	1:51:55
62	893	Callanan	AL	MALE	0:05:27	0:24:42	0:25:24	0:27:59	0:29:08	1:52:40
63	882	Brennan	Margaret	FEMALE	0:05:54	0:25:44	0:26:35	0:27:03	0:27:52	1:53:08
64	468	Mccann	Julie	FEMALE	0:05:56	0:25:44	0:26:33	0:27:06	0:27:53	1:53:11
65	243	Fitzgerald	Fiona Patricia	FEMALE	0:05:40	0:26:02	0:27:48	0:26:58	0:27:12	1:53:40
66	154	Deely	Rena	FEMALE	0:06:57	0:27:36	0:25:52	0:26:07	0:27:07	1:53:41
67	183	Donnellan	Claire	FEMALE	0:05:09	0:25:50	0:27:10	0:27:31	0:28:12	1:53:53
68	9	Anglim	Mark	MALE	0:05:38	0:27:13	0:27:38	0:27:59	0:25:46	1:54:14
69	456	Malone	Janelle	FEMALE	0:06:14	0:26:00	0:26:34	0:26:53	0:28:45	1:54:25
70	168	Devereux	Paul	MALE	0:06:18	0:27:10	0:26:54	0:26:59	0:27:17	1:54:39
71	391	King	Assumpta	FEMALE	0:06:18	0:26:33	0:26:48	0:27:26	0:28:10	1:55:14
72	251	Fogarty	Valerie	FEMALE	0:06:29	0:28:21	0:28:23	0:25:58	0:26:04	1:55:15
73	807	Tuohy	Michelle	FEMALE	0:05:50	0:27:00	0:26:44	0:27:27	0:28:13	1:55:15
74	420	Lynch	Michael	MALE	0:06:26	0:26:47	0:26:16	0:27:04	0:29:20	1:55:53
75	357	Keane	Michael	MALE	0:05:41	0:27:48	0:27:47	0:27:30	0:27:13	1:56:00
76	899	Barrett	David	MALE	0:06:33	0:28:17	0:27:34	0:27:12	0:26:56	1:56:32
77	392	Landy	Fergal	MALE	0:05:30	0:25:47	0:29:40	0:26:47	0:28:55	1:56:39
78	11	Bolger	Conall	MALE	0:05:31	0:24:54	0:26:12	0:28:28	0:31:46	1:56:51
79	302	Gullane	Elaine	FEMALE	0:06:21	0:27:57	0:27:29	0:27:46	0:28:08	1:57:40
80	839	Ward	Kerry	FEMALE	0:06:25	0:27:57	0:28:57	0:27:47	0:26:42	1:57:48
81	885				0:06:25	0:27:54	0:27:26	0:28:45	0:27:52	1:58:22
82	554	NÃ OisÃn	SÃle	FEMALE	0:06:15	0:27:19	0:28:15	0:28:05	0:28:51	1:58:45
83	895	Jennings	Paul	MALE	0:06:27	0:27:42	0:27:55	0:28:58	0:28:01	1:59:04
84	118	Crowe	Brian	MALE	0:06:32	0:28:11	0:27:35	0:27:57	0:29:48	2:00:02
85	142	Daly	Tony	MALE	0:06:18	0:28:05	0:28:36	0:29:44	0:27:22	2:00:06
86	549	Mullins	Fergus	MALE	0:06:17	0:28:03	0:30:22	0:28:00	0:27:28	2:00:10
87	459	Mc allen	Colm	MALE	0:05:51	0:27:15	0:27:27	0:28:51	0:31:09	2:00:33
88	112	Cribbin	Philip	MALE	0:06:06	0:27:33	0:28:59	0:29:16	0:29:18	2:01:12
89	182	Donnellan	Noel	MALE	0:06:29	0:27:55	0:28:40	0:29:48	0:30:20	2:03:13
90	808	Waldron	Therese	FEMALE	0:06:20	0:28:02	0:28:18	0:29:35	0:31:06	2:03:20
91	853	Whelan	Rita	FEMALE	0:06:28	0:28:20	0:28:59	0:29:43	0:30:24	2:03:55
92	502	Miskimins	Laura	FEMALE		0:33:42	0:28:51	0:29:43	0:31:59	2:04:15
93	115	Crowe	Cate	FEMALE	0:06:28	0:29:12	0:29:51	0:29:47	0:29:25	2:04:44
94	254	Foley	Patricia	FEMALE	0:06:20	0:27:50	0:29:26	0:30:14	0:31:21	2:05:11
95	842	Webb	Kiera	FEMALE	0:07:00	0:31:09	0:30:22	0:29:32	0:28:09	2:06:13
96	26	Broderick	Daniel	MALE	0:06:34	0:28:40	0:30:09	0:31:08	0:29:43	2:06:15
97	206	Downes	Diane	FEMALE	0:06:59	0:31:09	0:30:21	0:29:35	0:28:12	2:06:17
98	701	Purcell	Aileen	FEMALE	0:07:00	0:31:10	0:30:21	0:29:37	0:28:10	2:06:17
99	238	Finnegan	Roisin	FEMALE	0:06:52	0:29:52	0:29:52	0:30:14	0:30:22	2:07:13
100	341	Kambamettu	Clare	FEMALE	0:06:54	0:29:52	0:30:00	0:30:08	0:30:20	2:07:13
101	362	Kelly	Yvonne	FEMALE	0:06:48	0:30:16	0:30:30	0:30:42	0:29:57	2:08:13
