

Place	Bib	Surname	Forename	Club	Sex	Cat	21.1km	31.5km	Race Time	Chip Time
1	1	Too	Eliud	Walters Athletics	M	Sen	1:05:38	0:34:35	1:40:13	1:40:13
2	335	Furey	Brian	Rathfarnham WSAF	M	Sen	1:19:56	0:40:39	2:00:35	2:00:35
3	895	Speer	Adam	finn valley	M	Sen	1:22:03	0:41:01	2:03:04	2:03:04
4	384	Halligan	Frank	Crusaders AC	M	Sen	1:23:21	0:40:35	2:03:57	2:03:56
5	309	Fitzgerald	Karl		M	Sen	1:22:14	0:42:10	2:04:26	2:04:24
6	928	Ward	Kevin	Longford AC	M	V 40	1:22:44	0:42:25	2:05:16	2:05:08
7	583	McGrath	Ian		M	V 40	1:22:51	0:42:41	2:05:31	2:05:31
8	3	Pauline	Curley	Tullamore Harriers	F	V 40	1:22:49	0:42:54	2:05:46	2:05:43
9	853	Ryan	Raymond	Tullamore Harriers	M	Sen	1:23:09	0:43:19	2:06:28	2:06:28
10	712	O Comhraidhe	Aindriu		M	Sen	1:27:22	0:43:08	2:10:30	2:10:30
11	531	Martin	Kevin		M	V50	1:27:20	0:43:46	2:11:09	2:11:06
12	642	Monds	Simon		M	Sen	1:27:25	0:43:58	2:11:24	2:11:24
13	12	Adams	David	Pulse Tri Club	M	Sen	1:27:39	0:45:31	2:13:10	2:13:10
14	219	Dillon	John	Midland triathlon club	M	Sen	1:24:45	0:48:44	2:13:30	2:13:29
15	613	Mcnamara	Adrian	Galway City Harriers	M	Sen	1:27:27	0:46:41	2:14:15	2:14:09
16	648	Moore	Ollie	Ballinasloe Road Runners	M	Sen	1:30:21	0:43:58	2:14:23	2:14:19
17	669	Murphy	Brian		M	Sen	1:31:16	0:43:25	2:14:41	2:14:41
18	889	Smith	Niall		M	Sen	1:27:30	0:47:10	2:14:48	2:14:40
19	701	Nolan	Ruaidhri	Drogheda & District AC	M	Sen	1:29:13	0:45:36	2:15:03	2:14:49
20	318	Flynn	Aidan		M	Sen	1:30:12	0:45:12	2:15:27	2:15:24
21	124	Casserty	Michael		M	Sen	1:27:15	0:48:13	2:15:30	2:15:28
22	397	Haydu	Andy		M	Sen	1:30:31	0:44:54	2:15:36	2:15:25
23	7	Kennedy	Tara	Defence Forces	F	V 40	1:30:00	0:45:55	2:15:55	2:15:55
24	381	Gurrin	Brian	Kilcoole AC	M	V 40	1:30:01	0:46:06	2:16:08	2:16:06
25	513	Lynch	Sandra	Kilcoole ac	F	Sen	1:30:01	0:46:07	2:16:09	2:16:08
26	272	Durnin	Gerrit		M	Sen	1:27:32	0:48:11	2:16:31	2:15:43
27	836	Rooney	Seamus Henry	Raheny Shamrock AC	M	V50	1:30:54	0:45:48	2:16:48	2:16:41
28	778	O'Regan	John		M	V 40	1:31:48	0:45:32	2:17:22	2:17:20
29	879	Shine	Nev	Limerick AC	M	V 40	1:29:51	0:47:51	2:17:43	2:17:42
30	724	O Gorman	Ian	Le Cheile	M	V50	1:30:17	0:47:38	2:18:04	2:17:55
31	807	Quill	Pat		M	V 40	1:32:23	0:45:41	2:18:04	2:18:04
32	747	O'Carolan	Enda	Mullingar Harriers	M	Sen	1:32:38	0:46:21	2:18:59	2:18:59
33	164	Connolly	Joe	Dooneen AC	M	Sen	1:32:35	0:47:00	2:19:41	2:19:35
34	804	Prendergast	Paula	Mayo AC	F	Sen	1:31:30	0:48:16	2:19:51	2:19:46
35	487	Kissane	John		M	V 40	1:32:33	0:47:13	2:19:53	2:19:47
36	660	Morris	Niall	Tri an mhi	M	V 40	1:32:34	0:47:16	2:19:54	2:19:50
37	535	Masterson	Stephen		M	Sen	1:32:39	0:47:19	2:19:59	2:19:58
38	634	Mitchell	Mark	Athenry AC	M	Sen	1:32:38	0:47:20	2:20:03	2:19:59
39	389	Hanney	Mick	Boards.ie	M	V 40	1:32:46	0:47:20	2:20:06	2:20:06
40	735	O Sullivan	Ger		M	Sen	1:32:42	0:47:23	2:20:09	2:20:05
41	134	Clarke	John	Ballina AC	M	V 40	1:32:42	0:47:37	2:20:24	2:20:19
42	347	Gibson	Peter	St Brigids AC	M	V 40	1:32:38	0:47:49	2:20:31	2:20:27
43	636	Moffat	Cillian		M	Sen	1:32:39	0:48:04	2:20:45	2:20:43
44	956	Anthony	Flannery		M	Sen	1:32:40	0:48:04	2:20:45	2:20:45
45	150	Collins	Brian	Star of the sea Ac	M	V 40	1:32:38	0:48:15	2:20:55	2:20:52
46	62	Brien	Kenneth		M	V 40	1:32:52	0:48:12	2:21:19	2:21:04
47	190	Cunningham	Sandra		F	Sen	1:32:29	0:49:39	2:22:17	2:22:08
48	230	Donnelly	Gareth		M	V 40	1:31:22	0:51:03	2:22:30	2:22:26
49	500	Lawler	Declan		M	V 40	1:30:59	0:51:34	2:22:33	2:22:32
50	163	Connolly	Francis	Moate Athlone running group	M	V 40	1:34:32	0:48:21	2:22:59	2:22:53
51	450	Keena	Deirdre	Flatline Half	M	Sen	1:34:32	0:48:28	2:23:06	2:23:00
52	515	Macdouagld	Ian		M	Sen	1:32:38	0:51:10	2:23:51	2:23:48
53	798	Powders	David		M	Sen	1:32:44	0:51:10	2:23:57	2:23:54
54	10	MJ	O'Neill	Parnells AC	M	V40	1:34:44	0:49:08	2:23:58	2:23:52
55	612	McNally	Colm	Flatline Half	M	Sen	1:35:43	0:48:21	2:24:08	2:24:04
56	709	O'brien	Colm		M	Sen	1:36:57	0:47:09	2:24:55	2:24:06
57	492	Lacey	Mark	Insanity Fit Zone	M	V 40	1:32:33	0:52:35	2:25:09	2:25:08
58	206	Deeney	Richard		M	Sen	1:35:51	0:49:44	2:25:36	2:25:36
59	929	Ward	Robert		M	V 40	1:36:44	0:48:47	2:25:43	2:25:30
60	761	O'Dowd	Fergal	Blueway Adventure Race	M	Sen	1:36:49	0:48:51	2:25:48	2:25:40
61	380	Guiry	Kieran		M	V 40	1:37:12	0:48:33	2:25:49	2:25:45
62	872	Sheerin	Olivia	St Michael's AC	F	V50	1:36:43	0:49:05	2:25:59	2:25:49
63	857	Scally	John Paul		M	Sen	1:32:05	0:53:25	2:26:02	2:25:30
64	250	Duane	Colin		M	Sen	1:36:52	0:49:12	2:26:08	2:26:04
65	340	Gallagher	Mark		M	Sen	1:36:43	0:47:38	2:26:14	2:24:21
66	300	Feeley	Tom		M	Sen	1:38:12	0:48:00	2:26:28	2:26:12
67	791	Pawelczak	Kazik		M	V 40	1:36:07	0:50:20	2:26:35	2:26:27
68	544	McCabe	Carmel	Shercock	F	V 40	1:34:43	0:51:56	2:26:47	2:26:39
69	25	Bartley	Joseph		M	Sen	1:35:49	0:50:38	2:26:49	2:26:27
70	5	Coogan	Diarmuid	Rathfarnham WSAF	M	V 40	1:34:38	0:52:14	2:26:52	2:26:52
71	862	Norton	Stephen		M	Sen	1:38:55	0:47:58	2:27:08	2:26:54
72	931	Watters	Kieran		M	V 40	1:36:18	0:51:07	2:27:30	2:27:25
73	231	Donnelly	Gerard	Le Cheile	M	Sen	1:37:34	0:49:52	2:27:40	2:27:27
74	458	Kelly	Liam	Le Cheile	M	Sen	1:37:33	0:49:53	2:27:40	2:27:25
75	766	O'Hara	Martin	Athenry AC	M	V 40	1:38:11	0:49:39	2:27:53	2:27:50
76	694	Naylor	David		M	V 40	1:38:29	0:49:10	2:27:58	2:27:39
77	877	Shields	Eamon	Le Cheile	M	V 40	1:39:16	0:48:44	2:28:14	2:28:00
78	422	Howard	Michael	RSP	M	Sen	1:38:11	0:49:53	2:28:17	2:28:04
79	887	Smith	Mark		M	V 40	1:38:51	0:49:17	2:28:18	2:28:08
80	563	McConnell	Ann		F	V50	1:38:43	0:49:25	2:28:25	2:28:08
81	587	McGregor	John		M	V 40	1:35:12	0:53:10	2:28:28	2:28:21

82	498	Larkin	Eddie		M	V 40	1:36:48	0:51:31	2:28:39	2:28:19
83	796	Pilarska	Alicja		F	Sen	1:39:20	0:48:58	2:28:42	2:28:18
84	905	Timothy	David		M	Sen	1:36:14	0:51:50	2:28:44	2:28:04
85	696	Nerney	Kenneth		M	Sen	1:38:18	0:50:07	2:28:46	2:28:24
86	883	Smith	Darragh		M	Sen	1:37:39	0:51:22	2:29:09	2:29:00
87	595	McKeown	Michael	East Down AC	M	V50	1:38:31	0:51:00	2:29:34	2:29:30
88	142	Clyne	Gillian	Donadea RC	F	Sen	1:37:47	0:51:34	2:29:35	2:29:21
89	733	O Rourke	Anthony		M	Sen	1:40:00	0:49:32	2:29:39	2:29:32
90	657	Moriarty	Barry	Kilkenny Triathlon Club	M	Sen	1:39:48	0:49:53	2:29:49	2:29:41
91	590	McHugh	Derek		M	Sen	1:32:50	0:56:58	2:29:52	2:29:48
92	66	Browne	Clifford		M	Sen	1:39:01	0:50:29	2:30:01	2:29:30
93	110	Carey	Martin	Ennis Track/ Gotri	M	Sen	1:37:24	0:52:45	2:30:11	2:30:10
94	699	Nolan	Kevin		M	Sen	1:39:33	0:50:22	2:30:12	2:29:55
95	700	Nolan	Michael		M	V 40	1:38:55	0:51:11	2:30:21	2:30:06
96	871	Shaw	Alan	Le Cheile	M	V 40	1:39:17	0:51:01	2:30:30	2:30:17
97	728	O Mahoney	Martina	3D Triathlon	F	Sen	1:37:37	0:51:52	2:30:41	2:29:29
98	323	Foody	Seamus	Ballina AC	M	V 40		2:30:38	2:30:59	2:30:38
99	742	O'BRIEN	DAVID	TAC	M	V 40	1:40:36	0:49:59	2:31:03	2:30:36
100	549	Mc Guinness	Andrea	Bohermeen AC	F	V 40	1:41:50	0:49:15	2:31:10	2:31:04
