

Place	Bib	Surname	Name	Sex	Club	AG	Cat	Wave	Watersport	Own	Water	T1	Run	T2	Cycle	T3	Finish
1	246	Cosgrove	Kieran	M	Cavan Kayakrun	40+	Sport	2	Kayaking		0:19:52	0:00:26	0:34:04	0:00:36	0:39:19	0:00:32	1:34:49
1	425	O sullivan	Jerry	m		S	Sport	2	Kayaking		0:20:36	0:00:41	0:32:39	0:00:44	0:39:37	0:00:33	1:34:49
3	467	troy*	Chris	m		S	Sport	2	Kayaking		0:19:19	0:00:57	0:39:02	0:01:00	0:36:40	0:00:40	1:37:38
4	268	Evans	Derrick	M		S	Sport	2	Kayaking	Yes	0:20:48	0:00:27	0:38:01	0:00:43	0:39:13	0:00:27	1:39:39
5	227	caulfield	Jonathan	M		S	Sport	2	Kayaking	No	0:22:13	0:00:24	0:35:35	0:00:38	0:40:24	0:00:29	1:39:43
6	443	O'Sullivan	Ger	M		40+	Sport	2	Kayaking	No	0:21:01	0:00:25	0:33:51	0:00:40	0:43:16	0:00:33	1:39:47
7	258	dirrane	pat	M	TrÁ-spÁ*rt	40+	Sport	2	Kayaking	No	0:21:09	0:00:27	0:37:32	0:01:07	0:42:52	0:00:41	1:43:47
8	363	Mac Donna	Brian	M	TriSport	S	Sport	2	Kayaking	No	0:21:28	0:00:32	0:39:27	0:01:12	0:41:16	0:00:35	1:44:30
9	272	fay	andrew	M	cavan kayakarun	40+	Sport	2	Kayaking	Yes	0:21:13	0:00:34	0:41:02	0:01:13	0:39:54	0:00:36	1:44:32
10	350	lawlor	jimmy	M		40+	Sport	2	Kayaking	No	0:23:15	0:00:26	0:36:52	0:00:56	0:42:29	0:00:37	1:44:35
11	233	Conaty	Mark	M	Cavan Kayakarun	S	Sport	2	Kayaking	No	0:21:41	0:00:37	0:38:39	0:01:13	0:41:50	0:00:37	1:44:38
12	452	ROGERS	JOHN JOE	M	Cavan Kayakarun Club	40+	Sport	2	Kayaking	Yes	0:21:15	0:00:31	0:37:19	0:01:14	0:43:59	0:00:46	1:45:04
13	333	Joyce	Brian	M	TriSport	S	Sport	2	Kayaking	No	0:21:54	0:00:39	0:38:45	0:01:06	0:42:29	0:00:37	1:45:30
14	279	Fitzpatrick	John	M	Cavan Kayakarun	S	Sport	2	Kayaking	No	0:21:41	0:00:36	0:38:40	0:01:26	0:42:49	0:00:51	1:46:02
15	323	Henehan	Ger	M		40+	Sport	2	Kayaking	No	0:21:36	0:00:28	0:38:45	0:00:47	0:44:41	0:00:39	1:46:56
16	376	McAleer	Aodhan	M		S	Sport	2	Kayaking	No	0:22:19	0:00:53	0:37:17	0:00:43	0:45:26	0:00:33	1:47:11
17	256	Delaney	David	M	Western Lakes CC	40+	Sport	2	Kayaking	No	0:22:20	0:00:27	0:38:47	0:00:56	0:44:34	0:00:37	1:47:42
18	381	McCormack	Paddy	M	Piranha	S	Sport	2	Swimming		0:23:55	0:01:01	0:37:26	0:00:58	0:43:58	0:00:38	1:47:56
19	373	mc gorry	paul	M	Cavan kayakarun	S	Sport	2	Kayaking	Yes	0:21:15	0:01:09	0:39:04	0:01:24	0:47:28	0:00:36	1:50:56
20	281	fitzpatrick	michael	M	Cavan Kayakarun	40+	Sport	2	Kayaking	No	0:22:36	0:00:37	0:42:22	0:01:23	0:43:22	0:00:37	1:50:56
21	238	Connolly	Damien	M	Muckno Triathlon club	S	Sport	2	Swimming		0:22:25	0:01:22	0:42:35	0:01:10	0:44:40	0:00:43	1:52:54
22	462	sweeney	Colette	F		40+	Sport	2	Kayaking	No	0:22:00	0:00:31	0:41:30	0:01:16	0:47:04	0:00:44	1:53:05
23	358	Lubinski	Cezary	M	Liquid Motion	S	Sport	2	Kayaking	No	0:24:39	0:02:10	0:41:35	0:01:49	0:42:18	0:00:52	1:53:23
24	389	Molloy	Ben	M		S	Sport	3	Kayaking	No	0:23:47	0:00:34	0:38:22	0:00:41	0:49:44	0:00:34	1:53:42
25	392	moore	jason	M		40+	Sport	2	Kayaking	No	0:21:29	0:00:32	0:42:35	0:00:52	0:48:16	0:00:31	1:54:14
26	474	Ward	Brendan	M	Slashers AC	S	Sport	2	Kayaking	No	0:22:30	0:00:29	0:43:05	0:00:48	0:46:46	0:00:38	1:54:16
27	475	ward	Iorcan	M	Tri Muckno	S	Sport	2	Kayaking	No	0:23:08	0:01:31	0:41:38	0:02:14	0:45:11	0:00:57	1:54:40
