1 292 stephen donnelly Male Sen 00:11:54 00:26:54 00:14 2 440 Ruaidhri Geraghty Male Sen 00:11:35 00:28:23 00:13 3 115 Killian Heery Male Sen 00:11:54 00:28:23 00:13 4 497 Mark Jeffers Male Sen 00:11:54 00:28:24 00:13 5 451 Brendan Conway Male Sen 00:11:42 00:29:24 00:14 6 355 Jimmy Lawlor Male Sen 00:11:42 00:29:28 00:14 7 307 Sean Flynn Male Jun 00:11:42 00:31:28 00:14 8 132 Donal Kelly Male Sen 00:12:20 00:45 00:14 10 428 jonathan caulfield Male Sen 00:12:20 00:31:12 00:14 11 398 Richard Meaney Male Sen 00:12:20 00:31	
3 115 Killian Heery Male Sen 00:11:54 00:28:34 00:13 4 497 Mark Jeffers Male Sen 00:11:59 00:43 5 451 Brendan Conway Male Sen 00:11:59 00:43 6 355 Jimmy Lawlor Male Sen 00:11:42 00:29:24 00:14 6 355 Jimmy Lawlor Male Vet 00:12:22 00:29:28 00:14 7 307 Sean Flynn Male Sen 00:12:22 00:29:46 00:15 9 448 Noel Gibbons Male Sen 00:12:20 00:30:45 00:14 11 398 Richard Meaney Male Sen 00:12:20 00:30:45 00:14 12 311 David Mc Grath Male Sen 00:12:20 00:30:45 00:15 13 396 John	
4 497 Mark Jeffers Male Sen 00:11:59 00:43 5 451 Brendan Conway Male Sen 00:11:42 00:29:24 00:14 6 355 Jimmy Lawlor Male Vet 00:12:22 00:29:28 00:14 7 307 Sean Flynn Male Jun 00:11:42 00:29:28 00:14 8 132 Donal Kelly Male Sen 00:12:22 00:45 9 448 Noel Gibbons Male Sen 00:12:20 00:30:45 00:14 11 398 Richard Meaney Male Sen 00:12:20 00:30:45 00:14 12 311 David Mc Grath Male Sen 00:12:22 00:30:46 00:15 13 396 John Lenehan Male Sen 00:13:04 00:31:14 00:14 14 484 Sean	:52 0:53:49
5 451 Brendan Conway Male Sen 00:11:42 00:29:24 00:14 6 355 Jimmy Lawlor Male Vet 00:12:22 00:29:28 00:14 7 307 Sean Flynn Male Jun 00:11:42 00:31:28 00:14 8 132 Donal Kelly Male Sen 00:12:40 00:29:46 00:15 9 448 Noel Gibbons Male Vet 00:12:20 00:45 10 428 jonathan caulfield Male Sen 00:12:20 00:30:45 00:14 11 398 Richard Meaney Male Sen 00:12:32 00:30:45 00:14 12 311 David Mc Grath Male Sen 00:12:32 00:30:46 00:15 13 396 John Lenehan Male Sen 00:12:59 00:30:46 00:14 14	:57 0:54:26
6 355 Jimmy Lawlor Male Vet 00:12:22 00:29:28 00:14 7 307 Sean Flynn Male Jun 00:11:42 00:31:28 00:14 8 132 Donal Kelly Male Sen 00:12:40 00:29:46 00:15 9 448 Noel Gibbons Male Vet 00:12:22 00:45 10 428 jonathan caulfield Male Sen 00:12:22 00:30:45 00:14 11 398 Richard Meaney Male Sen 00:12:22 00:31:12 00:14 12 311 David Mc Grath Male Sen 00:12:32 00:30:45 00:15 13 396 John Lenehan Male Sen 00:12:59 00:30:42 00:14 14 484 Sean Mc Loughlin Male Sen 00:12:23 00:32:18 00:14 15 <	
7 307 Sean Flynn Male Jun 00:11:42 00:31:28 00:14 8 132 Donal Kelly Male Sen 00:12:40 00:29:46 00:15 9 448 Noel Gibbons Male Vet 00:12:22 00:45 10 428 jonathan caulfield Male Sen 00:12:20 00:30:45 00:14 11 398 Richard Meaney Male Sen 00:12:22 00:30:45 00:14 12 311 David Mc Grath Male Sen 00:12:32 00:30:45 00:14 14 484 Sean Mc Loughlin Male Sen 00:12:32 00:30:45 00:14 14 484 Sean Mc Loughlin Male Sen 00:13:04 00:14 00:14 15 328 Ciaran Clancy Male Sen 00:13:19 00:30:42 00:14 16	:30 0:55:36