101	222	Dixon	Greg	DULEEK & DISTRICT AC	M	V 40	1:40:29	0:49:17	2:31:13	2:29:45
102	649	Moore	Tom		M	Sen	1:40:42	0:50:04	2:31:14	2:30:46
103	707	O Bric	Cathal		M	V 40	1:38:06	0:53:12	2:31:24	2:31:17
104	584	Mcgrath	Michael	ST COCAS AC	M	V50	1:39:29	0:51:48	2:31:44	2:31:17
105	770	O'Mahoney	Eoin		M	Sen	1:41:24	0:50:02	2:31:45	2:31:26
106	514	Macdonald	Brian		M	V 40	1:40:01	0:51:53	2:32:12	2:31:54
107	252	Duane	Shaun		M	V 40	1:40:53	0:51:03	2:32:17	2:31:56
108	530	Martin	Jeff	Crusaders / Pulse TC	M	Sen	1:39:31	0:52:55	2:32:26	2:32:26
109	564	McCormack	Dermot	Crossfit Athlone	M	V 40	1:40:43	0:51:36	2:32:30	2:32:20
110	881	Skupin	Arkadiusz	POLAND	M	Sen	1:37:41	0:54:45	2:32:32	2:32:25
111	32	Berry	Patrick	Dublin bay running club	M	Sen	1:34:31	0:56:53	2:32:46	2:31:24
112	565	McCormack	Noel		M	V50	1:40:54	0:51:58	2:32:52	2:32:52
113	54	Brennan	Anne		F	V 40	1:41:34	0:50:29	2:32:53	2:32:04
114	344	Garvin	Feargal	North East Runners	M	Sen	1:42:57	0:49:52	2:32:56	2:32:49
115	131	Claridge	Jonathan	Crusaders AC	M	V 40	1:46:44	0:45:48	2:32:57	2:32:32
116	529	Markey	Keith		M	Sen	1:41:15	0:50:02	2:32:57	2:31:16
117	499	Lavelle	Clive	Mayo AC	M	Sen	1:40:11	0:52:55	2:33:12	2:33:06
118	602	McLoughlin	Patricia	Le Cheile	F	Sen	1:41:30	0:51:44	2:33:30	2:33:15
119	662	Moyles	Declan	Le Cheile	M	Sen	1:41:31	0:51:44	2:33:30	2:33:15
120	842	Ruane	David	Menlough	M	Sen	1:36:49	0:56:44	2:33:41	2:33:33
121	348	GILL	DERMOT	Breakaway	M	V 40	1:40:47	0:52:43	2:33:57	2:33:29
122	844	Ruane	Paul		M	Sen	1:39:47	0:54:20	2:34:15	2:34:07
123	396	Havens	Laurence	St Michaels Portarlington	M	Sen	1:42:41	0:51:33	2:34:24	2:34:13
124	689	Murtagh	Eugene		M	V 40	1:41:06	0:53:05	2:34:32	2:34:11
125	453	Kehoe	Peter		M	V 40	1:42:10	0:52:16	2:34:34	2:34:25
126	826	Reynolds	Shane		M	Sen	1:41:35	0:52:52	2:34:39	2:34:27
127	34	Black	PJ		M	Sen	1:42:32	0:52:25	2:34:57	2:34:57
128	519	Madden	Aaron	Marathon Club Ireland	M	Sen	1:41:55	0:52:40	2:34:57	2:34:35
129	87	Byrne	Declan		M	Sen	1:44:34	0:50:35	2:35:19	2:35:09
130	745	O'Brien	Larry		M	Sen	1:44:34	0:50:35	2:35:19	2:35:09
131	655	Moran	Michael		M	Sen	1:43:18	0:51:38	2:35:19	2:34:56
132	50	Brady	Vincent	Pulse Tri Club	M	Sen	1:41:36	0:53:26	2:35:28	2:35:02
133	484	Kirwan	Ger		M	V 40	1:41:52	0:53:23	2:35:39	2:35:15
134	16	Ambrzejus	Mantas		M	Sen	1:36:07	0:59:35	2:35:44	2:35:42
135	755	O'Connor	Katie	Celbridge AC	F	Sen	1:43:51	0:51:47	2:35:48	2:35:38
136	934	Mc Donagh	Caillin	JustRuns	F	Sen	1:45:22	0:48:39	2:35:56	2:34:01
137	496	Langan	Donie		M	V 40	1:45:24	0:50:00	2:35:59	2:35:24
138	559	McCann	John		M	V 40	1:43:30	0:52:19	2:36:00	2:35:49
139	262	Dunlevy	Marianne	Donore Harriers	F	Sen	1:41:12	0:54:28	2:36:01	2:35:40
140	176	Courcy	OisA-n		M	Sen	1:43:19	0:52:35	2:36:17	2:35:54
141	884	Smith	Derek	Clane AC	M	Sen	1:43:02	0:53:02	2:36:21	2:36:04
142	743	O'Brien	Elvin	Annalee AC	M	V 40	1:46:39	0:49:33	2:36:48	2:36:12
143	315	Flanagan	John		M	Sen	1:44:48	0:51:36	2:36:51	2:36:24
144	191	Curley	Brendan		M	Sen	1:45:54	0:50:39	2:36:57	2:36:34
145	166	Conroy	Tom		M	Sen	1:44:07	0:52:27	2:37:02	2:36:34
146	837	Rooney	Shane	RSP	M	V 40	1:44:20	0:52:15	2:37:03	2:36:35
147	147	Coleman	Jean	Tuam A.C.	F	V50	1:44:36	0:52:20	2:37:04	2:36:56
148	13	Aguilar	Berni		M	V 40		2:36:30	2:37:09	2:36:30
149	828	Rhatigan	Alan		M	Sen	1:33:39	1:03:27	2:37:10	2:37:06
150	126	Caulfield	Stephen		M	V 40	1:40:22	0:56:41	2:37:20	2:37:03
151	817	Redmond	Mark	Ashford ac	M	Sen	1:44:27	0:52:39	2:37:22	2:37:06
152	933	Whelan	Paul	Ashford ac	M	V50	1:44:27	0:52:39	2:37:23	2:37:07
153	338	Gaffney	Ollie	Mullingar Harriers	M	Sen	1:45:40	0:51:28	2:37:30	2:37:08
154	501	Lawless	Brian	Flatline Half	M	V 40	1:43:25	0:54:03	2:37:36	2:37:28
155	571	McDonald	Caitriona	St Abbans	F	Sen	1:45:47	0:51:37	2:37:39	2:37:25
156	491	Lacey	Brian		M	Sen	1:45:38	0:51:32	2:37:48	2:37:10
157	670	Murphy	Edward		M	Sen	1:44:51	0:51:47	2:38:12	2:36:37
158	281	Elroy	Denise	Enniskillen RC	F	V 40	1:43:45	0:54:27	2:38:17	2:38:12
159	107	Campion	Siobhan	Piranha Tri	F	Sen	1:43:46	0:54:06	2:38:21	2:37:52
160	574	McDonnell	John	Enniskillen RC	M	V 40	1:43:47	0:54:30	2:38:21	2:38:17
161	443	Keane	John	CKR	M	V 40	1:41:13	0:57:07	2:38:29	2:38:20
162	214	Devane	Gary	Mountmellick AC	M	V 40	1:47:06	0:50:51	2:38:41	2:37:57
163	60	Brennan	Stephen	Trailheads	M	V50	1:45:46	0:52:44	2:38:50	2:38:30
164	507	Locke	Keith		M	Sen	1:46:59	0:50:22	2:38:58	2:37:21

165	409	Henriques	Edel	west limerick ac	F	Sen	1:44:32	0:54:21	2:39:15	2:38:53
166	83	Bushe	Anna	Croghan AC	F	Sen	1:44:34	0:54:22	2:39:16	2:38:56
167	951	Brennan	Peter		M		1:43:20	0:55:40	2:39:21	2:39:00
168	72	Burgess	Rachel		F	V 40	1:42:22	0:57:01	2:39:23	2:39:23
169	93	Byrne	Mark	ESB AC	M	V 40	1:47:14	0:51:56	2:39:43	2:39:10
170	269	Dunne	Sean	Boru Tri Club	M	V50	1:47:29	0:51:53	2:39:44	2:39:22
171	812	Quinn	Rodger	Le Cheile	M	Sen	1:46:23	0:53:05	2:39:54	2:39:28
172	548	Mc gettigan	Paul		M	Sen	1:46:23	0:53:05	2:39:54	2:39:28
173	569	McDonagh	John		M	V 40	1:45:50	0:53:30	2:39:55	2:39:20
174	401	Heavin	Dermot		M	V 40	1:46:19	0:53:07	2:39:58	2:39:26
175	355	Gleeson	Michael		M	V 40	1:47:16	0:52:11	2:39:58	2:39:27
176	474	Kiely	Paul		M	V50	1:46:25	0:53:07	2:39:58	2:39:31
177	92	Byrne	Mark		M	V 40	1:44:06	0:55:27	2:40:00	2:39:33
178	324	Foran	Brian		M	Sen	1:45:42	0:53:26	2:40:22	2:39:08
179	725	O Gorman	Shane		M	Sen	1:43:19	0:57:12	2:40:54	2:40:31
180	801	Power	Joseph		M	V50	1:44:34	0:56:16	2:40:58	2:40:50
181	793	Perry	Stephen	Tinahely Tri Club	M	Sen	1:47:32	0:52:30	2:41:12	2:40:01
182	114	Carragher	Aoife	Civil Service Harriers	F	Sen	1:44:08	0:56:43	2:41:14	2:40:51
183	119	Carter	Suzanne	Tallaght AC	F	Sen	1:45:20	0:55:30	2:41:17	2:40:50
184	471	Keogh	Sean	JustRuns	M	V 40	1:44:54	0:56:13	2:41:21	2:41:07
185	715	O Connor	Paul	JustRuns	M	V 40	1:44:55	0:56:13	2:41:21	2:41:08
186	645	Mooney	Darren	Tinahely Tri Club	M	Sen	1:47:21	0:52:54	2:41:26	2:40:15
187	211	Dempsey	John		M	V 40	1:47:20	0:52:55	2:41:27	2:40:15
188	203	De Korte	Michael		M	Sen	1:40:24	1:00:57	2:41:37	2:41:21
189	367	Graham	Sinead	Donore Harriers	F	Sen	1:47:30	0:53:59	2:41:50	2:41:29
190	580	McCinn	Terry	Lough Key Tri Club	M	V 40	1:45:51	0:55:43	2:42:00	2:41:34
191	741	O'Brien	David		M	Sen	1:49:24	0:52:40	2:42:04	2:42:04
192	702	Nolan	Sean		M	Sen	1:45:34	0:56:17	2:42:22	2:41:52
193	542	Mc auley	Brian		M	Sen	1:48:46	0:53:10	2:42:31	2:41:56
194	390	Hardiman	Chrissie		F	V 40	1:45:27	0:56:59	2:42:34	2:42:26
195	489	Kyle	Paul		M	Sen	1:44:35	0:57:57	2:42:47	2:42:31
196	351	Gilleran	Mark		M	V 40	1:48:09	0:54:13	2:42:52	2:42:22
197	411	Hetherington	Alaistair	Speer Performance	F	V 40	1:48:47	0:53:41	2:42:54	2:42:28
198	69	Browne	Philip	Speer Performance	M	V 40	1:48:47	0:53:41	2:42:54	2:42:28
199	67	Browne	Dermot	Clane AC	M	V 40	1:48:19	0:53:47	2:43:11	2:42:06
200	848	Ryan	Denis		M	V 40	1:49:15	0:53:59	2:43:14	2:43:14
201	729	O Murchu	Daithi		M	V50	1:49:00	0:53:57	2:43:17	2:42:57
