

Place	Bib	Surname	Name	Sex	Cat	Club	Kayak/Swim	Run to Flag	to Shoulder	to Mast	Descent	Cycle out	Cycle Back	Finish
1	14	Duffy	Dessie	M	Sen	CKR	0:27:26	0:21:24	0:14:06	0:13:55	0:18:26	0:48:07	0:38:11	3:01:35
2	31	O Farrell	Lonan	M	Sen		0:30:04	0:20:40	0:13:07	0:13:12	0:17:33	0:50:03	0:40:09	3:04:48
3	18	Heery	Killian	M	Sen	CKR	0:27:24	0:21:33	0:14:08	0:13:47	0:19:47	0:47:32	0:41:51	3:06:02
4	8	Caulfield	Jonathan	M	Sen	racetology	0:29:12	0:22:50	0:14:42	0:14:17	0:19:58	0:48:36	0:41:02	3:10:37
5	33	Power	David	M	Sen		0:26:57	0:22:51	0:14:27	0:14:08	0:18:45	0:53:23	0:41:00	3:11:31
6	124	Mcmoreland	Aidan	M	Sen		0:29:59	0:21:22	0:13:49	0:14:06	0:19:33	0:51:40	0:41:14	3:11:43
7	123	Mcconnell	Damien	M	Sen		0:29:23	0:23:08	0:16:05	0:15:15		1:10:12	0:42:01	3:16:04
8	40	Smith	Philip	M	40+		0:29:03	0:22:37	0:15:30	0:15:16	0:21:20	0:52:40	0:43:29	3:19:55
9	4	Byrne	Gavin	M	Sen	Dublin Runners	0:32:33	0:22:06	0:14:48	0:14:56	0:19:30	0:52:29	0:45:57	3:22:19
10	43	Tierney	Paul	M	Sen	Go Tri	0:29:30	0:25:06	0:15:30	0:15:14	0:18:37	0:55:16	0:44:19	3:23:32
11	132	Hennessy	Adrian	M	Sen	Outfront	0:30:02	0:23:07	0:15:57	0:15:08	0:19:17	0:54:45	0:46:39	3:24:55
12	37	ROGERS	JOHN JOE	M	40+	CKR	0:29:40	0:23:58	0:16:35	0:15:41	0:20:22	0:55:34	0:43:16	3:25:06
13	23	Mc Guinness	Kevin	M	Sen		0:29:31	0:22:53	0:15:15	0:15:32	0:21:16	0:57:04	0:45:29	3:27:00
14	36	Rimmer	Peter	M	40+		0:32:50	0:25:43	0:17:28	0:17:00	0:22:57	0:51:24	0:42:05	3:29:27
15	122	Stephens	David	M	40+		0:34:01	0:25:04	0:16:47	0:16:43	0:21:42	0:53:12	0:43:56	3:31:25
16	133	Kane	James	M	Sen		0:30:30	0:26:17	0:17:57	0:17:30	0:22:22	0:55:55	0:44:31	3:35:02
17	17	Hand	Emma	F	40+		0:32:08	0:25:04	0:16:29	0:16:40	0:21:03	0:59:49	0:47:49	3:39:02
18	103	Waddock	Mark	M	Sen		0:33:24	0:24:09	0:16:19	0:16:10	0:21:07	0:59:45	0:48:09	3:39:03
19	21	Lenehan	Richie	M	Sen		0:32:52	0:27:54	0:19:02	0:17:31	0:24:46	0:53:31	0:44:13	3:39:49
20	11	Cronin	Damian	M	40+		0:34:06	0:25:58	0:17:51	0:17:50	0:22:07	0:57:21	0:47:05	3:42:18
21	13	Dillane	Ciaran	M	40+	SCAR	0:34:10	0:29:14	0:19:54	0:18:42	0:23:34	0:54:19	0:44:37	3:44:30
22	1	Bailey	Patrick	M	40+	SCAR	0:34:09	0:28:02	0:18:07	0:17:33	0:23:19		1:43:38	3:44:48
23	135	Kennedy	Alan	M	Sen	Outfront	0:37:19	0:25:49	0:16:48	0:16:40	0:21:15	0:58:59	0:48:07	3:44:57
24	29	Nolan	Rachel	F	Sen	Outfront	0:32:07	0:25:43	0:18:00	0:17:04	0:22:09	1:00:14	0:49:44	3:45:01
25	59	Evans	Justin	M	40+		0:35:42	0:30:11	0:15:58	0:17:37	0:26:11	0:57:08	0:43:39	3:46:26
26	79	McGinley	Shaun	M	40+		0:37:36	0:27:24	0:17:32	0:17:45	0:23:34	0:58:56	0:45:28	3:48:15
27	19	Horan	Lorraine	F	40+		0:34:15	0:27:40	0:18:59	0:18:33	0:24:31	0:59:25	0:47:56	3:51:19
28	12	Cross	Brendan	M	40+		0:34:26	0:27:50	0:18:34	0:18:34	0:22:38	0:59:14	0:50:32	3:51:48