8 132 Donal Kelly Male Sen 00:12:40 00:29:46 00:15 9 448 Noel Gibbons Male Vet 00:12:22 00:45 10 428 jonathan caulfield Male Sen 00:12:22 00:30:45 00:14 11 398 Richard Meaney Male Sen 00:12:22 00:30:45 00:14 12 311 David Mc Grath Male Sen 00:12:32 00:30:55 00:15 13 396 John Lenehan Male Sen 00:12:59 00:30:46 00:15 15 328 Ciaran Clancy Male Sen 00:13:19 00:30:42 00:14 16 304 Culan O' Meara Male Sen 00:13:08 00:31:17 00:14 17 417 Cian Lynch Male Sen 00:13:08 00:31:17 00:14 19	:50 0:56:40
9 448 Noel Gibbons Male Vet 00:12:22 00:45 10 428 jonathan caulfield Male Sen 00:12:30 00:30:45 00:14 11 398 Richard Meaney Male Sen 00:12:22 00:31:12 00:14 12 311 David Mc Grath Male Sen 00:12:32 00:30:55 00:15 13 396 John Lenehan Male Sen 00:12:59 00:30:46 00:15 14 484 Sean Mc Loughlin Male Sen 00:12:59 00:30:46 00:15 15 328 Ciaran Clancy Male Sen 00:12:23 00:30:42 00:14 16 304 Culan O' Meara Male Sen 00:13:08 00:31:17 00:14 17 417 Cian Lynch Male Sen 00:13:08 00:31:17 00:14 19 312 Shane Markham	:17 0:57:27
10 428 jonathan caulfield Male Sen 00:12:30 00:30:45 00:14 11 398 Richard Meaney Male Sen 00:12:22 00:31:12 00:14 12 311 David Mc Grath Male Sen 00:12:32 00:30:55 00:15 13 396 John Lenehan Male Sen 00:12:59 00:30:46 00:14 14 484 Sean Mc Loughlin Male Sen 00:12:59 00:30:46 00:15 15 328 Ciaran Clancy Male Sen 00:12:23 00:30:42 00:14 16 304 Culan O' Meara Male Sen 00:13:08 00:31:17 00:14 17 417 Cian Lynch Male Sen 00:13:08 00:31:17 00:14 18 441 Noel Brady Male Vet 00:13:04 00:30:47 00:14 20 137 David Delaney Male Vet 00:13:04 <	:11 0:57:38
11 398 Richard Meaney Male Sen 00:12:22 00:31:12 00:14 12 311 David Mc Grath Male Sen 00:12:32 00:30:55 00:15 13 396 John Lenehan Male Sen 00:12:32 00:30:55 00:14 14 484 Sean Mc Loughlin Male Sen 00:12:59 00:30:46 00:15 15 328 Ciaran Clancy Male Sen 00:12:23 00:30:42 00:14 16 304 Culan O' Meara Male Sen 00:12:23 00:32:18 00:14 17 417 Cian Lynch Male Sen 00:13:08 00:31:17 00:14 18 441 Noel Brady Male Vet 00:13:55 00:29:12 00:16 19 312 Shane Markham Male Sen 00:13:44 00:30:47 00:14	:29 0:57:50
12 311 David Mc Grath Male Sen 00:12:32 00:30:55 00:15 13 396 John Lenehan Male Sen 00:13:04 00:31:14 00:14 14 484 Sean Mc Loughlin Male Sen 00:12:59 00:30:46 00:15 15 328 Ciaran Clancy Male Sen 00:12:23 00:30:42 00:14 16 304 Culan O' Meara Male Sen 00:12:23 00:32:18 00:14 17 417 Cian Lynch Male Sen 00:13:08 00:31:17 00:14 18 441 Noel Brady Male Sen 00:13:55 00:29:12 00:16 19 312 Shane Markham Male Sen 00:13:44 00:30:47 00:14 20 137 David Delaney Male Vet 00:13:14 00:30:59 00:15	:55 0:58:10
12 311 David Mc Grath Male Sen 00:12:32 00:30:55 00:15 13 396 John Lenehan Male Sen 00:13:04 00:31:14 00:14 14 484 Sean Mc Loughlin Male Sen 00:12:59 00:30:46 00:15 15 328 Ciaran Clancy Male Sen 00:12:23 00:30:42 00:14 16 304 Culan O' Meara Male Sen 00:12:23 00:32:18 00:14 17 417 Cian Lynch Male Sen 00:13:08 00:31:17 00:14 18 441 Noel Brady Male Vet 00:13:55 00:29:12 00:16 19 312 Shane Markham Male Sen 00:13:44 00:30:47 00:14 20 137 David Delaney Male Vet 00:13:14 00:30:59 00:15	:38 0:58:12
