

Place	Number	Name	Surname	Sex	Run	Cycle	Run	Kayak	Run	Cycle	Finish
1	146	Maurice	Looby	M	0:17:28	0:20:28			0:23:22	0:28:13	1:29:31
2	133	Mark	Cassidy	M	0:18:36	0:19:22	0:08:33	0:05:19	0:10:39	0:28:23	1:30:52
3	103	Ciaran	Kelly	M	0:21:23	0:19:20	0:08:47	0:06:07	0:09:35	0:27:37	1:32:49
4	134	Peter	Cosgrove	M	0:24:22	0:19:59	0:09:54	0:06:12	0:08:57	0:28:52	1:38:16
5	129	Sean	Cusack	M	0:19:07	0:23:50	0:07:31	0:06:09	0:08:29	0:33:20	1:38:26
6	130	Finbar	Toomey	M	0:21:08	0:23:17	0:08:55	0:05:49	0:08:37	0:32:20	1:40:06
7	140	Barry	Dempsey	M	0:22:49	0:21:58	0:10:21	0:05:56	0:10:09	0:30:47	1:42:00
8	117	Daragh	Carolan	M	0:23:56	0:22:21	0:09:43	0:05:26	0:09:53	0:31:02	1:42:21
9	105	Rose	Reilly	F	0:24:02	0:22:10	0:09:45	0:05:31	0:09:50	0:31:05	1:42:23
10	178	Declan	MacQuillan	M	0:21:39	0:24:20	0:08:18	0:06:13	0:08:29	0:33:33	1:42:32
11	128	Sean	Burke	M	0:24:56	0:23:00	0:09:43	0:05:17	0:09:41	0:30:31	1:43:08
12	147	Susie	Grimes	F	0:22:08	0:24:06	0:08:52	0:06:01	0:11:27	0:30:51	1:43:25
13	532	Christian	McManus	M	0:23:39	0:22:23	0:08:59	0:06:09	0:11:15	0:31:23	1:43:48
14	131	Mark	Meehan	M	0:24:15	0:21:33	0:10:17	0:06:54	0:09:59	0:31:23	1:44:21
15	149	Annmarie	King	F	0:24:24	0:23:12	0:09:51	0:05:35	0:10:01	0:31:42	1:44:45
16	124	Nitin	Gautam	M	0:22:02	0:24:09	0:09:41	0:06:31	0:09:49	0:32:49	1:45:01
17	119	John	Jordan	M	0:23:59	0:23:49	0:08:14	0:06:18	0:09:19	0:33:27	1:45:06
18	118	Shane	Callaghan	M	0:23:57	0:23:48	0:08:26	0:06:06	0:09:23	0:33:28	1:45:08
19	153	Gearoid	Buckley	M	0:23:27	0:22:25	0:09:51	0:06:32	0:10:14	0:32:53	1:45:22
20	151	Gerry	Harte	M	0:23:02	0:23:03	0:10:12	0:05:43	0:10:34	0:33:31	1:46:05
21	176	Paddy	Robinson	M	0:24:59	0:23:55	0:09:33	0:06:07	0:09:18	0:32:25	1:46:17
22	154	John	Robinson	M	0:22:10	0:23:50	0:09:35	0:06:18	0:10:17	0:34:43	1:46:53
23	145	Andre	Clarke	M	0:22:11	0:24:49	0:09:07	0:06:23	0:09:36	0:35:01	1:47:07
24	122	Shane	Donnellan	M	0:27:28	0:23:11	0:09:23	0:05:53	0:09:43	0:32:01	1:47:39
25	139	Tim	Lyons	M	0:24:05	0:24:10	0:09:58	0:05:45	0:10:06	0:34:58	1:49:02
26	138	Karl	Taylor	M	0:24:39	0:24:41	0:09:56	0:06:26	0:09:36	0:33:49	1:49:07
27	102	David	Keeley	M	0:24:26	0:26:04	0:09:26	0:05:43	0:09:43	0:34:11	1:49:33
28	137	Victoria	Taylor	F	0:24:08	0:25:10	0:09:56	0:06:23	0:09:38	0:35:32	1:50:47
29	115	Niall	Muldoon	M	0:24:28	0:26:16	0:09:15		0:15:33	0:36:11	1:51:43
30	123	Mary	Nugent	F	0:25:41	0:25:24	0:10:44	0:06:57	0:10:37	0:35:12	1:54:35
31	142	John Paul	Murphy	M	0:25:08	0:26:44	0:09:54	0:06:48	0:10:12	0:35:59	1:54:45