28	336	Joyce	Paul	M		S	Sport	3	Kayaking	No	0:23:37	0:00:37	0:42:15	0:01:27	0:46:01	0:01:09	1:55:06
29	451	Rice	David	M		S	Sport	3	Kayaking	No	0:23:21	0:00:42	0:42:34	0:01:29	0:47:16	0:00:59	1:56:21
30	253	Cunniffe	Terence	M		S	Sport	3	Kayaking	No	0:24:02	0:00:36	0:41:28	0:01:03	0:49:19	0:00:36	1:57:04
31	365	Manning	Martin	M		40+	Sport	2	Swimming		0:20:11	0:01:28	0:42:51	0:01:19	0:51:08	0:00:37	1:57:35
32	239	Connolly	Declan	M	Muckno Tri Club	S	Sport	2	Swimming		0:22:50	0:01:03	0:42:28	0:01:33	0:49:09	0:00:35	1:57:39
33	484	kelly*	Michael	m		40+	Sport	2	Kayaking	No	0:24:22	0:00:26	0:42:29	0:01:13	0:48:27	0:00:43	1:57:40
34	450	rice	alan	M		S	Sport	3	Kayaking	No	0:23:20	0:00:43	0:41:59	0:02:06	0:49:02	0:00:41	1:57:52
35	257	Dineen	David	M		S	Sport	4	Swimming		0:23:04	0:01:17	0:45:12	0:00:57	0:48:08	0:00:43	1:59:22
36	243	Conroy	P.H.	M		S	Sport	3	Kayaking		0:26:45	0:00:39	0:40:10	0:02:24	0:48:45	0:00:39	1:59:22
37	286	foley	mark	M	sports world	S	Sport	2	Kayaking	No	0:22:59	0:00:32	0:46:27	0:00:49	0:48:07	0:00:31	1:59:25
38	351	Lawlor	Simon	M		S	Sport	3	Kayaking	No	0:25:34	0:00:33	0:43:17	0:01:11	0:49:10	0:00:35	2:00:20
39	290	Fox	Seamus	M	Cavan Kayakarun	40+	Sport	2	Kayaking	No	0:25:17	0:00:51	0:45:37	0:01:29	0:46:20	0:00:55	2:00:29
40	396	Morrin	Ivan	M		40+	Sport	2	Kayaking	No	0:23:52	0:02:14	0:45:10	0:02:41	0:45:57	0:00:46	2:00:40
41	385	McGuigan	Mark	M	MarkyBoy's Hellfire Club	S	Sport	2	Kayaking	No	0:24:15	0:00:45	0:42:53	0:01:09	0:51:28	0:00:44	2:01:13
42	368	massey	mark	M		S	Sport	2	Kayaking	No	0:24:34	0:00:33	0:45:35	0:00:53	0:49:45	0:00:43	2:02:02
43	314	HAND	PETER	M	CAVAN KAYAKARUN	40+	Sport	2	Kayaking	No	0:25:16	0:00:51	0:45:39	0:01:30	0:47:55	0:00:54	2:02:05
44	263	duffy	barry	M	cavan kayak	S	Sport	2	Kayaking	No	0:25:59	0:00:47	0:44:10	0:01:55	0:48:22	0:00:54	2:02:06
45	301	Gilhooly	Paul	M		40+	Sport	4	Kayaking		0:26:16	0:00:32	0:45:24	0:01:03	0:48:54	0:00:40	2:02:49
46	377	McCabe	Declan	M	Cavan Kayakarun	S	Sport	2	Kayaking	Yes	0:23:42	0:00:56	0:46:40	0:01:47	0:49:02	0:00:52	2:02:59
47	294	Gallagher	Aiden	M		S	Sport	2	Kayaking	No	0:25:42	0:00:28	0:42:33	0:01:12	0:52:41	0:00:39	2:03:15
48	414	Nolan	Sharon	F		S	Sport	3	Kayaking	No	0:25:26	0:00:53	0:41:59	0:01:26	0:52:58	0:00:45	2:03:26
49	366	mannion	damien	M		S	Sport	3	Kayaking		0:23:43	0:00:40	0:44:28	0:00:59	0:52:57	0:00:43	2:03:29
50	360	Lusby	John	M		S	Sport	2	Kayaking	Yes	0:23:01	0:02:10	0:42:27	0:02:44	0:52:49	0:00:39	2:03:49
51	359	LUDDEN	PATRICK	M		40+	Sport	2	Kayaking	No	0:26:26	0:00:30	0:44:23	0:01:29	0:51:23	0:00:27	2:04:39
52	320	Heaney	David	M		S	Sport	2	Kayaking	No	0:26:50	0:01:11	0:42:54	0:00:55	0:52:24	0:00:29	2:04:42
53	271	Farren	Evan	M		S	Sport	4	Kayaking		0:26:04	0:02:49	0:45:35	0:01:56	0:47:43	0:00:41	2:04:48
54	382	Mcdermott	Bernard	M		S	Sport	2	Kayaking	No	0:23:28	0:00:47	0:45:51	0:01:10	0:53:03	0:00:38	2:04:57
55	289	Forde	Nicola	F		S	Sport	2	Kayaking		0:27:21	0:00:30	0:46:00	0:01:13	0:49:13	0:00:41	2:04:58
56	423	O Regan	Morgan	M		S	Sport	3	Kayaking		0:25:21	0:00:52	0:46:00	0:01:11	0:51:21	0:00:41	2:05:26
57	299	gavin	keith	M		S	Sport	4	Kayaking		0:27:35						2:05:34