14 484 Sean Mc Loughlin Male Sen 00:12:59 00:30:46 00:15 15 328 Ciaran Clancy Male Sen 00:13:19 00:30:42 00:14 16 304 Culan O' Meara Male Sen 00:12:23 00:32:18 00:14 17 417 Cian Lynch Male Sen 00:13:08 00:31:17 00:14 18 441 Noel Brady Male Sen 00:13:08 00:31:17 00:14 19 312 Shane Markham Male Sen 00:13:44 00:30:47 00:14 20 137 David Delaney Male Vet 00:13:04 00:31:09 00:15 21 139 James Lane Male Vet 00:13:14 00:30:29 00:15 22 154 Robert Lennon Male Sen 00:13:42 00:30:28 00:16	:13 0:58:40
14 484 Sean Mc Loughlin Male Sen 00:12:59 00:30:46 00:15 15 328 Ciaran Clancy Male Sen 00:13:19 00:30:42 00:14 16 304 Culan O' Meara Male Sen 00:12:23 00:32:18 00:14 17 417 Cian Lynch Male Sen 00:13:08 00:31:17 00:14 18 441 Noel Brady Male Sen 00:13:08 00:31:17 00:14 19 312 Shane Markham Male Sen 00:13:44 00:30:47 00:14 20 137 David Delaney Male Vet 00:13:04 00:31:09 00:15 21 139 James Lane Male Vet 00:13:14 00:30:29 00:15 22 154 Robert Lennon Male Sen 00:13:42 00:30:28 00:16	:23 0:58:41
15 328 Ciaran Clancy Male Sen 00:13:19 00:30:42 00:14 16 304 Culan O' Meara Male Sen 00:12:23 00:32:18 00:14 17 417 Cian Lynch Male Sen 00:13:08 00:31:17 00:14 18 441 Noel Brady Male Vet 00:13:55 00:29:12 00:16 19 312 Shane Markham Male Sen 00:13:44 00:30:47 00:14 20 137 David Delaney Male Vet 00:13:04 00:31:09 00:15 21 139 James Lane Male Vet 00:13:14 00:30:59 00:15 22 154 Robert Lennon Male Sen 00:13:42 00:30:28 00:16 23 423 Colm Jennings Male Vet 00:13:42 00:32:09 00:14 <	
16 304 Culan O' Meara Male Sen 00:12:23 00:32:18 00:14 17 417 Cian Lynch Male Sen 00:13:08 00:31:17 00:14 18 441 Noel Brady Male Vet 00:13:55 00:29:12 00:16 19 312 Shane Markham Male Sen 00:13:44 00:30:47 00:14 20 137 David Delaney Male Vet 00:13:44 00:30:47 00:14 20 137 David Delaney Male Vet 00:13:04 00:31:09 00:15 21 139 James Lane Male Vet 00:13:14 00:30:59 00:15 22 154 Robert Lennon Male Sen 00:12:39 00:31:49 00:15 23 423 Colm Jennings Male Vet 00:13:42 00:30:28 00:16 <	
17 417 Cian Lynch Male Sen 00:13:08 00:31:17 00:14 18 441 Noel Brady Male Vet 00:13:55 00:29:12 00:16 19 312 Shane Markham Male Sen 00:13:44 00:30:47 00:14 20 137 David Delaney Male Vet 00:13:44 00:30:47 00:14 20 137 David Delaney Male Vet 00:13:04 00:31:09 00:15 21 139 James Lane Male Vet 00:13:14 00:30:59 00:15 22 154 Robert Lennon Male Sen 00:12:39 00:31:49 00:15 23 423 Colm Jennings Male Vet 00:13:42 00:30:28 00:16 24 390 BRENDAN COSTELLO Male Sen 00:13:26 00:31:14 00:15	
18 441 Noel Brady Male Vet 00:13:55 00:29:12 00:16 19 312 Shane Markham Male Sen 00:13:44 00:30:47 00:14 20 137 David Delaney Male Vet 00:13:04 00:31:09 00:15 21 139 James Lane Male Vet 00:13:14 00:30:59 00:15 22 154 Robert Lennon Male Sen 00:12:39 00:31:49 00:15 23 423 Colm Jennings Male Vet 00:13:42 00:30:28 00:16 24 390 BRENDAN COSTELLO Male Sen 00:13:19 00:32:09 00:14 25 121 David O'Malley Male Sen 00:13:26 00:31:14 00:15	
19 312 Shane Markham Male Sen 00:13:44 00:30:47 00:14 20 137 David Delaney Male Vet 00:13:04 00:31:09 00:15 21 139 James Lane Male Vet 00:13:14 00:30:59 00:15 22 154 Robert Lennon Male Sen 00:12:39 00:31:49 00:15 23 423 Colm Jennings Male Vet 00:13:42 00:30:28 00:16 24 390 BRENDAN COSTELLO Male Sen 00:13:19 00:32:09 00:14 25 121 David O'Malley Male Sen 00:13:26 00:31:14 00:15	