32	127	Sinead	Sinnott	F	0:25:03	0:25:28	0:11:04	0:06:30	0:11:44	0:35:39	1:55:28
33	135			F	0:24:19	0:26:31	0:10:52	0:07:07	0:10:47	0:35:54	1:55:30
34	143	Michael	Finn	M	0:24:53	0:27:12	0:09:32	0:06:55	0:10:18	0:36:42	1:55:32
35	132	Michelle	Bourton	F	0:25:11	0:25:56	0:10:37	0:09:39	0:10:10	0:34:37	1:56:10
36	179	Joanna	Quigg	F	0:27:07	0:25:58	0:10:54	0:06:15	0:10:30	0:35:33	1:56:17
37	101	Paul	Barber	M	0:27:23	0:24:34	0:10:25	0:08:57	0:10:40	0:34:21	1:56:20
38	116	Emma	Hegarty	F	0:25:03	0:25:30	0:11:06	0:06:24	0:11:49	0:37:08	1:57:00
39	110	Fiona	Bolger	F	0:25:05	0:27:16	0:10:28	0:06:21	0:10:11	0:39:19	1:58:40
40	109	Ciara	Bolger	F	0:25:06	0:27:15	0:10:25	0:06:29	0:10:13	0:39:12	1:58:40
41	148	Neil	Donnellan	M	0:22:07	0:31:05	0:09:52	0:07:14	0:10:29	0:40:17	2:01:04
42	126	Bernard	Mc Donald	M	0:25:58	0:28:58	0:10:01	0:06:30	0:10:15	0:40:13	2:01:55
43	125	Christopher	Cronin	M	0:26:00	0:28:44	0:10:20	0:06:26	0:10:26	0:40:01	2:01:57
44	121	Deridre	Daly	F	0:27:29	0:27:08	0:10:54	0:07:09	0:12:07	0:37:41	2:02:28
45	107	Mark	Bennett	M	0:28:43	0:28:02	0:09:46	0:09:33	0:12:33	0:40:44	2:09:21
46	108	Paddy	Bennett	M	0:28:42	0:28:03	0:11:10	0:08:06	0:12:40	0:40:42	2:09:23
47	106	Hailey	Bennett	F	0:28:53	0:27:54	0:12:18	0:07:14	0:12:29	0:40:36	2:09:24
48	184	Niamh	Murray	F	0:28:23	0:29:27	0:11:58	0:06:22	0:13:22	0:40:40	2:10:12
49	144	Niamh	Murray	F	0:27:47	0:30:29	0:12:36	0:06:41	0:12:50	0:39:58	2:10:21
50	180	Lisa	Doyle	F	0:29:06	0:29:09	0:12:40	0:06:35	0:13:01	0:39:52	2:10:23
51	182	Kealan	O'Connor	M	0:28:17	0:31:13	0:12:36	0:07:04	0:12:57	0:45:17	2:17:24
52	120	Lynne	Durham	F	0:31:43	0:31:13	0:13:22	0:06:11	0:13:30	0:42:37	2:18:36
53	111	Simon	Deevy	M	0:28:56	0:32:50	0:13:50	0:05:53	0:13:58	0:43:39	2:19:06
54	112	Jenny	Castles	F	0:29:01	0:32:45	0:13:57	0:05:50	0:13:59	0:43:37	2:19:09
55	189	Alan	Mc Carthy	M	0:30:33	0:30:39	0:15:33	0:06:54	0:16:19	0:42:43	2:22:41
56	190	Sharon	Mc Carthy	F	0:30:54	0:30:17	0:15:37	0:07:00	0:16:19	0:42:34	2:22:41
57	183	Mary	Meade	F	0:28:27	0:33:25	0:14:17	0:06:24	0:14:18	0:48:32	2:25:23
58	185	Carmel	Darcy	F	0:34:09	0:33:41	0:16:08	0:08:28	0:16:19	0:46:35	2:35:20

59	175				0:34:07	0:33:16	0:16:38	0:08:29	0:16:13	0:46:52	2:35:35
60	188	Shona	Higgins	F	0:38:07	0:34:30	0:17:45	0:08:13	0:20:08	0:48:37	2:47:20
61	186	Sinead	Mooney	F	0:38:15	0:34:24	0:17:46	0:06:58	0:21:05	0:49:05	2:47:33
62	187	Dolores	Grace	F	0:38:37	0:34:04	0:17:49	0:08:31	0:20:13	0:49:25	2:48:39