

Place	Bib	Name	Sex	Cat	Club	TI Number	Wave	Swim	T1	Cycle	T2	Run	Finish
1	87	Trevor Woods	Male	35-50	Cork TC	10010712	1	0:08:40	0:00:51	0:30:58	0:00:45	0:18:33	0:59:47
2	60	Paul Ogle	Male	35-50	Waterford TC	10011945	1	0:09:28	0:00:59	0:31:03	0:00:48	0:18:32	1:00:50
3	2	Enda Bagnall	Male	35-50	Edenderry TC	10040417	1	0:09:48	0:01:07	0:31:58	0:00:51	0:19:01	1:02:45
4	57	John O rourke	Male	35-50	Tried & Tested TC	10042550	1	0:10:33	0:00:53	0:32:01	0:00:48	0:19:11	1:03:25
5	47	Dinny Lynch	Male	35-50	Tipperary TC	10021024	1	0:10:39	0:00:51	0:32:54	0:00:47	0:19:39	1:04:51
6	36	Brian Jacob	Male	20-34		10013801	1	0:10:35	0:01:05	0:33:52	0:00:47	0:19:41	1:05:59
7	83	Ger Stephenson	Male	20-34	Activmultisport TC	10005023	1	0:11:24	0:00:56	0:33:01	0:00:56	0:20:06	1:06:22
8	167	Shane Walsh	Male	35-50		10021214	2	0:11:25	0:01:00	0:34:10	0:01:00	0:19:26	1:07:00
9	62	Cian O'Keeffe	Male	<20			1	0:08:46	0:00:55	0:35:37	0:00:33	0:22:12	1:08:01
10	24	Darrell Evans	Male	35-50	Waterford TC	10038344	1	0:10:12	0:01:04	0:35:53	0:00:57	0:21:20	1:09:26
11	16	Denise Compton	Female	35-50		10014786	1	0:10:02	0:01:02	0:35:16	0:00:54	0:22:19	1:09:33
12	12	Tommy Byrnes	Male	35-50	Tipperary TC	10003511	1	0:12:19	0:01:18	0:34:23	0:00:59	0:20:44	1:09:43
13	28	Ciaran Foley	Male	20-34		10047012	1	0:09:51	0:01:41	0:37:53	0:00:57	0:20:02	1:10:24
14	21	Paul Dermody	Male	35-50	Kilkenny TC	10015551	1	0:11:04	0:01:24	0:35:22	0:01:13	0:21:29	1:10:30
15	169	Dempsey/Kinsella	Relay	Relay		10047237	2	0:11:07					1:10:35
16	6	Marie Boland	Female	20-34	Belpark TC	10003757	1	0:10:01	0:01:15	0:36:19	0:00:56	0:22:06	1:10:37
17	5	Martin Bohane	Male	35-50	Cork TC	10010139	1	0:11:31	0:01:03	0:35:05	0:00:57	0:22:02	1:10:37
18	13	Tom Casey	Male	50+	Waterford TC	10001060	1	0:11:37	0:01:14	0:35:56	0:00:57	0:21:08	1:10:51
19	74	Michael Ryan	Male	20-34	Kilkenny TC	10048926	1	0:10:32	0:01:30	0:37:22	0:01:24	0:20:27	1:11:15
20	46	Kenny Lonergan	Male	20-34		10055494	1	0:12:49	0:01:20	0:34:54	0:01:01	0:21:32	1:11:36
21	90	Kalle Young	Male	<20		10055622	1	0:10:14	0:01:09	0:36:26	0:00:51	0:23:24	1:12:04
22	177	Rolf Power	Male	35-49	Waterford Racing Club		1	0:11:28	0:01:41	0:35:19	0:01:01	0:22:52	1:12:21
23	73	Simon Reddy	Male	35-50		10003743	1	0:10:44	0:02:06	0:38:53	0:01:01	0:19:59	1:12:44
24	120	Katie Hickson	Female	35-50	Cork TC	10026686	1	0:11:43	0:01:28	0:37:28	0:01:02	0:21:08	1:12:48
25	80	Darragh Skehan	Male	20-34	Naas TC	10050545	1	0:11:59	0:01:19	0:37:53	0:00:51	0:20:57	1:12:58
26	7	Shay Bolland	Male	35-50		10015643	1	0:10:29	0:01:15	0:38:20	0:00:56	0:22:22	1:13:21
27	173	David McConnell	Male	35-50	Waterford TC	10028692	1	0:11:07	0:02:02	0:37:10	0:02:03	0:21:16	1:13:38
