

Place	Bib	Name	Surname	Sex	Lap 1	Lap 2	Race Time	Chip Time
1	366	Alan	Forde	M	0:18:41	0:19:32	0:38:13	0:38:13
2	361	Brian	Duffy	M	0:19:45	0:19:57	0:39:42	0:39:42
3	423	Christopher	Ryan	M	0:20:37	0:20:57	0:41:34	0:41:34
4	370	Andrew	Kineen	M	0:21:03	0:21:31	0:42:36	0:42:33
5	176	John	O Leary	M	0:21:23	0:21:35	0:42:58	0:42:58
6	365	Deirdre	Brophy	F	0:21:25	0:21:43	0:43:08	0:43:08
7	338	Joseph	Gehegan	M	0:21:03	0:22:24	0:43:28	0:43:26
8	412	Mary	Kealy	F	0:21:41	0:22:12	0:43:54	0:43:54
9	120	Niall	Byrne	M	0:22:03	0:23:04	0:45:14	0:45:07
10	367	Frank	Kineen	M	0:23:00	0:23:31	0:46:33	0:46:31
11	435	Martin	O Donnell	M	0:23:21	0:23:48	0:47:10	0:47:08
12	350	Linda	McGuinness	F	0:24:12	0:25:01	0:49:17	0:49:13
13	440	Jay	Kelly	M	0:24:30	0:25:07	0:49:37	0:49:37
14	438	Robbie	Campbell	M	0:24:28	0:25:11	0:49:45	0:49:39
15	402	Eimear	Bray	F	0:24:59	0:25:00	0:49:59	0:49:59
16	405	Ruth	Butler	F	0:25:01	0:25:12	0:50:14	0:50:13
17	417	Dawn	Shanaghy	F	0:25:53	0:25:12	0:51:08	0:51:04
18	368	-	-	-	0:25:08	0:26:20	0:51:28	0:51:28
19	122	Martin	O Connell	M	0:25:20	0:26:45	0:52:07	0:52:04
20	124	Daniel	Allen	M	0:26:09	0:26:06	0:52:16	0:52:15
21	413	Danielle	McCarthy	F	0:25:58	0:26:32	0:52:30	0:52:21
22	362	Joe	McGovern	M	0:24:43	0:27:54	0:52:37	0:52:37
23	339	-	-	-	0:25:22	0:27:26	0:52:50	0:52:48
24	416	Gerry	Purcell	M	0:26:29	0:27:13	0:53:45	0:53:42
25	196	Claire	Dillon	F	0:26:49	0:27:07	0:53:59	0:53:57
26	123	Ciara	Cannon	F	0:26:26	0:27:44	0:54:12	0:54:10
27	348	Martina	Keane	F	0:26:22	0:28:20	0:54:45	0:54:42
28	411	Sean	Guinan	M	0:26:10	0:28:45	0:54:55	0:54:55
29	408	Aine	Dunleavey	F	0:27:57	0:27:13	0:55:10	0:55:10
30	409	Trina	Galvin	F	0:27:04	0:29:02	0:56:08	0:56:07
31	407	Sharon	Dolan	F	0:27:47	0:28:27	0:56:15	0:56:13
32	372	Mags	Reddington	F	0:29:15	0:27:00	0:56:16	0:56:15
33	403	Nicole	Bridge	F	0:29:09	0:27:44	0:56:57	0:56:53
34	404	Paul	Bridge	M	0:29:09	0:27:44	0:56:57	0:56:53
35	418	Adrienne	Walsh	F	0:28:38	0:29:42	0:58:25	0:58:20
36	351	Helen	Greene	F	0:29:55	0:29:35	0:59:37	0:59:30
37	425	Claire	Whyte	F	0:28:19	0:31:18	0:59:42	0:59:37
38	420	Agnes	Hawksley	F	0:30:28	0:29:15	0:59:46	0:59:43
39	105	Maria	Burke	F	0:34:18	0:25:28	0:59:50	0:59:46
40	431	Liam	McDonagh	M	0:27:10	0:32:49	1:00:03	1:00:00
41	421	Alan	Pender	M	0:30:07	0:29:56	1:00:07	1:00:02
42	432	Lisa	Mulligan	F	0:30:18	0:30:25	1:00:49	1:00:44
43	406	Michelle	Craughwell	F	0:29:51	0:31:12	1:01:11	1:01:03
44	377	Annmarie	Doyle	F	0:29:26	0:32:00	1:01:28	1:01:26
45	410	Nicola	Gavigan	F	0:30:24	0:31:10	1:01:35	1:01:34
46	119	Shane	Maloney	M	0:31:02	0:30:24	1:01:36	1:01:26
47	114	Gabi	Prokes	F	0:31:06	0:30:22	1:01:36	1:01:28
48	433	Lorcan	Cameron	M	0:27:40	0:34:58	1:02:44	1:02:38
49	349	Helen	Connaughton	F	0:30:37	0:32:15	1:02:58	1:02:52
50	340	Marie	Rooney	F	0:31:55	0:32:55	1:04:54	1:04:49
51	344	Ciaran	O Leary	M	0:31:54	0:32:54	1:04:55	1:04:48
52	424	Claire	Doyle	F	0:31:55	0:33:01	1:04:57	1:04:56
53	145	Patrick	Kenny	M	0:31:33	0:34:04	1:05:42	1:05:37
54	414	Carole	Morris	F	0:32:32	0:33:31	1:06:09	1:06:03
55	270	Dennis	Madden	M	0:33:56	0:33:30	1:07:34	1:07:26

56	430	Jude	Campbell	F	0:31:04	0:36:32	1:07:43	1:07:36
57	373	Kate	Gavin	F		1:08:16	1:08:23	1:08:16
58	121	Maire	Cahalan	F	0:40:51	0:42:31	1:23:31	1:23:22
59	422	Cathal	Doherty	M	0:44:54	0:44:12	1:29:19	1:29:07
60	437	Patricia	Rovira	F	0:44:55	0:44:12	1:29:19	1:29:07
61	356	Maud	Mahoney	F	0:49:30	0:55:49	1:45:32	1:45:20
62	357	Maureen	conway	F	0:49:32	0:55:49	1:45:32	1:45:21