58	473	Wang	Zhiming	M		S	Sport	3	Kayaking	No	0:27:13	0:00:35	0:48:59	0:01:33	0:46:41	0:00:43	2:05:44
59	420	O' Malley	Alan	M	Galway	S	Sport	3	Swimming		0:25:28	0:00:45	0:44:44	0:01:41	0:52:12	0:00:57	2:05:47
60	415	Nugent	Cian	M		S	Sport	4	Swimming		0:23:50	0:01:31	0:44:15	0:01:08	0:54:31	0:00:45	2:06:00
61	325	Higgins	Sean	M		40+	Sport	2	Kayaking	No	0:26:41	0:00:50	0:45:09	0:02:05	0:50:38	0:00:39	2:06:01
62	231	cawley	martin	M		S	Sport	4	Kayaking	No	0:25:45	0:01:21	0:45:21	0:02:10	0:50:32	0:00:56	2:06:06
63	242	Conroy	Kevin	M	camross	S	Sport	3	Kayaking	No	0:24:11	0:00:50	0:43:47	0:01:03	0:55:45	0:00:45	2:06:22
64	342	Keaveney	Martin	M		S	Sport	2	Kayaking	No	0:27:35	0:01:05	0:48:36	0:02:27	0:45:50	0:01:00	2:06:33
65	395	Morgan	Shaun	M		40+	Sport	2	Kayaking	No	0:26:03	0:01:41	0:45:30	0:01:24	0:51:19	0:00:39	2:06:36
66	230	cawley	charlie	M		S	Sport	2	Kayaking	No	0:24:49	0:00:51	0:47:52	0:01:48	0:50:41	0:00:37	2:06:39
67	486	O'Leary	Brian	M			Sport	4			0:26:02	0:00:35	0:46:42	0:02:30	0:50:26	0:00:39	2:06:54
68	362	Lyons	Sean	M		40+	Sport	2	Kayaking	No	0:25:52	0:00:56	0:48:40	0:01:15	0:49:59	0:00:42	2:07:23
69	228	caulfield	sandra	F		S	Sport	2	Kayaking	No	0:26:44	0:00:30	0:46:16	0:00:51	0:52:19	0:00:42	2:07:23
70	327	Holland	Jason	M		40+	Sport	3	Kayaking	No	0:25:32	0:00:42	0:42:06	0:01:22	0:57:26	0:00:42	2:07:50
71	250	Creighton	Sara	F		S	Sport	2	Kayaking		0:23:37	0:02:50	0:50:45	0:01:42	0:48:34	0:00:52	2:08:19
72	408	Murray	Brian	M		40+	Sport	2	Kayaking	No	0:26:28	0:00:43	0:47:33	0:00:54	0:52:16	0:00:32	2:08:26
73	288	Forde	Monica	F		40+	Sport	2	Kayaking		0:27:20	0:00:34	0:46:05	0:00:53	0:53:25	0:00:47	2:09:04
74	357	Loughran	Tommie	M	Westport Tri	40+	Sport	2	Kayaking	No	0:26:48	0:00:45	0:49:57	0:01:24	0:49:28	0:00:46	2:09:07
75	307	Gordon	John	M		S	Sport	4	Kayaking	Yes	0:25:41	0:00:58	0:46:46	0:02:15	0:52:46	0:00:48	2:09:13
76	428	O'Connor	Bart	M		40+	Sport	3	Kayaking	No	0:28:36	0:00:44	0:48:22	0:02:14	0:48:36	0:00:48	2:09:19
77	483	hyland*	Paddy	m		S	Sport	2	kayaking	No	0:27:09	0:00:53	0:48:59	0:02:39	0:48:45	0:00:59	2:09:24
78	387	MCNULTY	ANTON	M		S	Sport	3	Kayaking		0:27:14	0:00:47	0:44:52	0:01:42	0:54:32	0:00:5	

88	232	Cheetham	Bronagh	F	Crusaders	S	Sport	2	Kayaking	No	0:26:43	0:01:33	0:45:13	0:01:57	0:54:56	0:01:04	2:11:25
89	287	Forde	Gráinne	F		S	Sport	3	Kayaking	No	0:28:04	0:00:33	0:48:29	0:01:04	0:52:50	0:00:41	2:11:41
90	345	Kieran	Karl	M		S	Sport	3	Kayaking	No	0:27:02	0:01:00	0:46:24	0:01:29	0:54:56	0:00:51	2:11:42
91	431	O'Connor	Jamie	M	Danger Tri Club	S	Sport	2	Kayaking	No	0:26:06	0:01:28	0:52:49	0:01:44	0:48:54	0:00:44	2:11:45
92	410	Niland	Eamon	M		S	Sport	2	Kayaking	No	0:24:34	0:00:58	0:55:03	0:01:19	0:49:17	0:00:39	2:11:50
93	454	sarsfield	fergal	M		S	Sport	4	Kayaking		0:28:34	0:00:53	0:45:58	0:01:40	0:53:56	0:00:54	2:11:54
94	441	O'Malley	Jennifer	F		S	Sport	3	Kayaking	No	0:27:46	0:00:40	0:45:07	0:02:11	0:55:55	0:00:49	2:12:28
95	390	Monaghan	Roisin	F		S	Sport	3	Swimming		0:25:27	0:00:53	0:47:18	0:01:38	0:56:32	0:00:42	2:12:30
96	302	Gill	Damien	M		S	Sport	2	Kayaking	No	0:26:50	0:00:42	0:49:18	0:01:15	0:53:34	0:00:52	2:12:32