29	121	Collins	Barry	M	40+		0:33:26	0:28:22	0:18:58	0:18:22	0:24:48	1:02:45	0:48:50	3:55:31
30	2	Birmingham	Eddie	M	40+		0:31:31	0:28:12	0:18:15	0:18:51	0:24:30	1:03:14	0:51:32	3:56:05
31	126	Mc Sweeney	Willie	M	40+		0:37:16	0:28:13	0:18:20	0:18:20	0:24:20	1:01:49	0:49:22	3:57:40
32	67	Harnett	Loren	M	40+		0:34:24	0:29:04	0:19:57	0:18:53	0:23:57	1:01:59	0:49:33	3:57:47
33	6	Cantwell	Peter	M	40+		0:35:46	0:24:25	0:17:47	0:17:52	0:22:59	1:04:40	0:54:35	3:58:04
34	35	Quinn	Darren	M	Sen		0:34:01	0:25:45	0:16:19	0:16:35	0:21:59	1:04:17	0:59:30	3:58:26
35	7	Carroll	Michael	M	Sen		0:40:10	0:25:57	0:18:17	0:16:51	0:21:26	1:01:47	0:54:30	3:58:58
36	73	Kennedy	Padraig	M	Sen		0:40:14	0:25:51	0:18:23	0:16:50	0:21:26	1:01:44	0:54:32	3:59:00
37	15	Fletcher	Owen	M	Sen		0:33:15	0:24:50	0:17:30	0:17:30	0:23:03	1:09:45	0:54:34	4:00:27
38	100	Stagg	Sean	M	40+		0:34:19	0:28:02	0:20:07	0:20:54	0:27:03	1:00:13	0:50:27	4:01:05
39	102	Tunney	Michael	M	40+		0:36:10	0:27:28	0:18:20	0:18:39	0:24:27	1:05:03	0:51:14	4:01:21
40	26	Mulholland	Leslie	M	40+		0:36:25	0:28:29	0:18:43	0:18:43	0:24:01	1:05:42	0:50:28	4:01:48
41	61	Forde	Brendan	M	Sen		0:33:44	0:27:30	0:18:48	0:20:11	0:23:21	1:07:10	0:52:59	4:03:43
42	96	Ryan	Jim	M	Sen		0:36:47	0:28:20	0:18:25	0:18:22	0:22:45	1:06:18	0:55:33	4:06:30
43	127	Egan	Padraig	M	Sen		0:40:16	0:27:42	0:19:01	0:18:59	0:26:06	1:04:37	0:52:37	4:09:18
44	130	Moran	Joe	M	40+		0:36:49	0:29:38	0:18:46	0:18:35	0:26:44	1:02:25	0:56:42	4:09:39
45	92	Ora	Laszlo	M	Sen	Dublin Runners	0:34:33	0:28:46	0:20:23	0:20:55	0:27:35	1:03:27	0:56:40	4:12:19
46	3	Byrne	David	M	40+		0:39:00	0:27:22	0:19:16	0:19:23	0:26:08	1:07:51	0:55:03	4:14:03
47	69	Higgins	John	M	Sen	Dublin Runners	0:37:37	0:28:47	0:18:48	0:19:25	0:24:32	1:08:46	0:56:33	4:14:28
48	104	Waters	Niall	M	Sen		0:37:09	0:32:37	0:22:50	0:21:18	0:27:42	1:01:26	0:51:33	4:14:35
49	86	O Murchu	Daiithi	M	40+	Dublin Runners	0:34:42	0:29:09	0:20:25	0:20:10	0:24:05	1:09:43	0:56:32	4:14:46
50	68	Hayden	Benen	M	Sen	What could possibly go...	0:36:55	0:28:17	0:19:57	0:20:04	0:27:30	1:07:06	0:55:02	4:14:51
51	115	Mac Mahon	Caolan	M	Sen		0:33:54	0:31:16	0:21:41	0:20:56	0:27:44	1:06:36	0:53:59	4:16:06
52	63	Gaston	Maidor	F	Sen	Dublin Runners	0:37:34	0:29:12	0:20:21	0:19:16	0:26:22	1:09:56	0:56:01	4:18:42
53	84	O' Malley	Shane	M	40+	Dublin Runners	0:33:37	0:27:00	0:19:01	0:19:07	0:23:19	1:14:05	1:03:06	4:19:15
54	54	Cullen	Derek	M	Sen		0:34:13	0:28:24	0:19:56	0:19:30	0:24:04	1:12:58	1:00:23	4:19:28
55	44	Winters	Patsy	F	Sen		0:34:20	0:29:14	0:19:24	0:19:12	0:24:09	1:13:57	0:59:19	4:19:35
56	64	Gordon	David	M	Sen		0:41:03	0:25:49	0:18:22	0:17:46	0:24:35	1:09:36	1:04:18	4:21:29