102	710	Reilly	Wesley	MALE	0:06:48	0:30:20	0:30:29	0:30:41	0:29:56	2:08:14
103	712	Rickard	Sally	FEMALE	0:06:26	0:30:32	0:30:37	0:31:41	0:30:52	2:10:08
104	327	Hill	Yvonne	FEMALE	0:05:45	0:28:33	0:29:41	0:31:03	0:35:39	2:10:42
105	568	O'Dea	Steve	MALE	0:06:23	0:29:11	0:29:59	0:30:58	0:34:21	2:10:52
106	326	Higgins	Anne	FEMALE	0:06:37	0:30:01	0:30:46	0:31:08	0:32:24	2:10:55
107	562	Noone	Sean	MALE	0:06:03	0:30:36	0:30:46	0:31:08	0:32:23	2:10:56
108	613	Palframan	Jason	MALE	0:06:45	0:29:18	0:30:30	0:31:40	0:32:52	2:11:06
109	21	Breathnach	Ãosla	MALE	0:06:36	0:29:05	0:30:29	0:32:07	0:33:22	2:11:40

110	132	Cummins	Majella	FEMALE	0:06:32	0:29:25	0:31:02	0:32:23	0:32:58	2:12:20
111	156	Devane	Christina	FEMALE	0:06:49	0:30:00	0:32:32	0:31:13	0:33:02	2:13:35
112	742	Ryan	Emily	FEMALE	0:06:32	0:29:09	0:30:50	0:32:06	0:35:28	2:14:06
113	170	Donnellan	Tim	MALE	0:06:25	0:30:34	0:30:39	0:32:43	0:34:18	2:14:39
114	19	Braun	Laura	FEMALE	0:06:56	0:31:12	0:32:03	0:32:38	0:32:48	2:15:38
115	246	Flanagan	Rachel	FEMALE	0:06:54	0:29:51	0:31:03	0:33:17	0:34:41	2:15:46
116	563	Nugent	Matt	MALE	0:07:03	0:31:13	0:31:49	0:32:35	0:33:21	2:16:02
117	724	Rose	Nicole	FEMALE	0:06:31	0:30:43	0:31:17	0:33:29	0:34:42	2:16:42
118	64	Byrnes	Marian	FEMALE	0:07:01	0:29:32	0:35:06	0:32:41	0:32:42	2:17:02
119	470	McDonagh	Michael	MALE	0:06:33	0:30:45	0:32:02	0:32:49	0:34:54	2:17:04
120	285	Gibson	Alan	MALE	0:06:40	0:31:59	0:32:54	0:33:17	0:33:37	2:18:27
121	369	Kelly	Michael	MALE	0:07:10	0:33:05	0:33:19	0:33:15	0:31:40	2:18:28
122	282	Gibson	SeÃjanna	FEMALE	0:06:43	0:31:58	0:32:58	0:33:17	0:33:32	2:18:28
123	440	Madigan	Donogh	MALE	0:06:35	0:31:12	0:33:25	0:32:30	0:35:52	2:19:34
124	879	Treacy	Edwina	FEMALE	0:07:11	0:33:03	0:33:20	0:33:12	0:34:05	2:20:50
125	209	faherty	caroline	FEMALE	0:06:52	0:33:27	0:33:03	0:34:54	0:33:41	2:21:56
126	860	Whitman	Nicole	FEMALE	0:06:27	0:32:14	0:32:43	0:34:25	0:37:15	2:23:03
127	595	Orouрке	Louise	FEMALE	0:07:02	0:29:33	0:35:00	0:33:32	0:38:05	2:23:12
128	531	Moran	Anne	FEMALE	0:06:58	0:29:43	0:30:45	0:30:07	0:45:40	2:23:12
129	293	glynn	michael	MALE	0:07:02	0:32:58	0:33:38	0:34:59	0:36:11	2:24:48
130	274	Garvey	Helen	FEMALE	0:06:44	0:32:13	0:34:22	0:36:15	0:39:12	2:28:46
131	184	Donohue	Marian	FEMALE	0:07:22	0:33:03	0:34:44	0:36:33	0:38:03	2:29:46
132	63	butler carey	trish	FEMALE	0:06:50	0:34:29	0:35:23	0:36:47	0:36:51	2:30:20
133	230	Feeney	Eugene	MALE	0:07:30	0:34:42	0:36:24	0:39:14	0:39:04	2:36:54
134	566	O toole	Ann	FEMALE	0:07:24	0:35:16	0:37:16	0:38:40	0:40:39	2:39:15
135	149	D'Arcy	Dervilla	FEMALE	0:07:00	0:29:42	0:34:58	0:41:31	0:47:57	2:41:08
136	319	Hanbidge	Sharon	FEMALE	0:08:15	0:37:42	0:36:27	0:38:38	0:40:29	2:41:32
137	58	Butcher	Scott	MALE	0:07:19	0:36:14	0:38:19	0:39:13	0:43:15	2:44:20
	291	Gillespie	Shirley	FEMALE	0:07:50	0:40:53	0:43:32	0:49:01		No Time
	479	McHugh	Elaine	FEMALE	0:06:19	0:28:02	0:29:43			No Time
	704	Rabe	Linda	FEMALE	0:08:29	0:39:44	0:41:50			No Time
	314	Gunning	Helen	FEMALE	0:15:28	0:40:20	0:42:20			No Time
	104	Corcoran	Orla	FEMALE	0:15:30	0:40:16	0:42:25			No Time