28	15	ALBAN Coghlan	Male	20-34		10059029	1	0:12:51	0:02:17	0:39:28	0:00:55	0:18:11	1:13:41
29	19	Robert Cowley	Male	35-50	Kilkenny TC	10054412	1	0:12:29	0:01:20	0:35:27	0:00:58	0:23:31	1:13:44
30	103	Anthony Davis	Male	35-50		10052889	2	0:14:07	0:02:12	0:36:41	0:00:54	0:19:53	1:13:48
31	176	Ciaran Power	Male	35-49	Comeragh Cycling Club		1	0:14:04	0:01:31	0:32:41	0:01:13	0:24:24	1:13:54
32	41	Ger Kelly	Female	50+	Wexford TC	10036175	1	0:11:09	0:01:05	0:38:57	0:01:05	0:21:41	1:13:57
33	170	Hickey/Begley/ODonnell	Relay	Relay		10058803	2	0:10:39	0:00:55	0:37:30			1:14:02
34	67	Ronan Power	Male	35-50		10010702	1	0:11:46	0:01:46	0:37:34	0:01:34	0:21:24	1:14:04
35	147	EON POMPHERET	Male	35-50	Cork TC	10053028	2	0:13:15	0:01:34	0:37:39	0:01:11	0:20:31	1:14:10
36	151	Rebecca Purcell	Female	35-50		10029057	1	0:11:29	0:01:37	0:38:13	0:01:12	0:21:52	1:14:24
37	3	Dave Bartley	Male	50+	Blackwater TC	10052792	1						1:15:00
38	45	Emerson Kirby	male	35-50		10038865	1	0:12:23	0:01:47	0:35:54	0:01:14	0:23:49	1:15:07
39	154	Mark Radley	Male	35-50	Tried & Tested TC	10053832	2	0:14:34	0:02:15	0:36:41	0:01:01	0:20:51	1:15:22
40	89	Oscar Young	Male	<20		10055620	1	0:10:06	0:01:14	0:39:04	0:00:52	0:24:22	1:15:39
41	105	Paul Dee-carter	Male	35-50	Tried & Tested TC	10029393	2	0:11:47	0:01:05	0:40:04	0:00:50	0:21:54	1:15:40
42	78	Joseph Sinnott	Male	20-34	Kilkenny TC	10024059	1	0:11:11	0:01:52	0:38:28	0:00:56	0:23:16	1:15:43
43	35	Fiona Holland	Female	35-50	Waterford TC	10015463	1	0:10:58	0:01:23	0:37:29	0:01:06	0:24:47	1:15:44
44	95	Thomas Coen	Male	35-50		10055623	2	0:14:30	0:01:39	0:36:09	0:01:47	0:21:50	1:15:54
45	96	Michael Coleman	Male	35-50	Waterford TC	10042956	2	0:14:05	0:01:21	0:37:18	0:01:00	0:22:27	1:16:11
46	40	Tony Kelly	Male	35-50	Kilkenny TC	10041606	1	0:13:49	0:01:35	0:37:51	0:01:03	0:21:55	1:16:13
47	49	Eoin Maher	Male	35-50		10057855	1	0:12:30	0:02:31	0:39:22	0:01:48	0:20:15	1:16:26
48	140	Gerard O'callaghan	Male	20-34		10038651	2	0:12:50	0:01:10	0:37:52	0:00:56	0:23:50	1:16:38
49	31	Eamonn Grace	Male	50+	Kilkenny TC	10044640	1	0:15:04	0:01:37	0:36:12	0:01:10	0:22:41	1:16:43
50	11	Ken Byrne	Male	35-50	Kilkenny TC	10051045	1	0:14:01	0:01:25	0:37:28	0:01:04	0:23:13	1:17:11
51	48	Neil Magee	Male	35-50		10056281	1	0:10:11	0:02:01	0:40:57	0:01:11	0:22:58	1:17:18
52	8	Eoghan Brennan	Male	20-34		10048539	1	0:14:37	0:02:14	0:38:23	0:00:57	0:21:10	1:17:20
53	30	Ronan Foy	Male	35-50	Cork TC	10033170	1	0:12:28	0:02:08	0:38:43	0:01:53	0:22:17	1:17:29
54	130	Alan Mahon	Male	35-50	Kilkenny TC	10047367	2	0:13:14	0:01:14	0:39:23	0:00:55	0:22:46	1:17:31