202	117	Carroll	Vincent	DDAC (Drogheda)	M	V 40	1:47:39	0:55:35	2:43:32	2:43:14
203	460	Kelly	Niall		M	Sen	1:43:38	0:59:30	2:43:32	2:43:08
204	282	English	Daniel		M	Sen	1:43:54	0:59:25	2:43:33	2:43:19
205	554	McBrearty	John	Thurles Crokes A.C	M	V 40	1:48:40	0:54:13	2:43:34	2:42:53
206	509	Lovett	John		M	V 40	1:47:27	0:54:57	2:43:34	2:42:24
207	650	Moorhead	Floyd		M	V 40	1:44:49	0:58:22	2:43:37	2:43:11
208	627	Mellsop	Pat	tullamore triathlon	M	V50	1:48:54	0:54:22	2:43:46	2:43:16
209	930	Wardell	Emmet Apprehensive	Sportsworld	M	Sen	1:48:07	0:55:30	2:43:56	2:43:37
210	464	Kennedy	Pj		M	Sen	1:48:25	0:55:00	2:44:04	2:43:25
211	349	Gill	Ronan	Kilcoole AC	M	V 40	1:48:40	0:54:50	2:44:12	2:43:30
212	284	Ennis	Keith		M	Sen	1:48:16	0:55:21	2:44:16	2:43:37
213	234	Donohue	Gerard		M	V 40	1:48:34	0:54:41	2:44:19	2:43:14
214	308	Fitzgerald	Cathy		F	Sen	1:48:24	0:55:32	2:44:32	2:43:56
215	776	O'Neill	Paula		F	Sen	1:48:18	0:55:56	2:44:36	2:44:14
216	311	Fitzpatrick	Andrew		M	Sen	1:48:26	0:55:39	2:44:40	2:44:05
217	21	Banks	Daniel		M	Sen	1:48:44	0:55:34	2:44:41	2:44:18
218	855	Sahani	Dev Rishi		M	Sen	1:48:58	0:55:22	2:44:44	2:44:20
219	175	Coughlan	Noel		M	Sen	1:48:47	0:55:28	2:44:54	2:44:15
220	773	O'Neill	Declan	OGC	M	Sen	1:49:02	0:55:36	2:44:59	2:44:38
221	750	O'Connell	Mary	Gneeveguilla AC	F	V 40	1:49:05	0:55:35	2:45:00	2:44:41
222	740	O'Brien	Chris		M	Sen	1:48:34	0:55:35	2:45:01	2:44:09
223	919	Walsh	Ann Marie	West Limerick	F	Sen	1:50:07	0:54:09	2:45:07	2:44:16
224	465	Kenny	Alan	Garda AC	M	V 40	1:48:07	0:55:34	2:45:12	2:43:42
225	751	O'Connell	Noel		M	Sen	1:49:00	0:55:50	2:45:14	2:44:51
226	483	Kinsella	Sarah	Tallaght AC	F	Sen	1:48:57	0:55:50	2:45:14	2:44:47
227	692	Naughton	Eric	Garda AC	M	V 40	1:48:07	0:55:38	2:45:14	2:43:45
228	619	McSharry	Ray	Flatline Half	M	V 40	1:48:44	0:56:08	2:45:15	2:44:51
229	178	Coyle	Joseph		M	V 40	1:48:58	0:55:54	2:45:17	2:44:52
230	207	Delaney	Anthony		M	Sen	1:47:42	0:55:55	2:45:19	2:43:37
231	378	Guildea	Alan		M	Sen	1:42:07	1:02:40	2:45:22	2:44:47
232	199	Daniel	Peter		M	Sen	1:49:05	0:55:59	2:45:25	2:45:04
233	633	Mistri	Kishan	KM Physio and Pilates	M	Sen	1:49:00	0:56:02	2:45:25	2:45:02
234	105	Campbell	Niall	Boards.ie	M	Sen		2:45:26	2:45:26	2:45:26
235	623	Meehan	Andrew	Donadea RC	M	V 40	1:47:45	0:56:35	2:45:55	2:44:20
236	359	Gorey	Paul	Dunboyne AC	M	V 50	1:48:55	0:56:56	2:46:00	2:45:52
237	22	Barrett	Jason		M	V 40	1:49:16	0:56:13	2:46:00	2:45:29
238	232	Donohoe	Seamus		M	V 40	1:51:52	0:52:36	2:46:10	2:44:29
239	940	Wilson	Sandra	Enniskillen RC	F	V50	1:46:43	0:59:23	2:46:11	2:46:06
240	753	O'Connor	Breda	Dunshaughlin AC	F	Sen	1:47:04	0:58:52	2:46:12	2:45:56
241	537	Mawer	Tina	Donadea RC	F	Sen	1:50:57	0:54:34	2:46:27	2:45:31
242	540	Mayock	Helen	Donadea RC	F	Sen	1:50:59	0:54:34	2:46:27	2:45:33
243	588	McGuinness	Linda		F	Sen	1:48:35	0:57:36	2:46:38	2:46:11
244	57	Brennan	Eoin		M	Sen	1:51:19	0:54:07	2:46:55	2:45:26
245	368	Grant	David		M	V 40	1:49:40	0:56:20	2:47:00	2:46:01
246	676	Murphy	Paschal	Donadea RC	M	Sen	1:51:09	0:55:00	2:47:02	2:46:09
247	171	Cosgrove	John Joe		M	Sen	1:51:09	0:55:02	2:47:03	2:46:10

248	764	O'Friel	Margaret		F	V50	1:49:31	0:57:00	2:47:05	2:46:30
249	208	Delaney	Ciara		F	Sen	1:52:28	0:53:25	2:47:05	2:45:53
250	198	Daly	Paul	Athenry AC/ Predator tri Club	M	Sen	1:50:46	0:56:01	2:47:14	2:46:46
251	332	French	Helen	Rathfarnham WSAF	F	V 40	1:50:49	0:56:33	2:47:23	2:47:23
252	161	Connolly	Damien		M	V 40	1:49:57	0:57:14	2:47:29	2:47:11
253	787	Owens	Conor		M	V 40	1:49:57	0:57:14	2:47:30	2:47:12
254	85	Byrne	Alan		M	Sen	1:48:15	0:58:06	2:47:34	2:46:21
255	413	Hickey-crowe	Nicola		F	Sen	1:50:53	0:55:05	2:47:36	2:45:58
256	133	Clarke	Dave		M	V 40	1:51:18	0:55:12	2:47:36	2:46:31
257	585	McGrath	Noel		M	Sen	1:51:19	0:55:07	2:47:55	2:46:26
258	394	Harpur	Mark	Tullamore Harriers	M	Sen	1:49:55	0:56:36	2:48:12	2:46:31
259	369	Grant	Declan		M	V 40	1:47:54	0:59:51	2:48:17	2:47:46
260	403	Heffernan	Liam	Naomh Mhuire	M	Sen	1:51:51	0:56:01	2:48:25	2:47:52
261	402	Heffernan	Keith		M	Sen	1:51:52	0:56:03	2:48:28	2:47:55
262	873	Sheerin	Paul	St Michael's AC	M	V50	1:52:08	0:55:41	2:48:30	2:47:50
263	4	Walsh	Declan	Amphibian King	M	V 40	1:42:11	1:06:26	2:48:45	2:48:37
264	376	Griffin	Mike	Dooneen AC	M	Sen	1:52:05	0:56:07	2:48:51	2:48:12
265	567	McCrum	Colin	Seapark AC	M	V50	1:50:48	0:57:40	2:48:54	2:48:28
266	684	Murray	David		M	V 40	1:47:44	1:00:21	2:48:55	2:48:05
267	65	Brown	Gavin		M	Sen	1:45:29	1:02:21	2:49:07	2:47:50
268	165	Conroy	Donal	Ballyfin A/C	M	V 40	1:50:45	0:57:38	2:49:10	2:48:24
269	286	Evans	Gareth		M	V 40	1:50:30	0:58:21	2:49:15	2:48:51
270	653	Moran	David		M	Sen	1:50:43	0:57:00	2:49:15	2:47:43
271	58	Brennan	Mary	Donadea RC	F	Sen	1:51:49	0:56:37	2:49:20	2:48:26
272	319	Flynn	Colm	Mountmellick Athletic Club	M	Sen	1:49:21	0:59:20	2:49:26	2:48:41
273	233	Donohoe	Shane		M	V 40	1:50:54	0:57:41	2:49:31	2:48:35
274	96	Byrne	Wayne		M	V 40	1:52:22	0:55:44	2:49:44	2:48:06
275	654	Moran	Mark		M	Sen	1:50:21	0:58:02	2:49:49	2:48:23
276	258	Duffy	Pat		M	V 40	1:50:28	0:58:49	2:49:54	2:49:17
277	246	Doyle	Ronan		M	Sen	1:46:27	1:03:51	2:50:39	2:50:17
278	48	Brady	Ciara	Piranha Tri	F	Sen	1:50:12	1:00:07	2:50:48	2:50:19
279	878	Shiels	Marion	Clones AC	F	Sen	1:50:33	0:59:54	2:50:58	2:50:27
280	116	Carroll	Martin	Tyrrellspass up and running	M	Sen	1:50:43	0:59:29	2:51:02	2:50:12
281	769	Omahoney	Mervin		M	V 40	1:50:17	1:00:48	2:51:04	2:51:04
282	185	Cullen	Michael		M	V 40		2:48:50	2:51:07	2:48:50
283	241	Doyle	Barry		M	V 40	1:52:44	0:58:03	2:51:12	2:50:47
284	482	Kinsella	Orla	Le Cheile	F	Sen	1:51:15	0:58:47	2:51:18	2:50:02
285	183	Cuddihy	Louise		F	Sen	1:50:43	0:59:24	2:51:19	2:50:07
286	73	Burke	Andy		M	Sen	1:50:15	1:01:00	2:51:42	2:51:15
287	606	McManamon	Kenneth	Naas Tri Club	M	V 40	1:53:36	0:55:50	2:51:42	2:49:26
288	616	McNamee	Celine		F	V 40	1:53:36	0:55:49	2:51:42	2:49:25
289	333	Friery	Paul		M	V 40	1:53:05	0:58:06	2:51:43	2:51:10
290	898	Strabele	Stephanie		F	Sen	1:52:42	0:58:41	2:51:43	2:51:23
291	122	Casey	Philip	Clane AC	M	V 40		2:50:38	2:51:43	2:50:38
292	289	Farragher	Joseph		M	V50	1:54:56	0:56:19	2:51:54	2:51:16
293	314	Flaherty	Sean		M	V 40	1:53:38	0:56:52	2:52:00	2:50:30
294	923	Walsh	Muirna		F	V 40	1:48:31	1:02:41	2:52:05	2:51:12
295	909	Tormey	Sinead		F	V 40	1:50:56	1:01:15	2:52:15	2:52:11
296	630	Miller	Katie		F	Sen	1:54:03	0:57:40	2:52:20	2:51:44
297	43	Boyle	Evelyn	LAC	F	Sen	1:51:31	1:00:04	2:52:36	2:51:35
298	375	Mc Crink	Eugene		M	Sen	1:52:35	0:59:55	2:52:40	2:52:30
299	242	Doyle	Damien		M	V 40	1:48:56	1:03:25	2:52:41	2:52:21
300	640	Molloy	Stephen		M	Sen	1:54:04	0:57:23	2:52:49	2:51:26
301	221	Dinneen	Muriel		F	V 40	1:52:20	0:59:26	2:52:51	2:51:45
302	512	Lynch	Marie		F	Sen	1:53:34	0:57:56	2:53:03	2:51:30
303	781	O'Rourke	Louise		F	Sen	1:53:34	0:57:57	2:53:04	2:51:31
304	607	McManus	Vincent		M	Sen	1:47:52	1:03:39	2:53:05	2:51:31