97	208	Bourke	Vincent	M		40+	Sport	4	Kayaking	No	0:26:08	0:00:57	0:47:01	0:01:53	0:55:56	0:00:38	2:12:34
98	312	Grady	Brid	F		S	Sport	3	Kayaking	No	0:27:36	0:00:51	0:45:38	0:01:32	0:56:29	0:00:49	2:12:55
99	446	Phelan	Mike	M		S	Sport	4	Kayaking		0:25:03	0:01:28	0:47:13	0:02:46	0:56:23	0:00:44	2:13:36
100	324	Henehan	Sean	M		S	Sport	4	Kayaking	No	0:26:15	0:00:34	0:49:07	0:01:20	0:55:40	0:00:43	2:13:39
101	304	Gilvarry	michael	M		S	Sport	4	Kayaking	No	0:26:24	0:01:50	0:47:40	0:01:43	0:55:24	0:00:51	2:13:51
102	371	mc donnell	marcella	F		40+	Sport	3	Kayaking	No	0:30:43	0:00:44	0:48:35	0:01:09	0:52:01	0:01:02	2:14:14
103	458	Shevlin	Barry	M		S	Sport	3	Kayaking		0:25:46	0:00:51	0:50:33	0:01:08	0:55:10	0:00:51	2:14:20
104	468	Troy	james	M		S	Sport	4	Kayaking	No	0:25:59	0:01:19	0:48:22	0:02:52	0:55:22	0:00:47	2:14:41
105	367	Martin	Therese	F		S	Sport	3	Kayaking	No	0:24:18	0:00:34	0:48:44	0:01:35	0:58:57	0:00:49	2:14:57
106	300	Gawley	James	M	Galway Tri Club	40+	Sport	2	Swimming		0:24:38	0:01:42	0:49:49	0:02:33	0:55:04	0:01:13	2:14:59
107	444	Phelan	Cathal	M		40+	Sport	2	Kayaking	Yes	0:25:55	0:00:54	0:45:32	0:01:32	1:00:38	0:00:52	2:15:24
108	245	Corcoran	Anthony	M		40+	Sport	3	Kayaking	No	0:25:28	0:01:04	0:46:51	0:01:19	0:59:44	0:01:01	2:15:28
109	393	Moran	Eimear	F		S	Sport	3	Kayaking	No	0:25:29	0:01:04	0:46:52	0:01:17	0:59:45	0:01:02	2:15:28
110	331	Hughes	Katie	F		S	Sport	3	Kayaking	No	0:27:27	0:00:40	0:53:00	0:01:01	0:53:47	0:00:38	2:16:33
111	207	Bolger	Ciaran	M		S	Sport	2	Kayaking	No	0:26:25	0:01:13	0:50:54	0:01:05	0:56:20	0:00:41	2:16:38
112	383	McDonnell	Ciara	F		S	Sport	3	Kayaking	No	0:30:42	0:00:39	0:49:46	0:01:23	0:53:26	0:00:43	2:16:39
113	215	Buckley	Mella	F		S	Sport	2	Kayaking	No	0:26:19	0:00:45	0:51:01	0:01:45	0:56:24	0:00:45	2:16:59
114	386	McHugh	Padraig	M	TrA-sport	S	Sport	2	Kayaking	No	0:22:24	0:00:39	0:40:08	0:00:49	1:11:58	0:01:05	2:17:03
115	421	O meara	Millo	M		40+	Sport	2	Kayaking	Yes	0:26:49	0:01:39	0:49:57	0:02:29	0:55:21	0:01:03	2:17:18
116	234	Conaty	Philip	M		S	Sport	4	Kayaking	No	0:28:12	0:01:32	0:49:11	0:01:53	0:55:50	0:00:59	2:17:37
117	247	COYNE	LEO	M		S	Sport	2	Kayaking	No	0:26:57	0:00:49	0:52:13	0:02:05	0:54:57	0:00:52	2:17:54
118	201	Byrne	Michael	M		40+	Sport	4	Kayaking	No	0:27:39	0:02:23	0:46:59	0:03:15	0:56:47	0:00:55	2:17:57
119	456	Seery	Mark	M		S	Sport	2	Swimming		0:24:40	0:04:10	0:51:47	0:02:27	0:54:11	0:00:48	2:18:03
120	346	Lakes	Joe	M		40+	Sport	4	Kayaking	No	0:30:00	0:00:34	0:50:05	0:01:48	0:55:03	0:00:45	2:18:16
121	405	murphy	jethro	M		40+	Sport	3	Kayaking	No	0:27:33	0:01:45	0:48:20	0:02:06	0:57:41	0:00:55	2:18:20
122	466	Tracey	Louise	F	Tri Planet	S	Sport	2	Swimming		0:26:11	0:01:58	0:54:07	0:01:55	0:53:32	0:00:51	2:18:33
123	449	Rennick	Debbie	F		40+	Sport	3	Kayaking	No	0:38:00	0:02:20	0:22:42	0:04:34	1:10:27	0:01:09	2:19:11
124	424	O Sullivan	Brendan	M		S	Sport	3	Kayaking	No	0:27:31	0:00:47	0:49:11	0:01:41	0:59:27	0:01:19	2:19:56
125	453	Ronayne	Tracey	F		S	Sport	4	Kayaking	No	0:29:38	0:01:04	0:53:03	0:01:55	0:53:38	0:00:52	2:20:08
