

| Place | Number | Name | Surname | Sex | Cat | Club | Event | Race Time | Chip Time |
|-------|--------|-----------|----------------|-----|-----|--------------------|-------|-------------|-------------|
| 1 | 52 | Mick | Kelly | M | S | | 10km | 0:38:41 | 0:38:41 |
| 2 | 62 | Tony | Kenny | M | V | | 10km | 0:39:56 | 0:39:51 |
| 3 | 57 | Nicholas | Whittle | M | S | | 10km | 0:42:02 | 0:42:02 |
| 4 | 37 | Sean | Murphy | M | S | United Striders AC | 10km | 0:43:56 | 0:43:56 |
| 5 | 49 | Thomas | Moore | M | S | | 10km | 0:45:52 | 0:45:52 |
| 6 | 22 | derek | kehoe | M | V | | 10km | 0:46:14 | 0:46:14 |
| 7 | 53 | Kevin | Deery | M | S | | 10km | 0:47:02 | 0:47:02 |
| 8 | 60 | Ellis | connery | F | S | | 10km | 0:47:14 | 0:47:13 |
| 9 | 34 | Paul | Moore | M | S | | 10km | 0:49:11 | 0:49:10 |
| 10 | 50 | Pat | MacMullan | M | S | | 10km | 0:50:24 | 0:50:24 |
| 11 | 46 | Peter | Rogan | M | S | | 10km | 0:50:32 | 0:50:32 |
| 12 | 29 | alan | kissane | M | S | | 10km | 0:51:33 | 0:51:33 |
| 13 | 8 | Conor | Clarke | M | S | | 10km | 0:52:09 | 0:52:07 |
| 14 | 25 | Colum | Kennedy | M | S | | 10km | 0:53:08 | 0:53:03 |
| 15 | 39 | Deirdre | Ni Chearbhaill | F | S | Crusaders AC | 10km | 0:53:33 | 0:53:33 |
| 16 | 59 | Martina | Sheridan | F | S | | 10km | 0:54:02 | 0:54:00 |
| 17 | 33 | Brendan | Moore | M | S | | 10km | 0:54:31 | 0:54:30 |
| 18 | 55 | Brian | Seery | M | S | | 10km | 0:55:09 | 0:55:08 |
| 19 | 54 | Jonathan | Hood | M | S | | 10km | 0:55:12 | 0:55:11 |
| 20 | 4 | Therese | Byrne | F | S | | 10km | 0:55:40 | 0:55:38 |
| 21 | 14 | Finola | Fitzsimons | F | V | | 10km | 0:56:01 | 0:55:58 |
| 22 | 24 | Ray | Kehoe | M | S | | 10km | 0:57:11 | 0:57:07 |
| 23 | 45 | Sinead | Rickerby | F | S | Tinahely Tri Club | 10km | 0:58:16 | 0:58:16 |
| 24 | 36 | Johnny | Murphy | M | S | | 10km | 0:58:24 | 0:58:21 |
| 25 | 3 | Anthony | Burrows | M | S | | 10km | 0:58:55 | 0:58:52 |
| 26 | 11 | Kevin | Cummins | M | S | | 10km | 0:58:56 | 0:58:52 |
| 27 | 28 | Fergal | Keogh | M | S | | 10km | 0:59:02 | 0:59:02 |
| 28 | 41 | Arlene | O Malley | F | S | | 10km | 0:59:31 | 0:59:27 |
| 29 | 31 | Ronan | Mc Mahon | M | S | | 10km | 0:59:31 | 0:59:27 |
| 30 | 10 | James | Commins | M | S | | 10km | 1:01:52 | 1:01:48 |
| 31 | 42 | Evelyn | O' Neill | F | S | | 10km | 1:03:04 | 1:03:03 |
| 32 | 51 | David | Gorman | M | S | | 10km | 1:03:13 | 1:03:13 |
| 33 | 38 | William | Murphy | M | S | | 10km | 1:03:30 | 1:03:28 |
| 34 | 19 | Derek | Hughes | M | S | | 10km | 1:03:54 | 1:03:49 |
| 35 | 16 | Tom | Gahan | M | V | | 10km | 1:04:10 | 1:04:08 |
| 36 | 47 | Eoin | Ryan | M | S | | 10km | 1:04:16 | 1:04:14 |
| 37 | 61 | Clare | Ffrench-Davis | F | V | | 10km | 1:04:59 | 1:04:57 |
| 38 | 12 | stephen | delaney | M | S | | 10km | 1:05:13 | 1:05:13 |
| 39 | 9 | Mick | Coady | M | S | | 10km | 1:05:53 | 1:05:51 |
| 40 | 15 | Gavin | Forde | M | S | | 10km | 1:06:30 | 1:06:26 |
| 41 | 26 | Margaret | Kennedy | F | V | | 10km | 1:07:56 | 1:07:51 |
| 42 | 7 | Aoife | Clarke | F | S | | 10km | 1:09:06 | 1:09:04 |
| 43 | 27 | April | Kenny | F | S | | 10km | 1:09:15 | 1:09:13 |
| 44 | 44 | Jackie | Rickerby | F | S | | 10km | 1:09:45 | 1:09:44 |
| 45 | 23 | pamela | kehoe | F | S | | 10km | 1:10:04 | 1:10:03 |
| 46 | 40 | Fiona | NÄ- MhullÄjin | F | S | | 10km | 1:12:04 | 1:12:01 |
| 47 | 56 | Katherina | Kinsella | F | S | | 10km | 1:12:25 | 1:12:25 |
| 48 | 6 | Niamh | Cavanagh | F | V | | 10km | 1:17:21 | 1:17:18 |
| 49 | 58 | Emir | Kelly | F | S | | 10km | 1:17:22 | 1:17:20 |
| | 30 | Britta | Luebbert | F | V | | 10km | DNF @ 1 lap | DNF @ 1 lap |