305	682	Murray	Brian		M	V 40	1:54:06	0:58:31	2:53:16	2:52:38
306	140	Clinton	Jim	North Belfast Harriers	M	V50	1:48:20	1:04:36	2:53:19	2:52:55
307	614	McNamara	Gerard	North Belfast Harriers	M	V 40	1:48:20	1:04:35	2:53:19	2:52:55
308	345	Gaviero	Jose		M	Sen	1:44:34	1:08:10	2:53:19	2:52:44
309	664	Mulligan	Kevin	MULLINALAGHTA	M	V 40	1:52:34	1:00:16	2:53:20	2:52:50
310	26	Bassett	Paul		M	Sen	1:45:57	1:05:48	2:53:25	2:51:45
311	274	Egan	Ann	Ballina AC	F	V 40	1:54:30	0:57:05	2:53:27	2:51:35
312	113	Carr	Sinead	Roscommon Harriers AC	F	Sen	1:53:22	0:59:02	2:53:34	2:52:24
313	790	Padden	Trish	Le Cheile	F	Sen	1:54:06	0:57:51	2:53:36	2:51:58
314	503	Leonard	Evelyn	Donadea RC	F	V 40	1:53:36	0:57:44	2:53:37	2:51:20
315	665	Mullin	Kim		F	Sen	1:52:54	1:00:11	2:53:38	2:53:05
316	924	Walsh	Paraic		M	Sen	1:54:34	0:57:44	2:54:07	2:52:18
317	925	Walsh	Ronan		M	V 40	1:54:37	0:59:02	2:54:13	2:53:39
318	137	Cleary	Aidan		M	Sen	1:49:13	1:04:19	2:54:13	2:53:32
319	485	Kirwan	Keith		M	Sen	1:49:11	1:04:22	2:54:14	2:53:33
320	304	Finn	Kevin		M	V 40	1:54:28	0:58:09	2:54:19	2:52:37
321	75	Burke	Mairead		F	V 40	1:53:36	0:58:30	2:54:23	2:52:06
322	621	Meagher	David		M	V50	1:53:17	0:59:12	2:54:32	2:52:29
323	295	Farrell	Norma	Dunboyne AC	F	V 40	1:55:00	0:58:27	2:54:34	2:53:27
324	393	Harold	Heather	Dunboyne AC	F	V 40	1:55:00	0:58:28	2:54:35	2:53:28
325	30	Beltman	Marijke		F	Sen	1:50:22	1:03:27	2:54:42	2:53:50
326	865	Shanaghy	Dawn		F	Sen	1:56:08	0:56:43	2:54:48	2:52:51
327	68	Browne	James	Donadea RC	M	V 40	1:51:59	1:01:18	2:54:50	2:53:16
328	151	Collins	Fiona	Donadea RC	F	V 40	1:51:58	1:01:19	2:54:51	2:53:18
329	918	Wallace	Daniel	Universal Soldiers	M	Sen	1:54:54	0:58:41	2:55:07	2:53:36
330	417	Honan	Adam		M	Sen	1:54:55	0:58:21	2:55:10	2:53:16

331	156	Conaty	Fiona		F	Sen	1:54:56	0:58:22	2:55:11	2:53:17
332	136	Clarke	Rob	Universal Soldiers	M	Sen	1:54:55	0:58:46	2:55:12	2:53:41
333	526	Maloney	Darren		M	Sen	1:56:43	0:56:12	2:55:17	2:52:54
334	577	McEneff	Aidan		M	Sen	1:55:12	0:59:00	2:55:55	2:54:13
335	441	Kavanagh	Joey		M	V 40	1:52:42	1:01:37	2:55:56	2:54:19
336	882	Smith	Barry		M	V 40	1:55:13	0:59:00	2:55:57	2:54:14
337	888	Smith	Neil		M	Sen	1:55:13	0:59:01	2:55:57	2:54:14
338	946	Yamanaka	Tsuyuko		F	Sen	1:54:55	0:59:47	2:56:04	2:54:42
339	379	Guilfoyle	Philip	Birr AC	M	V 40	1:56:03	0:59:32	2:56:05	2:55:35
340	556	Mccabe	Ronan		M	Sen	1:50:43	1:05:15	2:56:07	2:55:58
341	180	Cradock	PÁidraig		M	Sen	1:58:21	0:55:39	2:56:12	2:54:00
342	82	Burns	Una		F	Sen	1:54:04	1:02:04	2:56:13	2:56:08
343	447	Keddy	Mick		M	Sen	1:53:23	1:01:37	2:56:16	2:55:00
344	448	Keddy	Nadine		F	Sen	1:53:23	1:01:39	2:56:17	2:55:01
345	410	Henry	Carmel		F	V 40	1:53:35	1:00:37	2:56:30	2:54:12
346	31	Bennett	Catherine		F	Sen	1:55:17	1:00:08	2:56:30	2:55:25
347	312	Fitzpatrick	Ciaran		M	Sen	1:59:58	0:54:06	2:56:31	2:54:04
348	177	Coyle	Daniel	Brendans Running Club	M	Sen	1:55:10	0:59:58	2:56:32	2:55:09
349	626	Melia	Margaret		F	Sen	1:55:17	1:00:11	2:56:34	2:55:28
350	36	Blake	Philip	Belpark Triathlon Club	M	V 40	1:45:40	1:10:42	2:56:35	2:56:21
351	172	Costello	Caroline		F	Sen	1:55:22	0:59:35	2:56:37	2:54:57
352	173	Costello	Geoff	Galway Tri Club	M	Sen	1:55:21	0:59:37	2:56:40	2:54:58
353	11	Adams	David	Longford AC	M	Sen	1:46:54	1:09:27	2:56:43	2:56:22
354	216	Devine	Lorraine		F	Sen	1:55:55	1:00:11	2:56:57	2:56:06
355	869	Sharpe	Gerard		M	V 40	1:55:58	1:00:04	2:57:00	2:56:02
356	875	Sheridan	Mark		M	V50	1:49:02	1:07:37	2:57:03	2:56:39
357	706	Nunan	Trish	Le Cheile	F	Sen	1:55:42	0:59:57	2:57:18	2:55:39
358	56	Brennan	Eamonn	Galway City Harriers	M	V 40	1:56:31	0:59:15	2:57:19	2:55:47
359	656	Morgan	Sarah	Dunshaughlin AC	F	Sen	1:55:26	0:59:50	2:57:19	2:55:16
360	301	Ferenczuk	Katarzyna		F	Sen	1:57:56	0:59:17	2:57:23	2:57:12
361	120	Carty	Fidelma		F	V 40	1:55:10	1:00:15	2:57:25	2:55:25
362	524	Mahony	Philip	Dunboyne AC	M	Sen	1:48:57	1:08:31	2:57:36	2:57:28
363	435	Jones	Arabin		M	Sen	1:52:22	1:03:40	2:57:39	2:56:02
364	757	O'Connor	Shirley	Dunshaughlin AC	F	V 40	1:55:34	1:01:06	2:57:57	2:56:40
365	611	McMorrow	Gavin		M	Sen	1:50:31	1:06:55	2:58:03	2:57:27
366	215	Devenny	Ciara	Dublin bay running club	F	Sen	1:56:04	1:00:35	2:58:05	2:56:39
367	29	Beirne	Lorcan		M	Sen	1:55:48	1:01:06	2:58:06	2:56:53
368	414	Hill	Ian		M	Sen	1:57:06	0:59:07	2:58:13	2:56:13
369	810	Quinn	John		M	V 40	1:57:07	0:59:08	2:58:13	2:56:15
370	561	McCarthy	Martin	JustRuns	M	V 40	1:56:34	1:00:59	2:58:24	2:57:33
371	493	Laffey	Laura		F	Sen	1:56:32	1:01:21	2:58:25	2:57:53
372	782	O'Shea	Karen	Meath Fitness	F	Sen	1:52:54	1:05:16	2:58:26	2:58:10
373	698	Nolan	Kevin		M	Sen	1:56:32	1:01:22	2:58:27	2:57:54
374	433	James	Morwenna		F	Sen	1:56:31	1:01:22	2:58:27	2:57:53
375	938	Wilkinson	Marguerite	Athenry AC	F	V 40	1:57:04	0:59:53	2:58:27	2:56:57
376	771	O'Mahony	Paula	Breakaway	F	Sen	2:01:04	0:56:46	2:58:28	2:57:51
377	868	Sharpe	George	Breakaway	M	V 40	2:00:11	0:56:35	2:58:28	2:56:46
378	398	Hayes	Rachel		F	Sen	1:54:21	1:01:45	2:58:29	2:56:06
379	874	Sheridan	Colm		M	V 40	2:00:26	0:56:32	2:58:29	2:56:58
380	77	Burke	Sean		M	V50	1:54:03	1:04:18	2:58:40	2:58:21
381	285	Enright	Sean	St Brigids AC	M	V 40	1:52:31	1:05:44	2:58:56	2:58:14
382	153	Collins	Robert		M	Sen	1:52:27	1:04:51	2:58:58	2:57:19
383	388	Hanlon	Cormac		M	Sen	1:52:47	1:05:17	2:59:12	2:58:04
384	903	Tierman	Mary	Roscommon Harriers	F	V 40	1:58:25	0:59:42	2:59:18	2:58:08
385	202	De Courcey	Andrea		F	Sen	1:54:40	1:03:07	2:59:25	2:57:47
386	9	Buckley	Chris	Peak Performance Nutrition	M	V40	1:56:32	1:02:45	2:59:36	2:59:18
387	169	Cooling	Emma	Pulse Tri Club	F	V 40	2:01:46	0:57:45	2:59:37	2:59:30
388	784	O'Toole	Catriona	Donadea RC	F	Sen	1:56:07	1:02:39	2:59:39	2:58:46
389	922	Walsh	Mark		M	Sen	1:58:38	0:59:57	2:59:41	2:58:35
390	820	Reilly	Kevin		M	Sen	1:59:58	0:57:43	3:00:08	2:57:42
391	313	Fitzpatrick	Noel		M	V 40	1:59:58	0:57:45	3:00:10	2:57:43
392	8	O'Brien	Bernie	Peak Performance Nutrition	F	Sen	1:56:47	1:01:42	3:00:12	2:58:29
393	342	Galvin	Shane	Galway Tri Club	M	Sen	1:57:41	1:00:16	3:00:20	2:57:56
394	354	Gilroy	Celine		F	V 40	1:56:23	1:02:15	3:00:24	2:58:38
395	238	Downey	Patrick	RSP	M	Sen	1:56:49	1:03:41	3:00:32	3:00:30
396	247	Driver	Paul		M	V 40	1:59:21	0:59:05	3:00:33	2:58:26
397	420	Horgan	Darren		M	Sen	1:59:21	0:59:06	3:00:34	2:58:27
398	763	O'Flóinn	Cormac		M	Sen	1:38:41	1:22:00	3:00:43	3:00:41
399	374	GREENE	RICHARD	MOATE ATHLONE RUNNING GROUP	M	Sen	1:54:50	1:03:51	3:00:43	2:58:41
400	927	Walshe	John	KTC	M	V 40	1:55:33	1:04:09	3:00:49	2:59:41
401	196	Cusack	Margaret		F	Sen	1:54:21	1:04:05	3:00:49	2:58:26
402	693	Naughton	Stephen		M	V50	1:58:08	1:00:27	3:00:53	2:58:35
403	731	O'Neill	Jason	Tinahely Tri Club	M	Sen	1:49:19	1:10:25	3:00:56	2:59:44
404	263	Dunne	Joe		M	V 40	2:00:47	0:59:08	3:00:59	2:59:55
405	223	Dixon	Paul		M	V50	1:54:45	1:05:57	3:01:11	3:00:42