20 137 David Delaney Male Vet 00:13:04 00:31:09 00:15 21 139 James Lane Male Vet 00:13:14 00:30:59 00:15 22 154 Robert Lennon Male Sen 00:12:39 00:31:49 00:15 23 423 Colm Jennings Male Vet 00:13:42 00:30:28 00:16 24 390 BRENDAN COSTELLO Male Sen 00:13:19 00:32:09 00:14 25 121 David O'Malley Male Sen 00:13:26 00:31:14 00:15	
21 139 James Lane Male Vet 00:13:14 00:30:59 00:15 22 154 Robert Lennon Male Sen 00:12:39 00:31:49 00:15 23 423 Colm Jennings Male Vet 00:13:42 00:30:28 00:16 24 390 BRENDAN COSTELLO Male Sen 00:13:19 00:32:09 00:14 25 121 David O'Malley Male Sen 00:13:26 00:31:14 00:15	
22 154 Robert Lennon Male Sen 00:12:39 00:31:49 00:15 23 423 Colm Jennings Male Vet 00:13:42 00:30:28 00:16 24 390 BRENDAN COSTELLO Male Sen 00:13:19 00:32:09 00:14 25 121 David O'Malley Male Sen 00:13:26 00:31:14 00:15	
23 423 Colm Jennings Male Vet 00:13:42 00:30:28 00:16 24 390 BRENDAN COSTELLO Male Sen 00:13:19 00:32:09 00:14 25 121 David O'Malley Male Sen 00:13:26 00:31:14 00:15	
24 390 BRENDAN COSTELLO Male Sen 00:13:19 00:32:09 00:14 25 121 David O'Malley Male Sen 00:13:26 00:31:14 00:15	
25 121 David O'Malley Male Sen 00:13:26 00:31:14 00:15	
27 314 James Wright Male Sen 00:13:19 00:48	
27 314 James Wright Male Sen 00.13.19 00.40 28 371 Patrick Dirrane Male Vet 00:13:54 00:31:31 00:16	
28 37 Patrick Diffare Male Vet 00.13.34 00.31.31 00.10 29 420 michael kelly Male Vet 00:13:40 00:31:17 00:16	
30 146 Joe Hastings Male Jun 00:13:40 00:33:33 00:15	
30 140300 Hastings Male Sun 00.12.23 00.333 00.13 31 407 Aodhan Mc Aleer Male Sen 00:13:17 00:33:25 00:15	
, , , , , , , , , , , , , , , , , , ,	
38 460 Shane Gilligian Male Sen 00:13:45 00:31:23 00:17 20 405 Jahr Oillaran Male San 00:13:45 00:31:23 00:17	
39 495 John Gilleran Male Sen 00:13:46 00:31:35 00:17	
40 392 P.H. Conroy Male Sen 00:13:22 00:33:07 00:16	
41 462 Vinny Kelly Male Sen 00:13:06 00:33:42 00:16	
42 337 Dave Hanahoe Male Sen 00:13:52 00:32:06 00:17	
43 491 Padraig Varley Male Sen 00:13:18 00:34:02 00:15	
44 131 Jack Geoghegan Male Sen 00:13:12 00:35:13 00:15	
45 369 Paul Joyce Male Sen 00:13:50 00:32:28 00:17	
46 117 Ray McNamara Male Sen 00:13:23 00:34:02 00:16	
47 333 cian geraghty Male Jun 00:14:50 00:31:05 00:17	
48 404 Diarmuid Ó Conchubhair Male Sen 00:15:11 00:30:53 00:17	
49 466 Gary Mc Hugh Male Vet 00:13:17 00:33:35 00:16	
50 105 Brian McDonnach Male Sen 00:14:47 00:32:25 00:16	
51 401 Diarmuid Dunne Male Sen 00:13:11 00:34:19 00:16	
52 415 Ann Marie Egan Female Sen 00:14:13 00:33:29 00:16	
53 155 Declan Heneghan Male Sen 00:14:08 00:32:12 00:18	
54 387 David Mellett Male Sen 00:14:04 00:33:30 00:16	:53 1:04:27
55 158 Vincent kavanagh Male Vet 00:13:46 00:35:36 00:15	

56	456	Oisin	Gill	Male	Sen	00:13:25	00:36:59	00:14:35	1:04:58
57	474		Heneghan	Male	Vet	00:13:38	00:34:54	00:16:27	1:05:00
58		Brendan	Butler	Male	Sen	00:13:36	00:33:38	00:17:46	1:05:00
59		aileen	Mc Namara	Female	Sen	00:13:55	00:34:50	00:16:32	1:05:16
60		Eamonn	Lyons	Male	Vet	00:13:59	00:34:23	00:16:58	1:05:19
61		Seanus	Nee	Male	Vet	00:13:41	00:36:16	00:15:24	1:05:22
62		Mark	Kelly	Male	Sen	00:14:55	00:32:25	00:18:19	1:05:39
63		Damien	Quinn	Male	Sen	00:14:09	00:35:16	00:16:16	1:05:42
64		Jonathan	Deane	Male	Jun	00:12:57	00:38:09	00:14:38	1:05:44