55	114	Pat Finn	Male	35-50	Blackwater TC	10035137	2	0:13:52	0:01:31	0:36:56	0:00:58	0:24:26	1:17:43
56	26	Michael Flynn	Male	20-34		10047006	1	0:10:23	0:01:28	0:40:28	0:01:03	0:24:32	1:17:55
57	81	Pat Spillane	Male	35-50	Clonmel TC	10052780	1	0:14:06	0:01:58	0:36:17	0:01:04	0:24:35	1:18:00
58	94	Mick Beston	Male	50+	Blackwater TC	10052386	1	0:14:58	0:01:40	0:36:21	0:01:13	0:23:48	1:18:00
59	82	Helen Stafford	Female	35-50	Wexford TC	10056205	1	0:12:02	0:02:03	0:41:22	0:00:50	0:21:49	1:18:06
60	126	Cian Long	Male	20-34		10056082	2	0:11:23	0:01:56	0:40:09	0:01:10	0:23:33	1:18:10
61	42	Francis Kennedy	Male	50+	Waterford TC	10020448	1	0:10:27	0:02:33	0:38:54	0:01:31	0:24:48	1:18:12
62	162	Brendan Sidney	Male	35-50	Wexford TC	10015412	2	0:14:29	0:01:24	0:37:38	0:01:03	0:23:49	1:18:22
63	33	David Hamilton	Male	35-50	Kilkenny TC	10050131	1	0:12:59	0:01:40	0:39:25	0:01:27	0:22:55	1:18:26
64	112	Bernard Faughnan	Male	20-34	Kilkenny TC	10049086	2	0:14:14	0:01:46	0:39:15	0:00:48	0:22:27	1:18:30
65	200	Gordon Quinn	Male	35-50	Wexford TC	10016964	2	0:13:16	0:01:50	0:39:59	0:00:56	0:22:36	1:18:36
66	172	Maria McCarthy	Female	35-50	Tralee Tri Club	10053154	1	0:14:24	0:02:03	0:41:03	0:01:11	0:20:06	1:18:45
67	91	Joe Barry	Male	35-50	Tried & Tested TC	10029069	2	0:13:52	0:01:25	0:41:23	0:00:53	0:21:46	1:19:18
68	9	Sean Buckley	Male	35-50	Middleton Cycling and Triathlon Club	10011669	1	0:13:09	0:02:23	0:37:35	0:01:14	0:25:00	1:19:21
69	72	Tricia Quinn	Female	35-50	Waterford TC	10016413	1	0:13:39	0:01:29	0:38:04	0:01:46	0:24:38	1:19:36
70	128	Colin Lyons	Male	50+	Tried & Tested TC	10045340	2	0:13:59	0:01:45	0:39:42	0:00:56	0:23:19	1:19:40
71	63	John O'reilly	Male	20-34		10048035	1	0:11:32	0:02:27	0:40:04	0:01:23	0:24:20	1:19:46
72	58	James O'brien	Male	50+	Waterford TC	10028300	1	0:11:48	0:01:52	0:36:20	0:01:28	0:28:26	1:19:53
73	22	David Donnelly	Male	35-50	Tried & Tested TC	10053376	1	0:13:55	0:01:55	0:40:07	0:01:08	0:22:51	1:19:57
74	29	Michael Foley	Male	50+	Waterford TC	10004143	1	0:15:00	0:01:22	0:39:05	0:01:05	0:23:42	1:20:13
75	163	Ian Stenson	Male	35-50	Waterford TC	10045134	2	0:13:51	0:02:12	0:38:53	0:01:30	0:24:05	1:20:31
76	158	Karen Ryan	Female	35-50	Kilkenny TC	10031892	2	0:15:28	0:01:50	0:39:11	0:01:24	0:22:40	1:20:33
77	77	Pat Savage	Male	35-50	Kilkenny TC	10033845	1	0:14:28	0:01:59	0:39:31	0:01:17	0:23:25	1:20:40
78	149	Connor Power	Male	20-34		10054589	1	0:13:22	0:02:05	0:40:17	0:01:21	0:23:37	1:20:42
79	157	James Roche	Male	50+	Waterford TC	10043728	2	0:14:59	0:02:42	0:38:53	0:01:21	0:23:14	1:21:08
80	124	Patrick Lannen	Male	35-50	Tried & Tested TC	10027935	2	0:14:13	0:02:20	0:39:41	0:01:47	0:23:34	1:21:34
