

Place	Number	Name	Surname	Cat	Sex	Run	Cycle	Timeout	Kayak	Cycle	Run	Cycle	Run	Finish
1	7076	Dessie	Duffy	Senior	M	0:44:35	0:18:34		0:24:06	0:51:48	0:35:24	0:21:32	0:01:56	3:17:55
2	7120	Barry	Cronin	Senior	M	0:44:32	0:19:57		0:23:28	0:57:23	0:40:58	0:23:53	0:01:40	3:31:51
3	7116	Ben	Hill	Over40	M	0:47:13	0:21:31		0:21:55	1:01:00	0:38:28	0:24:28	0:01:39	3:36:14
4	7091	Gareth	Kelly	Over40	M	0:49:50	0:23:02		0:30:42	0:59:41	0:43:14	0:25:05	0:01:46	3:53:20
5	7102	Tadgh	Moriarty	Senior	M	0:45:09	0:20:51		0:31:22	1:04:09	0:45:01	0:29:47	0:02:01	3:58:20
6	7098	Stephen	Mc Cabe	Senior	M	0:52:29	0:22:20		0:30:13	1:02:41	0:43:54	0:26:23	0:01:48	3:59:48
7	7094	Thomas	Lawler	Over40	M	0:54:57	0:22:18		0:30:50	0:59:44	0:45:46	0:26:39	0:02:03	4:02:17
8	7087	Steve	Hogan	Senior	M	0:52:19	0:24:52		0:30:10	1:07:55	0:51:06	0:27:29	0:01:29	4:15:20
9	7097	Aine	Mahony	Senior	F	0:56:52	0:22:48		0:35:47	1:02:53	0:49:24	0:25:57	0:01:58	4:15:39
10	7085	David	Harmon	Senior	M	0:56:49	0:22:36		0:31:17	1:05:04	0:51:56	0:27:28	0:02:10	4:17:20
11	7061	Barry	Ahern	Over40	M	0:55:22	0:24:38		0:35:47	1:04:28	0:48:49	0:27:26	0:01:49	4:18:19
12	7070	Declan	Core	Senior	M	1:02:04	0:24:14		0:31:42	1:03:39	0:50:46	0:26:53	0:02:01	4:21:19
13	7106	Tim	O'Brien	Senior	M	0:57:34	0:27:39		0:33:24	1:05:52	0:47:24	0:28:39	0:02:38	4:23:10
14	7067	David	Byrne	Over40	M	0:54:25	0:24:15		0:35:10	1:06:00	0:53:01	0:29:02	0:01:46	4:23:39
15	7063	David	Bolger	Over40	M	0:55:42	0:25:41		0:30:53	1:08:43	0:51:20	0:29:40	0:01:49	4:23:48
16	7114	David	Tully	Over40	M	1:02:07	0:24:08		0:28:55	1:07:07	0:55:06	0:28:11	0:02:14	4:27:48
17	7075	Leonie	Dolan	Senior	F	1:01:48	0:26:13		0:33:22	1:06:06	0:49:57	0:28:48	0:02:07	4:28:21
18	7084	Patrick	Harmon	Senior	M	0:55:52	0:23:06		0:31:26	1:08:33	0:59:34	0:30:36	0:01:41	4:30:48
19	7092	Brian	Kelly	Senior	M	0:56:08	0:24:17		0:35:19	1:09:02	0:53:13	0:31:03	0:01:46	4:30:48
20	7117	Paul	Barron	Over40	M	0:54:55	0:25:58		0:34:31	1:11:53	0:50:21	0:32:58	0:02:03	4:32:39
21	7077	Sinead	Foley	Senior	F	0:57:28	0:26:14		0:32:47	1:09:07	0:57:18	0:29:08	0:01:47	4:33:49
22	7078	James	Furlong	Over40	M	0:59:42	0:26:46		0:34:06	1:14:10	0:47:42	0:30:01	0:01:54	4:34:21
23	7062	David	Bergin	Over40	M	0:55:17	0:25:59		0:33:36	1:12:27	0:54:56	0:30:44	0:01:53	4:34:52
24	7083	James	Harmon	Over40	M	1:02:08	0:24:05		0:32:59	1:07:51	0:59:04	0:27:57	0:01:59	4:36:03