65		Bernard	Geraghty	Male	Sen	00:15:23	00:33:10	00:17:13	1:05:46
66		Gerard	Geoghegan	Male	Jun	00:14:34	00:34:03	00:17:15	1:05:52
67		Sean	Mc Dermott	Male	Sen	00:14:34	00:35:28	00:17:03	1:06:08
68		Keith	Curley	Male	Sen	00:14:03	00:35:26	00:16:46	1:06:15
69		Kieran	O Hara	Male	Vet	00:14:05	00:35:30	00:16:41	1:06:16
70		Kathleen	Barry	Female	Vet	00:14:05	00:33:50	00:16:52	1:06:19
70		Michael	Mannion	Male	Sen	00:14:33	00:34:57	00:17:17	1:06:24
71		Martin		Male	Vet	00:14:10	00:34:37	00:17:17	1:06:37
72		paul	Kinneavey	-	Sen	00:14:36	00:37:37	00:17:30	
			clarke	Male					1:06:40
74		John Deelen	Gillard	Male	Sen	00:14:21	00:36:56 00:33:49	00:15:39	1:06:57
75		Declan	Moran	Male	Sen	00:14:56		00:18:14	1:06:59
76		John	Stagg	Male	Sen	00:14:12	00:35:44	00:17:14	1:07:10
77		David	Walshe	Male	Sen	00:15:01	00:33:56	00:18:24	1:07:21
78		Jean Dealar	O' Connor	Female	Sen	00:14:29	00:36:43	00:16:12	1:07:23
79		Declan	Hughes	Male	Sen	00:15:01	00:35:35	00:17:03	1:07:39
80		Barry	Freeman	Male	Sen	00:14:00	00.24.46	00:53:46	1:07:46
81		Simon	Moran	Male	Vet	00:15:12	00:34:16	00:18:20	1:07:48
82		Angela	Collins	Female	Sen	00:14:01	00:37:42	00:16:06	1:07:49
83		Fintan	Forde	Male	Sen	00:13:51	00:37:22	00:16:47	1:08:01
84		Alan	Dunne	Male	Sen	00:13:12	00:38:33	00:16:21	1:08:06
85	334		Mc Gee	Male	Sen	00:13:53	00:38:36	00:15:41	1:08:10
86		Bardley	Conroy	Male	Sen	00:15:12	00:35:38	00:17:28	1:08:18
87		James	Jordan	Male	Vet	00:15:16	00:34:39	00:18:25	1:08:20
88		John	Jennings	Male	Vet	00:15:09	00:35:09	00:18:10	1:08:29
89		Rick	Holmes	Male	Sen	00:15:21	00:35:33	00:17:36	1:08:30
90		Robert	Coyne	Male	Sen	00:14:51	00:34:44	00:18:57	1:08:32
91		Joseph	Moran	Male	Sen	00:14:25	00:37:50	00:16:18	1:08:32
92		Muirna	Walsh	Female	Sen	00:14:53	00:36:00	00:17:47	1:08:40
93		Brian	Golden	Male	Sen	00:15:02	00:34:22	00:19:21	1:08:45
94		KIERAN	Mc Tigue	Male	Sen	00:14:03	00:38:02	00:16:45	1:08:49
95		Michelle	Traynor	Female	Vet	00:16:05	00:35:00	00:17:45	1:08:50
96		Neasa	Canavan	Female	Sen	00:15:01	00:36:09	00:17:42	1:08:52
97		Aidan	Mc Intyre	Male	Vet	00:14:57	00:36:04	00:17:57	1:08:58
98	350		Hall	Male	Vet	00:14:33	00:36:48	00:17:54	1:09:15
99		Pauline	Moran	Female	Vet				1:09:18
100		sean	heraty	Male	Vet	00:14:18	00:37:27	00:17:36	1:09:21
101		Sean	Gallagher	Male	Vet	00:16:08	00:34:56	00:18:32	1:09:36
102	147		Gallagher	Male	Vet	00:15:55	00:34:45	00:18:57	1:09:37
103		Patrick	Gallagher	Male	Sen	00:14:16	00:38:07	00:17:17	1:09:41
104		Tom	Mulldoon	Male	Sen	00:15:31	00:36:15	00:17:59	1:09:45
105		Paraic	Breathnach	Male	Vet		00:52:09	00:17:37	1:09:46
106		Brian	O Malley	Male	Sen	00:15:00	00:35:35	00:19:13	1:09:47
107		Duncan	Sclare	Male	Vet	00:15:37	00:36:17	00:17:53	1:09:47
108		Imelda	Hughes	Female	Vet	00:14:49	00:37:24	00:17:37	1:09:50
109		Martin	Jennings	Male	Vet	00:14:53	00:37:32	00:17:32	1:09:56
110		James	Regan	Male	Sen	00:14:45	00:36:57	00:18:15	1:09:57
111	432	Michael	Walsh	Male	Sen	00:14:45	00:37:47	00:17:38	1:10:10

112	400	Dara	O Connor	Male	Jun	00:14:36	00:35:41	00:19:56	1:10:13
112		sean	ward	Male	Sen	00:14:30	00:35:41	00:19:50	1:10:13
113		John	Mannion	Male	Sen	00:13:10	00:38:00	00:17:53	1:10:29