57	82	Moriarty	Tadhg	M	Sen		0:35:12	0:25:10	0:17:01	0:16:22	0:21:55	1:11:09	1:16:36	4:23:25
58	49	Clarke	Martin	M	40+		0:37:20	0:34:28	0:26:35	0:24:34	0:37:51	1:10:12	0:33:23	4:24:23
59	70	Hopkins	Graham	M	40+		0:39:11	0:25:24	0:15:25	0:16:00	0:19:28	1:15:48	1:13:49	4:25:05
60	99	Sheehan	David	M	Sen		0:40:50	0:29:48	0:21:43	0:21:52	0:27:06	1:04:43	0:59:21	4:25:23
61	47	Carey	John	M	Sen	Dublin Runners	0:37:41	0:31:42	0:23:17	0:20:56	0:35:40	1:03:31	0:53:01	4:25:48
62	57	Dorran	Tom	M	40+		0:34:46	0:31:54	0:22:16	0:21:30	0:25:13	1:11:16	1:00:15	4:27:10
63	42	Suffern	Hugh	M	40+		0:36:44	0:32:55	0:20:48	0:20:31	0:27:35	1:12:18	0:58:45	4:29:36
64	95	Hill	Rowena	F	40+	Scots Gals	0:28:38	0:29:51	0:19:02	0:18:34	0:23:55	1:22:22	1:08:20	4:30:42
65	41	Stevens	Orla	F	40+		0:33:42	0:31:23	0:21:53	0:22:22	0:27:19	1:13:20	1:00:45	4:30:44
66	77	Mahon	Matt	M	40+		0:39:30	0:29:05	0:22:26	0:19:26	0:26:02	1:17:42	0:58:23	4:32:34
67	5	Byrne	Richie	M	40+		0:38:30	0:33:51	0:22:34	0:24:36	0:36:19	1:04:21	0:52:27	4:32:38
68	119	Sheerin	Fiona	F	40+		0:40:14	0:30:47	0:21:22	0:20:51	0:26:50	1:13:29	1:01:58	4:35:31
69	91	O'Gorman	Michelle	F	Sen		0:39:21	0:33:12	0:23:11	0:22:54	0:33:26	1:08:43	0:54:53	4:35:40
70	80	McGrath	Sean	M	Sen		0:40:09	0:32:22	0:23:13	0:22:57	0:30:02	1:09:16	0:59:00	4:36:59
71	51	Cochrane	Mark	M	40+	What could possibly go...	0:37:17	0:37:37	0:19:47	0:20:47	0:27:13	1:12:48	1:01:51	4:37:20
72	101	Talbot	Lynda	F	40+		0:36:33	0:32:17	0:22:09	0:21:12	0:28:59	1:14:13	1:02:02	4:37:25
73	62	Garvey	John	M	40+		0:43:01	0:31:46	0:19:35	0:20:05	0:25:49	1:16:52	1:00:47	4:37:55
74	83	Morrissey	Colin	M	Sen	Dublin Runners	0:33:12	0:27:01	0:19:40	0:20:01	0:28:20	1:23:45	1:07:44	4:39:43
75	71	James	Mike	M	40+		0:39:30	0:29:27	0:22:06	0:20:53	0:32:13	1:15:17	1:00:59	4:40:25
76	34	Prendergast	Patrick	M	Sen		0:38:45	0:30:24	0:18:51	0:18:52	0:23:19	1:19:52	1:11:25	4:41:28
77	106	Bourke	Noeleen	F	Sen		0:38:46	0:35:05	0:23:40	0:24:38	0:37:42	1:08:39	0:53:27	4:41:57
78	264	Cleary	Dan	M	40+	SCAR	0:40:45	0:31:24	0:20:15	0:20:52	0:26:01	1:16:15	1:07:16	4:42:48
79	89	O'Brien	Fergal	M	40+		0:45:26	0:29:41	0:21:12	0:20:46	0:27:53	1:15:02	1:03:59	4:43:59
80	58	English	Martin	M	40+		0:39:14	0:34:18	0:22:39	0:23:23	0:29:24	1:13:52	1:01:26	4:44:16
81	27	Murphy	Aisling	F	Sen		0:39:09	0:28:34	0:19:29	0:18:42	0:24:28	1:26:00	1:08:17	4:44:39
82	74	Laidlaw	Graeme	M	Sen	What could possibly go...	0:36:58	0:27:20	0:19:58	0:19:40	0:26:04	1:14:47	1:23:21	4:48:08
83	129	Noone	Gerard	M	40+		0:37:08	0:31:58	0:23:27	0:24:15	0:29:54	1:15:25	1:06:06	4:48:13
84	87	O'Beara	Eoin	M	40+		0:36:31	0:31:38	0:24:07	0:23:55	0:32:39	1:17:06	1:05:44	4:51:40
85	112	Hourigan	Damian	M	Sen		0:36:35							