406	834	Ronayne	Frank		M	Sen	1:52:00	1:09:13	3:01:17	3:01:13
407	546	McCarthy	Elaine		F	Sen	2:00:40	0:59:34	3:01:28	3:00:14
408	415	HODGINS	KAREN		F	V 40	1:54:59	1:05:52	3:01:29	3:00:52
409	358	Gooding	Dave		M	Sen	1:59:17	1:00:38	3:01:39	2:59:55
410	132	Clarke	Aoife		F	Sen	2:01:13	0:58:36	3:01:51	2:59:49
411	557	McCaffrey	Gerard	North East Runners	M	V 40	2:06:14	0:55:39	3:01:53	2:59:00
412	322	Foley	Sinead	Athy Tri club	F	Sen	2:00:47	1:00:04	3:01:56	3:00:51
413	953	Maguire	Ciara		F		1:59:45	1:00:10	3:01:57	2:59:55

414	271	Durkan	Siobhan		F	Sen	2:00:07	1:00:09	3:01:59	3:00:16
415	162	Connolly	Des		M	V60	1:58:21	1:03:00	3:02:08	3:01:21
416	550	Mc Loughlin	Helen		F	V 40	2:01:00	0:59:53	3:02:20	3:00:53
417	437	Jones	Orla		F	Sen	2:03:48	0:57:46	3:02:21	3:01:34
418	846	Ryan	Catherine		F	Sen	1:59:56	1:00:40	3:02:23	3:00:37
419	560	Mccarron	Louise	Donadea RC	F	Sen	1:59:28	1:01:25	3:02:26	3:00:53
420	945	Wynne	Peter	JustRuns	M	V 40	1:57:41	1:03:37	3:02:38	3:01:18
421	555	McCabe	Philip		M	V50	1:57:41	1:03:00	3:02:44	3:00:41
422	193	Curran	Melissa		F	Sen	1:57:59	1:04:14	3:02:51	3:02:13
423	813	Quinn	Trevor		M	Sen	1:52:50	1:09:11	3:03:09	3:02:01
424	70	Buggy	Sharon	St Abbans	F	V 40	2:04:40	0:58:34	3:03:14	3:03:14
425	442	Keane	Anthony		M	V50	1:57:12	1:05:48	3:03:33	3:03:00
426	860	Seery	David	Flatline Half	M	Sen	2:02:13	1:00:36	3:03:37	3:02:49
427	907	Tobin	Martin	European Running Pack	M	V50	2:03:06	0:58:17	3:03:37	3:01:22
428	831	Roche	Thomas		M	V 40	2:01:19	1:00:24	3:03:38	3:01:42
429	838	Ross	Richard	Athlone Tri Club	M	V 40	2:01:15	1:00:39	3:03:40	3:01:54
430	143	Cody	Tom		M	Sen	1:49:12	1:14:00	3:03:43	3:03:11
431	911	Travers	DÁ'nal	Balbriggan Roadrunners	M	Sen	2:02:48	1:00:13	3:03:44	3:03:01
432	913	Tully	Dee		F	Sen	1:55:58	1:07:23	3:03:50	3:03:21
433	601	McLaughlin	Lou	Clones AC	F	Sen	2:01:06	1:01:13	3:03:55	3:02:19
434	306	Finnegan	Barry		M	V 40	2:01:43	1:00:27	3:03:56	3:02:10
435	108	Campion	Trish	Moyne AC	F	Sen	1:59:22	1:03:01	3:03:58	3:02:22
436	152	Collins	Pat		M	V 40	2:00:31	1:02:22	3:03:59	3:02:53
437	118	Carter	Kathy		F	V 40	2:00:52	1:00:58	3:04:04	3:01:50
438	329	Foster	patrick		M	Sen	1:58:21	1:04:57	3:04:06	3:03:18
439	610	McMorrow	Enda	Sportsworld	M	V50	2:00:41	1:01:44	3:04:11	3:02:26
440	891	Smith	Sean		M	Sen	1:54:23	1:09:29	3:04:13	3:03:53
441	423	Howlin	Des		M	Sen	2:01:16	1:01:20	3:04:21	3:02:36
442	858	Scott	Deirdre	Kilkenny City Harriers	F	V 40	2:01:41	1:00:32	3:04:24	3:02:13
443	194	Currid	Carol		F	V 40	1:54:15	1:10:10	3:04:25	3:04:25
444	339	Gallagher	Jenny		F	V 40	1:51:18	1:10:46	3:04:29	3:02:04
445	20	Bane	Fiona	Crusaders AC	F	Sen	2:01:03	1:01:49	3:04:30	3:02:52
446	759	O'Connor	Trevor		M	Sen	1:56:41	1:06:36	3:04:32	3:03:17
447	668	Murphy	Bregeen		F	V 40	2:01:40	1:00:42	3:04:33	3:02:21
448	365	Grady	Lorraine		F	V 40	1:57:30	1:06:36	3:04:37	3:04:06
449	893	Snee	Emma jane	St. Cocas	F	Sen	2:01:15	1:01:29	3:04:44	3:02:43
450	570	Mcdonagh	Justin	Mayo AC	M	V 40	1:56:03	1:07:53	3:04:45	3:03:56
451	708	O Brien	Anne-Marie	St. Coca's	F	Sen	2:01:14	1:01:43	3:04:58	3:02:57
452	407	Henebry	Irene		F	V 40	2:01:41	1:01:05	3:05:01	3:02:46
453	95	Byrne	Una	KCH	F	V 40	2:01:42	1:01:06	3:05:02	3:02:49
454	81	Burns	Joya	KCH	F	Sen	2:01:38	1:01:10	3:05:03	3:02:48
455	942	Wormald	Richie		M	Sen	1:58:09	1:05:16	3:05:05	3:03:25
456	290	Farragher	Rachel		F	V 40	1:59:35	1:04:01	3:05:15	3:03:36
457	718	O donoghue	John	ballintotis fit4life	M	V50	1:54:25	1:10:15	3:05:16	3:04:40
458	452	Kehoe	Laura		F	Sen	1:58:05	1:06:30	3:05:26	3:04:35
459	104	Campbell	Ken	Ballinasloe Road Runners	M	V 40	1:56:43	1:06:55	3:05:38	3:03:39
460	305	Finn	Kevin	Ballinasloe Road Runners	M	Sen	1:56:42	1:06:56	3:05:39	3:03:38
461	815	Rasmussen	Brian		M	V50	2:01:22	1:02:59	3:06:00	3:04:21
462	952	Fairbanks	Joyce		F		1:59:49	1:04:12	3:06:03	3:04:00
463	502	Lee	Peter		M	V 40	2:03:39	1:00:17	3:06:08	3:03:57
464	746	O'Brien	Liam		M	Sen	1:55:42	1:08:46	3:06:24	3:04:28
465	811	Quinn	Lisa	Brendans Running Club	F	Sen	2:03:02	1:01:15	3:06:27	3:04:17
466	920	Walsh	Derek	Coral Runners	M	V 40	1:58:28	1:05:40	3:06:37	3:04:08
467	438	Judge	Alan		M	Sen	2:00:52	1:04:44	3:06:37	3:05:37
468	46	Bradley	David		M	Sen	2:03:13	1:01:45	3:06:39	3:04:58
469	408	Hennessy	Patrick		M	V 40		3:06:45	3:06:45	3:06:45
470	721	O' Dowd	Denise		F	V 40	2:06:06	0:58:32	3:06:51	3:04:38
471	783	OSullivan	Gillian		F	Sen	2:03:03	1:01:45	3:06:56	3:04:48
472	596	McKiernan	Colin		M	Sen	1:59:02	1:07:20	3:07:04	3:06:22
473	476	Killion	John		M	Sen	2:01:46	1:04:03	3:07:12	3:05:49
474	748	O'Carroll	Brendan	West Limerick AC	M	Sen	2:03:34	1:01:34	3:07:16	3:05:08
475	641	Moloney	Susan		F	Sen	2:00:35	1:05:06	3:07:22	3:05:41
476	803	Power	Mark		M	Sen	2:00:52	1:05:29	3:07:22	3:06:21
477	244	Doyle	Frank	Longford AC	M	Sen	2:03:16	1:02:01	3:07:26	3:05:17
478	785	O'Toole	Rory		M	V50	2:00:46	1:04:54	3:07:26	3:05:40
479	19	Balfe	Kevin		M	V 40	1:54:49	1:10:37	3:07:29	3:05:26
480	890	Smith	Paul	Drogheda Triathlon Club	M	Sen	1:58:37	1:08:21	3:07:41	3:06:58
481	506	Liela	Kristina		F	Sen	2:02:00	1:05:06	3:07:54	3:07:06
482	195	Cusack	John		M	Sen	1:55:48	1:09:44	3:07:57	3:05:32
483	112	Carr	Martina	Galway City Harriers	F	V 40	2:03:18	1:03:09	3:07:58	3:06:27
484	643	Montgomery	Lorraine		F	Sen	1:59:07	1:08:16	3:08:02	3:07:23
485	470	Keogh	Lisa	JustRuns	F	Sen	2:04:29	1:03:20	3:08:03	3:07:49
486	749	O'Connell	Finn		M	V 40	1:58:42	1:08:24	3:08:04	3:07:06
487	121	Casey	Ian		M	V 40	1:58:42	1:08:23	3:08:05	3:07:05
488	55	Brennan	Carol	St Abbans	F	Sen	2:03:47	1:03:32	3:08:06	3:07:19
489	678	Murphy	T		F	V 40	2:03:38	1:02:28	3:08:10	3:06:06
490	292	Farrell	Damien		M	Sen	2:04:59	1:01:40	3:08:14	3:06:39
491	566	McCormick	John	Dunshaughlin AC	M	V50	1:51:26	1:16:38	3:08:16	3:08:04
492	478	King	Basil		M	Sen	2:01:16	1:06:25	3:08:18	3:07:41
493	469	Keogh	Lisa	JustRuns	F	V 40	2:04:33	1:03:35	3:08:22	3:08:08
494	101	Campbell	Andrea	Balbriggan and District AC	F	V 40	2:02:49	1:04:55	3:08:25	3:07:45
495	299	Fay	Sam		F	V 40	2:01:39	1:04:59	3:08:28	3:06:38
496	356	GLEESON	SUSAN	DULEEK & DISTRICT AC	F	V 40	2:01:54	1:05:21	3:08:30	3:07:14

497	360	Gorman	Claire		F	Sen	2:03:24	1:02:46	3:08:32	3:06:10
498	459	Kelly	Mark		M	Sen	2:03:26	1:02:45	3:08:32	3:06:11
499	472	Keogh	Sinead		F	Sen	2:03:40	1:03:08	3:08:37	3:06:49
500	139	Clery	Gerard		M	V 40	1:53:28	1:14:55	3:08:51	3:08:23
501	859	Scully	Aishling	DULEEK & DISTRICT AC	F	Sen	2:04:02	1:03:35	3:08:52	3:07:37
502	511	Lynch	Helen	DULEEK & DISTRICT AC	F	Sen	2:04:01	1:03:38	3:08:54	3:07:39
503	663	MULDOON	EDELE		F	Sen	2:03:51	1:02:56	3:09:02	3:06:47
504	553	Mcaleer	Terri	knockmany runners	F	Sen	2:03:52	1:02:56	3:09:02	3:06:48
505	444	Keane	Louise		F	Sen	2:00:34	1:06:17	3:09:04	3:06:51
506	412	Hickey	Wendy	Portmarnock AC	F	Sen	2:03:08	1:04:20	3:09:13	3:07:28
507	695	Neilan	Sinead	Roscommon Harriers	F	Sen	2:05:24	1:01:27	3:09:14	3:06:50
508	350	Gilleran	Anne		F	Sen	2:05:22	1:01:29	3:09:14	3:06:52