126	437	O'Dwyer	Thomas	M		S	Sport	4	Swimming		0:25:25	0:04:06	0:51:06	0:01:35	0:57:05	0:00:54	2:20:12
127	282	Fitzpatrick	Orla	F		S	Sport	3	Swimming		1:19:07	0:04:32			0:55:50	0:00:47	2:20:16
128	361	lynn	frank	M		40+	Sport	2	Kayaking	No	0:27:49	0:00:35	0:52:45	0:02:35	0:55:49	0:00:48	2:20:22
129	471	Walsh	Tony	M	Tony Triathlon	S	Sport	3	Kayaking	No	0:24:51	0:00:40	0:48:56	0:01:20	1:04:09	0:00:51	2:20:47
130	375	Mc Menam	Cathal	M		S	Sport	3	Kayaking		0:30:09	0:01:38	0:53:32	0:01:34	0:53:19	0:00:40	2:20:52
131	248	cregg	joanne	F		S	Sport	4	Kayaking	No	0:27:24	0:00:47	0:54:37	0:01:48	0:55:46	0:00:52	2:21:14
132	237	Conneely	Michael	M		40+	Sport	3	Kayaking	No	0:27:44	0:00:58	0:54:22	0:03:57	0:54:00	0:00:51	2:21:52
133	364	Mahon	Avril	F		40+	Sport	3	Kayaking		0:27:37	0:00:39	0:52:56	0:00:57	0:59:03	0:00:42	2:21:54
134	303	gilvarry	John	M		S	Sport	4	Kayaking	No	0:31:05	0:01:00	0:52:48	0:02:28	0:54:20	0:00:44	2:22:24
135	334	Joyce	Niall	M		S	Sport	4	Kayaking	No	0:29:28	0:01:21	0:56:34	0:02:40	0:51:35	0:00:56	2:22:33
136	329	Hosie	karen	F		S	Sport	3	Kayaking	No	0:28:15	0:00:34	0:53:28	0:02:12	0:57:29	0:00:44	2:22:42
137	379	McCleave	Janette	F		S	Sport	3	Kayaking	No	0:28:31	0:01:52	0:53:16	0:02:29	0:56:01	0:00:42	2:22:53
138	221	Campbell	Michelle	F		S	Sport	2	Kayaking	No	0:27:48	0:00:53	0:52:03	0:01:18	1:00:13	0:00:42	2:22:57
139	296	gannon	padraic	M	westportcc	40+	Sport	2	Kayaking	No	1:29:17	0:02:03		0:51:02			2:23:26
140	226	Carthy	Norma	F	Blackstairs challenge	S	Sport	3	Kayaking		0:30:05	0:00:36	0:51:51	0:01:05	0:59:27	0:00:49	2:23:54
141	369	Masterson	Stacy	F	Nass Cycling Club	S	Sport	3	Kayaking	No	0:30:06	0:01:27	0:51:57	0:02:58	0:56:44	0:01:03	2:24:15
142	220	Campbell	Karen	F		S	Sport	2	Kayaking	No	0:26:06	0:01:28	0:52:48	0:01:44	1:01:22	0:00:59	2:24:25
143	321	Heaney	Nicola	F		S	Sport	2	Kayaking	No	0:27:22	0:01:07	0:51:06	0:01:49	1:03:22	0:00:46	2:25:33
144	305	Glynn	John	M	athy triathlon club	S	Sport	3	Kayaking	No	0:28:36	0:00:45	0:55:09	0:02:04	0:58:22	0:00:56	2:25:52
145	341	Keating	Pauline	F		S	Sport	4	Kayaking		0:28:52	0:00:48	0:47:18	0:04:32	1:03:33	0:01:06	2:26:08
146	283	fitzsimons	aisling	F		S	Sport	4	Kayaking	No	0:28:45	0:01:02	0:53:55	0:02:54	0:58:52	0:00:55	2:26:23
147	297	Garvey	Kieran	M		40+	Sport	2	Kayaking	No	0:27:52	0:00:37	0:55:23	0:01:09	1:00:45	0:00:46	2:26:32
148	460	Somers	Brian	M		S	Sport	3	Kayaking	No	0:24:52	0:03:32	0:55:50	0:03:46	0:58:12	0:00:36	2:26:48
149	203	Begley	John	M		40+	Sport	4	Kayaking	No	0:27:30	0:01:11	0:53:58	0:02:24	1:01:04	0:00:53	2:27:00
150	480	Woolley	Lana	F		S	Sport	4	Kayaking	No	0:30:07	0:01:11	0:59:36	0:02:19	0:53:09	0:00:56	2:27:18
151	438	O'Hurley	Michael John	M		S	Sport	3	Kayaking	No	0:26:37	0:01:02	0:56:20	0:01:11	1:01:43	0:00:43	2:27:36
152	388	McShane	Eithne	F	IMRA	40+	Sport	2	Swimming		0:23:59	0:04:19	0:49:18	0:01:14	1:08:08	0:00:48	2:27:46
153	235	Concannon	Karen	F		S	Sport	4	Swimming		0:27:56	0:02:13	0:52:53	0:02:20	1:01:57	0:00:49	2:28:08
154	352	Leahy	Jeremy	M		S	Sport	4	Kayaking	No	0:28:16	0:01:16	0:52:48	0:02:04	1:02:45	0:01:00	2:28:09
155	262	Doyle	Stephen	M		S	Sport	4	Kayaking	No	0:29:18	0:01:26	0:58:42	0:01:15	0:57:05	0:00:52	2:28:38