115		Mary	Daly	Female	Vet	00:14:37	00:37:12	00:17:00	1:10:29
115		kevin	brennan	Male	Vet	00:15:15	00:36:17	00:18:13	1:10:23
117		Patrick	Loftus	Male	Sen	00:15:13	00:36:42	00:18:13	1:10:31
		Sean		-					
118			Moogan	Male	Sen	00:14:22	00:38:27	00:17:53	1:10:42
119		Darragh	Delaney	Male	Vet	00:16:19	00:34:43	00:19:41	1:10:43
120		Martin	Munnelly	Male	Sen	00:15:30	00:36:11	00:19:03	1:10:44
121		John	Hughes	Male	Vet	00:15:51	00:36:09	00:18:47	1:10:46
122		Tommie	Loughran	Male	Vet	00:16:31	00:35:19	00:18:59	1:10:49
123		John	Clarke	Male	Vet	00:15:15	00:37:10	00:18:28	1:10:53
124		Mick	Murphy	Male	Sen	00:15:42	00:36:59	00:18:20	1:11:01
125		Conal	Sadler	Male	Sen	00:15:14	00:37:20	00:18:27	1:11:01
126		Charlie	Lambert	Male	Vet	00:15:00	00:39:08	00:16:57	1:11:04
127		Andrew	Connaire	Male	Sen	00:15:35	00:37:22	00:18:15	1:11:12
128		eddie	forde	Male	Vet		00:52:28	00:18:49	1:11:17
129		Michael	Walsh	Male	Sen	00:14:59	00:38:44	00:17:36	1:11:19
130		cathy	mellett	Female	Sen	00:16:06	00:36:32	00:18:48	1:11:25
131	141	Martin	Mullary	Male	Sen	00:15:43	00:37:32	00:18:12	1:11:27
132	324	heather	porter	Female	Sen	00:16:10	00:37:03	00:18:17	1:11:30
133	410	Mark	Massey	Male	Vet	00:15:31	00:37:07	00:18:52	1:11:30
134	331	anne	fahey ronayne	Female	Vet	00:14:59	00:38:45	00:17:47	1:11:31
135	449	Brendan	Mooney	Male	Sen	00:15:44	00:35:52	00:19:55	1:11:31
136	321	Tommie	Gill	Male	Sen	00:15:14	00:37:20	00:19:02	1:11:36
137	372	ger	brennan	Male	Vet	00:15:43	00:36:55	00:19:06	1:11:43
138	380	0		Female	Sen	00:17:34	00:34:52	00:19:25	1:11:51
139		Garry	Bigley	Male	Sen	00:16:13	00:36:22	00:19:48	1:12:24
140		KEVÍN	RŎHÁN	Male	Sen	00:13:52	00:42:47	00:16:03	1:12:42
141		Ray	Farrelly	Male	Vet	00:15:29	00:38:27	00:18:53	1:12:49
142		Elaine	Hagan	Female	Sen	00:15:39	00:38:33	00:18:57	1:13:09
143		Tommy	Maree	Male	Sen	00:16:07	00:38:29	00:18:34	1:13:10
144		Sean	Lyons	Male	Vet	00:16:16	00:36:56	00:20:04	1:13:16
145		Bernard	Moran	Male	Vet	00:15:11	00:39:48	00:18:18	1:13:17
146		Cian	Gorman	Male	Sen	00:16:07	00:36:56	00:20:17	1:13:19
147		Philip	Rositen	Male	Vet	00:15:39	00:39:36	00:18:11	1:13:26
148		Sinead	Conneally	Female	Sen	00:15:48	00:38:51	00:18:53	1:13:32
149		Sean	Lynn	Male	Sen	00:16:37	00:37:56	00:19:06	1:13:39
150		John	Fox	Male	Vet	00:15:23	00:40:37	00:17:40	1:13:40
151		Leonie	Moran	Female	Sen	00:15:30	00:38:52	00:19:19	1:13:40
152		Mike	Mullaghy	Male	Vet	00:15:45	00:37:57	00:20:13	1:13:55
152		Gabriel	Ruane	Male	Sen	00:15:04	00:39:42	00:19:13	1:13:58
153		john	tierney	Male	Vet	00:15:37	00:40:40	00:17:53	1:14:10
154		Patrick	Rowland	Male	Vet	00:15:57	00:37:50	00:17:33	1:14:10
155		Gerry	Ryder	Male	Vet	00:16:33	00:37:30	00:19:29	1:14:12
150		John	Fitzgerald	Male	Sen	00:18:10	00:38.11	00:19:55	1:14:10
157		Pete	Ray	Male	Vet	00:14:48	00:36:59	00:20:16	1:14:17
158		sandra	caulfield	Female	Sen	00:17:17	00:40:50	00:18:28	1:14:37
160				Male	Vet	00:15:20	00:39:26	00:18:28	1:14:37
160	437	Kieran	Geraghty	Female	Sen	00:15:51	00:39:20	00:20:49	1:14:46
161		Damien	Gill					00:20:49	
		Damien		Male	Sen	00:16:28	00:39:13		1:15:05
163		Gerry	O' Malley	Male	Vet	00:16:12	00:38:28	00:20:48	1:15:28