81	59	Derek ODwyer	Male	20-34	Carrick-on-Suir Triathlon Club	10057365	1	0:10:44	0:01:23	0:41:39	0:01:05	0:26:46	1:21:36
82	161	Vincent Sheridan	Male	35-50		10014777	2	0:13:58	0:01:57	0:40:42	0:01:38	0:23:24	1:21:38
83	75	Noel Ryan	Male	35-50		10058130	1	0:12:47	0:02:06	0:42:16	0:00:42	0:24:00	1:21:53
84	101	Stephen Dalton	Male	35-50	Blackwater TC	10052124	2	0:13:18	0:01:39	0:40:56	0:01:03	0:24:58	1:21:53
85	85	Paul Twomey	Male	50+	Tried & Tested TC	10019217	1	0:11:01	0:02:30	0:42:50	0:01:23	0:24:11	1:21:54
86	79	Anne Skehan	Female	35-50		10003052	1	0:12:05	0:01:37	0:42:36	0:00:55	0:24:45	1:21:58
87	93	Claire Behan	Female	35-50	Pulse Triathlon Club	10053066	2	0:14:55	0:02:15	0:40:29	0:01:16	0:23:06	1:22:02
88	138	Sean O Mahony	Male	20-34		10056465	2	0:12:04	0:01:48				

90	25	Martin Flynn	Male	35-50	Waterford TC	10003010	1	0:11:27	0:02:03	0:39:47	0:00:58	0:28:01	1:22:16
91	175	Robbie McPartlin	Male	20-34	Kilkenny TC	10057148	1	0:12:28	0:02:07	0:41:33	0:01:12	0:25:05	1:22:24
92	104	Daithi De Paor	Male	50+	Waterford TC	10056750	2	0:16:35	0:02:45	0:39:29	0:01:56	0:21:44	1:22:29
93	56	Des O' meara	Male	35-50	Waterford TC	10041903	1	0:13:24	0:01:28	0:41:29	0:00:57	0:25:16	1:22:33
94	131	Frank Mc Cabe	Male	35-50		10055820	2	0:16:00	0:02:33	0:39:22	0:01:15	0:23:38	1:22:47
95	156	Emma Richardson	Female	20-34		10053822	2	0:13:48	0:02:03	0:41:34	0:00:54	0:24:30	1:22:49
96	164	Jonathan Tobin	Male	35-50	South Coast TC	10053193	2	0:15:56	0:01:37	0:39:50	0:01:06	0:24:42	1:23:11
97	135	Nicola Moroney	Female	35-50	Tried & Tested TC	10056005	2	0:11:39	0:02:15	0:43:03	0:00:55	0:25:25	1:23:16
98	88	Paul Wynne	Male	35-50		10021599	1	0:15:01	0:01:56	0:40:40	0:01:11	0:24:36	1:23:23
99	69	Gillian Power	Female	35-50	Wexford TC	10017867	1	0:13:14	0:01:36	0:41:35	0:02:20	0:24:52	1:23:38
100	122	Christopher Kelly	Male	50+		10049514	2	0:13:07	0:02:18	0:39:57	0:01:56	0:27:26	1:24:43
101	61	Niall O'gorman	Male	20-34		10016394	1	0:09:47	0:02:04	0:42:44	0:01:51	0:28:18	1:24:44
102	106	David Devine	Male	35-50	Kilkenny TC	10046591	2	0:15:44	0:02:18	0:43:24	0:00:46	0:22:41	1:24:53
103	145	Laurence Phelan	Male	20-34	Cork TC	10014833	2	0:13:25	0:01:57	0:40:26	0:02:02	0:27:10	1:25:00
104	127	Alice Long	Female	35-50		10057771	2	0:14:36	0:02:21			0:24:16	1:25:05
105	132	Shane Mc donagh	Male	35-50	Waterford TC	10021247	2	0:12:54	0:01:51	0:43:31	0:01:26	0:25:30	1:25:11
106	113	Una Fennell	Female	35-50	Tried & Tested TC	10028055	2	0:13:46	0:01:46	0:44:45	0:00:49	0:24:08	1:25:13
107	134	Pat McHugh	Male	35-50		10048450	2	0:17:53	0:02:19	0:37:37	0:01:13	0:26:39	1:25:41
108	76	Mary Ryan	Female	35-50		10028551	1	0:12:11	0:01:53	0:42:41	0:01:16	0:28:05	1:26:06