25	7082	Glenn	Hannigan	Over40	M	1:01:26	0:25:13		0:34:35	1:07:17	0:58:30	0:27:29	0:02:02	4:36:32
26	7099	Nigel	Mccord	Over40	M	1:02:06	0:23:36		0:34:50	1:06:28	1:00:39	0:26:58	0:02:21	4:36:58
27	7069	SHANE	COLGAN	Over40	M	1:00:14	0:25:40		0:36:21	1:11:54	0:52:55	0:28:05	0:02:10	4:37:19
28	7096	Joan	Mahony	Senior	F	0:58:39	0:26:30		0:40:25	1:11:36	0:49:57	0:28:46	0:02:06	4:37:59
29	7071	George	Craig	Senior	M	1:00:15	0:26:49		0:34:34	1:06:15	0:58:53	0:29:51	0:01:46	4:38:23
30	7064	Desmond	Broaders	Over40	M	1:01:47	0:29:46		0:34:40	1:10:51	0:50:42	0:29:09	0:02:10	4:39:05
31	7088	Derek	Howlin	Senior	M	0:52:30	0:26:31		0:35:05	1:09:15	1:02:16	0:34:49	0:02:10	4:42:36
32	7073	Brendan	Dillon	Over40	M	0:57:31	0:25:12		0:42:28	1:08:54	0:55:32	0:30:37	0:02:28	4:42:42
33	7115	Liam	Waters	Over40	M	1:02:38	0:26:17		0:31:55	1:07:05	1:04:33	0:29:21	0:02:45	4:44:34
34	7079	Elaine	Gibson	Over40	F	1:01:28	0:24:42		0:48:35	1:10:23	0:51:23	0:27:10	0:01:47	4:45:28
35	7080	kevin	gibson	Over40	M	1:05:48	0:25:48		0:31:55	1:06:47	1:05:45	0:27:45	0:02:21	4:46:09
36	7101	Frank	McSharry	Senior	M	0:56:25	0:26:46		0:38:17	1:11:42	1:00:19	0:31:22	0:01:43	4:46:34
37	7112	Helen	Stafford	Senior	F	1:02:41	0:27:44		0:33:11	1:13:25	0:57:18	0:31:16	0:02:13	4:47:48
38	7074	Eamonn	Diver	Over40	M	1:07:31	0:25:44		0:34:51	1:07:41	1:04:04	0:28:02	0:02:15	4:50:08
39	7109	Ciaran	Quirke	Over40	M	1:02:37	0:27:44		0:37:12	1:16:15	0:56:53	0:32:55	0:02:35	4:56:11
40	7086	paul	hillis	Senior	M	1:02:41	0:27:37		0:37:10	1:16:17	0:57:25	0:32:16	0:02:53	4:56:19
41	7103	Margaret	Murphy	Senior	F	1:11:21	0:27:38		0:42:42	1:15:37	0:57:05	0:29:10	0:02:07	5:05:40
42	7113	Michael	Sweetman	Senior	M	1:10:08	0:28:53	0:06:23	0:35:52	1:16:06	1:00:57	0:34:21	0:02:47	5:09:04
43	7111	Martin	Shore	Over40	M	1:06:43	0:29:11		0:44:54	1:11:49	1:03:14	0:31:07	0:02:35	5:09:33
44	7068	Martin	Codd	Senior	M	1:08:14	0:29:13		0:44:59	1:10:07	1:06:52	0:32:06	0:02:01	5:13:32
45	7119	Paul	walsh	Over40	M	0:56:28	0:26:29		0:55:45	1:17:54	1:05:43	0:35:40	0:03:14	5:21:13
46	7081	Olivia	Hall	Over40	F	1:16:52	0:26:37	0:03:40	0:35:07	1:22:04	1:05:39	0:33:43	0:01:55	5:21:57
47	7107	Jenny	O'Byrne	Over40	F	1:45:16	0:05:58	0:05:58	0:36:13	1:31:26	1:08:43	0:37:12	0:01:57	5:40:47
48	7104	Ger	Murphy	Over40	M	1:11:47	0:32:29	0:03:51	0:42:08	1:30:31	1:18:10	0:40:50	0:02:09	5:58:04
	7089	eamonn	+ ruth			1:05:05	1:02:31		0:40:04			4:14:13	0:01:52	DNF