164		Ciara	Joyce	Female	Sen	00:16:51	00:43:43	00:14:55	1:15:29
165		Pratricia	kavanagh	Female	Vet	00:17:32	00:42:36	00:15:21	1:15:29
166		Chris	O' Connell	Male	Vet	00:17:37	00:38:18	00:19:48	1:15:43
167	429	Patsy	Mc Carthy	Female	Vet	00:15:59	00:41:06	00:18:39	1:15:45

168	405	Fintan	Kennedy	Male	Vet	00:17:19	00:37:07	00:21:22	1:15:48
169		Paul	Houlihan	Male	Vet	00:17:13	00:40:30	00:18:56	1:15:57
170		Ann Marie	Morley	Female	Sen	00.10.02	01:00:16	00:15:45	1:16:02
170	442		Scanlon	Male	Sen	00:17:15	00:36:56	00:21:52	1:16:02
172		Ruth	Coyne	Female	Sen	00:17:13	00:39:12	00:20:09	1:16:04
172		Martin	Donnellan	Male	Vet	00:10:43	00:42:23	00:19:22	1:16:35
173		Gerry	Mc Donagh	Male	Vet	00:14:30	00:42:23	00:19:22	1:16:36
174		Ger			Sen	00:17:13	00:40:23	00:18:59	
175		Gerry	Hynes Sheridan	Male Male	Vet	00:18:07	00:35:59	00:22:54	1:16:57 1:17:00
170		Sinead	Tiernan	Female	Sen	00:17:54	00:37:29	00:22:34	1:17:03
177		Oliver	Hickey	Male	Sen	00:17:34	00:37:29	00:21:41	1:17:05
170	464		Fitzgerald	Female	Sen	00:17:12	00:40:32	00:19:33	1:17:05
180		Declan	Grady	Male	Sen	00:17:00	00:40:02	00:19:53	1:17:11
181		Tom	Normanly	Male	Vet	00:16:27	00:40:28	00:20:17	1:17:12
182		Paul	Higgins	Male	Sen	00:10:27	00:41:31	00:19:24	1:17:12
183		MARK	CONROY	Male	Sen	00:10:20	00:41:50	00:20:08	1:17:23
184		Derek	Lavelle	Male	Vet	00:10:24	00:39:23	00:20:21	1:17:26
185		Austin	Walsh	Male	Vet	00:17:42	00:40:18	00:20:21	1:17:32
186		Kev	Donnellan	Male	Sen	00:16:23	00:40:14	00:20:57	1:17:33
187		John	Culhane	Male	Vet	00:16:24	00:40:39	00:20:33	1:17:36
188		PAUL	BURKE	Male	Vet	00:16:52	00:39:25	00:21:20	1:17:36
189		sandra	morley	Female	Sen	00:17:01	00:39:45	00:20:51	1:17:37
190		Helena	Gaughan	Female	Sen	00:16:45	00:41:36	00:19:24	1:17:45
191		Michael	Cannon	Male	Vet	00:17:00	00:40:28	00:20:27	1:17:54
192		Martina	Mc Intyre	Female	Vet	00:16:34	00:40:11	00:21:21	1:18:06
193		Carol	Currid	Female	Vet	00:16:34	00:41:36	00:20:00	1:18:10
194		John	Ruddy	Male	Vet	00:17:33	00:39:03	00:21:37	1:18:12
195		Valerie	Mc Greal	Female	Sen	00:16:25	00:42:05	00:19:49	1:18:20
196		Fiona	Gilrane	Female	Vet	00:16:49	00:40:44	00:20:54	1:18:27
197	316	Michael	Laffey	Male	Vet	00:18:49	00:38:47	00:20:59	1:18:34
198	298	JOHN	BRADY	Male	Vet	00:17:38	00:37:33	00:23:43	1:18:53
199	302	Aidan	Doyle	Male	Sen	00:17:34	00:40:54	00:20:27	1:18:55
200	308	Alan	Murphy	Male	Sen	00:16:57	00:43:01	00:18:59	1:18:58
201	416	angie	hughes	Female	Sen	00:16:58	00:42:47	00:19:20	1:19:04
202	153	Frank	Lynn	Male	Vet	00:18:50	00:40:29	00:19:46	1:19:05
203	454	Sinead	Collins	Female	Vet	00:16:56	00:42:57	00:19:40	1:19:33
204	136	Sean	Boylan	Male	Vet	00:16:21	00:42:08	00:21:06	1:19:35
205	339	Treasa	Mc Loughlin	Female	Sen	00:17:07	00:40:52	00:21:37	1:19:36
206	364		burke	Male	Sen	00:16:04	00:42:38	00:22:01	1:20:43
207	347	brendan	morley	Male	Vet		00:58:04	00:22:40	1:20:43
208		Noel	Stagg	Male	Vet	00:16:27	00:42:49	00:21:36	1:20:52
209	482	Sinead	Conway	Female	Sen	00:16:50	00:42:35	00:21:54	1:21:19
210		Siobhan	Regan	Female	Sen	00:19:02	00:42:47	00:20:15	1:22:04
211		Noel	Jennings	Male	Vet	00:14:14	00:46:10	00:22:21	1:22:44