509	885	Smith	Gerry		M	V50	1:58:28	1:09:16	3:09:48	3:07:44
510	840	Rowan	Seamus		M	V 40	1:59:10	1:08:32	3:09:50	3:07:42
511	910	Towey	Eamon	O'connor's Bar	M	Sen	2:03:25	1:04:07	3:09:54	3:07:32
512	106	Campbell	Raechel		F	Sen	2:05:08	1:02:38	3:10:01	3:07:46
513	674	Murphy	Martin	St Brigids AC	M	V 40	2:06:00	1:02:16	3:10:03	3:08:17
514	320	Flynn	Michael		M	Sen	2:04:29	1:04:02	3:10:19	3:08:31
515	321	Flynn	Ronan		M	Sen	2:04:11	1:04:18	3:10:19	3:08:29
516	446	Keating	Derek		M	V 40	2:03:55	1:04:31	3:10:27	3:08:27
517	948	Young	Rose	Sligo Ac	F	V60	2:01:51	1:08:22	3:10:46	3:10:13
518	536	Matthews	Shona	Longford AC	F	Sen	2:03:07	1:05:23	3:10:48	3:08:30
519	591	McIntyre	Anne	Donadea RC	F	V50	2:05:20	1:04:33	3:10:50	3:09:53
520	427	Hurley	Karen	Donadea RC	F	Sen	2:05:21	1:04:33	3:10:51	3:09:54
521	261	Duke	Breda	Craughwell	F	V 40	2:04:12	1:04:54	3:10:55	3:09:06
522	167	Cooke	Fiona		F	V 40	1:59:56	1:09:27	3:10:57	3:09:23
523	383	Hall	Barry	Longford Tri club	M	Sen	2:03:14	1:05:38	3:11:01	3:08:51
524	327	Forde	Pat		M	Sen	2:06:14	1:03:08	3:11:08	3:09:22
525	597	McKiernan	Elaine		F	Sen	1:56:49	1:13:57	3:11:23	3:10:46
526	80	Burns	Andrea	SIÁ- Cualann	F	V 40	2:06:09	1:03:32	3:11:24	3:09:41
527	954	Hynes	Emer		F	Sen	2:06:09	1:03:39	3:11:31	3:09:48
528	366	Grady	Marie		F	Sen	2:04:02	1:05:52	3:11:35	3:09:53
529	532	Mason	Sean	Marathon Club Ireland	M	V 40	1:59:26	1:10:32	3:11:37	3:09:58
530	391	Harford	Dara Ann		F	Sen	2:12:28	0:57:19	3:11:37	3:09:47
531	237	Dowling	Maree		F	V50	2:12:28	0:57:20	3:11:38	3:09:48
532	592	Mckenna	John	Maurice Looby Fitness	M	Sen	2:04:46	1:06:17	3:11:41	3:11:03
533	325	Forbes	Fleur		F	V 40	2:04:48	1:06:16	3:11:42	3:11:04
534	377	Grogan	Pat		M	V 40	2:04:21	1:05:57	3:11:47	3:10:18
535	78	Burke	Veronica	Swinford AC	F	V 40	2:04:51	1:04:55	3:12:03	3:09:46
536	90	Byrne	Killian	Belpark Triathlon	M	V 40	2:05:54	1:04:15	3:12:04	3:10:09
537	53	Breheeny	Colin		M	Sen	2:06:20	1:03:45	3:12:04	3:10:04
538	404	Hegarty	Gillian	Adrenaline Running	F	V 40	2:05:25	1:05:50	3:12:04	3:11:15
539	631	Millington	Jann	#RSP	F	V 40	2:02:49	1:07:14	3:12:08	3:10:03
540	109	Canning	Diarmuid		M	V 40	2:02:49	1:07:15	3:12:10	3:10:04
541	505	Levins	Thomas	Balbriggan and District AC	M	V50	2:02:53	1:08:34	3:12:10	3:11:27
542	756	O'Connor	Richard		M	Sen	2:05:48	1:04:10	3:12:11	3:09:58
543	265	Dunne	Olwyn	Crusaders AC	F	V 40	2:06:19	1:04:11	3:12:12	3:10:30
544	568	Mcdaid	Danny		M	V 40	2:04:43	1:05:37	3:12:13	3:10:20
545	97	Caher	Shane	Ballina AC	M	V 40	2:01:29	1:09:36	3:12:14	3:11:05
546	364	Grady	Eileen	Liffey Valley AC	F	Sen	2:04:01	1:06:33	3:12:16	3:10:33
547	795	Picking	James	Trim AC	M	Sen	2:05:05	1:05:13	3:12:20	3:10:18
548	899	Sweeney	Mark	Just Runs	M	V 40	2:06:24	1:04:04	3:12:23	3:10:28
549	901	Sweeney	Sharon	JustRuns	F	V 40	2:06:24	1:04:13	3:12:31	3:10:37
550	794	Petticrew	Kerri	Blackrock AC	F	V 40	2:05:08	1:05:29	3:12:34	3:10:37
551	534	Masterson	Stacy		F	Sen	2:04:22	1:07:05	3:12:35	3:11:27
552	226	Dolan	Colm		M	V 40	2:02:36	1:07:50	3:12:37	3:10:26
553	79	Burke	William		M	Sen	2:02:34	1:07:53	3:12:38	3:10:27
554	27	Beades	Yvonne	Roscommon Harriers	F	V 40	2:07:05	1:03:09	3:12:39	3:10:14
555	361	Gough	Billy	Maurice Looby Fitness	M	Sen	2:04:49	1:07:26	3:12:54	3:12:15
556	866	Sharkey	Brendan		M	Sen	2:05:34	1:06:18	3:12:55	3:11:53
557	832	Rock	Denise		F	Sen	2:05:35	1:06:19	3:12:55	3:11:54
558	278	Egan	Grace	Le Cheile	F	Sen	2:05:57	1:05:03	3:12:56	3:11:01
559	943	Wormald	Robert		M	Sen	2:04:15	1:07:20	3:13:16	3:11:35
560	716	O'Donnell	Crevan	AIT AC	M	V 40	2:05:01	1:08:17	3:13:18	3:13:18
561	839	Ross Innes	Angela	Sli Cualann	F	Sen	2:09:16	1:01:49	3:13:22	3:11:05
562	847	Ryan	David		M	Sen	2:05:50	1:05:42	3:13:35	3:11:32
563	212	Dennehy	Gillian		F	V50	2:07:16	1:04:35	3:13:38	3:11:51
564	835	Rooney	Alison	Ennis Tri Club	F	V 40	2:04:50	1:07:15	3:13:38	3:12:05
565	578	McFadden	Eamonn	Garda AC	M	Sen	2:03:51	1:09:09	3:13:48	3:13:00
566	486	Kis	BeAíta	ActivMultisport	F	Sen	2:06:33	1:06:39	3:13:58	3:13:13
567	63	Broderick	Dave	Activ Multisport	M	V 40	2:06:34	1:06:39	3:13:58	3:13:13
568	455	Kelly	Ciaran		M	V 40	2:06:14	1:06:09	3:13:58	3:12:23
569	572	McDonald	Deirdre	Clones AC	F	Sen	2:01:11	1:11:13	3:13:59	3:12:23
570	217	Devine	Paul		M	Sen	2:09:37	1:03:24	3:14:04	3:13:01
571	681	Murphy	Valerie		F	Sen	2:03:27	1:08:18	3:14:04	3:11:45
572	829	Roche	Judith	Loughrea AC	F	V60	2:04:10	1:09:33	3:14:18	3:13:43
573	926	Walsh	Tracey	Brendans Running Club	F	Sen	2:06:12	1:06:13	3:14:27	3:12:26
574	291	Farrell	Caroline	Adrenaline Running	F	V 40	2:05:27	1:08:31	3:14:46	3:13:58
575	806	Quigley	Sharon		F	Sen	2:04:04	1:09:12	3:14:55	3:13:16
576	370	Greene	Helen		F	V 40	2:08:16	1:06:44	3:14:59	3:14:59
577	330	Fox	Geraldine	Birr AC	F	V 40	2:06:00	1:07:56	3:15:09	3:13:56
578	431	Irwin	Amanda	AIT AC	F	V50	2:07:41	1:06:13	3:15:16	3:13:55
579	902	Tiedeken	Erin Jo		F	Sen	2:07:41	1:06:14	3:15:17	3:13:55

580	154	Colton	Pauline	NFFC	F	V50	2:07:15	1:06:22	3:15:27	3:13:37
581	808	Quinlivan	Colette	Ennis Tri Club	F	V 40	2:04:50	1:09:11	3:15:34	3:14:01
582	622	Meany	Laura		F	Sen	2:04:54	1:09:29	3:15:45	3:14:23
583	624	Meehan	Damien		M	Sen	2:09:42	1:05:07	3:15:52	3:14:49
584	61	Brennan	William		M	V 40	2:02:15	1:11:52	3:15:52	3:14:07
585	418	Honan	Tom		M	V 40	2:08:20	1:05:47	3:15:55	3:14:07
586	228	Dolan	Joan	Roscommon Harriers	F	V 40	2:07:06	1:06:26	3:15:55	3:13:32
587	45	Bracken	Sinead		F	V 40	2:09:06	1:04:55	3:16:10	3:14:01
588	406	Hegarty	Sinead	Moate Athlone Running Group	F	V 40	2:09:06	1:04:56	3:16:11	3:14:02
589	589	Mchugh	Deirdre		F	V 40	2:08:19	1:06:26	3:16:32	3:14:44
590	854	Ryan	Seamus		M	Sen	2:06:07	1:08:43	3:16:36	3:14:50
591	155	Comey	Brian		M	Sen	2:06:02	1:08:32	3:16:38	3:14:34
592	353	Gilman	Helen	fit4life Kilkenny	F	Sen	2:09:55	1:04:40	3:16:40	3:14:35
593	38	Boland	Brendan	Ballinasloe Road Runners	M	Sen	1:57:58	1:16:51	3:16:51	3:14:49
594	522	Maheer	Fiona		F	V 40	2:09:11	1:06:27	3:16:53	3:15:38
595	617	McNicholas	Colette		F	V 40	2:09:23	1:05:32	3:16:56	3:14:55
596	941	Woods	Caitlin	Swinford AC	F	V 40	2:07:51	1:06:49	3:16:57	3:14:40
597	618	McNicholas	Richard		M	V 40	2:09:22	1:05:33	3:16:57	3:14:54
598	279	Egan	James		M	V 40	2:05:21	1:09:59	3:17:12	3:15:20
599	130	Claffey	David	Ballinasloe Road Runners	M	V 40	2:09:24	1:05:54	3:17:19	3:15:18
600	604	McMahon	Dave		M	Sen	1:54:12	1:21:27	3:17:20	3:15:38
601	456	Kelly	Daragh		M	V 40	2:03:08	1:12:33	3:17:21	3:15:41
602	371	Greene	JUDY		F	V 40	2:05:23	1:11:07	3:17:28	3:16:30
603	39	Boland	Roisin	Roscommon Harriers	F	Sen	2:07:06	1:07:59	3:17:30	3:15:05
604	527	Maloney	helene Yolande		F	Sen	2:08:18	1:07:41	3:18:06	3:15:59
605	182	Cribbin	Philip	Clare River Harriers	M	V60	2:05:56	1:10:23	3:18:11	3:16:19
606	399	Hayes	Serena		F	Sen	2:10:14	1:05:52	3:18:12	3:16:06
607	827	Reynolds	Terry		M	V 40	2:00:00	1:18:20	3:18:29	3:18:20