156	435	O'Donovan	Gerard	M		S	Sport	3	Kayaking	No	0:31:00	0:00:58	0:57:09	0:01:25	0:57:26	0:00:43	2:28:42
157	340	Kearns	Barbara	F		40+	Sport	2	Kayaking	No	0:26:30	0:01:21	0:55:01	0:04:00	1:01:02	0:00:53	2:28:47
158	229	Cawley	Brendan	M		S	Sport	3	Kayaking		0:54:44	0:01:23	0:44:51	0:00:47	0:47:05	0:00:37	2:29:27
159	240	Connolly	Mary	F		S	Sport	4	Kayaking	No	0:27:48	0:01:12	0:54:19	0:02:20	1:03:01	0:00:49	2:29:29
160	337	Kaal	Elyna	F		S	Sport	4	Kayaking	No	0:29:39	0:00:59	0:58:17	0:01:44	0:58:20	0:00:47	2:29:46
161	204	Begley	Paul	M		40+	Sport	4	Kayaking	No	0:27:29	0:01:13	0:53:56	0:02:37	1:03:38	0:00:55	2:29:49
162	416	O byrne	Melioussa	F		S	Sport	4	Kayaking		0:27:20	0:01:20	0:59:51	0:03:23	0:57:13	0:00:43	2:29:51
163	448	Reilly	Don	M		40+	Sport	4	Kayaking	No	0:27:45	0:00:46	0:57:44	0:02:01	1:01:05	0:00:44	2:30:03
164	461	Stewart	Lynda	F		S	Sport	4	Kayaking		0:29:23	0:01:25	1:01:02	0:01:05	0:56:32	0:00:41	2:30:08
165	269	fagan	sarah	F	Setanta triathlon club	S	Sport	2	Swimming		0:30:57	0:00:56	0:56:43	0:03:09	0:57:27	0:01:13	2:30:24
166	244	Conway	Daniel	M		40+	Sport	3	Kayaking	No	0:37:16	0:01:04	0:55:29				

176	482	Wright	Maeve	F	Midland Tri Club	S	Sport	2	Kayaking	No	0:26:56	0:01:02	1:01:55	0:01:25	1:02:47	0:00:55	2:35:00
177	355	Leonard	Frank	M		40+	Sport	4	Kayaking	No	0:30:02	0:01:22	0:55:14	0:02:45	1:04:41	0:01:08	2:35:12
178	539	Mitchell	Malcolm	M		S	Sport	4	Kayaking	No	0:30:43	0:00:54	0:55:46	0:01:02	1:06:19	0:00:37	2:35:22
179	330	Hughes	Iarla	M		S	Sport	2	Kayaking		0:27:28	0:01:20	0:54:30	0:01:13	1:10:09	0:00:48	2:35:29
180	225	carr	eddie	M		S	Sport	4	Kayaking		0:32:30	0:00:54	0:55:28	0:02:29	1:03:27	0:00:49	2:35:38
181	403	Mulryan	Enda	M		40+	Sport	4	Kayaking	No	0:32:31	0:00:54	0:55:27	0:02:30	1:03:29	0:00:47	2:35:39
182	470	Walsh	Tom	M		S	Sport	4	Swimming		0:26:06	0:02:11	0:55:46	0:01:39	1:09:31	0:00:46	2:35:59
183	328	HOLOHAN	Anita	F		S	Sport	3	Kayaking	No	0:30:11	0:03:12	0:54:47	0:03:48	1:03:19	0:00:47	2:36:04
184	459	slevin	cera	F		S	Sport	2	Kayaking	No	0:27:43	0:04:45	0:56:41	0:04:38	1:01:32	0:01:08	2:36:27
185	426	oCarroll	James	M		S	Sport	4	Kayaking		0:30:24	0:02:27	0:51:25	0:03:09	1:09:26	0:00:57	2:37:46
186	255	Deacon	Sheila	F		S	Sport	4	Swimming		0:26:32	0:04:30	0:59:49	0:01:20	1:04:53	0:00:52	2:37:56
187	347	Lakes	Sue	F		40+	Sport	4	Kayaking	No	0:30:39	0:01:19	1:01:32	0:01:34	1:02:02	0:00:59	2:38:06
188	224	caroline	cannon	F		S	Sport	3	Kayaking	No	0:29:55	0:01:30	1:00:57	0:01:12	1:03:54	0:00:51	2:38:19
189	344	Khan	Shammy	M		S	Sport	2	Swimming		0:24:31	0:05:09	0:56:37	0:04:37	1:07:11	0:00:47	2:38:53
190	316	Hardiman	Eugene	M		S	Sport	2	Swimming		0:55:14	0:07:32	0:38:45	0:03:41	0:53:42	0:00:57	2:39:50
191	411	Nolan	Deborah	F		S	Sport	3	Kayaking	No	1:30:55	0:02:29			1:05:24	0:01:03	2:39:51
192	260	dooley	cathleen	F		S	Sport	3	Kayaking		0:28:52	0:01:34	0:57:50	0:03:23	1:07:14	0:00:58	2:39:51
193	273	Fay	Genevieve	F		S	Sport	3	Kayaking		0:28:52	0:01:35	0:58:08	0:03:09	1:07:04	0:01:04	2:39:52
194	343	KEOHANE	sharon	F		S	Sport	4	Kayaking	No	0:29:53	0:01:56	1:03:42	0:03:49	1:00:55	0:00:47	2:41:01