212		Liam	McDonnall	Male	Vet	00:16:17	00:44:35	00:22:07	1:22:59
213		paula	connaughton	Female	Sen	00:17:10	00:45:24	00:20:26	1:23:00
214		Tracy	Durkan	Female	Sen	00:16:59	00:45:53	00:20:12	1:23:04
215		Hugh	Mulryan	Male	Jun		01:02:20	00:20:59	1:23:19
216		Martina	Donnellan	Female	Vet	00:17:40	00:45:54	00:20:14	1:23:48
217		Graeme	Salter	Male	Vet	00:17:36	00:42:31	00:24:40	1:24:47
218		Elaine	McNamara	Female	Sen	00:17:45	00:46:28	00:20:37	1:24:49
219		Ernie	Lynn	Male	Sen	00:18:09	00:44:29	00:22:27	1:25:04
220		Jenny	Cleary	Female	Sen	00:18:02	00:45:40	00:21:26	1:25:09
221		Liam	Laffey	Male	Sen	00:19:23	00:41:08	00:24:51	1:25:23
222		siobhan	Ryan	Female	Vet	00:17:52	00:45:16	00:22:28	1:25:36
223	481	Amanda	Byrne	Female	Sen	00:19:59	00:41:26	00:24:24	1:25:49

224	468	Aoife	Lally	Female	Sen		01:04:03	00:21:46	1:25:49
225	486	Deirdre	Mannion	Female	Sen		01:04:02	00:21:47	1:25:50
226	366	Avril	Mc Greal	Female	Vet	00:17:16	00:46:19	00:22:19	1:25:54
227	476	Aidan	Carney	Male	Sen	00:17:23	00:45:10	00:23:38	1:26:12
228	368	Ailish	brodrick	Female	Sen	00:16:12	00:45:08	00:25:29	1:26:49
229	340	John	Coleman	Male	Sen		01:03:13	00:23:59	1:27:12
230	470	Lisa	Biggins	Female	Sen	00:17:12	00:43:30	00:26:36	1:27:18
231	363	Kevin	Tierney	Male	Sen	00:17:33	00:43:00	00:26:46	1:27:19
232	375	Mandy	Maree	Female	Sen	00:18:43	00:41:51	00:27:01	1:27:36
233	290	sheila	kilduff	Female	Vet		01:00:45	00:26:54	1:27:38
234	374	mary	kelly	Female	Sen	00:17:47	00:49:07	00:20:47	1:27:41
235	356	Phyl	Lawlor	Female	Vet	00:20:12	00:43:07	00:24:54	1:28:14
236	492	Paula	O Neill	Female	Sen		01:01:32	00:27:13	1:28:45
237	378	Jason	Carey	Male	Vet	00:18:47	00:42:11	00:28:00	1:28:58
238	100	JP	Hughes	Male	Sen	00:17:58	00:41:58	00:29:05	1:29:01
239	111	Pat	McLoughlin	Male	Vet	00:17:11	00:44:06	00:27:45	1:29:01
240		Mark	Doble	Male	Sen	00:16:18	00:44:28	00:28:33	1:29:18
241		HILARY	KIELY	Female	Vet		01:05:46	00:24:08	1:29:54
242	300	Sarah	Bradley	Female	Sen	00:18:24	00:47:03	00:24:57	1:30:23
243	471	Shauna	Ferrick	Female	Vet		01:06:10	00:24:49	1:30:59
244		Shane	Gill	Male	Vet	00:19:20	00:41:51	00:29:57	1:31:08
245		Eileen	McNamara	Female	Vet	00:20:57	00:44:50	00:25:55	1:31:42
246		Collen	Walsh	Female	Sen		01:07:02	00:25:02	1:32:04
247		Susan	Heneghan	Female	Vet	00:20:28	00:46:02	00:26:37	1:33:06
248		Naomi	Sloyan	Female	Sen	00:21:12	00:48:16	00:24:46	1:34:14
249		Louise	O Hora	Female	Sen	00:21:17	00:48:12	00:24:45	1:34:14
250		Elaine	Bohan	Female	Sen	00:20:27	00:51:08	00:25:00	1:36:35
251		Breige	Mc Nulty	Female	Sen	00:22:07	00:47:56	00:28:28	1:38:30
252		david	kavanagh	Male	Vet	00:17:34	00:52:29	00:28:28	1:38:31
253		Suzanne	Nolan	Female	Sen	00:21:31	00:51:31	00:26:23	1:39:25
254		Declan	Nolan	Male	Sen	00:21:32	00:51:30	00:26:25	1:39:26
255		Natasha	Gallagher	Female	Sen		01:16:25	00:23:43	1:40:08
256		Lorna	Irwin	Female	Sen	00:22:20	00:50:57	00:26:55	1:40:11
257		Paul	Kelly	Male	Vet	00:19:01	01:00:13	00:24:35	1:43:49
258		Keith	Hassett	Male	Sen	00:26:15	00:51:34	00:30:56	1:48:45
		Damien	Brehony	Male	Sen	00:13:46	00:33:11		
		Bernadette	Smyth	Female	Vet	00:22:00	00:54:02		
	129			Male	Sen	00:11:30			