608	220	Dinneen	Jason		M	Sen	2:03:27	1:13:10	3:18:57	3:16:36
609	947	Yeates	Colm	Tyrrellspass up and running	M	V 40	2:00:43	1:17:20	3:19:13	3:18:03
610	71	Bunce	Jonathan	Piranha Tri	M	V 40	2:06:20	1:10:48	3:19:18	3:17:08
611	904	Timmins	Monica	Dun Laoghaire Pier Runners	F	V50	2:09:56	1:08:43	3:19:25	3:18:40
612	273	Edwards	Gerry	Kilcoole AC	M	V 40	2:06:18	1:11:25	3:19:25	3:17:44
613	352	Gilligan	Suzanne		F	Sen	2:07:19	1:10:17	3:19:28	3:17:36
614	17	Antweiler	Kathrin	Tuam AC	F	Sen	2:06:46	1:11:09	3:19:29	3:17:55
615	710	O Brien	Darragh		M	Sen	2:06:01	1:11:42	3:19:30	3:17:44
616	685	Murray	Laura	Donore Harriers	F	Sen	2:12:11	1:06:52	3:19:33	3:19:03
617	316	Flanagan	Matt	Naomh Mhuire Daingean	M	V 40	2:00:22	1:17:42	3:19:36	3:18:04
618	468	Keogan	Miriam	Bohermeen AC	F	Sen	2:11:13	1:06:16	3:19:45	3:17:29
619	543	Mc Auliffe	Sean	Speer Performance	M	V 40	2:07:18	1:12:15	3:19:51	3:19:32
620	646	Mooney	Rodger		M	Sen	2:11:52	1:07:07	3:20:04	3:18:59
621	480	Kinkade	Mervyn		M	Sen	2:01:00	1:18:42	3:20:04	3:19:42
622	293	Farrell	Denis	Meath Fitness	M	Sen	2:05:08	1:12:54	3:20:05	3:18:02
623	652	Moran	Blaithin	Garda AC	F	V 40	2:12:23	1:06:19	3:20:11	3:18:42
624	628	Messitt Mc Cormick	Claire	T2R	M	V 40	2:10:40	1:09:04	3:20:16	3:19:44
625	47	Bradshaw	Sharon	T2R	M	V 40	2:10:41	1:09:06	3:20:18	3:19:47
626	734	O Rourke	Catherine	Tinahely Tri Club	F	Sen	2:11:02	1:06:55	3:20:23	3:17:57
627	541	Mc allen	Colm		M	Sen	2:02:32	1:18:03	3:20:46	3:20:35
628	876	Sherlock	Martin	AIT AC	M	Sen	2:07:43	1:11:43	3:20:50	3:19:26
629	717	O'Donnell	Mags	AIT AC	F	V 40	2:07:45	1:11:46	3:20:52	3:19:30
630	658	Morris	Aine	Sloggers to joggers	F	Sen	2:08:45	1:10:30	3:21:09	3:19:16
631	950	Zambrano	Ivens	Naturaleza Urbana	M	Sen	2:10:10	1:08:58	3:21:33	3:19:08
632	864	Shanaghy	Conor		M	Sen	2:07:07	1:12:31	3:21:34	3:19:38
633	520	Madden	Hilary	Dunboyne AC	F	V 40	2:10:54	1:08:47	3:21:41	3:19:41
634	582	McGovern	Seamus	Dunboyne AC	M	V 40	2:10:57	1:08:46	3:21:41	3:19:43
635	227	Dolan	David	Dunboyne AC	M	Sen	2:10:55	1:08:47	3:21:42	3:19:43
636	52	Brannigan	Jackie	Dunboyne AC	F	V 40	2:10:55	1:08:49	3:21:42	3:19:43
637	184	Cullen	James		M	V 40	2:05:02	1:16:07	3:21:52	3:21:09
638	428	Hyland	Rachel	RSP	F	Sen	2:11:26	1:08:37	3:21:54	3:20:03
639	711	O'Brien	Darren		M	Sen	2:04:55	1:15:19	3:21:54	3:20:14
640	218	Bourke	Joe		M	V 40	2:04:15	1:16:28	3:22:28	3:20:43
641	516	Macken	Michael		M	Sen	2:06:20	1:13:56	3:22:29	3:20:17
642	705	Nulty	Craig	Balbriggan and District AC	M	Sen	2:03:15	1:18:41	3:22:37	3:21:56
643	88	Byrne	Deirdre		F	Sen	2:11:02	1:09:49	3:23:16	3:20:51
644	632	Mills	Mark		M	Sen	2:13:55	1:09:30	3:23:25	3:23:25
645	863	Sexton	Sandra	JustRuns	F	V 40	2:07:31	1:15:28	3:23:50	3:22:59
646	94	Byrne	Niamh	Donadea RC	F	Sen	2:14:22	1:08:09	3:24:20	3:22:31
647	739	O'Brien	Brian		M	Sen	2:08:30	1:13:39	3:24:21	3:22:09
648	385	Halligan	Shane		M	Sen	2:11:15	1:11:18	3:24:24	3:22:32
649	799	Powell	Lorraine	Donadea RC	F	Sen	2:14:22	1:08:20	3:24:31	3:22:42
650	141	Clohoosey	Anita		F	V 40	2:12:30	1:09:53	3:24:38	3:22:23
651	40	Bowes	Mark		M	V 40	2:12:33	1:09:54	3:24:40	3:22:27
652	187	Cullinane	Brenda		F	V 40	2:12:32	1:09:54	3:24:40	3:22:27
653	579	McGinn	Michelle		F	V 40	2:11:45	1:11:01	3:24:46	3:22:46
654	424	Hoyne	Bill		M	V50	2:11:44	1:11:06	3:24:49	3:22:49
655	14	Alford	Dean	TRX Insanity	M	Sen	2:05:54	1:17:51	3:25:25	3:23:46
656	160	Connaughton	Niall	Pulse Tri Club	M	Sen	2:05:54	1:17:52	3:25:27	3:23:46
657	245	Doyle	James		M	Sen	2:02:22	1:21:52	3:25:29	3:24:14
658	405	Hegarty	Laura	RSP	F	Sen	2:12:06	1:11:43	3:25:42	3:23:49
659	598	McKillen	Siobhan		F	Sen	2:05:04	1:20:01	3:25:54	3:25:05
660	331	Freeney	Caroline	Athenry AC	F	Sen	2:13:41	1:10:52	3:26:01	3:24:33
661	849	Ryan	Gregory	Penang Pirates	M	V 40	2:07:02	1:17:02	3:26:09	3:24:05
662	400	Healy	Melissa	Ballinasloe Road Runners	F	Sen	2:10:15	1:14:08	3:26:24	3:24:23

663	336	Gacquin	Gary	Ballinasloe Road Runners	M	Jnr	2:10:16	1:14:10	3:26:25	3:24:25
664	363	Grace	Mandy		F	V 40	2:10:14	1:15:07	3:27:14	3:25:21
665	576	McElroy	Owen		M	Sen	2:03:03	1:22:49	3:27:36	3:25:52
666	251	Duane	Gavin		M	Sen	2:09:50	1:16:14	3:27:49	3:26:04
667	647	Moore	Alan	Dundrum South Dublin	M	V50	2:13:56	1:12:08	3:27:52	3:26:04
668	264	Dunne	Joseph	Crusaders AC	M	V 40	2:06:35	1:19:34	3:27:52	3:26:08
669	266	Dunne	Philip	Athlone Tri Club	M	V50	2:14:57	1:10:38	3:27:53	3:25:35
670	867	Sharkey	Clare	RSP	F	V50	2:10:41	1:16:08	3:27:57	3:26:49
671	732	O'Neill	Audrey	#RSP	F	V 40	2:13:22	1:13:09	3:28:22	3:26:31
672	727	O'keane	Derek		M	Sen	2:13:24	1:13:08	3:28:23	3:26:32
673	774	O'Neill	Eimear	Waterstown Warriors	F	Sen	2:17:51	1:08:32	3:28:23	3:26:23
674	307	Finneran	James	RSP	M	Sen	2:13:24	1:13:08	3:28:23	3:26:33
675	823	Reinhardt	Sinead		F	V 40	2:10:07	1:16:05	3:28:23	3:26:11
676	897	Stevenson	Michael		M	V 40	2:13:51	1:12:41	3:28:28	3:26:32
677	533	Masterson	Andy	Birr AC	M	V50	1:59:01	1:29:14	3:28:45	3:28:15
678	174	Costello	Robert	Drogheda & District AC	M	Sen	2:25:45	1:02:11	3:28:49	3:27:56
679	229	Donnellan	Noel		M	V 40	2:09:55	1:16:59	3:28:57	3:26:54
680	723	O Gorman	Denis	Galway Tri Club	M	Sen	2:12:07	1:15:21	3:29:21	3:27:28
681	18	Baily	Darren		M	Sen	2:06:04	1:21:05	3:29:30	3:27:09
682	387	Hamilton	Teresa	Club Active Navan	F	V 40	2:17:40	1:09:45	3:29:33	3:27:25
683	510	Lynagh Curry	Sharon		F	V 40	2:17:41	1:09:46	3:29:35	3:27:27
684	64	Broderick	Liz	Athenry AC	F	V50	2:10:33	1:17:32	3:29:36	3:28:05
685	679	Murphy	Teresa		F	Sen	2:16:38	1:10:48	3:29:43	3:27:26
686	186	Culleton	Darren		M	Sen	2:14:39	1:14:18	3:29:53	3:28:57
687	98	Cahill	Mary	sloggers2joggers	F	V50	2:13:44	1:14:17	3:29:53	3:28:01
688	248	Drumm	John		M	V60	2:13:33	1:14:18	3:29:53	3:27:50
689	841	Rowden	Linda		F	V 40	2:11:53	1:16:46	3:30:39	3:28:39
690	671	Murphy	Lauren		F	Sen	2:13:42	1:14:53	3:30:47	3:28:35
691	651	Moorhouse	Alison		F	Sen	2:13:41	1:14:53	3:30:47	3:28:35
692	44	Boyle	Shane	Dunshaughlin AC	M	V 40		3:30:57	3:30:57	3:30:57
693	667	Murphy	Aileen	sloggers to joggers	F	Sen	2:16:33	1:12:40	3:31:04	3:29:13
694	816	Redahan	Aidan		M	V 40	2:17:08	1:11:38	3:31:12	3:28:46
695	382	hackett	Niall		M	Sen	2:15:48	1:13:12	3:31:19	3:28:59
696	833	Rogers	Ciaran		M	Sen	2:01:22	1:28:02	3:31:20	3:29:24
697	609	McMenamy	Ciara	Barnaderg Road Runners	F	Sen	2:12:25	1:17:56	3:31:53	3:30:21
698	91	Byrne	Lisa	Brendans Running Club	F	V 40	2:14:21	1:15:33	3:31:56	3:29:54
699	146	Coleman	Esther		F	Sen	2:14:45	1:15:33	3:31:57	3:30:19
700	395	Harris	Christopher		M	Sen	2:06:22	1:23:40	3:32:05	3:30:03
701	765	O'Gara	Helen		F	Sen	2:19:23	1:10:56	3:32:29	3:30:19
702	111	Carolan	Marie	Donadea RC	F	V 40	2:15:25	1:15:27	3:32:42	3:30:52
703	792	Perle	Christine	Bohermeen AC	F	V 40	2:19:34	1:11:29	3:32:43	3:31:04
704	644	Montgomery	Marie	Athenry AC	F	Sen	2:19:34	1:11:31	3:32:45	3:31:05
705	581	McGlew	Helen		F	Sen	2:19:13	1:11:32	3:32:47	3:30:45
706	488	Knowles-Love	Adrian		M	V 40	2:09:51	1:21:12	3:32:50	3:31:03