195	326	Holland	Andrea	F		S	Sport	3	Kayaking	No	0:26:57	0:00:54	0:56:22	0:03:41	1:13:49	0:00:54	2:42:36
196	479	winters	eleanor	F		S	Sport	3	Kayaking	No	0:30:02	0:01:20	0:55:20	0:06:47	1:08:24	0:01:01	2:42:54
197	310	Govern	Mary	F		S	Sport	4	Kayaking	No	0:33:40	0:03:29	1:02:45	0:03:54	0:58:20	0:00:50	2:42:58
198	210	briscoe	adrian	M		S	Sport	4	Kayaking		0:28:34	0:00:53	0:45:59	0:01:47			2:43:00
199	311	Govern	Plunkett	M		S	Sport	4	Kayaking	No	0:33:40	0:03:31	1:02:39	0:03:55	0:58:18	0:00:57	2:43:00
200	261	Downey	Frances	F		S	Sport	4	Kayaking	No	0:31:37	0:01:40	1:05:58	0:01:51	1:01:53	0:01:06	2:44:05
201	348	Lakes	Susan	F		40+	Sport	3	Swimming		0:35:50	0:01:12	0:59:40	0:01:48	1:05:20	0:00:55	2:44:45
202	413	Nolan	Mary	F		S	Sport	2	Kayaking	No	0:56:55	0:00:45	0:47:29	0:01:00	0:58:12	0:00:51	2:45:10
203	412	nolan	gerard	M		S	Sport	2	Kayaking	No	0:27:30	0:01:13	1:12:32	0:01:29	1:01:55	0:00:57	2:45:36
204	212	Broderick	David	M		S	Sport	3	Kayaking	No	0:28:34	0:01:35	1:04:09	0:02:11	1:08:22	0:00:51	2:45:43
205	211	Broderick	Aisling	F		S	Sport	3	Kayaking	No	0:28:36	0:01:34	1:04:18	0:02:05	1:08:22	0:00:49	2:45:43
206	275	ferry	john	M		S	Sport	4	Kayaking	No	0:28:47	0:01:31	0:55:15	0:01:54	1:18:56	0:00:57	2:47:20
207	397	Muldowney	Deirdre	F		S	Sport	4	Kayaking	No	0:29:00	0:02:46	0:50:59	0:02:15	1:21:43	0:00:53	2:47:35
208	406	Murphy	Orla	F		S	Sport	4	Kayaking	No	0:31:02	0:02:32	1:05:40	0:03:56	1:03:32	0:00:56	2:47:38
209	465	Togher	Michelle	F		S	Sport	4	Kayaking	No	0:32:03	0:00:58	0:56:17	0:01:14	1:17:37	0:00:48	2:48:56
210	298	Gaughan	Helena	F		S	Sport	2	Kayaking		0:56:24	0:00:52	0:49:20	0:01:44	1:00:35	0:00:56	2:49:51
211	205	billane	emma	F		S	Sport	4	Kayaking	No	0:31:34	0:02:39	1:03:36	0:04:25	1:06:52	0:00:52	2:49:58
212	308	Gordon	Neill	M		S	Sport	3	Kayaking		0:29:15	0:01:10	1:10:18	0:01:54	1:06:30	0:01:03	2:50:10
213	322	Heffernan	Claire	F		S	Sport	3	Kayaking	No	0:27:23	0:01:09	1:04:27	0:05:36	1:10:24	0:01:12	2:50:12
214	402	Mullins	Jarrod	M		S	Sport	4	Kayaking	No	0:29:36	0:01:00	1:03:51	0:02:07	1:14:10	0:01:01	2:51:45
215	241	conroy	john	M	camross	S	Sport	2	Kayaking	No	0:58:16	0:02:43	0:48:06	0:01:58	0:59:54	0:00:50	2:51:47
216	419	O' Keeffe	Jo	F		S	Sport	4	Swimming		0:29:35	0:00:57	1:04:37	0:01:35	1:14:04	0:01:02	2:51:51
217	216	Burke	Sean	M		S	Sport	3	Kayaking		0:58:45	0:00:45	0:55:13	0:01:39	0:55:08	0:00:45	2:52:14
218	372	mc entee*	Brona	f		S	Sport	3	Kayaking		0:32:13	0:01:57	1:07:52	0:01:46	1:08:40	0:01:02	2:53:30
219	472	Walsh	Tracey	F		S	Sport	4	Kayaking	No	0:32:06	0:00:56	1:02:17	0:01:59	1:15:21	0:00:59	2:53:38
220	313	Guckian	Ciaran	M		S	Sport	3	Kayaking	No	0:32:36	0:01:26	1:05:23	0:01:48	1:11:34	0:00:57	2:53:44
221	270	Fallon	Joanne	F		S	Sport	3	Kayaking	No	0:32:35	0:01:26	1:09:51	0:01:35	1:07:14	0:01:04	2:53:45
222	478	Wilson	lan	M		S	Sport	4	Swimming		0:26:07	0:03:36	0:51:21	0:02:08	1:30:04	0:00:51	2:54:06
223	538	Mitchell	Emma	F		S	Sport	4	Kayaking	No	0:30:46	0:00:52	1:06:02	0:01:15	1:14:48	0:00:55	2:54:37
224	398	Muldowney	Fiona	F		S	Sport	4	Kayaking	No	0:29:19	0:02:27	0:59:06	0:01:36	1:21:24	0:00:47	2:54:39