109	10	Edwina Butler	Female	35-50	Waterford TC	10004178	1	0:14:00	0:01:44	0:43:12	0:01:13	0:26:02	1:26:11
110	14	Ellis Casey	Female	35-50	Wexford TC	10052202	1	0:12:16	0:01:59	0:46:02	0:00:55	0:25:12	1:26:24
111	143	Paul O'riordan	Male	35-50	Tried & Tested TC	10038192	2	0:12:57	0:01:41	0:40:49	0:01:13	0:30:05	1:26:44
112	181	Rory Sheehan	Male	20-34		10042240	2	0:15:04	0:02:40	0:40:38	0:01:41	0:26:42	1:26:45
113	53	Simon Moloney	Male	20-34	Tried & Tested TC	10046223	1	0:13:25	0:02:28	0:44:24	0:01:28	0:25:17	1:27:01
114	119	Ruth Hallissey	Female	20-34		10053861	2	0:12:47	0:03:20	0:44:31	0:00:54	0:25:32	1:27:03
115	37	Katie Jacob	Female	20-34		10013800	1	0:13:02	0:01:36	0:45:04	0:01:10	0:26:15	1:27:07
116	71	John Quinlan	Male	35-50		10046130	1	0:12:41	0:03:15	0:43:15	0:01:32	0:26:27	1:27:10
117	141	Sean O'dwyer	Male	35-50	Waterford TC	10035312	2	0:13:41	0:03:01	0:42:47	0:01:41	0:26:28	1:27:39
118	129	Ciara Mac callum	Female	35-50	Blackwater TC	10012630	2	0:14:10	0:02:01	0:42:57	0:01:09	0:27:24	1:27:42
119	133	Yvonne Mccarthy	Female	35-50	Kilkenny TC	10002543	2	0:15:13	0:01:23	0:42:44	0:01:26	0:26:59	1:27:46
120	171	Courtney Power	Female	<20	Carrick-on-Suir Triathlon Club	10057551	1	0:09:29	0:02:16	0:47:14	0:00:52	0:28:10	1:28:00
121	86	Stephen Waters	Male	35-50		10048461	1	0:13:19	0:02:18	0:47:47	0:01:06	0:23:54	1:28:24
122	115	Gail Finn	Female	35-50		10053100	2	0:13:19	0:02:06	0:41:14	0:01:37	0:30:13	1:28:28
123	125	Colm Lehane	Male	20-34		10058632	2	0:13:05	0:02:51	0:48:05	0:01:16	0:23:14	1:28:31
124	168	Thomas Weldon	Male	35-50	Waterford TC	10052677	2	0:15:39	0:01:43	0:44:23	0:01:18	0:26:14	1:29:16
125	166	Barry Torpey	Male	35-50		10055009	2	0:19:10	0:03:58	0:41:09	0:01:51	0:32:28	1:29:36
126	84	Michael Sweetman	Male	50+		10049178	1	0:16:48	0:03:01	0:43:22	0:00:45	0:25:46	1:29:42
127	51	Shaun Mccabe	Male	20-34		10020608	2	0:16:03	0:03:23	0:45:14	0:01:10	0:23:52	1:29:42
128	68	Ronan Power	Male	20-34		10058966	1	0:13:03	0:03:25	0:45:59	0:02:23	0:24:59	1:29:48
129	144	Martin O'shea	Male	35-50	Athy TC	10040368	2	0:17:08	0:01:55	0:43:54	0:01:17	0:25:54	1:30:08
130	39	Diarmuid Kearns	Male	<20		10058945	1	0:12:27	0:02:10	0:44:20	0:01:35	0:29:36	1:30:09
131	34	Sharon Higgins	Female	35-50	Tried & Tested TC	10027473	1	0:14:19	0:02:11	0:46:17	0:01:33	0:26:00	1:30:19
132	55	Liz Nolan	Female	50+	Waterford TC	10015806	1	0:11:23	0:02:53	0:49:40	0:01:45	0:24:50	1:30:31
133	20	Deirdre Cronin	Female	20-34	Waterford TC	10037988	1	0:11:20	0:01:59	0:48:24	0:01:07	0:28:41	1:31:31
134	64	Geraldine O'shea	Female	35-50	Cork TC	10000340	1	0:14:36	0:04:30	0:48:16	0:01:30	0:23:03	1:31:55