707	892	Smyth	John	kn group	M	V 40	2:11:09	1:21:21	3:33:18	3:32:30
708	819	Reilly	Joseph		M	V 40	2:11:46	1:19:47	3:33:19	3:31:33
709	900	Sweeney	Martin		M	Sen	2:12:30	1:19:43	3:33:44	3:32:13
710	457	Kelly	Dymphna	KCH	F	V 40	2:09:55	1:22:37	3:34:38	3:32:32
711	268	Dunne	Rosarii		F	V 40	2:19:41	1:12:50	3:34:49	3:32:31
712	235	Doran	Peter		M	V50	2:13:11	1:21:14	3:35:00	3:34:25
713	341	Galvin	Joe		M	Sen	2:20:21	1:12:58	3:35:45	3:33:19
714	76	Burke	Michelle		F	Sen	2:20:21	1:13:02	3:35:49	3:33:23
715	41	Boylan	Marcus		M	Sen	2:12:06	1:22:38	3:36:21	3:34:44
716	880	Shorten	Jen	Pulse Tri Club	F	Sen	2:17:28	1:18:31	3:37:08	3:35:59
717	635	Curry	Orla		F	Sen	2:16:25	1:19:57	3:37:34	3:36:23
718	677	Murphy	Philip	Maury Thai 42k	M	V 40	2:23:05	1:12:06	3:37:50	3:35:11
719	148	Coleman	Ronan		M	Sen	1:48:46	1:47:58	3:37:55	3:36:44
720	906	Toal	Ryan		M	Sen	1:50:08	1:46:39	3:37:58	3:36:47
721	547	Mc donnell	Samantha	DULEEK & DISTRICT AC	F	Sen	2:20:53	1:16:29	3:38:49	3:37:22
722	200	Darcy	Kate	DULEEK & DISTRICT AC	F	Sen	2:20:54	1:16:29	3:38:50	3:37:22
723	298	Farrelly	John	Donadea RC	M	V50	2:14:18	1:22:48	3:39:31	3:37:06
724	346	Gibbons	Caroline	Meath Running Group	F	Sen	2:17:08	1:21:35	3:39:39	3:38:43
725	426	Humphreys	Kevin		M	Sen	2:15:05	1:22:39	3:40:18	3:37:44
726	939	Wilson	Andrea	Balbriggan and District AC	F	Sen	2:21:58	1:17:34	3:40:18	3:39:31
727	525	Malesa	Agnes	Balbriggan and District AC	F	Sen	2:09:57	1:29:40	3:40:21	3:39:37
728	74	Burke	Donal		M	V 40	2:06:58	1:32:55	3:40:24	3:39:53
729	127	Cavanagh	Brian		M	V60	2:15:56	1:22:27	3:40:29	3:38:23
730	495	Lane	Aedeon		F	V 40	2:21:59	1:17:46	3:40:31	3:39:45
731	703	Noonan	Laura		F	Sen	2:20:39	1:18:11	3:41:15	3:38:51
732	666	Mundow	Aoife		F	Sen	2:20:39	1:18:12	3:41:16	3:38:51
733	35	Blake	John		M	V50	2:14:31	1:26:32	3:41:18	3:41:03
734	28	Beaumont	Noella		F	V 40	2:23:05	1:16:02	3:41:46	3:39:07
735	593	Mckenna	Nuala		F	Sen	2:21:14	1:18:41	3:41:59	3:39:55
736	851	Ryan	Joseph		M	Sen	2:11:19	1:28:45	3:42:05	3:40:04
737	620	Meade	Mary		F	Sen	2:20:28	1:19:29	3:42:06	3:39:57
738	462	Kelly	Nicola		F	V 40	2:19:46	1:20:12	3:42:07	3:39:58
739	102	Campbell	Annmarie		F	Sen	2:21:13	1:19:36	3:42:38	3:40:49
740	436	Jones	Dympna		F	Sen	2:21:12	1:19:37	3:42:40	3:40:49
741	754	O'Connor	John		M	Sen	2:21:12	1:19:39	3:42:42	3:40:51
742	129	Charlton	Angela		F	V 40	2:16:56	1:23:58	3:42:56	3:40:54
743	852	Ryan	Julieanne		F	V50	2:17:30	1:24:14	3:43:07	3:41:44
744	419	Hopkins	Joan	Ballinasloe Road Runners	F	Sen	2:16:35	1:24:55	3:43:31	3:41:30
745	256	Duffy	John		M	V50	2:15:39	1:25:59	3:43:35	3:41:38

746	673	Murphy	Mags		F	Sen	2:22:25	1:19:04	3:43:45	3:41:30
747	870	Shaughnessy	Rachel		F	Sen	2:21:11	1:20:39	3:44:10	3:41:51
748	294	Farrell	Michelle		F	V 40	2:17:36	1:26:31	3:44:54	3:44:07
749	558	McCann	Cathal		M	V 40	2:17:35	1:26:30	3:44:54	3:44:06
750	845	Ryan	Catherine	clonmel ac	F	Sen	2:27:59	1:15:09	3:45:06	3:43:08
751	777	O'Regan	Emily	clonmel ac	F	Sen	2:27:15	1:15:56	3:45:09	3:43:12
752	830	Roche	Siobhan	clonmel ac	F	Sen	2:27:58	1:15:13	3:45:09	3:43:11
753	477	King	Assumpta	Athenry AC	F	V 40	2:19:38	1:26:53	3:47:06	3:46:31
754	159	Connaughton	Mary	Athenry AC	F	Sen	2:25:10	1:22:25	3:48:09	3:47:36
755	762	O'Dwyer	Michael		M	V50	2:16:34	1:32:09	3:49:02	3:48:43
756	600	McLarnon	Orla		F	Sen	2:24:45	1:22:55	3:49:58	3:47:40
757	809	Quinn	Claire		F	V 40	2:25:15	1:23:40	3:51:10	3:48:54
758	552	Mc Sorley	Philomena		F	V 40	2:27:24	1:21:38	3:51:16	3:49:02
759	730	O'Neill	Aoife	Garda AC	F	Sen	2:21:44	1:29:57	3:52:18	3:51:40
760	115	Carroll	Jan	Sky Limit Fitness	F	V 40	2:27:13	1:23:17	3:52:37	3:50:30
761	672	Murphy	Lynda	Slaney Olympic	F	Sen	2:21:48	1:29:31	3:53:45	3:51:19
762	188	Cummins	Linda		F	Sen	2:22:17	1:29:56	3:53:57	3:52:13
763	775	O'Neill	John Andrew		M	V 40	2:32:36	1:20:36	3:54:16	3:53:12
764	805	Pyne	Andy		M	Sen	2:21:20	1:31:50	3:54:50	3:53:10
765	445	Keary	Barbara	RSP	F	V 40	2:27:51	1:25:02	3:55:00	3:52:54
766	661	Morrissey	Sinead	RSP	F	Sen	2:32:05	1:21:00	3:55:01	3:53:05
767	302	Ferris	Aoife		F	Sen	2:32:45	1:21:02	3:55:03	3:53:47
768	125	Cassidy	Peter		M	Sen	2:14:42	1:39:56	3:55:33	3:54:38
769	430	Hynes	Deirdre	Ennis Tri Club	F	Sen	2:33:55	1:20:42	3:56:11	3:54:37
770	475	Kiernan	Edel		F	Sen	2:33:50	1:20:47	3:56:12	3:54:37
771	586	McGraynor	Michele		F	V 40	2:34:25	1:19:55	3:56:13	3:54:20
772	675	Murphy	Mary Catherine	Why Weight Ireland	F	V 40	2:34:26	1:19:56	3:56:15	3:54:22
773	538	May	Joe		M	V 40	2:33:32	1:21:24	3:56:18	3:54:55
774	373	Greene	Marie		F	Sen	2:30:15	1:24:29	3:56:22	3:54:45
775	357	Glen	Emily		F	Sen	2:35:53	1:18:43	3:56:51	3:54:35
776	659	Morris	Hayley	Forget the Gym	F	Sen		3:56:52	3:56:52	3:56:52
777	629	michalopoulos	elias		M	V50	2:33:12	1:21:27	3:56:58	3:54:39
778	259	DUFFY	Sarah		F	V 40	2:35:54	1:18:58	3:57:08	3:54:52
779	429	Hynes	Dearbhla		F	Sen	2:31:10	1:23:08	3:57:09	3:54:18
780	490	kyne	ollie	Athenry AC	M	V 40	2:46:01	1:08:54	3:57:12	3:54:56
781	253	Dufficy	Lisa	Sloggers to Joggers	F	Sen	2:30:18	1:25:41	3:57:51	3:55:59
782	123	BARTON	NIALL		M	Sen	2:26:19	1:29:15	3:57:53	3:55:34
783	362	Goulding-Kelly	Deirdre		F	V 40	2:30:16	1:25:42	3:57:55	3:55:58
784	494	Lally	Fiona		F	Sen	2:27:34	1:28:16	3:58:15	3:55:50
785	886	Smith	JJ		M	Sen	2:16:24	1:41:43	3:59:02	3:58:06
786	824	Reynolds	Catriona		F	Sen	2:36:22	1:21:42	3:59:12	3:58:03
787	189	Cummins	Sarah		F	Sen	2:36:21	1:21:52	3:59:20	3:58:12
788	861	Seery	Olivia	Sligo AC	F	V60	2:32:35	1:25:54	3:59:39	3:58:29
789	603	McLoughlin	Sinead		F	V 40	2:33:36	1:23:33	3:59:41	3:57:09
790	736	O Sullivan	Jean		F	Sen	2:33:37	1:25:41	4:01:51	3:59:18
791	135	Clarke	Richard		M	V 40	2:27:19	1:36:10	4:04:16	4:03:29
792	275	Egan	BARBARA		F	V 40	2:40:34	1:22:59	4:05:26	4:03:33
793	508	Loonan	Sinead	Brendans Running Club	F	V 40	2:38:24	1:24:52	4:05:28	4:03:16
794	103	Campbell	Helena	Brendans Running Club	F	V 40	2:38:25	1:24:54	4:05:30	4:03:19
795	33	Birmingham	Caroline		F	Sen	2:36:50	1:26:40	4:05:43	4:03:30
796	461	Kelly	Niall	Nenagh Olympic	M	V50	2:27:20	1:39:47	4:07:53	4:07:07
797	821	Reilly	Paul		M	V 40	2:34:54	1:33:58	4:08:52	4:08:52
798	168	Cooley	Joanne	Celbridge AC	F	V 40	2:39:46	1:35:56	4:16:16	4:15:42
799	545	Mc Cann	Christine	Sli Cualann	F	V50	2:46:18	1:29:13	4:17:49	4:15:30
800	504	Leonard	Margaret		F	V60	2:31:00	1:47:45	4:18:45	4:18:45
801	772	OMara	Annette		F	V60	2:31:01	1:47:45	4:18:46	4:18:46
802	257	Duffy	Lisa		F	Sen	2:40:49	1:40:58	4:22:46	4:21:47
803	814	Rahneberg	Veronica		F	V 40	2:46:57	1:34:19	4:24:08	4:21:17
804	267	Dunne	Phyllis		F	V50	2:54:44	1:33:28	4:28:46	4:28:12
	328	Foster	Kathleen		F	Sen				DNF
	157	Conaty	Vincent		M	V 40	1:47:32			No Time
	421	Howard	Johanna		F	V 40	2:49:52			No Time
	539	Maye	Lee-Anne	Maurice Looby Fitness	F	Sen	2:04:49			No Time
	818	Reilly	Cathal	Club Active Gym	M	Sen	2:17:40			No Time
	825	Reynolds	Evonne		F	Sen				No Time