225	309	Goss	Aoibhinn	F		40+	Sport	3	Kayaking	No	0:41:51	0:00:54	1:01:12	0:04:47	1:06:25	0:01:08	2:56:16
226	378	McCann	Tommy	M		40+	Sport	4	Kayaking	No	0:33:41	0:03:29	1:02:45	0:03:48	1:11:44	0:00:58	2:56:24
227	274	fenlon*	BridĀ-n	f		S	Sport	3	Kayaking		0:58:38	0:00:55	0:52:00	0:03:31	1:00:35	0:01:06	2:56:44
228	433	O'Connor	Wesley	M		S	Sport	2	Swimming		1:22:29	0:03:02	0:44:26	0:01:41	0:44:53	0:00:47	2:57:18
229	401	Mullin	Lynn	F	3D	S	Sport	3	Kayaking	No	0:58:39	0:01:34	0:55:18	0:01:55	0:59:13	0:00:47	2:57:25
230	429	O'Connor	Brian	M		S	Sport	2	Swimming		1:24:22	0:02:02	0:44:12	0:01:21	0:45:41	0:00:49	2:58:27
231	476	Whelan	Suzanne	F		40+	Sport	3	Kayaking	No	0:29:57	0:04:08	1:06:11	0:06:53	1:11:04	0:00:54	2:59:06
232	434	O'Dea	Mairead	F		S	Sport	4	Kayaking	No	0:32:00	0:03:55	1:06:46	0:02:29	1:14:49	0:01:06	3:01:04
233	315	Haran	Lynda	F		S	Sport	4	Kayaking		0:31:52	0:04:03	1:06:26	0:02:50	1:13:58	0:01:55	3:01:04
234	457	Shaughnessy	Philip	M		S	Sport	4	Kayaking	No	0:27:37	0:03:58	1:10:23	0:02:00	1:16:07	0:01:06	3:01:10
235	318	Haverty	Susan	F	ballyroan	S	Sport	3	Kayaking	No	0:30:46	0:03:57	1:04:14	0:02:52	1:20:32	0:01:01	3:03:22
236	445	Phelan	Larry	M		S	Sport	3	Kayaking		0:54:29	0:04:01	0:51:08	0:01:37	1:11:07	0:01:00	3:03:22
237	339	Kearney	Eimear	F		S	Sport	3	Kayaking	No	0:41:51	0:00:54	1:01:10	0:04:47	1:14:45	0:00:52	3:04:19
238	481	wright	enda	M	midland tri club	40+	Sport	2	Kayaking	No	0:29:02	0:01:19	1:19:56	0:03:49	1:12:22	0:01:05	3:07:32
239	276	finnegan wr	mary	M	midland tri club	40+	Sport	2	Kayaking	No	0:29:01	0:01:20	1:19:55	0:03:49	1:12:23	0:01:06	3:07:32
240	432	O'Connor	JOhn	M		S	Sport	2	Kayaking		1:24:28	0:02:00	0:49:25	0:02:20	0:50:54	0:01:06	3:10:12
241	455	Seery	Kate	F		S	Sport	4	Kayaking		0:32:14	0:02:27	1:17:16	0:01:54	1:17:38	0:01:01	3:12:31
242	319	Hazard	Christina	F		S	Sport	3	Kayaking		1:00:28	0:01:50	0:59:32	0:01:43	1:09:40	0:01:08	3:14:20
243	477	Whitehead	Emmajo	F	Midland Triathlon Club	S	Sport	3	Kayaking	No	0:32:24	0:03:07	1:07:11	0:02:11	1:29:24	0:00:57	3:15:15
244	430	O'Connor	Emily	F		S	Sport	3	Kayaking		0:32:24	0:03:08	1:07:10	0:02:10	1:29:24	0:00:59	3:15:15
245	422	o neill	pauline	F		S	Sport	3	Kayaking	No	0:56:57	0:01:53	1:01:59	0:01:10	1:21:18	0:01:02	3:24:20
246	251	Cully	Nigel	M		S	Sport	3	Kayaking	No	0:56:57	0:01:54	1:01:58	0:01:13	1:21:16	0:01:03	3:24:20
247	427	O'Connell	Maeve	F		40+	Sport	4	Kayaking	No	0:37:43	0:09:22	1:25:18	0:03:33	1:07:54	0:01:08	3:24:59
248	353	Leavy	Loretto	F		S	Sport	4	Kayaking		0:31:43	0:01:08	1:19:08	0:02:01			3:26:24
249	206	Boland	John	M		40+	Sport	4	SUP		0:33:52	0:05:45	1:19:09	0:04:29			3:44:49
250	222	campion	mark	M		40+	Sport	4	Kayaking	No	0:27:47						DNF
251	317	Harte	Colette	F		S	Sport	2	Kayaking		0:27:45	0:04:44	0:56:51	0:04:28	1:01:33		DNF
252	370	mc connell	damián	M	muckno tri club	S	Sport	2	Swimming		0:19:53	0:00:29	0:36:08	0:01:05			DNF
253	254	Daly	Rosemarie	F		S	Sport	2	Swimming		0:26:17	0:02:00	0:48:32	0:01:09	0:53:16		DNF
	488	tbc	tbc				tbc	tbc			11:34:55	0:01:19	0:56:32	0:02:07	0:57:59	0:01:02	
	485	tbc	tbc				tbc	tbc			12:06:20	0:00:47	0:49:29	0:01:11	0:54:25	0:00	