135	100	Ger Cullagh	Male	35-50		10057739	2	0:14:10	0:02:21	0:42:44	0:01:30	0:31:21	1:32:06
136	123	Gerry Lafford	Male	35-50	Waterford TC	10057793	2	0:15:40	0:03:35	0:44:29	0:01:40	0:27:02	1:32:25
137	98	Martin Condon	Male	50+	Waterford TC	10038874	2	0:17:46	0:02:09	0:43:03	0:01:11	0:28:36	1:32:46
138	102	HELENE Danguin	Female	35-50	Carrick-on-Suir Triathlon Club	10054679	2	0:14:27	0:02:11	0:46:42	0:01:08	0:29:06	1:33:34
139	137	Anne marie O keeffe	Female	35-50		10034942	2	0:14:03	0:02:27	0:45:28	0:01:36	0:30:24	1:33:57
140	65	Maria O'Shea Enright	Female	35-50		10058953	2	0:16:13	0:03:04	0:45:56	0:01:03	0:28:01	1:34:19
141	142	Noirin O'Dwyer	Female	20-34	Waterford TC	10053885	2	0:18:05	0:03:26	0:47:57	0:01:02	0:24:27	1:34:57
142	110	Sean Dunne	Male	20-34		10057250	2	0:15:45	0:02:11	0:46:31	0:00:59	0:30:22	1:35:47
143	52	Mairead McMorrow	Female	20-34	Pulse Triathlon Club	10053953	1	0:13:26	0:03:05	0:52:01	0:01:23	0:26:21	1:36:15
144	153	Catherine Quirke	Female	35-50	Blackwater TC	10034245	2	0:17:18	0:01:48	0:47:31	0:01:38	0:29:09	1:37:22
145	165	Jackie Tobin	Female	35-50	Tried & Tested TC	10039325	2	0:15:54	0:02:46	0:48:46	0:01:10	0:30:02	1:38:39
146	150	Jimmy Power	Male	50+		10057402	2	0:18:36	0:02:43	0:46:21	0:02:18	0:29:12	1:39:10
147	121	Siobhan Keating	Female	35-50	Waterford TC	10045502	2	0:17:27	0:02:57	0:48:46	0:01:08	0:29:35	1:39:53
148	116	Sharon Flynn	Female	35-50		10056488	2	0:20:49	0:03:00	0:52:38	0:00:55	0:24:24	1:41:46
149	97	Hilary Collins	Female	50+		10022445	2	0:17:23	0:03:48	0:51:54	0:01:06	0:27:54	1:42:05
150	109	Sinead Dunne	Female	20-34		10055046	2	0:15:29	0:02:31	0:52:16	0:00:51	0:33:13	1:44:21
151	198	Christopher Flynn	Male	20-34		10002815	2	0:11:20	0:03:06	0:50:50	0:02:38	0:37:44	1:45:38
152	160	Jacinta Sheil	Female	50+	Tried & Tested TC	10039140	2	0:14:59	0:03:13	0:52:44	0:01:47	0:34:13	1:46:56
153	111	Jackie Dunne	Female	50+		10057251	2	0:18:06	0:03:50	0:53:49	0:01:05	0:30:23	1:47:12
154	92	Lisa Bartley	Female	35-50		10055062	2	0:18:45	0:03:00	0:55:45	0:01:03	0:30:36	1:49:09
155	117	Bernadette Glascott	Female	50+		10057247	2	0:17:18	0:05:25	0:54:08	0:01:52	0:31:20	1:50:03
156	174	Caroline O'Donnell	Female	35-50	Carrick-on-Suir Triathlon Club	10045918	2	0:18:37	0:02:53	0:50:40	0:02:29	0:36:53	1:51:32
157	148	Sinead Power	Female	20-34		10054494	2	0:20:31	0:03:31	0:55:50	0:01:12	0:40:40	2:01:43
158	99	Sara Conlon	Female	35-50		10059024	2	0:19:47	0:03:36	0:57:32	0:01:18	0:44:50	2:07:02
	54	Barry Moran	Male	35-50	Naas TC	10049449	1	0:12:36	0:01:04	0:39:26			DNF
	146	Brian Phelan	Male	35-50									DSQ
	66	Ellen Phelan	Female	35-50	Belpark TC	10034329	2	0:13:26	0:01:52	0:43:55	0:02:07		No Time